

| s | sal | Nombre | tiempo | 1,4 km | | 15 m | 8 C | | 4(81) | | 5(82) | | |
|----|-----|------------------------------------|--------|--------|-------------|-------|-------------|--------|-------------|-------|-------------|-------|-------------|
| | | | | 1(85) | | 2(94) | | 3(96) | | 4(81) | | 5(82) | |
| | | | | 6(83) | | 7(88) | | 8(200) | | Meta | | | |
| 1 | 464 | García Peñas L Murcia LORCA- | 14:23 | 1:23 | 0:00 (1) | 5:17 | +0:07 (2) | 9:20 | 0:00 (1) | 10:34 | 0:00 (1) | 11:15 | 0:00 (1) |
| | | | | 1:23 | 0:00 (1) | 3:54 | +0:30 (3) | 4:03 | 0:00 (1) | 1:14 | +0:22 (6) | 0:41 | +0:14 (9) |
| | | | | 12:21 | 0:00 (1) | 13:03 | 0:00 (1) | 14:06 | 0:00 (1) | 14:23 | 0:00 (1) | | |
| | | | | 1:06 | +0:15 (5) | 0:42 | +0:06 (7) | 1:03 | +0:15 (11) | 0:17 | +0:02 (6) | | |
| 2 | 4 | Misas Bernardi Sevilla ADOL | 14:55 | 1:32 | +0:09 (3) | 5:17 | +0:07 (2) | 9:54 | +0:34 (2) | 11:08 | +0:34 (2) | 11:46 | +0:31 (2) |
| | | | | 1:32 | +0:09 (3) | 3:45 | +0:21 (2) | 4:37 | +0:34 (2) | 1:14 | +0:22 (6) | 0:38 | +0:11 (7) |
| | | | | 12:45 | +0:24 (2) | 13:36 | +0:33 (2) | 14:40 | +0:34 (2) | 14:55 | +0:32 (2) | | |
| | | | | 0:59 | +0:08 (2) | 0:51 | +0:15 (10) | 1:04 | +0:16 (12) | 0:15 | 0:00 (1) | | |
| 3 | 335 | Puche Herrero Albacete GODIH | 15:15 | 1:35 | +0:12 (4) | 5:48 | +0:38 (5) | 11:06 | +1:46 (3) | 11:58 | +1:24 (3) | 12:30 | +1:15 (3) |
| | | | | 1:35 | +0:12 (4) | 4:13 | +0:49 (5) | 5:18 | +1:15 (3) | 0:52 | 0:00 (1) | 0:32 | +0:05 (2) |
| | | | | 13:21 | +1:00 (3) | 14:02 | +0:59 (3) | 14:57 | +0:51 (3) | 15:15 | +0:52 (3) | | |
| | | | | 0:51 | 0:00 (1) | 0:41 | +0:05 (6) | 0:55 | +0:07 (7) | 0:18 | +0:03 (8) | | |
| 4 | 312 | Dopico Golpe R La Coruña GAL | 16:06 | 1:38 | +0:15 (5) | 5:40 | +0:30 (4) | 11:26 | +2:06 (4) | 12:31 | +1:57 (4) | 13:07 | +1:52 (4) |
| | | | | 1:38 | +0:15 (5) | 4:02 | +0:38 (4) | 5:46 | +1:43 (4) | 1:05 | +0:13 (4) | 0:36 | +0:09 (4) |
| | | | | 14:21 | +2:00 (4) | 14:57 | +1:54 (4) | 15:50 | +1:44 (4) | 16:06 | +1:43 (4) | | |
| | | | | 1:14 | +0:23 (8) | 0:36 | 0:00 (1) | 0:53 | +0:05 (4) | 0:16 | +0:01 (5) | | |
| 5 | 789 | De Miguel Armi Alicante UNIVER | 16:46 | 1:46 | +0:23 (6) | 5:10 | 0:00 (1) | 12:15 | +2:55 (5) | 13:10 | +2:36 (5) | 14:00 | +2:45 (5) |
| | | | | 1:46 | +0:23 (6) | 3:24 | 0:00 (1) | 7:05 | +3:02 (6) | 0:55 | +0:03 (3) | 0:50 | +0:23 (11) |
| | | | | 15:04 | +2:43 (5) | 15:40 | +2:37 (5) | 16:31 | +2:25 (5) | 16:46 | +2:23 (5) | | |
| | | | | 1:04 | +0:13 (4) | 0:36 | 0:00 (1) | 0:51 | +0:03 (2) | 0:15 | 0:00 (1) | | |
| 6 | 67 | Jaén Mesonero Guadalajara C.O | 19:18 | 1:52 | +0:29 (7) | 6:48 | +1:38 (6) | 13:08 | +3:48 (6) | 15:29 | +4:55 (6) | 16:05 | +4:50 (6) |
| | | | | 1:52 | +0:29 (7) | 4:56 | +1:32 (6) | 6:20 | +2:17 (5) | 2:21 | +1:29 (11) | 0:36 | +0:09 (4) |
| | | | | 17:26 | +5:05 (6) | 18:06 | +5:03 (6) | 19:00 | +4:54 (6) | 19:18 | +4:55 (6) | | |
| | | | | 1:21 | +0:30 (10) | 0:40 | +0:04 (4) | 0:54 | +0:06 (6) | 0:18 | +0:03 (9) | | |
| 7 | 781 | Grau Olive Lidia Barcelona UEVI | 21:01 | 2:07 | +0:44 (11) | 7:18 | +2:08 (7) | 15:07 | +5:47 (7) | 16:38 | +6:04 (7) | 17:34 | +6:19 (7) |
| | | | | 2:07 | +0:44 (11) | 5:11 | +1:47 (7) | 7:49 | +3:46 (7) | 1:31 | +0:39 (9) | 0:56 | +0:29 (14) |
| | | | | 18:53 | +6:32 (7) | 19:39 | +6:36 (7) | 20:39 | +6:33 (7) | 21:01 | +6:38 (7) | | |
| | | | | 1:19 | +0:28 (9) | 0:46 | +0:10 (9) | 1:00 | +0:12 (9) | 0:22 | +0:07 (18) | | |
| 8 | 782 | Grau Olive Miria Barcelona UEVI | 26:37 | 2:32 | +1:09 (17) | 9:37 | +4:27 (12) | 20:49 | +11:29 (10) | 22:03 | +11:29 (9) | 22:57 | +11:42 (8) |
| | | | | 2:32 | +1:09 (17) | 7:05 | +3:41 (8) | 11:12 | +7:09 (12) | 1:14 | +0:22 (6) | 0:54 | +0:27 (12) |
| | | | | 24:21 | +12:00 (8) | 25:04 | +12:01 (8) | 26:20 | +12:14 (8) | 26:37 | +12:14 (8) | | |
| | | | | 1:24 | +0:33 (12) | 0:43 | +0:07 (8) | 1:16 | +0:28 (14) | 0:17 | +0:02 (7) | | |
| 9 | 225 | Muñoz Del Cam Cuenca COMCU | 27:30 | 1:55 | +0:32 (8) | 9:00 | +3:50 (8) | 20:27 | +11:07 (9) | 23:07 | +12:33 (10) | 23:42 | +12:27 (9) |
| | | | | 1:55 | +0:32 (8) | 7:05 | +3:41 (8) | 11:27 | +7:24 (13) | 2:40 | +1:48 (13) | 0:35 | +0:08 (3) |
| | | | | 24:53 | +12:32 (9) | 25:53 | +12:50 (9) | 27:12 | +13:06 (9) | 27:30 | +13:07 (9) | | |
| | | | | 1:11 | +0:20 (7) | 1:00 | +0:24 (15) | 1:19 | +0:31 (15) | 0:18 | +0:03 (10) | | |
| 10 | 707 | Ferrando Galán Toledo TOLEDO | 28:36 | 1:58 | +0:35 (9) | 10:10 | +5:00 (14) | 21:16 | +11:56 (11) | 23:59 | +13:25 (11) | 24:53 | +13:38 (10) |
| | | | | 1:58 | +0:35 (9) | 8:12 | +4:48 (14) | 11:06 | +7:03 (11) | 2:43 | +1:51 (14) | 0:54 | +0:27 (12) |
| | | | | 26:25 | +14:04 (10) | 27:18 | +14:15 (10) | 28:17 | +14:11 (10) | 28:36 | +14:13 (10) | | |
| | | | | 1:32 | +0:41 (14) | 0:53 | +0:17 (11) | 0:59 | +0:11 (8) | 0:19 | +0:04 (12) | | |
| 11 | 255 | Moríñigo Álvare Valladolid COV | 29:08 | 2:18 | +0:55 (14) | 10:05 | +4:55 (13) | 22:39 | +13:19 (12) | 24:39 | +14:05 (12) | 25:25 | +14:10 (11) |
| | | | | 2:18 | +0:55 (14) | 7:47 | +4:23 (13) | 12:34 | +8:31 (14) | 2:00 | +1:08 (10) | 0:46 | +0:19 (10) |
| | | | | 27:03 | +14:42 (11) | 28:00 | +14:57 (11) | 28:48 | +14:42 (11) | 29:08 | +14:45 (11) | | |
| | | | | 1:38 | +0:47 (15) | 0:57 | +0:21 (13) | 0:48 | 0:00 (1) | 0:20 | +0:05 (13) | | |
| 12 | 5 | Ramos Serrano Sevilla ADOL | 33:17 | 2:11 | +0:48 (12) | 9:19 | +4:09 (10) | 24:38 | +15:18 (13) | 27:09 | +16:35 (13) | 28:11 | +16:56 (12) |
| | | | | 2:11 | +0:48 (12) | 7:08 | +3:44 (11) | 15:19 | +11:16 (15) | 2:31 | +1:39 (12) | 1:02 | +0:35 (15) |
| | | | | 29:38 | +17:17 (12) | 30:35 | +17:32 (12) | 32:56 | +18:50 (12) | 33:17 | +18:54 (12) | | |
| | | | | 1:27 | +0:36 (13) | 0:57 | +0:21 (13) | 2:21 | +1:33 (16) | 0:21 | +0:06 (16) | | |
| 13 | 68 | López Batanero Guadalajara C.O | 34:05 | 7:19 | +5:56 (18) | 20:52 | +15:42 (16) | 29:50 | +20:30 (15) | 30:42 | +20:08 (14) | 31:09 | +19:54 (13) |
| | | | | 7:19 | +5:56 (18) | 13:33 | +10:09 (16) | 8:58 | +4:55 (9) | 0:52 | 0:00 (1) | 0:27 | 0:00 (1) |
| | | | | 32:18 | +19:57 (13) | 32:58 | +19:55 (13) | 33:49 | +19:43 (13) | 34:05 | +19:42 (13) | | |
| | | | | 1:09 | +0:18 (6) | 0:40 | +0:04 (4) | 0:51 | +0:03 (2) | 0:16 | +0:01 (3) | | |
| 14 | 525 | Díaz-Portales S Ciudad Real MA | 36:49 | 2:11 | +0:48 (12) | 9:33 | +4:23 (11) | 25:09 | +15:49 (14) | 31:03 | +20:29 (15) | 32:25 | +21:10 (14) |
| | | | | 2:11 | +0:48 (12) | 7:22 | +3:58 (12) | 15:36 | +11:33 (16) | 5:54 | +5:02 (17) | 1:22 | +0:55 (16) |
| | | | | 34:16 | +21:55 (14) | 35:28 | +22:25 (14) | 36:30 | +22:24 (14) | 36:49 | +22:26 (14) | | |
| | | | | 1:51 | +1:00 (16) | 1:12 | +0:36 (16) | 1:02 | +0:14 (10) | 0:19 | +0:04 (11) | | |
| 15 | 706 | Esteban-Manza Toledo TOLEDO | 38:27 | 2:24 | +1:01 (15) | 11:53 | +6:43 (15) | 31:57 | +22:37 (16) | 34:56 | +24:22 (16) | 35:33 | +24:18 (15) |
| | | | | 2:24 | +1:01 (15) | 9:29 | +6:05 (15) | 20:04 | +16:01 (17) | 2:59 | +2:07 (16) | 0:37 | +0:10 (6) |
| | | | | 36:36 | +24:15 (15) | 37:14 | +24:11 (15) | 38:07 | +24:01 (15) | 38:27 | +24:04 (15) | | |
| | | | | 1:03 | +0:12 (3) | 0:38 | +0:02 (3) | 0:53 | +0:05 (4) | 0:20 | +0:05 (15) | | |

| s | sal | Nombre | tiempo | 1,4 km | | 15 m | 8 C | (cont.) | | 5(82) | |
|------------------|-----|---------------------------------------|-----------------|-----------------------|-----------------------|------|-----------------------|-----------------------|--|-----------------------|--|
| | | | | 1(85) | 2(94) | | 3(96) | 4(81) | | | |
| | | | | 6(83) | 7(88) | | 8(200) | Meta | | | |
| F-12 (18) | | | | | | | | | | | |
| 16 | 524 | Blazquez Valver Ciudad Real MA | 45:31 | 2:26 +1:03 (16) | 27:55 +22:45 (17) | | 38:16 +28:56 (17) | 41:10 +30:36 (17) | | 41:49 +30:34 (16) | |
| | | | | 2:26 +1:03 (16) | 25:29 +22:05 (17) | | 10:21 +6:18 (10) | 2:54 +2:02 (15) | | 0:39 +0:12 (8) | |
| | | | | 43:10 +30:49 (16) | 44:04 +31:01 (16) | | 45:10 +31:04 (16) | 45:31 +31:08 (16) | | | |
| | | | | 1:21 +0:30 (10) | 0:54 +0:18 (12) | | 1:06 +0:18 (13) | 0:21 +0:06 (17) | | | |
| | 313 | Martínez Góme La Coruña GAL | en tarj. | 1:26 +0:03 (2) | ---- | | 14:28 | 15:22 | | 18:16 | |
| | | | | 1:26 +0:03 (2) | | | 13:02 | 0:54 | | 2:54 | |
| | | | | 19:16 | 21:01 | | 21:47 | 22:07 | | | |
| | | | | 1:00 | 1:45 | | 0:46 | 0:20 +0:05 (14) | | | |
| | | | | 2:47 | 9:50 | | | | | | |
| | | | | *86 | *95 | | | | | | |
| | 575 | Pascual Sánche Toledo NAVALC | en tarj. | 1:59 +0:36 (10) | 9:04 +3:54 (9) | | 17:55 +8:35 (8) | 19:01 +8:27 (8) | | ---- | |
| | | | | 1:59 +0:36 (10) | 7:05 +3:41 (8) | | 8:51 +4:48 (8) | 1:06 +0:14 (5) | | | |
| | | | | 20:44 | 21:33 | | 22:23 | 22:39 | | | |
| | | | | 1:43 | 0:49 | | 0:50 | 0:16 +0:01 (4) | | | |
| F-14 (31) | | | | | | | | | | | |
| | | | | 1(91) | 2(90) | | 3(85) | 4(93) | | 5(96) | |
| | | | | 6(81) | 7(82) | | 8(83) | 9(88) | | 10(200) | |
| | | | | Meta | | | | | | | |
| 1 | 658 | Toledo Navarro Cuenca ORIENTI | 15:55 | 1:21 +0:03 (2) | 4:13 +0:23 (4) | | 5:58 +0:40 (5) | 9:04 0:00 (1) | | 11:25 0:00 (1) | |
| | | | | 1:21 +0:03 (2) | 2:52 +0:28 (5) | | 1:45 +0:25 (13) | 3:06 0:00 (1) | | 2:21 +0:36 (5) | |
| | | | | 12:37 0:00 (1) | 13:11 0:00 (1) | | 14:10 0:00 (1) | 14:48 0:00 (1) | | 15:38 0:00 (1) | |
| | | | | 1:12 +0:20 (12) | 0:34 +0:09 (5) | | 0:59 +0:09 (8) | 0:38 +0:04 (7) | | 0:50 +0:08 (12) | |
| | | | | 15:55 0:00 (1) | | | | | | | |
| | | | | 0:17 +0:03 (17) | | | | | | | |
| 2 | 564 | Rolland Llamas Sevilla MONTEL | 16:21 | 1:32 +0:14 (9) | 3:56 +0:06 (2) | | 5:28 +0:10 (2) | 9:09 +0:05 (3) | | 11:53 +0:28 (3) | |
| | | | | 1:32 +0:14 (9) | 2:24 0:00 (1) | | 1:32 +0:12 (3) | 3:41 +0:35 (4) | | 2:44 +0:59 (9) | |
| | | | | 12:57 +0:20 (2) | 13:33 +0:22 (2) | | 14:32 +0:22 (2) | 15:08 +0:20 (2) | | 16:02 +0:24 (2) | |
| | | | | 1:04 +0:12 (6) | 0:36 +0:11 (9) | | 0:59 +0:09 (8) | 0:36 +0:02 (3) | | 0:54 +0:12 (18) | |
| | | | | 16:21 +0:26 (2) | | | | | | | |
| | | | | 0:19 +0:05 (27) | | | | | | | |
| 3 | 70 | Muro Torres U Guadalajara C.O | 16:36 | 1:28 +0:10 (6) | 4:27 +0:37 (6) | | 6:01 +0:43 (6) | 10:03 +0:59 (4) | | 11:48 +0:23 (2) | |
| | | | | 1:28 +0:10 (6) | 2:59 +0:35 (7) | | 1:34 +0:14 (5) | 4:02 +0:56 (7) | | 1:45 0:00 (1) | |
| | | | | 13:26 +0:49 (3) | 14:00 +0:49 (3) | | 14:54 +0:44 (3) | 15:36 +0:48 (3) | | 16:20 +0:42 (3) | |
| | | | | 1:38 +0:46 (21) | 0:34 +0:09 (5) | | 0:54 +0:04 (5) | 0:42 +0:08 (13) | | 0:44 +0:02 (3) | |
| | | | | 16:36 +0:41 (3) | | | | | | | |
| | | | | 0:16 +0:03 (11) | | | | | | | |
| 4 | 161 | Belloso Poveda Alicante COLIVE | 16:42 | 1:30 +0:12 (7) | 5:25 +1:35 (13) | | 6:58 +1:40 (12) | 10:06 +1:02 (5) | | 12:25 +1:00 (4) | |
| | | | | 1:30 +0:12 (7) | 3:55 +1:31 (14) | | 1:33 +0:13 (4) | 3:08 +0:02 (2) | | 2:19 +0:34 (4) | |
| | | | | 13:31 +0:54 (4) | 14:08 +0:57 (4) | | 15:05 +0:55 (4) | 15:41 +0:53 (4) | | 16:27 +0:49 (4) | |
| | | | | 1:06 +0:14 (8) | 0:37 +0:12 (12) | | 0:57 +0:07 (7) | 0:36 +0:02 (3) | | 0:46 +0:04 (6) | |
| | | | | 16:42 +0:47 (4) | | | | | | | |
| | | | | 0:15 +0:02 (7) | | | | | | | |
| 5 | 667 | Flórez-Estrada La Rioja RIOJA- | 17:07 | 1:23 +0:05 (3) | 3:50 0:00 (1) | | 5:18 0:00 (1) | 9:06 +0:02 (2) | | 12:56 +1:31 (5) | |
| | | | | 1:23 +0:05 (3) | 2:27 +0:03 (2) | | 1:28 +0:08 (2) | 3:48 +0:42 (5) | | 3:50 +2:05 (17) | |
| | | | | 13:49 +1:12 (5) | 14:26 +1:15 (5) | | 15:21 +1:11 (5) | 16:00 +1:12 (5) | | 16:51 +1:13 (5) | |
| | | | | 0:53 +0:01 (2) | 0:37 +0:12 (12) | | 0:55 +0:05 (6) | 0:39 +0:05 (9) | | 0:51 +0:09 (14) | |
| | | | | 17:07 +1:12 (5) | | | | | | | |
| | | | | 0:16 +0:02 (10) | | | | | | | |
| 6 | 766 | Martínez Barcel Murcia TOTANA | 18:26 | 1:18 0:00 (1) | 4:08 +0:18 (3) | | 5:28 +0:10 (2) | 11:15 +2:11 (7) | | 14:29 +3:04 (6) | |
| | | | | 1:18 0:00 (1) | 2:50 +0:26 (4) | | 1:20 0:00 (1) | 5:47 +2:41 (14) | | 3:14 +1:29 (13) | |
| | | | | 15:21 +2:44 (6) | 15:52 +2:41 (6) | | 16:53 +2:43 (6) | 17:30 +2:42 (6) | | 18:13 +2:35 (6) | |
| | | | | 0:52 0:00 (1) | 0:31 +0:06 (4) | | 1:01 +0:11 (10) | 0:37 +0:03 (5) | | 0:43 +0:01 (2) | |
| | | | | 18:26 +2:31 (6) | | | | | | | |
| | | | | 0:13 0:00 (1) | | | | | | | |

| s | sal | Nombre | tiempo | 1,9 km | | 25 m | | 10 C | | (cont.) | | | |
|-------------|-------------|--|--------------|--|---|--|--|--|--|---------|--|--|--|
| | | | | 1(91) | 2(90) | 3(85) | 4(93) | 5(96) | | | | | |
| | | | | 6(81) | 7(82) | 8(83) | 9(88) | 10(200) | | | | | |
| | | | | Meta | | | | | | | | | |
| F-14 | (31) | | | | | | | | | | | | |
| 17 | 337 | Arjona Pérez In Albacete GODIH | 25:21 | 1:45 +0:27 (15) 1:45 +0:27 (15) 21:50 +9:13 (18) 1:34 +0:42 (20) 25:21 +9:26 (17) 0:15 +0:02 (5) | 7:05 +3:15 (22) 5:20 +2:56 (23) 22:44 +9:33 (18) 0:54 +0:29 (24) | 9:06 +3:48 (21) 2:01 +0:41 (25) 23:34 +9:24 (17) 0:50 0:00 (1) | 17:58 +8:54 (24) 8:52 +5:46 (23) 24:18 +9:30 (17) 0:44 +0:10 (15) | 20:16 +8:51 (18) 2:18 +0:33 (3) 25:06 +9:28 (17) 0:48 +0:06 (10) | | | | | |
| 18 | 163 | Sempere Ureña Alicante COLIVE | 26:45 | 1:49 +0:31 (18) 1:49 +0:31 (18) 20:54 +8:17 (16) 1:12 +0:20 (12) 26:45 +10:50 (18) 0:20 +0:07 (29) | 5:59 +2:09 (14) 4:10 +1:46 (16) 21:52 +8:41 (17) 0:58 +0:33 (26) | 7:47 +2:29 (15) 1:48 +0:28 (17) 24:24 +10:14 (18) 2:32 +1:42 (29) | 15:20 +6:16 (18) 7:33 +4:27 (22) 25:17 +10:29 (18) 0:53 +0:19 (25) | 19:42 +8:17 (16) 4:22 +2:37 (18) 26:25 +10:47 (18) 1:08 +0:26 (24) | | | | | |
| 19 | 314 | Dopico Golpe Al La Coruña GAL | 27:37 | 2:23 +1:05 (27) 2:23 +1:05 (27) 23:30 +10:53 (20) 1:42 +0:50 (23) 27:37 +11:42 (19) 0:16 +0:03 (15) | 6:16 +2:26 (20) 3:53 +1:29 (13) 24:08 +10:57 (19) 0:38 +0:13 (15) | 8:18 +3:00 (20) 2:02 +0:42 (26) 25:32 +11:22 (19) 1:24 +0:34 (26) | 14:36 +5:32 (15) 6:18 +3:12 (18) 26:12 +11:24 (19) 0:40 +0:06 (11) | 21:48 +10:23 (19) 7:12 +5:27 (26) 27:21 +11:43 (19) 1:09 +0:27 (25) | | | | | |
| 19 | 236 | Ruiz Martínez M Valencia CORRE | 27:37 | 1:24 +0:06 (4) 1:24 +0:06 (4) 23:39 +11:02 (21) 1:41 +0:49 (22) 27:37 +11:42 (19) 0:14 +0:01 (4) | 9:46 +5:56 (27) 8:22 +5:58 (29) 24:22 +11:11 (20) 0:43 +0:18 (17) | 11:30 +6:12 (27) 1:44 +0:24 (12) 25:40 +11:30 (20) 1:18 +0:28 (23) | 16:54 +7:50 (20) 5:24 +2:18 (13) 26:26 +11:38 (20) 0:46 +0:12 (17) | 21:58 +10:33 (20) 5:04 +3:19 (23) 27:23 +11:45 (20) 0:57 +0:15 (21) | | | | | |
| 21 | 336 | Arjona Pérez Es Albacete GODIH | 28:13 | 2:41 +1:23 (28) 2:41 +1:23 (28) 23:11 +10:34 (19) 1:10 +0:18 (11) 28:13 +12:18 (21) 0:14 +0:01 (3) | 8:04 +4:14 (25) 5:23 +2:59 (25) 24:56 +11:45 (21) 1:45 +1:20 (29) | 9:51 +4:33 (25) 1:47 +0:27 (16) 25:57 +11:47 (21) 1:01 +0:11 (10) | 17:21 +8:17 (22) 7:30 +4:24 (21) 26:56 +12:08 (21) 0:59 +0:25 (26) | 22:01 +10:36 (21) 4:40 +2:55 (19) 27:59 +12:21 (21) 1:03 +0:21 (22) | | | | | |
| 22 | 790 | Paisán Martínez Alicante UNIVER | 28:19 | 1:41 +0:23 (12) 1:41 +0:23 (12) 24:52 +12:15 (23) 1:51 +0:59 (25) 28:19 +12:24 (22) 0:17 +0:03 (16) | 6:14 +2:24 (17) 4:33 +2:09 (19) 25:17 +12:06 (23) 0:25 0:00 (1) | 7:53 +2:35 (16) 1:39 +0:19 (9) 26:26 +12:16 (23) 1:09 +0:19 (17) | 19:27 +10:23 (25) 11:34 +8:28 (27) 27:10 +12:22 (23) 0:44 +0:10 (15) | 23:01 +11:36 (23) 3:34 +1:49 (15) 28:02 +12:24 (22) 0:52 +0:10 (15) | | | | | |
| 23 | 339 | Jaime Carreón Albacete GODIH | 28:29 | 6:11 +4:53 (31) 6:11 +4:53 (31) 24:11 +11:34 (22) 2:06 +1:14 (27) 28:29 +12:34 (23) 0:16 +0:03 (13) | 10:49 +6:59 (28) 4:38 +2:14 (21) 24:57 +11:46 (22) 0:46 +0:21 (20) | 12:38 +7:20 (28) 1:49 +0:29 (18) 26:07 +11:57 (22) 1:10 +0:20 (18) | 17:06 +8:02 (21) 4:28 +1:22 (10) 26:57 +12:09 (22) 0:50 +0:16 (23) | 22:05 +10:40 (22) 4:59 +3:14 (22) 28:13 +12:35 (23) 1:16 +0:34 (27) | | | | | |
| 24 | 315 | Hermida Balseir La Coruña GAL | 29:16 | 1:44 +0:26 (14) 1:44 +0:26 (14) 25:10 +12:33 (24) 1:16 +0:24 (14) 29:16 +13:21 (24) 0:18 +0:04 (23) | 4:51 +1:01 (9) 3:07 +0:43 (9) 25:40 +12:29 (24) 0:30 +0:05 (3) | 6:27 +1:09 (8) 1:36 +0:16 (8) 26:46 +12:36 (24) 1:06 +0:16 (14) | 21:06 +12:02 (27) 14:39 +11:33 (28) 27:38 +12:50 (24) 0:52 +0:18 (24) | 23:54 +12:29 (24) 2:48 +1:03 (10) 28:58 +13:20 (24) 1:20 +0:38 (28) | | | | | |
| 25 | 764 | Barceló Romer Murcia TOTANA | 32:32 | 3:20 +2:02 (29) 3:20 +2:02 (29) 27:37 +15:00 (25) 1:16 +0:24 (14) 32:32 +16:37 (25) 0:18 +0:04 (22) | 9:05 +5:15 (26) 5:45 +3:21 (26) 28:22 +15:11 (25) 0:45 +0:20 (19) | 10:55 +5:37 (26) 1:50 +0:30 (20) 29:44 +15:34 (25) 1:22 +0:32 (25) | 21:28 +12:24 (28) 10:33 +7:27 (25) 30:31 +15:43 (25) 0:47 +0:13 (19) | 26:21 +14:56 (25) 4:53 +3:08 (21) 32:14 +16:36 (25) 1:43 +1:01 (29) | | | | | |
| 26 | 834 | Carrasco Rodri Alicante VILLEN | 34:54 | 2:22 +1:04 (26) 2:22 +1:04 (26) 29:17 +16:40 (26) 1:45 +0:53 (24) 34:54 +18:59 (26) 0:19 +0:05 (25) | 12:29 +8:39 (30) 10:07 +7:43 (30) 30:44 +17:33 (26) 1:27 +1:02 (28) | 15:34 +10:16 (30) 3:05 +1:45 (30) 31:55 +17:45 (26) 1:11 +0:21 (21) | 20:46 +11:42 (26) 5:12 +2:06 (12) 33:48 +19:00 (26) 1:53 +1:19 (28) | 27:32 +16:07 (26) 6:46 +5:01 (25) 34:35 +18:57 (26) 0:47 +0:05 (7) | | | | | |

| s | sal | Nombre | tiempo | 1,9 km 25 m | | 10 C | (cont.) | | | |
|------------------|------------|---|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|
| | | | | 1(91) | 2(90) | 3(85) | 4(93) | 5(96) | | |
| | | | | 6(81) | 7(82) | 8(83) | 9(88) | 10(200) | | |
| | | | | Meta | | | | | | |
| F-14 (31) | | | | | | | | | | |
| 27 | 107 | Pérez Garrigós Alicante CEAM I | 37:58 | 2:05 +0:47 (24) | 6:15 +2:25 (19) | 8:04 +2:46 (18) | 17:55 +8:51 (23) | 32:34 +21:09 (28) | | |
| | | | | 2:05 +0:47 (24) | 4:10 +1:46 (16) | 1:49 +0:29 (18) | 9:51 +6:45 (24) | 14:39 +12:54 (29) | | |
| | | | | 34:01 +21:24 (28) | 34:52 +21:41 (28) | 36:12 +22:02 (28) | 37:00 +22:12 (27) | 37:42 +22:04 (27) | | |
| | | | | 1:27 +0:35 (18) | 0:51 +0:26 (22) | 1:20 +0:30 (24) | 0:48 +0:14 (21) | 0:42 0:00 (1) | | |
| | | | | 37:58 +22:03 (27) | | | | | | |
| | | | | 0:16 +0:02 (8) | | | | | | |
| 28 | 136 | Sánchez Galán Badajoz CODAN | 41:04 | 2:09 +0:51 (25) | 6:48 +2:58 (21) | 9:09 +3:51 (22) | 14:57 +5:53 (17) | 28:04 +16:39 (27) | | |
| | | | | 2:09 +0:51 (25) | 4:39 +2:15 (22) | 2:21 +1:01 (29) | 5:48 +2:42 (15) | 13:07 +11:22 (28) | | |
| | | | | 30:20 +17:43 (27) | 31:27 +18:16 (27) | 33:10 +19:00 (27) | 39:53 +25:05 (28) | 40:43 +25:05 (28) | | |
| | | | | 2:16 +1:24 (28) | 1:07 +0:42 (27) | 1:43 +0:53 (28) | 6:43 +6:09 (29) | 0:50 +0:08 (12) | | |
| | | | | 41:04 +25:09 (28) | | | | | | |
| | | | | 0:21 +0:07 (31) | | | | | | |
| 29 | 23 | Reyes López Pa Madrid ALABAR | 44:36 | 5:33 +4:15 (30) | 12:19 +8:29 (29) | 14:17 +8:59 (29) | 29:48 +20:44 (29) | 38:16 +26:51 (29) | | |
| | | | | 5:33 +4:15 (30) | 6:46 +4:22 (28) | 1:58 +0:38 (23) | 15:31 +12:25 (29) | 8:28 +6:43 (27) | | |
| | | | | 40:09 +27:32 (29) | 41:01 +27:50 (29) | 42:26 +28:16 (29) | 43:13 +28:25 (29) | 44:19 +28:41 (29) | | |
| | | | | 1:53 +1:01 (26) | 0:52 +0:27 (23) | 1:25 +0:35 (27) | 0:47 +0:13 (19) | 1:06 +0:24 (23) | | |
| | | | | 44:36 +28:41 (29) | | | | | | |
| | | | | 0:17 +0:04 (20) | | | | | | |
| | | 765 Lozoya Perez A Murcia TOTANA | en tarj. | 1:52 +0:34 (20) | ----- | 17:14 | 29:18 | 31:57 | | |
| | | | | 1:52 +0:34 (20) | | 15:22 | 12:04 | 2:39 | | |
| | | | | 33:24 | 33:58 | 35:03 | 35:49 | 37:00 | | |
| | | | | 1:27 | 0:34 | 1:05 | 0:46 | 1:11 | | |
| | | | | 37:14 | | | | | | |
| | | | | 0:14 +0:00 (2) | | | | | | |
| | | 390 Virgili Serrallon Girona GO-XTRE | en tarj. | 1:48 +0:30 (17) | 5:15 +1:25 (12) | 6:56 +1:38 (11) | ----- | 31:29 | | |
| | | | | 1:48 +0:30 (17) | 3:27 +1:03 (12) | 1:41 +0:21 (10) | | 24:33 | | |
| | | | | 33:35 | 34:58 | 37:29 | 38:40 | 39:51 | | |
| | | | | 2:06 | 1:23 | 2:31 | 1:11 | 1:11 | | |
| | | | | 40:12 | | | | | | |
| | | | | 0:21 +0:07 (30) | | | | | | |
| F-16 (24) | | | | | | | | | | |
| | | | | 1(41) | 2(77) | 3(31) | 4(43) | 5(57) | | |
| | | | | 6(45) | 7(60) | 8(46) | 9(39) | 10(47) | | |
| | | | | 11(200) | Meta | | | | | |
| 1 | 856 | Pacheco Ana [102].COM | 33:07 | 2:22 +0:20 (5) | 4:50 +1:10 (5) | 10:10 +1:35 (4) | 15:06 0:00 (1) | 17:54 0:00 (1) | | |
| | | | | 2:22 +0:20 (5) | 2:28 +0:50 (4) | 5:20 +0:51 (6) | 4:56 0:00 (1) | 2:48 +0:21 (3) | | |
| | | | | 21:23 0:00 (1) | 22:42 0:00 (1) | 25:17 0:00 (1) | 28:40 0:00 (1) | 30:34 0:00 (1) | | |
| | | | | 3:29 0:00 (1) | 1:19 +0:26 (8) | 2:35 +0:12 (2) | 3:23 +1:05 (7) | 1:54 +0:06 (2) | | |
| | | | | 32:51 0:00 (1) | 33:07 0:00 (1) | | | | | |
| | | | | 2:17 0:00 (1) | 0:16 +0:04 (8) | | | | | |
| 2 | 299 | Madoz de Vidal Cádiz FUNDI-O | 34:39 | 2:02 0:00 (1) | 3:40 0:00 (1) | 8:35 0:00 (1) | 16:50 +1:44 (2) | 19:42 +1:48 (2) | | |
| | | | | 2:02 0:00 (1) | 1:38 0:00 (1) | 4:55 +0:26 (3) | 8:15 +3:19 (7) | 2:52 +0:25 (6) | | |
| | | | | 24:07 +2:44 (2) | 25:06 +2:24 (2) | 27:29 +2:12 (2) | 30:19 +1:39 (2) | 32:07 +1:33 (2) | | |
| | | | | 4:25 +0:56 (3) | 0:59 +0:06 (2) | 2:23 0:00 (1) | 2:50 +0:32 (3) | 1:48 0:00 (1) | | |
| | | | | 34:27 +1:36 (2) | 34:39 +1:32 (2) | | | | | |
| | | | | 2:20 +0:03 (3) | 0:12 0:00 (1) | | | | | |
| 3 | 257 | Caro-Patón Pér Valladolid COV | 36:27 | 2:14 +0:12 (3) | 4:44 +1:04 (3) | 13:09 +4:34 (12) | 18:06 +3:00 (3) | 20:33 +2:39 (3) | | |
| | | | | 2:14 +0:12 (3) | 2:30 +0:52 (6) | 8:25 +3:56 (19) | 4:57 +0:01 (2) | 2:27 0:00 (1) | | |
| | | | | 25:06 +3:43 (4) | 26:27 +3:45 (4) | 29:16 +3:59 (4) | 31:34 +2:54 (4) | 33:52 +3:18 (3) | | |
| | | | | 4:33 +1:04 (5) | 1:21 +0:28 (9) | 2:49 +0:26 (4) | 2:18 0:00 (1) | 2:18 +0:30 (4) | | |
| | | | | 36:11 +3:20 (3) | 36:27 +3:20 (3) | | | | | |
| | | | | 2:19 +0:02 (2) | 0:16 +0:03 (6) | | | | | |
| 4 | 37 | Fidalgo Casare León ALCON | 37:11 | 2:09 +0:07 (2) | 4:33 +0:53 (2) | 9:51 +1:16 (2) | 18:26 +3:20 (4) | 20:57 +3:03 (4) | | |
| | | | | 2:09 +0:07 (2) | 2:24 +0:46 (2) | 5:18 +0:49 (4) | 8:35 +3:39 (11) | 2:31 +0:04 (2) | | |
| | | | | 24:53 +3:30 (3) | 25:54 +3:12 (3) | 28:48 +3:31 (3) | 31:33 +2:53 (3) | 34:13 +3:39 (4) | | |
| | | | | 3:56 +0:27 (2) | 1:01 +0:08 (3) | 2:54 +0:31 (5) | 2:45 +0:27 (2) | 2:40 +0:52 (12) | | |
| | | | | 36:55 +4:04 (4) | 37:11 +4:04 (4) | | | | | |
| | | | | 2:42 +0:25 (6) | 0:16 +0:03 (7) | | | | | |

| s | sal | Nombre | tiempo | 2,9 km | | 55 m | | 11 C | | (cont.) | |
|-----------|------------|--|--------------|-------------------|----------------------|-------------------|-------------------|-------------------|--|---------|--|
| | | | | 1(41) | 2(77) | 3(31) | 4(43) | 5(57) | | | |
| | | | | 6(45) | 7(60) | 8(46) | 9(39) | 10(47) | | | |
| | | | | 11(200) | Meta | | | | | | |
| 5 | 308 | González Mante Cantabria GALI | 40:08 | 2:18 +0:16 (4) | 4:48 +1:08 (4) | 10:57 +2:22 (6) | 19:26 +4:20 (7) | 22:21 +4:27 (7) | | | |
| | | | | 2:18 +0:16 (4) | 2:30 +0:52 (6) | 6:09 +1:40 (9) | 8:29 +3:33 (9) | 2:55 +0:28 (8) | | | |
| | | | | 27:45 +6:22 (6) | 29:27 +6:45 (6) | 32:07 +6:50 (5) | 35:08 +6:28 (5) | 37:21 +6:47 (5) | | | |
| | | | | 5:24 +1:55 (6) | 1:42 +0:49 (17) | 2:40 +0:17 (3) | 3:01 +0:43 (4) | 2:13 +0:25 (3) | | | |
| | | | | 39:51 +7:00 (5) | 40:08 +7:01 (5) | | | | | | |
| | | | | 2:30 +0:13 (5) | 0:17 +0:04 (11) | | | | | | |
| 6 | 108 | Aparicio Garrig Alicante CEAM I | 42:40 | 3:34 +1:32 (21) | 6:58 +3:18 (14) | 12:16 +3:41 (9) | 18:54 +3:48 (5) | 21:56 +4:02 (5) | | | |
| | | | | 3:34 +1:32 (21) | 3:24 +1:46 (13) | 5:18 +0:49 (4) | 6:38 +1:42 (4) | 3:02 +0:35 (9) | | | |
| | | | | 27:57 +6:34 (7) | 29:51 +7:09 (7) | 33:35 +8:18 (7) | 36:59 +8:19 (6) | 39:28 +8:54 (6) | | | |
| | | | | 6:01 +2:32 (10) | 1:54 +1:01 (19) | 3:44 +1:21 (11) | 3:24 +1:06 (8) | 2:29 +0:41 (6) | | | |
| | | | | 42:21 +9:30 (6) | 42:40 +9:33 (6) | | | | | | |
| | | | | 2:53 +0:36 (11) | 0:19 +0:06 (20) | | | | | | |
| 7 | 237 | Arnau Ochando Valencia CORRE | 43:01 | 2:43 +0:41 (13) | 5:44 +2:04 (9) | 10:23 +1:48 (5) | 21:08 +6:02 (11) | 24:27 +6:33 (11) | | | |
| | | | | 2:43 +0:41 (13) | 3:01 +1:23 (9) | 4:39 +0:10 (2) | 10:45 +5:49 (14) | 3:19 +0:52 (12) | | | |
| | | | | 28:58 +7:35 (8) | 31:02 +8:20 (8) | 34:27 +9:10 (8) | 37:31 +8:51 (8) | 40:00 +9:26 (7) | | | |
| | | | | 4:31 +1:02 (4) | 2:04 +1:11 (21) | 3:25 +1:02 (7) | 3:04 +0:46 (6) | 2:29 +0:41 (6) | | | |
| | | | | 42:45 +9:54 (7) | 43:01 +9:54 (7) | | | | | | |
| | | | | 2:45 +0:28 (8) | 0:16 +0:03 (5) | | | | | | |
| 8 | 911 | Miranda Margar [052] GD4C | 43:13 | 2:33 +0:31 (8) | 5:55 +2:15 (11) | 11:50 +3:15 (7) | 18:56 +3:50 (6) | 22:01 +4:07 (6) | | | |
| | | | | 2:33 +0:31 (8) | 3:22 +1:44 (12) | 5:55 +1:26 (8) | 7:06 +2:10 (5) | 3:05 +0:38 (10) | | | |
| | | | | 27:25 +6:02 (5) | 28:57 +6:15 (5) | 32:43 +7:26 (6) | 37:30 +8:50 (7) | 40:06 +9:32 (8) | | | |
| | | | | 5:24 +1:55 (6) | 1:32 +0:39 (13) | 3:46 +1:23 (12) | 4:47 +2:29 (15) | 2:36 +0:48 (10) | | | |
| | | | | 42:55 +10:04 (8) | 43:13 +10:06 (8) | | | | | | |
| | | | | 2:49 +0:32 (10) | 0:18 +0:05 (15) | | | | | | |
| 9 | 710 | García Megia La Toledo TOLEDO | 45:41 | 2:37 +0:35 (10) | 5:07 +1:27 (6) | 11:57 +3:22 (8) | 20:07 +5:01 (8) | 23:00 +5:06 (8) | | | |
| | | | | 2:37 +0:35 (10) | 2:30 +0:52 (6) | 6:50 +2:21 (12) | 8:10 +3:14 (6) | 2:53 +0:26 (7) | | | |
| | | | | 31:33 +10:10 (10) | 32:26 +9:44 (10) | 35:42 +10:25 (9) | 39:25 +10:45 (9) | 42:05 +11:31 (9) | | | |
| | | | | 8:33 +5:04 (22) | 0:53 0:00 (1) | 3:16 +0:53 (6) | 3:43 +1:25 (12) | 2:40 +0:52 (12) | | | |
| | | | | 45:24 +12:33 (9) | 45:41 +12:34 (9) | | | | | | |
| | | | | 3:19 +1:02 (15) | 0:17 +0:04 (9) | | | | | | |
| 10 | 341 | Martínez Navarr Albacete GODIH | 47:12 | 3:00 +0:58 (18) | 7:00 +3:20 (15) | 14:13 +5:38 (14) | 20:25 +5:19 (9) | 24:02 +6:08 (10) | | | |
| | | | | 3:00 +0:58 (18) | 4:00 +2:22 (14) | 7:13 +2:44 (15) | 6:12 +1:16 (3) | 3:37 +1:10 (14) | | | |
| | | | | 30:06 +8:43 (9) | 31:36 +8:54 (9) | 36:46 +11:29 (10) | 41:36 +12:56 (11) | 44:13 +13:39 (11) | | | |
| | | | | 6:04 +2:35 (11) | 1:30 +0:37 (11) | 5:10 +2:47 (17) | 4:50 +2:32 (16) | 2:37 +0:49 (11) | | | |
| | | | | 46:56 +14:05 (11) | 47:12 +14:05 (10) | | | | | | |
| | | | | 2:43 +0:26 (7) | 0:16 +0:03 (2) | | | | | | |
| 11 | 124 | Alsius Serra Ma Barcelona COC | 47:14 | 2:47 +0:45 (16) | 5:11 +1:31 (7) | 12:20 +3:45 (10) | 20:49 +5:43 (10) | 23:59 +6:05 (9) | | | |
| | | | | 2:47 +0:45 (16) | 2:24 +0:46 (2) | 7:09 +2:40 (14) | 8:29 +3:33 (9) | 3:10 +0:43 (11) | | | |
| | | | | 31:36 +10:13 (11) | 33:08 +10:26 (11) | 38:17 +13:00 (11) | 41:18 +12:38 (10) | 43:49 +13:15 (10) | | | |
| | | | | 7:37 +4:08 (16) | 1:32 +0:39 (13) | 5:09 +2:46 (16) | 3:01 +0:43 (4) | 2:31 +0:43 (9) | | | |
| | | | | 46:55 +14:04 (10) | 47:14 +14:07 (11) | | | | | | |
| | | | | 3:06 +0:49 (12) | 0:19 +0:07 (22) | | | | | | |
| 12 | 342 | Muñoz Descalz Albacete GODIH | 53:54 | 2:39 +0:37 (11) | 12:31 +8:51 (24) | 18:19 +9:44 (17) | 26:40 +11:34 (13) | 29:29 +11:35 (13) | | | |
| | | | | 2:39 +0:37 (11) | 9:52 +8:14 (24) | 5:48 +1:19 (7) | 8:21 +3:25 (8) | 2:49 +0:22 (5) | | | |
| | | | | 38:00 +16:37 (13) | 39:13 +16:31 (13) | 44:18 +19:01 (13) | 47:55 +19:15 (12) | 50:18 +19:44 (12) | | | |
| | | | | 8:31 +5:02 (21) | 1:13 +0:20 (5) | 5:05 +2:42 (15) | 3:37 +1:19 (10) | 2:23 +0:35 (5) | | | |
| | | | | 53:37 +20:46 (12) | 53:54 +20:47 (12) | | | | | | |
| | | | | 3:19 +1:02 (15) | 0:17 +0:04 (13) | | | | | | |
| 13 | 71 | Siqueira Batane Guadalajara C.O | 55:12 | 2:30 +0:28 (7) | 6:46 +3:06 (13) | 13:36 +5:01 (13) | 24:19 +9:13 (12) | 28:09 +10:15 (12) | | | |
| | | | | 2:30 +0:28 (7) | 4:16 +2:38 (17) | 6:50 +2:21 (12) | 10:43 +5:47 (13) | 3:50 +1:23 (16) | | | |
| | | | | 35:11 +13:48 (12) | 37:28 +14:46 (12) | 41:07 +15:50 (12) | 50:04 +21:24 (14) | 52:34 +22:00 (13) | | | |
| | | | | 7:02 +3:33 (15) | 2:17 +1:24 (22) | 3:39 +1:16 (10) | 8:57 +6:39 (20) | 2:30 +0:42 (8) | | | |
| | | | | 54:55 +22:04 (13) | 55:12 +22:05 (13) | | | | | | |
| | | | | 2:21 +0:04 (4) | 0:17 +0:04 (12) | | | | | | |
| 14 | 340 | Jiménez García Albacete GODIH | 56:55 | 4:04 +2:02 (22) | 8:04 +4:24 (17) | 14:23 +5:48 (15) | 28:42 +13:36 (16) | 34:23 +16:29 (16) | | | |
| | | | | 4:04 +2:02 (22) | 4:00 +2:22 (14) | 6:19 +1:50 (10) | 14:19 +9:23 (16) | 5:41 +3:14 (19) | | | |
| | | | | 41:22 +19:59 (15) | 42:47 +20:05 (14) | 46:16 +20:59 (14) | 49:46 +21:06 (13) | 53:24 +22:50 (14) | | | |
| | | | | 6:59 +3:30 (14) | 1:25 +0:32 (10) | 3:29 +1:06 (8) | 3:30 +1:12 (9) | 3:38 +1:50 (18) | | | |
| | | | | 56:37 +23:46 (14) | 56:55 +23:48 (14) | | | | | | |
| | | | | 3:13 +0:56 (13) | 0:18 +0:05 (18) | | | | | | |

| s | sal | Nombre | tiempo | 2,9 km | | 55 m | 11 C | (cont.) | |
|-------------|-------------|---|-----------------|--|--|---|--|--|--|
| | | | | 1(41) | 2(77) | 3(31) | 4(43) | 5(57) | |
| | | | | 6(45) | 7(60) | 8(46) | 9(39) | 10(47) | |
| | | | | 11(200) | Meta | | | | |
| F-16 | (24) | | | | | | | | |
| 15 | 24 | Sánchez Durán Madrid ALABAR | 57:46 | 2:34 +0:32 (9) 2:34 +0:32 (9) 41:56 +20:33 (16) 5:54 +2:25 (9) 57:28 +24:37 (15) 2:45 +0:28 (8) | 11:48 +8:08 (22) 9:14 +7:36 (23) 43:41 +20:59 (16) 1:45 +0:52 (18) 57:46 +24:39 (15) 0:18 +0:05 (17) | 19:50 +11:15 (20) 8:02 +3:33 (17) 48:14 +22:57 (15) 4:33 +2:10 (14) | 32:37 +17:31 (18) 12:47 +7:51 (15) 51:55 +23:15 (15) 3:41 +1:23 (11) | 36:02 +18:08 (18) 3:25 +0:58 (13) 54:43 +24:09 (15) 2:48 +1:00 (14) | |
| 16 | 711 | García Megia Le Toledo TOLEDO | 1:02:33 | 2:43 +0:41 (13) 2:43 +0:41 (13) 43:35 +22:12 (17) 7:59 +4:30 (17) 1:02:14 +29:23 (16) 3:21 +1:04 (17) | 6:00 +2:20 (12) 3:17 +1:39 (11) 45:34 +22:52 (17) 1:59 +1:06 (20) 1:02:33 +29:26 (16) 0:19 +0:06 (21) | 20:52 +12:17 (21) 14:52 +10:23 (21) 51:43 +26:26 (17) 6:09 +3:46 (19) | 31:31 +16:25 (17) 10:39 +5:43 (12) 55:59 +27:19 (17) 4:16 +1:58 (13) | 35:36 +17:42 (17) 4:05 +1:38 (17) 58:53 +28:19 (16) 2:54 +1:06 (15) | |
| 17 | 343 | Murcia Pérez T Albacete GODIH | 1:05:19 | 3:15 +1:13 (19) 3:15 +1:13 (19) 38:05 +16:42 (14) 5:27 +1:58 (8) 1:04:45 +31:54 (17) 5:05 +2:48 (23) | 5:44 +2:04 (9) 2:29 +0:51 (5) 42:59 +20:17 (15) 4:54 +4:01 (23) 1:05:19 +32:12 (17) 0:34 +0:21 (24) | 13:02 +4:27 (11) 7:18 +2:49 (16) 49:18 +24:01 (16) 6:19 +3:56 (20) | 28:31 +13:25 (15) 15:29 +10:33 (17) 55:11 +26:31 (16) 5:53 +3:35 (19) | 32:38 +14:44 (15) 4:07 +1:40 (18) 59:40 +29:06 (17) 4:29 +2:41 (20) | |
| 18 | 183 | Alonso Ruiz Dia Madrid COLMEN | 1:07:46 | 2:25 +0:23 (6) 2:25 +0:23 (6) 51:21 +29:58 (20) 21:32 +18:03 (23) 1:07:30 +34:39 (18) 3:16 +0:59 (14) | 5:30 +1:50 (8) 3:05 +1:27 (10) 52:53 +30:11 (20) 1:32 +0:39 (13) 1:07:46 +34:39 (18) 0:16 +0:03 (3) | 9:59 +1:24 (3) 4:29 0:00 (1) 56:22 +31:05 (19) 3:29 +1:06 (8) | 27:01 +11:55 (14) 17:02 +12:06 (18) 1:01:08 +32:28 (19) 4:46 +2:28 (14) | 29:49 +11:55 (14) 2:48 +0:21 (3) 1:04:14 +33:40 (19) 3:06 +1:18 (16) | |
| 19 | 137 | Carballo Martín Badajoz CODAN | 1:08:51 | 2:57 +0:55 (17) 2:57 +0:55 (17) 49:24 +28:01 (18) 6:53 +3:24 (13) 1:08:34 +35:43 (19) 5:04 +2:47 (22) | 11:53 +8:13 (23) 8:56 +7:18 (22) 50:59 +28:17 (18) 1:35 +0:42 (16) 1:08:51 +35:44 (19) 0:17 +0:04 (10) | 18:42 +10:07 (19) 6:49 +2:20 (11) 54:55 +29:38 (18) 3:56 +1:33 (13) | 36:47 +21:41 (19) 18:05 +13:09 (19) 1:00:01 +31:21 (18) 5:06 +2:48 (17) | 42:31 +24:37 (19) 5:44 +3:17 (20) 1:03:30 +32:56 (18) 3:29 +1:41 (17) | |
| 20 | 554 | Losada Moreno Madrid MONTE | 1:10:49 | 4:04 +2:02 (22) 4:04 +2:02 (22) 50:07 +28:44 (19) 6:29 +3:00 (12) 1:10:29 +37:38 (20) 3:44 +1:27 (18) | 8:19 +4:39 (19) 4:15 +2:37 (16) 51:38 +28:56 (19) 1:31 +0:38 (12) 1:10:49 +37:42 (20) 0:20 +0:07 (23) | 16:26 +7:51 (16) 8:07 +3:38 (18) 56:50 +31:33 (20) 5:12 +2:49 (18) | 39:59 +24:53 (20) 23:33 +18:37 (23) 1:02:39 +33:59 (20) 5:49 +3:31 (18) | 43:38 +25:44 (20) 3:39 +1:12 (15) 1:06:45 +36:11 (20) 4:06 +2:18 (19) | |
| 21 | 927 | Castro Carina [007] Ori-Estarr | 1:36:20 | 4:25 +2:23 (24) 4:25 +2:23 (24) 1:06:39 +45:16 (21) 8:02 +4:33 (19) 1:36:01 :03:10 (21) 3:46 +1:29 (19) | 10:44 +7:04 (20) 6:19 +4:41 (20) 1:07:57 +45:15 (21) 1:18 +0:25 (7) 1:36:20 :03:13 (21) 0:19 +0:06 (19) | 29:06 +20:31 (22) 18:22 +13:53 (22) 1:18:15 +52:58 (21) 10:18 +7:55 (22) | 49:46 +34:40 (21) 20:40 +15:44 (20) 1:27:28 +58:48 (21) 9:13 +6:55 (21) | 58:37 +40:43 (21) 8:51 +6:24 (23) 1:32:15 :01:41 (21) 4:47 +2:59 (23) | |
| 22 | 869 | Catarino Joana [022] CLAC | 1:40:18 | 2:44 +0:42 (15) 2:44 +0:42 (15) 1:10:45 +49:22 (22) 8:05 +4:36 (20) 1:40:00 :07:09 (22) 3:49 +1:32 (21) | 7:28 +3:48 (16) 4:44 +3:06 (18) 1:11:59 +49:17 (22) 1:14 +0:21 (6) 1:40:18 :07:11 (22) 0:18 +0:05 (16) | 32:49 +24:14 (23) 25:21 +20:52 (23) 1:22:10 +56:53 (22) 10:11 +7:48 (21) | 53:52 +38:46 (22) 21:03 +16:07 (22) 1:31:29 :02:49 (22) 9:19 +7:01 (23) | 1:02:40 +44:46 (22) 8:48 +6:21 (21) 1:36:11 :05:37 (22) 4:42 +2:54 (21) | |
| 23 | 896 | Nunes Ana [094] CPOC | 1:44:18 | 2:42 +0:40 (12) 2:42 +0:40 (12) 1:14:43 +53:20 (23) 8:01 +4:32 (18) 1:44:02 :11:11 (23) 3:48 +1:31 (20) | 11:35 +7:55 (21) 8:53 +7:15 (21) 1:15:54 +53:12 (23) 1:11 +0:18 (4) 1:44:18 :11:11 (23) 0:16 +0:03 (4) | 37:02 +28:27 (24) 25:27 +20:58 (24) 1:26:16 :00:59 (23) 10:22 +7:59 (23) | 57:54 +42:48 (23) 20:52 +15:56 (21) 1:35:32 :06:52 (23) 9:16 +6:58 (22) | 1:06:42 +48:48 (23) 8:48 +6:21 (21) 1:40:14 :09:40 (23) 4:42 +2:54 (21) | |
| | 823 | Collado Gutiérr Granada VELET | en tarj. | 3:17 +1:15 (20) 3:17 +1:15 (20) ----- 45:47 27:08 | 8:05 +4:25 (18) 4:48 +3:10 (19) ----- 46:04 0:17 +0:05 (14) | 18:39 +10:04 (18) 10:34 +6:05 (20) ----- | ----- ----- ----- 38:54 *87 | ----- ----- ----- 40:25 *81 | |

| s | sal | Nombre | tiempo | 3,0 km | | 115 m | | 12 C | | | | | |
|-----------|------------|---|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|--|
| | | | | 1(41) | 2(63) | 3(62) | 4(54) | 5(49) | | | | | |
| | | | | 6(42) | 7(43) | 8(78) | 9(32) | 10(76) | | | | | |
| | | | | 11(39) | 12(200) | Meta | | | | | | | |
| 1 | 713 | González Peña Toledo TOLEDO | 41:41 | 2:22 +0:18 (5) | 3:50 +0:26 (4) | 7:08 +0:14 (2) | 11:05 +0:46 (3) | 16:30 +1:17 (3) | | | | | |
| | | | | 2:22 +0:18 (5) | 1:28 +0:08 (5) | 3:18 +0:03 (2) | 3:57 +0:54 (10) | 5:25 +1:24 (12) | | | | | |
| | | | | 19:39 0:00 (1) | 26:06 0:00 (1) | 28:32 0:00 (1) | 34:50 0:00 (1) | 37:47 0:00 (1) | | | | | |
| | | | | 3:09 0:00 (1) | 6:27 0:00 (1) | 2:26 0:00 (1) | 6:18 0:00 (1) | 2:57 0:00 (1) | | | | | |
| | | | | 38:57 0:00 (1) | 41:26 0:00 (1) | 41:41 0:00 (1) | | | | | | | |
| | | | | 1:10 +0:01 (2) | 2:29 +0:02 (2) | 0:15 0:00 (1) | | | | | | | |
| 2 | 7 | Misas Bernardi Sevilla ADOL | 51:46 | 2:18 +0:14 (3) | 3:50 +0:26 (4) | 8:42 +1:48 (6) | 12:09 +1:50 (5) | 16:17 +1:04 (2) | | | | | |
| | | | | 2:18 +0:14 (3) | 1:32 +0:12 (6) | 4:52 +1:37 (8) | 3:27 +0:24 (5) | 4:08 +0:07 (2) | | | | | |
| | | | | 20:16 +0:37 (2) | 32:41 +6:35 (7) | 36:25 +7:53 (6) | 43:50 +9:00 (3) | 47:26 +9:39 (3) | | | | | |
| | | | | 3:59 +0:50 (4) | 12:25 +5:58 (13) | 3:44 +1:18 (5) | 7:25 +1:07 (2) | 3:36 +0:39 (3) | | | | | |
| | | | | 48:35 +9:38 (2) | 51:29 +10:03 (2) | 51:46 +10:05 (2) | | | | | | | |
| | | | | 1:09 0:00 (1) | 2:54 +0:27 (5) | 0:17 +0:02 (5) | | | | | | | |
| 3 | 712 | Basarán Van Ha Toledo TOLEDO | 52:25 | 2:21 +0:17 (4) | 3:46 +0:22 (3) | 7:54 +1:00 (4) | 10:57 +0:38 (2) | 15:13 0:00 (1) | | | | | |
| | | | | 2:21 +0:17 (4) | 1:25 +0:05 (3) | 4:08 +0:53 (5) | 3:03 0:00 (1) | 4:16 +0:15 (3) | | | | | |
| | | | | 20:24 +0:45 (3) | 29:25 +3:19 (2) | 35:02 +6:30 (4) | 43:19 +8:29 (2) | 47:12 +9:25 (2) | | | | | |
| | | | | 5:11 +2:02 (9) | 9:01 +2:34 (6) | 5:37 +3:11 (10) | 8:17 +1:59 (5) | 3:53 +0:56 (5) | | | | | |
| | | | | 49:08 +10:11 (3) | 52:09 +10:43 (3) | 52:25 +10:44 (3) | | | | | | | |
| | | | | 1:56 +0:47 (10) | 3:01 +0:34 (7) | 0:16 +0:01 (3) | | | | | | | |
| 4 | 806 | García Vendrell Valencia VALEN | 53:31 | 3:02 +0:58 (14) | 4:50 +1:26 (13) | 9:24 +2:30 (8) | 14:32 +4:13 (8) | 19:37 +4:24 (8) | | | | | |
| | | | | 3:02 +0:58 (14) | 1:48 +0:28 (11) | 4:34 +1:19 (7) | 5:08 +2:05 (14) | 5:05 +1:04 (10) | | | | | |
| | | | | 23:37 +3:58 (6) | 32:15 +6:09 (5) | 35:44 +7:12 (5) | 44:38 +9:48 (4) | 48:40 +10:53 (5) | | | | | |
| | | | | 4:00 +0:51 (5) | 8:38 +2:11 (5) | 3:29 +1:03 (4) | 8:54 +2:36 (8) | 4:02 +1:05 (7) | | | | | |
| | | | | 50:14 +11:17 (4) | 53:12 +11:46 (4) | 53:31 +11:50 (4) | | | | | | | |
| | | | | 1:34 +0:25 (7) | 2:58 +0:31 (6) | 0:19 +0:04 (8) | | | | | | | |
| 5 | 714 | Márquez Martín Toledo TOLEDO | 55:51 | 2:15 +0:11 (2) | 3:39 +0:15 (2) | 6:54 0:00 (1) | 10:19 0:00 (1) | 19:26 +4:13 (7) | | | | | |
| | | | | 2:15 +0:11 (2) | 1:24 +0:04 (2) | 3:15 0:00 (1) | 3:25 +0:22 (4) | 9:07 +5:06 (19) | | | | | |
| | | | | 24:37 +4:58 (8) | 31:29 +5:23 (4) | 34:15 +5:43 (3) | 45:49 +10:59 (6) | 51:27 +13:40 (7) | | | | | |
| | | | | 5:11 +2:02 (9) | 6:52 +0:25 (2) | 2:46 +0:20 (2) | 11:34 +5:16 (13) | 5:38 +2:41 (16) | | | | | |
| | | | | 52:41 +13:44 (5) | 55:32 +14:06 (5) | 55:51 +14:10 (5) | | | | | | | |
| | | | | 1:14 +0:05 (3) | 2:51 +0:24 (3) | 0:19 +0:04 (9) | | | | | | | |
| 6 | 526 | Molina García P Ciudad Real MA | 56:13 | 2:55 +0:51 (11) | 4:20 +0:56 (7) | 8:28 +1:34 (5) | 11:46 +1:27 (4) | 16:42 +1:29 (4) | | | | | |
| | | | | 2:55 +0:51 (11) | 1:25 +0:05 (3) | 4:08 +0:53 (5) | 3:18 +0:15 (2) | 4:56 +0:55 (9) | | | | | |
| | | | | 22:08 +2:29 (4) | 30:03 +3:57 (3) | 33:26 +4:54 (2) | 44:47 +9:57 (5) | 48:32 +10:45 (4) | | | | | |
| | | | | 5:26 +2:17 (12) | 7:55 +1:28 (3) | 3:23 +0:57 (3) | 11:21 +5:03 (11) | 3:45 +0:48 (4) | | | | | |
| | | | | 53:00 +14:03 (6) | 55:51 +14:25 (6) | 56:13 +14:32 (6) | | | | | | | |
| | | | | 4:28 +3:19 (18) | 2:51 +0:24 (3) | 0:22 +0:07 (17) | | | | | | | |
| 7 | 885 | Roberto Sara [070] COC-P | 57:30 | 2:38 +0:34 (8) | 4:27 +1:03 (8) | 10:39 +3:45 (9) | 14:01 +3:42 (7) | 20:07 +4:54 (9) | | | | | |
| | | | | 2:38 +0:34 (8) | 1:49 +0:29 (12) | 6:12 +2:57 (10) | 3:22 +0:19 (3) | 6:06 +2:05 (15) | | | | | |
| | | | | 25:09 +5:30 (9) | 33:39 +7:33 (8) | 38:53 +10:21 (8) | 47:05 +12:15 (7) | 51:20 +13:33 (6) | | | | | |
| | | | | 5:02 +1:53 (7) | 8:30 +2:03 (4) | 5:14 +2:48 (9) | 8:12 +1:54 (4) | 4:15 +1:18 (8) | | | | | |
| | | | | 53:24 +14:27 (7) | 57:07 +15:41 (7) | 57:30 +15:49 (7) | | | | | | | |
| | | | | 2:04 +0:55 (11) | 3:43 +1:16 (13) | 0:23 +0:08 (19) | | | | | | | |
| 8 | 807 | García Vendrell Valencia VALEN | 59:11 | 3:01 +0:57 (13) | 5:00 +1:36 (15) | 13:26 +6:32 (16) | 17:20 +7:01 (13) | 23:24 +8:11 (14) | | | | | |
| | | | | 3:01 +0:57 (13) | 1:59 +0:39 (15) | 8:26 +5:11 (17) | 3:54 +0:51 (8) | 6:04 +2:03 (14) | | | | | |
| | | | | 26:49 +7:10 (11) | 36:25 +10:19 (9) | 40:35 +12:03 (9) | 49:37 +14:47 (9) | 53:57 +16:10 (9) | | | | | |
| | | | | 3:25 +0:16 (3) | 9:36 +3:09 (7) | 4:10 +1:44 (7) | 9:02 +2:44 (9) | 4:20 +1:23 (12) | | | | | |
| | | | | 55:42 +16:45 (9) | 58:51 +17:25 (8) | 59:11 +17:30 (8) | | | | | | | |
| | | | | 1:45 +0:36 (9) | 3:09 +0:42 (8) | 0:20 +0:05 (10) | | | | | | | |
| 9 | 677 | Vidal Palacios S Alicante SANT J | 59:21 | 2:46 +0:42 (9) | 4:43 +1:19 (11) | 10:45 +3:51 (10) | 14:41 +4:22 (9) | 18:59 +3:46 (6) | | | | | |
| | | | | 2:46 +0:42 (9) | 1:57 +0:37 (14) | 6:02 +2:47 (9) | 3:56 +0:53 (9) | 4:18 +0:17 (4) | | | | | |
| | | | | 22:20 +2:41 (5) | 32:19 +6:13 (6) | 36:37 +8:05 (7) | 48:23 +13:33 (8) | 53:24 +15:37 (8) | | | | | |
| | | | | 3:21 +0:12 (2) | 9:59 +3:32 (9) | 4:18 +1:52 (8) | 11:46 +5:28 (14) | 5:01 +2:04 (14) | | | | | |
| | | | | 54:58 +16:01 (8) | 59:03 +17:37 (9) | 59:21 +17:40 (9) | | | | | | | |
| | | | | 1:34 +0:25 (7) | 4:05 +1:38 (15) | 0:18 +0:03 (6) | | | | | | | |
| 10 | 650 | Bores Escuder Palencia ORCA | 1:02:32 | 2:35 +0:31 (7) | 4:43 +1:19 (11) | 8:45 +1:51 (7) | 12:25 +2:06 (6) | 16:43 +1:30 (5) | | | | | |
| | | | | 2:35 +0:31 (7) | 2:08 +0:48 (17) | 4:02 +0:47 (4) | 3:40 +0:37 (6) | 4:18 +0:17 (4) | | | | | |
| | | | | 24:20 +4:41 (7) | 38:03 +11:57 (10) | 43:45 +15:13 (10) | 52:13 +17:23 (10) | 56:29 +18:42 (10) | | | | | |
| | | | | 7:37 +4:28 (15) | 13:43 +7:16 (15) | 5:42 +3:16 (11) | 8:28 +2:10 (6) | 4:16 +1:19 (9) | | | | | |
| | | | | 58:37 +19:40 (10) | 1:02:10 +20:44 (10) | 1:02:32 +20:51 (10) | | | | | | | |
| | | | | 2:08 +0:59 (13) | 3:33 +1:06 (12) | 0:22 +0:07 (18) | | | | | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 115 m | 12 C | (cont.) | | | |
|------------|--|---|-----------------|---------------------|---------------------|---------------------|---------------------|---------------------|------------------|------------------|-----------------|
| | | | | 1(41) | 2(63) | 3(62) | 4(54) | 5(49) | | | |
| | | | | 6(42) | 7(43) | 8(78) | 9(32) | 10(76) | | | |
| | | | | 11(39) | 12(200) | Meta | | | | | |
| 11 | 344 | Defez Cernicha Albacete GODIH | 1:03:54 | 2:04 | 0:00 (1) | 3:24 | 0:00 (1) | 7:12 +0:18 (3) | 18:02 +7:43 (14) | 22:03 +6:50 (12) | |
| | | | | 2:04 | 0:00 (1) | 1:20 | 0:00 (1) | 3:48 +0:33 (3) | 10:50 +7:47 (19) | 4:01 | 0:00 (1) |
| | | | | 28:09 +8:30 (12) | 41:06 +15:00 (12) | 45:01 +16:29 (11) | 56:23 +21:33 (12) | 59:42 +21:55 (11) | | | |
| | | | | 6:06 +2:57 (13) | 12:57 +6:30 (14) | 3:55 +1:29 (6) | 11:22 +5:04 (12) | 3:19 +0:22 (2) | | | |
| | | | | 1:01:06 +22:09 (11) | 1:03:33 +22:07 (11) | 1:03:54 +22:13 (11) | | | | | |
| | | | | 1:24 +0:15 (5) | 2:27 | 0:00 (1) | 0:21 +0:06 (13) | | | | |
| 12 | 883 | Esteves Beatriz [070] COC-P | 1:08:08 | 2:46 +0:42 (9) | 4:36 +1:12 (10) | 11:12 +4:18 (11) | 18:31 +8:12 (15) | 23:07 +7:54 (13) | | | |
| | | | | 2:46 +0:42 (9) | 1:50 +0:30 (13) | 6:36 +3:21 (13) | 7:19 +4:16 (16) | 4:36 +0:35 (6) | | | |
| | | | | 34:05 +14:26 (15) | 45:08 +19:02 (14) | 50:59 +22:27 (14) | 59:00 +24:10 (13) | 1:02:58 +25:11 (12) | | | |
| | | | | 10:58 +7:49 (18) | 11:03 +4:36 (11) | 5:51 +3:25 (13) | 8:01 +1:43 (3) | 3:58 +1:01 (6) | | | |
| | | | | 1:04:31 +25:34 (12) | 1:07:47 +26:21 (12) | 1:08:08 +26:27 (12) | | | | | |
| | | | | 1:33 +0:24 (6) | 3:16 +0:49 (9) | 0:21 +0:06 (14) | | | | | |
| 13 | 897 | Almeida Marian [094] CPOC | 1:09:38 | 3:06 +1:02 (15) | 4:53 +1:29 (14) | 12:45 +5:51 (15) | 17:19 +7:00 (12) | 24:06 +8:53 (15) | | | |
| | | | | 3:06 +1:02 (15) | 1:47 +0:27 (9) | 7:52 +4:37 (16) | 4:34 +1:31 (12) | 6:47 +2:46 (17) | | | |
| | | | | 29:12 +9:33 (13) | 38:50 +12:44 (11) | 47:20 +18:48 (12) | 55:55 +21:05 (11) | 1:02:59 +25:12 (13) | | | |
| | | | | 5:06 +1:57 (8) | 9:38 +3:11 (8) | 8:30 +6:04 (19) | 8:35 +2:17 (7) | 7:04 +4:07 (17) | | | |
| | | | | 1:05:11 +26:14 (13) | 1:09:22 +27:56 (13) | 1:09:38 +27:57 (13) | | | | | |
| | | | | 2:12 +1:03 (14) | 4:11 +1:44 (16) | 0:16 +0:01 (4) | | | | | |
| 14 | 898 | Henriques Raqu [094] CPOC | 1:14:50 | 2:56 +0:52 (12) | 4:32 +1:08 (9) | 11:59 +5:05 (13) | 16:45 +6:26 (11) | 21:33 +6:20 (11) | | | |
| | | | | 2:56 +0:52 (12) | 1:36 +0:16 (7) | 7:27 +4:12 (14) | 4:46 +1:43 (13) | 4:48 +0:47 (7) | | | |
| | | | | 34:02 +14:23 (14) | 44:06 +18:00 (13) | 50:36 +22:04 (13) | 1:05:36 +30:46 (14) | 1:09:53 +32:06 (14) | | | |
| | | | | 12:29 +9:20 (19) | 10:04 +3:37 (10) | 6:30 +4:04 (15) | 15:00 +8:42 (16) | 4:17 +1:20 (11) | | | |
| | | | | 1:11:12 +32:15 (14) | 1:14:29 +33:03 (14) | 1:14:50 +33:09 (14) | | | | | |
| | | | | 1:19 +0:10 (4) | 3:17 +0:50 (10) | 0:21 +0:06 (14) | | | | | |
| 15 | 899 | Moreira Mafald [094] CPOC | 1:16:01 | 3:18 +1:14 (17) | 5:02 +1:38 (16) | 11:14 +4:20 (12) | 15:25 +5:06 (10) | 20:47 +5:34 (10) | | | |
| | | | | 3:18 +1:14 (17) | 1:44 +0:24 (8) | 6:12 +2:57 (10) | 4:11 +1:08 (11) | 5:22 +1:21 (11) | | | |
| | | | | 25:22 +5:43 (10) | 46:32 +20:26 (15) | 53:17 +24:45 (15) | 1:05:51 +31:01 (15) | 1:10:07 +32:20 (15) | | | |
| | | | | 4:35 +1:26 (6) | 21:10 +14:43 (19) | 6:45 +4:19 (17) | 12:34 +6:16 (15) | 4:16 +1:19 (9) | | | |
| | | | | 1:12:14 +33:17 (15) | 1:15:40 +34:14 (15) | 1:16:01 +34:20 (15) | | | | | |
| | | | | 2:07 +0:58 (12) | 3:26 +0:59 (11) | 0:21 +0:06 (12) | | | | | |
| 16 | 400 | Santabárbara G Zaragoza IBÓN | 1:21:14 | 3:09 +1:05 (16) | 5:14 +1:50 (17) | 19:54 +13:00 (19) | 23:46 +13:27 (18) | 30:01 +14:48 (18) | | | |
| | | | | 3:09 +1:05 (16) | 2:05 +0:45 (16) | 14:40 +11:25 (19) | 3:52 +0:49 (7) | 6:15 +2:14 (16) | | | |
| | | | | 39:02 +19:23 (19) | 51:19 +25:13 (18) | 59:41 +31:09 (19) | 1:09:46 +34:56 (16) | 1:14:42 +36:55 (16) | | | |
| | | | | 9:01 +5:52 (17) | 12:17 +5:50 (12) | 8:22 +5:56 (18) | 10:05 +3:47 (10) | 4:56 +1:59 (13) | | | |
| | | | | 1:17:13 +38:16 (16) | 1:20:58 +39:32 (16) | 1:21:14 +39:33 (16) | | | | | |
| | | | | 2:31 +1:22 (16) | 3:45 +1:18 (14) | 0:16 +0:01 (2) | | | | | |
| 17 | 668 | Flórez-Estrada La Rioja RIOJA- | 1:27:04 | 3:34 +1:30 (18) | 6:01 +2:37 (18) | 12:14 +5:20 (14) | 19:50 +9:31 (16) | 26:59 +11:46 (17) | | | |
| | | | | 3:34 +1:30 (18) | 2:27 +1:07 (18) | 6:13 +2:58 (12) | 7:36 +4:33 (17) | 7:09 +3:08 (18) | | | |
| | | | | 34:21 +14:42 (17) | 49:12 +23:06 (16) | 55:50 +27:18 (16) | 1:11:25 +36:35 (17) | 1:19:35 +41:48 (17) | | | |
| | | | | 7:22 +4:13 (14) | 14:51 +8:24 (16) | 6:38 +4:12 (16) | 15:35 +9:17 (17) | 8:10 +5:13 (19) | | | |
| | | | | 1:22:17 +43:20 (17) | 1:26:45 +45:19 (17) | 1:27:04 +45:23 (17) | | | | | |
| | | | | 2:42 +1:33 (17) | 4:28 +2:01 (17) | 0:19 +0:04 (7) | | | | | |
| 18 | 767 | Navarro Moren Murcia TOTANA | 1:32:51 | 4:09 +2:05 (19) | 7:08 +3:44 (20) | 14:45 +7:51 (17) | 20:23 +10:04 (17) | 26:00 +10:47 (16) | | | |
| | | | | 4:09 +2:05 (19) | 2:59 +1:39 (20) | 7:37 +4:22 (15) | 5:38 +2:35 (15) | 5:37 +1:36 (13) | | | |
| | | | | 34:06 +14:27 (16) | 50:51 +24:45 (17) | 56:51 +28:19 (17) | 1:18:00 +43:10 (18) | 1:25:04 +47:17 (18) | | | |
| | | | | 8:06 +4:57 (16) | 16:45 +10:18 (18) | 6:00 +3:34 (14) | 21:09 +14:51 (18) | 7:04 +4:07 (17) | | | |
| | | | | 1:27:28 +48:31 (18) | 1:32:26 +51:00 (18) | 1:32:51 +51:10 (18) | | | | | |
| | | | | 2:24 +1:15 (15) | 4:58 +2:31 (18) | 0:25 +0:10 (20) | | | | | |
| | | 884 Jesus Catarina [070] COC-P | en tarj. | 2:27 +0:23 (6) | 4:14 +0:50 (6) | ----- | 33:00 | 41:02 | | | |
| | | | | 2:27 +0:23 (6) | 1:47 +0:27 (9) | ----- | 28:46 | 8:02 | | | |
| | | | | 45:39 | ----- | 1:15:26 | ----- | ----- | | | |
| | | | | 4:37 | ----- | 29:47 | ----- | ----- | | | |
| | | | | ----- | 1:35:24 | 1:35:45 | ----- | ----- | | | |
| | | | | ----- | 19:58 | 0:21 +0:05 (11) | ----- | ----- | | | |
| 138 | Gago Macías M Badajoz CODAN | en tarj. | | 4:09 +2:05 (19) | 6:37 +3:13 (19) | 16:21 +9:27 (18) | 26:15 +15:56 (19) | 31:06 +15:53 (19) | | | |
| | | | | 4:09 +2:05 (19) | 2:28 +1:08 (19) | 9:44 +6:29 (18) | 9:54 +6:51 (18) | 4:51 +0:50 (8) | | | |
| | | | | 36:26 +16:47 (18) | 51:22 +25:16 (19) | 57:10 +28:38 (18) | 1:24:31 +49:41 (19) | 1:29:59 +52:12 (19) | | | |
| | | | | 5:20 +2:11 (11) | 14:56 +8:29 (17) | 5:48 +3:22 (12) | 27:21 +21:03 (19) | 5:28 +2:31 (15) | | | |
| | | | | ----- | 1:37:30 | 1:37:52 | ----- | ----- | | | |
| | | | | ----- | 7:31 | 0:22 +0:06 (16) | ----- | ----- | | | |

| s | sal | Nombre | tiempo | 3,1 km 115 m 12 C | | | | | | | | | | | | | | | | | |
|----|-----|-----------------------------------|--------|-------------------|--------|------|---------|--------|------|-------|--------|------|-------|--------|------|--------|--------|------|--|--|--|
| | | | | 1(50) | | | 2(63) | | | 3(62) | | | 4(54) | | | 5(77) | | | | | |
| | | | | 6(49) | | | 7(31) | | | 8(57) | | | 9(46) | | | 10(76) | | | | | |
| | | | | 11(39) | | | 12(200) | | | Meta | | | | | | | | | | | |
| 1 | 209 | Crespo Gonzál Málaga COMA | 35:57 | 2:31 | +0:11 | (4) | 4:06 | 0:00 | (1) | 7:06 | 0:00 | (1) | 9:46 | 0:00 | (1) | 10:47 | 0:00 | (1) | | | |
| | | | | 2:31 | +0:11 | (4) | 1:35 | 0:00 | (1) | 3:00 | 0:00 | (1) | 2:40 | 0:00 | (1) | 1:01 | 0:00 | (1) | | | |
| | | | | 13:00 | 0:00 | (1) | 15:00 | 0:00 | (1) | 19:54 | 0:00 | (1) | 23:24 | 0:00 | (1) | 25:36 | 0:00 | (1) | | | |
| | | | | 2:13 | +0:04 | (2) | 2:00 | 0:00 | (1) | 4:54 | 0:00 | (1) | 3:30 | 0:00 | (1) | 2:12 | 0:00 | (1) | | | |
| | | | | 33:24 | 0:00 | (1) | 35:40 | 0:00 | (1) | 35:57 | 0:00 | (1) | | | | | | | | | |
| | | | | 7:48 | +6:41 | (14) | 2:16 | +0:06 | (2) | 0:17 | +0:02 | (6) | | | | | | | | | |
| 2 | 300 | Martí Barclay El Cádiz FUNDI-O | 36:32 | 2:56 | +0:36 | (8) | 5:00 | +0:54 | (5) | 8:49 | +1:43 | (4) | 11:36 | +1:50 | (4) | 12:46 | +1:59 | (4) | | | |
| | | | | 2:56 | +0:36 | (8) | 2:04 | +0:29 | (7) | 3:49 | +0:49 | (3) | 2:47 | +0:07 | (4) | 1:10 | +0:09 | (2) | | | |
| | | | | 14:55 | +1:55 | (2) | 17:31 | +2:31 | (2) | 24:14 | +4:20 | (2) | 29:56 | +6:32 | (2) | 32:23 | +6:47 | (2) | | | |
| | | | | 2:09 | 0:00 | (1) | 2:36 | +0:36 | (3) | 6:43 | +1:49 | (7) | 5:42 | +2:12 | (6) | 2:27 | +0:15 | (5) | | | |
| | | | | 33:55 | +0:31 | (2) | 36:14 | +0:34 | (2) | 36:32 | +0:35 | (2) | | | | | | | | | |
| | | | | 1:32 | +0:25 | (9) | 2:19 | +0:09 | (3) | 0:18 | +0:03 | (8) | | | | | | | | | |
| 3 | 641 | Pozo Prada Ine Madrid O-GETA | 37:10 | 2:26 | +0:06 | (3) | 4:18 | +0:12 | (3) | 8:45 | +1:39 | (3) | 11:30 | +1:44 | (3) | 12:43 | +1:56 | (3) | | | |
| | | | | 2:26 | +0:06 | (3) | 1:52 | +0:17 | (3) | 4:27 | +1:27 | (6) | 2:45 | +0:05 | (3) | 1:13 | +0:12 | (3) | | | |
| | | | | 15:44 | +2:44 | (3) | 18:51 | +3:51 | (3) | 25:06 | +5:12 | (3) | 30:55 | +7:31 | (3) | 33:21 | +7:45 | (3) | | | |
| | | | | 3:01 | +0:52 | (4) | 3:07 | +1:07 | (6) | 6:15 | +1:21 | (3) | 5:49 | +2:19 | (7) | 2:26 | +0:14 | (4) | | | |
| | | | | 34:43 | +1:19 | (3) | 36:53 | +1:13 | (3) | 37:10 | +1:13 | (3) | | | | | | | | | |
| | | | | 1:22 | +0:15 | (5) | 2:10 | 0:00 | (1) | 0:17 | +0:02 | (5) | | | | | | | | | |
| 4 | 835 | Soriano Ramal Alicante VILLEN | 42:13 | 3:07 | +0:47 | (10) | 5:10 | +1:04 | (6) | 12:02 | +4:56 | (11) | 15:01 | +5:15 | (9) | 16:34 | +5:47 | (6) | | | |
| | | | | 3:07 | +0:47 | (10) | 2:03 | +0:28 | (6) | 6:52 | +3:52 | (13) | 2:59 | +0:19 | (5) | 1:33 | +0:32 | (7) | | | |
| | | | | 20:31 | +7:31 | (7) | 23:39 | +8:39 | (6) | 29:26 | +9:32 | (5) | 34:52 | +11:28 | (4) | 37:39 | +12:03 | (4) | | | |
| | | | | 3:57 | +1:48 | (9) | 3:08 | +1:08 | (7) | 5:47 | +0:53 | (2) | 5:26 | +1:56 | (2) | 2:47 | +0:35 | (8) | | | |
| | | | | 39:05 | +5:41 | (4) | 41:57 | +6:17 | (4) | 42:13 | +6:16 | (4) | | | | | | | | | |
| | | | | 1:26 | +0:19 | (6) | 2:52 | +0:42 | (9) | 0:16 | +0:01 | (3) | | | | | | | | | |
| 5 | 900 | Sanguino Beatri [094] CPOC | 43:33 | 4:09 | +1:49 | (12) | 5:45 | +1:39 | (9) | 11:47 | +4:41 | (10) | 14:51 | +5:05 | (8) | 16:35 | +5:48 | (7) | | | |
| | | | | 4:09 | +1:49 | (12) | 1:36 | +0:01 | (2) | 6:02 | +3:02 | (12) | 3:04 | +0:24 | (6) | 1:44 | +0:43 | (9) | | | |
| | | | | 21:13 | +8:13 | (8) | 23:43 | +8:43 | (7) | 30:13 | +10:19 | (7) | 37:35 | +14:11 | (6) | 39:51 | +14:15 | (6) | | | |
| | | | | 4:38 | +2:29 | (10) | 2:30 | +0:30 | (2) | 6:30 | +1:36 | (5) | 7:22 | +3:52 | (11) | 2:16 | +0:04 | (2) | | | |
| | | | | 40:58 | +7:34 | (5) | 43:19 | +7:39 | (5) | 43:33 | +7:36 | (5) | | | | | | | | | |
| | | | | 1:07 | 0:00 | (1) | 2:21 | +0:11 | (4) | 0:14 | 0:00 | (1) | | | | | | | | | |
| 6 | 660 | Toledo Navarro Cuenca ORIENTI | 44:41 | 2:34 | +0:14 | (5) | 4:26 | +0:20 | (4) | 7:53 | +0:47 | (2) | 11:06 | +1:20 | (2) | 12:27 | +1:40 | (2) | | | |
| | | | | 2:34 | +0:14 | (5) | 1:52 | +0:17 | (3) | 3:27 | +0:27 | (2) | 3:13 | +0:33 | (7) | 1:21 | +0:20 | (6) | | | |
| | | | | 15:56 | +2:56 | (4) | 22:24 | +7:24 | (4) | 28:39 | +8:45 | (4) | 37:39 | +14:15 | (7) | 40:12 | +14:36 | (7) | | | |
| | | | | 3:29 | +1:20 | (6) | 6:28 | +4:28 | (14) | 6:15 | +1:21 | (3) | 9:00 | +5:30 | (14) | 2:33 | +0:21 | (6) | | | |
| | | | | 41:42 | +8:18 | (6) | 44:22 | +8:42 | (6) | 44:41 | +8:44 | (6) | | | | | | | | | |
| | | | | 1:30 | +0:23 | (7) | 2:40 | +0:30 | (7) | 0:19 | +0:04 | (10) | | | | | | | | | |
| 7 | 886 | Lima Helena [070] COC-P | 45:04 | 3:00 | +0:40 | (9) | 5:11 | +1:05 | (7) | 11:07 | +4:01 | (8) | 15:03 | +5:17 | (10) | 16:38 | +5:51 | (9) | | | |
| | | | | 3:00 | +0:40 | (9) | 2:11 | +0:36 | (8) | 5:56 | +2:56 | (11) | 3:56 | +1:16 | (8) | 1:35 | +0:34 | (8) | | | |
| | | | | 21:24 | +8:24 | (9) | 25:02 | +10:02 | (8) | 33:09 | +13:15 | (9) | 38:38 | +15:14 | (9) | 41:03 | +15:27 | (9) | | | |
| | | | | 4:46 | +2:37 | (11) | 3:38 | +1:38 | (10) | 8:07 | +3:13 | (10) | 5:29 | +1:59 | (3) | 2:25 | +0:13 | (3) | | | |
| | | | | 42:18 | +8:54 | (8) | 44:48 | +9:08 | (7) | 45:04 | +9:07 | (7) | | | | | | | | | |
| | | | | 1:15 | +0:08 | (2) | 2:30 | +0:20 | (5) | 0:16 | +0:02 | (4) | | | | | | | | | |
| 8 | 715 | Rodriguez Diaz Toledo TOLEDO | 45:07 | 2:23 | +0:03 | (2) | 4:17 | +0:11 | (2) | 9:34 | +2:28 | (5) | 14:45 | +4:59 | (7) | 16:40 | +5:53 | (10) | | | |
| | | | | 2:23 | +0:03 | (2) | 1:54 | +0:19 | (5) | 5:17 | +2:17 | (9) | 5:11 | +2:31 | (12) | 1:55 | +0:54 | (10) | | | |
| | | | | 19:55 | +6:55 | (6) | 25:12 | +10:12 | (9) | 32:18 | +12:24 | (8) | 37:55 | +14:31 | (8) | 40:54 | +15:18 | (8) | | | |
| | | | | 3:15 | +1:06 | (5) | 5:17 | +3:17 | (13) | 7:06 | +2:12 | (8) | 5:37 | +2:07 | (5) | 2:59 | +0:47 | (9) | | | |
| | | | | 42:11 | +8:47 | (7) | 44:52 | +9:12 | (8) | 45:07 | +9:10 | (8) | | | | | | | | | |
| | | | | 1:17 | +0:10 | (4) | 2:41 | +0:31 | (8) | 0:15 | +0:01 | (2) | | | | | | | | | |
| 9 | 125 | Illa Camps Ann Barcelona COC | 45:43 | 2:20 | 0:00 | (1) | 7:24 | +3:18 | (12) | 11:36 | +4:30 | (9) | 14:19 | +4:33 | (5) | 15:39 | +4:52 | (5) | | | |
| | | | | 2:20 | 0:00 | (1) | 5:04 | +3:29 | (13) | 4:12 | +1:12 | (4) | 2:43 | +0:03 | (2) | 1:20 | +0:19 | (5) | | | |
| | | | | 18:08 | +5:08 | (5) | 23:03 | +8:03 | (5) | 29:39 | +9:45 | (6) | 35:09 | +11:45 | (5) | 38:16 | +12:40 | (5) | | | |
| | | | | 2:29 | +0:20 | (3) | 4:55 | +2:55 | (12) | 6:36 | +1:42 | (6) | 5:30 | +2:00 | (4) | 3:07 | +0:55 | (11) | | | |
| | | | | 42:30 | +9:06 | (9) | 45:24 | +9:44 | (9) | 45:43 | +9:46 | (9) | | | | | | | | | |
| | | | | 4:14 | +3:07 | (13) | 2:54 | +0:44 | (10) | 0:19 | +0:04 | (12) | | | | | | | | | |
| 10 | 768 | Martínez Ibañez Murcia TOTANA | 48:49 | 3:25 | +1:05 | (11) | 6:13 | +2:07 | (10) | 10:29 | +3:23 | (6) | 14:29 | +4:43 | (6) | 16:35 | +5:48 | (7) | | | |
| | | | | 3:25 | +1:05 | (11) | 2:48 | +1:13 | (10) | 4:16 | +1:16 | (5) | 4:00 | +1:20 | (9) | 2:06 | +1:05 | (13) | | | |
| | | | | 22:55 | +9:55 | (10) | 26:20 | +11:20 | (10) | 33:31 | +13:37 | (10) | 41:28 | +18:04 | (10) | 44:04 | +18:28 | (10) | | | |
| | | | | 6:20 | +4:11 | (14) | 3:25 | +1:25 | (8) | 7:11 | +2:17 | (9) | 7:57 | +4:27 | (13) | 2:36 | +0:24 | (7) | | | |
| | | | | 45:53 | +12:29 | (10) | 48:31 | +12:51 | (10) | 48:49 | +12:52 | (10) | | | | | | | | | |
| | | | | 1:49 | +0:42 | (11) | 2:38 | +0:28 | (6) | 0:18 | +0:03 | (7) | | | | | | | | | |

| s | sal | Nombre | tiempo | 3,1 km 115 m | | 12 C | (cont.) | | | |
|-------------------|-----|--|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|
| | | | | 1(50) | 2(63) | 3(62) | 4(54) | 5(77) | | |
| | | | | 6(49) | 7(31) | 8(57) | 9(46) | 10(76) | | |
| | | | | 11(39) | 12(200) | Meta | | | | |
| F-20A (15) | | | | | | | | | | |
| 11 | 42 | Martí Romani J Girona ALIGOTS | 55:06 | 2:45 +0:25 (6) | 5:43 +1:37 (8) | 10:55 +3:49 (7) | 18:36 +8:50 (12) | 19:53 +9:06 (12) | | |
| | | | | 2:45 +0:25 (6) | 2:58 +1:23 (11) | 5:12 +2:12 (7) | 7:41 +5:01 (13) | 1:17 +0:16 (4) | | |
| | | | | 23:45 +10:45 (11) | 26:40 +11:40 (11) | 41:34 +21:40 (12) | 47:27 +24:03 (12) | 50:34 +24:58 (12) | | |
| | | | | 3:52 +1:43 (8) | 2:55 +0:55 (4) | 14:54 +10:00 (14) | 5:53 +2:23 (8) | 3:07 +0:55 (11) | | |
| | | | | 51:49 +18:25 (12) | 54:45 +19:05 (11) | 55:06 +19:09 (11) | | | | |
| | | | | 1:15 +0:08 (2) | 2:56 +0:46 (11) | 0:21 +0:06 (14) | | | | |
| 12 | 91 | Garnacho Velas Valladolid CDP- | 55:14 | 2:49 +0:29 (7) | 8:56 +4:50 (14) | 14:25 +7:19 (13) | 19:22 +9:36 (13) | 21:22 +10:35 (13) | | |
| | | | | 2:49 +0:29 (7) | 6:07 +4:32 (15) | 5:29 +2:29 (10) | 4:57 +2:17 (11) | 2:00 +0:59 (12) | | |
| | | | | 24:58 +11:58 (12) | 28:31 +13:31 (12) | 37:43 +17:49 (11) | 45:16 +21:52 (11) | 48:57 +23:21 (11) | | |
| | | | | 3:36 +1:27 (7) | 3:33 +1:33 (9) | 9:12 +4:18 (12) | 7:33 +4:03 (12) | 3:41 +1:29 (14) | | |
| | | | | 51:09 +17:45 (11) | 54:53 +19:13 (12) | 55:14 +19:17 (12) | | | | |
| | | | | 2:12 +1:05 (12) | 3:44 +1:34 (14) | 0:21 +0:06 (13) | | | | |
| 13 | 857 | Castanheiro An [102] .COM | 1:03:47 | 4:50 +2:30 (13) | 7:51 +3:45 (13) | 13:03 +5:57 (12) | 17:49 +8:03 (11) | 19:47 +9:00 (11) | | |
| | | | | 4:50 +2:30 (13) | 3:01 +1:26 (12) | 5:12 +2:12 (7) | 4:46 +2:06 (10) | 1:58 +0:57 (11) | | |
| | | | | 35:12 +22:12 (13) | 39:48 +24:48 (13) | 48:26 +28:32 (13) | 55:08 +31:44 (13) | 58:45 +33:09 (13) | | |
| | | | | 15:25 +13:16 (15) | 4:36 +2:36 (11) | 8:38 +3:44 (11) | 6:42 +3:12 (9) | 3:37 +1:25 (13) | | |
| | | | | 1:00:17 +26:53 (13) | 1:03:28 +27:48 (13) | 1:03:47 +27:50 (13) | | | | |
| | | | | 1:32 +0:25 (9) | 3:11 +1:01 (12) | 0:19 +0:04 (11) | | | | |
| 14 | 258 | Lorenzo Calvo Valladolid COV | 1:07:19 | 4:54 +2:34 (14) | 7:09 +3:03 (11) | 18:53 +11:47 (14) | 27:05 +17:19 (14) | 32:04 +21:17 (14) | | |
| | | | | 4:54 +2:34 (14) | 2:15 +0:40 (9) | 11:44 +8:44 (15) | 8:12 +5:32 (14) | 4:59 +3:58 (15) | | |
| | | | | 37:28 +24:28 (14) | 40:34 +25:34 (14) | 52:04 +32:10 (14) | 59:16 +35:52 (14) | 1:02:16 +36:40 (14) | | |
| | | | | 5:24 +3:15 (12) | 3:06 +1:06 (5) | 11:30 +6:36 (13) | 7:12 +3:42 (10) | 3:00 +0:48 (10) | | |
| | | | | 1:03:47 +30:23 (14) | 1:07:01 +31:21 (14) | 1:07:19 +31:22 (14) | | | | |
| | | | | 1:31 +0:24 (8) | 3:14 +1:04 (13) | 0:18 +0:03 (9) | | | | |
| | 92 | Martín Pérez Ir Valladolid CDP- | andona | 9:08 +6:48 (15) | 14:22 +10:16 (15) | 26:01 +18:55 (15) | 34:45 +24:59 (15) | 39:08 +28:21 (15) | | |
| | | | | 9:08 +6:48 (15) | 5:14 +3:39 (14) | 11:39 +8:39 (14) | 8:44 +6:04 (15) | 4:23 +3:22 (14) | | |
| | | | | 45:21 +32:21 (15) | ---- | ---- | ---- | ---- | | |
| | | | | 6:13 +4:04 (13) | ---- | ---- | ---- | ---- | | |
| | | | | ---- | 1:29:15 | 1:29:37 | | | | |
| | | | | ---- | 43:54 | 0:22 +0:07 (15) | | | | |
| F-21A (15) | | | | | | | | | | |
| | | | | 1(72) | 2(34) | 3(33) | 4(62) | 5(54) | | |
| | | | | 6(31) | 7(43) | 8(60) | 9(46) | 10(76) | | |
| | | | | 11(74) | 12(200) | Meta | | | | |
| 1 | 185 | Perez Garcia BI Madrid COLMEN | 51:14 | 2:47 +0:59 (9) | 9:16 +2:49 (4) | 11:01 +2:36 (4) | 13:36 0:00 (1) | 17:00 0:00 (1) | | |
| | | | | 2:47 +0:59 (9) | 6:29 +2:35 (5) | 1:45 +0:14 (3) | 2:35 +0:22 (2) | 3:24 0:00 (1) | | |
| | | | | 22:46 0:00 (1) | 30:42 0:00 (1) | 40:08 0:00 (1) | 43:29 0:00 (1) | 46:24 0:00 (1) | | |
| | | | | 5:46 +0:02 (2) | 7:56 +2:21 (4) | 9:26 +2:31 (7) | 3:21 +0:41 (2) | 2:55 +0:07 (3) | | |
| | | | | 49:07 0:00 (1) | 50:55 0:00 (1) | 51:14 0:00 (1) | | | | |
| | | | | 2:43 0:00 (1) | 1:48 +0:14 (6) | 0:19 +0:04 (7) | | | | |
| 2 | 345 | Briz Martinez P Albacete GODIH | 54:30 | 4:16 +2:28 (11) | 9:11 +2:44 (3) | 10:56 +2:31 (3) | 15:22 +1:46 (3) | 19:15 +2:15 (3) | | |
| | | | | 4:16 +2:28 (11) | 4:55 +1:01 (2) | 1:45 +0:14 (3) | 4:26 +2:13 (11) | 3:53 +0:29 (3) | | |
| | | | | 26:59 +4:13 (2) | 34:25 +3:43 (2) | 41:50 +1:42 (2) | 45:46 +2:17 (2) | 49:26 +3:02 (2) | | |
| | | | | 7:44 +2:00 (7) | 7:26 +1:51 (3) | 7:25 +0:30 (2) | 3:56 +1:16 (4) | 3:40 +0:52 (12) | | |
| | | | | 52:37 +3:30 (2) | 54:15 +3:20 (2) | 54:30 +3:16 (2) | | | | |
| | | | | 3:11 +0:28 (4) | 1:38 +0:04 (2) | 0:15 0:00 (1) | | | | |
| 3 | 259 | Pérez Fernánde Valladolid COV | 1:07:53 | 2:09 +0:21 (5) | 12:08 +5:41 (7) | 14:17 +5:52 (7) | 17:00 +3:24 (6) | 21:56 +4:56 (4) | | |
| | | | | 2:09 +0:21 (5) | 9:59 +6:05 (9) | 2:09 +0:38 (7) | 2:43 +0:30 (4) | 4:56 +1:32 (7) | | |
| | | | | 29:30 +6:44 (4) | 35:29 +4:47 (3) | 54:04 +13:56 (4) | 58:34 +15:05 (3) | 1:01:55 +15:31 (3) | | |
| | | | | 7:34 +1:50 (6) | 5:59 +0:24 (2) | 18:35 +11:40 (13) | 4:30 +1:50 (9) | 3:21 +0:33 (10) | | |
| | | | | 1:05:07 +16:00 (3) | 1:07:28 +16:33 (3) | 1:07:53 +16:39 (3) | | | | |
| | | | | 3:12 +0:29 (5) | 2:21 +0:47 (14) | 0:25 +0:10 (13) | | | | |
| 4 | 577 | Peña Arroyo Es Toledo NAVALC | 1:09:00 | 2:33 +0:45 (7) | 6:27 0:00 (1) | 8:25 0:00 (1) | 15:48 +2:12 (4) | 22:30 +5:30 (5) | | |
| | | | | 2:33 +0:45 (7) | 3:54 0:00 (1) | 1:58 +0:27 (6) | 7:23 +5:10 (13) | 6:42 +3:18 (15) | | |
| | | | | 38:26 +15:40 (13) | 50:07 +19:25 (11) | 57:02 +16:54 (7) | 1:01:02 +17:33 (6) | 1:04:08 +17:44 (5) | | |
| | | | | 15:56 +10:12 (15) | 11:41 +6:06 (10) | 6:55 0:00 (1) | 4:00 +1:20 (6) | 3:06 +0:18 (6) | | |
| | | | | 1:07:07 +18:00 (4) | 1:08:45 +17:50 (4) | 1:09:00 +17:46 (4) | | | | |
| | | | | 2:59 +0:16 (3) | 1:38 +0:04 (2) | 0:15 +0:00 (2) | | | | |

| s | sal | Nombre | tiempo | 3,1 km 105 m | | 12 C | (cont.) | |
|-------------------|------------|---------------------------------------|----------------|--|--|---|---|---|
| | | | | 1(72) | 2(34) | 3(33) | 4(62) | 5(54) |
| | | | | 6(31) | 7(43) | 8(60) | 9(46) | 10(76) |
| | | | | 11(74) | 12(200) | Meta | | |
| F-21A (15) | | | | | | | | |
| 5 | 769 | Diaz Rivero Inm Murcia TOTANA | 1:10:03 | 6:10 +4:22 (12) 6:10 +4:22 (12) 37:34 +14:48 (10) 8:14 +2:30 (9) 1:07:34 +18:27 (5) 3:17 +0:34 (8) | 17:25 +10:58 (13) 11:15 +7:21 (10) 46:20 +15:38 (6) 8:46 +3:11 (6) 1:09:45 +18:50 (5) 2:11 +0:37 (10) | 19:38 +11:13 (12) 2:13 +0:42 (8) 57:28 +17:20 (8) 11:08 +4:13 (9) 1:10:03 +18:49 (5) 0:18 +0:02 (3) | 23:16 +9:40 (10) 3:38 +1:25 (8) 1:01:29 +18:00 (7) 4:01 +1:21 (7) | 29:20 +12:20 (10) 6:04 +2:40 (13) 1:04:17 +17:53 (7) 2:48 0:00 (1) |
| 6 | 873 | Cunha Tânia [159] COAAL | 1:10:47 | 6:17 +4:29 (13) 6:17 +4:29 (13) 30:26 +7:40 (6) 7:21 +1:37 (5) 1:08:29 +19:22 (7) 5:12 +2:29 (13) | 11:19 +4:52 (6) 5:02 +1:08 (3) 44:47 +14:05 (5) 14:21 +8:46 (12) 1:10:27 +19:32 (6) 1:58 +0:24 (8) | 13:12 +4:47 (5) 1:53 +0:22 (5) 53:36 +13:28 (3) 8:49 +1:54 (4) 1:10:47 +19:33 (6) 0:20 +0:04 (8) | 16:33 +2:57 (5) 3:21 +1:08 (6) 59:21 +15:52 (4) 5:45 +3:05 (13) | 23:05 +6:05 (6) 6:32 +3:08 (14) 1:03:17 +16:53 (4) 3:56 +1:08 (13) |
| 7 | 93 | Castro Manzan Valladolid CDP- | 1:11:53 | 2:45 +0:57 (8) 2:45 +0:57 (8) 37:45 +14:59 (11) 7:58 +2:14 (8) 1:09:20 +20:13 (8) 4:04 +1:21 (11) | 11:11 +4:44 (5) 8:26 +4:32 (7) 49:25 +18:43 (10) 11:40 +6:05 (9) 1:11:32 +20:37 (8) 2:12 +0:38 (11) | 14:04 +5:39 (6) 2:53 +1:22 (12) 57:51 +17:43 (9) 8:26 +1:31 (3) 1:11:53 +20:39 (7) 0:21 +0:05 (9) | 25:44 +12:08 (11) 11:40 +9:27 (15) 1:02:03 +18:34 (8) 4:12 +1:32 (8) | 29:47 +12:47 (11) 4:03 +0:39 (5) 1:05:16 +18:52 (8) 3:13 +0:25 (7) |
| 8 | 296 | Bellón Santos T Lugo FLUVIAL L | 1:12:11 | 3:00 +1:12 (10) 3:00 +1:12 (10) 35:55 +13:09 (7) 9:38 +3:54 (10) 1:08:11 +19:04 (6) 3:59 +1:16 (10) | 14:34 +8:07 (9) 11:34 +7:40 (11) 44:18 +13:36 (4) 8:23 +2:48 (5) 1:11:30 +20:35 (7) 3:19 +1:45 (15) | 18:10 +9:45 (10) 3:36 +2:05 (15) 55:48 +15:40 (5) 11:30 +4:35 (10) 1:12:11 +20:57 (8) 0:41 +0:26 (15) | 21:20 +7:44 (8) 3:10 +0:57 (5) 1:00:59 +17:30 (5) 5:11 +2:31 (11) | 26:17 +9:17 (9) 4:57 +1:33 (8) 1:04:12 +17:48 (6) 3:13 +0:25 (7) |
| 9 | 921 | Casaca Ana [133] GDU Azoia | 1:13:51 | 6:42 +4:54 (14) 6:42 +4:54 (14) 29:42 +6:56 (5) 6:22 +0:38 (4) 1:11:41 +22:34 (10) 3:12 +0:29 (5) | 14:05 +7:38 (8) 7:23 +3:29 (6) 49:14 +18:32 (9) 19:32 +13:57 (15) 1:13:30 +22:35 (9) 1:49 +0:15 (7) | 16:45 +8:20 (8) 2:40 +1:09 (11) 1:00:11 +20:03 (10) 10:57 +4:02 (8) 1:13:51 +22:37 (9) 0:21 +0:05 (9) | 19:26 +5:50 (7) 2:41 +0:28 (3) 1:05:28 +21:59 (11) 5:17 +2:37 (12) | 23:20 +6:20 (7) 3:54 +0:30 (4) 1:08:29 +22:05 (10) 3:01 +0:13 (4) |
| 10 | 770 | Segura López C Murcia TOTANA | 1:14:06 | 1:58 +0:10 (3) 1:58 +0:10 (3) 36:35 +13:49 (8) 10:59 +5:15 (12) 1:11:31 +22:24 (9) 4:20 +1:37 (12) | 15:10 +8:43 (10) 13:12 +9:18 (12) 47:49 +17:07 (8) 11:14 +5:39 (7) 1:13:44 +22:49 (10) 2:13 +0:39 (12) | 17:34 +9:09 (9) 2:24 +0:53 (9) 56:49 +16:41 (6) 9:00 +2:05 (5) 1:14:06 +22:52 (10) 0:22 +0:06 (11) | 21:20 +7:44 (8) 3:46 +1:33 (10) 1:03:46 +20:17 (9) 6:57 +4:17 (15) | 25:36 +8:36 (8) 4:16 +0:52 (6) 1:07:11 +20:47 (9) 3:25 +0:37 (11) |
| 11 | 791 | García Domene Alicante UNIVER | 1:15:40 | 1:55 +0:07 (2) 1:55 +0:07 (2) 46:58 +24:12 (14) 11:33 +5:49 (13) 1:13:20 +24:13 (11) 3:42 +0:59 (9) | 15:26 +8:59 (11) 13:31 +9:37 (13) 52:33 +21:51 (13) 5:35 0:00 (1) 1:15:18 +24:23 (11) 1:58 +0:24 (8) | 18:55 +10:30 (11) 3:29 +1:58 (14) 1:01:38 +21:30 (12) 9:05 +2:10 (6) 1:15:40 +24:26 (11) 0:22 +0:07 (12) | 30:20 +16:44 (14) 11:25 +9:12 (14) 1:05:37 +22:08 (12) 3:59 +1:19 (5) | 35:25 +18:25 (14) 5:05 +1:41 (9) 1:09:38 +23:14 (11) 4:01 +1:13 (14) 12:18 *35 |
| 12 | 716 | Dopico Fernánd Toledo TOLEDO | 1:19:14 | 2:26 +0:38 (6) 2:26 +0:38 (6) 29:02 +6:16 (3) 9:49 +4:05 (11) 1:16:36 +27:29 (12) 6:24 +3:41 (15) | 7:52 +1:25 (2) 5:26 +1:32 (4) 47:00 +16:18 (7) 17:58 +12:23 (14) 1:18:56 +28:01 (12) 2:20 +0:46 (13) | 10:18 +1:53 (2) 2:26 +0:55 (10) 1:00:54 +20:46 (11) 13:54 +6:59 (11) 1:19:14 +28:00 (12) 0:18 +0:03 (6) | 13:46 +0:10 (2) 3:28 +1:15 (7) 1:05:24 +21:55 (10) 4:30 +1:50 (9) | 19:13 +2:13 (2) 5:27 +2:03 (11) 1:10:12 +23:48 (12) 4:48 +2:00 (15) |
| 13 | 569 | De Mingo Davila Murcia MURCIA- | 1:21:02 | 7:15 +5:27 (15) 7:15 +5:27 (15) 38:23 +15:37 (12) 5:44 0:00 (1) 1:19:03 +29:56 (13) 2:46 +0:03 (2) | 17:12 +10:45 (12) 9:57 +6:03 (8) 51:42 +21:00 (12) 13:19 +7:44 (11) 1:20:44 +29:49 (13) 1:41 +0:07 (4) | 20:36 +12:11 (13) 3:24 +1:53 (13) 1:10:17 +30:09 (14) 18:35 +11:40 (13) 1:21:02 +29:48 (13) 0:18 +0:03 (5) | 27:21 +13:45 (12) 6:45 +4:32 (12) 1:12:57 +29:28 (13) 2:40 0:00 (1) | 32:39 +15:39 (13) 5:18 +1:54 (10) 1:16:17 +29:53 (13) 3:20 +0:32 (9) 3:54 *41 |
| 14 | 920 | Silva Sónia [139] GDE | 1:26:39 | 1:48 0:00 (1) 1:48 0:00 (1) 37:21 +14:35 (9) 5:57 +0:13 (3) 1:24:25 +35:18 (14) 5:46 +3:03 (14) | 22:45 +16:18 (14) 20:57 +17:03 (14) 53:34 +22:52 (14) 16:13 +10:38 (13) 1:26:10 +35:15 (14) 1:45 +0:11 (5) | 24:22 +15:57 (14) 1:37 +0:06 (2) 1:09:41 +29:33 (13) 16:07 +9:12 (12) 1:26:39 +35:25 (14) 0:29 +0:14 (14) | 28:00 +14:24 (13) 3:38 +1:25 (8) 1:15:46 +32:17 (14) 6:05 +3:25 (14) | 31:24 +14:24 (12) 3:24 0:00 (1) 1:18:39 +32:15 (14) 2:53 +0:05 (2) |

s sal Nombre tiempo

F-21A (15)

3,1 km 105 m 12 C (cont.)

| | | 1(72) | 2(34) | 3(33) | 4(62) | 5(54) | |
|----|---------------------------------|---------|---------------------|----------------------|----------------------|----------------------|---------------------|
| | | 6(31) | 7(43) | 8(60) | 9(46) | 10(76) | |
| | | 11(74) | 12(200) | Meta | | | |
| 15 | 620 Pardinas Momb Madrid NAVALC | 1:34:02 | 2:00 +0:12 (4) | 29:22 +22:55 (15) | 30:53 +22:28 (15) | 33:06 +19:30 (15) | 39:03 +22:03 (15) |
| | | | 2:00 +0:12 (4) | 27:22 +23:28 (15) | 1:31 0:00 (1) | 2:13 0:00 (1) | 5:57 +2:33 (12) |
| | | | 51:51 +29:05 (15) | 1:03:10 +32:28 (15) | 1:22:11 +42:03 (15) | 1:25:53 +42:24 (15) | 1:28:55 +42:31 (15) |
| | | | 12:48 +7:04 (14) | 11:19 +5:44 (8) | 19:01 +12:06 (15) | 3:42 +1:02 (3) | 3:02 +0:14 (5) |
| | | | 1:32:10 +43:03 (15) | 1:33:44 +42:49 (15) | 1:34:02 +42:48 (15) | | |
| | | | 3:15 +0:32 (7) | 1:34 0:00 (1) | 0:18 +0:02 (3) | | |

F-21B (16)

2,8 km 115 m 12 C

| | | 1(50) | 2(63) | 3(77) | 4(53) | 5(80) | |
|---|--------------------------------------|---------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| | | 6(78) | 7(67) | 8(60) | 9(32) | 10(76) | |
| | | 11(74) | 12(200) | Meta | | | |
| 1 | 578 Martín Serrano Toledo NAVALC | 44:38 | 5:04 +1:54 (8) | 7:40 +2:10 (5) | 12:22 +1:10 (2) | 14:09 0:00 (1) | 20:18 0:00 (1) |
| | | | 5:04 +1:54 (8) | 2:36 +0:21 (3) | 4:42 0:00 (1) | 1:47 +0:12 (3) | 6:09 +0:42 (2) |
| | | | 28:03 0:00 (1) | 31:20 0:00 (1) | 34:10 0:00 (1) | 36:04 0:00 (1) | 39:46 0:00 (1) |
| | | | 7:45 +0:47 (6) | 3:17 +0:14 (2) | 2:50 0:00 (1) | 1:54 +0:41 (3) | 3:42 +0:29 (3) |
| | | | 42:21 0:00 (1) | 44:16 0:00 (1) | 44:38 0:00 (1) | | |
| | | | 2:35 0:00 (1) | 1:55 +0:24 (5) | 0:22 +0:05 (8) | | |
| 2 | 346 García Descalzo Albacete GODIH | 59:45 | 6:11 +3:01 (12) | 9:31 +4:01 (11) | 15:44 +4:32 (7) | 18:50 +4:41 (7) | 29:07 +8:49 (6) |
| | | | 6:11 +3:01 (12) | 3:20 +1:05 (10) | 6:13 +1:31 (4) | 3:06 +1:31 (9) | 10:17 +4:50 (10) |
| | | | 37:14 +9:11 (5) | 41:23 +10:03 (4) | 44:48 +10:38 (3) | 46:56 +10:52 (2) | 51:50 +12:04 (2) |
| | | | 8:07 +1:09 (7) | 4:09 +1:06 (4) | 3:25 +0:35 (3) | 2:08 +0:55 (4) | 4:54 +1:41 (6) |
| | | | 56:51 +14:30 (2) | 59:28 +15:12 (2) | 59:45 +15:07 (2) | | |
| | | | 5:01 +2:26 (11) | 2:37 +1:06 (12) | 0:17 0:00 (1) | | |
| 3 | 280 Hernández Torr Madrid ESCONDI | 59:58 | 3:38 +0:28 (3) | 6:45 +1:15 (4) | 14:46 +3:34 (4) | 16:21 +2:12 (4) | 31:29 +11:11 (7) |
| | | | 3:38 +0:28 (3) | 3:07 +0:52 (7) | 8:01 +3:19 (8) | 1:35 0:00 (1) | 15:08 +9:41 (14) |
| | | | 38:52 +10:49 (6) | 43:02 +11:42 (5) | 46:15 +12:05 (4) | 49:53 +13:49 (4) | 53:32 +13:46 (3) |
| | | | 7:23 +0:25 (3) | 4:10 +1:07 (5) | 3:13 +0:23 (2) | 3:38 +2:25 (11) | 3:39 +0:26 (2) |
| | | | 58:04 +15:43 (3) | 59:40 +15:24 (3) | 59:58 +15:20 (3) | | |
| | | | 4:32 +1:57 (10) | 1:36 +0:05 (2) | 0:18 +0:01 (3) | | |
| 4 | 164 Feliciano Sanjua Alicante COLIVE | 1:00:54 | 3:45 +0:35 (4) | 6:00 +0:30 (2) | 11:12 0:00 (1) | 15:45 +1:36 (2) | 23:28 +3:10 (2) |
| | | | 3:45 +0:35 (4) | 2:15 0:00 (1) | 5:12 +0:30 (2) | 4:33 +2:58 (14) | 7:43 +2:16 (3) |
| | | | 33:49 +5:46 (3) | 36:52 +5:32 (2) | 48:28 +14:18 (5) | 49:41 +13:37 (3) | 54:35 +14:49 (4) |
| | | | 10:21 +3:23 (11) | 3:03 0:00 (1) | 11:36 +8:46 (9) | 1:13 0:00 (1) | 4:54 +1:41 (6) |
| | | | 58:52 +16:31 (4) | 1:00:33 +16:17 (4) | 1:00:54 +16:16 (4) | | |
| | | | 4:17 +1:42 (7) | 1:41 +0:10 (4) | 0:21 +0:03 (7) | | |
| 5 | 567 Escolà Ferran L Tarragona MON | 1:04:28 | 3:10 0:00 (1) | 5:30 0:00 (1) | 19:51 +8:39 (9) | 21:27 +7:18 (8) | 26:54 +6:36 (4) |
| | | | 3:10 0:00 (1) | 2:20 +0:05 (2) | 14:21 +9:39 (14) | 1:36 +0:01 (2) | 5:27 0:00 (1) |
| | | | 33:52 +5:49 (4) | 38:31 +7:11 (3) | 43:35 +9:25 (2) | 56:05 +20:01 (5) | 59:18 +19:32 (5) |
| | | | 6:58 0:00 (1) | 4:39 +1:36 (8) | 5:04 +2:14 (7) | 12:30 +11:17 (15) | 3:13 0:00 (1) |
| | | | 1:02:37 +20:16 (5) | 1:04:08 +19:52 (5) | 1:04:28 +19:50 (5) | | |
| | | | 3:19 +0:44 (3) | 1:31 0:00 (1) | 0:20 +0:02 (4) | | |
| 6 | 60 Puime López C Pontevedra BUD | 1:08:31 | 3:27 +0:17 (2) | 6:09 +0:39 (3) | 14:54 +3:42 (5) | 16:43 +2:34 (5) | 24:40 +4:22 (3) |
| | | | 3:27 +0:17 (2) | 2:42 +0:27 (4) | 8:45 +4:03 (10) | 1:49 +0:14 (4) | 7:57 +2:30 (4) |
| | | | 31:58 +3:55 (2) | 44:15 +12:55 (7) | 57:32 +23:22 (8) | 59:07 +23:03 (8) | 1:03:29 +23:43 (7) |
| | | | 7:18 +0:20 (2) | 12:17 +9:14 (13) | 13:17 +10:27 (13) | 1:35 +0:22 (2) | 4:22 +1:09 (4) |
| | | | 1:06:33 +24:12 (7) | 1:08:13 +23:57 (6) | 1:08:31 +23:53 (6) | | |
| | | | 3:04 +0:29 (2) | 1:40 +0:09 (3) | 0:18 +0:00 (2) | | |
| 7 | 864 Ferreirinha Dor [176] ABC Ori | 1:08:54 | 7:38 +4:28 (15) | 15:42 +10:12 (14) | 24:45 +13:33 (14) | 28:06 +13:57 (13) | 37:14 +16:56 (10) |
| | | | 7:38 +4:28 (15) | 8:04 +5:49 (15) | 9:03 +4:21 (11) | 3:21 +1:46 (10) | 9:08 +3:41 (8) |
| | | | 44:57 +16:54 (8) | 49:44 +18:24 (9) | 53:55 +19:45 (6) | 58:04 +22:00 (7) | 1:02:31 +22:45 (6) |
| | | | 7:43 +0:45 (5) | 4:47 +1:44 (9) | 4:11 +1:21 (5) | 4:09 +2:56 (14) | 4:27 +1:14 (5) |
| | | | 1:06:25 +24:04 (6) | 1:08:30 +24:14 (7) | 1:08:54 +24:16 (7) | | |
| | | | 3:54 +1:19 (5) | 2:05 +0:34 (7) | 0:24 +0:06 (12) | | |
| 8 | 874 Ferreira Marisa [159] COAAL | 1:11:54 | 5:49 +2:39 (10) | 8:48 +3:18 (9) | 15:14 +4:02 (6) | 17:53 +3:44 (6) | 28:54 +8:36 (5) |
| | | | 5:49 +2:39 (10) | 2:59 +0:44 (5) | 6:26 +1:44 (5) | 2:39 +1:04 (7) | 11:01 +5:34 (11) |
| | | | 40:07 +12:04 (7) | 43:53 +12:33 (6) | 55:31 +21:21 (7) | 57:42 +21:38 (6) | 1:04:55 +25:09 (8) |
| | | | 11:13 +4:15 (12) | 3:46 +0:43 (3) | 11:38 +8:48 (10) | 2:11 +0:58 (5) | 7:13 +4:00 (14) |
| | | | 1:09:15 +26:54 (8) | 1:11:33 +27:17 (8) | 1:11:54 +27:16 (8) | | |
| | | | 4:20 +1:45 (8) | 2:18 +0:47 (10) | 0:21 +0:03 (6) | | |

s sal Nombre tiempo

F-21B (16)

2,8 km 115 m 12 C (cont.)

| | | 1(50) | 2(63) | 3(77) | 4(53) | 5(80) | |
|-----------|---------------------------|-----------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| | | 6(78) | 7(67) | 8(60) | 9(32) | 10(76) | |
| | | 11(74) | 12(200) | Meta | | | |
| 9 | 94 Muñoz Muñoz L | 1:14:57 | 5:44 +2:34 (9) | 8:47 +3:17 (8) | 23:35 +12:23 (12) | 27:21 +13:12 (12) | 41:21 +21:03 (13) |
| | Valladolid CDP- | | 5:44 +2:34 (9) | 3:03 +0:48 (6) | 14:48 +10:06 (15) | 3:46 +2:11 (13) | 14:00 +8:33 (13) |
| | | | 48:46 +20:43 (10) | 55:20 +24:00 (10) | 1:00:05 +25:55 (9) | 1:03:27 +27:23 (9) | 1:08:37 +28:51 (9) |
| | | | 7:25 +0:27 (4) | 6:34 +3:31 (12) | 4:45 +1:55 (6) | 3:22 +2:09 (9) | 5:10 +1:57 (8) |
| | | | 1:12:38 +30:17 (9) | 1:14:35 +30:19 (9) | 1:14:57 +30:19 (9) | | |
| | | | 4:01 +1:26 (6) | 1:57 +0:26 (6) | 0:22 +0:05 (10) | | |
| 10 | 792 García Domene | 1:24:10 | 6:10 +3:00 (11) | 9:22 +3:52 (10) | 26:08 +14:56 (15) | 31:34 +17:25 (14) | 40:25 +20:07 (12) |
| | Alicante UNIVER | | 6:10 +3:00 (11) | 3:12 +0:57 (9) | 16:46 +12:04 (16) | 5:26 +3:51 (15) | 8:51 +3:24 (5) |
| | | | 50:21 +22:18 (11) | 1:05:36 +34:16 (14) | 1:09:01 +34:51 (11) | 1:12:42 +36:38 (12) | 1:17:53 +38:07 (11) |
| | | | 9:56 +2:58 (10) | 15:15 +12:12 (15) | 3:25 +0:35 (3) | 3:41 +2:28 (13) | 5:11 +1:58 (9) |
| | | | 1:21:38 +39:17 (10) | 1:23:50 +39:34 (10) | 1:24:10 +39:32 (10) | | |
| | | | 3:45 +1:10 (4) | 2:12 +0:41 (8) | 0:20 +0:03 (5) | | |
| 11 | 717 Arriero Anes A | 1:25:22 | 6:44 +3:34 (13) | 11:52 +6:22 (13) | 23:37 +12:25 (13) | 26:32 +12:23 (10) | 36:46 +16:28 (9) |
| | Toledo TOLEDO | | 6:44 +3:34 (13) | 5:08 +2:53 (13) | 11:45 +7:03 (13) | 2:55 +1:20 (8) | 10:14 +4:47 (9) |
| | | | 53:08 +25:05 (13) | 57:39 +26:19 (11) | 1:09:23 +35:13 (12) | 1:11:44 +35:40 (11) | 1:17:13 +37:27 (10) |
| | | | 16:22 +9:24 (15) | 4:31 +1:28 (7) | 11:44 +8:54 (11) | 2:21 +1:08 (6) | 5:29 +2:16 (10) |
| | | | 1:22:15 +39:54 (11) | 1:25:00 +40:44 (11) | 1:25:22 +40:44 (11) | | |
| | | | 5:02 +2:27 (12) | 2:45 +1:14 (14) | 0:22 +0:05 (9) | | |
| 12 | 808 Fabado Robred | 1:33:32 | 5:00 +1:50 (7) | 8:07 +2:37 (6) | 13:39 +2:27 (3) | 16:01 +1:52 (3) | 50:04 +29:46 (15) |
| | Valencia VALEN | | 5:00 +1:50 (7) | 3:07 +0:52 (7) | 5:32 +0:50 (3) | 2:22 +0:47 (5) | 34:03 +28:36 (15) |
| | | | 1:01:51 +33:48 (15) | 1:07:24 +36:04 (15) | 1:13:10 +39:00 (13) | 1:16:48 +40:44 (13) | 1:23:53 +44:07 (12) |
| | | | 11:47 +4:49 (13) | 5:33 +2:30 (11) | 5:46 +2:56 (8) | 3:38 +2:25 (11) | 7:05 +3:52 (13) |
| | | | 1:30:25 +48:04 (12) | 1:33:03 +48:47 (12) | 1:33:32 +48:54 (12) | | |
| | | | 6:32 +3:57 (14) | 2:38 +1:07 (13) | 0:29 +0:12 (16) | | |
| 13 | 89 Echevarría Dieg | 1:36:14 | 4:36 +1:26 (5) | 24:52 +19:22 (16) | 32:01 +20:49 (16) | 35:31 +21:22 (15) | 44:24 +24:06 (14) |
| | Cantabria CD A | | 4:36 +1:26 (5) | 20:16 +18:01 (16) | 7:09 +2:27 (7) | 3:30 +1:55 (11) | 8:53 +3:26 (6) |
| | | | 53:21 +25:18 (14) | 58:09 +26:49 (12) | 1:21:11 +47:01 (15) | 1:23:35 +47:31 (15) | 1:29:10 +49:24 (14) |
| | | | 8:57 +1:59 (8) | 4:48 +1:45 (10) | 23:02 +20:12 (15) | 2:24 +1:11 (7) | 5:35 +2:22 (11) |
| | | | 1:33:32 +51:11 (13) | 1:35:52 +51:36 (13) | 1:36:14 +51:36 (13) | | |
| | | | 4:22 +1:47 (9) | 2:20 +0:49 (11) | 0:22 +0:05 (11) | | |
| 14 | 637 Nieto Campallo | 1:36:40 | 10:30 +7:20 (16) | 16:17 +10:47 (15) | 22:52 +11:40 (10) | 25:30 +11:21 (9) | 37:35 +17:17 (11) |
| | Ciudad Real O-C | | 10:30 +7:20 (16) | 5:47 +3:32 (14) | 6:35 +1:53 (6) | 2:38 +1:03 (6) | 12:05 +6:38 (12) |
| | | | 50:24 +22:21 (12) | 1:04:13 +32:53 (13) | 1:19:16 +45:06 (14) | 1:22:42 +46:38 (14) | 1:28:30 +48:44 (13) |
| | | | 12:49 +5:51 (14) | 13:49 +10:46 (14) | 15:03 +12:13 (14) | 3:26 +2:13 (10) | 5:48 +2:35 (12) |
| | | | 1:34:01 +51:40 (14) | 1:36:15 +51:59 (14) | 1:36:40 +52:02 (14) | | |
| | | | 5:31 +2:56 (13) | 2:14 +0:43 (9) | 0:25 +0:07 (13) | | |
| | 391 Torres Gómez | en tarj. | 7:07 +3:57 (14) | 11:48 +6:18 (12) | 23:13 +12:01 (11) | 26:56 +12:47 (11) | 36:02 +15:44 (8) |
| | Girona GO-XTRE | | 7:07 +3:57 (14) | 4:41 +2:26 (12) | 11:25 +6:43 (12) | 3:43 +2:08 (12) | 9:06 +3:39 (7) |
| | | | 45:12 +17:09 (9) | 49:37 +18:17 (8) | 1:01:49 +27:39 (10) | 1:04:29 +28:25 (10) | ----- |
| | | | 9:10 +2:12 (9) | 4:25 +1:22 (6) | 12:12 +9:22 (12) | 2:40 +1:27 (8) | |
| | | | 1:26:38 | 1:29:24 | 1:29:50 | | |
| | | | 22:09 | 2:46 | 0:26 +0:09 (15) | | |
| | 687 Peña Domingue | andona | 4:50 +1:40 (6) | 8:20 +2:50 (7) | 17:03 +5:51 (8) | ----- | ----- |
| | Madrid SOTOBO | | 4:50 +1:40 (6) | 3:30 +1:15 (11) | 8:43 +4:01 (9) | ----- | ----- |
| | | | ----- | ----- | ----- | ----- | ----- |
| | | | ----- | 56:56 | 57:21 | | |
| | | | | 39:53 | 0:25 +0:07 (13) | | |

F-35A (20)

3,2 km 105 m 12 C

| | | 1(72) | 2(77) | 3(61) | 4(38) | 5(49) | |
|----------|----------------------------|--------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| | | 6(43) | 7(57) | 8(69) | 9(46) | 10(73) | |
| | | 11(74) | 12(200) | Meta | | | |
| 1 | 501 Martín Iglesias | 42:22 | 1:46 0:00 (1) | 4:49 +0:01 (2) | 9:38 0:00 (1) | 13:35 0:00 (1) | 17:28 0:00 (1) |
| | Madrid MALAR | | 1:46 0:00 (1) | 3:03 +0:04 (3) | 4:49 +0:54 (4) | 3:57 +0:22 (4) | 3:53 +0:05 (2) |
| | | | 26:59 0:00 (1) | 30:04 0:00 (1) | 32:03 0:00 (1) | 36:04 0:00 (1) | 38:08 +0:13 (2) |
| | | | 9:31 +2:06 (5) | 3:05 +0:42 (4) | 1:59 +0:05 (4) | 4:01 +0:39 (2) | 2:04 +0:26 (5) |
| | | | 40:37 0:00 (1) | 42:02 0:00 (1) | 42:22 0:00 (1) | | |
| | | | 2:29 +0:09 (3) | 1:25 +0:01 (2) | 0:20 +0:03 (7) | | |

| s | sal | Nombre | tiempo | 3,2 km | | 105 m | 12 C | (cont.) | | | |
|-------------------|------------|--|--------------|---|--|--|---|--|--|--|--|
| | | | | 1(72) | 2(77) | 3(61) | 4(38) | 5(49) | | | |
| | | | | 6(43) | 7(57) | 8(69) | 9(46) | 10(73) | | | |
| | | | | 11(74) | 12(200) | Meta | | | | | |
| F-35A (20) | | | | | | | | | | | |
| 2 | 888 | Pontes Susana [070] COC-P | 42:30 | 3:23 +1:37 (18) 3:23 +1:37 (18) 27:49 +0:50 (3) 8:44 +1:19 (4) 40:49 +0:12 (2) 2:54 +0:34 (7) | 6:22 +1:34 (6) 2:59 0:00 (1) 30:12 +0:08 (2) 2:23 0:00 (1) 42:13 +0:11 (2) 1:24 0:00 (1) | 10:17 +0:39 (2) 3:55 0:00 (1) 32:07 +0:04 (2) 1:55 +0:01 (2) 42:30 +0:08 (2) 0:17 +0:00 (3) | 13:52 +0:17 (2) 3:35 0:00 (1) 36:17 +0:13 (2) 4:10 +0:48 (4) | 19:05 +1:37 (2) 5:13 +1:25 (8) 37:55 0:00 (1) 1:38 0:00 (1) | | | |
| 3 | 126 | Amigó Bertrán Barcelona COC | 43:10 | 1:52 +0:06 (3) 1:52 +0:06 (3) 27:48 +0:49 (2) 8:39 +1:14 (3) 41:29 +0:52 (3) 2:20 0:00 (1) | 4:55 +0:07 (3) 3:03 +0:04 (3) 31:01 +0:57 (3) 3:13 +0:50 (5) 42:54 +0:52 (3) 1:25 +0:01 (2) | 10:35 +0:57 (3) 5:40 +1:45 (7) 33:22 +1:19 (3) 2:21 +0:27 (7) 43:10 +0:48 (3) 0:16 0:00 (1) | 14:25 +0:50 (3) 3:50 +0:15 (3) 37:29 +1:25 (3) 4:07 +0:45 (3) | 19:09 +1:41 (3) 4:44 +0:56 (5) 39:09 +1:14 (3) 1:40 +0:02 (2) | | | |
| 4 | 527 | Mari y Marín Mª Ciudad Real MA | 49:55 | 1:49 +0:03 (2) 1:49 +0:03 (2) 34:44 +7:45 (6) 10:45 +3:20 (8) 47:51 +7:14 (4) 2:27 +0:07 (2) | 4:48 0:00 (1) 2:59 0:00 (1) 38:04 +8:00 (6) 3:20 +0:57 (7) 49:33 +7:31 (4) 1:42 +0:18 (5) | 16:15 +6:37 (15) 11:27 +7:32 (19) 40:20 +8:17 (6) 2:16 +0:22 (6) 49:55 +7:33 (4) 0:22 +0:05 (14) | 20:02 +6:27 (12) 3:47 +0:12 (2) 43:42 +7:38 (4) 3:22 0:00 (1) 1:42 +0:04 (3) | 23:59 +6:31 (8) 3:57 +0:09 (3) 45:24 +7:29 (4) 1:42 +0:04 (3) | | | |
| 5 | 188 | Viqueira Andre Madrid COLMEN | 51:55 | 2:10 +0:24 (7) 2:10 +0:24 (7) 32:53 +5:54 (5) 7:25 0:00 (1) 49:33 +8:56 (5) 3:10 +0:50 (13) | 6:32 +1:44 (8) 4:22 +1:23 (8) 36:25 +6:21 (5) 3:32 +1:09 (13) 51:35 +9:33 (5) 2:02 +0:38 (9) | 14:16 +4:38 (11) 7:44 +3:49 (16) 39:14 +7:11 (5) 2:49 +0:55 (12) 51:55 +9:33 (5) 0:20 +0:03 (5) | 19:40 +6:05 (9) 5:24 +1:49 (10) 43:57 +7:53 (5) 4:43 +1:21 (6) | 25:28 +8:00 (11) 5:48 +2:00 (11) 46:23 +8:28 (5) 2:26 +0:48 (12) | | | |
| 6 | 48 | Figueroa Leiro Pontevedra AR | 56:51 | 3:07 +1:21 (17) 3:07 +1:21 (17) 35:31 +8:32 (8) 8:21 +0:56 (2) 54:13 +13:36 (6) 2:59 +0:39 (10) | 7:53 +3:05 (14) 4:46 +1:47 (12) 38:53 +8:49 (7) 3:22 +0:59 (8) 56:30 +14:28 (6) 2:17 +0:53 (16) | 16:27 +6:49 (18) 8:34 +4:39 (17) 41:31 +9:28 (7) 2:38 +0:44 (11) 56:51 +14:29 (6) 0:21 +0:04 (12) | 22:09 +8:34 (14) 5:42 +2:07 (11) 48:51 +12:47 (8) 7:20 +3:58 (15) | 27:10 +9:42 (12) 5:01 +1:13 (6) 51:14 +13:19 (8) 2:23 +0:45 (10) | | | |
| 7 | 853 | Blanco Cantero Zamora ZAMOR | 56:52 | 3:26 +1:40 (19) 3:26 +1:40 (19) 37:59 +11:00 (10) 12:34 +5:09 (12) 54:35 +13:58 (8) 3:56 +1:36 (17) | 8:18 +3:30 (16) 4:52 +1:53 (13) 41:23 +11:19 (10) 3:24 +1:01 (9) 56:36 +14:34 (7) 2:01 +0:37 (8) | 15:19 +5:41 (12) 7:01 +3:06 (14) 43:58 +11:55 (10) 2:35 +0:41 (10) 56:52 +14:30 (7) 0:16 +0:00 (2) | 19:49 +6:14 (10) 4:30 +0:55 (7) 48:26 +12:22 (6) 4:28 +1:06 (5) | 25:25 +7:57 (9) 5:36 +1:48 (10) 50:39 +12:44 (6) 2:13 +0:35 (8) | | | |
| 8 | 783 | Güell Rovira Vir Barcelona UEVI | 56:56 | 2:10 +0:24 (7) 2:10 +0:24 (7) 34:51 +7:52 (7) 13:14 +5:49 (13) 54:33 +13:56 (7) 3:40 +1:20 (15) | 6:52 +2:04 (9) 4:42 +1:43 (11) 38:56 +8:52 (8) 4:05 +1:42 (16) 56:36 +14:34 (7) 2:03 +0:39 (11) | 12:14 +2:36 (8) 5:22 +1:27 (6) 42:35 +10:32 (8) 3:39 +1:45 (14) 56:56 +14:34 (8) 0:20 +0:04 (8) | 16:28 +2:53 (4) 4:14 +0:39 (6) 48:34 +12:30 (7) 5:59 +2:37 (10) | 21:37 +4:09 (4) 5:09 +1:21 (7) 50:53 +12:58 (7) 2:19 +0:41 (9) | | | |
| 9 | 701 | Gavela Ramos Burgos TJALVE | 58:59 | 2:39 +0:53 (15) 2:39 +0:53 (15) 40:16 +13:17 (12) 12:08 +4:43 (11) 56:30 +15:53 (9) 2:45 +0:25 (6) | 7:58 +3:10 (15) 5:19 +2:20 (16) 43:53 +13:49 (12) 3:37 +1:14 (14) 58:38 +16:36 (9) 2:08 +0:44 (14) | 13:59 +4:21 (9) 6:01 +2:06 (9) 46:02 +13:59 (11) 2:09 +0:15 (5) 58:59 +16:37 (9) 0:21 +0:04 (9) | 20:04 +6:29 (13) 6:05 +2:30 (13) 51:19 +15:15 (9) 5:17 +1:55 (7) | 28:08 +10:40 (15) 8:04 +4:16 (16) 53:45 +15:50 (9) 2:26 +0:48 (12) | | | |
| 10 | 141 | Garrido Gonzál Badajoz CODAN | 59:28 | 2:29 +0:43 (13) 2:29 +0:43 (13) 41:34 +14:35 (13) 18:32 +11:07 (20) 57:22 +16:45 (10) 2:43 +0:23 (5) | 6:57 +2:09 (10) 4:28 +1:29 (9) 44:35 +14:31 (13) 3:01 +0:38 (3) 59:07 +17:05 (10) 1:45 +0:21 (6) | 11:36 +1:58 (6) 4:39 +0:44 (3) 46:59 +14:56 (12) 2:24 +0:30 (8) 59:28 +17:06 (10) 0:21 +0:04 (10) | 16:31 +2:56 (5) 4:55 +1:20 (8) 52:29 +16:25 (10) 5:30 +2:08 (8) | 23:02 +5:34 (6) 6:31 +2:43 (13) 54:39 +16:44 (10) 2:10 +0:32 (6) | | | |
| 11 | 8 | Molina Pérez M Sevilla ADOL | 59:50 | 2:06 +0:20 (6) 2:06 +0:20 (6) 42:23 +15:24 (15) 14:33 +7:08 (17) 57:49 +17:12 (11) 3:07 +0:47 (12) | 6:59 +2:11 (11) 4:53 +1:54 (14) 45:23 +15:19 (15) 3:00 +0:37 (2) 59:29 +17:27 (11) 1:40 +0:16 (4) | 15:51 +6:13 (14) 8:52 +4:57 (18) 47:17 +15:14 (13) 1:54 0:00 (1) 59:50 +17:28 (11) 0:21 +0:04 (11) | 22:34 +8:59 (15) 6:43 +3:08 (15) 52:49 +16:45 (11) 5:32 +2:10 (9) | 27:50 +10:22 (14) 5:16 +1:28 (9) 54:42 +16:47 (11) 1:53 +0:15 (4) | | | |

| s | sal | Nombre | tiempo | 3,2 km 105 m | | 12 C | (cont.) | | | |
|------------|------------------------------------|---------------------------------------|----------------|---------------------|---------------------|---------------------|---------------------|----------------------|--|--|
| | | | | 1(72) | 2(77) | 3(61) | 4(38) | 5(49) | | |
| | | | | 6(43) | 7(57) | 8(69) | 9(46) | 10(73) | | |
| | | | | 11(74) | 12(200) | Meta | | | | |
| 12 | 186 | Aguilera Sanch Madrid COLMEN | 1:01:37 | 2:12 +0:26 (9) | 6:27 +1:39 (7) | 10:53 +1:15 (4) | 19:10 +5:35 (7) | 25:27 +7:59 (10) | | |
| | | | | 2:12 +0:26 (9) | 4:15 +1:16 (7) | 4:26 +0:31 (2) | 8:17 +4:42 (19) | 6:17 +2:29 (12) | | |
| | | | | 36:51 +9:52 (9) | 40:15 +10:11 (9) | 47:18 +15:15 (14) | 53:24 +17:20 (12) | 56:16 +18:21 (12) | | |
| | | | | 11:24 +3:59 (10) | 3:24 +1:01 (9) | 7:03 +5:09 (18) | 6:06 +2:44 (11) | 2:52 +1:14 (19) | | |
| | | | | 59:15 +18:38 (12) | 1:01:17 +19:15 (12) | 1:01:37 +19:15 (12) | | | | |
| | | | | 2:59 +0:39 (10) | 2:02 +0:38 (9) | 0:20 +0:03 (6) | | | | |
| 13 | 771 | Barceló Otalora Murcia TOTANA | 1:03:10 | 1:54 +0:08 (4) | 8:26 +3:38 (17) | 15:22 +5:44 (13) | 19:21 +5:46 (8) | 23:09 +5:41 (7) | | |
| | | | | 1:54 +0:08 (4) | 6:32 +3:33 (18) | 6:56 +3:01 (12) | 3:59 +0:24 (5) | 3:48 0:00 (1) | | |
| | | | | 38:40 +11:41 (11) | 41:59 +11:55 (11) | 43:55 +11:52 (9) | 55:36 +19:32 (13) | 58:00 +20:05 (13) | | |
| | | | | 15:31 +8:06 (18) | 3:19 +0:56 (6) | 1:56 +0:02 (3) | 11:41 +8:19 (17) | 2:24 +0:46 (11) | | |
| | | | | 1:00:58 +20:21 (13) | 1:02:47 +20:45 (13) | 1:03:10 +20:48 (13) | | | | |
| | | | | 2:58 +0:38 (9) | 1:49 +0:25 (7) | 0:23 +0:07 (18) | | | | |
| 14 | 847 | Buscart Piñot M Barcelona XINO | 1:08:14 | 1:56 +0:10 (5) | 5:55 +1:07 (4) | 11:11 +1:33 (5) | 17:09 +3:34 (6) | 21:40 +4:12 (5) | | |
| | | | | 1:56 +0:10 (5) | 3:59 +1:00 (5) | 5:16 +1:21 (5) | 5:58 +2:23 (12) | 4:31 +0:43 (4) | | |
| | | | | 31:22 +4:23 (4) | 34:52 +4:48 (4) | 37:16 +5:13 (4) | 1:00:20 +24:16 (15) | 1:02:48 +24:53 (15) | | |
| | | | | 9:42 +2:17 (6) | 3:30 +1:07 (12) | 2:24 +0:30 (8) | 23:04 +19:42 (19) | 2:28 +0:50 (14) | | |
| | | | | 1:05:30 +24:53 (14) | 1:07:49 +25:47 (14) | 1:08:14 +25:52 (14) | | | | |
| | | | | 2:42 +0:22 (4) | 2:19 +0:55 (18) | 0:25 +0:08 (19) | | | | |
| 15 | 187 | Astigarraga Sua Madrid COLMEN | 1:09:28 | 2:14 +0:28 (12) | 6:21 +1:33 (5) | 12:10 +2:32 (7) | 19:51 +6:16 (11) | 27:17 +9:49 (13) | | |
| | | | | 2:14 +0:28 (12) | 4:07 +1:08 (6) | 5:49 +1:54 (8) | 7:41 +4:06 (18) | 7:26 +3:38 (15) | | |
| | | | | 43:44 +16:45 (16) | 48:17 +18:13 (16) | 53:26 +21:23 (16) | 59:41 +23:37 (14) | 1:02:17 +24:22 (14) | | |
| | | | | 16:27 +9:02 (19) | 4:33 +2:10 (18) | 5:09 +3:15 (17) | 6:15 +2:53 (12) | 2:36 +0:58 (16) | | |
| | | | | 1:06:43 +26:06 (15) | 1:09:05 +27:03 (15) | 1:09:28 +27:06 (15) | | | | |
| | | | | 4:26 +2:06 (18) | 2:22 +0:58 (19) | 0:23 +0:06 (17) | | | | |
| 16 | 49 | Pérez Alonso A Pontevedra AR | 1:11:07 | 2:12 +0:26 (9) | 14:19 +9:31 (20) | 21:38 +12:00 (19) | 29:04 +15:29 (19) | 36:29 +19:01 (18) | | |
| | | | | 2:12 +0:26 (9) | 12:07 +9:08 (20) | 7:19 +3:24 (15) | 7:26 +3:51 (17) | 7:25 +3:37 (14) | | |
| | | | | 50:00 +23:01 (18) | 53:28 +23:24 (18) | 56:51 +24:48 (17) | 1:03:37 +27:33 (17) | 1:05:47 +27:52 (16) | | |
| | | | | 13:31 +6:06 (15) | 3:28 +1:05 (11) | 3:23 +1:29 (13) | 6:46 +3:24 (14) | 2:10 +0:32 (6) | | |
| | | | | 1:08:41 +28:04 (16) | 1:10:44 +28:42 (16) | 1:11:07 +28:45 (16) | | | | |
| | | | | 2:54 +0:34 (7) | 2:03 +0:39 (11) | 0:23 +0:06 (16) | | | | |
| 17 | 500 | Barthelemy Ma Madrid MALAR | 1:12:23 | 3:59 +2:13 (20) | 9:22 +4:34 (18) | 16:20 +6:42 (16) | 22:37 +9:02 (16) | 30:56 +13:28 (16) | | |
| | | | | 3:59 +2:13 (20) | 5:23 +2:24 (17) | 6:58 +3:03 (13) | 6:17 +2:42 (14) | 8:19 +4:31 (17) | | |
| | | | | 41:37 +14:38 (14) | 45:14 +15:10 (14) | 49:21 +17:18 (15) | 1:03:11 +27:07 (16) | 1:05:51 +27:56 (17) | | |
| | | | | 10:41 +3:16 (7) | 3:37 +1:14 (14) | 4:07 +2:13 (15) | 13:50 +10:28 (18) | 2:40 +1:02 (17) | | |
| | | | | 1:09:45 +29:08 (17) | 1:12:01 +29:59 (17) | 1:12:23 +30:01 (17) | | | | |
| | | | | 3:54 +1:34 (16) | 2:16 +0:52 (15) | 0:22 +0:05 (15) | | | | |
| 18 | 50 | Veiga García Ca Pontevedra AR | 1:18:10 | 2:34 +0:48 (14) | 9:51 +5:03 (19) | 16:22 +6:44 (17) | 23:14 +9:39 (17) | 33:36 +16:08 (17) | | |
| | | | | 2:34 +0:48 (14) | 7:17 +4:18 (19) | 6:31 +2:36 (10) | 6:52 +3:17 (16) | 10:22 +6:34 (18) | | |
| | | | | 47:05 +20:06 (17) | 52:28 +22:24 (17) | 1:02:02 +29:59 (18) | 1:09:34 +33:30 (18) | 1:12:14 +34:19 (18) | | |
| | | | | 13:29 +6:04 (14) | 5:23 +3:00 (20) | 9:34 +7:40 (19) | 7:32 +4:10 (16) | 2:40 +1:02 (17) | | |
| | | | | 1:15:44 +35:07 (18) | 1:17:51 +35:49 (18) | 1:18:10 +35:48 (18) | | | | |
| | | | | 3:30 +1:10 (14) | 2:07 +0:43 (13) | 0:19 +0:02 (4) | | | | |
| 19 | 226 | López López B Cuenca COMCU | 1:26:27 | 3:00 +1:14 (16) | 7:37 +2:49 (13) | 14:08 +4:30 (10) | 23:21 +9:46 (18) | 46:19 +28:51 (19) | | |
| | | | | 3:00 +1:14 (16) | 4:37 +1:38 (10) | 6:31 +2:36 (10) | 9:13 +5:38 (20) | 22:58 +19:10 (20) | | |
| | | | | 1:00:40 +33:41 (19) | 1:05:18 +35:14 (19) | 1:10:26 +38:23 (19) | 1:16:49 +40:45 (19) | 1:19:22 +41:27 (19) | | |
| | | | | 14:21 +6:56 (16) | 4:38 +2:15 (19) | 5:08 +3:14 (16) | 6:23 +3:01 (13) | 2:33 +0:55 (15) | | |
| | | | | 1:23:48 +43:11 (19) | 1:26:06 +44:04 (19) | 1:26:27 +44:05 (19) | | | | |
| | | | | 4:26 +2:06 (18) | 2:18 +0:54 (17) | 0:21 +0:04 (12) | | | | |
| 621 | Zarza Ramos G Soria NAVALÉN | en tarj. | | 2:12 +0:26 (9) | 7:19 +2:31 (12) | 38:05 +28:27 (20) | 43:23 +29:48 (20) | 55:17 +37:49 (20) | | |
| | | | | 2:12 +0:26 (9) | 5:07 +2:08 (15) | 30:46 +26:51 (20) | 5:18 +1:43 (9) | 11:54 +8:06 (19) | | |
| | | | | 1:06:15 +39:16 (20) | 1:10:31 +40:27 (20) | ----- | ----- | ----- | | |
| | | | | 10:58 +3:33 (9) | 4:16 +1:53 (17) | | | | | |
| | | | | 1:46:52 | 1:50:01 | 1:50:44 | | | | |
| | | | | 36:21 | 3:09 | 0:43 +0:26 (20) | | | | |

| s | sal | Nombre | tiempo | 2,7 km | | 50 m | | 9 C | | 4(69) | | 5(45) | |
|----|-----|------------------------------------|---------|-----------------------------------|---|-----------------------------------|---|-------------------------------------|---|-------------------------------------|---|------------------------------------|--|
| | | | | 1(41) | 2(79) | 3(78) | 4(69) | 5(45) | | | | | |
| | | | | 6(32) | 7(46) | 8(74) | 9(200) | Meta | | | | | |
| 1 | 810 | Haro Jodar Mª T Valencia VALEN | 45:41 | 2:34 2:34 36:44 3:28 | 0:00 (1) 0:00 (1) 0:00 (1) +0:06 (2) | 13:14 10:40 38:47 2:03 | +0:22 (2) +0:52 (2) 0:00 (1) 0:00 (1) | 22:41 9:27 43:34 4:47 | +0:56 (2) +1:12 (3) 0:00 (1) +0:11 (2) | 29:28 6:47 45:24 1:50 | 0:00 (1) 0:00 (1) 0:00 (1) +0:02 (2) | 33:16 3:48 45:41 0:17 | 0:00 (1) +1:43 (8) 0:00 (1) +0:00 (2) |
| 2 | 528 | Aparicio Palomi Ciudad Real MA | 50:34 | 2:52 2:52 41:39 3:22 | +0:18 (2) +0:18 (2) +4:55 (2) 0:00 (1) | 17:49 14:57 43:42 2:03 | +4:57 (4) +5:09 (7) +4:55 (2) 0:00 (1) | 26:04 8:15 48:18 4:36 | +4:19 (3) 0:00 (1) +4:44 (2) 0:00 (1) | 33:45 7:41 50:17 1:59 | +4:17 (2) +0:54 (3) +4:53 (2) +0:11 (3) | 38:17 4:32 50:34 0:17 | +5:01 (2) +2:27 (12) +4:53 (2) 0:00 (1) |
| 3 | 95 | Fernández Sanz Valladolid CDP- | 1:02:28 | 3:04 3:04 49:13 3:50 | +0:30 (3) +0:30 (3) +12:29 (3) +0:28 (3) | 12:52 9:48 51:46 2:33 | 0:00 (1) 0:00 (1) +12:59 (3) +0:30 (4) | 21:45 8:53 59:40 7:54 | 0:00 (1) +0:38 (2) +16:06 (3) +3:18 (6) | 43:16 21:31 1:01:57 2:17 | +13:48 (5) +14:44 (16) +16:33 (3) +0:29 (4) | 45:23 2:07 1:02:28 0:31 | +12:07 (4) +0:02 (2) +16:47 (3) +0:13 (15) |
| 4 | 793 | González López Alicante UNIVER | 1:05:31 | 4:06 4:06 53:17 6:28 | +1:32 (7) +1:32 (7) +16:33 (4) +3:06 (10) | 15:47 11:41 55:46 2:29 | +2:55 (3) +1:53 (4) +16:59 (4) +0:26 (3) | 29:23 13:36 1:02:36 6:50 | +7:38 (4) +5:21 (5) +19:02 (4) +2:14 (4) | 40:49 11:26 1:05:04 2:28 | +11:21 (3) +4:39 (8) +19:40 (4) +0:40 (6) | 46:49 6:00 1:05:31 0:27 | +13:33 (5) +3:55 (14) +19:50 (4) +0:09 (12) |
| 5 | 227 | Barambio Chu Cuenca COMCU | 1:08:29 | 7:34 7:34 54:38 9:27 | +5:00 (16) +5:00 (16) +17:54 (5) +6:05 (14) | 19:27 11:53 58:10 3:32 | +6:35 (6) +2:05 (5) +19:23 (5) +1:29 (7) | 35:22 15:55 1:05:19 7:09 | +13:37 (6) +7:40 (9) +21:45 (5) +2:33 (5) | 42:24 7:02 1:08:03 2:44 | +12:56 (4) +0:15 (2) +22:39 (5) +0:56 (9) | 45:11 2:47 1:08:29 0:26 | +11:55 (3) +0:42 (4) +22:48 (5) +0:08 (8) |
| 6 | 529 | Manzanaque Es Ciudad Real MA | 1:11:34 | 4:53 4:53 58:57 9:53 | +2:19 (9) +2:19 (9) +22:07 (6) +6:31 (17) | 19:51 14:58 1:02:38 3:47 | +6:59 (7) +5:10 (8) +23:51 (6) +1:44 (8) | 31:18 11:27 1:09:22 6:44 | +9:33 (5) +3:12 (4) +25:48 (6) +2:08 (3) | 46:53 15:35 1:11:10 1:48 | +17:25 (6) +8:48 (11) +25:46 (6) 0:00 (1) | 48:58 2:05 1:11:34 0:24 | +15:42 (6) 0:00 (1) +25:53 (6) +0:07 (6) |
| 7 | 585 | Sánchez Gonzál Toledo NAVALC | 1:14:17 | 3:57 3:57 58:57 3:52 | +1:23 (6) +1:23 (6) +22:13 (7) +0:30 (4) | 21:08 17:11 1:03:01 4:04 | +8:16 (8) +7:23 (10) +24:14 (7) +2:01 (12) | 36:14 15:06 1:11:31 8:30 | +14:29 (8) +6:51 (8) +27:57 (7) +3:54 (9) | 50:42 14:28 1:13:53 2:22 | +21:14 (7) +7:41 (10) +28:29 (7) +0:34 (5) | 55:05 4:23 1:14:17 0:24 | +21:49 (7) +2:18 (11) +28:36 (7) +0:06 (5) |
| 8 | 348 | Miguel Francés Albacete GODIH | 1:18:16 | 7:41 7:41 1:00:40 5:05 | +5:07 (17) +5:07 (17) +23:56 (8) +1:43 (7) | 29:05 21:24 1:05:05 4:25 | +16:13 (15) +11:36 (15) +26:18 (8) +2:22 (18) | 42:50 13:45 1:14:45 9:40 | +21:05 (9) +5:30 (7) +31:11 (8) +5:04 (14) | 52:05 9:15 1:17:45 3:00 | +22:37 (8) +2:28 (6) +32:21 (8) +1:12 (11) | 55:35 3:30 1:18:16 0:31 | +22:19 (8) +1:25 (6) +32:35 (8) +0:14 (16) |
| 9 | 302 | Redondo Martin Cádiz FUNDI-O | 1:22:49 | 3:33 3:33 1:05:55 6:40 | +0:59 (4) +0:59 (4) +29:11 (9) +3:18 (11) | 29:16 25:43 1:10:17 4:22 | +16:24 (16) +15:55 (17) +31:30 (9) +2:19 (16) | 47:16 18:00 1:19:37 9:20 | +25:31 (12) +9:45 (10) +36:03 (9) +4:44 (12) | 55:06 7:50 1:22:29 2:52 | +25:38 (10) +1:03 (4) +37:05 (9) +1:04 (10) | 59:15 4:09 1:22:49 0:20 | +25:59 (9) +2:04 (10) +37:08 (9) +0:02 (3) |
| 10 | 582 | Hormigos Torij Toledo NAVALC | 1:23:21 | 4:27 4:27 1:07:08 7:00 | +1:53 (8) +1:53 (8) +30:24 (10) +3:38 (12) | 21:48 17:21 1:11:00 3:52 | +8:56 (9) +7:33 (11) +32:13 (10) +1:49 (9) | 35:25 13:37 1:19:57 8:57 | +13:40 (7) +5:22 (6) +36:23 (10) +4:21 (11) | 52:48 17:23 1:22:57 3:00 | +23:20 (9) +10:36 (13) +37:33 (10) +1:12 (11) | 1:00:08 7:20 1:23:21 0:24 | +26:52 (10) +5:15 (15) +37:40 (10) +0:07 (7) |
| 11 | 565 | Llamas Arjona Sevilla MONTEL | 1:27:25 | 5:36 5:36 1:11:07 5:43 | +3:02 (11) +3:02 (11) +34:23 (11) +2:21 (9) | 24:23 18:47 1:15:26 4:19 | +11:31 (11) +8:59 (14) +36:39 (11) +2:16 (15) | 47:20 22:57 1:23:32 8:06 | +25:35 (13) +14:42 (15) +39:58 (11) +3:30 (7) | 1:00:41 13:21 1:26:58 3:26 | +31:13 (11) +6:34 (9) +41:34 (11) +1:38 (15) | 1:05:24 4:43 1:27:25 0:27 | +32:08 (11) +2:38 (13) +41:44 (11) +0:10 (13) |
| 12 | 43 | Miranda Guerre Cáceres ALTAI | 1:30:42 | 3:56 3:56 1:14:05 5:27 | +1:22 (5) +1:22 (5) +37:21 (13) +2:05 (8) | 18:40 14:44 1:17:33 3:28 | +5:48 (5) +4:56 (6) +38:46 (13) +1:25 (6) | 48:46 30:06 1:27:04 9:31 | +27:01 (14) +21:51 (19) +43:30 (13) +4:55 (13) | 1:06:00 17:14 1:30:19 3:15 | +36:32 (13) +10:27 (12) +44:55 (12) +1:27 (13) | 1:08:38 2:38 1:30:42 0:23 | +35:22 (13) +0:33 (3) +45:01 (12) +0:06 (4) |
| | | | | | | 1:25:29 *75 | | | | | | | |
| 13 | 347 | Calatayud Pujalt Albacete GODIH | 1:31:09 | 6:36 6:36 1:12:46 4:52 | +4:02 (14) +4:02 (14) +36:02 (12) +1:30 (6) | 25:00 18:24 1:17:10 4:24 | +12:08 (12) +8:36 (13) +38:23 (12) +2:21 (17) | 46:36 21:36 1:27:00 9:50 | +24:51 (10) +13:21 (14) +43:26 (12) +5:14 (15) | 1:04:11 17:35 1:30:43 3:43 | +34:43 (12) +10:48 (14) +45:19 (13) +1:55 (16) | 1:07:54 3:43 1:31:09 0:26 | +34:38 (12) +1:38 (7) +45:28 (13) +0:09 (10) |
| 14 | 584 | Rodriguez Guer Toledo NAVALC | 1:39:42 | 23:25 23:25 1:22:59 7:48 | +20:51 (20) +20:51 (20) +46:15 (14) +4:26 (13) | 44:58 21:33 1:27:00 4:01 | +32:06 (19) +11:45 (16) +48:13 (14) +1:58 (10) | 1:03:03 18:05 1:35:39 8:39 | +41:18 (18) +9:50 (11) +52:05 (14) +4:03 (10) | 1:11:15 8:12 1:38:55 3:16 | +41:47 (15) +1:25 (5) +53:31 (14) +1:28 (14) | 1:15:11 3:56 1:39:42 0:47 | +41:55 (14) +1:51 (9) +54:01 (14) +0:30 (18) |

| s | sal | Nombre | tiempo | 2,7 km 50 m | | 9 C | (cont.) | | 5(45) | |
|-------------------|---------------------------------|------------------------------------|---------|---------------------|---------------------|---------------------|---------------------|---------------------|-------|--|
| | | | | 1(41) | 2(79) | 3(78) | 4(69) | Meta | | |
| | | | | 6(32) | 7(46) | 8(74) | 9(200) | | | |
| F-35B (21) | | | | | | | | | | |
| 15 | 836 | Carrasco Rodrí Alicante VILLEN | 1:48:29 | 8:20 +5:46 (18) | 23:43 +10:51 (10) | 56:57 +35:12 (16) | 1:17:51 +48:23 (17) | 1:21:05 +47:49 (16) | | |
| | | | | 8:20 +5:46 (18) | 15:23 +5:35 (9) | 33:14 +24:59 (20) | 20:54 +14:07 (15) | 3:14 +1:09 (5) | | |
| | | | | 1:30:47 +54:03 (16) | 1:35:00 +56:13 (16) | 1:45:21 :01:47 (15) | 1:48:03 :02:39 (15) | 1:48:29 :02:48 (15) | | |
| | | | | 9:42 +6:20 (16) | 4:13 +2:10 (14) | 10:21 +5:45 (16) | 2:42 +0:54 (8) | 0:26 +0:08 (8) | | |
| 16 | 580 | Bustamante Go Toledo NAVALC | 1:54:33 | 15:08 +12:34 (19) | 26:11 +13:19 (14) | 46:55 +25:10 (11) | 1:09:41 +40:13 (14) | 1:18:16 +45:00 (15) | | |
| | | | | 15:08 +12:34 (19) | 11:03 +1:15 (3) | 20:44 +12:29 (13) | 22:46 +15:59 (17) | 8:35 +6:30 (16) | | |
| | | | | 1:30:25 +53:41 (15) | 1:34:36 +55:49 (15) | 1:49:31 :05:57 (16) | 1:54:03 :08:39 (16) | 1:54:33 :08:52 (16) | | |
| | | | | 12:09 +8:47 (18) | 4:11 +2:08 (13) | 14:55 +10:19 (19) | 4:32 +2:44 (18) | 0:30 +0:12 (14) | | |
| | | | | | 1:45:38 | | | | | |
| | | | | | *75 | | | | | |
| 17 | 410 | Riaño Ribota Ele Madrid IMPERDI | 1:56:04 | 5:54 +3:20 (13) | 35:38 +22:46 (18) | 1:05:31 +43:46 (19) | 1:15:59 +46:31 (16) | 1:25:01 +51:45 (17) | | |
| | | | | 5:54 +3:20 (13) | 29:44 +19:56 (19) | 29:53 +21:38 (18) | 10:28 +3:41 (7) | 9:02 +6:57 (17) | | |
| | | | | 1:34:33 +57:49 (17) | 1:39:13 :00:26 (17) | 1:50:53 :07:19 (17) | 1:55:21 :09:57 (17) | 1:56:04 :10:23 (17) | | |
| | | | | 9:32 +6:10 (15) | 4:40 +2:37 (19) | 11:40 +7:04 (18) | 4:28 +2:40 (17) | 0:43 +0:26 (17) | | |
| 18 | 824 | Buczy Gropp Ch Granada VELET | 2:06:14 | 5:04 +2:30 (10) | 34:05 +21:13 (17) | 1:00:35 +38:50 (17) | 1:24:13 +54:45 (19) | 1:40:13 :06:57 (18) | | |
| | | | | 5:04 +2:30 (10) | 29:01 +19:13 (18) | 26:30 +18:15 (16) | 23:38 +16:51 (18) | 16:00 +13:55 (18) | | |
| | | | | 1:44:44 :08:00 (18) | 1:48:46 :09:59 (18) | 2:00:12 :16:38 (18) | 2:05:16 :19:52 (18) | 2:06:14 :20:33 (18) | | |
| | | | | 4:31 +1:09 (5) | 4:02 +1:59 (11) | 11:26 +6:50 (17) | 5:04 +3:16 (19) | 0:58 +0:40 (19) | | |
| 19 | 586 | Sánchez Sánch Toledo NAVALC | 2:20:42 | 7:00 +4:26 (15) | 25:14 +12:22 (13) | 52:11 +30:26 (15) | 1:19:16 +49:48 (18) | 1:41:32 :08:16 (19) | | |
| | | | | 7:00 +4:26 (15) | 18:14 +8:26 (12) | 26:57 +18:42 (17) | 27:05 +20:18 (19) | 22:16 +20:11 (19) | | |
| | | | | 2:06:08 :29:24 (19) | 2:09:29 :30:42 (19) | 2:17:35 :34:01 (19) | 2:20:16 :34:52 (19) | 2:20:42 :35:01 (19) | | |
| | | | | 24:36 +21:14 (19) | 3:21 +1:18 (5) | 8:06 +3:30 (7) | 2:41 +0:53 (7) | 0:26 +0:09 (11) | | |
| 320 | Martín García R Madrid GOCAN | en tarj. | | 9:20:31 :17:57 (21) | ----- | ----- | ----- | ----- | | |
| | | | | 9:20:31 :17:57 (21) | ----- | ----- | ----- | ----- | | |
| | | | | ----- | ----- | ----- | 9:23:32 | 51:29 | | |
| | | | | | 8:59:29 | 9:02:50 | 9:05:33 | 9:07:01 | | |
| | | | | | *70 | *77 | *52 | *71 | | |
| | | | | 9:09:02 | 9:11:06 | 9:12:47 | 9:14:30 | 9:16:52 | | |
| | | | | *68 | *73 | *58 | *42 | *36 | | |
| | | | | 9:18:21 | 9:22:09 | 9:22:44 | 40:24 | 42:28 | | |
| | | | | *43 | *60 | *66 | *87 | *81 | | |
| 947 | Camacho Gonz Toledo TOLEDO | andona | | 5:53 +3:19 (12) | 1:04:35 +51:43 (20) | 1:24:29 :02:44 (20) | ----- | ----- | | |
| | | | | 5:53 +3:19 (12) | 58:42 +48:54 (20) | 19:54 +11:39 (12) | ----- | ----- | | |
| | | | | ----- | ----- | ----- | ----- | ----- | | |
| F-40 (26) | | | | | | | | | | |
| | | | | 1(63) | 2(61) | 3(33) | 4(38) | 5(49) | | |
| | | | | 6(31) | 7(80) | 8(44) | 9(59) | 10(73) | | |
| | | | | 11(75) | 12(200) | Meta | | | | |
| 1 | 51 | Arias Lima Soni Pontevedra AR | 46:17 | 3:58 0:00 (1) | 7:46 +0:18 (2) | 9:26 0:00 (1) | 12:53 0:00 (1) | 16:55 0:00 (1) | | |
| | | | | 3:58 0:00 (1) | 3:48 +0:19 (2) | 1:40 +0:09 (2) | 3:27 0:00 (1) | 4:02 0:00 (1) | | |
| | | | | 21:50 0:00 (1) | 26:13 0:00 (1) | 33:37 0:00 (1) | 39:18 0:00 (1) | 40:10 0:00 (1) | | |
| | | | | 4:55 +2:06 (19) | 4:23 +0:46 (4) | 7:24 +0:13 (3) | 5:41 0:00 (1) | 0:52 0:00 (1) | | |
| | | | | 43:54 0:00 (1) | 45:58 0:00 (1) | 46:17 0:00 (1) | | | | |
| | | | | 3:44 +0:37 (5) | 2:04 +0:01 (2) | 0:19 +0:01 (5) | | | | |
| 2 | 9 | Bernardino Ort Sevilla ADOL | 1:00:13 | 4:23 +0:25 (4) | 9:57 +2:29 (3) | 13:00 +3:34 (4) | 17:49 +4:56 (3) | 29:40 +12:45 (12) | | |
| | | | | 4:23 +0:25 (4) | 5:34 +2:05 (7) | 3:03 +1:32 (16) | 4:49 +1:22 (7) | 11:51 +7:49 (24) | | |
| | | | | 32:29 +10:39 (8) | 37:23 +11:10 (8) | 44:38 +11:01 (2) | 52:41 +13:23 (3) | 53:45 +13:35 (3) | | |
| | | | | 2:49 0:00 (1) | 4:54 +1:17 (7) | 7:15 +0:04 (2) | 8:03 +2:22 (16) | 1:04 +0:12 (4) | | |
| | | | | 57:15 +13:21 (2) | 59:55 +13:57 (2) | 1:00:13 +13:56 (2) | | | | |
| | | | | 3:30 +0:23 (3) | 2:40 +0:37 (15) | 0:18 +0:00 (3) | | | | |
| 3 | 349 | Herrero Vinade Albacete GODIH | 1:00:29 | 5:12 +1:14 (13) | 10:02 +2:34 (4) | 11:43 +2:17 (3) | 15:31 +2:38 (2) | 20:52 +3:57 (2) | | |
| | | | | 5:12 +1:14 (13) | 4:50 +1:21 (6) | 1:41 +0:10 (3) | 3:48 +0:21 (2) | 5:21 +1:19 (4) | | |
| | | | | 24:08 +2:18 (2) | 29:22 +3:09 (2) | 46:24 +12:47 (5) | 53:06 +13:48 (4) | 54:13 +14:03 (4) | | |
| | | | | 3:16 +0:27 (4) | 5:14 +1:37 (13) | 17:02 +9:51 (21) | 6:42 +1:01 (9) | 1:07 +0:15 (7) | | |
| | | | | 57:49 +13:55 (4) | 1:00:10 +14:12 (3) | 1:00:29 +14:12 (3) | | | | |
| | | | | 3:36 +0:29 (4) | 2:21 +0:18 (7) | 0:19 +0:01 (4) | | | | |

| s | sal | Nombre | tiempo | 3,1 km | | 85 m | 12 C | (cont.) | | | |
|------------------|------------|--|----------------|----------------------|----------------------|----------------------|---------------------|---------------------|--|--|--|
| | | | | 1(63) | 2(61) | 3(33) | 4(38) | 5(49) | | | |
| | | | | 6(31) | 7(80) | 8(44) | 9(59) | 10(73) | | | |
| | | | | 11(75) | 12(200) | Meta | | | | | |
| F-40 (26) | | | | | | | | | | | |
| 4 | 466 | Romera García Murcia LORCA- | 1:00:55 | 5:16 +1:18 (15) | 13:22 +5:54 (15) | 15:41 +6:15 (11) | 20:47 +7:54 (11) | 26:55 +10:00 (4) | | | |
| | | | | 5:16 +1:18 (15) | 8:06 +4:37 (17) | 2:19 +0:48 (9) | 5:06 +1:39 (9) | 6:08 +2:06 (6) | | | |
| | | | | 32:32 +10:42 (9) | 36:38 +10:25 (5) | 45:53 +12:16 (3) | 52:06 +12:48 (2) | 53:17 +13:07 (2) | | | |
| | | | | 5:37 +2:48 (22) | 4:06 +0:29 (3) | 9:15 +2:04 (7) | 6:13 +0:32 (4) | 1:11 +0:19 (10) | | | |
| | | | | 57:18 +13:24 (3) | 1:00:27 +14:29 (4) | 1:00:55 +14:38 (4) | | | | | |
| | | | | 4:01 +0:54 (10) | 3:09 +1:06 (19) | 0:28 +0:10 (22) | | | | | |
| 5 | 412 | Pérez Riofrio A Madrid IMPERDI | 1:01:06 | 11:41 +7:43 (25) | 16:20 +8:52 (21) | 18:05 +8:39 (18) | 26:35 +13:42 (20) | 32:16 +15:21 (17) | | | |
| | | | | 11:41 +7:43 (25) | 4:39 +1:10 (5) | 1:45 +0:14 (5) | 8:30 +5:03 (21) | 5:41 +1:39 (5) | | | |
| | | | | 35:59 +14:09 (16) | 40:45 +14:32 (16) | 47:56 +14:19 (9) | 54:13 +14:55 (5) | 55:27 +15:17 (5) | | | |
| | | | | 3:43 +0:54 (8) | 4:46 +1:09 (6) | 7:11 0:00 (1) | 6:17 +0:36 (5) | 1:14 +0:22 (12) | | | |
| | | | | 58:34 +14:40 (5) | 1:00:48 +14:50 (5) | 1:01:06 +14:49 (5) | | | | | |
| | | | | 3:07 0:00 (1) | 2:14 +0:11 (6) | 0:18 +0:00 (2) | | | | | |
| 6 | 109 | Carbonell Marti Alicante CEAM I | 1:01:44 | 7:57 +3:59 (24) | 11:46 +4:18 (8) | 16:15 +6:49 (14) | 20:10 +7:17 (7) | 27:09 +10:14 (5) | | | |
| | | | | 7:57 +3:59 (24) | 3:49 +0:20 (3) | 4:29 +2:58 (23) | 3:55 +0:28 (3) | 6:59 +2:57 (10) | | | |
| | | | | 31:24 +9:34 (4) | 35:01 +8:48 (4) | 47:40 +14:03 (7) | 54:18 +15:00 (6) | 55:28 +15:18 (6) | | | |
| | | | | 4:15 +1:26 (12) | 3:37 0:00 (1) | 12:39 +5:28 (17) | 6:38 +0:57 (7) | 1:10 +0:18 (9) | | | |
| | | | | 59:21 +15:27 (6) | 1:01:24 +15:26 (6) | 1:01:44 +15:27 (6) | | | | | |
| | | | | 3:53 +0:46 (7) | 2:03 0:00 (1) | 0:20 +0:02 (10) | | | | | |
| 7 | 848 | Rabassa Bragul Barcelona XINO | 1:04:03 | 4:32 +0:34 (5) | 12:16 +4:48 (10) | 15:20 +5:54 (10) | 20:32 +7:39 (9) | 28:00 +11:05 (6) | | | |
| | | | | 4:32 +0:34 (5) | 7:44 +4:15 (15) | 3:04 +1:33 (17) | 5:12 +1:45 (10) | 7:28 +3:26 (13) | | | |
| | | | | 32:17 +10:27 (7) | 37:16 +11:03 (7) | 49:22 +15:45 (12) | 56:26 +17:08 (8) | 57:45 +17:35 (8) | | | |
| | | | | 4:17 +1:28 (13) | 4:59 +1:22 (8) | 12:06 +4:55 (14) | 7:04 +1:23 (10) | 1:19 +0:27 (15) | | | |
| | | | | 1:01:34 +17:40 (8) | 1:03:41 +17:43 (7) | 1:04:03 +17:46 (7) | | | | | |
| | | | | 3:49 +0:42 (6) | 2:07 +0:04 (3) | 0:22 +0:03 (15) | | | | | |
| 8 | 811 | Regidor Perona Valencia VALEN | 1:04:31 | 5:03 +1:05 (12) | 13:47 +6:19 (17) | 15:52 +6:26 (13) | 22:37 +9:44 (13) | 29:31 +12:36 (11) | | | |
| | | | | 5:03 +1:05 (12) | 8:44 +5:15 (19) | 2:05 +0:34 (8) | 6:45 +3:18 (16) | 6:54 +2:52 (9) | | | |
| | | | | 32:47 +10:57 (11) | 38:03 +11:50 (10) | 47:41 +14:04 (8) | 55:31 +16:13 (7) | 57:27 +17:17 (7) | | | |
| | | | | 3:16 +0:27 (4) | 5:16 +1:39 (14) | 9:38 +2:27 (8) | 7:50 +2:09 (12) | 1:56 +1:04 (23) | | | |
| | | | | 1:01:32 +17:38 (7) | 1:04:10 +18:12 (8) | 1:04:31 +18:14 (8) | | | | | |
| | | | | 4:05 +0:58 (12) | 2:38 +0:35 (14) | 0:21 +0:02 (11) | | | | | |
| 9 | 211 | Roldán Pareja M Málaga COMA | 1:04:50 | 4:33 +0:35 (6) | 16:24 +8:56 (22) | 19:32 +10:06 (21) | 25:23 +12:30 (19) | 30:32 +13:37 (15) | | | |
| | | | | 4:33 +0:35 (6) | 11:51 +8:22 (23) | 3:08 +1:37 (18) | 5:51 +2:24 (12) | 5:09 +1:07 (3) | | | |
| | | | | 35:15 +13:25 (15) | 39:19 +13:06 (13) | 48:09 +14:32 (10) | 57:34 +18:16 (9) | 58:31 +18:21 (9) | | | |
| | | | | 4:43 +1:54 (18) | 4:04 +0:27 (2) | 8:50 +1:39 (6) | 9:25 +3:44 (18) | 0:57 +0:05 (2) | | | |
| | | | | 1:02:24 +18:30 (9) | 1:04:31 +18:33 (9) | 1:04:50 +18:33 (9) | | | | | |
| | | | | 3:53 +0:46 (7) | 2:07 +0:04 (3) | 0:19 +0:01 (6) | | | | | |
| 10 | 772 | Cortijos Sequer Murcia TOTANA | 1:05:18 | 4:44 +0:46 (7) | 11:35 +4:07 (7) | 19:16 +9:50 (20) | 23:39 +10:46 (15) | 30:30 +13:35 (14) | | | |
| | | | | 4:44 +0:46 (7) | 6:51 +3:22 (10) | 7:41 +6:10 (24) | 4:23 +0:56 (6) | 6:51 +2:49 (8) | | | |
| | | | | 34:02 +12:12 (13) | 39:21 +13:08 (14) | 49:49 +16:12 (13) | 57:41 +18:23 (11) | 58:40 +18:30 (10) | | | |
| | | | | 3:32 +0:43 (7) | 5:19 +1:42 (16) | 10:28 +3:17 (10) | 7:52 +2:11 (13) | 0:59 +0:07 (3) | | | |
| | | | | 1:02:47 +18:53 (10) | 1:05:00 +19:02 (10) | 1:05:18 +19:01 (10) | | | | | |
| | | | | 4:07 +1:00 (14) | 2:13 +0:10 (5) | 0:18 0:00 (1) | | | | | |
| 11 | 26 | Jiménez Baena Madrid ALABAR | 1:06:15 | 6:02 +2:04 (19) | 10:19 +2:51 (5) | 13:28 +4:02 (5) | 19:41 +6:48 (5) | 28:42 +11:47 (9) | | | |
| | | | | 6:02 +2:04 (19) | 4:17 +0:48 (4) | 3:09 +1:38 (19) | 6:13 +2:46 (14) | 9:01 +4:59 (20) | | | |
| | | | | 34:02 +12:12 (13) | 39:07 +12:54 (12) | 49:20 +15:43 (11) | 57:35 +18:17 (10) | 58:56 +18:46 (11) | | | |
| | | | | 5:20 +2:31 (20) | 5:05 +1:28 (9) | 10:13 +3:02 (9) | 8:15 +2:34 (17) | 1:21 +0:29 (16) | | | |
| | | | | 1:02:58 +19:04 (11) | 1:05:51 +19:53 (11) | 1:06:15 +19:58 (11) | | | | | |
| | | | | 4:02 +0:55 (11) | 2:53 +0:50 (18) | 0:24 +0:06 (17) | | | | | |
| 12 | 773 | Romero Martín Murcia TOTANA | 1:08:09 | 4:58 +1:00 (11) | 12:57 +5:29 (13) | 16:27 +7:01 (16) | 21:24 +8:31 (12) | 28:37 +11:42 (8) | | | |
| | | | | 4:58 +1:00 (11) | 7:59 +4:30 (16) | 3:30 +1:59 (21) | 4:57 +1:30 (8) | 7:13 +3:11 (12) | | | |
| | | | | 32:41 +10:51 (10) | 38:10 +11:57 (11) | 54:49 +21:12 (17) | 1:00:44 +21:26 (14) | 1:02:01 +21:51 (14) | | | |
| | | | | 4:04 +1:15 (10) | 5:29 +1:52 (19) | 16:39 +9:28 (20) | 5:55 +0:14 (2) | 1:17 +0:25 (13) | | | |
| | | | | 1:05:18 +21:24 (13) | 1:07:49 +21:51 (12) | 1:08:09 +21:52 (12) | | | | | |
| | | | | 3:17 +0:10 (2) | 2:31 +0:28 (9) | 0:20 +0:02 (9) | | | | | |
| 13 | 587 | Cobo Caballero Toledo NAVALC | 1:08:45 | 5:17 +1:19 (16) | 11:30 +4:02 (6) | 13:52 +4:26 (6) | 17:56 +5:03 (4) | 24:38 +7:43 (3) | | | |
| | | | | 5:17 +1:19 (16) | 6:13 +2:44 (8) | 2:22 +0:51 (10) | 4:04 +0:37 (4) | 6:42 +2:40 (7) | | | |
| | | | | 29:00 +7:10 (3) | 34:56 +8:43 (3) | 47:16 +13:39 (6) | 1:00:18 +21:00 (13) | 1:01:27 +21:17 (13) | | | |
| | | | | 4:22 +1:33 (15) | 5:56 +2:19 (22) | 12:20 +5:09 (16) | 13:02 +7:21 (22) | 1:09 +0:17 (8) | | | |
| | | | | 1:05:50 +21:56 (14) | 1:08:23 +22:25 (13) | 1:08:45 +22:28 (13) | | | | | |
| | | | | 4:23 +1:16 (16) | 2:33 +0:30 (10) | 0:22 +0:04 (16) | | | | | |

| s | sal | Nombre | tiempo | 3,1 km 85 m | | 12 C | (cont.) | |
|------------------|------------|-------------------------|----------------|---------------------|----------------------|----------------------|---------------------|---------------------|
| | | | | 1(63) | 2(61) | 3(33) | 4(38) | 5(49) |
| | | | | 6(31) | 7(80) | 8(44) | 9(59) | 10(73) |
| | | | | 11(75) | 12(200) | Meta | | |
| F-40 (26) | | | | | | | | |
| 14 | 413 | Saoner Arévalo | 1:08:48 | 4:51 +0:53 (10) | 14:45 +7:17 (19) | 16:41 +7:15 (17) | 24:02 +11:09 (16) | 28:59 +12:04 (10) |
| | | Madrid IMPERDI | | 4:51 +0:53 (10) | 9:54 +6:25 (20) | 1:56 +0:25 (6) | 7:21 +3:54 (17) | 4:57 +0:55 (2) |
| | | | | 32:07 +10:17 (6) | 37:26 +11:13 (9) | 45:56 +12:19 (4) | 57:43 +18:25 (12) | 59:15 +19:05 (12) |
| | | | | 3:08 +0:19 (3) | 5:19 +1:42 (16) | 8:30 +1:19 (5) | 11:47 +6:06 (21) | 1:32 +0:40 (18) |
| | | | | 1:04:56 +21:02 (12) | 1:08:23 +22:25 (13) | 1:08:48 +22:31 (14) | | |
| | | | | 5:41 +2:34 (22) | 3:27 +1:24 (23) | 0:25 +0:07 (18) | | |
| 15 | 72 | Mesonero Guer | 1:10:37 | 5:45 +1:47 (18) | 12:39 +5:11 (12) | 15:02 +5:36 (9) | 22:50 +9:57 (14) | 33:10 +16:15 (18) |
| | | Guadalajara C.O | | 5:45 +1:47 (18) | 6:54 +3:25 (11) | 2:23 +0:52 (11) | 7:48 +4:21 (18) | 10:20 +6:18 (23) |
| | | | | 37:28 +15:38 (18) | 43:37 +17:24 (19) | 54:39 +21:02 (16) | 1:01:48 +22:30 (16) | 1:03:20 +23:10 (16) |
| | | | | 4:18 +1:29 (14) | 6:09 +2:32 (23) | 11:02 +3:51 (13) | 7:09 +1:28 (11) | 1:32 +0:40 (18) |
| | | | | 1:07:27 +23:33 (15) | 1:10:16 +24:18 (15) | 1:10:37 +24:20 (15) | | |
| | | | | 4:07 +1:00 (14) | 2:49 +0:46 (17) | 0:21 +0:03 (13) | | |
| 16 | 228 | Calvo Segovia N | 1:10:59 | 4:16 +0:18 (3) | 11:58 +4:30 (9) | 14:46 +5:20 (8) | 25:12 +12:19 (18) | 33:26 +16:31 (19) |
| | | Cuenca COMCU | | 4:16 +0:18 (3) | 7:42 +4:13 (14) | 2:48 +1:17 (13) | 10:26 +6:59 (23) | 8:14 +4:12 (16) |
| | | | | 36:26 +14:36 (17) | 41:44 +15:31 (17) | 54:27 +20:50 (15) | 1:02:29 +23:11 (18) | 1:03:47 +23:37 (17) |
| | | | | 3:00 +0:11 (2) | 5:18 +1:41 (15) | 12:43 +5:32 (18) | 8:02 +2:21 (15) | 1:18 +0:26 (14) |
| | | | | 1:08:18 +24:24 (16) | 1:10:39 +24:41 (16) | 1:10:59 +24:42 (16) | | |
| | | | | 4:31 +1:24 (17) | 2:21 +0:18 (7) | 0:20 +0:02 (7) | | |
| 17 | 316 | Gómez Naya So | 1:11:30 | 4:47 +0:49 (8) | 12:21 +4:53 (11) | 13:52 +4:26 (6) | 20:11 +7:18 (8) | 28:14 +11:19 (7) |
| | | La Coruña GAL | | 4:47 +0:49 (8) | 7:34 +4:05 (12) | 1:31 0:00 (1) | 6:19 +2:52 (15) | 8:03 +4:01 (15) |
| | | | | 31:41 +9:51 (5) | 36:52 +10:39 (6) | 55:02 +21:25 (18) | 1:01:21 +22:03 (15) | 1:02:27 +22:17 (15) |
| | | | | 3:27 +0:38 (6) | 5:11 +1:34 (11) | 18:10 +10:59 (23) | 6:19 +0:38 (6) | 1:06 +0:14 (6) |
| | | | | 1:08:36 +24:42 (17) | 1:11:10 +25:12 (17) | 1:11:30 +25:13 (17) | | |
| | | | | 6:09 +3:02 (24) | 2:34 +0:31 (11) | 0:20 +0:02 (8) | | |
| 18 | 689 | Arroyo Schnell | 1:12:22 | 3:59 +0:01 (2) | 7:28 0:00 (1) | 9:32 +0:06 (2) | 19:42 +6:49 (6) | 40:20 +23:25 (24) |
| | | Madrid SOTOB | | 3:59 +0:01 (2) | 3:29 0:00 (1) | 2:04 +0:33 (7) | 10:10 +6:43 (22) | 20:38 +16:36 (25) |
| | | | | 44:50 +23:00 (23) | 50:02 +23:49 (21) | 58:25 +24:48 (21) | 1:04:20 +25:02 (19) | 1:05:25 +25:15 (19) |
| | | | | 4:30 +1:41 (17) | 5:12 +1:35 (12) | 8:23 +1:12 (4) | 5:55 +0:14 (2) | 1:05 +0:13 (5) |
| | | | | 1:09:23 +25:29 (18) | 1:12:00 +26:02 (18) | 1:12:22 +26:05 (18) | | |
| | | | | 3:58 +0:51 (9) | 2:37 +0:34 (12) | 0:22 +0:03 (14) | | |
| 19 | 303 | Arriaga Requen | 1:13:42 | 4:48 +0:50 (9) | 15:04 +7:36 (20) | 18:35 +9:09 (19) | 24:06 +11:13 (17) | 31:46 +14:51 (16) |
| | | Cádiz FUNDI-O | | 4:48 +0:50 (9) | 10:16 +6:47 (22) | 3:31 +2:00 (22) | 5:31 +2:04 (11) | 7:40 +3:38 (14) |
| | | | | 37:34 +15:44 (19) | 42:03 +15:50 (18) | 54:19 +20:42 (14) | 1:02:18 +23:00 (17) | 1:03:55 +23:45 (18) |
| | | | | 5:48 +2:59 (23) | 4:29 +0:52 (5) | 12:16 +5:05 (15) | 7:59 +2:18 (14) | 1:37 +0:45 (21) |
| | | | | 1:09:42 +25:48 (19) | 1:13:05 +27:07 (19) | 1:13:42 +27:25 (19) | | |
| | | | | 5:47 +2:40 (23) | 3:23 +1:20 (22) | 0:37 +0:19 (23) | | |
| 20 | 487 | Martín Jiménez | 1:17:10 | 5:42 +1:44 (17) | 13:22 +5:54 (15) | 16:20 +6:54 (15) | 20:38 +7:45 (10) | 29:44 +12:49 (13) |
| | | Madrid LOS AN | | 5:42 +1:44 (17) | 7:40 +4:11 (13) | 2:58 +1:27 (15) | 4:18 +0:51 (5) | 9:06 +5:04 (22) |
| | | | | 33:58 +12:08 (12) | 39:24 +13:11 (15) | 57:07 +23:30 (19) | 1:06:48 +27:30 (20) | 1:08:39 +28:29 (20) |
| | | | | 4:14 +1:25 (11) | 5:26 +1:49 (18) | 17:43 +10:32 (22) | 9:41 +4:00 (19) | 1:51 +0:59 (22) |
| | | | | 1:13:29 +29:35 (20) | 1:16:42 +30:44 (20) | 1:17:10 +30:53 (20) | | |
| | | | | 4:50 +1:43 (18) | 3:13 +1:10 (21) | 0:28 +0:09 (21) | | |
| 21 | 831 | Vila Descals Mil | 1:18:46 | 5:14 +1:16 (14) | 13:57 +6:29 (18) | 15:41 +6:15 (11) | 31:42 +18:49 (24) | 40:12 +23:17 (23) |
| | | Valencia VERD3 | | 5:14 +1:16 (14) | 8:43 +5:14 (18) | 1:44 +0:13 (4) | 16:01 +12:34 (25) | 8:30 +4:28 (18) |
| | | | | 44:39 +22:49 (22) | 50:25 +24:12 (22) | 1:03:52 +30:15 (22) | 1:10:32 +31:14 (21) | 1:11:43 +31:33 (21) |
| | | | | 4:27 +1:38 (16) | 5:46 +2:09 (21) | 13:27 +6:16 (19) | 6:40 +0:59 (8) | 1:11 +0:19 (10) |
| | | | | 1:15:48 +31:54 (21) | 1:18:25 +32:27 (21) | 1:18:46 +32:29 (21) | | |
| | | | | 4:05 +0:58 (12) | 2:37 +0:34 (12) | 0:21 +0:03 (12) | | |
| 22 | 889 | Ferreira Paula | 1:24:25 | 6:35 +2:37 (21) | 13:17 +5:49 (14) | 21:25 +11:59 (24) | 27:37 +14:44 (21) | 36:14 +19:19 (20) |
| | | [070] COC-P | | 6:35 +2:37 (21) | 6:42 +3:13 (9) | 8:08 +6:37 (25) | 6:12 +2:45 (13) | 8:37 +4:35 (19) |
| | | | | 41:49 +19:59 (20) | 47:20 +21:07 (20) | 57:49 +24:12 (20) | 1:14:14 +34:56 (22) | 1:15:37 +35:27 (22) |
| | | | | 5:35 +2:46 (21) | 5:31 +1:54 (20) | 10:29 +3:18 (11) | 16:25 +10:44 (23) | 1:23 +0:31 (17) |
| | | | | 1:20:47 +36:53 (22) | 1:23:58 +38:00 (22) | 1:24:25 +38:08 (22) | | |
| | | | | 5:10 +2:03 (19) | 3:11 +1:08 (20) | 0:27 +0:09 (20) | | |
| 23 | 110 | Carbonell Martí | 1:25:18 | 7:20 +3:22 (22) | 24:13 +16:45 (25) | 26:49 +17:23 (25) | 38:41 +25:48 (25) | 45:52 +28:57 (25) |
| | | Alicante CEAM I | | 7:20 +3:22 (22) | 16:53 +13:24 (25) | 2:36 +1:05 (12) | 11:52 +8:25 (24) | 7:11 +3:09 (11) |
| | | | | 49:45 +27:55 (24) | 54:53 +28:40 (24) | 1:05:32 +31:55 (23) | 1:15:15 +35:57 (23) | 1:16:48 +36:38 (23) |
| | | | | 3:53 +1:04 (9) | 5:08 +1:31 (10) | 10:39 +3:28 (12) | 9:43 +4:02 (20) | 1:33 +0:41 (20) |
| | | | | 1:22:04 +38:10 (23) | 1:24:52 +38:54 (23) | 1:25:18 +39:01 (23) | | |
| | | | | 5:16 +2:09 (20) | 2:48 +0:45 (16) | 0:26 +0:08 (19) | | |

s sal Nombre tiempo

| F-40 (26) | | 3,1 km 85 m | | 12 C | | (cont.) | | | |
|-----------|---|-------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|
| | | 1(63) | 2(61) | 3(33) | 4(38) | 5(49) | | | |
| | | 6(31) | 7(80) | 8(44) | 9(59) | 10(73) | | | |
| | | 11(75) | 12(200) | Meta | | | | | |
| 24 | 229 Del Campo Mor Cuenca COMCU | 1:46:36 | 6:11 +2:13 (20) | 18:28 +11:00 (24) | 21:17 +11:51 (23) | 29:12 +16:19 (22) | 38:15 +21:20 (22) | | |
| | | | 6:11 +2:13 (20) | 12:17 +8:48 (24) | 2:49 +1:18 (14) | 7:55 +4:28 (19) | 9:03 +5:01 (21) | | |
| | | | 44:19 +22:29 (21) | 51:25 +25:12 (23) | 1:16:57 +43:20 (24) | 1:34:04 +54:46 (24) | 1:36:31 +56:21 (24) | | |
| | | | 6:04 +3:15 (24) | 7:06 +3:29 (24) | 25:32 +18:21 (24) | 17:07 +11:26 (24) | 2:27 +1:35 (24) | | |
| | | | 1:41:57 +58:03 (24) | 1:45:56 +59:58 (24) | 1:46:36 :00:19 (24) | | | | |
| | | | 5:26 +2:19 (21) | 3:59 +1:56 (24) | 0:40 +0:21 (24) | | | | |
| | 411 Azqueta Quema en tarj. Madrid IMPERDI | | 50:33 +46:35 (26) | ---- | 1:09:57 | 1:26:28 | 2:04:17 | | |
| | | | 50:33 +46:35 (26) | | 19:24 | 16:31 | 37:49 | | |
| | | | 2:11:18 | 2:18:40 | 3:09:18 | ----- | ----- | | |
| | | | 7:01 | 7:22 | 50:38 | | | | |
| | | | ----- | ----- | | | 1:44:35 | | |
| | | | | | | | *31 | | |
| | 210 García de Villarr andona Málaga COMA | | 7:31 +3:33 (23) | 17:42 +10:14 (23) | 20:57 +11:31 (22) | 29:21 +16:28 (23) | 37:35 +20:40 (21) | | |
| | | | 7:31 +3:33 (23) | 10:11 +6:42 (21) | 3:15 +1:44 (20) | 8:24 +4:57 (20) | 8:14 +4:12 (16) | | |
| | | | 1:05:41 +43:51 (25) | 1:15:13 +49:00 (25) | ----- | ----- | ----- | | |
| | | | 28:06 +25:17 (25) | 9:32 +5:55 (25) | | | | | |
| | | | ----- | 1:45:39 | 1:46:22 | | | | |
| | | | | 30:26 | 0:43 +0:25 (25) | | | | |
| F-45 (32) | | 2,9 km 90 m | | 11 C | | | | | |
| | | 1(41) | 2(63) | 3(54) | 4(53) | 5(42) | | | |
| | | 6(43) | 7(67) | 8(59) | 9(73) | 10(47) | | | |
| | | 11(200) | Meta | | | | | | |
| 1 | 632 Isaba Aramendí Navarra NORTE- | 44:18 | 3:13 +0:34 (6) | 4:40 +0:30 (3) | 11:59 +1:49 (5) | 17:44 +3:34 (4) | 22:26 +2:11 (3) | | |
| | | | 3:13 +0:34 (6) | 1:27 +0:26 (3) | 7:19 +2:29 (6) | 5:45 +2:19 (12) | 4:42 0:00 (1) | | |
| | | | 30:27 0:00 (1) | 34:03 0:00 (1) | 37:13 0:00 (1) | 38:05 0:00 (1) | 41:21 0:00 (1) | | |
| | | | 8:01 0:00 (1) | 3:36 0:00 (1) | 3:10 0:00 (1) | 0:52 0:00 (1) | 3:16 0:00 (1) | | |
| | | | 43:59 0:00 (1) | 44:18 0:00 (1) | | | | | |
| | | | 2:38 +0:12 (3) | 0:19 +0:00 (4) | | | | | |
| 2 | 794 Caus Pertegaz Alicante UNIVER | 51:25 | 2:50 +0:11 (3) | 5:00 +0:50 (4) | 10:44 +0:34 (3) | 14:10 0:00 (1) | 20:15 0:00 (1) | | |
| | | | 2:50 +0:11 (3) | 2:10 +1:09 (7) | 5:44 +0:54 (3) | 3:26 0:00 (1) | 6:05 +1:23 (5) | | |
| | | | 32:47 +2:20 (2) | 38:19 +4:16 (2) | 42:43 +5:30 (2) | 43:59 +5:54 (2) | 47:53 +6:32 (2) | | |
| | | | 12:32 +4:31 (15) | 5:32 +1:56 (6) | 4:24 +1:14 (6) | 1:16 +0:24 (5) | 3:54 +0:38 (4) | | |
| | | | 51:03 +7:04 (2) | 51:25 +7:07 (2) | | | | | |
| | | | 3:10 +0:44 (6) | 0:22 +0:03 (13) | | | | | |
| 3 | 397 Cano Rodríguez Madrid IBERIA | 52:43 | 2:44 +0:05 (2) | 4:10 0:00 (1) | 13:06 +2:56 (7) | 19:14 +5:04 (8) | 25:07 +4:52 (5) | | |
| | | | 2:44 +0:05 (2) | 1:26 +0:25 (2) | 8:56 +4:06 (12) | 6:08 +2:42 (18) | 5:53 +1:11 (4) | | |
| | | | 36:27 +6:00 (5) | 41:49 +7:46 (5) | 45:44 +8:31 (4) | 46:42 +8:37 (3) | 49:59 +8:38 (3) | | |
| | | | 11:20 +3:19 (11) | 5:22 +1:46 (4) | 3:55 +0:45 (2) | 0:58 +0:06 (2) | 3:17 +0:01 (2) | | |
| | | | 52:25 +8:26 (3) | 52:43 +8:25 (3) | | | | | |
| | | | 2:26 0:00 (1) | 0:18 0:00 (1) | | | | | |
| 4 | 238 Moraga Giméne Valencia CORRE | 54:46 | 2:54 +0:15 (4) | 5:20 +1:10 (6) | 10:10 0:00 (1) | 20:45 +6:35 (11) | 27:07 +6:52 (7) | | |
| | | | 2:54 +0:15 (4) | 2:26 +1:25 (10) | 4:50 0:00 (1) | 10:35 +7:09 (28) | 6:22 +1:40 (6) | | |
| | | | 37:38 +7:11 (6) | 41:56 +7:53 (6) | 46:56 +9:43 (6) | 48:18 +10:13 (6) | 51:56 +10:35 (6) | | |
| | | | 10:31 +2:30 (4) | 4:18 +0:42 (2) | 5:00 +1:50 (12) | 1:22 +0:30 (6) | 3:38 +0:22 (3) | | |
| | | | 54:27 +10:28 (4) | 54:46 +10:28 (4) | | | | | |
| | | | 2:31 +0:05 (2) | 0:19 +0:00 (6) | | | | | |
| 5 | 531 Valverde Carrill Ciudad Real MA | 55:08 | 3:34 +0:55 (13) | 6:08 +1:58 (9) | 14:44 +4:34 (10) | 18:37 +4:27 (7) | 26:45 +6:30 (6) | | |
| | | | 3:34 +0:55 (13) | 2:34 +1:33 (13) | 8:36 +3:46 (10) | 3:53 +0:27 (2) | 8:08 +3:26 (10) | | |
| | | | 35:01 +4:34 (4) | 40:47 +6:44 (3) | 45:52 +8:39 (5) | 47:19 +9:14 (5) | 51:23 +10:02 (4) | | |
| | | | 8:16 +0:15 (2) | 5:46 +2:10 (8) | 5:05 +1:55 (13) | 1:27 +0:35 (9) | 4:04 +0:48 (5) | | |
| | | | 54:50 +10:51 (6) | 55:08 +10:50 (5) | | | | | |
| | | | 3:27 +1:01 (13) | 0:18 +0:00 (2) | | | | | |
| 6 | 212 Pérez Redondo Málaga COMA | 55:11 | 2:39 0:00 (1) | 4:25 +0:15 (2) | 10:38 +0:28 (2) | 14:54 +0:44 (2) | 21:16 +1:01 (2) | | |
| | | | 2:39 0:00 (1) | 1:46 +0:45 (4) | 6:13 +1:23 (4) | 4:16 +0:50 (5) | 6:22 +1:40 (6) | | |
| | | | 34:39 +4:12 (3) | 41:28 +7:25 (4) | 45:37 +8:24 (3) | 46:52 +8:47 (4) | 51:30 +10:09 (5) | | |
| | | | 13:23 +5:22 (22) | 6:49 +3:13 (21) | 4:09 +0:59 (4) | 1:15 +0:23 (4) | 4:38 +1:22 (9) | | |
| | | | 54:47 +10:48 (5) | 55:11 +10:53 (6) | | | | | |
| | | | 3:17 +0:51 (10) | 0:24 +0:06 (18) | | | | | |

| s | sal | Nombre | tiempo | 2,9 km 90 m | | 11 C | (cont.) | | | |
|----|-----|---|---------|---------------------|----------------------|---------------------|---------------------|---------------------|--|--|
| | | | | 1(41) | 2(63) | 3(54) | 4(53) | 5(42) | | |
| | | | | 6(43) | 7(67) | 8(59) | 9(73) | 10(47) | | |
| | | | | 11(200) | Meta | | | | | |
| 7 | 550 | Beketova Iryna Madrid MAXIMU | 1:00:38 | 3:18 +0:39 (7) | 5:35 +1:25 (8) | 11:16 +1:06 (4) | 16:50 +2:40 (3) | 23:35 +3:20 (4) | | |
| | | | | 3:18 +0:39 (7) | 2:17 +1:16 (9) | 5:41 +0:51 (2) | 5:34 +2:08 (10) | 6:45 +2:03 (8) | | |
| | | | | 40:17 +9:50 (7) | 45:43 +11:40 (7) | 50:55 +13:42 (7) | 52:33 +14:28 (7) | 56:56 +15:35 (7) | | |
| | | | | 16:42 +8:41 (27) | 5:26 +1:50 (5) | 5:12 +2:02 (15) | 1:38 +0:46 (16) | 4:23 +1:07 (7) | | |
| | | | | 1:00:12 +16:13 (7) | 1:00:38 +16:20 (7) | | | | | |
| | | | | 3:16 +0:50 (9) | 0:26 +0:07 (21) | | | | | |
| 8 | 73 | Torres Romano Guadalajara C.O | 1:02:09 | 3:20 +0:41 (8) | 5:27 +1:17 (7) | 14:04 +3:54 (9) | 17:57 +3:47 (5) | 27:26 +7:11 (8) | | |
| | | | | 3:20 +0:41 (8) | 2:07 +1:06 (6) | 8:37 +3:47 (11) | 3:53 +0:27 (2) | 9:29 +4:47 (18) | | |
| | | | | 40:17 +9:50 (7) | 47:12 +13:09 (8) | 51:08 +13:55 (8) | 52:44 +14:39 (8) | 58:08 +16:47 (8) | | |
| | | | | 12:51 +4:50 (19) | 6:55 +3:19 (23) | 3:56 +0:46 (3) | 1:36 +0:44 (12) | 5:24 +2:08 (16) | | |
| | | | | 1:01:44 +17:45 (8) | 1:02:09 +17:51 (8) | | | | | |
| | | | | 3:36 +1:10 (18) | 0:25 +0:06 (19) | | | | | |
| 9 | 11 | Serrano Rico Is Sevilla ADOL | 1:05:50 | 3:39 +1:00 (15) | 6:19 +2:09 (11) | 14:00 +3:50 (8) | 20:02 +5:52 (9) | 27:48 +7:33 (9) | | |
| | | | | 3:39 +1:00 (15) | 2:40 +1:39 (15) | 7:41 +2:51 (7) | 6:02 +2:36 (16) | 7:46 +3:04 (9) | | |
| | | | | 41:51 +11:24 (9) | 52:42 +18:39 (10) | 57:01 +19:48 (9) | 58:27 +20:22 (9) | 1:02:44 +21:23 (9) | | |
| | | | | 14:03 +6:02 (25) | 10:51 +7:15 (29) | 4:19 +1:09 (5) | 1:26 +0:34 (8) | 4:17 +1:01 (6) | | |
| | | | | 1:05:31 +21:32 (9) | 1:05:50 +21:32 (9) | | | | | |
| | | | | 2:47 +0:21 (4) | 0:19 +0:00 (5) | | | | | |
| 10 | 321 | Gómez Serra S Madrid GOCAN | 1:07:49 | 4:34 +1:55 (20) | 6:49 +2:39 (13) | 19:58 +9:48 (16) | 25:50 +11:40 (14) | 37:21 +17:06 (17) | | |
| | | | | 4:34 +1:55 (20) | 2:15 +1:14 (8) | 13:09 +8:19 (20) | 5:52 +2:26 (14) | 11:31 +6:49 (26) | | |
| | | | | 47:38 +17:11 (13) | 53:12 +19:09 (12) | 57:52 +20:39 (10) | 59:22 +21:17 (10) | 1:04:15 +22:54 (10) | | |
| | | | | 10:17 +2:16 (3) | 5:34 +1:58 (7) | 4:40 +1:30 (9) | 1:30 +0:38 (10) | 4:53 +1:37 (12) | | |
| | | | | 1:07:28 +23:29 (10) | 1:07:49 +23:31 (10) | | | | | |
| | | | | 3:13 +0:47 (7) | 0:21 +0:02 (8) | | | | | |
| 11 | 912 | Coelho Alexand [052] GD4C | 1:09:09 | 3:06 +0:27 (5) | 5:04 +0:54 (5) | 13:04 +2:54 (6) | 18:05 +3:55 (6) | 32:21 +12:06 (13) | | |
| | | | | 3:06 +0:27 (5) | 1:58 +0:57 (5) | 8:00 +3:10 (8) | 5:01 +1:35 (8) | 14:16 +9:34 (29) | | |
| | | | | 44:56 +14:29 (11) | 52:46 +18:43 (11) | 58:35 +21:22 (12) | 1:00:54 +22:49 (13) | 1:05:35 +24:14 (12) | | |
| | | | | 12:35 +4:34 (16) | 7:50 +4:14 (26) | 5:49 +2:39 (21) | 2:19 +1:27 (28) | 4:41 +1:25 (10) | | |
| | | | | 1:08:48 +24:49 (11) | 1:09:09 +24:51 (11) | | | | | |
| | | | | 3:13 +0:47 (7) | 0:21 +0:02 (9) | | | | | |
| 12 | 111 | Garrigós Martín Alicante CEAM I | 1:09:18 | 3:52 +1:13 (17) | 7:44 +3:34 (18) | 14:58 +4:48 (11) | 21:45 +7:35 (12) | 30:54 +10:39 (10) | | |
| | | | | 3:52 +1:13 (17) | 3:52 +2:51 (22) | 7:14 +2:24 (5) | 6:47 +3:21 (21) | 9:09 +4:27 (17) | | |
| | | | | 49:22 +18:55 (16) | 54:20 +20:17 (14) | 59:10 +21:57 (13) | 1:00:50 +22:45 (12) | 1:05:24 +24:03 (11) | | |
| | | | | 18:28 +10:27 (28) | 4:58 +1:22 (3) | 4:50 +1:40 (11) | 1:40 +0:48 (17) | 4:34 +1:18 (8) | | |
| | | | | 1:08:55 +24:56 (12) | 1:09:18 +25:00 (12) | | | | | |
| | | | | 3:31 +1:05 (15) | 0:23 +0:04 (16) | | | | | |
| 13 | 722 | Martin-Tesorero Toledo TOLEDO | 1:09:40 | 3:55 +1:16 (18) | 7:07 +2:57 (15) | 17:17 +7:07 (14) | 23:16 +9:06 (13) | 31:42 +11:27 (12) | | |
| | | | | 3:55 +1:16 (18) | 3:12 +2:11 (17) | 10:10 +5:20 (18) | 5:59 +2:33 (15) | 8:26 +3:44 (14) | | |
| | | | | 42:16 +11:49 (10) | 52:37 +18:34 (9) | 58:18 +21:05 (11) | 1:00:15 +22:10 (11) | 1:05:43 +24:22 (13) | | |
| | | | | 10:34 +2:33 (5) | 10:21 +6:45 (27) | 5:41 +2:31 (20) | 1:57 +1:05 (26) | 5:28 +2:12 (20) | | |
| | | | | 1:09:21 +25:22 (13) | 1:09:40 +25:22 (13) | | | | | |
| | | | | 3:38 +1:12 (20) | 0:19 +0:00 (7) | | | | | |
| 14 | 27 | Silveira Puertas Madrid ALABAR | 1:11:52 | 3:29 +0:50 (12) | 6:30 +2:20 (12) | 16:05 +5:55 (13) | 26:42 +12:32 (15) | 36:16 +16:01 (15) | | |
| | | | | 3:29 +0:50 (12) | 3:01 +2:00 (16) | 9:35 +4:45 (17) | 10:37 +7:11 (29) | 9:34 +4:52 (19) | | |
| | | | | 46:53 +16:26 (12) | 53:12 +19:09 (12) | 59:45 +22:32 (14) | 1:01:17 +23:12 (14) | 1:07:39 +26:18 (14) | | |
| | | | | 10:37 +2:36 (6) | 6:19 +2:43 (11) | 6:33 +3:23 (22) | 1:32 +0:40 (11) | 6:22 +3:06 (23) | | |
| | | | | 1:11:20 +27:21 (14) | 1:11:52 +27:34 (14) | | | | | |
| | | | | 3:41 +1:15 (22) | 0:32 +0:13 (28) | | | | | |
| 15 | 143 | Macías Blanco I Badajoz CODAN | 1:13:26 | 7:33 +4:54 (30) | 8:34 +4:24 (20) | 28:15 +18:05 (20) | 32:09 +17:59 (19) | 36:53 +16:38 (16) | | |
| | | | | 7:33 +4:54 (30) | 1:01 0:00 (1) | 19:41 +14:51 (24) | 3:54 +0:28 (4) | 4:44 +0:02 (2) | | |
| | | | | 47:57 +17:30 (14) | 54:28 +20:25 (15) | 1:03:26 +26:13 (15) | 1:04:36 +26:31 (15) | 1:09:34 +28:13 (15) | | |
| | | | | 11:04 +3:03 (10) | 6:31 +2:55 (15) | 8:58 +5:48 (25) | 1:10 +0:18 (3) | 4:58 +1:42 (13) | | |
| | | | | 1:13:03 +29:04 (15) | 1:13:26 +29:08 (15) | | | | | |
| | | | | 3:29 +1:03 (14) | 0:23 +0:04 (15) | | | | | |
| 16 | 721 | Garcia Arroyo C Toledo TOLEDO | 1:16:33 | 6:53 +4:14 (29) | 11:12 +7:02 (26) | 20:42 +10:32 (17) | 30:13 +16:03 (17) | 41:25 +21:10 (18) | | |
| | | | | 6:53 +4:14 (29) | 4:19 +3:18 (23) | 9:30 +4:40 (16) | 9:31 +6:05 (26) | 11:12 +6:30 (23) | | |
| | | | | 53:17 +22:50 (17) | 59:34 +25:31 (17) | 1:04:58 +27:45 (16) | 1:06:50 +28:45 (16) | 1:12:23 +31:02 (16) | | |
| | | | | 11:52 +3:51 (13) | 6:17 +2:41 (10) | 5:24 +2:14 (16) | 1:52 +1:00 (24) | 5:33 +2:17 (21) | | |
| | | | | 1:16:02 +32:03 (16) | 1:16:33 +32:15 (16) | | | | | |
| | | | | 3:39 +1:13 (21) | 0:31 +0:12 (27) | | | | | |

| s | sal | Nombre | tiempo | 2,9 km 90 m | | 11 C | (cont.) | |
|------------------|------------|---------------------------------------|----------------|---|--|---|--|--|
| | | | | 1(41) | 2(63) | 3(54) | 4(53) | 5(42) |
| | | | | 6(43) | 7(67) | 8(59) | 9(73) | 10(47) |
| | | | | 11(200) | Meta | | | |
| F-45 (32) | | | | | | | | |
| 17 | 643 | Prada Cazorla A Madrid O-GETA | 1:18:38 | 3:38 +0:59 (14) 3:38 +0:59 (14) 54:17 +23:50 (18) 12:35 +4:34 (16) 1:18:16 +34:17 (17) 3:23 +0:57 (11) | 6:11 +2:01 (10) 2:33 +1:32 (12) 1:01:32 +27:29 (18) 7:15 +3:39 (24) 1:18:38 +34:20 (17) 0:22 +0:03 (14) | 22:53 +12:43 (19) 16:42 +11:52 (23) 1:06:42 +29:29 (18) 5:10 +2:00 (14) | 30:19 +16:09 (18) 7:26 +4:00 (23) 1:08:22 +30:17 (17) 1:40 +0:48 (17) | 41:42 +21:27 (19) 11:23 +6:41 (24) 1:14:53 +33:32 (17) 6:31 +3:15 (25) |
| 18 | 589 | Sánchez Sanch Toledo NAVALC | 1:20:19 | 3:44 +1:05 (16) 3:44 +1:05 (16) 57:05 +26:38 (19) 10:52 +2:51 (9) 1:19:54 +35:55 (18) 3:44 +1:18 (23) | 26:21 +22:11 (32) 22:37 +21:36 (32) 1:03:36 +29:33 (19) 6:31 +2:55 (15) 1:20:19 +36:01 (18) 0:25 +0:06 (20) | 35:37 +25:27 (29) 9:16 +4:26 (15) 1:09:01 +31:48 (19) 5:25 +2:15 (17) | 41:20 +27:10 (27) 5:43 +2:17 (11) 1:10:43 +32:38 (18) 1:42 +0:50 (20) | 46:13 +25:58 (20) 4:53 +0:11 (3) 1:16:10 +34:49 (18) 5:27 +2:11 (19) |
| 19 | 720 | Galán Sierra Cri Toledo TOLEDO | 1:21:21 | 5:57 +3:18 (27) 5:57 +3:18 (27) 59:20 +28:53 (20) 12:08 +4:07 (14) 1:20:55 +36:56 (19) 3:33 +1:07 (16) | 24:52 +20:42 (31) 18:55 +17:54 (31) 1:06:07 +32:04 (20) 6:47 +3:11 (20) 1:21:21 +37:03 (19) 0:26 +0:08 (22) | 34:03 +23:53 (28) 9:11 +4:21 (13) 1:10:50 +33:37 (20) 4:43 +1:33 (10) | 38:52 +24:42 (23) 4:49 +1:23 (7) 1:12:31 +34:26 (19) 1:41 +0:49 (19) | 47:12 +26:57 (21) 8:20 +3:38 (13) 1:17:22 +36:01 (19) 4:51 +1:35 (11) |
| 20 | 812 | Vendrell Fuent Valencia VALEN | 1:23:23 | 5:21 +2:42 (24) 5:21 +2:42 (24) 59:48 +29:21 (21) 11:22 +3:21 (12) 1:22:59 +39:00 (20) 3:44 +1:18 (23) | 8:40 +4:30 (21) 3:19 +2:18 (18) 1:06:38 +32:35 (21) 6:50 +3:14 (22) 1:23:23 +39:05 (20) 0:24 +0:05 (17) | 33:10 +23:00 (26) 24:30 +19:40 (27) 1:11:15 +34:02 (21) 4:37 +1:27 (8) | 40:07 +25:57 (25) 6:57 +3:31 (22) 1:12:51 +34:46 (20) 1:36 +0:44 (12) | 48:26 +28:11 (22) 8:19 +3:37 (12) 1:19:15 +37:54 (20) 6:24 +3:08 (24) |
| 21 | 723 | Megia Sanmigu Toledo TOLEDO | 1:24:31 | 3:22 +0:43 (10) 3:22 +0:43 (10) 1:00:52 +30:25 (22) 10:44 +2:43 (7) 1:24:04 +40:05 (21) 3:37 +1:11 (19) | 9:22 +5:12 (23) 6:00 +4:59 (27) 1:07:31 +33:28 (22) 6:39 +3:03 (19) 1:24:31 +40:13 (21) 0:27 +0:08 (23) | 18:36 +8:26 (15) 9:14 +4:24 (14) 1:13:08 +35:55 (22) 5:37 +2:27 (19) | 37:27 +23:17 (21) 18:51 +15:25 (30) 1:15:01 +36:56 (21) 1:53 +1:01 (25) | 50:08 +29:53 (24) 12:41 +7:59 (28) 1:20:27 +39:06 (21) 5:26 +2:10 (17) |
| 22 | 530 | Garcia-Pozuelo Ciudad Real MA | 1:28:11 | 5:42 +3:03 (25) 5:42 +3:03 (25) 1:05:11 +34:44 (25) 10:51 +2:50 (8) 1:27:50 +43:51 (22) 3:35 +1:09 (17) | 11:49 +7:39 (27) 6:07 +5:06 (29) 1:11:41 +37:38 (24) 6:30 +2:54 (14) 1:28:11 +43:53 (22) 0:21 +0:02 (10) | 32:52 +22:42 (24) 21:03 +16:13 (25) 1:17:14 +40:01 (23) 5:33 +2:23 (18) | 41:59 +27:49 (28) 9:07 +5:41 (25) 1:19:03 +40:58 (22) 1:49 +0:57 (23) | 54:20 +34:05 (27) 12:21 +7:39 (27) 1:24:15 +42:54 (22) 5:12 +1:56 (15) |
| 23 | 350 | Herreros Valien Albacete GODIH | 1:32:07 | 6:43 +4:04 (28) 6:43 +4:04 (28) 1:04:04 +33:37 (23) 12:43 +4:42 (18) 1:31:40 +47:41 (23) 4:53 +2:27 (27) | 17:13 +13:03 (29) 10:30 +9:29 (30) 1:10:29 +36:26 (23) 6:25 +2:49 (12) 1:32:07 +47:49 (23) 0:27 +0:08 (24) | 29:19 +19:09 (21) 12:06 +7:16 (19) 1:19:34 +42:21 (24) 9:05 +5:55 (26) | 35:21 +21:11 (20) 6:02 +2:36 (16) 1:21:21 +43:16 (23) 1:47 +0:55 (22) | 51:21 +31:06 (25) 16:00 +11:18 (30) 1:26:47 +45:26 (23) 5:26 +2:10 (17) |
| 24 | 351 | Muñoz Gomez Albacete GODIH | 1:37:03 | 3:25 +0:46 (11) 3:25 +0:46 (11) 1:04:18 +33:51 (24) 14:30 +6:29 (26) 1:36:45 +52:46 (24) 2:52 +0:26 (5) | 6:59 +2:49 (14) 3:34 +2:33 (19) 1:11:54 +37:51 (25) 7:36 +4:00 (25) 1:37:03 +52:45 (24) 0:18 +0:00 (3) | 31:49 +21:39 (23) 24:50 +20:00 (28) 1:22:45 +45:32 (25) 10:51 +7:41 (29) | 38:18 +24:08 (22) 6:29 +3:03 (19) 1:24:21 +46:16 (24) 1:36 +0:44 (12) | 49:48 +29:33 (23) 11:30 +6:48 (25) 1:33:53 +52:32 (25) 9:32 +6:16 (29) |
| 25 | 651 | Escudero Pelay Palencia ORCA | 1:38:14 | 4:46 +2:07 (23) 4:46 +2:07 (23) 1:08:13 +37:46 (27) 13:47 +5:46 (23) 1:37:33 +53:34 (25) 4:35 +2:09 (25) | 7:16 +3:06 (16) 2:30 +1:29 (11) 1:14:48 +40:45 (26) 6:35 +2:59 (17) 1:38:14 +53:56 (25) 0:41 +0:22 (29) | 39:36 +29:26 (30) 32:20 +27:30 (30) 1:24:07 +46:54 (26) 9:19 +6:09 (27) | 46:17 +32:07 (29) 6:41 +3:15 (20) 1:25:53 +47:48 (25) 1:46 +0:54 (21) | 54:26 +34:11 (28) 8:09 +3:27 (11) 1:32:58 +51:37 (24) 7:05 +3:49 (26) |
| 26 | 784 | Olive Boque Nur Barcelona UEVI | 1:44:59 | 4:08 +1:29 (19) 4:08 +1:29 (19) 1:21:27 +51:00 (28) 13:19 +5:18 (20) 1:44:30 :00:31 (26) 3:23 +0:57 (11) | 8:54 +4:44 (22) 4:46 +3:45 (25) 1:27:22 +53:19 (27) 5:55 +2:19 (9) 1:44:59 :00:41 (26) 0:29 +0:10 (25) | 33:53 +23:43 (27) 24:59 +20:09 (29) 1:34:31 +57:18 (27) 7:09 +3:59 (24) | 58:28 +44:18 (30) 24:35 +21:09 (32) 1:36:08 +58:03 (26) 1:37 +0:45 (15) | 1:08:08 +47:53 (30) 9:40 +4:58 (20) 1:41:07 +59:46 (26) 4:59 +1:43 (14) |

| s | sal | Nombre | tiempo | 2,7 km 65 m | | 11 C | (cont.) | | | |
|-----------|------------|--|----------------|---------------------|---------------------|-------------------|---------------------|---------------------|--|--|
| | | | | 1(72) | 2(31) | 3(80) | 4(57) | 5(67) | | |
| | | | | 6(69) | 7(45) | 8(32) | 9(73) | 10(75) | | |
| | | | | 11(200) | Meta | | | | | |
| 4 | 926 | Lopes Helena [1000] Individual | 52:26 | 3:46 +1:53 (13) | 15:51 +5:00 (6) | 21:12 +6:30 (6) | 28:41 +7:10 (6) | 30:57 +7:48 (5) | | |
| | | | | 3:46 +1:53 (13) | 12:05 +4:38 (5) | 5:21 +1:30 (6) | 7:29 +0:53 (4) | 2:16 +1:02 (17) | | |
| | | | | 32:29 +8:06 (4) | 35:01 +4:39 (4) | 37:54 +5:20 (2) | 43:56 +7:06 (4) | 48:28 +7:46 (4) | | |
| | | | | 1:32 +0:24 (4) | 2:32 +0:15 (3) | 2:53 +0:41 (3) | 6:02 +1:46 (14) | 4:32 +1:12 (5) | | |
| | | | | 52:05 +9:21 (4) | 52:26 +9:22 (4) | | | | | |
| | | | | 3:37 +1:35 (17) | 0:21 +0:02 (3) | | | | | |
| 5 | 467 | Murcia Martíne Murcia LORCA- | 55:38 | 2:28 +0:35 (2) | 16:13 +5:22 (8) | 22:21 +7:39 (7) | 35:37 +14:06 (9) | 37:09 +14:00 (9) | | |
| | | | | 2:28 +0:35 (2) | 13:45 +6:18 (9) | 6:08 +2:17 (8) | 13:16 +6:40 (18) | 1:32 +0:18 (7) | | |
| | | | | 40:04 +15:41 (10) | 42:27 +12:05 (8) | 44:44 +12:10 (7) | 49:01 +12:11 (6) | 52:50 +12:08 (5) | | |
| | | | | 2:55 +1:47 (13) | 2:23 +0:06 (2) | 2:17 +0:05 (2) | 4:17 +0:01 (2) | 3:49 +0:29 (2) | | |
| | | | | 55:13 +12:29 (5) | 55:38 +12:34 (5) | | | | | |
| | | | | 2:23 +0:21 (3) | 0:25 +0:06 (7) | | | | | |
| 6 | 165 | Barea Castaño Alicante COLIVE | 57:12 | 3:01 +1:08 (6) | 15:46 +4:55 (5) | 22:30 +7:48 (8) | 30:49 +9:18 (7) | 32:20 +9:11 (6) | | |
| | | | | 3:01 +1:08 (6) | 12:45 +5:18 (8) | 6:44 +2:53 (9) | 8:19 +1:43 (9) | 1:31 +0:17 (6) | | |
| | | | | 34:07 +9:44 (5) | 37:45 +7:23 (5) | 41:45 +9:11 (5) | 47:10 +10:20 (5) | 53:23 +12:41 (6) | | |
| | | | | 1:47 +0:39 (5) | 3:38 +1:21 (12) | 4:00 +1:48 (6) | 5:25 +1:09 (6) | 6:13 +2:53 (11) | | |
| | | | | 56:44 +14:00 (6) | 57:12 +14:08 (6) | | | | | |
| | | | | 3:21 +1:19 (14) | 0:28 +0:09 (13) | | | | | |
| 7 | 928 | Tavares Eugéni [007] Ori-Estarr | 1:01:34 | 3:35 +1:42 (12) | 15:52 +5:01 (7) | 20:51 +6:09 (5) | 28:10 +6:39 (5) | 34:06 +10:57 (7) | | |
| | | | | 3:35 +1:42 (12) | 12:17 +4:50 (6) | 4:59 +1:08 (5) | 7:19 +0:43 (3) | 5:56 +4:42 (21) | | |
| | | | | 36:02 +11:39 (6) | 40:10 +9:48 (6) | 44:33 +11:59 (6) | 50:07 +13:17 (7) | 58:11 +17:29 (7) | | |
| | | | | 1:56 +0:48 (8) | 4:08 +1:51 (15) | 4:23 +2:11 (8) | 5:34 +1:18 (7) | 8:04 +4:44 (15) | | |
| | | | | 1:01:08 +18:24 (7) | 1:01:34 +18:30 (7) | | | | | |
| | | | | 2:57 +0:55 (6) | 0:26 +0:07 (8) | | | | | |
| 8 | 392 | Serrallonga Gas Girona GO-XTRE | 1:01:42 | 2:51 +0:58 (5) | 12:39 +1:48 (3) | 17:32 +2:50 (2) | 25:03 +3:32 (2) | 26:57 +3:48 (2) | | |
| | | | | 2:51 +0:58 (5) | 9:48 +2:21 (2) | 4:53 +1:02 (4) | 7:31 +0:55 (5) | 1:54 +0:40 (14) | | |
| | | | | 39:13 +14:50 (8) | 42:04 +11:42 (7) | 46:10 +13:36 (8) | 51:48 +14:58 (8) | 58:17 +17:35 (8) | | |
| | | | | 12:16 +11:08 (20) | 2:51 +0:34 (4) | 4:06 +1:54 (7) | 5:38 +1:22 (9) | 6:29 +3:09 (13) | | |
| | | | | 1:01:19 +18:35 (8) | 1:01:42 +18:38 (8) | | | | | |
| | | | | 3:02 +1:00 (7) | 0:23 +0:04 (4) | | | | | |
| 9 | 97 | Plaza Plaza Olivi Valladolid CDP- | 1:05:18 | 7:27 +5:34 (20) | 18:53 +8:02 (9) | 23:34 +8:52 (9) | 32:24 +10:53 (8) | 35:02 +11:53 (8) | | |
| | | | | 7:27 +5:34 (20) | 11:26 +3:59 (4) | 4:41 +0:50 (2) | 8:50 +2:14 (11) | 2:38 +1:24 (18) | | |
| | | | | 38:48 +14:25 (7) | 42:54 +12:32 (9) | 49:20 +16:46 (10) | 55:21 +18:31 (9) | 1:01:34 +20:52 (9) | | |
| | | | | 3:46 +2:38 (16) | 4:06 +1:49 (14) | 6:26 +4:14 (20) | 6:01 +1:45 (13) | 6:13 +2:53 (11) | | |
| | | | | 1:04:49 +22:05 (9) | 1:05:18 +22:14 (9) | | | | | |
| | | | | 3:15 +1:13 (9) | 0:29 +0:10 (15) | | | | | |
| 10 | 493 | Rubia López Ro Córdoba LOS C | 1:05:53 | 5:40 +3:47 (19) | 20:54 +10:03 (14) | 28:53 +14:11 (12) | 37:52 +16:21 (12) | 39:16 +16:07 (11) | | |
| | | | | 5:40 +3:47 (19) | 15:14 +7:47 (10) | 7:59 +4:08 (13) | 8:59 +2:23 (12) | 1:24 +0:10 (5) | | |
| | | | | 41:05 +16:42 (11) | 44:46 +14:24 (11) | 50:17 +17:43 (12) | 55:54 +19:04 (10) | 1:02:03 +21:21 (10) | | |
| | | | | 1:49 +0:41 (7) | 3:41 +1:24 (13) | 5:31 +3:19 (18) | 5:37 +1:21 (8) | 6:09 +2:49 (9) | | |
| | | | | 1:05:22 +22:38 (10) | 1:05:53 +22:49 (10) | | | | | |
| | | | | 3:19 +1:17 (12) | 0:31 +0:12 (20) | | | | | |
| 11 | 652 | Muñoz Acebes Palencia ORCA | 1:07:35 | 3:09 +1:16 (7) | 20:47 +9:56 (13) | 31:04 +16:22 (15) | 40:43 +19:12 (14) | 42:31 +19:22 (14) | | |
| | | | | 3:09 +1:16 (7) | 17:38 +10:11 (14) | 10:17 +6:26 (20) | 9:39 +3:03 (14) | 1:48 +0:34 (12) | | |
| | | | | 44:18 +19:55 (13) | 47:12 +16:50 (13) | 51:11 +18:37 (13) | 57:36 +20:46 (12) | 1:03:48 +23:06 (11) | | |
| | | | | 1:47 +0:39 (5) | 2:54 +0:37 (5) | 3:59 +1:47 (5) | 6:25 +2:09 (16) | 6:12 +2:52 (10) | | |
| | | | | 1:07:04 +24:20 (11) | 1:07:35 +24:31 (11) | | | | | |
| | | | | 3:16 +1:14 (11) | 0:31 +0:12 (19) | | | | | |
| 12 | 189 | Berrocal Parien Madrid COLMEN | 1:08:33 | 3:51 +1:58 (16) | 19:30 +8:39 (10) | 27:32 +12:50 (10) | 35:46 +14:15 (10) | 37:35 +14:26 (10) | | |
| | | | | 3:51 +1:58 (16) | 15:39 +8:12 (11) | 8:02 +4:11 (14) | 8:14 +1:38 (8) | 1:49 +0:35 (13) | | |
| | | | | 39:52 +15:29 (9) | 42:55 +12:33 (10) | 47:55 +15:21 (9) | 56:38 +19:48 (11) | 1:04:51 +24:09 (12) | | |
| | | | | 2:17 +1:09 (9) | 3:03 +0:46 (7) | 5:00 +2:48 (17) | 8:43 +4:27 (18) | 8:13 +4:53 (18) | | |
| | | | | 1:08:06 +25:22 (12) | 1:08:33 +25:29 (12) | | | | | |
| | | | | 3:15 +1:13 (9) | 0:27 +0:09 (11) | | | | | |
| 13 | 401 | Francés Briz Co Zaragoza IBÓN | 1:09:38 | 4:23 +2:30 (17) | 23:39 +12:48 (15) | 30:43 +16:01 (14) | 38:33 +17:02 (13) | 40:06 +16:57 (13) | | |
| | | | | 4:23 +2:30 (17) | 19:16 +11:49 (15) | 7:04 +3:13 (10) | 7:50 +1:14 (6) | 1:33 +0:19 (8) | | |
| | | | | 44:38 +20:15 (14) | 49:39 +19:17 (14) | 54:38 +22:04 (14) | 1:00:20 +23:30 (13) | 1:05:35 +24:53 (13) | | |
| | | | | 4:32 +3:24 (18) | 5:01 +2:44 (18) | 4:59 +2:47 (15) | 5:42 +1:26 (10) | 5:15 +1:55 (6) | | |
| | | | | 1:09:11 +26:27 (13) | 1:09:38 +26:34 (13) | | | | | |
| | | | | 3:36 +1:34 (16) | 0:27 +0:08 (10) | | | | | |

s sal Nombre tiempo

| F-50 (21) | | 2,7 km 65 m | | 11 C | | (cont.) | | | |
|-----------|--|-------------|---------------------|---------------------|---------------------|---------------------|---------------------|--|--|
| | | 1(72) | 2(31) | 3(80) | 4(57) | 5(67) | | | |
| | | 6(69) | 7(45) | 8(32) | 9(73) | 10(75) | | | |
| | | 11(200) | Meta | | | | | | |
| 14 | 112 Garrigós Martín Alicante CEAM I | 1:11:28 | 3:17 +1:24 (9) | 19:40 +8:49 (11) | 28:31 +13:49 (11) | 37:40 +16:09 (11) | 39:16 +16:07 (11) | | |
| | | | 3:17 +1:24 (9) | 16:23 +8:56 (12) | 8:51 +5:00 (16) | 9:09 +2:33 (13) | 1:36 +0:22 (9) | | |
| | | | 42:23 +18:00 (12) | 45:26 +15:04 (12) | 49:54 +17:20 (11) | 1:02:03 +25:13 (14) | 1:07:28 +26:46 (14) | | |
| | | | 3:07 +1:59 (14) | 3:03 +0:46 (7) | 4:28 +2:16 (9) | 12:09 +7:53 (20) | 5:25 +2:05 (8) | | |
| | | | 1:11:00 +28:16 (14) | 1:11:28 +28:24 (14) | | 1:06:14 | | | |
| | | | 3:32 +1:30 (15) | 0:28 +0:10 (14) | | *74 | | | |
| 15 | 922 Gaboleiro Luísa [133] GDU Azoia | 1:16:18 | 2:44 +0:51 (4) | 35:14 +24:23 (20) | 42:24 +27:42 (19) | 50:50 +29:19 (18) | 52:11 +29:02 (18) | | |
| | | | 2:44 +0:51 (4) | 32:30 +25:03 (20) | 7:10 +3:19 (11) | 8:26 +1:50 (10) | 1:21 +0:07 (3) | | |
| | | | 54:50 +30:27 (16) | 57:48 +27:26 (16) | 1:02:16 +29:42 (16) | 1:08:13 +31:23 (16) | 1:13:28 +32:46 (16) | | |
| | | | 2:39 +1:31 (12) | 2:58 +0:41 (6) | 4:28 +2:16 (9) | 5:57 +1:41 (11) | 5:15 +1:55 (6) | | |
| | | | 1:15:54 +33:10 (15) | 1:16:18 +33:14 (15) | | | | | |
| | | | 2:26 +0:24 (4) | 0:24 +0:05 (6) | | | | | |
| 16 | 250 Miguel Pagazau Madrid COTA | 1:17:44 | 3:49 +1:56 (14) | 26:57 +16:06 (18) | 34:40 +19:58 (17) | 44:37 +23:06 (15) | 48:34 +25:25 (16) | | |
| | | | 3:49 +1:56 (14) | 23:08 +15:41 (18) | 7:43 +3:52 (12) | 9:57 +3:21 (15) | 3:57 +2:43 (20) | | |
| | | | 52:00 +27:37 (15) | 55:14 +24:52 (15) | 1:00:09 +27:35 (15) | 1:06:07 +29:17 (15) | 1:12:57 +32:15 (15) | | |
| | | | 3:26 +2:18 (15) | 3:14 +0:57 (9) | 4:55 +2:43 (14) | 5:58 +1:42 (12) | 6:50 +3:30 (14) | | |
| | | | 1:17:16 +34:32 (16) | 1:17:44 +34:40 (16) | | | | | |
| | | | 4:19 +2:17 (18) | 0:28 +0:09 (12) | | | | | |
| 17 | 556 Cánovas Andre Madrid MONTE | 1:28:44 | 3:16 +1:23 (8) | 20:36 +9:45 (12) | 28:54 +14:12 (13) | 48:42 +27:11 (17) | 50:02 +26:53 (17) | | |
| | | | 3:16 +1:23 (8) | 17:20 +9:53 (13) | 8:18 +4:27 (15) | 19:48 +13:12 (20) | 1:20 +0:06 (2) | | |
| | | | 59:41 +35:18 (17) | 1:02:56 +32:34 (17) | 1:07:31 +34:57 (17) | 1:14:10 +37:20 (17) | 1:25:00 +44:18 (17) | | |
| | | | 9:39 +8:31 (19) | 3:15 +0:58 (10) | 4:35 +2:23 (11) | 6:39 +2:23 (17) | 10:50 +7:30 (19) | | |
| | | | 1:28:20 +45:36 (17) | 1:28:44 +45:40 (17) | | 45:05 | | | |
| | | | 3:20 +1:18 (13) | 0:24 +0:05 (5) | | *78 | | | |
| 18 | 622 Armisén Sáenz Soria NAVALEN | 1:32:36 | 3:50 +1:57 (15) | 24:54 +14:03 (17) | 34:44 +20:02 (18) | 55:52 +34:21 (20) | 58:32 +35:23 (20) | | |
| | | | 3:50 +1:57 (15) | 21:04 +13:37 (17) | 9:50 +5:59 (19) | 21:08 +14:32 (21) | 2:40 +1:26 (19) | | |
| | | | 1:00:59 +36:36 (18) | 1:04:25 +34:03 (18) | 1:09:16 +36:42 (18) | 1:15:22 +38:32 (18) | 1:27:27 +46:45 (18) | | |
| | | | 2:27 +1:19 (11) | 3:26 +1:09 (11) | 4:51 +2:39 (13) | 6:06 +1:50 (15) | 12:05 +8:45 (20) | | |
| | | | 1:31:57 +49:13 (18) | 1:32:36 +49:32 (18) | | | | | |
| | | | 4:30 +2:28 (19) | 0:39 +0:20 (21) | | | | | |
| 19 | 414 Cascales Nicolás Madrid IMPERDI | 1:33:44 | 3:31 +1:38 (11) | 39:15 +28:24 (21) | 48:29 +33:47 (21) | 1:03:00 +41:29 (21) | 1:04:59 +41:50 (21) | | |
| | | | 3:31 +1:38 (11) | 35:44 +28:17 (21) | 9:14 +5:23 (17) | 14:31 +7:55 (19) | 1:59 +0:45 (15) | | |
| | | | 1:07:24 +43:01 (20) | 1:11:57 +41:35 (20) | 1:16:45 +44:11 (20) | 1:22:03 +45:13 (19) | 1:30:09 +49:27 (19) | | |
| | | | 2:25 +1:17 (10) | 4:33 +2:16 (17) | 4:48 +2:36 (12) | 5:18 +1:02 (5) | 8:06 +4:46 (17) | | |
| | | | 1:33:17 +50:33 (19) | 1:33:44 +50:40 (19) | | | | | |
| | | | 3:08 +1:06 (8) | 0:27 +0:08 (9) | | | | | |
| 20 | 96 Conde Muñoz L Valladolid CDP- | 1:35:30 | 8:04 +6:11 (21) | 31:46 +20:55 (19) | 42:45 +28:03 (20) | 55:36 +34:05 (19) | 57:46 +34:37 (19) | | |
| | | | 8:04 +6:11 (21) | 23:42 +16:15 (19) | 10:59 +7:08 (21) | 12:51 +6:15 (17) | 2:10 +0:56 (16) | | |
| | | | 1:02:10 +37:47 (19) | 1:07:31 +37:09 (19) | 1:13:24 +40:50 (19) | 1:22:18 +45:28 (20) | 1:30:23 +49:41 (20) | | |
| | | | 4:24 +3:16 (17) | 5:21 +3:04 (19) | 5:53 +3:41 (19) | 8:54 +4:38 (19) | 8:05 +4:45 (16) | | |
| | | | 1:34:59 +52:15 (20) | 1:35:30 +52:26 (20) | | | | | |
| | | | 4:36 +2:34 (20) | 0:31 +0:12 (18) | | | | | |
| | 282 Dengra Tello Mi Toledo ESCONDI | en tarj. | 4:36 +2:43 (18) | 24:33 +13:42 (16) | 33:58 +19:16 (16) | 46:37 +25:06 (16) | 48:16 +25:07 (15) | | |
| | | | 4:36 +2:43 (18) | 19:57 +12:30 (16) | 9:25 +5:34 (18) | 12:39 +6:03 (16) | 1:39 +0:25 (11) | | |
| | | | ----- | 56:44 | 1:02:10 | 1:09:12 | 1:14:59 | | |
| | | | | 8:28 | 5:26 | 7:02 | 5:47 | | |
| | | | 1:18:13 | 1:18:43 | | 53:36 | | | |
| | | | 3:14 | 0:30 +0:11 (16) | | *60 | | | |
| F-55 (9) | | 2,4 km 70 m | | 10 C | | | | | |
| | | 1(41) | 2(79) | 3(31) | 4(80) | 5(55) | | | |
| | | 6(78) | 7(59) | 8(39) | 9(74) | 10(200) | | | |
| | | Meta | | | | | | | |
| 1 | 532 Corrochano Gal Ciudad Real MA | 53:24 | 3:14 0:00 (1) | 13:20 0:00 (1) | 16:06 0:00 (1) | 22:42 0:00 (1) | 30:55 0:00 (1) | | |
| | | | 3:14 0:00 (1) | 10:06 0:00 (1) | 2:46 +0:58 (6) | 6:36 +1:08 (3) | 8:13 +3:08 (6) | | |
| | | | 34:19 0:00 (1) | 45:36 +0:20 (2) | 48:25 0:00 (1) | 50:31 0:00 (1) | 52:58 0:00 (1) | | |
| | | | 3:24 +0:41 (3) | 11:17 +2:39 (5) | 2:49 0:00 (1) | 2:06 0:00 (1) | 2:27 +0:38 (4) | | |
| | | | 53:24 0:00 (1) | | | | | | |
| | | | 0:26 +0:05 (7) | | | | | | |

| s | sal | Nombre | tiempo | 2,4 km 70 m | | 10 C | (cont.) | | | |
|-----------------|-----|-----------------------------------|---------|----------------------|-----------------------|----------------------|----------------------|----------------------|--|--|
| | | | | 1(41) | 2(79) | 3(31) | 4(80) | 5(55) | | |
| | | | | 6(78) | 7(59) | 8(39) | 9(74) | 10(200) | | |
| | | | | Meta | | | | | | |
| F-55 (9) | | | | | | | | | | |
| 2 | 669 | Flórez-Estrada La Rioja RIOJA- | 57:31 | 4:04 +0:50 (7) | 20:39 +7:19 (6) | 22:55 +6:49 (5) | 28:37 +5:55 (3) | 33:42 +2:47 (2) | | |
| | | | | 4:04 +0:50 (7) | 16:35 +6:29 (6) | 2:16 +0:28 (3) | 5:42 +0:14 (2) | 5:05 0:00 (1) | | |
| | | | | 36:38 +2:19 (2) | 45:16 0:00 (1) | 51:02 +2:37 (2) | 53:25 +2:54 (2) | 57:11 +4:13 (2) | | |
| | | | | 2:56 +0:13 (2) | 8:38 0:00 (1) | 5:46 +2:57 (4) | 2:23 +0:17 (3) | 3:46 +1:57 (8) | | |
| | | | | 57:31 +4:07 (2) | | | | | | |
| | | | | 0:20 0:00 (1) | | | | | | |
| 3 | 304 | Barclay Judy Cádiz FUNDI-O | 59:21 | 3:29 +0:15 (2) | 19:13 +5:53 (4) | 21:48 +5:42 (4) | 29:01 +6:19 (4) | 35:24 +4:29 (3) | | |
| | | | | 3:29 +0:15 (2) | 15:44 +5:38 (4) | 2:35 +0:47 (5) | 7:13 +1:45 (6) | 6:23 +1:18 (4) | | |
| | | | | 39:27 +5:08 (3) | 49:40 +4:24 (3) | 53:35 +5:10 (3) | 56:13 +5:42 (3) | 58:58 +6:00 (3) | | |
| | | | | 4:03 +1:20 (4) | 10:13 +1:35 (2) | 3:55 +1:06 (2) | 2:38 +0:32 (5) | 2:45 +0:56 (6) | | |
| | | | | 59:21 +5:57 (3) | | | | | | |
| | | | | 0:23 +0:03 (4) | | | | | | |
| 4 | 122 | Fernández Fern Vizcaya COBI | 1:06:03 | 3:41 +0:27 (3) | 25:44 +12:24 (7) | 28:03 +11:57 (7) | 34:44 +12:02 (7) | 41:43 +10:48 (6) | | |
| | | | | 3:41 +0:27 (3) | 22:03 +11:57 (8) | 2:19 +0:31 (4) | 6:41 +1:13 (4) | 6:59 +1:54 (5) | | |
| | | | | 44:26 +10:07 (6) | 56:27 +11:11 (7) | 1:01:38 +13:13 (5) | 1:03:48 +13:17 (4) | 1:05:37 +12:39 (4) | | |
| | | | | 2:43 0:00 (1) | 12:01 +3:23 (6) | 5:11 +2:22 (3) | 2:10 +0:04 (2) | 1:49 0:00 (1) | | |
| | | | | 1:06:03 +12:39 (4) | | | | | | |
| | | | | 0:26 +0:05 (6) | | | | | | |
| 5 | 230 | Carrascosa Bae Cuenca COMCU | 1:07:07 | 3:49 +0:35 (5) | 19:39 +6:19 (5) | 23:18 +7:12 (6) | 30:41 +7:59 (5) | 36:05 +5:10 (5) | | |
| | | | | 3:49 +0:35 (5) | 15:50 +5:44 (5) | 3:39 +1:51 (7) | 7:23 +1:55 (7) | 5:24 +0:19 (2) | | |
| | | | | 42:51 +8:32 (5) | 55:12 +9:56 (4) | 1:01:37 +13:12 (4) | 1:04:28 +13:57 (5) | 1:06:44 +13:46 (5) | | |
| | | | | 6:46 +4:03 (8) | 12:21 +3:43 (7) | 6:25 +3:36 (6) | 2:51 +0:45 (7) | 2:16 +0:27 (2) | | |
| | | | | 1:07:07 +13:43 (5) | | | | | | |
| | | | | 0:23 +0:02 (2) | | | | | | |
| 6 | 402 | Sánchez Sáez E Zaragoza IBON | 1:11:35 | 3:43 +0:29 (4) | 17:43 +4:23 (3) | 19:47 +3:41 (2) | 26:35 +3:53 (2) | 35:55 +5:00 (4) | | |
| | | | | 3:43 +0:29 (4) | 14:00 +3:54 (3) | 2:04 +0:16 (2) | 6:48 +1:20 (5) | 9:20 +4:15 (8) | | |
| | | | | 39:59 +5:40 (4) | 55:43 +10:27 (5) | 1:06:05 +17:40 (7) | 1:08:46 +18:15 (7) | 1:11:12 +18:14 (7) | | |
| | | | | 4:04 +1:21 (5) | 15:44 +7:06 (8) | 10:22 +7:33 (8) | 2:41 +0:35 (6) | 2:26 +0:37 (3) | | |
| | | | | 1:11:35 +18:11 (6) | | | | | | |
| | | | | 0:23 +0:02 (2) | | | | | | |
| 7 | 913 | Rocha Margarid [052] GD4C | 1:11:36 | 3:52 +0:38 (6) | 28:40 +15:20 (9) | 30:28 +14:22 (8) | 35:56 +13:14 (8) | 41:48 +10:53 (7) | | |
| | | | | 3:52 +0:38 (6) | 24:48 +14:42 (9) | 1:48 0:00 (1) | 5:28 0:00 (1) | 5:52 +0:47 (3) | | |
| | | | | 45:55 +11:36 (7) | 56:26 +11:10 (6) | 1:05:41 +17:16 (6) | 1:08:08 +17:37 (6) | 1:11:08 +18:10 (6) | | |
| | | | | 4:07 +1:24 (6) | 10:31 +1:53 (3) | 9:15 +6:26 (7) | 2:27 +0:21 (4) | 3:00 +1:11 (7) | | |
| | | | | 1:11:36 +18:12 (7) | | | | | | |
| | | | | 0:28 +0:08 (8) | | | | | | |
| 8 | 167 | Brotos Sanchi Alicante COLIVE | 1:22:11 | 4:31 +1:17 (8) | 17:30 +4:10 (2) | 21:10 +5:04 (3) | 31:34 +8:52 (6) | 44:34 +13:39 (8) | | |
| | | | | 4:31 +1:17 (8) | 12:59 +2:53 (2) | 3:40 +1:52 (8) | 10:24 +4:56 (8) | 13:00 +7:55 (9) | | |
| | | | | 53:20 +19:01 (8) | 1:04:28 +19:12 (8) | 1:16:04 +27:39 (8) | 1:19:04 +28:33 (8) | 1:21:48 +28:50 (8) | | |
| | | | | 8:46 +6:03 (9) | 11:08 +2:30 (4) | 11:36 +8:47 (9) | 3:00 +0:54 (8) | 2:44 +0:55 (5) | | |
| | | | | 1:22:11 +28:47 (8) | | | | | | |
| | | | | 0:23 +0:03 (5) | | | | | | |
| 9 | 168 | Camus Esteve Alicante COLIVE | 1:41:35 | 7:12 +3:58 (9) | 27:10 +13:50 (8) | 31:22 +15:16 (9) | 44:02 +21:20 (9) | 52:24 +21:29 (9) | | |
| | | | | 7:12 +3:58 (9) | 19:58 +9:52 (7) | 4:12 +2:24 (9) | 12:40 +7:12 (9) | 8:22 +3:17 (7) | | |
| | | | | 57:04 +22:45 (9) | 1:26:54 +41:38 (9) | 1:32:58 +44:33 (9) | 1:36:52 +46:21 (9) | 1:40:44 +47:46 (9) | | |
| | | | | 4:40 +1:57 (7) | 29:50 +21:12 (9) | 6:04 +3:15 (5) | 3:54 +1:48 (9) | 3:52 +2:03 (9) | | |
| | | | | 1:41:35 +48:11 (9) | | | | | | |
| | | | | 0:51 +0:30 (9) | | | | | | |
| F-60 (7) | | | | | | | | | | |
| | | | | 1(41) | 2(53) | 3(79) | 4(80) | 5(43) | | |
| | | | | 6(78) | 7(73) | 8(39) | 9(74) | 10(200) | | |
| | | | | Meta | | | | | | |
| 1 | 870 | João Maria São [022] CLAC | 1:03:30 | 3:49 0:00 (1) | 10:08 0:00 (1) | 14:46 0:00 (1) | 19:53 0:00 (1) | 30:25 0:00 (1) | | |
| | | | | 3:49 0:00 (1) | 6:19 0:00 (1) | 4:38 0:00 (1) | 5:07 0:00 (1) | 10:32 0:00 (1) | | |
| | | | | 38:38 0:00 (1) | 49:48 0:00 (1) | 57:36 0:00 (1) | 59:42 0:00 (1) | 1:03:09 0:00 (1) | | |
| | | | | 8:13 +2:26 (4) | 11:10 0:00 (1) | 7:48 +6:00 (5) | 2:06 0:00 (1) | 3:27 +0:58 (5) | | |
| | | | | 1:03:30 0:00 (1) | | | | | | |
| | | | | 0:21 0:00 (1) | | | | | | |

| s | sal | Nombre | tiempo | 2,3 km 50 m | | 10 C | (cont.) | | | |
|---------------------|------------|---|----------------|-------------------------|-------------------------|-------------------------|-----------------------|-------------------------|--|--|
| | | | | 1(41) | 2(53) | 3(79) | 4(80) | 5(43) | | |
| | | | | 6(78) | 7(73) | 8(39) | 9(74) | 10(200) | | |
| | | | | Meta | | | | | | |
| 2 | 403 | Quilez Saez de Zaragoza IBÓN | 1:16:31 | 9:53 +6:04 (5) | 19:28 +9:20 (3) | 34:01 +19:15 (2) | 40:23 +20:30 (2) | 51:20 +20:55 (2) | | |
| | | | | 9:53 +6:04 (5) | 9:35 +3:16 (3) | 14:33 +9:55 (5) | 6:22 +1:15 (2) | 10:57 +0:25 (2) | | |
| | | | | 57:07 +18:29 (2) | 1:08:54 +19:06 (2) | 1:10:42 +13:06 (2) | 1:13:12 +13:30 (2) | 1:15:57 +12:48 (2) | | |
| | | | | 5:47 0:00 (1) | 11:47 +0:37 (2) | 1:48 0:00 (1) | 2:30 +0:24 (3) | 2:45 +0:16 (2) | | |
| | | | | 1:16:31 +13:01 (2) | | | | | | |
| | | | | 0:34 +0:12 (4) | | | | | | |
| 3 | 813 | Perona Morales Valencia VALEN | 1:42:16 | 4:44 +0:55 (2) | 13:36 +3:28 (2) | 34:47 +20:01 (3) | 47:38 +27:45 (4) | 1:05:16 +34:51 (3) | | |
| | | | | 4:44 +0:55 (2) | 8:52 +2:33 (2) | 21:11 +16:33 (6) | 12:51 +7:44 (6) | 17:38 +7:06 (4) | | |
| | | | | 1:12:06 +33:28 (3) | 1:33:15 +43:27 (3) | 1:35:04 +37:28 (3) | 1:38:40 +38:58 (3) | 1:41:35 +38:26 (3) | | |
| | | | | 6:50 +1:03 (2) | 21:09 +9:59 (3) | 1:49 +0:01 (2) | 3:36 +1:30 (4) | 2:55 +0:26 (3) | | |
| | | | | 1:42:16 +38:46 (3) | | | | | | |
| | | | | 0:41 +0:19 (6) | | | | | | |
| 4 | 683 | Galdón Delgado Valencia SIMEPI | 1:48:10 | 7:33 +3:44 (3) | 27:00 +16:52 (4) | 36:44 +21:58 (4) | 46:49 +26:56 (3) | 1:07:45 +37:20 (4) | | |
| | | | | 7:33 +3:44 (3) | 19:27 +13:08 (5) | 9:44 +5:06 (2) | 10:05 +4:58 (4) | 20:56 +10:24 (5) | | |
| | | | | 1:15:16 +36:38 (4) | 1:40:34 +50:46 (4) | 1:42:48 +45:12 (4) | 1:45:14 +45:32 (4) | 1:47:43 +44:34 (4) | | |
| | | | | 7:31 +1:44 (3) | 25:18 +14:08 (4) | 2:14 +0:26 (4) | 2:26 +0:20 (2) | 2:29 0:00 (1) | | |
| | | | | 1:48:10 +44:40 (4) | | | | | | |
| | | | | 0:27 +0:06 (2) | | | | | | |
| 5 | 98 | Alonso Brasas Valladolid CDP- | 2:14:18 | 9:01 +5:12 (4) | 31:56 +21:48 (5) | 45:07 +30:21 (6) | 57:30 +37:37 (6) | 1:12:09 +41:44 (5) | | |
| | | | | 9:01 +5:12 (4) | 22:55 +16:36 (6) | 13:11 +8:33 (4) | 12:23 +7:16 (5) | 14:39 +4:07 (3) | | |
| | | | | 1:23:40 +45:02 (5) | 2:04:44 :14:56 (5) | 2:06:52 :09:16 (5) | 2:10:28 :10:46 (5) | 2:13:46 :10:37 (5) | | |
| | | | | 11:31 +5:44 (5) | 41:04 +29:54 (5) | 2:08 +0:20 (3) | 3:36 +1:30 (4) | 3:18 +0:49 (4) | | |
| | | | | 2:14:18 :10:48 (5) | | | | | | |
| | | | | 0:32 +0:11 (3) | | | | | | |
| | | 276 Martinez Herrer Cuenca ELERUT | en tarj. | ----- | 18:38 | ----- | 39:51 | 59:54 | | |
| | | | | | 18:38 | | 21:13 | 20:03 | | |
| | | | | 1:12:44 | 1:33:01 | 1:35:29 | 1:46:15 | 1:49:46 | | |
| | | | | 12:50 | 20:17 | 2:28 | 10:46 | 3:31 | | |
| | | | | 1:50:24 | | 5:11 | 29:25 | | | |
| | | | | 0:38 +0:17 (5) | | *72 | *31 | | | |
| | | 192 Hornell de Viqua Madrid COLMEN | andona | 19:20 +15:31 (6) | 34:17 +24:09 (6) | 45:06 +30:20 (5) | 54:42 +34:49 (5) | ----- | | |
| | | | | 19:20 +15:31 (6) | 14:57 +8:38 (4) | 10:49 +6:11 (3) | 9:36 +4:29 (3) | ----- | | |
| | | | | ----- | ----- | ----- | ----- | ----- | | |
| F-65 (2) | | | | 1,9 km 60 m | | 7 C | | | | |
| | | | | 1(72) | 2(53) | 3(31) | 4(80) | 5(43) | | |
| | | | | 6(75) | 7(200) | Meta | | | | |
| 1 | 837 | Sanz Barceló A Alicante VILLEN | 1:24:22 | 6:32 0:00 (1) | 30:05 0:00 (1) | 38:20 0:00 (1) | 53:42 0:00 (1) | 1:00:14 0:00 (1) | | |
| | | | | 6:32 0:00 (1) | 23:33 0:00 (1) | 8:15 0:00 (1) | 15:22 +0:02 (2) | 6:32 0:00 (1) | | |
| | | | | 1:18:25 0:00 (1) | 1:23:35 0:00 (1) | 1:24:22 0:00 (1) | | | | |
| | | | | 18:11 0:00 (1) | 5:10 0:00 (1) | 0:47 0:00 (1) | | | | |
| 2 | 901 | Carreira Ana [094] CPOC | 2:23:01 | 14:32 +8:00 (2) | 1:04:41 +34:36 (2) | 1:15:36 +37:16 (2) | 1:30:56 +37:14 (2) | 1:41:02 +40:48 (2) | | |
| | | | | 14:32 +8:00 (2) | 50:09 +26:36 (2) | 10:55 +2:40 (2) | 15:20 0:00 (1) | 10:06 +3:34 (2) | | |
| | | | | 2:15:25 +57:00 (2) | 2:22:07 +58:32 (2) | 2:23:01 +58:39 (2) | | | | |
| | | | | 34:23 +16:12 (2) | 6:42 +1:32 (2) | 0:54 +0:07 (2) | | | | |
| F-ELITE (10) | | | | 3,8 km 125 m | | 13 C | | | | |
| | | | | 1(50) | 2(61) | 3(36) | 4(71) | 5(51) | | |
| | | | | 6(52) | 7(54) | 8(55) | 9(69) | 10(59) | | |
| | | | | 11(73) | 12(74) | 13(200) | Meta | | | |
| 1 | 902 | Moreira Marian [094] CPOC | 42:10 | 2:10 +0:03 (3) | 7:27 0:00 (1) | 11:14 0:00 (1) | 12:48 0:00 (1) | 17:16 0:00 (1) | | |
| | | | | 2:10 +0:03 (3) | 5:17 0:00 (1) | 3:47 +0:12 (4) | 1:34 0:00 (1) | 4:28 0:00 (1) | | |
| | | | | 19:37 0:00 (1) | 24:09 0:00 (1) | 31:58 0:00 (1) | 34:52 0:00 (1) | 37:25 0:00 (1) | | |
| | | | | 2:21 +0:12 (3) | 4:32 +0:15 (3) | 7:49 +0:50 (2) | 2:54 0:00 (1) | 2:33 0:00 (1) | | |
| | | | | 38:12 0:00 (1) | 40:26 0:00 (1) | 41:54 0:00 (1) | 42:10 0:00 (1) | | | |

| s | sal | Nombre | tiempo | 3,8 km 125 m | | 13 C | (cont.) | | | |
|----|-----|-----------------------------------|---------|--------------|-----------------|---------------------|------------------|-------------------|---------------------|---------------------|
| | | | | 1(50) | 2(61) | 3(36) | 4(71) | 5(51) | | |
| | | | | 6(52) | 7(54) | 8(55) | 9(69) | 10(59) | | |
| | | | | 11(73) | 12(74) | 13(200) | Meta | | | |
| | | | | 0:47 | 0:00 (1) | 2:14 +0:09 (2) | 1:28 +0:09 (3) | 0:16 | 0:00 (1) | |
| 2 | 121 | Gil Brotons Am Barcelona COB | 45:45 | 2:07 | 0:00 (1) | 9:22 +1:55 (4) | 12:57 +1:43 (3) | 15:41 +2:53 (3) | 20:17 +3:01 (3) | |
| | | | | 2:07 | 0:00 (1) | 7:15 +1:58 (5) | 3:35 | 0:00 (1) | 2:44 +1:10 (6) | 4:36 +0:08 (2) |
| | | | | 22:49 | +3:12 (3) | 27:27 +3:18 (3) | 34:26 | +2:28 (2) | 37:21 +2:29 (2) | 40:17 +2:52 (2) |
| | | | | 2:32 | +0:23 (5) | 4:38 +0:21 (5) | 6:59 | 0:00 (1) | 2:55 +0:01 (2) | 2:56 +0:23 (4) |
| | | | | 41:08 | +2:56 (2) | 43:43 +3:17 (2) | 45:25 | +3:31 (2) | 45:45 +3:35 (2) | |
| | | | | 0:51 | +0:04 (4) | 2:35 +0:30 (8) | 1:42 | +0:23 (9) | 0:20 +0:03 (8) | |
| 3 | 845 | Gracia Zafra Jar Huesca WAKHA | 48:23 | 2:46 | +0:39 (6) | 8:23 +0:56 (2) | 12:06 +0:52 (2) | 13:48 +1:00 (2) | 19:49 +2:33 (2) | |
| | | | | 2:46 | +0:39 (6) | 5:37 +0:20 (2) | 3:43 +0:08 (3) | 1:42 +0:08 (2) | 6:01 +1:33 (5) | |
| | | | | 22:22 | +2:45 (2) | 26:47 +2:38 (2) | 37:00 | +5:02 (3) | 40:32 +5:40 (3) | 43:30 +6:05 (3) |
| | | | | 2:33 | +0:24 (6) | 4:25 +0:08 (2) | 10:13 | +3:14 (5) | 3:32 +0:38 (6) | 2:58 +0:25 (5) |
| | | | | 44:25 | +6:13 (3) | 46:30 +6:04 (3) | 48:06 | +6:12 (3) | 48:23 +6:13 (3) | |
| | | | | 0:55 | +0:08 (6) | 2:05 | 0:00 (1) | 1:36 +0:17 (6) | 0:17 +0:00 (3) | |
| 4 | 954 | Pons Perez Am Burgos CORZO | 54:11 | 2:08 | +0:01 (2) | 8:42 +1:15 (3) | 13:38 +2:24 (4) | 17:21 +4:33 (6) | 23:06 +5:50 (6) | |
| | | | | 2:08 | +0:01 (2) | 6:34 +1:17 (4) | 4:56 +1:21 (9) | 3:43 +2:09 (7) | 5:45 +1:17 (4) | |
| | | | | 26:08 | +6:31 (6) | 31:36 +7:27 (5) | 40:50 | +8:52 (5) | 45:31 +10:39 (5) | 48:51 +11:26 (4) |
| | | | | 3:02 | +0:53 (7) | 5:28 +1:11 (8) | 9:14 | +2:15 (4) | 4:41 +1:47 (9) | 3:20 +0:47 (6) |
| | | | | 49:54 | +11:42 (4) | 52:20 +11:54 (4) | 53:52 | +11:58 (4) | 54:11 +12:01 (4) | |
| | | | | 1:03 | +0:16 (7) | 2:26 +0:21 (6) | 1:32 | +0:13 (4) | 0:19 +0:02 (5) | |
| 5 | 283 | Moreno Zúñiga Toledo ESCONDI | 54:54 | 2:55 | +0:48 (7) | 10:53 +3:26 (7) | 14:53 +3:39 (6) | 16:53 +4:05 (5) | 23:05 +5:49 (5) | |
| | | | | 2:55 | +0:48 (7) | 7:58 +2:41 (7) | 4:00 +0:25 (6) | 2:00 +0:26 (4) | 6:12 +1:44 (6) | |
| | | | | 25:28 | +5:51 (5) | 32:09 +8:00 (6) | 43:59 | +12:01 (6) | 47:07 +12:15 (6) | 49:49 +12:24 (5) |
| | | | | 2:23 | +0:14 (4) | 6:41 +2:24 (10) | 11:50 | +4:51 (9) | 3:08 +0:14 (3) | 2:42 +0:09 (2) |
| | | | | 51:01 | +12:49 (5) | 53:15 +12:49 (5) | 54:37 | +12:43 (5) | 54:54 +12:44 (5) | |
| | | | | 1:12 | +0:25 (8) | 2:14 +0:09 (2) | 1:22 | +0:03 (2) | 0:17 +0:00 (4) | |
| 6 | 169 | Camarasa Pére Alicante COLIVE | 56:45 | 3:17 | +1:10 (8) | 12:39 +5:12 (9) | 16:33 +5:19 (8) | 18:18 +5:30 (7) | 22:57 +5:41 (4) | |
| | | | | 3:17 | +1:10 (8) | 9:22 +4:05 (9) | 3:54 +0:19 (5) | 1:45 +0:11 (3) | 4:39 +0:11 (3) | |
| | | | | 25:06 | +5:29 (4) | 29:43 +5:34 (4) | 40:44 | +8:46 (4) | 44:36 +9:44 (4) | 50:13 +12:48 (6) |
| | | | | 2:09 | 0:00 (1) | 4:37 +0:20 (4) | 11:01 | +4:02 (8) | 3:52 +0:58 (7) | 5:37 +3:04 (10) |
| | | | | 51:07 | +12:55 (6) | 55:09 +14:43 (6) | 56:28 | +14:34 (6) | 56:45 +14:35 (6) | |
| | | | | 0:54 | +0:07 (5) | 4:02 +1:57 (10) | 1:19 | 0:00 (1) | 0:17 +0:00 (2) | |
| 7 | 678 | Ruiz Alonso Es Alicante SANT J | 58:12 | 2:33 | +0:26 (4) | 11:56 +4:29 (8) | 15:31 +4:17 (7) | 23:27 +10:39 (9) | 29:56 +12:40 (7) | |
| | | | | 2:33 | +0:26 (4) | 9:23 +4:06 (10) | 3:35 | 0:00 (1) | 7:56 +6:22 (10) | 6:29 +2:01 (8) |
| | | | | 32:05 | +12:28 (7) | 36:22 +12:13 (7) | 46:37 | +14:39 (7) | 49:59 +15:07 (7) | 52:48 +15:23 (7) |
| | | | | 2:09 | 0:00 (1) | 4:17 | 0:00 (1) | 10:15 +3:16 (6) | 3:22 +0:28 (4) | 2:49 +0:16 (3) |
| | | | | 54:03 | +15:51 (7) | 56:17 +15:51 (7) | 57:50 | +15:56 (7) | 58:12 +16:02 (7) | |
| | | | | 1:15 | +0:28 (9) | 2:14 +0:09 (2) | 1:33 | +0:14 (5) | 0:22 +0:06 (10) | |
| 8 | 144 | Alonso Muñoz Badajoz CODAN | 1:05:15 | 2:34 | +0:27 (5) | 10:11 +2:44 (6) | 14:16 +3:02 (5) | 16:19 +3:31 (4) | 35:39 +18:23 (10) | |
| | | | | 2:34 | +0:27 (5) | 7:37 +2:20 (6) | 4:05 +0:30 (7) | 2:03 +0:29 (5) | 19:20 +14:52 (10) | |
| | | | | 38:50 | +19:13 (10) | 44:05 +19:56 (9) | 52:35 | +20:37 (8) | 56:04 +21:12 (8) | 1:00:00 +22:35 (8) |
| | | | | 3:11 | +1:02 (8) | 5:15 +0:58 (7) | 8:30 | +1:31 (3) | 3:29 +0:35 (5) | 3:56 +1:23 (7) |
| | | | | 1:00:49 | +22:37 (8) | 1:03:17 +22:51 (8) | 1:04:56 | +23:02 (8) | 1:05:15 +23:05 (8) | |
| | | | | 0:49 | +0:02 (3) | 2:28 +0:23 (7) | 1:39 | +0:20 (8) | 0:19 +0:02 (6) | |
| 9 | 145 | Sánchez Pozo A Badajoz CODAN | 1:09:02 | 3:50 | +1:43 (9) | 9:54 +2:27 (5) | 19:28 +8:14 (10) | 24:52 +12:04 (10) | 31:13 +13:57 (8) | |
| | | | | 3:50 | +1:43 (9) | 6:04 +0:47 (3) | 9:34 +5:59 (10) | 5:24 +3:50 (9) | 6:21 +1:53 (7) | |
| | | | | 35:57 | +16:20 (8) | 40:37 +16:28 (8) | 53:10 | +21:12 (9) | 58:12 +23:20 (9) | 1:02:24 +24:59 (9) |
| | | | | 4:44 | +2:35 (10) | 4:40 +0:23 (6) | 12:33 | +5:34 (10) | 5:02 +2:08 (10) | 4:12 +1:39 (8) |
| | | | | 1:04:04 | +25:52 (9) | 1:07:07 +26:41 (10) | 1:08:43 | +26:49 (9) | 1:09:02 +26:52 (9) | |
| | | | | 1:40 | +0:53 (10) | 3:03 +0:58 (9) | 1:36 | +0:17 (6) | 0:19 +0:02 (7) | |
| 10 | 127 | Hrasnová Katarí Barcelona COC | 1:10:02 | 5:35 | +3:28 (10) | 14:10 +6:43 (10) | 19:05 +7:51 (9) | 22:53 +10:05 (8) | 34:44 +17:28 (9) | |
| | | | | 5:35 | +3:28 (10) | 8:35 +3:18 (8) | 4:55 +1:20 (8) | 3:48 +2:14 (8) | 11:51 +7:23 (9) | |
| | | | | 38:17 | +18:40 (9) | 44:05 +19:56 (9) | 54:30 | +22:32 (10) | 58:48 +23:56 (10) | 1:03:16 +25:51 (10) |
| | | | | 3:33 | +1:24 (9) | 5:48 +1:31 (9) | 10:25 | +3:26 (7) | 4:18 +1:24 (8) | 4:28 +1:55 (9) |
| | | | | 1:04:04 | +25:52 (9) | 1:06:27 +26:01 (9) | 1:09:41 | +27:47 (10) | 1:10:02 +27:52 (10) | |
| | | | | 0:48 | +0:01 (2) | 2:23 +0:18 (5) | 3:14 | +1:55 (10) | 0:21 +0:04 (9) | |

| s | sal | Nombre | tiempo | 1,9 km | | 55 m | | 10 C | | 5(81) | |
|-----------|------------|--|--------------|--|---|---|---|---|--|-------|--|
| | | | | 1(85) | 2(86) | 3(95) | 4(96) | 5(81) | | | |
| | | | | 6(82) | 7(83) | 8(97) | 9(98) | 10(200) | | | |
| | | | | Meta | | | | | | | |
| 1 | 353 | Martínez Góme Albacete GODIH | 15:38 | 1:35 +0:12 (4) 1:35 +0:12 (4) 9:04 0:00 (1) 0:29 +0:05 (2) 15:38 0:00 (1) 0:14 +0:02 (5) | 2:47 +0:20 (2) 1:12 +0:08 (2) 10:11 0:00 (1) 1:07 +0:11 (6) | 5:26 +0:36 (2) 2:39 +0:16 (2) 11:42 0:00 (1) 1:31 +0:09 (2) | 7:47 0:00 (1) 2:21 0:00 (1) 13:36 0:00 (1) 1:54 +0:17 (2) | 8:35 0:00 (1) 0:48 0:00 (1) 15:24 0:00 (1) 1:48 +0:05 (3) | | | |
| 2 | 725 | Ramiro Martín P Toledo TOLEDO | 16:57 | 1:23 0:00 (1) 1:23 0:00 (1) 11:00 +1:56 (2) 0:24 0:00 (1) 16:57 +1:19 (2) 0:12 0:00 (1) | 2:27 0:00 (1) 1:04 0:00 (1) 11:56 +1:45 (2) 0:56 0:00 (1) | 4:50 0:00 (1) 2:23 0:00 (1) 13:18 +1:36 (2) 1:22 0:00 (1) | 9:17 +1:30 (2) 4:27 +2:06 (13) 14:55 +1:19 (2) 1:37 0:00 (1) | 10:36 +2:01 (2) 1:19 +0:31 (8) 16:45 +1:21 (2) 1:50 +0:07 (4) | | | |
| 3 | 726 | Salgado Fuente Toledo TOLEDO | 19:43 | 1:35 +0:12 (4) 1:35 +0:12 (4) 11:47 +2:43 (5) 0:35 +0:11 (7) 19:43 +4:05 (3) 0:16 +0:03 (9) | 3:06 +0:39 (4) 1:31 +0:27 (6) 12:48 +2:37 (5) 1:01 +0:05 (4) | 6:11 +1:21 (3) 3:05 +0:42 (3) 15:14 +3:32 (5) 2:26 +1:04 (10) | 10:10 +2:23 (5) 3:59 +1:38 (8) 17:41 +4:05 (4) 2:27 +0:50 (5) | 11:12 +2:37 (5) 1:02 +0:14 (3) 19:27 +4:03 (3) 1:46 +0:03 (2) | | | |
| 4 | 354 | Martínez Muño Albacete GODIH | 19:55 | 1:52 +0:29 (9) 1:52 +0:29 (9) 11:34 +2:30 (4) 0:32 +0:08 (3) 19:55 +4:17 (4) 0:12 +0:00 (2) | 3:20 +0:53 (7) 1:28 +0:24 (5) 12:42 +2:31 (4) 1:08 +0:12 (7) | 7:16 +2:26 (5) 3:56 +1:33 (5) 14:56 +3:14 (3) 2:14 +0:52 (5) | 9:53 +2:06 (4) 2:37 +0:16 (3) 17:32 +3:56 (3) 2:36 +0:59 (6) | 11:02 +2:27 (4) 1:09 +0:21 (5) 19:43 +4:19 (5) 2:11 +0:28 (11) | | | |
| 5 | 724 | Ballesteros Alg Toledo TOLEDO | 19:57 | 1:41 +0:18 (6) 1:41 +0:18 (6) 11:24 +2:20 (3) 0:48 +0:24 (14) 19:57 +4:19 (5) 0:18 +0:06 (13) | 3:15 +0:48 (6) 1:34 +0:30 (8) 12:36 +2:25 (3) 1:12 +0:16 (8) | 7:16 +2:26 (5) 4:01 +1:38 (6) 15:05 +3:23 (4) 2:29 +1:07 (11) | 9:42 +1:55 (3) 2:26 +0:05 (2) 17:42 +4:06 (5) 2:37 +1:00 (8) | 10:36 +2:01 (2) 0:54 +0:06 (2) 19:39 +4:15 (4) 1:57 +0:14 (9) | | | |
| 6 | 12 | Pinto García Ivá Sevilla ADOL | 22:06 | 1:34 +0:11 (3) 1:34 +0:11 (3) 15:05 +6:01 (8) 0:32 +0:08 (3) 22:06 +6:28 (6) 0:14 +0:02 (6) | 3:06 +0:39 (4) 1:32 +0:28 (7) 16:02 +5:51 (7) 0:57 +0:01 (2) | 8:42 +3:52 (9) 5:36 +3:13 (12) 17:52 +6:10 (7) 1:50 +0:28 (4) | 13:19 +5:32 (9) 4:37 +2:16 (14) 19:59 +6:23 (7) 2:07 +0:30 (3) | 14:33 +5:58 (8) 1:14 +0:26 (7) 21:52 +6:28 (7) 1:53 +0:10 (6) | | | |
| 6 | 416 | Mínguez Saone Madrid IMPERDI | 22:06 | 1:33 +0:10 (2) 1:33 +0:10 (2) 13:02 +3:58 (6) 0:32 +0:08 (3) 22:06 +6:28 (6) 0:17 +0:05 (11) | 2:58 +0:31 (3) 1:25 +0:21 (4) 14:02 +3:51 (6) 1:00 +0:04 (3) | 8:10 +3:20 (7) 5:12 +2:49 (10) 15:46 +4:04 (6) 1:44 +0:22 (3) | 11:08 +3:21 (7) 2:58 +0:37 (5) 19:13 +5:37 (6) 3:27 +1:50 (14) | 12:30 +3:55 (6) 1:22 +0:34 (9) 21:49 +6:25 (6) 2:36 +0:53 (13) | | | |
| 8 | 455 | Menéndez Pedr Asturias LA BR | 25:35 | 2:18 +0:55 (13) 2:18 +0:55 (13) 15:54 +6:50 (9) 0:45 +0:21 (12) 25:35 +9:57 (8) 0:13 +0:00 (3) | 4:39 +2:12 (13) 2:21 +1:17 (15) 17:15 +7:04 (9) 1:21 +0:25 (14) | 8:56 +4:06 (10) 4:17 +1:54 (8) 20:18 +8:36 (9) 3:03 +1:41 (13) | 13:43 +5:56 (10) 4:47 +2:26 (15) 23:32 +9:56 (8) 3:14 +1:37 (12) | 15:09 +6:34 (9) 1:26 +0:38 (10) 25:22 +9:58 (8) 1:50 +0:07 (4) | | | |
| 9 | 534 | Sánchez-Gil Ma Ciudad Real MA | 26:29 | 2:16 +0:53 (12) 2:16 +0:53 (12) 17:56 +8:52 (12) 0:41 +0:17 (10) 26:29 +10:51 (9) 0:22 +0:09 (18) | 4:31 +2:04 (12) 2:15 +1:11 (14) 19:14 +9:03 (12) 1:18 +0:22 (12) | 13:01 +8:11 (14) 8:30 +6:07 (16) 21:37 +9:55 (11) 2:23 +1:01 (8) | 15:44 +7:57 (13) 2:43 +0:22 (4) 24:13 +10:37 (9) 2:36 +0:59 (6) | 17:15 +8:40 (12) 1:31 +0:43 (12) 26:07 +10:43 (9) 1:54 +0:11 (7) | | | |
| 10 | 942 | López Martín A Málaga COMA | 27:37 | 1:46 +0:23 (7) 1:46 +0:23 (7) 18:00 +8:56 (13) 0:37 +0:13 (8) 27:37 +11:59 (10) 0:14 +0:01 (4) | 4:48 +2:21 (14) 3:02 +1:58 (17) 19:13 +9:02 (11) 1:13 +0:17 (10) | 12:23 +7:33 (13) 7:35 +5:12 (14) 21:34 +9:52 (10) 2:21 +0:59 (7) | 16:14 +8:27 (14) 3:51 +1:30 (7) 24:36 +11:00 (10) 3:02 +1:25 (11) | 17:23 +8:48 (13) 1:09 +0:21 (5) 27:23 +11:59 (10) 2:47 +1:04 (15) | | | |

| s | sal | Nombre | tiempo | 1,9 km | | 55 m | | 10 C | | (cont.) | |
|-------------|-------------|---------------------------------------|-----------------|--|--|--|--|---|--|---------|--|
| | | | | 1(85) | 2(86) | 3(95) | 4(96) | 5(81) | | | |
| | | | | 6(82) | 7(83) | 8(97) | 9(98) | 10(200) | | | |
| | | | | Meta | | | | | | | |
| M-12 | (20) | | | | | | | | | | |
| 11 | 594 | Pascual Sánche Toledo NAVALC | 31:36 | 2:42 +1:19 (16) 2:42 +1:19 (16) 22:23 +13:19 (14) 0:58 +0:34 (17) 31:36 +15:58 (11) 0:21 +0:09 (17) | 9:36 +7:09 (19) 6:54 +5:50 (20) 24:01 +13:50 (13) 1:38 +0:42 (17) | 13:42 +8:52 (15) 4:06 +1:43 (7) 26:36 +14:54 (13) 2:35 +1:13 (12) 12:00 *94 | 19:56 +12:09 (15) 6:14 +3:53 (17) 29:14 +15:38 (13) 2:38 +1:01 (9) | 21:25 +12:50 (14) 1:29 +0:41 (11) 31:15 +15:51 (11) 2:01 +0:18 (10) | | | |
| 12 | 590 | Berraco Morant Toledo NAVALC | 31:38 | 1:56 +0:33 (10) 1:56 +0:33 (10) 14:59 +5:55 (7) 0:37 +0:13 (8) 31:38 +16:00 (12) 0:16 +0:03 (8) | 3:49 +1:22 (10) 1:53 +0:49 (11) 16:17 +6:06 (8) 1:18 +0:22 (12) | 8:30 +3:40 (8) 4:41 +2:18 (9) 18:35 +6:53 (8) 2:18 +0:56 (6) | 12:50 +5:03 (8) 4:20 +1:59 (11) 28:39 +15:03 (12) 10:04 +8:27 (18) | 14:22 +5:47 (7) 1:32 +0:44 (13) 31:22 +15:58 (12) 2:43 +1:00 (14) | | | |
| 13 | 146 | Moreiro Delgad Badajoz CODAN | 31:56 | 2:18 +0:55 (13) 2:18 +0:55 (13) 16:38 +7:34 (11) 0:48 +0:24 (14) 31:56 +16:18 (13) 0:25 +0:12 (19) | 4:29 +2:02 (11) 2:11 +1:07 (13) 17:59 +7:48 (10) 1:21 +0:25 (14) | 9:41 +4:51 (12) 5:12 +2:49 (10) 22:46 +11:04 (12) 4:47 +3:25 (16) | 14:00 +6:13 (12) 4:19 +1:58 (10) 28:20 +14:44 (11) 5:34 +3:57 (15) | 15:50 +7:15 (11) 1:50 +1:02 (14) 31:31 +16:07 (13) 3:11 +1:28 (16) | | | |
| 14 | 286 | Amor Pérez Pe Murcia FALCOT | 38:26 | 2:08 +0:45 (11) 2:08 +0:45 (11) 29:54 +20:50 (16) 0:46 +0:22 (13) 38:26 +22:48 (14) 0:17 +0:05 (12) | 3:29 +1:02 (8) 1:21 +0:17 (3) 31:07 +20:56 (15) 1:13 +0:17 (10) | 7:09 +2:19 (4) 3:40 +1:17 (4) 33:32 +21:50 (14) 2:25 +1:03 (9) | 10:56 +3:09 (6) 3:47 +1:26 (6) 36:26 +22:50 (14) 2:54 +1:17 (10) | 29:08 +20:33 (16) 18:12 +17:24 (19) 38:09 +22:45 (14) 1:43 0:00 (1) | | | |
| 15 | 74 | Fernández Gil Guadalajara C.O | 40:29 | 3:06 +1:43 (17) 3:06 +1:43 (17) 30:05 +21:01 (17) 0:32 +0:08 (3) 40:29 +24:51 (15) 0:16 +0:04 (10) | 4:58 +2:31 (15) 1:52 +0:48 (10) 31:08 +20:57 (16) 1:03 +0:07 (5) | 24:08 +19:18 (19) 19:10 +16:47 (19) 36:01 +24:19 (17) 4:53 +3:31 (17) | 28:26 +20:39 (18) 4:18 +1:57 (9) 38:18 +24:42 (15) 2:17 +0:40 (4) | 29:33 +20:58 (18) 1:07 +0:19 (4) 40:13 +24:49 (15) 1:55 +0:12 (8) | | | |
| 16 | 591 | Corregidor Diaz Toledo NAVALC | 41:47 | 10:27 +9:04 (20) 10:27 +9:04 (20) 30:16 +21:12 (18) 1:02 +0:38 (18) 41:47 +26:09 (16) 0:19 +0:07 (15) | 12:33 +10:06 (20) 2:06 +1:02 (12) 31:48 +21:37 (17) 1:32 +0:36 (16) | 20:22 +15:32 (17) 7:49 +5:26 (15) 35:55 +24:13 (16) 4:07 +2:45 (15) | 26:29 +18:42 (17) 6:07 +3:46 (16) 39:10 +25:34 (16) 3:15 +1:38 (13) | 29:14 +20:39 (17) 2:45 +1:57 (17) 41:28 +26:04 (16) 2:18 +0:35 (12) | | | |
| 17 | 533 | Molina Garcia P Ciudad Real MA | 43:22 | 2:19 +0:56 (15) 2:19 +0:56 (15) 29:09 +20:05 (15) 0:55 +0:31 (16) 43:22 +27:44 (17) 0:19 +0:06 (14) | 6:12 +3:45 (16) 3:53 +2:49 (18) 30:21 +20:10 (14) 1:12 +0:16 (8) | 18:31 +13:41 (16) 12:19 +9:56 (18) 34:09 +22:27 (15) 3:48 +2:26 (14) | 26:06 +18:19 (16) 7:35 +5:14 (18) 39:43 +26:07 (17) 5:34 +3:57 (15) | 28:14 +19:39 (15) 2:08 +1:20 (16) 43:03 +27:39 (17) 3:20 +1:37 (17) | | | |
| 18 | 592 | Cortes Hormig Toledo NAVALC | 1:13:21 | 3:58 +2:35 (18) 3:58 +2:35 (18) 47:14 +38:10 (19) 2:13 +1:49 (19) 1:13:21 +57:43 (18) 0:20 +0:08 (16) | 9:00 +6:33 (18) 5:02 +3:58 (19) 52:15 +42:04 (18) 5:01 +4:05 (18) | 21:09 +16:19 (18) 12:09 +9:46 (17) 58:16 +46:34 (18) 6:01 +4:39 (18) | 42:13 +34:26 (19) 21:04 +18:43 (19) 1:07:32 +53:56 (18) 9:16 +7:39 (17) | 45:01 +36:26 (19) 2:48 +2:00 (18) 1:13:01 +57:37 (18) 5:29 +3:46 (18) | | | |
| | 727 | Teijeiro Montor Toledo TOLEDO | en tarj. | 1:48 +0:25 (8) 1:48 +0:25 (8) 16:27 +7:23 (10) 0:41 +0:17 (10) 27:06 0:15 +0:03 (7) | 3:37 +1:10 (9) 1:49 +0:45 (9) ----- ----- | 9:25 +4:35 (11) 5:48 +3:25 (13) 21:18 4:51 | 13:46 +5:59 (11) 4:21 +2:00 (12) 24:39 3:21 | 15:46 +7:11 (10) 2:00 +1:12 (15) 26:51 2:12 | | | |
| | 593 | Cortes Hormig Toledo NAVALC | en tarj. | 4:22 +2:59 (19) 4:22 +2:59 (19) 36:34 1:34 43:52 0:29 +0:17 (20) | 7:07 +4:40 (17) 2:45 +1:41 (16) 39:21 2:47 | ----- ----- ----- | ----- ----- ----- | 35:00 27:53 43:23 4:02 | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 95 m | | 15 C | | (cont.) | |
|-----------|------------|---|--------------|----------------------|----------------------|----------------------|----------------------|----------------------|--|---------|--|
| | | | | 1(91) | 2(90) | 3(92) | 4(85) | 5(87) | | | |
| | | | | 6(96) | 7(95) | 8(94) | 9(93) | 10(81) | | | |
| | | | | 11(82) | 12(83) | 13(97) | 14(98) | 15(200) | | | |
| | | | | Meta | | | | | | | |
| 8 | 357 | Martínez Góme Albacete GODIH | 27:14 | 1:32 +0:21 (16) | 4:14 +0:35 (9) | 5:04 +0:55 (11) | 6:41 +1:19 (12) | 9:33 +1:51 (9) | | | |
| | | | | 1:32 +0:21 (16) | 2:42 +0:28 (9) | 0:50 +0:26 (26) | 1:37 +0:35 (26) | 2:52 +0:45 (14) | | | |
| | | | | 10:58 +2:04 (7) | 13:44 +2:03 (6) | 14:35 +2:08 (6) | 18:01 +4:30 (9) | 20:23 +5:13 (9) | | | |
| | | | | 1:25 +0:25 (7) | 2:46 +0:05 (2) | 0:51 +0:15 (8) | 3:26 +2:42 (28) | 2:22 +0:55 (25) | | | |
| | | | | 21:01 +5:21 (9) | 22:04 +5:27 (9) | 23:49 +5:30 (9) | 25:33 +5:36 (8) | 27:04 +5:49 (8) | | | |
| | | | | 0:38 +0:15 (23) | 1:03 +0:16 (19) | 1:45 +0:23 (14) | 1:44 +0:12 (4) | 1:31 +0:21 (13) | | | |
| | | | | 27:14 +5:47 (8) | | | | | | | |
| | | | | 0:10 0:00 (1) | | | | | | | |
| 9 | 731 | Ferrando Galán Toledo TOLEDO | 28:17 | 1:33 +0:22 (17) | 3:59 +0:20 (6) | 4:42 +0:33 (7) | 5:44 +0:22 (6) | 8:51 +1:09 (6) | | | |
| | | | | 1:33 +0:22 (17) | 2:26 +0:12 (5) | 0:43 +0:19 (21) | 1:02 0:00 (1) | 3:07 +1:00 (15) | | | |
| | | | | 10:05 +1:11 (5) | 18:06 +6:25 (16) | 18:53 +6:26 (16) | 20:28 +6:57 (15) | 22:04 +6:54 (13) | | | |
| | | | | 1:14 +0:14 (3) | 8:01 +5:20 (30) | 0:47 +0:11 (5) | 1:35 +0:51 (19) | 1:36 +0:09 (2) | | | |
| | | | | 22:27 +6:47 (13) | 23:20 +6:43 (13) | 24:58 +6:39 (11) | 26:42 +6:45 (9) | 28:02 +6:47 (9) | | | |
| | | | | 0:23 0:00 (1) | 0:53 +0:06 (6) | 1:38 +0:16 (6) | 1:44 +0:12 (4) | 1:20 +0:10 (3) | | | |
| | | | | 28:17 +6:50 (9) | | | | | | | |
| | | | | 0:15 +0:04 (13) | | | | | | | |
| 10 | 457 | Rodríguez Llan Asturias LA BR | 28:31 | 1:21 +0:10 (6) | 3:39 0:00 (1) | 4:09 0:00 (1) | 5:22 0:00 (1) | 7:54 +0:12 (3) | | | |
| | | | | 1:21 +0:10 (6) | 2:18 +0:04 (2) | 0:30 +0:06 (3) | 1:13 +0:11 (7) | 2:32 +0:25 (6) | | | |
| | | | | 13:22 +4:28 (15) | 17:40 +5:59 (14) | 18:21 +5:54 (12) | 19:46 +6:15 (13) | 21:41 +6:31 (12) | | | |
| | | | | 5:28 +4:28 (33) | 4:18 +1:37 (20) | 0:41 +0:05 (2) | 1:25 +0:41 (13) | 1:55 +0:28 (18) | | | |
| | | | | 22:11 +6:31 (12) | 23:10 +6:33 (12) | 25:01 +6:42 (12) | 26:51 +6:54 (10) | 28:12 +6:57 (10) | | | |
| | | | | 0:30 +0:07 (5) | 0:59 +0:12 (14) | 1:51 +0:29 (15) | 1:50 +0:18 (9) | 1:21 +0:11 (4) | | | |
| | | | | 28:31 +7:04 (10) | | | | | | | |
| | | | | 0:19 +0:08 (29) | | | | | | | |
| 11 | 795 | De Miguel Armi Alicante UNIVER | 29:02 | 2:08 +0:57 (29) | 5:15 +1:36 (18) | 5:52 +1:43 (16) | 7:20 +1:58 (16) | 10:05 +2:23 (13) | | | |
| | | | | 2:08 +0:57 (29) | 3:07 +0:53 (14) | 0:37 +0:13 (15) | 1:28 +0:26 (21) | 2:45 +0:38 (9) | | | |
| | | | | 11:43 +2:49 (10) | 15:16 +3:35 (9) | 16:32 +4:05 (9) | 17:59 +4:28 (8) | 21:28 +6:18 (11) | | | |
| | | | | 1:38 +0:38 (12) | 3:33 +0:52 (13) | 1:16 +0:40 (27) | 1:27 +0:43 (16) | 3:29 +2:02 (30) | | | |
| | | | | 22:07 +6:27 (11) | 23:08 +6:31 (11) | 24:50 +6:31 (10) | 27:17 +7:20 (11) | 28:46 +7:31 (11) | | | |
| | | | | 0:39 +0:16 (25) | 1:01 +0:14 (17) | 1:42 +0:20 (12) | 2:27 +0:55 (22) | 1:29 +0:19 (9) | | | |
| | | | | 29:02 +7:35 (11) | | | | | | | |
| | | | | 0:16 +0:05 (16) | | | | | | | |
| 12 | 113 | Bernabeu Carb Alicante CEAM I | 29:17 | 1:33 +0:22 (17) | 4:20 +0:41 (10) | 4:54 +0:45 (10) | 6:37 +1:15 (11) | 9:25 +1:43 (8) | | | |
| | | | | 1:33 +0:22 (17) | 2:47 +0:33 (11) | 0:34 +0:10 (8) | 1:43 +0:41 (30) | 2:48 +0:41 (11) | | | |
| | | | | 11:16 +2:22 (8) | 15:43 +4:02 (10) | 16:44 +4:17 (10) | 18:34 +5:03 (10) | 20:18 +5:08 (8) | | | |
| | | | | 1:51 +0:51 (16) | 4:27 +1:46 (21) | 1:01 +0:25 (17) | 1:50 +1:06 (22) | 1:44 +0:17 (7) | | | |
| | | | | 20:53 +5:13 (8) | 21:49 +5:12 (8) | 23:30 +5:11 (8) | 27:50 +7:53 (14) | 29:00 +7:45 (12) | | | |
| | | | | 0:35 +0:12 (16) | 0:56 +0:09 (10) | 1:41 +0:19 (9) | 4:20 +2:48 (33) | 1:10 0:00 (1) | | | |
| | | | | 29:17 +7:50 (12) | | | | | | | |
| | | | | 0:17 +0:06 (27) | | | | | | | |
| 13 | 361 | Tarancón Tolos Albacete GODIH | 29:25 | 3:10 +1:59 (35) | 8:11 +4:32 (28) | 8:55 +4:46 (28) | 10:18 +4:56 (28) | 13:58 +6:16 (25) | | | |
| | | | | 3:10 +1:59 (35) | 5:01 +2:47 (25) | 0:44 +0:20 (23) | 1:23 +0:21 (13) | 3:40 +1:33 (18) | | | |
| | | | | 15:23 +6:29 (22) | 18:32 +6:51 (18) | 19:34 +7:07 (18) | 20:40 +7:09 (16) | 22:27 +7:17 (15) | | | |
| | | | | 1:25 +0:25 (7) | 3:09 +0:28 (8) | 1:02 +0:26 (18) | 1:06 +0:22 (9) | 1:47 +0:20 (11) | | | |
| | | | | 23:03 +7:23 (15) | 24:01 +7:24 (15) | 26:00 +7:41 (16) | 27:44 +7:47 (13) | 29:13 +7:58 (13) | | | |
| | | | | 0:36 +0:13 (18) | 0:58 +0:11 (13) | 1:59 +0:37 (18) | 1:44 +0:12 (4) | 1:29 +0:19 (9) | | | |
| | | | | 29:25 +7:58 (13) | | | | | | | |
| | | | | 0:12 +0:02 (6) | | | | | | | |
| 14 | 595 | Márquez Sánch Toledo NAVALC | 29:56 | 1:18 +0:07 (4) | 4:50 +1:11 (14) | 5:45 +1:36 (15) | 6:56 +1:34 (13) | 10:58 +3:16 (16) | | | |
| | | | | 1:18 +0:07 (4) | 3:32 +1:18 (18) | 0:55 +0:31 (31) | 1:11 +0:09 (5) | 4:02 +1:55 (20) | | | |
| | | | | 13:50 +4:56 (17) | 16:53 +5:12 (11) | 18:06 +5:39 (11) | 19:38 +6:07 (11) | 22:30 +7:20 (16) | | | |
| | | | | 2:52 +1:52 (29) | 3:03 +0:22 (6) | 1:13 +0:37 (25) | 1:32 +0:48 (18) | 2:52 +1:25 (28) | | | |
| | | | | 23:14 +7:34 (16) | 24:17 +7:40 (17) | 25:54 +7:35 (15) | 27:54 +7:57 (15) | 29:44 +8:29 (14) | | | |
| | | | | 0:44 +0:21 (27) | 1:03 +0:16 (19) | 1:37 +0:15 (5) | 2:00 +0:28 (11) | 1:50 +0:40 (22) | | | |
| | | | | 29:56 +8:29 (14) | | | | | | | |
| | | | | 0:12 +0:01 (4) | | | | | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 95 m | | 15 C | | (cont.) | |
|-----------|------------|---|--------------|-------------------|----------------------|-------------------|----------------------|-------------------|--|---------|--|
| | | | | 1(91) | 2(90) | 3(92) | 4(85) | 5(87) | | | |
| | | | | 6(96) | 7(95) | 8(94) | 9(93) | 10(81) | | | |
| | | | | 11(82) | 12(83) | 13(97) | 14(98) | 15(200) | | | |
| | | | | Meta | | | | | | | |
| 15 | 355 | Carrión Sotos J Albacete GODIH | 30:09 | 1:47 +0:36 (22) | 5:12 +1:33 (17) | 5:41 +1:32 (14) | 7:00 +1:38 (14) | 11:15 +3:33 (17) | | | |
| | | | | 1:47 +0:36 (22) | 3:25 +1:11 (17) | 0:29 +0:05 (2) | 1:19 +0:17 (12) | 4:15 +2:08 (21) | | | |
| | | | | 13:25 +4:31 (16) | 17:40 +5:59 (14) | 18:33 +6:06 (14) | 19:39 +6:08 (12) | 21:23 +6:13 (10) | | | |
| | | | | 2:10 +1:10 (22) | 4:15 +1:34 (18) | 0:53 +0:17 (9) | 1:06 +0:22 (9) | 1:44 +0:17 (7) | | | |
| | | | | 21:53 +6:13 (10) | 22:53 +6:16 (10) | 25:18 +6:59 (13) | 27:58 +8:01 (16) | 29:50 +8:35 (15) | | | |
| | | | | 0:30 +0:07 (5) | 1:00 +0:13 (15) | 2:25 +1:03 (27) | 2:40 +1:08 (26) | 1:52 +0:42 (23) | | | |
| | | | | 30:09 +8:42 (15) | | | | | | | |
| | | | | 0:19 +0:08 (33) | | | | | | | |
| 16 | 862 | Lima Rodrigo [085] A Montan | 30:20 | 1:29 +0:18 (12) | 6:07 +2:28 (22) | 6:57 +2:48 (22) | 8:20 +2:58 (23) | 12:04 +4:22 (20) | | | |
| | | | | 1:29 +0:18 (12) | 4:38 +2:24 (24) | 0:50 +0:26 (26) | 1:23 +0:21 (13) | 3:44 +1:37 (19) | | | |
| | | | | 14:04 +5:10 (20) | 18:20 +6:39 (17) | 19:18 +6:51 (17) | 20:23 +6:52 (14) | 22:20 +7:10 (14) | | | |
| | | | | 2:00 +1:00 (20) | 4:16 +1:35 (19) | 0:58 +0:22 (15) | 1:05 +0:21 (7) | 1:57 +0:30 (20) | | | |
| | | | | 22:48 +7:08 (14) | 23:40 +7:03 (14) | 25:20 +7:01 (14) | 27:41 +7:44 (12) | 30:01 +8:46 (16) | | | |
| | | | | 0:28 +0:05 (2) | 0:52 +0:05 (3) | 1:40 +0:18 (7) | 2:21 +0:49 (19) | 2:20 +1:10 (30) | | | |
| | | | | 30:20 +8:53 (16) | | | | | | | |
| | | | | 0:19 +0:08 (30) | | | | | | | |
| 17 | 646 | Pozo Prada Jua Madrid O-GETA | 30:31 | 1:18 +0:07 (4) | 4:24 +0:45 (12) | 5:05 +0:56 (12) | 6:31 +1:09 (10) | 9:44 +2:02 (10) | | | |
| | | | | 1:18 +0:07 (4) | 3:06 +0:52 (13) | 0:41 +0:17 (19) | 1:26 +0:24 (20) | 3:13 +1:06 (16) | | | |
| | | | | 14:03 +5:09 (19) | 17:32 +5:51 (12) | 18:26 +5:59 (13) | 21:04 +7:33 (17) | 22:54 +7:44 (17) | | | |
| | | | | 4:19 +3:19 (32) | 3:29 +0:48 (11) | 0:54 +0:18 (12) | 2:38 +1:54 (26) | 1:50 +0:23 (12) | | | |
| | | | | 23:22 +7:42 (17) | 24:16 +7:39 (16) | 26:29 +8:10 (17) | 28:31 +8:34 (17) | 30:13 +8:58 (17) | | | |
| | | | | 0:28 +0:05 (2) | 0:54 +0:07 (8) | 2:13 +0:51 (24) | 2:02 +0:30 (13) | 1:42 +0:32 (18) | | | |
| | | | | 30:31 +9:04 (17) | | | | | | | |
| | | | | 0:18 +0:07 (28) | | | | | | | |
| 18 | 814 | Tamarit Royo Ó Valencia VALEN | 32:10 | 1:42 +0:31 (20) | 6:44 +3:05 (26) | 7:27 +3:18 (25) | 8:59 +3:37 (25) | 13:29 +5:47 (23) | | | |
| | | | | 1:42 +0:31 (20) | 5:02 +2:48 (26) | 0:43 +0:19 (21) | 1:32 +0:30 (23) | 4:30 +2:23 (25) | | | |
| | | | | 15:21 +6:27 (21) | 19:32 +7:51 (22) | 20:37 +8:10 (19) | 22:30 +8:59 (18) | 24:25 +9:15 (18) | | | |
| | | | | 1:52 +0:52 (17) | 4:11 +1:30 (17) | 1:05 +0:29 (19) | 1:53 +1:09 (24) | 1:55 +0:28 (18) | | | |
| | | | | 24:59 +9:19 (18) | 25:46 +9:09 (18) | 27:27 +9:08 (18) | 29:57 +10:00 (18) | 31:57 +10:42 (18) | | | |
| | | | | 0:34 +0:11 (13) | 0:47 0:00 (1) | 1:41 +0:19 (9) | 2:30 +0:58 (25) | 2:00 +0:50 (25) | | | |
| | | | | 32:10 +10:43 (18) | | | | | | | |
| | | | | 0:13 +0:02 (7) | | | | | | | |
| 19 | 645 | Barcia Belinchó Madrid O-GETA | 33:07 | 1:56 +0:45 (27) | 4:20 +0:41 (10) | 4:53 +0:44 (9) | 6:25 +1:03 (9) | 9:50 +2:08 (11) | | | |
| | | | | 1:56 +0:45 (27) | 2:24 +0:10 (4) | 0:33 +0:09 (7) | 1:32 +0:30 (23) | 3:25 +1:18 (17) | | | |
| | | | | 12:23 +3:29 (12) | 17:32 +5:51 (12) | 18:44 +6:17 (15) | 22:40 +9:09 (19) | 24:31 +9:21 (19) | | | |
| | | | | 2:33 +1:33 (27) | 5:09 +2:28 (24) | 1:12 +0:36 (23) | 3:56 +3:12 (31) | 1:51 +0:24 (14) | | | |
| | | | | 25:06 +9:26 (19) | 26:12 +9:35 (19) | 28:13 +9:54 (19) | 31:04 +11:07 (20) | 32:50 +11:35 (19) | | | |
| | | | | 0:35 +0:12 (16) | 1:06 +0:19 (25) | 2:01 +0:39 (19) | 2:51 +1:19 (28) | 1:46 +0:36 (21) | | | |
| | | | | 33:07 +11:40 (19) | | | | | | | |
| | | | | 0:17 +0:06 (25) | | | | | | | |
| 20 | 732 | García Megia Ni Toledo TOLEDO | 33:15 | 1:45 +0:34 (21) | 6:06 +2:27 (21) | 6:42 +2:33 (20) | 7:59 +2:37 (19) | 10:44 +3:02 (15) | | | |
| | | | | 1:45 +0:34 (21) | 4:21 +2:07 (22) | 0:36 +0:12 (12) | 1:17 +0:15 (10) | 2:45 +0:38 (9) | | | |
| | | | | 12:20 +3:26 (11) | 22:04 +10:23 (27) | 22:48 +10:21 (25) | 23:33 +10:02 (22) | 25:33 +10:23 (22) | | | |
| | | | | 1:36 +0:36 (10) | 9:44 +7:03 (32) | 0:44 +0:08 (3) | 0:45 +0:01 (2) | 2:00 +0:33 (22) | | | |
| | | | | 26:10 +10:30 (21) | 27:14 +10:37 (21) | 29:18 +10:59 (21) | 31:24 +11:27 (21) | 32:58 +11:43 (20) | | | |
| | | | | 0:37 +0:14 (19) | 1:04 +0:17 (22) | 2:04 +0:42 (21) | 2:06 +0:34 (16) | 1:34 +0:24 (14) | | | |
| | | | | 33:15 +11:48 (20) | | | | | | | |
| | | | | 0:17 +0:06 (26) | | | | | | | |
| 21 | 147 | Moreiro Delgad Badajoz CODAN | 33:19 | 1:25 +0:14 (9) | 3:48 +0:09 (3) | 4:26 +0:17 (5) | 5:51 +0:29 (7) | 10:43 +3:01 (14) | | | |
| | | | | 1:25 +0:14 (9) | 2:23 +0:09 (3) | 0:38 +0:14 (17) | 1:25 +0:23 (18) | 4:52 +2:45 (27) | | | |
| | | | | 12:33 +3:39 (14) | 18:32 +6:51 (18) | 22:13 +9:46 (23) | 22:57 +9:26 (20) | 24:51 +9:41 (20) | | | |
| | | | | 1:50 +0:50 (15) | 5:59 +3:18 (28) | 3:41 +3:05 (34) | 0:44 0:00 (1) | 1:54 +0:27 (17) | | | |
| | | | | 26:16 +10:36 (22) | 27:10 +10:33 (20) | 29:04 +10:45 (20) | 30:53 +10:56 (19) | 33:07 +11:52 (21) | | | |
| | | | | 1:25 +1:02 (35) | 0:54 +0:07 (8) | 1:54 +0:32 (16) | 1:49 +0:17 (8) | 2:14 +1:04 (26) | | | |
| | | | | 33:19 +11:52 (21) | | | | | | | |
| | | | | 0:12 +0:02 (5) | | | | | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 95 m | | 15 C | | (cont.) | |
|-----------|------------|--|--------------|-------------------|-------------------|-------------------|-------------------|-------------------|--|---------|--|
| | | | | 1(91) | 2(90) | 3(92) | 4(85) | 5(87) | | | |
| | | | | 6(96) | 7(95) | 8(94) | 9(93) | 10(81) | | | |
| | | | | 11(82) | 12(83) | 13(97) | 14(98) | 15(200) | | | |
| | | | | Meta | | | | | | | |
| 22 | 728 | Ballesteros Alg Toledo TOLEDO | 34:01 | 1:31 +0:20 (15) | 10:27 +6:48 (32) | 11:02 +6:53 (32) | 12:08 +6:46 (30) | 14:47 +7:05 (28) | | | |
| | | | | 1:31 +0:20 (15) | 8:56 +6:42 (33) | 0:35 +0:11 (10) | 1:06 +0:04 (3) | 2:39 +0:32 (7) | | | |
| | | | | 16:39 +7:45 (26) | 22:00 +10:19 (26) | 22:53 +10:26 (26) | 24:02 +10:31 (23) | 26:01 +10:51 (23) | | | |
| | | | | 1:52 +0:52 (17) | 5:21 +2:40 (26) | 0:53 +0:17 (9) | 1:09 +0:25 (11) | 1:59 +0:32 (21) | | | |
| | | | | 26:34 +10:54 (23) | 28:00 +11:23 (22) | 30:01 +11:42 (22) | 32:04 +12:07 (22) | 33:47 +12:32 (22) | | | |
| | | | | 0:33 +0:10 (12) | 1:26 +0:39 (30) | 2:01 +0:39 (19) | 2:03 +0:31 (15) | 1:43 +0:33 (20) | | | |
| | | | | 34:01 +12:34 (22) | | | | | | | |
| | | | | 0:14 +0:04 (11) | | | | | | | |
| 23 | 359 | Pérez Gómez A Albacete GODIH | 34:23 | 1:30 +0:19 (14) | 10:08 +6:29 (31) | 10:53 +6:44 (31) | 12:47 +7:25 (33) | 15:35 +7:53 (30) | | | |
| | | | | 1:30 +0:19 (14) | 8:38 +6:24 (32) | 0:45 +0:21 (24) | 1:54 +0:52 (33) | 2:48 +0:41 (11) | | | |
| | | | | 17:18 +8:24 (29) | 21:01 +9:20 (24) | 22:07 +9:40 (22) | 23:29 +9:58 (21) | 25:13 +10:03 (21) | | | |
| | | | | 1:43 +0:43 (13) | 3:43 +1:02 (14) | 1:06 +0:30 (20) | 1:22 +0:38 (12) | 1:44 +0:17 (7) | | | |
| | | | | 26:05 +10:25 (20) | 28:04 +11:27 (23) | 30:11 +11:52 (23) | 32:28 +12:31 (23) | 34:10 +12:55 (23) | | | |
| | | | | 0:52 +0:29 (30) | 1:59 +1:12 (34) | 2:07 +0:45 (22) | 2:17 +0:45 (18) | 1:42 +0:32 (18) | | | |
| | | | | 34:23 +12:56 (23) | | | | | | | |
| | | | | 0:13 +0:02 (9) | | | | | | | |
| 24 | 261 | Sanz Arias Nicol Valladolid COV | 37:07 | 2:01 +0:50 (28) | 8:26 +4:47 (29) | 9:01 +4:52 (29) | 10:44 +5:22 (29) | 15:04 +7:22 (29) | | | |
| | | | | 2:01 +0:50 (28) | 6:25 +4:11 (30) | 0:35 +0:11 (10) | 1:43 +0:41 (30) | 4:20 +2:13 (23) | | | |
| | | | | 17:33 +8:39 (30) | 22:43 +11:02 (28) | 23:41 +11:14 (27) | 24:46 +11:15 (24) | 26:58 +11:48 (24) | | | |
| | | | | 2:29 +1:29 (25) | 5:10 +2:29 (25) | 0:58 +0:22 (15) | 1:05 +0:21 (7) | 2:12 +0:45 (23) | | | |
| | | | | 27:42 +12:02 (24) | 28:59 +12:22 (24) | 31:41 +13:22 (24) | 34:34 +14:37 (24) | 36:51 +15:36 (24) | | | |
| | | | | 0:44 +0:21 (27) | 1:17 +0:30 (28) | 2:42 +1:20 (30) | 2:53 +1:21 (29) | 2:17 +1:07 (28) | | | |
| | | | | 37:07 +15:40 (24) | | | | | | | |
| | | | | 0:16 +0:05 (21) | | | | | | | |
| 24 | 734 | Melendez Rodrí Toledo TOLEDO | 37:07 | 2:09 +0:58 (30) | 4:53 +1:14 (15) | 6:18 +2:09 (18) | 7:41 +2:19 (18) | 13:27 +5:45 (22) | | | |
| | | | | 2:09 +0:58 (30) | 2:44 +0:30 (10) | 1:25 +1:01 (32) | 1:23 +0:21 (13) | 5:46 +3:39 (30) | | | |
| | | | | 15:58 +7:04 (24) | 20:00 +8:19 (23) | 24:42 +12:15 (29) | 26:32 +13:01 (27) | 28:14 +13:04 (27) | | | |
| | | | | 2:31 +1:31 (26) | 4:02 +1:21 (16) | 4:42 +4:06 (35) | 1:50 +1:06 (22) | 1:42 +0:15 (5) | | | |
| | | | | 29:00 +13:20 (27) | 30:10 +13:33 (27) | 32:32 +14:13 (26) | 35:21 +15:24 (26) | 36:51 +15:36 (24) | | | |
| | | | | 0:46 +0:23 (29) | 1:10 +0:23 (27) | 2:22 +1:00 (26) | 2:49 +1:17 (27) | 1:30 +0:20 (11) | | | |
| | | | | 37:07 +15:40 (24) | | | | | | | |
| | | | | 0:16 +0:05 (18) | | | | | | | |
| 26 | 733 | Gómez De Agü Toledo TOLEDO | 37:24 | 1:49 +0:38 (23) | 4:59 +1:20 (16) | 5:53 +1:44 (17) | 7:22 +2:00 (17) | 11:55 +4:13 (19) | | | |
| | | | | 1:49 +0:38 (23) | 3:10 +0:56 (15) | 0:54 +0:30 (29) | 1:29 +0:27 (22) | 4:33 +2:26 (26) | | | |
| | | | | 13:53 +4:59 (18) | 18:51 +7:10 (20) | 21:27 +9:00 (20) | 25:04 +11:33 (25) | 27:36 +12:26 (25) | | | |
| | | | | 1:58 +0:58 (19) | 4:58 +2:17 (23) | 2:36 +2:00 (33) | 3:37 +2:53 (30) | 2:32 +1:05 (26) | | | |
| | | | | 28:07 +12:27 (25) | 29:12 +12:35 (25) | 31:43 +13:24 (25) | 34:46 +14:49 (25) | 37:07 +15:52 (26) | | | |
| | | | | 0:31 +0:08 (9) | 1:05 +0:18 (24) | 2:31 +1:09 (29) | 3:03 +1:31 (30) | 2:21 +1:11 (31) | | | |
| | | | | 37:24 +15:57 (26) | | | | | | | |
| | | | | 0:17 +0:06 (24) | | | | | | | |
| 27 | 170 | Pastor Juan Ro Alicante COLIVE | 38:47 | 1:50 +0:39 (24) | 5:52 +2:13 (20) | 6:46 +2:37 (21) | 8:10 +2:48 (20) | 14:36 +6:54 (27) | | | |
| | | | | 1:50 +0:39 (24) | 4:02 +1:48 (21) | 0:54 +0:30 (29) | 1:24 +0:22 (16) | 6:26 +4:19 (32) | | | |
| | | | | 16:41 +7:47 (27) | 25:58 +14:17 (31) | 27:08 +14:41 (31) | 28:48 +15:17 (31) | 31:06 +15:56 (30) | | | |
| | | | | 2:05 +1:05 (21) | 9:17 +6:36 (31) | 1:10 +0:34 (22) | 1:40 +0:56 (20) | 2:18 +0:51 (24) | | | |
| | | | | 31:43 +16:03 (30) | 32:46 +16:09 (30) | 34:26 +16:07 (29) | 36:50 +16:53 (29) | 38:31 +17:16 (27) | | | |
| | | | | 0:37 +0:14 (19) | 1:03 +0:16 (19) | 1:40 +0:18 (7) | 2:24 +0:52 (21) | 1:41 +0:31 (16) | | | |
| | | | | 38:47 +17:20 (27) | | | | | | | |
| | | | | 0:16 +0:05 (14) | | | | | | | |
| 28 | 358 | Morales García Albacete GODIH | 39:12 | 1:50 +0:39 (24) | 6:23 +2:44 (23) | 7:03 +2:54 (24) | 8:19 +2:57 (22) | 12:37 +4:55 (21) | | | |
| | | | | 1:50 +0:39 (24) | 4:33 +2:19 (23) | 0:40 +0:16 (18) | 1:16 +0:14 (9) | 4:18 +2:11 (22) | | | |
| | | | | 15:35 +6:41 (23) | 19:28 +7:47 (21) | 22:01 +9:34 (21) | 27:23 +13:52 (29) | 30:12 +15:02 (29) | | | |
| | | | | 2:58 +1:58 (30) | 3:53 +1:12 (15) | 2:33 +1:57 (32) | 5:22 +4:38 (34) | 2:49 +1:22 (27) | | | |
| | | | | 30:54 +15:14 (29) | 31:58 +15:21 (28) | 34:25 +16:06 (28) | 36:41 +16:44 (28) | 38:57 +17:42 (28) | | | |
| | | | | 0:42 +0:19 (26) | 1:04 +0:17 (22) | 2:27 +1:05 (28) | 2:16 +0:44 (17) | 2:16 +1:06 (27) | | | |
| | | | | 39:12 +17:45 (28) | | | | | | | |
| | | | | 0:15 +0:04 (12) | | | | | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 95 m | | 15 C | | (cont.) | |
|-----------|------------|--|----------------|---------------------|---------------------|---------------------|---------------------|---------------------|--|---------|--|
| | | | | 1(91) | 2(90) | 3(92) | 4(85) | 5(87) | | | |
| | | | | 6(96) | 7(95) | 8(94) | 9(93) | 10(81) | | | |
| | | | | 11(82) | 12(83) | 13(97) | 14(98) | 15(200) | | | |
| | | | | Meta | | | | | | | |
| 29 | 456 | Garcia-Renduel Asturias LA BR | 39:16 | 1:39 +0:28 (19) | 5:38 +1:59 (19) | 6:30 +2:21 (19) | 8:10 +2:48 (20) | 13:44 +6:02 (24) | | | |
| | | | | 1:39 +0:28 (19) | 3:59 +1:45 (20) | 0:52 +0:28 (28) | 1:40 +0:38 (28) | 5:34 +3:27 (28) | | | |
| | | | | 16:06 +7:12 (25) | 22:44 +11:03 (29) | 23:57 +11:30 (28) | 26:45 +13:14 (28) | 30:06 +14:56 (28) | | | |
| | | | | 2:22 +1:22 (23) | 6:38 +3:57 (29) | 1:13 +0:37 (25) | 2:48 +2:04 (27) | 3:21 +1:54 (29) | | | |
| | | | | 30:43 +15:03 (28) | 32:00 +15:23 (29) | 34:11 +15:52 (27) | 36:38 +16:41 (27) | 38:57 +17:42 (28) | | | |
| | | | | 0:37 +0:14 (19) | 1:17 +0:30 (28) | 2:11 +0:49 (23) | 2:27 +0:55 (22) | 2:19 +1:09 (29) | | | |
| | | | | 39:16 +17:49 (29) | | | | | | | |
| | | | | 0:19 +0:08 (31) | | | | | | | |
| 30 | 644 | Barcia Belinchó Madrid O-GETA | 41:15 | 1:53 +0:42 (26) | 12:27 +8:48 (34) | 13:03 +8:54 (34) | 14:45 +9:23 (34) | 22:08 +14:26 (34) | | | |
| | | | | 1:53 +0:42 (26) | 10:34 +8:20 (34) | 0:36 +0:12 (12) | 1:42 +0:40 (29) | 7:23 +5:16 (35) | | | |
| | | | | 23:56 +15:02 (33) | 27:26 +15:45 (32) | 28:38 +16:11 (32) | 30:03 +16:32 (32) | 33:32 +18:22 (32) | | | |
| | | | | 1:48 +0:48 (14) | 3:30 +0:49 (12) | 1:12 +0:36 (23) | 1:25 +0:41 (13) | 3:29 +2:02 (30) | | | |
| | | | | 34:09 +18:29 (32) | 35:10 +18:33 (31) | 37:08 +18:49 (30) | 39:35 +19:38 (30) | 40:59 +19:44 (30) | | | |
| | | | | 0:37 +0:14 (19) | 1:01 +0:14 (17) | 1:58 +0:36 (17) | 2:27 +0:55 (22) | 1:24 +0:14 (6) | | | |
| | | | | 41:15 +19:48 (30) | | | | | | | |
| | | | | 0:16 +0:05 (15) | | | | | | | |
| 31 | 633 | Zorrilla Olias Go Madrid O-CHAR | 42:51 | 1:14 +0:03 (2) | 6:24 +2:45 (24) | 7:01 +2:52 (23) | 8:34 +3:12 (24) | 14:09 +6:27 (26) | | | |
| | | | | 1:14 +0:03 (2) | 5:10 +2:56 (27) | 0:37 +0:13 (15) | 1:33 +0:31 (25) | 5:35 +3:28 (29) | | | |
| | | | | 16:59 +8:05 (28) | 21:48 +10:07 (25) | 22:37 +10:10 (24) | 26:11 +12:40 (26) | 27:55 +12:45 (26) | | | |
| | | | | 2:50 +1:50 (28) | 4:49 +2:08 (22) | 0:49 +0:13 (7) | 3:34 +2:50 (29) | 1:44 +0:17 (7) | | | |
| | | | | 28:29 +12:49 (26) | 30:00 +13:23 (26) | 38:50 +20:31 (31) | 41:11 +21:14 (31) | 42:39 +21:24 (31) | | | |
| | | | | 0:34 +0:11 (13) | 1:31 +0:44 (31) | 8:50 +7:28 (35) | 2:21 +0:49 (19) | 1:28 +0:18 (8) | | | |
| | | | | 42:51 +21:24 (31) | | 34:27 | | | | | |
| | | | | 0:12 +0:01 (3) | | *98 | | | | | |
| 32 | 287 | González-Cond Murcia FALCOT | 47:16 | 2:40 +1:29 (31) | 6:28 +2:49 (25) | 8:21 +4:12 (27) | 10:14 +4:52 (27) | 16:04 +8:22 (31) | | | |
| | | | | 2:40 +1:29 (31) | 3:48 +1:34 (19) | 1:53 +1:29 (34) | 1:53 +0:51 (32) | 5:50 +3:43 (31) | | | |
| | | | | 18:26 +9:32 (31) | 23:50 +12:09 (30) | 25:48 +13:21 (30) | 27:43 +14:12 (30) | 31:53 +16:43 (31) | | | |
| | | | | 2:22 +1:22 (23) | 5:24 +2:43 (27) | 1:58 +1:22 (29) | 1:55 +1:11 (25) | 4:10 +2:43 (32) | | | |
| | | | | 33:13 +17:33 (31) | 36:55 +20:18 (32) | 40:02 +21:43 (32) | 43:37 +23:40 (32) | 47:00 +25:45 (32) | | | |
| | | | | 1:20 +0:57 (34) | 3:42 +2:55 (35) | 3:07 +1:45 (32) | 3:35 +2:03 (31) | 3:23 +2:13 (33) | | | |
| | | | | 47:16 +25:49 (32) | | | | | | | |
| | | | | 0:16 +0:05 (20) | | | | | | | |
| 33 | 729 | Delgado Muñoz Toledo TOLEDO | 54:51 | 3:00 +1:49 (34) | 10:30 +6:51 (33) | 11:15 +7:06 (33) | 12:40 +7:18 (32) | 17:02 +9:20 (32) | | | |
| | | | | 3:00 +1:49 (34) | 7:30 +5:16 (31) | 0:45 +0:21 (24) | 1:25 +0:23 (18) | 4:22 +2:15 (24) | | | |
| | | | | 20:58 +12:04 (32) | 31:24 +19:43 (33) | 32:56 +20:29 (33) | 38:00 +24:29 (33) | 42:54 +27:44 (33) | | | |
| | | | | 3:56 +2:56 (31) | 10:26 +7:45 (33) | 1:32 +0:56 (28) | 5:04 +4:20 (33) | 4:54 +3:27 (33) | | | |
| | | | | 43:57 +28:17 (33) | 45:05 +28:28 (33) | 48:07 +29:48 (33) | 51:51 +31:54 (33) | 54:28 +33:13 (33) | | | |
| | | | | 1:03 +0:40 (32) | 1:08 +0:21 (26) | 3:02 +1:40 (31) | 3:44 +2:12 (32) | 2:37 +1:27 (32) | | | |
| | | | | 54:51 +33:24 (33) | | | | | | | |
| | | | | 0:23 +0:12 (35) | | | | | | | |
| 34 | 360 | Roldán Muñoz Albacete GODIH | 1:10:47 | 2:44 +1:33 (32) | 8:41 +5:02 (30) | 10:12 +6:03 (30) | 12:38 +7:16 (31) | 19:35 +11:53 (33) | | | |
| | | | | 2:44 +1:33 (32) | 5:57 +3:43 (28) | 1:31 +1:07 (33) | 2:26 +1:24 (34) | 6:57 +4:50 (34) | | | |
| | | | | 25:42 +16:48 (34) | 37:28 +25:47 (34) | 39:54 +27:27 (34) | 44:04 +30:33 (34) | 55:09 +39:59 (34) | | | |
| | | | | 6:07 +5:07 (35) | 11:46 +9:05 (34) | 2:26 +1:50 (31) | 4:10 +3:26 (32) | 11:05 +9:38 (35) | | | |
| | | | | 56:02 +40:22 (34) | 57:55 +41:18 (34) | 1:01:44 +43:25 (34) | 1:06:30 +46:33 (34) | 1:10:28 +49:13 (34) | | | |
| | | | | 0:53 +0:30 (31) | 1:53 +1:06 (33) | 3:49 +2:27 (33) | 4:46 +3:14 (34) | 3:58 +2:48 (34) | | | |
| | | | | 1:10:47 +49:20 (34) | | | | | | | |
| | | | | 0:19 +0:08 (32) | | | | | | | |
| 35 | 739 | Hernández Arro Toledo TOLEDO | 1:37:19 | 2:46 +1:35 (33) | 13:42 +10:03 (35) | 15:45 +11:36 (35) | 18:37 +13:15 (35) | 25:26 +17:44 (35) | | | |
| | | | | 2:46 +1:35 (33) | 10:56 +8:42 (35) | 2:03 +1:39 (35) | 2:52 +1:50 (35) | 6:49 +4:42 (33) | | | |
| | | | | 30:54 +22:00 (35) | 1:02:16 +50:35 (35) | 1:04:38 +52:11 (35) | 1:13:12 +59:41 (35) | 1:18:08 :02:58 (35) | | | |
| | | | | 5:28 +4:28 (33) | 31:22 +28:41 (35) | 2:22 +1:46 (30) | 8:34 +7:50 (35) | 4:56 +3:29 (34) | | | |
| | | | | 1:19:16 :03:36 (35) | 1:21:08 :04:31 (35) | 1:25:39 :07:20 (35) | 1:32:38 :12:41 (35) | 1:36:59 :15:44 (35) | | | |
| | | | | 1:08 +0:45 (33) | 1:52 +1:05 (32) | 4:31 +3:09 (34) | 6:59 +5:27 (35) | 4:21 +3:11 (35) | | | |
| | | | | 1:37:19 :15:52 (35) | | | | | | | |
| | | | | 0:20 +0:09 (34) | | | | | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 85 m | | 12 C | | | | | |
|-----------|------------|-------------------------|--------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|
| | | | | 1(41) | 2(63) | 3(61) | 4(54) | 5(31) | | | | | |
| | | | | 6(80) | 7(43) | 8(67) | 9(60) | 10(46) | | | | | |
| | | | | 11(74) | 12(200) | Meta | | | | | | | |
| 1 | 114 | Bernabeu Carb | 29:42 | 1:37 | 0:00 (1) | 2:29 | 0:00 (1) | 5:57 | +1:08 (4) | 8:52 | +1:53 (3) | 12:05 | +1:44 (2) |
| | | Alicante CEAMI | | 1:37 | 0:00 (1) | 0:52 | 0:00 (1) | 3:28 | +1:30 (10) | 2:55 | +0:45 (10) | 3:13 | 0:00 (1) |
| | | | | 14:50 | +1:27 (2) | 17:35 | 0:00 (1) | 20:54 | 0:00 (1) | 22:42 | 0:00 (1) | 24:20 | 0:00 (1) |
| | | | | 2:45 | +0:01 (2) | 2:45 | +0:15 (3) | 3:19 | +0:29 (7) | 1:48 | +0:06 (7) | 1:38 | 0:00 (1) |
| | | | | 28:05 | 0:00 (1) | 29:28 | 0:00 (1) | 29:42 | 0:00 (1) | | | | |
| | | | | 3:45 | +0:43 (4) | 1:23 | +0:13 (6) | 0:14 | +0:03 (8) | | | | |
| 2 | 735 | Ferrando Galán | 31:27 | 2:13 | +0:36 (14) | 3:16 | +0:47 (9) | 5:44 | +0:55 (2) | 8:16 | +1:17 (2) | 13:48 | +3:27 (3) |
| | | Toledo TOLEDO | | 2:13 | +0:36 (14) | 1:03 | +0:11 (4) | 2:28 | +0:30 (2) | 2:32 | +0:22 (4) | 5:32 | +2:19 (10) |
| | | | | 16:49 | +3:26 (3) | 19:31 | +1:56 (3) | 22:30 | +1:36 (3) | 24:15 | +1:33 (2) | 26:32 | +2:12 (3) |
| | | | | 3:01 | +0:17 (3) | 2:42 | +0:12 (2) | 2:59 | +0:09 (2) | 1:45 | +0:03 (2) | 2:17 | +0:39 (7) |
| | | | | 29:59 | +1:54 (2) | 31:13 | +1:45 (2) | 31:27 | +1:45 (2) | | | | |
| | | | | 3:27 | +0:25 (2) | 1:14 | +0:04 (2) | 0:14 | +0:03 (10) | | | | |
| 3 | 923 | Mendes Vasco | 34:24 | 1:51 | +0:14 (3) | 2:51 | +0:22 (2) | 4:49 | 0:00 (1) | 6:59 | 0:00 (1) | 10:21 | 0:00 (1) |
| | | [133] GDU Azoia | | 1:51 | +0:14 (3) | 1:00 | +0:08 (3) | 1:58 | 0:00 (1) | 2:10 | 0:00 (1) | 3:22 | +0:09 (2) |
| | | | | 13:23 | 0:00 (1) | 18:38 | +1:03 (2) | 22:28 | +1:34 (2) | 24:21 | +1:39 (3) | 26:12 | +1:52 (2) |
| | | | | 3:02 | +0:18 (4) | 5:15 | +2:45 (15) | 3:50 | +1:00 (13) | 1:53 | +0:11 (8) | 1:51 | +0:13 (2) |
| | | | | 32:35 | +4:30 (3) | 34:07 | +4:39 (3) | 34:24 | +4:42 (3) | | | | |
| | | | | 6:23 | +3:21 (23) | 1:32 | +0:22 (13) | 0:17 | +0:06 (18) | | | | |
| 4 | 366 | Villar Górriz Jo | 34:54 | 2:01 | +0:24 (7) | 2:53 | +0:24 (3) | 8:07 | +3:18 (15) | 10:30 | +3:31 (10) | 14:43 | +4:22 (5) |
| | | Albacete GODIH | | 2:01 | +0:24 (7) | 0:52 | 0:00 (1) | 5:14 | +3:16 (20) | 2:23 | +0:13 (3) | 4:13 | +1:00 (3) |
| | | | | 18:29 | +5:06 (5) | 23:09 | +5:34 (5) | 26:30 | +5:36 (4) | 28:35 | +5:53 (5) | 30:29 | +6:09 (5) |
| | | | | 3:46 | +1:02 (9) | 4:40 | +2:10 (12) | 3:21 | +0:31 (8) | 2:05 | +0:23 (9) | 1:54 | +0:16 (4) |
| | | | | 33:31 | +5:26 (4) | 34:41 | +5:13 (4) | 34:54 | +5:12 (4) | | | | |
| | | | | 3:02 | 0:00 (1) | 1:10 | 0:00 (1) | 0:13 | +0:02 (4) | | | | |
| 5 | 736 | González Peña | 37:46 | 1:56 | +0:19 (4) | 3:06 | +0:37 (5) | 8:38 | +3:49 (17) | 12:19 | +5:20 (16) | 18:46 | +8:25 (13) |
| | | Toledo TOLEDO | | 1:56 | +0:19 (4) | 1:10 | +0:18 (7) | 5:32 | +3:34 (22) | 3:41 | +1:31 (14) | 6:27 | +3:14 (16) |
| | | | | 21:30 | +8:07 (10) | 24:27 | +6:52 (7) | 27:35 | +6:41 (7) | 29:20 | +6:38 (6) | 32:00 | +7:40 (6) |
| | | | | 2:44 | 0:00 (1) | 2:57 | +0:27 (5) | 3:08 | +0:18 (4) | 1:45 | +0:03 (2) | 2:40 | +1:02 (12) |
| | | | | 36:13 | +8:08 (5) | 37:30 | +8:02 (5) | 37:46 | +8:04 (5) | | | | |
| | | | | 4:13 | +1:11 (10) | 1:17 | +0:07 (3) | 0:16 | +0:06 (14) | | | | |
| 6 | 890 | Roberto André | 38:28 | 2:19 | +0:42 (18) | 3:29 | +1:00 (12) | 6:42 | +1:53 (8) | 8:55 | +1:56 (4) | 14:34 | +4:13 (4) |
| | | [070] COC-P | | 2:19 | +0:42 (18) | 1:10 | +0:18 (7) | 3:13 | +1:15 (9) | 2:13 | +0:03 (2) | 5:39 | +2:26 (13) |
| | | | | 17:38 | +4:15 (4) | 22:42 | +5:07 (4) | 26:38 | +5:44 (5) | 28:23 | +5:41 (4) | 30:16 | +5:56 (4) |
| | | | | 3:04 | +0:20 (5) | 5:04 | +2:34 (14) | 3:56 | +1:06 (15) | 1:45 | +0:03 (2) | 1:53 | +0:15 (3) |
| | | | | 36:31 | +8:26 (6) | 38:12 | +8:44 (6) | 38:28 | +8:46 (6) | | | | |
| | | | | 6:15 | +3:13 (22) | 1:41 | +0:31 (20) | 0:16 | +0:06 (15) | | | | |
| 7 | 231 | Mesas De Castr | 39:07 | 2:27 | +0:50 (21) | 3:40 | +1:11 (17) | 6:49 | +2:00 (9) | 10:06 | +3:07 (8) | 15:30 | +5:09 (7) |
| | | Cuenca COMCU | | 2:27 | +0:50 (21) | 1:13 | +0:21 (11) | 3:09 | +1:11 (7) | 3:17 | +1:07 (11) | 5:24 | +2:11 (9) |
| | | | | 20:51 | +7:28 (8) | 23:48 | +6:13 (6) | 27:04 | +6:10 (6) | 29:34 | +6:52 (7) | 32:52 | +8:32 (7) |
| | | | | 5:21 | +2:37 (21) | 2:57 | +0:27 (5) | 3:16 | +0:26 (6) | 2:30 | +0:48 (14) | 3:18 | +1:40 (17) |
| | | | | 37:27 | +9:22 (7) | 38:52 | +9:24 (7) | 39:07 | +9:25 (7) | | | | |
| | | | | 4:35 | +1:33 (14) | 1:25 | +0:15 (9) | 0:15 | +0:05 (12) | | | | |
| 8 | 833 | Gómez Benavid | 39:36 | 1:58 | +0:21 (5) | 3:15 | +0:46 (7) | 8:02 | +3:13 (14) | 10:55 | +3:56 (11) | 15:32 | +5:11 (8) |
| | | Jaén VILLACAR | | 1:58 | +0:21 (5) | 1:17 | +0:25 (14) | 4:47 | +2:49 (18) | 2:53 | +0:43 (9) | 4:37 | +1:24 (5) |
| | | | | 20:32 | +7:09 (7) | 24:40 | +7:05 (8) | 28:03 | +7:09 (8) | 31:22 | +8:40 (8) | 34:02 | +9:42 (8) |
| | | | | 5:00 | +2:16 (18) | 4:08 | +1:38 (9) | 3:23 | +0:33 (9) | 3:19 | +1:37 (21) | 2:40 | +1:02 (12) |
| | | | | 37:56 | +9:51 (8) | 39:23 | +9:55 (8) | 39:36 | +9:54 (8) | | | | |
| | | | | 3:54 | +0:52 (6) | 1:27 | +0:17 (11) | 0:13 | +0:02 (3) | | | | |
| 9 | 653 | Velez Muñoz Ni | 41:47 | 2:06 | +0:29 (10) | 3:37 | +1:08 (15) | 8:30 | +3:41 (16) | 12:17 | +5:18 (15) | 17:59 | +7:38 (11) |
| | | Palencia ORCA | | 2:06 | +0:29 (10) | 1:31 | +0:39 (20) | 4:53 | +2:55 (19) | 3:47 | +1:37 (16) | 5:42 | +2:29 (14) |
| | | | | 21:17 | +7:54 (9) | 26:01 | +8:26 (9) | 29:35 | +8:41 (9) | 32:01 | +9:19 (9) | 35:01 | +10:41 (9) |
| | | | | 3:18 | +0:34 (6) | 4:44 | +2:14 (13) | 3:34 | +0:44 (10) | 2:26 | +0:44 (11) | 3:00 | +1:22 (15) |
| | | | | 39:48 | +11:43 (9) | 41:29 | +12:01 (9) | 41:47 | +12:05 (9) | | | | |
| | | | | 4:47 | +1:45 (16) | 1:41 | +0:31 (20) | 0:18 | +0:08 (21) | | | | |
| 10 | 362 | García Jiménez | 41:48 | 2:06 | +0:29 (10) | 3:30 | +1:01 (13) | 6:04 | +1:15 (5) | 15:33 | +8:34 (22) | 22:03 | +11:42 (20) |
| | | Albacete GODIH | | 2:06 | +0:29 (10) | 1:24 | +0:32 (17) | 2:34 | +0:36 (3) | 9:29 | +7:19 (27) | 6:30 | +3:17 (17) |
| | | | | 25:35 | +12:12 (16) | 28:05 | +10:30 (13) | 30:55 | +10:01 (11) | 33:22 | +10:40 (10) | 35:42 | +11:22 (10) |
| | | | | 3:32 | +0:48 (8) | 2:30 | 0:00 (1) | 2:50 | 0:00 (1) | 2:27 | +0:45 (13) | 2:20 | +0:42 (8) |
| | | | | 40:09 | +12:04 (10) | 41:35 | +12:07 (10) | 41:48 | +12:06 (10) | | | | |
| | | | | 4:27 | +1:25 (13) | 1:26 | +0:16 (10) | 0:13 | +0:03 (6) | | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 85 m | 12 C | (cont.) | |
|------------------|-----|------------------------------------|--------|--|--|--|--|--|--|
| | | | | 1(41) | 2(63) | 3(61) | 4(54) | 5(31) | |
| | | | | 6(80) | 7(43) | 8(67) | 9(60) | 10(46) | |
| | | | | 11(74) | 12(200) | Meta | | | |
| M-16 (28) | | | | | | | | | |
| 11 | 262 | Moriñigo Álvarez Valladolid COV | 42:44 | 2:15 +0:38 (15) 2:15 +0:38 (15) 18:36 +5:13 (6) 3:23 +0:39 (7) 40:52 +12:47 (11) 4:11 +1:09 (9) | 3:33 +1:04 (14) 1:18 +0:26 (15) 27:32 +9:57 (11) 8:56 +6:26 (24) 42:27 +12:59 (11) 1:35 +0:25 (17) | 6:18 +1:29 (6) 2:45 +0:47 (5) 31:29 +10:35 (12) 3:57 +1:07 (16) 42:44 +13:02 (11) 0:17 +0:06 (16) | 9:52 +2:53 (7) 3:34 +1:24 (13) 34:07 +11:25 (11) 2:38 +0:56 (17) | 15:13 +4:52 (6) 5:21 +2:08 (8) 36:41 +12:21 (11) 2:34 +0:56 (10) | |
| 12 | 458 | Pérez Marcos R Asturias LA BR | 43:07 | 2:01 +0:24 (7) 2:01 +0:24 (7) 25:27 +12:04 (15) 8:14 +5:30 (27) 41:31 +13:26 (12) 4:00 +0:58 (8) | 3:08 +0:39 (6) 1:07 +0:15 (5) 29:36 +12:01 (15) 4:09 +1:39 (10) 42:53 +13:25 (12) 1:22 +0:12 (5) | 9:40 +4:51 (20) 6:32 +4:34 (25) 32:37 +11:43 (14) 3:01 +0:11 (3) 43:07 +13:25 (12) 0:14 +0:04 (11) | 12:12 +5:13 (14) 2:32 +0:22 (4) 35:10 +12:28 (13) 2:33 +0:51 (15) | 17:13 +6:52 (10) 5:01 +1:48 (6) 37:31 +13:11 (12) 2:21 +0:43 (9) | |
| 13 | 738 | Ramiro Martín Toledo TOLEDO | 44:00 | 2:05 +0:28 (9) 2:05 +0:28 (9) 21:41 +8:18 (11) 4:31 +1:47 (15) 42:14 +14:09 (13) 3:46 +0:44 (5) | 3:15 +0:46 (7) 1:10 +0:18 (7) 28:39 +11:04 (14) 6:58 +4:28 (21) 43:47 +14:19 (13) 1:33 +0:23 (15) | 8:57 +4:08 (18) 5:42 +3:44 (23) 32:33 +11:39 (13) 3:54 +1:04 (14) 44:00 +14:18 (13) 0:13 +0:03 (7) | 11:37 +4:38 (13) 2:40 +0:30 (6) 35:09 +12:27 (12) 2:36 +0:54 (16) | 17:10 +6:49 (9) 5:33 +2:20 (11) 38:28 +14:08 (13) 3:19 +1:41 (18) | |
| 14 | 363 | Jiménez García Albacete GODIH | 48:40 | 2:22 +0:45 (19) 2:22 +0:45 (19) 25:48 +12:25 (18) 6:13 +3:29 (26) 46:42 +18:37 (14) 4:20 +1:18 (12) | 3:59 +1:30 (20) 1:37 +0:45 (21) 32:43 +15:08 (19) 6:55 +4:25 (20) 48:20 +18:52 (14) 1:38 +0:28 (19) | 7:45 +2:56 (13) 3:46 +1:48 (12) 36:27 +15:33 (16) 3:44 +0:54 (11) 48:40 +18:58 (14) 0:20 +0:09 (24) | 12:19 +5:20 (16) 4:34 +2:24 (19) 39:20 +16:38 (15) 2:53 +1:11 (20) | 19:35 +9:14 (15) 7:16 +4:03 (19) 42:22 +18:02 (15) 3:02 +1:24 (16) | |
| 15 | 679 | Sanchís Pont H Alicante SANT J | 48:43 | 1:49 +0:12 (2) 1:49 +0:12 (2) 26:33 +13:10 (20) 5:36 +2:52 (23) 47:01 +18:56 (15) 3:59 +0:57 (7) | 2:57 +0:28 (4) 1:08 +0:16 (6) 34:40 +17:05 (20) 8:07 +5:37 (22) 48:25 +18:57 (15) 1:24 +0:14 (7) | 5:53 +1:04 (3) 2:56 +0:58 (6) 39:14 +18:20 (19) 4:34 +1:44 (19) 48:43 +19:01 (15) 0:18 +0:07 (20) | 9:39 +2:40 (6) 3:46 +1:36 (15) 41:00 +18:18 (17) 1:46 +0:04 (6) | 20:57 +10:36 (17) 11:18 +8:05 (24) 43:02 +18:42 (17) 2:02 +0:24 (5) 17:32 *79 | |
| 16 | 924 | Peralta Pedro [133] GDU Azoia | 49:16 | 2:00 +0:23 (6) 2:00 +0:23 (6) 26:24 +13:01 (19) 5:15 +2:31 (19) 47:36 +19:31 (16) 5:03 +2:01 (17) | 5:28 +2:59 (25) 3:28 +2:36 (27) 30:57 +13:22 (17) 4:33 +2:03 (11) 49:00 +19:32 (16) 1:24 +0:14 (7) | 10:52 +6:03 (25) 5:24 +3:26 (21) 36:56 +16:02 (17) 5:59 +3:09 (23) 49:16 +19:34 (16) 0:16 +0:05 (13) | 15:20 +8:21 (21) 4:28 +2:18 (18) 39:42 +17:00 (16) 2:46 +1:04 (19) | 21:09 +10:48 (18) 5:49 +2:36 (15) 42:33 +18:13 (16) 2:51 +1:13 (14) | |
| 17 | 470 | Elías Sánchez J Murcia LORCA- | 50:18 | 2:42 +1:05 (25) 2:42 +1:05 (25) 33:22 +19:59 (25) 4:55 +2:11 (16) 48:23 +20:18 (17) 4:15 +1:13 (11) | 4:07 +1:38 (21) 1:25 +0:33 (18) 36:34 +18:59 (21) 3:12 +0:42 (7) 49:57 +20:29 (17) 1:34 +0:24 (16) | 10:31 +5:42 (23) 6:24 +4:26 (24) 39:44 +18:50 (20) 3:10 +0:20 (5) 50:18 +20:36 (17) 0:21 +0:10 (25) | 17:38 +10:39 (25) 7:07 +4:57 (24) 41:29 +18:47 (18) 1:45 +0:03 (2) | 28:27 +18:06 (24) 10:49 +7:36 (23) 44:08 +19:48 (18) 2:39 +1:01 (11) | |
| 18 | 774 | Martinez Barcel Murcia TOTANA | 50:25 | 2:11 +0:34 (13) 2:11 +0:34 (13) 29:08 +15:45 (21) 5:40 +2:56 (24) 48:28 +20:23 (18) 6:08 +3:06 (21) | 3:23 +0:54 (11) 1:12 +0:20 (10) 31:58 +14:23 (18) 2:50 +0:20 (4) 50:04 +20:36 (18) 1:36 +0:26 (18) | 15:23 +10:34 (27) 12:00 +10:02 (27) 36:18 +15:24 (15) 4:20 +1:30 (18) 50:25 +20:43 (18) 0:21 +0:10 (27) | 18:53 +11:54 (26) 3:30 +1:20 (12) 38:58 +16:16 (14) 2:40 +0:58 (18) | 23:28 +13:07 (21) 4:35 +1:22 (4) 42:20 +18:00 (14) 3:22 +1:44 (20) | |
| 19 | 737 | Martínez Sorian Toledo TOLEDO | 53:21 | 2:18 +0:41 (16) 2:18 +0:41 (16) 23:06 +9:43 (13) 4:11 +1:27 (13) 51:39 +23:34 (20) 5:08 +2:06 (18) | 3:37 +1:08 (15) 1:19 +0:27 (16) 27:02 +9:27 (10) 3:56 +1:26 (8) 53:11 +23:43 (19) 1:32 +0:22 (13) | 6:19 +1:30 (7) 2:42 +0:44 (4) 30:48 +9:54 (10) 3:46 +0:56 (12) 53:21 +23:39 (19) 0:10 0:00 (1) | 9:06 +2:07 (5) 2:47 +0:37 (8) 43:04 +20:22 (20) 12:16 +10:34 (26) | 18:55 +8:34 (14) 9:49 +6:36 (22) 46:31 +22:11 (20) 3:27 +1:49 (21) | |
| 20 | 471 | Guijarro Llamas Murcia LORCA- | 53:50 | 3:11 +1:34 (28) 3:11 +1:34 (28) 25:37 +12:14 (17) 3:59 +1:15 (11) 51:24 +23:19 (19) 5:38 +2:36 (20) | 6:15 +3:46 (27) 3:04 +2:12 (26) 31:35 +14:00 (17) 5:58 +3:28 (19) 53:33 +24:05 (20) 2:09 +0:59 (24) | 10:42 +5:53 (24) 4:27 +2:29 (15) 37:46 +16:52 (18) 6:11 +3:21 (24) 53:50 +24:08 (20) 0:17 +0:06 (16) | 16:01 +9:02 (23) 5:19 +3:09 (22) 41:39 +18:57 (19) 3:53 +2:11 (23) | 21:38 +11:17 (19) 5:37 +2:24 (12) 45:46 +21:26 (19) 4:07 +2:29 (23) | |

| s | sal | Nombre | tiempo | 3,0 km 85 m | | 12 C | (cont.) | | | |
|-------------------|-----|-----------------------------------|---------|--|--|--|--|--|--|--|
| | | | | 1(41) | 2(63) | 3(61) | 4(54) | 5(31) | | |
| | | | | 6(80) | 7(43) | 8(67) | 9(60) | 10(46) | | |
| | | | | 11(74) | 12(200) | Meta | | | | |
| M-16 (28) | | | | | | | | | | |
| 21 | 148 | García López H Badajoz CODAN | 54:29 | 2:18 +0:41 (16) 2:18 +0:41 (16) 24:51 +11:28 (14) 4:58 +2:14 (17) 51:53 +23:48 (21) 4:38 +1:36 (15) | 3:45 +1:16 (18) 1:27 +0:35 (19) 39:17 +21:42 (23) 14:26 +11:56 (27) 54:08 +24:40 (21) 2:15 +1:05 (25) | 7:26 +2:37 (11) 3:41 +1:43 (11) 43:21 +22:27 (21) 4:04 +1:14 (17) 54:29 +24:47 (21) 0:21 +0:10 (25) | 14:48 +7:49 (19) 7:22 +5:12 (25) 45:03 +22:21 (21) 1:42 0:00 (1) 2:12 +0:34 (6) | 19:53 +9:32 (16) 5:05 +1:52 (7) 47:15 +22:55 (21) 2:12 +0:34 (6) | | |
| 22 | 99 | Adeva Conde S Valladolid CDP- | 1:00:23 | 2:38 +1:01 (23) 2:38 +1:01 (23) 22:22 +8:59 (12) 4:16 +1:32 (14) 58:51 +30:46 (23) 3:39 +0:37 (3) | 3:53 +1:24 (19) 1:15 +0:23 (13) 27:44 +10:09 (12) 5:22 +2:52 (17) 1:00:11 +30:43 (22) 1:20 +0:10 (4) | 7:03 +2:14 (10) 3:10 +1:12 (8) 49:41 +28:47 (25) 21:57 +19:07 (26) 1:00:23 +30:41 (22) 0:12 +0:02 (2) | 11:11 +4:12 (12) 4:08 +1:58 (17) 51:52 +29:10 (24) 2:11 +0:29 (10) | 18:06 +7:45 (12) 6:55 +3:42 (18) 55:12 +30:52 (23) 3:20 +1:42 (19) | | |
| 23 | 365 | Pardo Cuesta P Albacete GODIH | 1:01:00 | 2:22 +0:45 (19) 2:22 +0:45 (19) 35:54 +22:31 (26) 5:46 +3:02 (25) 58:14 +30:09 (22) 5:36 +2:34 (19) | 4:15 +1:46 (22) 1:53 +1:01 (22) 41:15 +23:40 (24) 5:21 +2:51 (16) 1:00:42 +31:14 (23) 2:28 +1:18 (27) | 14:27 +9:38 (26) 10:12 +8:14 (26) 46:13 +25:19 (23) 4:58 +2:08 (20) 1:01:00 +31:18 (23) 0:18 +0:07 (19) | 20:55 +13:56 (27) 6:28 +4:18 (23) 48:39 +25:57 (22) 2:26 +0:44 (11) | 30:08 +19:47 (26) 9:13 +6:00 (20) 52:38 +28:18 (22) 3:59 +2:21 (22) | | |
| 24 | 929 | Caineta Tiago [007] Ori-Estarr | 1:04:56 | 2:36 +0:59 (22) 2:36 +0:59 (22) 32:28 +19:05 (23) 5:32 +2:48 (22) 1:02:49 +34:44 (24) 7:19 +4:17 (26) | 5:25 +2:56 (24) 2:49 +1:57 (24) 38:17 +20:42 (22) 5:49 +3:19 (18) 1:04:37 +35:09 (24) 1:48 +0:38 (23) | 9:48 +4:59 (21) 4:23 +2:25 (14) 43:53 +22:59 (22) 5:36 +2:46 (21) 1:04:56 +35:14 (24) 0:19 +0:08 (23) | 17:33 +10:34 (24) 7:45 +5:35 (26) 51:00 +28:18 (23) 7:07 +5:25 (24) | 26:56 +16:35 (23) 9:23 +6:10 (21) 55:30 +31:10 (24) 4:30 +2:52 (24) | | |
| 25 | 468 | Alarcos Cava Di Murcia LORCA- | 1:20:43 | 3:02 +1:25 (26) 3:02 +1:25 (26) 32:41 +19:18 (24) 3:48 +1:04 (10) 1:18:43 +50:38 (25) 6:29 +3:27 (25) | 5:53 +3:24 (26) 2:51 +1:59 (25) 42:59 +25:24 (26) 10:18 +7:48 (25) 1:20:29 +51:01 (25) 1:46 +0:36 (22) | 10:20 +5:31 (22) 4:27 +2:29 (15) 49:37 +28:43 (24) 6:38 +3:48 (25) 1:20:43 +51:01 (25) 0:14 +0:03 (8) | 14:59 +8:00 (20) 4:39 +2:29 (20) 1:05:31 +42:49 (25) 15:54 +14:12 (27) | 28:53 +18:32 (25) 13:54 +10:41 (27) 1:12:14 +47:54 (25) 6:43 +5:05 (27) | | |
| 26 | 29 | Jiménez Díaz R Madrid ALABAR | 1:29:41 | 2:38 +1:01 (23) 2:38 +1:01 (23) 30:38 +17:15 (22) 4:10 +1:26 (12) 1:27:58 +59:53 (26) 7:31 +4:29 (27) | 4:55 +2:26 (23) 2:17 +1:25 (23) 41:24 +23:49 (25) 10:46 +8:16 (26) 1:29:28 :00:00 (26) 1:30 +0:20 (12) | 9:38 +4:49 (19) 4:43 +2:45 (17) 1:10:59 +50:05 (27) 29:35 +26:45 (27) 1:29:41 +59:59 (26) 0:13 +0:02 (5) | 14:19 +7:20 (18) 4:41 +2:31 (21) 1:14:40 +51:58 (26) 3:41 +1:59 (22) | 26:28 +16:07 (22) 12:09 +8:56 (26) 1:20:27 +56:07 (26) 5:47 +4:09 (25) | | |
| 27 | 364 | Murcia Soriano Albacete GODIH | 1:31:57 | 3:05 +1:28 (27) 3:05 +1:28 (27) 50:22 +36:59 (27) 5:19 +2:35 (20) 1:29:18 :01:13 (27) 6:24 +3:22 (24) | 6:52 +4:23 (28) 3:47 +2:55 (28) 58:54 +41:19 (27) 8:32 +6:02 (23) 1:31:39 :02:11 (27) 2:21 +1:11 (26) | 19:14 +14:25 (28) 12:22 +10:24 (28) 1:04:43 +43:49 (26) 5:49 +2:59 (22) 1:31:57 :02:15 (27) 0:18 +0:08 (22) | 33:09 +26:10 (28) 13:55 +11:45 (28) 1:16:19 +53:37 (27) 11:36 +9:54 (25) | 45:03 +34:42 (27) 11:54 +8:41 (25) 1:22:54 +58:34 (27) 6:35 +4:57 (26) | | |
| | 469 | Amor Pérez Jo Murcia LORCA- | andona | 2:09 +0:32 (12) 2:09 +0:32 (12) ----- ----- | 3:22 +0:53 (10) 1:13 +0:21 (11) ----- ----- | 7:41 +2:52 (12) 4:19 +2:21 (13) ----- 57:09 46:46 +46:35 (28) | 10:23 +3:24 (9) 2:42 +0:32 (7) ----- | ----- ----- | | |
| M-18A (26) | | | | | | | | | | |
| | | | | 1(63) | 2(62) | 3(49) | 4(42) | 5(80) | | |
| | | | | 6(55) | 7(44) | 8(60) | 9(59) | 10(73) | | |
| | | | | 11(75) | 12(74) | 13(200) | Meta | | | |
| 1 | 508 | Wirén González Madrid MALAR | 29:34 | 2:39 +0:11 (5) 2:39 +0:11 (5) 16:58 0:00 (1) 2:45 +0:14 (3) 27:35 0:00 (1) 2:10 +0:15 (4) | 5:35 +0:19 (5) 2:56 +0:19 (7) 19:52 0:00 (1) 2:54 +0:07 (3) 28:00 0:00 (1) 0:25 +0:02 (4) | 9:53 +0:29 (2) 4:18 +0:43 (3) 23:17 0:00 (1) 3:25 +0:32 (7) 29:20 0:00 (1) 1:20 +0:15 (14) | 11:56 0:00 (1) 2:03 +0:03 (2) 24:44 0:00 (1) 1:27 +0:06 (3) 29:34 0:00 (1) 0:14 +0:01 (11) | 14:13 0:00 (1) 2:17 0:00 (1) 25:25 0:00 (1) 0:41 +0:04 (3) | | |

| s | sal | Nombre | tiempo | 3,1 km | | 100 m | 13 C | (cont.) | | | |
|-------------------|------------|---|--------------|----------------------|----------------------|----------------------|----------------------|----------------------|--|--|--|
| | | | | 1(63) | 2(62) | 3(49) | 4(42) | 5(80) | | | |
| | | | | 6(55) | 7(44) | 8(60) | 9(59) | 10(73) | | | |
| | | | | 11(75) | 12(74) | 13(200) | Meta | | | | |
| M-18A (26) | | | | | | | | | | | |
| 2 | 213 | Stangegaard Pé Málaga COMA | 31:23 | 2:32 +0:04 (2) | 5:28 +0:12 (4) | 10:14 +0:50 (4) | 13:30 +1:34 (3) | 16:10 +1:57 (2) | | | |
| | | | | 2:32 +0:04 (2) | 2:56 +0:19 (7) | 4:46 +1:11 (4) | 3:16 +1:16 (7) | 2:40 +0:23 (5) | | | |
| | | | | 19:07 +2:09 (2) | 21:58 +2:06 (2) | 25:00 +1:43 (2) | 26:28 +1:44 (2) | 27:07 +1:42 (2) | | | |
| | | | | 2:57 +0:26 (10) | 2:51 +0:04 (2) | 3:02 +0:09 (3) | 1:28 +0:07 (5) | 0:39 +0:02 (2) | | | |
| | | | | 29:27 +1:52 (2) | 29:51 +1:51 (2) | 31:08 +1:48 (2) | 31:23 +1:49 (2) | | | | |
| | | | | 2:20 +0:25 (8) | 0:24 +0:01 (2) | 1:17 +0:12 (11) | 0:15 +0:02 (18) | | | | |
| 3 | 367 | García Gómez F Albacete GODIH | 32:35 | 2:58 +0:30 (8) | 5:35 +0:19 (5) | 9:24 0:00 (1) | 14:24 +2:28 (6) | 17:13 +3:00 (3) | | | |
| | | | | 2:58 +0:30 (8) | 2:37 0:00 (1) | 3:49 +0:14 (2) | 5:00 +3:00 (19) | 2:49 +0:32 (6) | | | |
| | | | | 19:53 +2:55 (3) | 23:52 +4:00 (3) | 26:45 +3:28 (3) | 28:17 +3:33 (3) | 28:54 +3:29 (3) | | | |
| | | | | 2:40 +0:09 (2) | 3:59 +1:12 (15) | 2:53 0:00 (1) | 1:32 +0:11 (9) | 0:37 0:00 (1) | | | |
| | | | | 30:53 +3:18 (3) | 31:17 +3:17 (3) | 32:22 +3:02 (3) | 32:35 +3:01 (3) | | | | |
| | | | | 1:59 +0:04 (2) | 0:24 +0:01 (2) | 1:05 0:00 (1) | 0:13 +0:00 (5) | | | | |
| 4 | 825 | Garrido Corral Granada VELET | 34:28 | 3:05 +0:37 (12) | 6:30 +1:14 (12) | 10:05 +0:41 (3) | 12:34 +0:38 (2) | 18:30 +4:17 (9) | | | |
| | | | | 3:05 +0:37 (12) | 3:25 +0:48 (14) | 3:35 0:00 (1) | 2:29 +0:29 (3) | 5:56 +3:39 (20) | | | |
| | | | | 21:20 +4:22 (8) | 24:18 +4:26 (6) | 27:46 +4:29 (4) | 29:20 +4:36 (4) | 30:08 +4:43 (4) | | | |
| | | | | 2:50 +0:19 (6) | 2:58 +0:11 (4) | 3:28 +0:35 (9) | 1:34 +0:13 (12) | 0:48 +0:11 (15) | | | |
| | | | | 32:33 +4:58 (5) | 33:04 +5:04 (5) | 34:14 +4:54 (4) | 34:28 +4:54 (4) | | | | |
| | | | | 2:25 +0:30 (10) | 0:31 +0:08 (15) | 1:10 +0:05 (4) | 0:14 +0:01 (12) | | | | |
| 5 | 264 | Tribiño Cordal Valladolid COV | 34:37 | 2:56 +0:28 (7) | 7:12 +1:56 (17) | 12:51 +3:27 (12) | 14:51 +2:55 (7) | 17:55 +3:42 (5) | | | |
| | | | | 2:56 +0:28 (7) | 4:16 +1:39 (21) | 5:39 +2:04 (13) | 2:00 0:00 (1) | 3:04 +0:47 (10) | | | |
| | | | | 20:55 +3:57 (6) | 24:08 +4:16 (5) | 28:04 +4:47 (5) | 29:36 +4:52 (5) | 30:18 +4:53 (5) | | | |
| | | | | 3:00 +0:29 (11) | 3:13 +0:26 (9) | 3:56 +1:03 (12) | 1:32 +0:11 (9) | 0:42 +0:05 (5) | | | |
| | | | | 32:30 +4:55 (4) | 33:03 +5:03 (4) | 34:22 +5:02 (5) | 34:37 +5:03 (5) | | | | |
| | | | | 2:12 +0:17 (5) | 0:33 +0:10 (17) | 1:19 +0:14 (12) | 0:15 +0:02 (20) | | | | |
| 6 | 891 | Lima Tomas [070] COC-P | 34:42 | 2:32 +0:04 (2) | 5:23 +0:07 (2) | 10:30 +1:06 (5) | 14:18 +2:22 (5) | 18:05 +3:52 (7) | | | |
| | | | | 2:32 +0:04 (2) | 2:51 +0:14 (5) | 5:07 +1:32 (7) | 3:48 +1:48 (13) | 3:47 +1:30 (11) | | | |
| | | | | 20:36 +3:38 (4) | 24:56 +5:04 (7) | 28:44 +5:27 (7) | 30:10 +5:26 (7) | 30:55 +5:30 (7) | | | |
| | | | | 2:31 0:00 (1) | 4:20 +1:33 (16) | 3:48 +0:55 (11) | 1:26 +0:05 (2) | 0:45 +0:08 (8) | | | |
| | | | | 32:50 +5:15 (6) | 33:13 +5:13 (6) | 34:29 +5:09 (6) | 34:42 +5:08 (6) | | | | |
| | | | | 1:55 0:00 (1) | 0:23 0:00 (1) | 1:16 +0:11 (9) | 0:13 +0:00 (4) | | | | |
| 7 | 931 | Figueiredo Tiag [007] Ori-Estarr | 35:45 | 3:11 +0:43 (14) | 5:51 +0:35 (7) | 11:18 +1:54 (9) | 15:47 +3:51 (10) | 18:08 +3:55 (8) | | | |
| | | | | 3:11 +0:43 (14) | 2:40 +0:03 (2) | 5:27 +1:52 (9) | 4:29 +2:29 (16) | 2:21 +0:04 (2) | | | |
| | | | | 21:13 +4:15 (7) | 25:08 +5:16 (8) | 28:15 +4:58 (6) | 29:46 +5:02 (6) | 30:28 +5:03 (6) | | | |
| | | | | 3:05 +0:34 (14) | 3:55 +1:08 (14) | 3:07 +0:14 (4) | 1:31 +0:10 (8) | 0:42 +0:05 (5) | | | |
| | | | | 33:47 +6:12 (7) | 34:14 +6:14 (7) | 35:29 +6:09 (7) | 35:45 +6:11 (7) | | | | |
| | | | | 3:19 +1:24 (21) | 0:27 +0:04 (7) | 1:15 +0:10 (8) | 0:16 +0:03 (21) | | | | |
| 8 | 473 | Marín Baraza Ju Murcia LORCA- | 35:47 | 2:28 0:00 (1) | 5:16 0:00 (1) | 10:31 +1:07 (6) | 13:45 +1:49 (4) | 17:49 +3:36 (4) | | | |
| | | | | 2:28 0:00 (1) | 2:48 +0:11 (4) | 5:15 +1:40 (8) | 3:14 +1:14 (6) | 4:04 +1:47 (12) | | | |
| | | | | 20:40 +3:42 (5) | 23:58 +4:06 (4) | 29:12 +5:55 (8) | 30:42 +5:58 (8) | 31:25 +6:00 (8) | | | |
| | | | | 2:51 +0:20 (8) | 3:18 +0:31 (10) | 5:14 +2:21 (17) | 1:30 +0:09 (6) | 0:43 +0:06 (7) | | | |
| | | | | 34:01 +6:26 (8) | 34:29 +6:29 (8) | 35:34 +6:14 (8) | 35:47 +6:13 (8) | | | | |
| | | | | 2:36 +0:41 (11) | 0:28 +0:05 (12) | 1:05 0:00 (1) | 0:13 +0:00 (7) | | | | |
| 9 | 172 | García Bernabe Alicante COLIVE | 35:58 | 2:32 +0:04 (2) | 5:23 +0:07 (2) | 10:53 +1:29 (7) | 15:57 +4:01 (11) | 20:52 +6:39 (12) | | | |
| | | | | 2:32 +0:04 (2) | 2:51 +0:14 (5) | 5:30 +1:55 (11) | 5:04 +3:04 (20) | 4:55 +2:38 (17) | | | |
| | | | | 23:40 +6:42 (11) | 26:27 +6:35 (9) | 29:49 +6:32 (9) | 31:10 +6:26 (9) | 31:59 +6:34 (9) | | | |
| | | | | 2:48 +0:17 (5) | 2:47 0:00 (1) | 3:22 +0:29 (6) | 1:21 0:00 (1) | 0:49 +0:12 (17) | | | |
| | | | | 34:08 +6:33 (9) | 34:33 +6:33 (9) | 35:44 +6:24 (9) | 35:58 +6:24 (9) | | | | |
| | | | | 2:09 +0:14 (3) | 0:25 +0:02 (4) | 1:11 +0:06 (6) | 0:14 +0:01 (15) | | | | |
| 10 | 796 | de Miguel Armi Alicante UNIVER | 37:07 | 2:58 +0:30 (8) | 6:56 +1:40 (15) | 12:27 +3:03 (11) | 16:07 +4:11 (12) | 20:16 +6:03 (11) | | | |
| | | | | 2:58 +0:30 (8) | 3:58 +1:21 (17) | 5:31 +1:56 (12) | 3:40 +1:40 (10) | 4:09 +1:52 (13) | | | |
| | | | | 23:26 +6:28 (10) | 26:37 +6:45 (11) | 30:17 +7:00 (10) | 31:49 +7:05 (10) | 32:35 +7:10 (10) | | | |
| | | | | 3:10 +0:39 (15) | 3:11 +0:24 (6) | 3:40 +0:47 (10) | 1:32 +0:11 (9) | 0:46 +0:09 (10) | | | |
| | | | | 34:54 +7:19 (10) | 35:30 +7:30 (10) | 36:52 +7:32 (10) | 37:07 +7:33 (10) | | | | |
| | | | | 2:19 +0:24 (6) | 0:36 +0:13 (21) | 1:22 +0:17 (15) | 0:15 +0:02 (19) | | | | |
| 11 | 815 | Tamarit Royo A Valencia VALEN | 38:30 | 2:59 +0:31 (10) | 6:18 +1:02 (11) | 11:22 +1:58 (10) | 15:02 +3:06 (8) | 19:11 +4:58 (10) | | | |
| | | | | 2:59 +0:31 (10) | 3:19 +0:42 (11) | 5:04 +1:29 (6) | 3:40 +1:40 (10) | 4:09 +1:52 (13) | | | |
| | | | | 24:19 +7:21 (14) | 27:31 +7:39 (13) | 30:50 +7:33 (11) | 32:25 +7:41 (11) | 33:10 +7:45 (11) | | | |
| | | | | 5:08 +2:37 (22) | 3:12 +0:25 (7) | 3:19 +0:26 (5) | 1:35 +0:14 (13) | 0:45 +0:08 (8) | | | |
| | | | | 36:21 +8:46 (11) | 36:48 +8:48 (11) | 38:17 +8:57 (11) | 38:30 +8:56 (11) | | | | |
| | | | | 3:11 +1:16 (20) | 0:27 +0:04 (7) | 1:29 +0:24 (19) | 0:13 +0:00 (8) | | | | |

| s | sal | Nombre | tiempo | 3,1 km | | 100 m | 13 C | (cont.) | | | |
|--------------|-------------|---|--------------|-------------------|-------------------|----------------------|----------------------|-------------------|--|--|--|
| | | | | 1(63) | 2(62) | 3(49) | 4(42) | 5(80) | | | |
| | | | | 6(55) | 7(44) | 8(60) | 9(59) | 10(73) | | | |
| | | | | 11(75) | 12(74) | 13(200) | Meta | | | | |
| M-18A | (26) | | | | | | | | | | |
| 12 | 932 | Henriques Andr [007] Ori-Estarr | 38:43 | 3:18 +0:50 (15) | 6:00 +0:44 (8) | 14:31 +5:07 (18) | 18:11 +6:15 (15) | 21:10 +6:57 (13) | | | |
| | | | | 3:18 +0:50 (15) | 2:42 +0:05 (3) | 8:31 +4:56 (21) | 3:40 +1:40 (10) | 2:59 +0:42 (8) | | | |
| | | | | 24:00 +7:02 (12) | 27:10 +7:18 (12) | 31:15 +7:58 (13) | 32:59 +8:15 (12) | 33:47 +8:22 (12) | | | |
| | | | | 2:50 +0:19 (6) | 3:10 +0:23 (5) | 4:05 +1:12 (13) | 1:44 +0:23 (14) | 0:48 +0:11 (15) | | | |
| | | | | 36:35 +9:00 (12) | 37:10 +9:10 (12) | 38:29 +9:09 (12) | 38:43 +9:09 (12) | | | | |
| | | | | 2:48 +0:53 (12) | 0:35 +0:12 (20) | 1:19 +0:14 (12) | 0:14 +0:01 (9) | | | | |
| 13 | 393 | Virgili Serrallon Girona GO-XTRE | 39:10 | 3:07 +0:39 (13) | 6:13 +0:57 (9) | 11:01 +1:37 (8) | 15:10 +3:14 (9) | 18:01 +3:48 (6) | | | |
| | | | | 3:07 +0:39 (13) | 3:06 +0:29 (9) | 4:48 +1:13 (5) | 4:09 +2:09 (14) | 2:51 +0:34 (7) | | | |
| | | | | 23:03 +6:05 (9) | 26:29 +6:37 (10) | 31:14 +7:57 (12) | 33:10 +8:26 (13) | 34:07 +8:42 (13) | | | |
| | | | | 5:02 +2:31 (21) | 3:26 +0:39 (11) | 4:45 +1:52 (15) | 1:56 +0:35 (22) | 0:57 +0:20 (23) | | | |
| | | | | 36:57 +9:22 (13) | 37:24 +9:24 (13) | 38:56 +9:36 (13) | 39:10 +9:36 (13) | | | | |
| | | | | 2:50 +0:55 (14) | 0:27 +0:04 (7) | 1:32 +0:27 (21) | 0:14 +0:01 (10) | | | | |
| | | | | 13:48 | | | | | | | |
| | | | | *31 | | | | | | | |
| 14 | 263 | De La Torre Día Valladolid COV | 41:20 | 2:52 +0:24 (6) | 7:38 +2:22 (18) | 13:06 +3:42 (13) | 19:48 +7:52 (18) | 24:37 +10:24 (19) | | | |
| | | | | 2:52 +0:24 (6) | 4:46 +2:09 (25) | 5:28 +1:53 (10) | 6:42 +4:42 (23) | 4:49 +2:32 (15) | | | |
| | | | | 28:10 +11:12 (18) | 31:36 +11:44 (15) | 34:35 +11:18 (14) | 36:02 +11:18 (14) | 36:48 +11:23 (14) | | | |
| | | | | 3:33 +1:02 (16) | 3:26 +0:39 (11) | 2:59 +0:06 (2) | 1:27 +0:06 (3) | 0:46 +0:09 (10) | | | |
| | | | | 39:12 +11:37 (14) | 39:39 +11:39 (14) | 41:04 +11:44 (14) | 41:20 +11:46 (14) | | | | |
| | | | | 2:24 +0:29 (9) | 0:27 +0:04 (7) | 1:25 +0:20 (17) | 0:16 +0:03 (23) | | | | |
| 15 | 368 | Jiménez García Albacete GODIH | 42:51 | 4:00 +1:32 (23) | 8:01 +2:45 (23) | 14:17 +4:53 (17) | 17:17 +5:21 (14) | 23:05 +8:52 (17) | | | |
| | | | | 4:00 +1:32 (23) | 4:01 +1:24 (18) | 6:16 +2:41 (15) | 3:00 +1:00 (4) | 5:48 +3:31 (19) | | | |
| | | | | 26:08 +9:10 (15) | 29:48 +9:56 (14) | 35:34 +12:17 (15) | 37:19 +12:35 (15) | 38:05 +12:40 (15) | | | |
| | | | | 3:03 +0:32 (12) | 3:40 +0:53 (13) | 5:46 +2:53 (19) | 1:45 +0:24 (16) | 0:46 +0:09 (10) | | | |
| | | | | 40:53 +13:18 (15) | 41:26 +13:26 (15) | 42:36 +13:16 (15) | 42:51 +13:17 (15) | | | | |
| | | | | 2:48 +0:53 (12) | 0:33 +0:10 (17) | 1:10 +0:05 (4) | 0:15 +0:02 (17) | | | | |
| 16 | 150 | Hernández Pind Badajoz CODAN | 44:29 | 3:36 +1:08 (19) | 7:39 +2:23 (19) | 13:32 +4:08 (15) | 17:00 +5:04 (13) | 21:59 +7:46 (15) | | | |
| | | | | 3:36 +1:08 (19) | 4:03 +1:26 (19) | 5:53 +2:18 (14) | 3:28 +1:28 (8) | 4:59 +2:42 (18) | | | |
| | | | | 26:38 +9:40 (16) | 31:48 +11:56 (16) | 36:47 +13:30 (16) | 38:35 +13:51 (16) | 39:16 +13:51 (16) | | | |
| | | | | 4:39 +2:08 (18) | 5:10 +2:23 (17) | 4:59 +2:06 (16) | 1:48 +0:27 (19) | 0:41 +0:04 (3) | | | |
| | | | | 42:12 +14:37 (16) | 42:44 +14:44 (16) | 44:16 +14:56 (16) | 44:29 +14:55 (16) | | | | |
| | | | | 2:56 +1:01 (15) | 0:32 +0:09 (16) | 1:32 +0:27 (21) | 0:13 +0:00 (3) | | | | |
| 17 | 933 | Silva Pedro Bar [007] Ori-Estarr | 46:11 | 3:46 +1:18 (21) | 7:07 +1:51 (16) | 16:23 +6:59 (21) | 22:49 +10:53 (21) | 29:20 +15:07 (21) | | | |
| | | | | 3:46 +1:18 (21) | 3:21 +0:44 (13) | 9:16 +5:41 (23) | 6:26 +4:26 (22) | 6:31 +4:14 (22) | | | |
| | | | | 32:13 +15:15 (21) | 35:25 +15:33 (18) | 38:52 +15:35 (17) | 40:22 +15:38 (17) | 41:15 +15:50 (17) | | | |
| | | | | 2:53 +0:22 (9) | 3:12 +0:25 (7) | 3:27 +0:34 (8) | 1:30 +0:09 (6) | 0:53 +0:16 (21) | | | |
| | | | | 44:19 +16:44 (17) | 44:44 +16:44 (17) | 45:58 +16:38 (17) | 46:11 +16:37 (17) | | | | |
| | | | | 3:04 +1:09 (17) | 0:25 +0:02 (4) | 1:14 +0:09 (7) | 0:13 0:00 (1) | | | | |
| | | | | 42:58 | | | | | | | |
| | | | | *74 | | | | | | | |
| 18 | 930 | Ferreira Ricard [007] Ori-Estarr | 49:37 | 3:22 +0:54 (16) | 6:41 +1:25 (13) | 15:38 +6:14 (20) | 19:07 +7:11 (17) | 23:57 +9:44 (18) | | | |
| | | | | 3:22 +0:54 (16) | 3:19 +0:42 (11) | 8:57 +5:22 (22) | 3:29 +1:29 (9) | 4:50 +2:33 (16) | | | |
| | | | | 27:00 +10:02 (17) | 36:41 +16:49 (20) | 41:22 +18:05 (18) | 43:07 +18:23 (18) | 43:54 +18:29 (18) | | | |
| | | | | 3:03 +0:32 (12) | 9:41 +6:54 (22) | 4:41 +1:48 (14) | 1:45 +0:24 (16) | 0:47 +0:10 (14) | | | |
| | | | | 46:59 +19:24 (18) | 47:57 +19:57 (18) | 49:22 +20:02 (18) | 49:37 +20:03 (18) | | | | |
| | | | | 3:05 +1:10 (18) | 0:58 +0:35 (25) | 1:25 +0:20 (17) | 0:15 +0:02 (16) | | | | |
| 19 | 472 | Cano Mellinas J Murcia LORCA- | 49:49 | 3:23 +0:55 (17) | 6:51 +1:35 (14) | 13:51 +4:27 (16) | 19:54 +7:58 (19) | 22:30 +8:17 (16) | | | |
| | | | | 3:23 +0:55 (17) | 3:28 +0:51 (15) | 7:00 +3:25 (16) | 6:03 +4:03 (21) | 2:36 +0:19 (4) | | | |
| | | | | 28:19 +11:21 (19) | 34:26 +14:34 (17) | 41:32 +18:15 (19) | 43:26 +18:42 (19) | 44:18 +18:53 (19) | | | |
| | | | | 5:49 +3:18 (24) | 6:07 +3:20 (19) | 7:06 +4:13 (23) | 1:54 +0:33 (21) | 0:52 +0:15 (19) | | | |
| | | | | 47:44 +20:09 (19) | 48:11 +20:11 (19) | 49:33 +20:13 (19) | 49:49 +20:15 (19) | | | | |
| | | | | 3:26 +1:31 (23) | 0:27 +0:04 (7) | 1:22 +0:17 (15) | 0:16 +0:03 (24) | | | | |
| 20 | 309 | Martínez Pache Cantabria GALI | 54:31 | 3:00 +0:32 (11) | 6:14 +0:58 (10) | 13:31 +4:07 (14) | 18:13 +6:17 (16) | 21:16 +7:03 (14) | | | |
| | | | | 3:00 +0:32 (11) | 3:14 +0:37 (10) | 7:17 +3:42 (18) | 4:42 +2:42 (17) | 3:03 +0:46 (9) | | | |
| | | | | 24:03 +7:05 (13) | 35:54 +16:02 (19) | 47:48 +24:31 (21) | 49:32 +24:48 (21) | 50:24 +24:59 (21) | | | |
| | | | | 2:47 +0:16 (4) | 11:51 +9:04 (25) | 11:54 +9:01 (24) | 1:44 +0:23 (14) | 0:52 +0:15 (19) | | | |
| | | | | 52:43 +25:08 (20) | 53:12 +25:12 (20) | 54:17 +24:57 (20) | 54:31 +24:57 (20) | | | | |
| | | | | 2:19 +0:24 (6) | 0:29 +0:06 (13) | 1:05 0:00 (1) | 0:14 +0:01 (13) | | | | |

| s | sal | Nombre | tiempo | 3,1 km 100 m | | 13 C | (cont.) | | | |
|-------------------|------------|--|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|
| | | | | 1(63) | 2(62) | 3(49) | 4(42) | 5(80) | | |
| | | | | 6(55) | 7(44) | 8(60) | 9(59) | 10(73) | | |
| | | | | 11(75) | 12(74) | 13(200) | Meta | | | |
| 21 | 826 | Vega Moyano C Granada VELET | 55:01 | 3:26 +0:58 (18) | 7:53 +2:37 (21) | 14:59 +5:35 (19) | 24:22 +12:26 (25) | 30:43 +16:30 (23) | | |
| | | | | 3:26 +0:58 (18) | 4:27 +1:50 (24) | 7:06 +3:31 (17) | 9:23 +7:23 (26) | 6:21 +4:04 (21) | | |
| | | | | 34:56 +17:58 (22) | 41:44 +21:52 (21) | 46:59 +23:42 (20) | 48:48 +24:04 (20) | 49:45 +24:20 (20) | | |
| | | | | 4:13 +1:42 (17) | 6:48 +4:01 (21) | 5:15 +2:22 (18) | 1:49 +0:28 (20) | 0:57 +0:20 (23) | | |
| | | | | 52:43 +25:08 (20) | 53:12 +25:12 (20) | 54:44 +25:24 (21) | 55:01 +25:27 (21) | | | |
| | | | | 2:58 +1:03 (16) | 0:29 +0:06 (13) | 1:32 +0:27 (21) | 0:17 +0:04 (25) | | | |
| 22 | 310 | Presmanes Lo Cantabria GALI | 59:21 | 3:44 +1:16 (20) | 7:59 +2:43 (22) | 16:25 +7:01 (22) | 20:34 +8:38 (20) | 29:29 +15:16 (22) | | |
| | | | | 3:44 +1:16 (20) | 4:15 +1:38 (20) | 8:26 +4:51 (20) | 4:09 +2:09 (14) | 8:55 +6:38 (23) | | |
| | | | | 36:53 +19:55 (23) | 42:46 +22:54 (22) | 49:46 +26:29 (22) | 52:11 +27:27 (22) | 53:06 +27:41 (22) | | |
| | | | | 7:24 +4:53 (25) | 5:53 +3:06 (18) | 7:00 +4:07 (22) | 2:25 +1:04 (24) | 0:55 +0:18 (22) | | |
| | | | | 56:55 +29:20 (22) | 57:28 +29:28 (22) | 59:05 +29:45 (22) | 59:21 +29:47 (22) | | | |
| | | | | 3:49 +1:54 (26) | 0:33 +0:10 (17) | 1:37 +0:32 (24) | 0:16 +0:03 (22) | | | |
| 23 | 115 | Aparicio Garrig Alicante CEAM I | 1:07:20 | 3:49 +1:21 (22) | 8:12 +2:56 (24) | 16:36 +7:12 (23) | 23:29 +11:33 (23) | 26:03 +11:50 (20) | | |
| | | | | 3:49 +1:21 (22) | 4:23 +1:46 (22) | 8:24 +4:49 (19) | 6:53 +4:53 (24) | 2:34 +0:17 (3) | | |
| | | | | 30:46 +13:48 (20) | 44:57 +25:05 (23) | 58:03 +34:46 (24) | 1:00:06 +35:22 (23) | 1:00:56 +35:31 (23) | | |
| | | | | 4:43 +2:12 (19) | 14:11 +11:24 (26) | 13:06 +10:13 (25) | 2:03 +0:42 (23) | 0:50 +0:13 (18) | | |
| | | | | 1:04:28 +36:53 (23) | 1:05:13 +37:13 (23) | 1:07:02 +37:42 (23) | 1:07:20 +37:46 (23) | | | |
| | | | | 3:32 +1:37 (24) | 0:45 +0:22 (24) | 1:49 +0:44 (25) | 0:18 +0:05 (26) | | | |
| 24 | 86 | Montoya García Murcia CALASP | 1:07:40 | 7:36 +5:08 (26) | 11:59 +6:43 (26) | 22:56 +13:32 (26) | 29:54 +17:58 (26) | 39:45 +25:32 (26) | | |
| | | | | 7:36 +5:08 (26) | 4:23 +1:46 (22) | 10:57 +7:22 (25) | 6:58 +4:58 (25) | 9:51 +7:34 (24) | | |
| | | | | 44:37 +27:39 (26) | 50:50 +30:58 (25) | 57:33 +34:16 (23) | 1:00:20 +35:36 (24) | 1:01:19 +35:54 (24) | | |
| | | | | 4:52 +2:21 (20) | 6:13 +3:26 (20) | 6:43 +3:50 (21) | 2:47 +1:26 (25) | 0:59 +0:22 (26) | | |
| | | | | 1:04:52 +37:17 (24) | 1:05:35 +37:35 (24) | 1:07:27 +38:07 (24) | 1:07:40 +38:06 (24) | | | |
| | | | | 3:33 +1:38 (25) | 0:43 +0:20 (23) | 1:52 +0:47 (26) | 0:13 +0:00 (2) | | | |
| 25 | 134 | González García Santa Cruz de T | 1:09:25 | 4:00 +1:32 (23) | 7:48 +2:32 (20) | 19:58 +10:34 (25) | 23:11 +11:15 (22) | 34:48 +20:35 (25) | | |
| | | | | 4:00 +1:32 (23) | 3:48 +1:11 (16) | 12:10 +8:35 (26) | 3:13 +1:13 (5) | 11:37 +9:20 (26) | | |
| | | | | 42:16 +25:18 (25) | 54:04 +34:12 (26) | 1:00:23 +37:06 (25) | 1:02:09 +37:25 (25) | 1:02:55 +37:30 (25) | | |
| | | | | 7:28 +4:57 (26) | 11:48 +9:01 (24) | 6:19 +3:26 (20) | 1:46 +0:25 (18) | 0:46 +0:09 (10) | | |
| | | | | 1:06:03 +38:28 (25) | 1:07:55 +39:55 (25) | 1:09:11 +39:51 (25) | 1:09:25 +39:51 (25) | | | |
| | | | | 3:08 +1:13 (19) | 1:52 +1:29 (26) | 1:16 +0:11 (9) | 0:14 +0:01 (14) | | | |
| 26 | 173 | Pons Martínez I Alicante COLIVE | 1:14:22 | 4:18 +1:50 (25) | 10:00 +4:44 (25) | 19:16 +9:52 (24) | 24:11 +12:15 (24) | 34:43 +20:30 (24) | | |
| | | | | 4:18 +1:50 (25) | 5:42 +3:05 (26) | 9:16 +5:41 (23) | 4:55 +2:55 (18) | 10:32 +8:15 (25) | | |
| | | | | 40:10 +23:12 (24) | 50:44 +30:52 (24) | 1:04:06 +40:49 (26) | 1:07:35 +42:51 (26) | 1:08:32 +43:07 (26) | | |
| | | | | 5:27 +2:56 (23) | 10:34 +7:47 (23) | 13:22 +10:29 (26) | 3:29 +2:08 (26) | 0:57 +0:20 (23) | | |
| | | | | 1:11:57 +44:22 (26) | 1:12:38 +44:38 (26) | 1:14:09 +44:49 (26) | 1:14:22 +44:48 (26) | | | |
| | | | | 3:25 +1:30 (22) | 0:41 +0:18 (22) | 1:31 +0:26 (20) | 0:13 +0:00 (6) | | | |
| M-20A (16) | | | | 4,0 km 110 m | | 17 C | | | | |
| | | | | 1(72) | 2(63) | 3(34) | 4(71) | 5(65) | | |
| | | | | 6(38) | 7(52) | 8(56) | 9(49) | 10(79) | | |
| | | | | 11(55) | 12(69) | 13(70) | 14(32) | 15(59) | | |
| | | | | 16(73) | 17(200) | Meta | | | | |
| 1 | 860 | Novo João [102].COM | 29:16 | 1:13 +0:01 (3) | 2:21 0:00 (1) | 3:28 +0:01 (2) | 5:12 0:00 (1) | 7:32 0:00 (1) | | |
| | | | | 1:13 +0:01 (3) | 1:08 0:00 (1) | 1:07 +0:06 (5) | 1:44 +0:01 (2) | 2:20 0:00 (1) | | |
| | | | | 9:02 0:00 (1) | 10:26 0:00 (1) | 12:26 0:00 (1) | 14:28 0:00 (1) | 16:55 0:00 (1) | | |
| | | | | 1:30 +0:02 (2) | 1:24 +0:28 (11) | 2:00 +0:37 (7) | 2:02 +0:15 (3) | 2:27 +0:09 (2) | | |
| | | | | 19:56 0:00 (1) | 22:04 0:00 (1) | 23:32 0:00 (1) | 24:31 0:00 (1) | 25:57 0:00 (1) | | |
| | | | | 3:01 0:00 (1) | 2:08 0:00 (1) | 1:28 0:00 (1) | 0:59 +0:03 (2) | 1:26 0:00 (1) | | |
| | | | | 26:39 0:00 (1) | 29:04 0:00 (1) | 29:16 0:00 (1) | | | | |
| | | | | 0:42 +0:05 (7) | 2:25 0:00 (1) | 0:12 0:00 (1) | | | | |
| 2 | 323 | Casado Gómez Madrid GOCAN | 32:39 | 1:24 +0:12 (6) | 2:42 +0:21 (6) | 3:48 +0:21 (4) | 5:56 +0:44 (5) | 8:45 +1:13 (5) | | |
| | | | | 1:24 +0:12 (6) | 1:18 +0:10 (8) | 1:06 +0:05 (2) | 2:08 +0:25 (7) | 2:49 +0:29 (7) | | |
| | | | | 10:16 +1:14 (3) | 11:34 +1:08 (4) | 13:09 +0:43 (3) | 15:10 +0:42 (3) | 18:17 +1:22 (2) | | |
| | | | | 1:31 +0:03 (3) | 1:18 +0:22 (10) | 1:35 +0:12 (4) | 2:01 +0:14 (2) | 3:07 +0:49 (5) | | |
| | | | | 21:49 +1:53 (2) | 24:22 +2:18 (2) | 26:25 +2:53 (2) | 27:29 +2:58 (2) | 29:09 +3:12 (2) | | |
| | | | | 3:32 +0:31 (4) | 2:33 +0:25 (2) | 2:03 +0:35 (11) | 1:04 +0:08 (6) | 1:40 +0:14 (2) | | |
| | | | | 29:52 +3:13 (2) | 32:25 +3:21 (2) | 32:39 +3:23 (2) | | | | |
| | | | | 0:43 +0:06 (9) | 2:33 +0:08 (3) | 0:14 +0:01 (3) | | | | |

s sal Nombre tiempo

M-20A (16)

4,0 km 110 m 17 C (cont.)

1(72) 2(63) 3(34) 4(71) 5(65)
6(38) 7(52) 8(56) 9(49) 10(79)
11(55) 12(69) 13(70) 14(32) 15(59)
16(73) 17(200) Meta

| | | | | | | | | |
|----------|----------------------|---|-----------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 3 | 418 | Fernández Cas Madrid IMPERDI | 33:03 | 1:31 +0:19 (8) | 3:43 +1:22 (12) | 4:51 +1:24 (10) | 6:56 +1:44 (8) | 10:30 +2:58 (9) |
| | | | | 1:31 +0:19 (8) | 2:12 +1:04 (15) | 1:08 +0:07 (6) | 2:05 +0:22 (6) | 3:34 +1:14 (10) |
| | | | | 11:58 +2:56 (9) | 13:03 +2:37 (8) | 14:28 +2:02 (7) | 16:15 +1:47 (5) | 18:33 +1:38 (3) |
| | | | | 1:28 0:00 (1) | 1:05 +0:09 (3) | 1:25 +0:02 (2) | 1:47 0:00 (1) | 2:18 0:00 (1) |
| | | | | 21:59 +2:03 (3) | 24:55 +2:51 (3) | 26:51 +3:19 (3) | 27:50 +3:19 (3) | 29:39 +3:42 (3) |
| | | | | 3:26 +0:25 (3) | 2:56 +0:48 (7) | 1:56 +0:28 (6) | 0:59 +0:03 (2) | 1:49 +0:23 (4) |
| | | | | 30:18 +3:39 (3) | 32:48 +3:44 (3) | 33:03 +3:47 (3) | | |
| | 0:39 +0:02 (3) | 2:30 +0:05 (2) | 0:15 +0:03 (6) | | | | | |
| 4 | 417 | Caraça-Valente Madrid IMPERDI | 34:26 | 1:16 +0:04 (4) | 2:28 +0:07 (4) | 3:43 +0:16 (3) | 5:26 +0:14 (2) | 7:59 +0:27 (2) |
| | | | | 1:16 +0:04 (4) | 1:12 +0:04 (4) | 1:15 +0:14 (9) | 1:43 0:00 (1) | 2:33 +0:13 (3) |
| | | | | 9:40 +0:38 (2) | 10:36 +0:10 (2) | 12:36 +0:10 (2) | 14:45 +0:17 (2) | 19:23 +2:28 (5) |
| | | | | 1:41 +0:13 (7) | 0:56 0:00 (1) | 2:00 +0:37 (7) | 2:09 +0:22 (7) | 4:38 +2:20 (7) |
| | | | | 23:55 +3:59 (4) | 26:33 +4:29 (4) | 28:02 +4:30 (4) | 28:58 +4:27 (4) | 30:54 +4:57 (4) |
| | | | | 4:32 +1:31 (8) | 2:38 +0:30 (4) | 1:29 +0:01 (2) | 0:56 0:00 (1) | 1:56 +0:30 (7) |
| | | | | 31:31 +4:52 (4) | 34:10 +5:06 (4) | 34:26 +5:10 (4) | | |
| | 0:37 0:00 (1) | 2:39 +0:14 (7) | 0:16 +0:04 (10) | | | | | |
| 5 | 214 | Stangegaard Pé Málaga COMA | 35:54 | 1:12 0:00 (1) | 2:21 0:00 (1) | 3:27 0:00 (1) | 5:52 +0:40 (4) | 8:36 +1:04 (4) |
| | | | | 1:12 0:00 (1) | 1:09 +0:01 (2) | 1:06 +0:05 (2) | 2:25 +0:42 (10) | 2:44 +0:24 (6) |
| | | | | 10:34 +1:32 (5) | 11:41 +1:15 (5) | 13:43 +1:17 (4) | 16:11 +1:43 (4) | 19:07 +2:12 (4) |
| | | | | 1:58 +0:30 (13) | 1:07 +0:11 (4) | 2:02 +0:39 (9) | 2:28 +0:41 (8) | 2:56 +0:38 (4) |
| | | | | 24:06 +4:10 (5) | 27:32 +5:28 (5) | 29:16 +5:44 (5) | 30:29 +5:58 (5) | 32:26 +6:29 (5) |
| | | | | 4:59 +1:58 (10) | 3:26 +1:18 (13) | 1:44 +0:16 (3) | 1:13 +0:17 (10) | 1:57 +0:31 (8) |
| | | | | 33:04 +6:25 (5) | 35:39 +6:35 (5) | 35:54 +6:38 (5) | | |
| | 0:38 +0:01 (2) | 2:35 +0:10 (4) | 0:15 +0:03 (8) | | | | | |
| 6 | 240 | Milvaques Casa Valencia CORRE | 38:41 | 1:52 +0:40 (12) | 3:07 +0:46 (9) | 4:08 +0:41 (6) | 6:35 +1:23 (7) | 9:13 +1:41 (6) |
| | | | | 1:52 +0:40 (12) | 1:15 +0:07 (5) | 1:01 0:00 (1) | 2:27 +0:44 (11) | 2:38 +0:18 (5) |
| | | | | 10:58 +1:56 (6) | 12:00 +1:34 (6) | 14:10 +1:44 (5) | 17:04 +2:36 (6) | 21:51 +4:56 (6) |
| | | | | 1:45 +0:17 (9) | 1:02 +0:06 (2) | 2:10 +0:47 (10) | 2:54 +1:07 (12) | 4:47 +2:29 (8) |
| | | | | 25:34 +5:38 (6) | 30:03 +7:59 (6) | 32:05 +8:33 (6) | 33:14 +8:43 (6) | 35:01 +9:04 (6) |
| | | | | 3:43 +0:42 (6) | 4:29 +2:21 (15) | 2:02 +0:34 (10) | 1:09 +0:13 (8) | 1:47 +0:21 (3) |
| | | | | 35:43 +9:04 (6) | 38:26 +9:22 (6) | 38:41 +9:25 (6) | | |
| | 0:42 +0:05 (7) | 2:43 +0:18 (8) | 0:15 +0:03 (7) | | | | | |
| 7 | 494 | Sanz Alejandro Córdoba LOS C | 39:11 | 1:19 +0:07 (5) | 2:39 +0:18 (5) | 4:37 +1:10 (9) | 7:06 +1:54 (9) | 9:38 +2:06 (8) |
| | | | | 1:19 +0:07 (5) | 1:20 +0:12 (10) | 1:58 +0:57 (12) | 2:29 +0:46 (12) | 2:32 +0:12 (2) |
| | | | | 11:29 +2:27 (8) | 12:36 +2:10 (7) | 14:54 +2:28 (8) | 18:49 +4:21 (10) | 24:41 +7:46 (9) |
| | | | | 1:51 +0:23 (10) | 1:07 +0:11 (4) | 2:18 +0:55 (13) | 3:55 +2:08 (14) | 5:52 +3:34 (10) |
| | | | | 28:01 +8:05 (7) | 30:59 +8:55 (7) | 32:54 +9:22 (7) | 33:53 +9:22 (7) | 35:42 +9:45 (7) |
| | | | | 3:20 +0:19 (2) | 2:58 +0:50 (8) | 1:55 +0:27 (5) | 0:59 +0:03 (2) | 1:49 +0:23 (4) |
| | | | | 36:22 +9:43 (7) | 38:57 +9:53 (7) | 39:11 +9:55 (7) | | |
| | 0:40 +0:03 (5) | 2:35 +0:10 (4) | 0:14 +0:02 (5) | | | | | |
| 8 | 30 | Rojas Jiménez Madrid ALABAR | 40:11 | 1:26 +0:14 (7) | 2:48 +0:27 (7) | 6:56 +3:29 (14) | 8:43 +3:31 (11) | 12:23 +4:51 (11) |
| | | | | 1:26 +0:14 (7) | 1:22 +0:14 (11) | 4:08 +3:07 (15) | 1:47 +0:04 (3) | 3:40 +1:20 (11) |
| | | | | 14:02 +5:00 (11) | 15:15 +4:49 (11) | 17:31 +5:05 (11) | 20:19 +5:51 (12) | 23:11 +6:16 (8) |
| | | | | 1:39 +0:11 (5) | 1:13 +0:17 (7) | 2:16 +0:53 (12) | 2:48 +1:01 (11) | 2:52 +0:34 (3) |
| | | | | 28:04 +8:08 (8) | 31:04 +9:00 (8) | 33:04 +9:32 (8) | 34:24 +9:53 (8) | 36:16 +10:19 (8) |
| | | | | 4:53 +1:52 (9) | 3:00 +0:52 (9) | 2:00 +0:32 (9) | 1:20 +0:24 (13) | 1:52 +0:26 (6) |
| | | | | 37:13 +10:34 (8) | 39:57 +10:53 (8) | 40:11 +10:55 (8) | | |
| | 0:57 +0:20 (12) | 2:44 +0:19 (9) | 0:14 +0:02 (4) | | | | | |
| 9 | 101 | Garnacho Ferná Valladolid CDP- | 41:48 | 1:34 +0:22 (9) | 2:52 +0:31 (8) | 3:58 +0:31 (5) | 5:46 +0:34 (3) | 8:22 +0:50 (3) |
| | | | | 1:34 +0:22 (9) | 1:18 +0:10 (8) | 1:06 +0:05 (2) | 1:48 +0:05 (4) | 2:36 +0:16 (4) |
| | | | | 10:18 +1:16 (4) | 11:31 +1:05 (3) | 14:10 +1:44 (5) | 18:36 +4:08 (9) | 22:37 +5:42 (7) |
| | | | | 1:56 +0:28 (12) | 1:13 +0:17 (7) | 2:39 +1:16 (16) | 4:26 +2:39 (15) | 4:01 +1:43 (6) |
| | | | | 29:22 +9:26 (9) | 32:31 +10:27 (9) | 34:20 +10:48 (9) | 35:30 +10:59 (9) | 37:31 +11:34 (9) |
| | | | | 6:45 +3:44 (14) | 3:09 +1:01 (11) | 1:49 +0:21 (4) | 1:10 +0:14 (9) | 2:01 +0:35 (9) |
| | | | | 38:28 +11:49 (9) | 41:35 +12:31 (9) | 41:48 +12:32 (9) | | |
| | 0:57 +0:20 (12) | 3:07 +0:42 (12) | 0:13 +0:01 (2) | | | | | |

| s | sal | Nombre | tiempo | | | 4,0 km | 110 m | 17 C | (cont.) | | | | |
|-----------|------------|---|----------------|-------------|-----------------|---------|-------------|-------------|-----------------|---------|-------------|---------|-------------|
| | | | | | | 1(72) | 2(63) | 3(34) | 4(71) | 5(65) | | | |
| | | | | | | 6(38) | 7(52) | 8(56) | 9(49) | 10(79) | | | |
| | | | | | | 11(55) | 12(69) | 13(70) | 14(32) | 15(59) | | | |
| | | | | | | 16(73) | 17(200) | Meta | | | | | |
| 10 | 128 | Canosa Vidal P Barcelona COC | 43:40 | 1:12 | 0:00 (1) | 2:22 | +0:01 (3) | 5:57 | +2:30 (11) | 8:13 | +3:01 (10) | 11:45 | +4:13 (10) |
| | | | | 1:12 | 0:00 (1) | 1:10 | +0:02 (3) | 3:35 | +2:34 (14) | 2:16 | +0:33 (8) | 3:32 | +1:12 (9) |
| | | | | 13:24 | +4:22 (10) | 14:37 | +4:11 (10) | 16:17 | +3:51 (10) | 18:22 | +3:54 (8) | 27:07 | +10:12 (11) |
| | | | | 1:39 | +0:11 (5) | 1:13 | +0:17 (7) | 1:40 | +0:17 (5) | 2:05 | +0:18 (4) | 8:45 | +6:27 (14) |
| | | | | 31:05 | +11:09 (10) | 33:48 | +11:44 (10) | 35:59 | +12:27 (10) | 36:59 | +12:28 (10) | 39:35 | +13:38 (10) |
| | | | | 3:58 | +0:57 (7) | 2:43 | +0:35 (5) | 2:11 | +0:43 (13) | 1:00 | +0:04 (5) | 2:36 | +1:10 (11) |
| | | | | 40:15 | +13:36 (10) | 43:21 | +14:17 (10) | 43:40 | +14:24 (10) | | | | |
| | | | | 0:40 | +0:03 (5) | 3:06 | +0:41 (11) | 0:19 | +0:06 (14) | | | | |
| 11 | 914 | Delgado Diogo [052] GD4C | 45:36 | 4:16 | +3:04 (16) | 5:32 | +3:11 (15) | 6:50 | +3:23 (13) | 9:36 | +4:24 (12) | 13:37 | +6:05 (12) |
| | | | | 4:16 | +3:04 (16) | 1:16 | +0:08 (6) | 1:18 | +0:17 (10) | 2:46 | +1:03 (14) | 4:01 | +1:41 (12) |
| | | | | 15:12 | +6:10 (12) | 16:19 | +5:53 (12) | 17:42 | +5:16 (12) | 19:48 | +5:20 (11) | 25:08 | +8:13 (10) |
| | | | | 1:35 | +0:07 (4) | 1:07 | +0:11 (4) | 1:23 | 0:00 (1) | 2:06 | +0:19 (5) | 5:20 | +3:02 (9) |
| | | | | 32:58 | +13:02 (11) | 35:33 | +13:29 (11) | 37:31 | +13:59 (11) | 38:45 | +14:14 (11) | 42:04 | +16:07 (11) |
| | | | | 7:50 | +4:49 (15) | 2:35 | +0:27 (3) | 1:58 | +0:30 (7) | 1:14 | +0:18 (11) | 3:19 | +1:53 (16) |
| | | | | 42:43 | +16:04 (11) | 45:21 | +16:17 (11) | 45:36 | +16:20 (11) | | | | |
| | | | | 0:39 | +0:02 (3) | 2:38 | +0:13 (6) | 0:15 | +0:03 (8) | | | | |
| 12 | 459 | Menéndez Pedr Asturias LA BR | 50:30 | 2:04 | +0:52 (14) | 3:20 | +0:59 (11) | 4:33 | +1:06 (8) | 11:28 | +6:16 (15) | 18:19 | +10:47 (14) |
| | | | | 2:04 | +0:52 (14) | 1:16 | +0:08 (6) | 1:13 | +0:12 (8) | 6:55 | +5:12 (16) | 6:51 | +4:31 (14) |
| | | | | 20:12 | +11:10 (14) | 21:54 | +11:28 (14) | 23:44 | +11:18 (14) | 26:23 | +11:55 (14) | 33:42 | +16:47 (13) |
| | | | | 1:53 | +0:25 (11) | 1:42 | +0:46 (13) | 1:50 | +0:27 (6) | 2:39 | +0:52 (10) | 7:19 | +5:01 (13) |
| | | | | 37:23 | +17:27 (12) | 41:01 | +18:57 (12) | 43:00 | +19:28 (12) | 44:06 | +19:35 (12) | 46:10 | +20:13 (12) |
| | | | | 3:41 | +0:40 (5) | 3:38 | +1:30 (14) | 1:59 | +0:31 (8) | 1:06 | +0:10 (7) | 2:04 | +0:38 (10) |
| | | | | 47:00 | +20:21 (12) | 50:12 | +21:08 (12) | 50:30 | +21:14 (12) | | | | |
| | | | | 0:50 | +0:13 (10) | 3:12 | +0:47 (13) | 0:18 | +0:06 (13) | | | | |
| 13 | 740 | Tordera Moren Toledo TOLEDO | 55:50 | 1:35 | +0:23 (10) | 3:12 | +0:51 (10) | 4:20 | +0:53 (7) | 6:23 | +1:11 (6) | 9:20 | +1:48 (7) |
| | | | | 1:35 | +0:23 (10) | 1:37 | +0:29 (12) | 1:08 | +0:07 (6) | 2:03 | +0:20 (5) | 2:57 | +0:37 (8) |
| | | | | 11:22 | +2:20 (7) | 13:03 | +2:37 (8) | 15:41 | +3:15 (9) | 17:49 | +3:21 (7) | 32:01 | +15:06 (12) |
| | | | | 2:02 | +0:34 (14) | 1:41 | +0:45 (12) | 2:38 | +1:15 (15) | 2:08 | +0:21 (6) | 14:12 | +11:54 (16) |
| | | | | 41:02 | +21:06 (13) | 44:03 | +21:59 (13) | 46:11 | +22:39 (13) | 47:52 | +23:21 (13) | 50:29 | +24:32 (13) |
| | | | | 9:01 | +6:00 (16) | 3:01 | +0:53 (10) | 2:08 | +0:40 (12) | 1:41 | +0:45 (16) | 2:37 | +1:11 (12) |
| | | | | 51:49 | +25:10 (13) | 55:27 | +26:23 (13) | 55:50 | +26:34 (13) | | | | |
| | | | | 1:20 | +0:43 (16) | 3:38 | +1:13 (15) | 0:23 | +0:11 (15) | | | | |
| 14 | 654 | Velez Muñoz Ju Palencia ORCA | 1:00:06 | 1:53 | +0:41 (13) | 3:49 | +1:28 (13) | 9:11 | +5:44 (16) | 11:28 | +6:16 (15) | 15:51 | +8:19 (13) |
| | | | | 1:53 | +0:41 (13) | 1:56 | +0:48 (14) | 5:22 | +4:21 (16) | 2:17 | +0:34 (9) | 4:23 | +2:03 (13) |
| | | | | 17:57 | +8:55 (13) | 20:04 | +9:38 (13) | 22:19 | +9:53 (13) | 25:50 | +11:22 (13) | 39:40 | +22:45 (14) |
| | | | | 2:06 | +0:38 (15) | 2:07 | +1:11 (15) | 2:15 | +0:52 (11) | 3:31 | +1:44 (13) | 13:50 | +11:32 (15) |
| | | | | 44:50 | +24:54 (14) | 48:08 | +26:04 (14) | 51:06 | +27:34 (14) | 52:36 | +28:05 (14) | 55:20 | +29:23 (14) |
| | | | | 5:10 | +2:09 (12) | 3:18 | +1:10 (12) | 2:58 | +1:30 (15) | 1:30 | +0:34 (14) | 2:44 | +1:18 (13) |
| | | | | 56:25 | +29:46 (14) | 59:50 | +30:46 (14) | 1:00:06 | +30:50 (14) | | | | |
| | | | | 1:05 | +0:28 (14) | 3:25 | +1:00 (14) | 0:16 | +0:04 (11) | | | | |
| 15 | 858 | Abreu Francisc [102] .COM | 1:05:39 | 1:50 | +0:38 (11) | 4:40 | +2:19 (14) | 6:27 | +3:00 (12) | 11:26 | +6:14 (14) | 19:34 | +12:02 (15) |
| | | | | 1:50 | +0:38 (11) | 2:50 | +1:42 (16) | 1:47 | +0:46 (11) | 4:59 | +3:16 (15) | 8:08 | +5:48 (15) |
| | | | | 23:07 | +14:05 (15) | 26:17 | +15:51 (15) | 28:36 | +16:10 (15) | 34:11 | +19:43 (15) | 41:01 | +24:06 (15) |
| | | | | 3:33 | +2:05 (16) | 3:10 | +2:14 (16) | 2:19 | +0:56 (14) | 5:35 | +3:48 (16) | 6:50 | +4:32 (11) |
| | | | | 46:03 | +26:07 (15) | 51:35 | +29:31 (15) | 55:00 | +31:28 (15) | 56:30 | +31:59 (15) | 59:44 | +33:47 (15) |
| | | | | 5:02 | +2:01 (11) | 5:32 | +3:24 (16) | 3:25 | +1:57 (16) | 1:30 | +0:34 (14) | 3:14 | +1:48 (15) |
| | | | | 1:00:49 | +34:10 (15) | 1:05:13 | +36:09 (15) | 1:05:39 | +36:23 (15) | | | | |
| | | | | 1:05 | +0:28 (14) | 4:24 | +1:59 (16) | 0:26 | +0:14 (16) | | | | |
| 16 | 859 | Magalhães Dani [102] .COM | 1:08:16 | 3:54 | +2:42 (15) | 5:33 | +3:12 (16) | 8:31 | +5:04 (15) | 11:14 | +6:02 (13) | 33:25 | +25:53 (16) |
| | | | | 3:54 | +2:42 (15) | 1:39 | +0:31 (13) | 2:58 | +1:57 (13) | 2:43 | +1:00 (13) | 22:11 | +19:51 (16) |
| | | | | 35:08 | +26:06 (16) | 37:14 | +26:48 (16) | 38:45 | +26:19 (16) | 41:17 | +26:49 (16) | 48:25 | +31:30 (16) |
| | | | | 1:43 | +0:15 (8) | 2:06 | +1:10 (14) | 1:31 | +0:08 (3) | 2:32 | +0:45 (9) | 7:08 | +4:50 (12) |
| | | | | 54:28 | +34:32 (16) | 57:21 | +35:17 (16) | 59:43 | +36:11 (16) | 1:01:00 | +36:29 (16) | 1:04:04 | +38:07 (16) |
| | | | | 6:03 | +3:02 (13) | 2:53 | +0:45 (6) | 2:22 | +0:54 (14) | 1:17 | +0:21 (12) | 3:04 | +1:38 (14) |
| | | | | 1:04:56 | +38:17 (16) | 1:07:59 | +38:55 (16) | 1:08:16 | +39:00 (16) | | | 30:48 | |
| | | | | 0:52 | +0:15 (11) | 3:03 | +0:38 (10) | 0:17 | +0:04 (12) | | | *38 | |

| s | sal | Nombre | tiempo | 3,6 km | | 100 m | 14 C | 4(37) | | 5(65) | |
|-----------|------------|---|--------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|--|--------|--|
| | | | | 1(72) | 2(35) | 3(36) | 4(37) | 5(65) | | 10(32) | |
| | | | | 6(38) | 7(54) | 8(78) | 9(67) | 10(32) | | Meta | |
| | | | | 11(59) | 12(73) | 13(74) | 14(200) | | | | |
| 1 | 129 | Suñé Margined Barcelona COC | 31:07 | 1:25 +0:14 (5) | 3:43 0:00 (1) | 6:03 +0:41 (4) | 9:05 +0:43 (2) | 9:59 +0:10 (2) | | | |
| | | | | 1:25 +0:14 (5) | 2:18 +0:06 (3) | 2:20 +0:50 (19) | 3:02 +0:06 (5) | 0:54 +0:05 (2) | | | |
| | | | | 11:37 +0:01 (2) | 13:27 0:00 (1) | 20:42 0:00 (1) | 23:00 0:00 (1) | 25:24 0:00 (1) | | | |
| | | | | 1:38 +0:18 (3) | 1:50 +0:13 (4) | 7:15 0:00 (1) | 2:18 +0:04 (3) | 2:24 0:00 (1) | | | |
| | | | | 27:19 0:00 (1) | 27:58 0:00 (1) | 29:38 0:00 (1) | 30:52 0:00 (1) | 31:07 0:00 (1) | | | |
| | | | | 1:55 +0:01 (2) | 0:39 +0:02 (2) | 1:40 0:00 (1) | 1:14 +0:04 (2) | 0:15 +0:01 (9) | | | |
| 2 | 370 | Montero Ferná Albacete GODIH | 34:28 | 1:50 +0:39 (22) | 4:59 +1:16 (13) | 6:39 +1:17 (6) | 9:37 +1:15 (6) | 10:55 +1:06 (5) | | | |
| | | | | 1:50 +0:39 (22) | 3:09 +0:57 (12) | 1:40 +0:10 (4) | 2:58 +0:02 (3) | 1:18 +0:29 (5) | | | |
| | | | | 12:36 +1:00 (5) | 14:46 +1:19 (4) | 22:28 +1:46 (2) | 24:42 +1:42 (2) | 28:07 +2:43 (2) | | | |
| | | | | 1:41 +0:21 (6) | 2:10 +0:33 (10) | 7:42 +0:27 (4) | 2:14 0:00 (1) | 3:25 +1:01 (18) | | | |
| | | | | 30:16 +2:57 (2) | 31:14 +3:16 (2) | 32:54 +3:16 (2) | 34:12 +3:20 (2) | 34:28 +3:21 (2) | | | |
| | | | | 2:09 +0:15 (13) | 0:58 +0:21 (25) | 1:40 0:00 (1) | 1:18 +0:08 (6) | 0:16 +0:03 (17) | | | |
| 3 | 52 | Chamorro Garcí Pontevedra AR | 34:43 | 1:24 +0:13 (4) | 5:27 +1:44 (17) | 7:28 +2:06 (14) | 10:25 +2:03 (9) | 12:27 +2:38 (10) | | | |
| | | | | 1:24 +0:13 (4) | 4:03 +1:51 (19) | 2:01 +0:31 (10) | 2:57 +0:01 (2) | 2:02 +1:13 (19) | | | |
| | | | | 14:12 +2:36 (10) | 16:07 +2:40 (7) | 23:25 +2:43 (3) | 26:07 +3:07 (3) | 28:40 +3:16 (3) | | | |
| | | | | 1:45 +0:25 (9) | 1:55 +0:18 (8) | 7:18 +0:03 (2) | 2:42 +0:28 (14) | 2:33 +0:09 (2) | | | |
| | | | | 30:34 +3:15 (3) | 31:16 +3:18 (3) | 33:00 +3:22 (3) | 34:26 +3:34 (3) | 34:43 +3:36 (3) | | | |
| | | | | 1:54 0:00 (1) | 0:42 +0:05 (3) | 1:44 +0:04 (4) | 1:26 +0:16 (15) | 0:17 +0:04 (22) | | | |
| 4 | 232 | Cotillas Moya D Cuenca COMCU | 37:34 | 1:43 +0:32 (20) | 4:35 +0:52 (8) | 6:39 +1:17 (6) | 9:35 +1:13 (5) | 11:19 +1:30 (6) | | | |
| | | | | 1:43 +0:32 (20) | 2:52 +0:40 (8) | 2:04 +0:34 (13) | 2:56 0:00 (1) | 1:44 +0:55 (14) | | | |
| | | | | 13:14 +1:38 (7) | 14:51 +1:24 (5) | 26:22 +5:40 (8) | 28:44 +5:44 (7) | 31:28 +6:04 (7) | | | |
| | | | | 1:55 +0:35 (14) | 1:37 0:00 (1) | 11:31 +4:16 (18) | 2:22 +0:08 (6) | 2:44 +0:20 (4) | | | |
| | | | | 33:30 +6:11 (7) | 34:12 +6:14 (7) | 35:53 +6:15 (5) | 37:17 +6:25 (4) | 37:34 +6:27 (4) | | | |
| | | | | 2:02 +0:08 (4) | 0:42 +0:05 (3) | 1:41 +0:01 (3) | 1:24 +0:14 (12) | 0:17 +0:03 (20) | | | |
| 5 | 1 | Manuel Ruiz Ju Castellón ADCO | 37:47 | 1:29 +0:18 (10) | 3:46 +0:03 (2) | 5:22 0:00 (1) | 8:22 0:00 (1) | 9:49 0:00 (1) | | | |
| | | | | 1:29 +0:18 (10) | 2:17 +0:05 (2) | 1:36 +0:06 (2) | 3:00 +0:04 (4) | 1:27 +0:38 (7) | | | |
| | | | | 11:36 0:00 (1) | 15:19 +1:52 (6) | 24:42 +4:00 (5) | 27:33 +4:33 (6) | 30:13 +4:49 (5) | | | |
| | | | | 1:47 +0:27 (11) | 3:43 +2:06 (31) | 9:23 +2:08 (8) | 2:51 +0:37 (18) | 2:40 +0:16 (3) | | | |
| | | | | 32:47 +5:28 (5) | 33:34 +5:36 (5) | 35:40 +6:02 (4) | 37:31 +6:39 (5) | 37:47 +6:40 (5) | | | |
| | | | | 2:34 +0:40 (21) | 0:47 +0:10 (8) | 2:06 +0:26 (12) | 1:51 +0:41 (34) | 0:16 +0:03 (18) | | | |
| 6 | 285 | García Dengra A Toledo ESCONDI | 37:57 | 1:25 +0:14 (5) | 4:04 +0:21 (5) | 6:41 +1:19 (8) | 10:06 +1:44 (8) | 11:23 +1:34 (7) | | | |
| | | | | 1:25 +0:14 (5) | 2:39 +0:27 (6) | 2:37 +1:07 (22) | 3:25 +0:29 (12) | 1:17 +0:28 (4) | | | |
| | | | | 13:11 +1:35 (6) | 16:38 +3:11 (8) | 24:42 +4:00 (5) | 27:30 +4:30 (5) | 30:31 +5:07 (6) | | | |
| | | | | 1:48 +0:28 (13) | 3:27 +1:50 (27) | 8:04 +0:49 (5) | 2:48 +0:34 (16) | 3:01 +0:37 (11) | | | |
| | | | | 33:06 +5:47 (6) | 33:58 +6:00 (6) | 36:21 +6:43 (6) | 37:42 +6:50 (6) | 37:57 +6:50 (6) | | | |
| | | | | 2:35 +0:41 (22) | 0:52 +0:15 (15) | 2:23 +0:43 (22) | 1:21 +0:11 (9) | 0:15 +0:02 (11) | | | |
| 7 | 274 | Bustillo Ruiz Pa La Rioja CRON | 38:24 | 2:13 +1:02 (30) | 5:36 +1:53 (18) | 8:36 +3:14 (21) | 12:10 +3:48 (17) | 13:33 +3:44 (13) | | | |
| | | | | 2:13 +1:02 (30) | 3:23 +1:11 (15) | 3:00 +1:30 (27) | 3:34 +0:38 (17) | 1:23 +0:34 (6) | | | |
| | | | | 15:31 +3:55 (15) | 17:45 +4:18 (12) | 26:07 +5:25 (7) | 28:53 +5:53 (8) | 31:57 +6:33 (8) | | | |
| | | | | 1:58 +0:38 (16) | 2:14 +0:37 (11) | 8:22 +1:07 (6) | 2:46 +0:32 (15) | 3:04 +0:40 (12) | | | |
| | | | | 34:04 +6:45 (8) | 34:51 +6:53 (8) | 36:42 +7:04 (7) | 38:08 +7:16 (7) | 38:24 +7:17 (7) | | | |
| | | | | 2:07 +0:13 (11) | 0:47 +0:10 (8) | 1:51 +0:11 (6) | 1:26 +0:16 (15) | 0:16 +0:02 (14) | | | |
| 8 | 838 | Catalán García S Alicante VILLEN | 40:05 | 1:11 0:00 (1) | 4:21 +0:38 (6) | 6:23 +1:01 (5) | 11:53 +3:31 (16) | 13:37 +3:48 (14) | | | |
| | | | | 1:11 0:00 (1) | 3:10 +0:58 (13) | 2:02 +0:32 (12) | 5:30 +2:34 (32) | 1:44 +0:55 (14) | | | |
| | | | | 15:17 +3:41 (13) | 17:10 +3:43 (10) | 26:44 +6:02 (9) | 30:01 +7:01 (10) | 32:45 +7:21 (9) | | | |
| | | | | 1:40 +0:20 (5) | 1:53 +0:16 (5) | 9:34 +2:19 (9) | 3:17 +1:03 (23) | 2:44 +0:20 (4) | | | |
| | | | | 35:42 +8:23 (9) | 36:29 +8:31 (9) | 38:30 +8:52 (8) | 39:50 +8:58 (8) | 40:05 +8:58 (8) | | | |
| | | | | 2:57 +1:03 (28) | 0:47 +0:10 (8) | 2:01 +0:21 (9) | 1:20 +0:10 (7) | 0:15 +0:01 (10) | | | |
| 9 | 805 | Piñeiro Fraga Br Pontevedra U-V | 40:44 | 2:17 +1:06 (31) | 4:52 +1:09 (11) | 6:41 +1:19 (8) | 9:47 +1:25 (7) | 10:36 +0:47 (4) | | | |
| | | | | 2:17 +1:06 (31) | 2:35 +0:23 (5) | 1:49 +0:19 (7) | 3:06 +0:10 (6) | 0:49 0:00 (1) | | | |
| | | | | 11:56 +0:20 (3) | 14:41 +1:14 (3) | 24:00 +3:18 (4) | 26:29 +3:29 (4) | 30:00 +4:36 (4) | | | |
| | | | | 1:20 0:00 (1) | 2:45 +1:08 (15) | 9:19 +2:04 (7) | 2:29 +0:15 (9) | 3:31 +1:07 (19) | | | |
| | | | | 32:07 +4:48 (4) | 32:44 +4:46 (4) | 38:59 +9:21 (9) | 40:27 +9:35 (9) | 40:44 +9:37 (9) | | | |
| | | | | 2:07 +0:13 (11) | 0:37 0:00 (1) | 6:15 +4:35 (35) | 1:28 +0:18 (20) | 0:17 +0:04 (21) | | | |
| 10 | 53 | Soto Boullosa Á Pontevedra AR | 41:00 | 1:26 +0:15 (8) | 6:20 +2:37 (22) | 8:10 +2:48 (20) | 12:13 +3:51 (18) | 16:55 +7:06 (21) | | | |
| | | | | 1:26 +0:15 (8) | 4:54 +2:42 (24) | 1:50 +0:20 (8) | 4:03 +1:07 (22) | 4:42 +3:53 (32) | | | |
| | | | | 18:39 +7:03 (19) | 21:36 +8:09 (19) | 29:11 +8:29 (12) | 31:39 +8:39 (12) | 34:54 +9:30 (12) | | | |
| | | | | 1:44 +0:24 (8) | 2:57 +1:20 (22) | 7:35 +0:20 (3) | 2:28 +0:14 (8) | 3:15 +0:51 (14) | | | |
| | | | | 36:59 +9:40 (11) | 37:46 +9:48 (11) | 39:36 +9:58 (11) | 40:46 +9:54 (10) | 41:00 +9:53 (10) | | | |
| | | | | 2:05 +0:11 (8) | 0:47 +0:10 (8) | 1:50 +0:10 (5) | 1:10 0:00 (1) | 0:14 +0:01 (2) | | | |

| s | sal | Nombre | tiempo | 3,6 km | | 100 m | 14 C | (cont.) | | 5(65) | |
|--------------|-------------|------------------------------------|--------|-------------------|----------------------|-------|-------------------|-------------------|-------------------|-------|--|
| | | | | 1(72) | 2(35) | | 3(36) | 4(37) | 10(32) | | |
| | | | | 6(38) | 7(54) | | 8(78) | 9(67) | Meta | | |
| | | | | 11(59) | 12(73) | | 13(74) | 14(200) | | | |
| M-21A | (35) | | | | | | | | | | |
| 11 | 135 | Infante Conejo Santa Cruz de T | 41:02 | 1:29 +0:18 (10) | 3:58 +0:15 (4) | | 5:40 +0:18 (2) | 9:10 +0:48 (3) | 11:26 +1:37 (8) | | |
| | | | | 1:29 +0:18 (10) | 2:29 +0:17 (4) | | 1:42 +0:12 (6) | 3:30 +0:34 (14) | 2:16 +1:27 (22) | | |
| | | | | 13:52 +2:16 (8) | 17:02 +3:35 (9) | | 27:25 +6:43 (10) | 29:57 +6:57 (9) | 34:30 +9:06 (10) | | |
| | | | | 2:26 +1:06 (23) | 3:10 +1:33 (24) | | 10:23 +3:08 (14) | 2:32 +0:18 (10) | 4:33 +2:09 (29) | | |
| | | | | 36:32 +9:13 (10) | 37:15 +9:17 (10) | | 39:16 +9:38 (10) | 40:47 +9:55 (11) | 41:02 +9:55 (11) | | |
| | | | | 2:02 +0:08 (4) | 0:43 +0:06 (5) | | 2:01 +0:21 (9) | 1:31 +0:21 (22) | 0:15 +0:01 (7) | | |
| 12 | 697 | Leiva Cárdenas Madrid T TRAG | 41:59 | 1:39 +0:28 (19) | 4:42 +0:59 (10) | | 7:29 +2:07 (15) | 10:40 +2:18 (11) | 12:55 +3:06 (12) | | |
| | | | | 1:39 +0:28 (19) | 3:03 +0:51 (10) | | 2:47 +1:17 (24) | 3:11 +0:15 (7) | 2:15 +1:26 (21) | | |
| | | | | 14:33 +2:57 (11) | 17:29 +4:02 (11) | | 27:47 +7:05 (11) | 30:08 +7:08 (11) | 34:42 +9:18 (11) | | |
| | | | | 1:38 +0:18 (3) | 2:56 +1:19 (20) | | 10:18 +3:03 (12) | 2:21 +0:07 (5) | 4:34 +2:10 (30) | | |
| | | | | 37:13 +9:54 (12) | 38:02 +10:04 (12) | | 40:16 +10:38 (12) | 41:43 +10:51 (12) | 41:59 +10:52 (12) | | |
| | | | | 2:31 +0:37 (19) | 0:49 +0:12 (12) | | 2:14 +0:34 (17) | 1:27 +0:17 (18) | 0:16 +0:02 (15) | | |
| 13 | 509 | García de Villarr Madrid MALAR | 43:24 | 1:35 +0:24 (14) | 5:38 +1:55 (19) | | 7:18 +1:56 (11) | 12:22 +4:00 (19) | 15:32 +5:43 (19) | | |
| | | | | 1:35 +0:24 (14) | 4:03 +1:51 (19) | | 1:40 +0:10 (4) | 5:04 +2:08 (31) | 3:10 +2:21 (27) | | |
| | | | | 17:36 +6:00 (18) | 19:42 +6:15 (15) | | 30:38 +9:56 (16) | 33:11 +10:11 (14) | 36:29 +11:05 (13) | | |
| | | | | 2:04 +0:44 (17) | 2:06 +0:29 (9) | | 10:56 +3:41 (16) | 2:33 +0:19 (11) | 3:18 +0:54 (15) | | |
| | | | | 38:38 +11:19 (13) | 39:36 +11:38 (13) | | 41:43 +12:05 (13) | 43:07 +12:15 (13) | 43:24 +12:17 (13) | | |
| | | | | 2:09 +0:15 (13) | 0:58 +0:21 (25) | | 2:07 +0:27 (14) | 1:24 +0:14 (12) | 0:17 +0:04 (23) | | |
| 14 | 369 | García Díaz Javi Albacete GODIH | 44:51 | 1:28 +0:17 (9) | 4:33 +0:50 (7) | | 7:21 +1:59 (12) | 10:45 +2:23 (12) | 12:18 +2:29 (9) | | |
| | | | | 1:28 +0:17 (9) | 3:05 +0:53 (11) | | 2:48 +1:18 (25) | 3:24 +0:28 (10) | 1:33 +0:44 (8) | | |
| | | | | 14:05 +2:29 (9) | 17:59 +4:32 (13) | | 30:25 +9:43 (15) | 34:08 +11:08 (16) | 38:01 +12:37 (15) | | |
| | | | | 1:47 +0:27 (11) | 3:54 +2:17 (32) | | 12:26 +5:11 (19) | 3:43 +1:29 (31) | 3:53 +1:29 (21) | | |
| | | | | 40:25 +13:06 (14) | 41:19 +13:21 (14) | | 43:15 +13:37 (14) | 44:36 +13:44 (14) | 44:51 +13:44 (14) | | |
| | | | | 2:24 +0:30 (16) | 0:54 +0:17 (19) | | 1:56 +0:16 (8) | 1:21 +0:11 (9) | 0:15 +0:02 (13) | | |
| 15 | 840 | Perez Querol J Alicante VILLEN | 45:12 | 2:36 +1:25 (32) | 10:22 +6:39 (31) | | 12:29 +7:07 (31) | 16:07 +7:45 (28) | 17:45 +7:56 (24) | | |
| | | | | 2:36 +1:25 (32) | 7:46 +5:34 (31) | | 2:07 +0:37 (16) | 3:38 +0:42 (18) | 1:38 +0:49 (11) | | |
| | | | | 20:43 +9:07 (25) | 23:21 +9:54 (25) | | 33:16 +12:34 (18) | 35:49 +12:49 (18) | 39:08 +13:44 (17) | | |
| | | | | 2:58 +1:38 (31) | 2:38 +1:01 (14) | | 9:55 +2:40 (10) | 2:33 +0:19 (11) | 3:19 +0:55 (16) | | |
| | | | | 41:06 +13:47 (16) | 41:50 +13:52 (16) | | 43:41 +14:03 (15) | 44:55 +14:03 (15) | 45:12 +14:05 (15) | | |
| | | | | 1:58 +0:04 (3) | 0:44 +0:07 (6) | | 1:51 +0:11 (6) | 1:14 +0:04 (2) | 0:17 +0:03 (19) | | |
| 16 | 892 | Conde Fidel [070] COC-P | 45:40 | 1:56 +0:45 (27) | 6:53 +3:10 (25) | | 8:54 +3:32 (23) | 12:35 +4:13 (20) | 14:37 +4:48 (18) | | |
| | | | | 1:56 +0:45 (27) | 4:57 +2:45 (25) | | 2:01 +0:31 (10) | 3:41 +0:45 (19) | 2:02 +1:13 (19) | | |
| | | | | 16:49 +5:13 (17) | 19:42 +6:15 (15) | | 30:02 +9:20 (13) | 33:06 +10:06 (13) | 37:34 +12:10 (14) | | |
| | | | | 2:12 +0:52 (18) | 2:53 +1:16 (19) | | 10:20 +3:05 (13) | 3:04 +0:50 (21) | 4:28 +2:04 (28) | | |
| | | | | 40:29 +13:10 (15) | 41:21 +13:23 (15) | | 43:56 +14:18 (16) | 45:22 +14:30 (16) | 45:40 +14:33 (16) | | |
| | | | | 2:55 +1:01 (27) | 0:52 +0:15 (15) | | 2:35 +0:55 (28) | 1:26 +0:16 (15) | 0:18 +0:04 (24) | | |
| 17 | 628 | Blanco Gonzalo Asturias NORDE | 46:06 | 1:36 +0:25 (15) | 3:48 +0:05 (3) | | 5:53 +0:31 (3) | 9:22 +1:00 (4) | 10:34 +0:45 (3) | | |
| | | | | 1:36 +0:25 (15) | 2:12 0:00 (1) | | 2:05 +0:35 (15) | 3:29 +0:33 (13) | 1:12 +0:23 (3) | | |
| | | | | 12:16 +0:40 (4) | 13:59 +0:32 (2) | | 31:48 +11:06 (17) | 35:08 +12:08 (17) | 39:15 +13:51 (18) | | |
| | | | | 1:42 +0:22 (7) | 1:43 +0:06 (2) | | 17:49 +10:34 (33) | 3:20 +1:06 (24) | 4:07 +1:43 (25) | | |
| | | | | 41:21 +14:02 (17) | 42:13 +14:15 (17) | | 44:31 +14:53 (17) | 45:51 +14:59 (17) | 46:06 +14:59 (17) | | |
| | | | | 2:06 +0:12 (10) | 0:52 +0:15 (15) | | 2:18 +0:38 (18) | 1:20 +0:10 (7) | 0:15 +0:01 (5) | | |
| 18 | 690 | Saz Segovia Pa Madrid SOTOBO | 47:38 | 2:00 +0:49 (28) | 5:02 +1:19 (14) | | 7:32 +2:10 (16) | 12:35 +4:13 (20) | 14:12 +4:23 (17) | | |
| | | | | 2:00 +0:49 (28) | 3:02 +0:50 (9) | | 2:30 +1:00 (20) | 5:03 +2:07 (30) | 1:37 +0:48 (10) | | |
| | | | | 16:38 +5:02 (16) | 19:11 +5:44 (14) | | 30:11 +9:29 (14) | 34:04 +11:04 (15) | 38:07 +12:43 (16) | | |
| | | | | 2:26 +1:06 (23) | 2:33 +0:56 (13) | | 11:00 +3:45 (17) | 3:53 +1:39 (32) | 4:03 +1:39 (23) | | |
| | | | | 41:30 +14:11 (18) | 42:42 +14:44 (18) | | 45:12 +15:34 (18) | 47:17 +16:25 (18) | 47:38 +16:31 (18) | | |
| | | | | 3:23 +1:29 (33) | 1:12 +0:35 (31) | | 2:30 +0:50 (27) | 2:05 +0:55 (35) | 0:21 +0:07 (33) | | |
| 19 | 31 | Cano López Ant Madrid ALABAR | 48:18 | 1:30 +0:19 (12) | 8:09 +4:26 (28) | | 12:21 +6:59 (30) | 16:10 +7:48 (29) | 18:38 +8:49 (28) | | |
| | | | | 1:30 +0:19 (12) | 6:39 +4:27 (30) | | 4:12 +2:42 (33) | 3:49 +0:53 (20) | 2:28 +1:39 (24) | | |
| | | | | 21:04 +9:28 (27) | 24:08 +10:41 (27) | | 34:58 +14:16 (20) | 37:38 +14:38 (19) | 40:34 +15:10 (19) | | |
| | | | | 2:26 +1:06 (23) | 3:04 +1:27 (23) | | 10:50 +3:35 (15) | 2:40 +0:26 (13) | 2:56 +0:32 (9) | | |
| | | | | 43:34 +16:15 (19) | 44:23 +16:25 (19) | | 46:29 +16:51 (19) | 48:00 +17:08 (19) | 48:18 +17:11 (19) | | |
| | | | | 3:00 +1:06 (29) | 0:49 +0:12 (12) | | 2:06 +0:26 (12) | 1:31 +0:21 (22) | 0:18 +0:05 (25) | | |
| 20 | 102 | Garrido Yustos Valladolid CDP- | 48:53 | 1:36 +0:25 (15) | 5:09 +1:26 (15) | | 7:13 +1:51 (10) | 10:37 +2:15 (10) | 12:34 +2:45 (11) | | |
| | | | | 1:36 +0:25 (15) | 3:33 +1:21 (16) | | 2:04 +0:34 (13) | 3:24 +0:28 (10) | 1:57 +1:08 (18) | | |
| | | | | 15:15 +3:39 (12) | 20:21 +6:54 (17) | | 34:01 +13:19 (19) | 38:15 +15:15 (21) | 41:04 +15:40 (21) | | |
| | | | | 2:41 +1:21 (27) | 5:06 +3:29 (33) | | 13:40 +6:25 (28) | 4:14 +2:00 (33) | 2:49 +0:25 (7) | | |
| | | | | 43:53 +16:34 (20) | 44:45 +16:47 (20) | | 46:57 +17:19 (20) | 48:33 +17:41 (20) | 48:53 +17:46 (20) | | |
| | | | | 2:49 +0:55 (26) | 0:52 +0:15 (15) | | 2:12 +0:32 (16) | 1:36 +0:26 (26) | 0:20 +0:06 (31) | | |

| s sal Nombre | | tiempo | 3,6 km | | 100 m | | 14 C | | (cont.) | |
|--------------|------------|---|--------------|-------------------|-------------------|----------------------|----------------------|----------------------|---------|--------|
| | | | 1(72) | | 2(35) | | 3(36) | | 4(37) | 5(65) |
| | | | 6(38) | | 7(54) | | 8(78) | | 9(67) | 10(32) |
| | | | 11(59) | | 12(73) | | 13(74) | | 14(200) | Meta |
| 21 | 324 | Corral Suárez Madrid GOCAN | 49:03 | 1:36 +0:25 (15) | 5:23 +1:40 (16) | 11:05 +5:43 (27) | 14:58 +6:36 (24) | 16:34 +6:45 (20) | | |
| | | | | 1:36 +0:25 (15) | 3:47 +1:35 (17) | 5:42 +4:12 (35) | 3:53 +0:57 (21) | 1:36 +0:47 (9) | | |
| | | | | 18:47 +7:11 (20) | 22:10 +8:43 (20) | 35:19 +14:37 (21) | 38:16 +15:16 (22) | 41:28 +16:04 (22) | | |
| | | | | 2:13 +0:53 (19) | 3:23 +1:46 (26) | 13:09 +5:54 (26) | 2:57 +0:43 (20) | 3:12 +0:48 (13) | | |
| | | | | 43:55 +16:36 (21) | 44:51 +16:53 (21) | 47:18 +17:40 (21) | 48:43 +17:51 (21) | 49:03 +17:56 (21) | | |
| | | | | 2:27 +0:33 (17) | 0:56 +0:19 (22) | 2:27 +0:47 (23) | 1:25 +0:15 (14) | 0:20 +0:06 (30) | | |
| 22 | 326 | Recio Pisón Bor Madrid GOCAN | 49:39 | 1:48 +0:37 (21) | 4:36 +0:53 (9) | 7:48 +2:26 (17) | 11:11 +2:49 (14) | 18:31 +8:42 (26) | | |
| | | | | 1:48 +0:37 (21) | 2:48 +0:36 (7) | 3:12 +1:42 (30) | 3:23 +0:27 (9) | 7:20 +6:31 (34) | | |
| | | | | 20:45 +9:09 (26) | 22:34 +9:07 (22) | 36:12 +15:30 (25) | 39:02 +16:02 (25) | 42:26 +17:02 (24) | | |
| | | | | 2:14 +0:54 (20) | 1:49 +0:12 (3) | 13:38 +6:23 (27) | 2:50 +0:36 (17) | 3:24 +1:00 (17) | | |
| | | | | 44:31 +17:12 (22) | 45:44 +17:46 (23) | 48:11 +18:33 (23) | 49:26 +18:34 (22) | 49:39 +18:32 (22) | | |
| | | | | 2:05 +0:11 (8) | 1:13 +0:36 (32) | 2:27 +0:47 (23) | 1:15 +0:05 (4) | 0:13 0:00 (1) | | |
| 23 | 130 | Veleda Díaz Dav Barcelona COC | 50:02 | 4:32 +3:21 (35) | 8:41 +4:58 (29) | 11:25 +6:03 (29) | 15:32 +7:10 (26) | 17:10 +7:21 (23) | | |
| | | | | 4:32 +3:21 (35) | 4:09 +1:57 (21) | 2:44 +1:14 (23) | 4:07 +1:11 (25) | 1:38 +0:49 (11) | | |
| | | | | 19:58 +8:22 (22) | 23:10 +9:43 (24) | 35:39 +14:57 (23) | 38:34 +15:34 (23) | 42:10 +16:46 (23) | | |
| | | | | 2:48 +1:28 (30) | 3:12 +1:35 (25) | 12:29 +5:14 (20) | 2:55 +0:41 (19) | 3:36 +1:12 (20) | | |
| | | | | 44:33 +17:14 (23) | 45:29 +17:31 (22) | 47:57 +18:19 (22) | 49:44 +18:52 (23) | 50:02 +18:55 (23) | | |
| | | | | 2:23 +0:29 (15) | 0:56 +0:19 (22) | 2:28 +0:48 (25) | 1:47 +0:37 (31) | 0:18 +0:05 (26) | | |
| 24 | 267 | Isla Zorita Danie Valladolid COV | 50:43 | 1:36 +0:25 (15) | 4:56 +1:13 (12) | 7:27 +2:05 (13) | 10:46 +2:24 (13) | 13:52 +4:03 (16) | | |
| | | | | 1:36 +0:25 (15) | 3:20 +1:08 (14) | 2:31 +1:01 (21) | 3:19 +0:23 (8) | 3:06 +2:17 (26) | | |
| | | | | 22:55 +11:19 (29) | 25:46 +12:19 (29) | 35:50 +15:08 (24) | 38:14 +15:14 (20) | 41:03 +15:39 (20) | | |
| | | | | 9:03 +7:43 (35) | 2:51 +1:14 (17) | 10:04 +2:49 (11) | 2:24 +0:10 (7) | 2:49 +0:25 (7) | | |
| | | | | 45:39 +18:20 (24) | 46:24 +18:26 (24) | 49:01 +19:23 (24) | 50:28 +19:36 (24) | 50:43 +19:36 (24) | | |
| | | | | 4:36 +2:42 (35) | 0:45 +0:08 (7) | 2:37 +0:57 (31) | 1:27 +0:17 (18) | 0:15 +0:02 (12) | | |
| 25 | 777 | Alvarez Gonzál Orense TREVIN | 51:14 | 3:06 +1:55 (34) | 8:51 +5:08 (30) | 10:21 +4:59 (26) | 19:55 +11:33 (33) | 23:36 +13:47 (33) | | |
| | | | | 3:06 +1:55 (34) | 5:45 +3:33 (28) | 1:30 0:00 (1) | 9:34 +6:38 (35) | 3:41 +2:52 (29) | | |
| | | | | 25:22 +13:46 (32) | 27:16 +13:49 (31) | 39:46 +19:04 (27) | 42:00 +19:00 (27) | 44:45 +19:21 (26) | | |
| | | | | 1:46 +0:26 (10) | 1:54 +0:17 (6) | 12:30 +5:15 (21) | 2:14 0:00 (1) | 2:45 +0:21 (6) | | |
| | | | | 46:48 +19:29 (26) | 47:38 +19:40 (26) | 49:39 +20:01 (25) | 51:00 +20:08 (25) | 51:14 +20:07 (25) | | |
| | | | | 2:03 +0:09 (6) | 0:50 +0:13 (14) | 2:01 +0:21 (9) | 1:21 +0:11 (9) | 0:14 +0:01 (3) | | |
| 26 | 875 | Real João [159] COAAL | 52:13 | 2:41 +1:30 (33) | 6:35 +2:52 (24) | 9:41 +4:19 (24) | 14:07 +5:45 (23) | 17:51 +8:02 (25) | | |
| | | | | 2:41 +1:30 (33) | 3:54 +1:42 (18) | 3:06 +1:36 (22) | 4:26 +1:30 (27) | 3:44 +2:55 (30) | | |
| | | | | 20:28 +8:52 (24) | 22:49 +9:22 (23) | 35:31 +14:49 (22) | 38:54 +15:54 (24) | 43:45 +18:21 (25) | | |
| | | | | 2:37 +1:17 (26) | 2:21 +0:44 (12) | 12:42 +5:27 (23) | 3:23 +1:09 (27) | 4:51 +2:27 (31) | | |
| | | | | 46:33 +19:14 (25) | 47:35 +19:37 (25) | 50:11 +20:33 (26) | 51:53 +21:01 (26) | 52:13 +21:06 (26) | | |
| | | | | 2:48 +0:54 (24) | 1:02 +0:25 (28) | 2:36 +0:56 (29) | 1:42 +0:32 (29) | 0:20 +0:06 (29) | | |
| 27 | 284 | Álvarez Muñoz Toledo ESCONDI | 53:15 | 1:18 +0:07 (2) | 6:17 +2:34 (21) | 7:56 +2:34 (18) | 11:29 +3:07 (15) | 13:50 +4:01 (15) | | |
| | | | | 1:18 +0:07 (2) | 4:59 +2:47 (26) | 1:39 +0:09 (3) | 3:33 +0:37 (15) | 2:21 +1:32 (23) | | |
| | | | | 15:24 +3:48 (14) | 20:51 +7:24 (18) | 40:10 +19:28 (28) | 42:30 +19:30 (28) | 46:26 +21:02 (28) | | |
| | | | | 1:34 +0:14 (2) | 5:27 +3:50 (35) | 19:19 +12:04 (35) | 2:20 +0:06 (4) | 3:56 +1:32 (22) | | |
| | | | | 48:29 +21:10 (27) | 49:25 +21:27 (27) | 51:45 +22:07 (27) | 53:00 +22:08 (27) | 53:15 +22:08 (27) | | |
| | | | | 2:03 +0:09 (6) | 0:56 +0:19 (22) | 2:20 +0:40 (20) | 1:15 +0:05 (4) | 0:15 +0:01 (4) | | |
| 28 | 305 | Urién Pérez Saú Cádiz FUNDI-O | 53:45 | 1:55 +0:44 (26) | 6:31 +2:48 (23) | 8:49 +3:27 (22) | 12:52 +4:30 (22) | 20:27 +10:38 (30) | | |
| | | | | 1:55 +0:44 (26) | 4:36 +2:24 (23) | 2:18 +0:48 (18) | 4:03 +1:07 (22) | 7:35 +6:46 (35) | | |
| | | | | 22:48 +11:12 (28) | 25:34 +12:07 (28) | 38:34 +17:52 (26) | 41:55 +18:55 (26) | 46:03 +20:39 (27) | | |
| | | | | 2:21 +1:01 (22) | 2:46 +1:09 (16) | 13:00 +5:45 (25) | 3:21 +1:07 (25) | 4:08 +1:44 (26) | | |
| | | | | 48:33 +21:14 (28) | 49:35 +21:37 (28) | 51:53 +22:15 (28) | 53:30 +22:38 (28) | 53:45 +22:38 (28) | | |
| | | | | 2:30 +0:36 (18) | 1:02 +0:25 (28) | 2:18 +0:38 (18) | 1:37 +0:27 (28) | 0:15 +0:01 (8) | | |
| 29 | 694 | Perez Aguilera Almería SURCO | 55:17 | 1:32 +0:21 (13) | 5:45 +2:02 (20) | 7:58 +2:36 (19) | 15:41 +7:19 (27) | 18:31 +8:42 (26) | | |
| | | | | 1:32 +0:21 (13) | 4:13 +2:01 (22) | 2:13 +0:43 (17) | 7:43 +4:47 (33) | 2:50 +2:01 (25) | | |
| | | | | 20:27 +8:51 (23) | 22:21 +8:54 (21) | 41:27 +20:45 (30) | 44:48 +21:48 (29) | 47:47 +22:23 (29) | | |
| | | | | 1:56 +0:36 (15) | 1:54 +0:17 (6) | 19:06 +11:51 (34) | 3:21 +1:07 (25) | 2:59 +0:35 (10) | | |
| | | | | 50:19 +23:00 (29) | 51:14 +23:16 (29) | 53:25 +23:47 (29) | 54:58 +24:06 (29) | 55:17 +24:10 (29) | | |
| | | | | 2:32 +0:38 (20) | 0:55 +0:18 (21) | 2:11 +0:31 (15) | 1:33 +0:23 (24) | 0:19 +0:05 (27) | | |
| 30 | 266 | Frontela Mucie Valladolid COV | 59:47 | 1:50 +0:39 (22) | 7:10 +3:27 (26) | 10:02 +4:40 (25) | 18:02 +9:40 (31) | 19:51 +10:02 (29) | | |
| | | | | 1:50 +0:39 (22) | 5:20 +3:08 (27) | 2:52 +1:22 (26) | 8:00 +5:04 (34) | 1:49 +1:00 (16) | | |
| | | | | 22:57 +11:21 (30) | 26:34 +13:07 (30) | 43:11 +22:29 (31) | 46:35 +23:35 (31) | 50:38 +25:14 (30) | | |
| | | | | 3:06 +1:46 (32) | 3:37 +2:00 (30) | 16:37 +9:22 (31) | 3:24 +1:10 (29) | 4:03 +1:39 (23) | | |
| | | | | 53:43 +26:24 (30) | 54:50 +26:52 (30) | 57:38 +28:00 (30) | 59:28 +28:36 (30) | 59:47 +28:40 (30) | | |
| | | | | 3:05 +1:11 (30) | 1:07 +0:30 (30) | 2:48 +1:08 (32) | 1:50 +0:40 (33) | 0:19 +0:06 (28) | | |

s sal Nombre tiempo

M-21A (35)

3,6 km 100 m 14 C (cont.)

| | | 1(72) | 2(35) | 3(36) | 4(37) | 5(65) | |
|-----------|---|----------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| | | 6(38) | 7(54) | 8(78) | 9(67) | 10(32) | |
| | | 11(59) | 12(73) | 13(74) | 14(200) | Meta | |
| 31 | 903 Velhinho Hugo [094] CPOC | 59:49 | 1:25 +0:14 (5) | 7:41 +3:58 (27) | 11:23 +6:01 (28) | 15:27 +7:05 (25) | 17:05 +7:16 (22) |
| | | | 1:25 +0:14 (5) | 6:16 +4:04 (29) | 3:42 +2:12 (32) | 4:04 +1:08 (24) | 1:38 +0:49 (11) |
| | | | 19:50 +8:14 (21) | 23:25 +9:58 (26) | 41:09 +20:27 (29) | 45:24 +22:24 (30) | 51:28 +26:04 (32) |
| | | | 2:45 +1:25 (29) | 3:35 +1:58 (28) | 17:44 +10:29 (32) | 4:15 +2:01 (35) | 6:04 +3:40 (33) |
| | | | 54:36 +27:17 (32) | 55:30 +27:32 (32) | 58:06 +28:28 (31) | 59:34 +28:42 (31) | 59:49 +28:42 (31) |
| | | | 3:08 +1:14 (31) | 0:54 +0:17 (19) | 2:36 +0:56 (29) | 1:28 +0:18 (20) | 0:15 +0:01 (6) |
| 32 | 495 Nieto Uclés Man Córdoba LOS C | 1:00:17 | 2:08 +0:57 (29) | 11:37 +7:54 (33) | 15:18 +9:56 (33) | 19:38 +11:16 (32) | 23:34 +13:45 (32) |
| | | | 2:08 +0:57 (29) | 9:29 +7:17 (33) | 3:41 +2:11 (31) | 4:20 +1:24 (26) | 3:56 +3:07 (31) |
| | | | 27:22 +15:46 (33) | 30:57 +17:30 (34) | 43:42 +23:00 (32) | 46:54 +23:54 (32) | 51:07 +25:43 (31) |
| | | | 3:48 +2:28 (34) | 3:35 +1:58 (28) | 12:45 +5:30 (24) | 3:12 +0:58 (22) | 4:13 +1:49 (27) |
| | | | 53:51 +26:32 (31) | 55:15 +27:17 (31) | 58:27 +28:49 (32) | 1:00:01 +29:09 (32) | 1:00:17 +29:10 (32) |
| | | | 2:44 +0:50 (23) | 1:24 +0:47 (34) | 3:12 +1:32 (34) | 1:34 +0:24 (25) | 0:16 +0:03 (16) |
| 33 | 876 Soares Eduardo [159] COAAL | 1:04:12 | 1:53 +0:42 (24) | 19:42 +15:59 (35) | 21:32 +16:10 (35) | 26:14 +17:52 (35) | 29:29 +19:40 (35) |
| | | | 1:53 +0:42 (24) | 17:49 +15:37 (35) | 1:50 +0:20 (8) | 4:42 +1:46 (28) | 3:15 +2:26 (28) |
| | | | 32:12 +20:36 (35) | 35:04 +21:37 (35) | 47:37 +26:55 (35) | 51:00 +28:00 (35) | 55:51 +30:27 (33) |
| | | | 2:43 +1:23 (28) | 2:52 +1:15 (18) | 12:33 +5:18 (22) | 3:23 +1:09 (27) | 4:51 +2:27 (31) |
| | | | 58:39 +31:20 (33) | 59:40 +31:42 (33) | 1:02:08 +32:30 (33) | 1:03:51 +32:59 (33) | 1:04:12 +33:05 (33) |
| | | | 2:48 +0:54 (24) | 1:01 +0:24 (27) | 2:28 +0:48 (25) | 1:43 +0:33 (30) | 0:21 +0:07 (32) |
| 34 | 839 Navarro Cutillas Alicante VILLEN | 1:06:46 | 1:53 +0:42 (24) | 13:02 +9:19 (34) | 17:33 +12:11 (34) | 22:31 +14:09 (34) | 24:26 +14:37 (34) |
| | | | 1:53 +0:42 (24) | 11:09 +8:57 (34) | 4:31 +3:01 (34) | 4:58 +2:02 (29) | 1:55 +1:06 (17) |
| | | | 27:49 +16:13 (34) | 30:45 +17:18 (33) | 46:28 +25:46 (34) | 50:01 +27:01 (34) | 56:40 +31:16 (34) |
| | | | 3:23 +2:03 (33) | 2:56 +1:19 (20) | 15:43 +8:28 (30) | 3:33 +1:19 (30) | 6:39 +4:15 (34) |
| | | | 1:00:02 +32:43 (34) | 1:01:36 +33:38 (34) | 1:04:47 +35:09 (34) | 1:06:23 +35:31 (34) | 1:06:46 +35:39 (34) |
| | | | 3:22 +1:28 (32) | 1:34 +0:57 (35) | 3:11 +1:31 (33) | 1:36 +0:26 (26) | 0:23 +0:09 (35) |
| 35 | 325 Prado Da Cruz Madrid GOCAN | 1:08:49 | 1:23 +0:12 (3) | 10:39 +6:56 (32) | 13:46 +8:24 (32) | 17:19 +8:57 (30) | 22:06 +12:17 (31) |
| | | | 1:23 +0:12 (3) | 9:16 +7:04 (32) | 3:07 +1:37 (29) | 3:33 +0:37 (15) | 4:47 +3:58 (33) |
| | | | 24:22 +12:46 (31) | 29:37 +16:10 (32) | 43:42 +23:00 (32) | 47:56 +24:56 (33) | 59:33 +34:09 (35) |
| | | | 2:16 +0:56 (21) | 5:15 +3:38 (34) | 14:05 +6:50 (29) | 4:14 +2:00 (33) | 11:37 +9:13 (35) |
| | | | 1:03:01 +35:42 (35) | 1:04:18 +36:20 (35) | 1:06:40 +37:02 (35) | 1:08:28 +37:36 (35) | 1:08:49 +37:42 (35) |
| | | | 3:28 +1:34 (34) | 1:17 +0:40 (33) | 2:22 +0:42 (21) | 1:48 +0:38 (32) | 0:21 +0:08 (34) |
| | | | | 19:58 | | | |
| | | | | *64 | | | |

M-21B (29)

3,0 km 135 m 12 C

| | | 1(41) | 2(61) | 3(54) | 4(53) | 5(42) | |
|----------|--|--------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| | | 6(55) | 7(44) | 8(46) | 9(76) | 10(39) | |
| | | 11(74) | 12(200) | Meta | | | |
| 1 | 90 Salgado Rioz Cé Cantabria CD A | 32:28 | 1:38 0:00 (1) | 3:30 0:00 (1) | 6:16 0:00 (1) | 8:25 0:00 (1) | 11:56 0:00 (1) |
| | | | 1:38 0:00 (1) | 1:52 +0:09 (2) | 2:46 +0:07 (3) | 2:09 0:00 (1) | 3:31 0:00 (1) |
| | | | 18:14 0:00 (1) | 22:06 0:00 (1) | 26:33 0:00 (1) | 28:48 0:00 (1) | 29:51 0:00 (1) |
| | | | 6:18 +0:03 (2) | 3:52 0:00 (1) | 4:27 0:00 (1) | 2:15 +0:17 (3) | 1:03 0:00 (1) |
| | | | 31:01 0:00 (1) | 32:13 0:00 (1) | 32:28 0:00 (1) | | |
| | | | 1:10 0:00 (1) | 1:12 0:00 (1) | 0:15 +0:02 (7) | | |
| 2 | 827 García Ruiz Jos Granada VELET | 42:51 | 2:08 +0:30 (6) | 5:02 +1:32 (6) | 8:08 +1:52 (5) | 12:12 +3:47 (4) | 16:32 +4:36 (2) |
| | | | 2:08 +0:30 (6) | 2:54 +1:11 (11) | 3:06 +0:27 (6) | 4:04 +1:55 (9) | 4:20 +0:49 (2) |
| | | | 23:14 +5:00 (2) | 28:48 +6:42 (2) | 35:49 +9:16 (3) | 38:08 +9:20 (3) | 39:50 +9:59 (2) |
| | | | 6:42 +0:27 (6) | 5:34 +1:42 (8) | 7:01 +2:34 (6) | 2:19 +0:21 (6) | 1:42 +0:39 (7) |
| | | | 41:09 +10:08 (2) | 42:36 +10:23 (2) | 42:51 +10:23 (2) | | |
| | | | 1:19 +0:09 (6) | 1:27 +0:15 (7) | 0:15 +0:02 (6) | | |
| 3 | 2 Fabregat Manu Castellón ADCO | 43:16 | 2:36 +0:58 (11) | 5:06 +1:36 (7) | 10:31 +4:15 (15) | 13:20 +4:55 (7) | 18:13 +6:17 (4) |
| | | | 2:36 +0:58 (11) | 2:30 +0:47 (5) | 5:25 +2:46 (20) | 2:49 +0:40 (2) | 4:53 +1:22 (4) |
| | | | 25:15 +7:01 (3) | 29:07 +7:01 (3) | 35:05 +8:32 (2) | 37:59 +9:11 (2) | 39:55 +10:04 (3) |
| | | | 7:02 +0:47 (9) | 3:52 0:00 (1) | 5:58 +1:31 (3) | 2:54 +0:56 (16) | 1:56 +0:53 (10) |
| | | | 41:13 +10:12 (3) | 42:58 +10:45 (3) | 43:16 +10:48 (3) | | |
| | | | 1:18 +0:08 (5) | 1:45 +0:33 (16) | 0:18 +0:05 (13) | | |

| s | sal | Nombre | tiempo | 3,0 km | | 135 m | 12 C | (cont.) | | | |
|-----------|------------|---|--------------|--|--|--|---|--|--|--|--|
| | | | | 1(41) | 2(61) | 3(54) | 4(53) | 5(42) | | | |
| | | | | 6(55) | 7(44) | 8(46) | 9(76) | 10(39) | | | |
| | | | | 11(74) | 12(200) | Meta | | | | | |
| 4 | 850 | Colom Pich Xavi Barcelona XINO | 44:09 | 3:11 +1:33 (17) 3:11 +1:33 (17) 26:47 +8:33 (7) 6:33 +0:18 (4) 42:34 +11:33 (4) 1:28 +0:18 (11) | 5:47 +2:17 (13) 2:36 +0:53 (6) 31:35 +9:29 (5) 4:48 +0:56 (6) 43:56 +11:43 (4) 1:22 +0:10 (5) | 9:33 +3:17 (11) 3:46 +1:07 (12) 37:30 +10:57 (4) 5:55 +1:28 (2) 44:09 +11:41 (4) 0:13 0:00 (1) | 12:40 +4:15 (6) 3:07 +0:58 (4) 39:50 +11:02 (4) 2:20 +0:22 (8) | 20:14 +8:18 (7) 7:34 +4:03 (15) 41:06 +11:15 (4) 1:16 +0:13 (3) | | | |
| 5 | 327 | de Frutos Coll L Madrid GOCAN | 44:54 | 1:43 +0:05 (2) 1:43 +0:05 (2) 27:00 +8:46 (8) 6:38 +0:23 (5) 43:03 +12:02 (5) 1:19 +0:09 (6) | 3:55 +0:25 (2) 2:12 +0:29 (3) 31:32 +9:26 (4) 4:32 +0:40 (4) 44:36 +12:23 (5) 1:33 +0:21 (11) | 6:34 +0:18 (2) 2:39 0:00 (1) 38:21 +11:48 (5) 6:49 +2:22 (4) 44:54 +12:26 (5) 0:18 +0:04 (12) | 14:52 +6:27 (10) 8:18 +6:09 (25) 40:32 +11:44 (5) 2:11 +0:13 (2) | 20:22 +8:26 (8) 5:30 +1:59 (7) 41:44 +11:53 (5) 1:12 +0:09 (2) | | | |
| 6 | 44 | Muñoz Guerrer Cáceres ALTAI | 48:19 | 2:16 +0:38 (7) 2:16 +0:38 (7) 29:57 +11:43 (10) 9:29 +3:14 (18) 46:41 +15:40 (6) 1:16 +0:06 (3) | 4:58 +1:28 (4) 2:42 +0:59 (8) 34:12 +12:06 (8) 4:15 +0:23 (3) 48:02 +15:49 (6) 1:21 +0:09 (4) | 9:09 +2:53 (9) 4:11 +1:32 (14) 41:04 +14:31 (6) 6:52 +2:25 (5) 48:19 +15:51 (6) 0:17 +0:03 (11) | 12:22 +3:57 (5) 3:13 +1:04 (6) 43:02 +14:14 (6) 1:58 0:00 (1) | 20:28 +8:32 (9) 8:06 +4:35 (20) 45:25 +15:34 (6) 2:23 +1:20 (16) | | | |
| 7 | 745 | Vidal López Jos Toledo TOLEDO | 51:36 | 2:05 +0:27 (5) 2:05 +0:27 (5) 26:28 +8:14 (6) 7:14 +0:59 (10) 49:44 +18:43 (7) 1:42 +0:32 (15) | 5:11 +1:41 (8) 3:06 +1:23 (17) 32:22 +10:16 (6) 5:54 +2:02 (10) 51:16 +19:03 (7) 1:32 +0:20 (9) | 7:52 +1:36 (3) 2:41 +0:02 (2) 43:34 +17:01 (8) 11:12 +6:45 (19) 51:36 +19:08 (7) 0:20 +0:07 (20) | 14:21 +5:56 (8) 6:29 +4:20 (20) 46:18 +17:30 (8) 2:44 +0:46 (13) | 19:14 +7:18 (5) 4:53 +1:22 (4) 48:02 +18:11 (7) 1:44 +0:41 (8) | | | |
| 8 | 598 | González Díaz A Toledo NAVALC | 51:44 | 5:15 +3:37 (28) 5:15 +3:37 (28) 32:13 +13:59 (14) 6:27 +0:12 (3) 50:05 +19:04 (9) 1:28 +0:18 (11) | 7:55 +4:25 (23) 2:40 +0:57 (7) 37:07 +15:01 (12) 4:54 +1:02 (7) 51:31 +19:18 (8) 1:26 +0:14 (6) | 11:04 +4:48 (18) 3:09 +0:30 (7) 44:54 +18:21 (10) 7:47 +3:20 (8) 51:44 +19:16 (8) 0:13 +0:00 (2) | 16:22 +7:57 (15) 5:18 +3:09 (17) 47:10 +18:22 (10) 2:16 +0:18 (4) | 25:46 +13:50 (17) 9:24 +5:53 (23) 48:37 +18:46 (9) 1:27 +0:24 (5) | | | |
| 9 | 851 | Viladés Jové Jo Barcelona XINO | 51:57 | 2:55 +1:17 (15) 2:55 +1:17 (15) 26:16 +8:02 (5) 9:30 +3:15 (19) 49:50 +18:49 (8) 1:25 +0:15 (10) | 5:57 +2:27 (16) 3:02 +1:19 (16) 33:29 +11:23 (7) 7:13 +3:21 (15) 51:37 +19:24 (9) 1:47 +0:35 (17) | 9:07 +2:51 (8) 3:10 +0:31 (8) 44:35 +18:02 (9) 11:06 +6:39 (18) 51:57 +19:29 (9) 0:20 +0:07 (21) | 12:03 +3:38 (3) 2:56 +0:47 (3) 47:04 +18:16 (9) 2:29 +0:31 (10) | 16:46 +4:50 (3) 4:43 +1:12 (3) 48:25 +18:34 (8) 1:21 +0:18 (4) | | | |
| 10 | 475 | Úbeda López Di Murcia LORCA- | 52:12 | 2:02 +0:24 (4) 2:02 +0:24 (4) 30:47 +12:33 (12) 7:31 +1:16 (11) 50:29 +19:28 (10) 1:20 +0:10 (8) | 5:00 +1:30 (5) 2:58 +1:15 (14) 35:30 +13:24 (9) 4:43 +0:51 (5) 51:56 +19:43 (10) 1:27 +0:15 (7) | 8:03 +1:47 (4) 3:03 +0:24 (5) 43:01 +16:28 (7) 7:31 +3:04 (7) 52:12 +19:44 (10) 0:16 +0:02 (8) | 15:34 +7:09 (12) 7:31 +5:22 (22) 45:42 +16:54 (7) 2:41 +0:43 (12) | 23:16 +11:20 (14) 7:42 +4:11 (18) 49:09 +19:18 (10) 3:27 +2:24 (20) | | | |
| 11 | 474 | Monreal Gonzál Murcia LORCA- | 56:24 | 2:29 +0:51 (9) 2:29 +0:51 (9) 26:15 +8:01 (4) 6:52 +0:37 (8) 54:54 +23:53 (12) 1:48 +0:38 (20) | 5:16 +1:46 (9) 2:47 +1:04 (9) 35:58 +13:52 (10) 9:43 +5:51 (23) 56:10 +23:57 (11) 1:16 +0:04 (2) | 8:36 +2:20 (7) 3:20 +0:41 (11) 47:55 +21:22 (13) 11:57 +7:30 (22) 56:24 +23:56 (11) 0:14 +0:01 (4) | 11:47 +3:22 (2) 3:11 +1:02 (5) 50:13 +21:25 (12) 2:18 +0:20 (5) | 19:23 +7:27 (6) 7:36 +4:05 (16) 53:06 +23:15 (12) 2:53 +1:50 (19) | | | |
| 12 | 601 | Muñoz Doming Toledo NAVALC | 57:09 | 3:20 +1:42 (21) 3:20 +1:42 (21) 32:28 +14:14 (15) 8:36 +2:21 (12) 54:31 +23:30 (11) 1:42 +0:32 (15) | 6:45 +3:15 (18) 3:25 +1:42 (21) 39:43 +17:37 (14) 7:15 +3:23 (17) 56:49 +24:36 (12) 2:18 +1:06 (23) | 12:25 +6:09 (19) 5:40 +3:01 (21) 48:00 +21:27 (14) 8:17 +3:50 (11) 57:09 +24:41 (12) 0:20 +0:06 (17) | 16:25 +8:00 (16) 4:00 +1:51 (8) 51:09 +22:21 (14) 3:09 +1:11 (19) | 23:52 +11:56 (15) 7:27 +3:56 (14) 52:49 +22:58 (11) 1:40 +0:37 (6) | | | |
| 13 | 123 | Garcia Casado I Vizcaya COBI | 57:43 | 1:46 +0:08 (3) 1:46 +0:08 (3) 29:25 +11:11 (9) 6:42 +0:27 (6) 56:11 +25:10 (13) 1:14 +0:04 (2) | 4:06 +0:36 (3) 2:20 +0:37 (4) 36:36 +14:30 (11) 7:11 +3:19 (14) 57:28 +25:15 (13) 1:17 +0:05 (3) | 10:48 +4:32 (16) 6:42 +4:03 (23) 46:49 +20:16 (11) 10:13 +5:46 (16) 57:43 +25:15 (13) 0:15 +0:01 (5) | 14:57 +6:32 (11) 4:09 +2:00 (11) 49:08 +20:20 (11) 2:19 +0:21 (6) | 22:43 +10:47 (13) 7:46 +4:15 (19) 54:57 +25:06 (13) 5:49 +4:46 (26) | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 135 m | | 12 C | | (cont.) | |
|--------------|-------------|---------------------------------------|----------------|--|--|--|--|--|--|---------|--|
| | | | | 1(41) | 2(61) | 3(54) | 4(53) | 5(42) | | | |
| | | | | 6(55) | 7(44) | 8(46) | 9(76) | 10(39) | | | |
| | | | | 11(74) | 12(200) | Meta | | | | | |
| M-21B | (29) | | | | | | | | | | |
| 14 | 600 | Muñoz Bardera Toledo NAVALC | 59:01 | 2:49 +1:11 (13) 2:49 +1:11 (13) 35:09 +16:55 (17) 9:17 +3:02 (17) 56:46 +25:45 (14) 1:42 +0:32 (15) | 5:44 +2:14 (12) 2:55 +1:12 (13) 40:49 +18:43 (15) 5:40 +1:48 (9) 58:42 +26:29 (14) 1:56 +0:44 (20) | 9:53 +3:37 (12) 4:09 +1:30 (13) 48:52 +22:19 (15) 8:03 +3:36 (9) 59:01 +26:33 (14) 0:19 +0:06 (15) | 15:48 +7:23 (14) 5:55 +3:46 (18) 52:12 +23:24 (15) 3:20 +1:22 (22) | 25:52 +13:56 (18) 10:04 +6:33 (25) 55:04 +25:13 (14) 2:52 +1:49 (18) | | | |
| 15 | 879 | Almeida Nuno J [128] COALA | 1:00:02 | 2:40 +1:02 (12) 2:40 +1:02 (12) 30:23 +12:09 (11) 9:08 +2:53 (16) 57:52 +26:51 (15) 1:16 +0:06 (3) | 5:34 +2:04 (11) 2:54 +1:11 (11) 39:01 +16:55 (13) 8:38 +4:46 (21) 59:40 +27:27 (15) 1:48 +0:36 (18) | 10:22 +4:06 (14) 4:48 +2:09 (17) 47:22 +20:49 (12) 8:21 +3:54 (12) 1:00:02 +27:34 (15) 0:22 +0:08 (22) | 14:29 +6:04 (9) 4:07 +1:58 (10) 50:56 +22:08 (13) 3:34 +1:36 (25) | 21:15 +9:19 (10) 6:46 +3:15 (12) 56:36 +26:45 (15) 5:40 +4:37 (25) | | | |
| 16 | 944 | Muñoz Pavón R Toledo TOLEDO | 1:03:11 | 4:44 +3:06 (25) 4:44 +3:06 (25) 34:02 +15:48 (16) 12:18 +6:03 (26) 1:00:59 +29:58 (16) 1:57 +0:47 (23) | 8:00 +4:30 (24) 3:16 +1:33 (19) 41:48 +19:42 (16) 7:46 +3:54 (19) 1:02:49 +30:36 (16) 1:50 +0:38 (19) | 10:57 +4:41 (17) 2:57 +0:18 (4) 50:17 +23:44 (16) 8:29 +4:02 (13) 1:03:11 +30:43 (16) 0:22 +0:09 (23) | 15:47 +7:22 (13) 4:50 +2:41 (16) 53:48 +25:00 (16) 3:31 +1:33 (24) | 21:44 +9:48 (12) 5:57 +2:26 (8) 59:02 +29:11 (16) 5:14 +4:11 (23) | | | |
| 17 | 251 | Mahou Miguel Madrid COTA | 1:04:09 | 2:57 +1:19 (16) 2:57 +1:19 (16) 38:15 +20:01 (22) 9:54 +3:39 (23) 1:01:55 +30:54 (17) 1:59 +0:49 (24) | 10:09 +6:39 (27) 7:12 +5:29 (28) 45:51 +23:45 (20) 7:36 +3:44 (18) 1:03:52 +31:39 (17) 1:57 +0:45 (21) | 17:15 +10:59 (26) 7:06 +4:27 (26) 54:50 +28:17 (18) 8:59 +4:32 (15) 1:04:09 +31:41 (17) 0:17 +0:03 (10) | 21:59 +13:34 (25) 4:44 +2:35 (15) 57:43 +28:55 (18) 2:53 +0:55 (15) | 28:21 +16:25 (22) 6:22 +2:51 (10) 59:56 +30:05 (17) 2:13 +1:10 (13) | | | |
| 18 | 288 | Amor Garcia Pe Murcia FALCOT | 1:04:15 | 3:11 +1:33 (17) 3:11 +1:33 (17) 35:46 +17:32 (18) 10:15 +4:00 (24) 1:02:18 +31:17 (18) 1:31 +0:21 (13) | 7:50 +4:20 (22) 4:39 +2:56 (26) 43:00 +20:54 (17) 7:14 +3:22 (16) 1:03:56 +31:43 (18) 1:38 +0:26 (13) | 14:36 +8:20 (24) 6:46 +4:07 (24) 51:51 +25:18 (17) 8:51 +4:24 (14) 1:04:15 +31:47 (18) 0:19 +0:06 (16) | 18:49 +10:24 (21) 4:13 +2:04 (12) 54:49 +26:01 (17) 2:58 +1:00 (17) | 25:31 +13:35 (16) 6:42 +3:11 (11) 1:00:47 +30:56 (18) 5:58 +4:55 (27) | | | |
| 19 | 535 | Isasi Ortega Ge Ciudad Real MA | 1:05:24 | 4:05 +2:27 (24) 4:05 +2:27 (24) 37:51 +19:37 (21) 6:15 0:00 (1) 1:03:38 +32:37 (19) 1:23 +0:13 (9) | 5:48 +2:18 (14) 1:43 0:00 (1) 46:11 +24:05 (21) 8:20 +4:28 (20) 1:05:10 +32:57 (19) 1:32 +0:20 (9) | 12:39 +6:23 (21) 6:51 +4:12 (25) 57:38 +31:05 (22) 11:27 +7:00 (20) 1:05:24 +32:56 (19) 0:14 +0:00 (3) | 16:28 +8:03 (19) 3:49 +1:40 (7) 1:00:17 +31:29 (20) 2:39 +0:41 (11) | 31:36 +19:40 (25) 15:08 +11:37 (28) 1:02:15 +32:24 (20) 1:58 +0:55 (11) | | | |
| 20 | 742 | Fernández Com Toledo TOLEDO | 1:05:51 | 2:32 +0:54 (10) 2:32 +0:54 (10) 30:47 +12:33 (12) 9:06 +2:51 (15) 1:03:43 +32:42 (20) 1:41 +0:31 (14) | 6:04 +2:34 (17) 3:32 +1:49 (22) 43:59 +21:53 (19) 13:12 +9:20 (26) 1:05:27 +33:14 (20) 1:44 +0:32 (15) | 9:21 +3:05 (10) 3:17 +0:38 (10) 57:12 +30:39 (20) 13:13 +8:46 (24) 1:05:51 +33:23 (20) 0:24 +0:10 (26) | 16:26 +8:01 (17) 7:05 +4:56 (21) 1:00:10 +31:22 (19) 2:58 +1:00 (17) | 21:41 +9:45 (11) 5:15 +1:44 (6) 1:02:02 +32:11 (19) 1:52 +0:49 (9) | | | |
| 21 | 880 | Fernandes Paul [128] COALA | 1:10:10 | 2:50 +1:12 (14) 2:50 +1:12 (14) 36:26 +18:12 (20) 9:04 +2:49 (14) 1:07:32 +36:31 (21) 1:53 +0:43 (21) | 5:50 +2:20 (15) 3:00 +1:17 (15) 43:33 +21:27 (18) 7:07 +3:15 (13) 1:09:50 +37:37 (21) 2:18 +1:06 (23) | 10:11 +3:55 (13) 4:21 +1:42 (15) 57:10 +30:37 (19) 13:37 +9:10 (25) 1:10:10 +37:42 (21) 0:20 +0:06 (19) | 18:58 +10:33 (23) 8:47 +6:38 (26) 1:00:36 +31:48 (21) 3:26 +1:28 (23) | 27:22 +15:26 (21) 8:24 +4:53 (21) 1:05:39 +35:48 (21) 5:03 +4:00 (22) | | | |
| 22 | 741 | Esteban-Manza Toledo TOLEDO | 1:11:33 | 3:30 +1:52 (22) 3:30 +1:52 (22) 36:18 +18:04 (19) 9:53 +3:38 (22) 1:08:45 +37:44 (22) 2:57 +1:47 (29) | 7:17 +3:47 (20) 3:47 +2:04 (23) 46:23 +24:17 (22) 10:05 +6:13 (24) 1:11:07 +38:54 (22) 2:22 +1:10 (26) | 14:24 +8:08 (23) 7:07 +4:28 (27) 57:20 +30:47 (21) 10:57 +6:30 (17) 1:11:33 +39:05 (22) 0:26 +0:12 (27) | 18:47 +10:22 (20) 4:23 +2:14 (13) 1:01:13 +32:25 (22) 3:53 +1:55 (27) | 26:25 +14:29 (20) 7:38 +4:07 (17) 1:05:48 +35:57 (22) 4:35 +3:32 (21) | | | |
| 23 | 599 | Hidalgo Díaz Lui Toledo NAVALC | 1:14:09 | 3:13 +1:35 (19) 3:13 +1:35 (19) 39:47 +21:33 (24) 9:34 +3:19 (20) 1:11:17 +40:16 (23) 1:43 +0:33 (18) | 7:41 +4:11 (21) 4:28 +2:45 (25) 51:10 +29:04 (23) 11:23 +7:31 (25) 1:13:46 +41:33 (23) 2:29 +1:17 (28) | 14:55 +8:39 (25) 7:14 +4:35 (28) 1:04:48 +38:15 (23) 13:38 +9:11 (26) 1:14:09 +41:41 (23) 0:23 +0:09 (25) | 19:32 +11:07 (24) 4:37 +2:28 (14) 1:07:15 +38:27 (23) 2:27 +0:29 (9) | 30:13 +18:17 (23) 10:41 +7:10 (26) 1:09:34 +39:43 (23) 2:19 +1:16 (15) | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 135 m | 12 C | (cont.) | | | |
|-------------------|------------|---|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|-------|--------|
| | | | | 1(41) | | 2(61) | | 3(54) | | 4(53) | 5(42) |
| | | | | 6(55) | | 7(44) | | 8(46) | | 9(76) | 10(39) |
| | | | | 11(74) | | 12(200) | | Meta | | | |
| 24 | 571 | Martinez Pined Murcia MURCIA- | 1:18:35 | 2:26 +0:48 (8) | 5:16 +1:46 (9) | 8:32 +2:16 (6) | 16:27 +8:02 (18) | 26:23 +14:27 (19) | | | |
| | | | | 2:26 +0:48 (8) | 2:50 +1:07 (10) | 3:16 +0:37 (9) | 7:55 +5:46 (24) | 9:56 +6:25 (24) | | | |
| | | | | 39:40 +21:26 (23) | 54:26 +32:20 (24) | 1:09:09 +42:36 (24) | 1:12:19 +43:31 (24) | 1:14:53 +45:02 (24) | | | |
| | | | | 13:17 +7:02 (28) | 14:46 +10:54 (27) | 14:43 +10:16 (27) | 3:10 +1:12 (20) | 2:34 +1:31 (17) | | | |
| | | | | 1:16:38 +45:37 (24) | 1:18:19 +46:06 (24) | 1:18:35 +46:07 (24) | | | | | |
| | | | | 1:45 +0:35 (19) | 1:41 +0:29 (14) | 0:16 +0:03 (9) | | | | | |
| 25 | 743 | Herranz Díaz Ru Toledo TOLEDO | 1:23:19 | 5:10 +3:32 (27) | 8:18 +4:48 (25) | 13:30 +7:14 (22) | 27:48 +19:23 (26) | 43:32 +31:36 (27) | | | |
| | | | | 5:10 +3:32 (27) | 3:08 +1:25 (18) | 5:12 +2:33 (18) | 14:18 +12:09 (28) | 15:44 +12:13 (29) | | | |
| | | | | 53:11 +34:57 (26) | 1:02:29 +40:23 (26) | 1:14:02 +47:29 (26) | 1:17:15 +48:27 (25) | 1:19:28 +49:37 (25) | | | |
| | | | | 9:39 +3:24 (21) | 9:18 +5:26 (22) | 11:33 +7:06 (21) | 3:13 +1:15 (21) | 2:13 +1:10 (13) | | | |
| | | | | 1:21:24 +50:23 (25) | 1:23:01 +50:48 (25) | 1:23:19 +50:51 (25) | | | | | |
| | | | | 1:56 +0:46 (22) | 1:37 +0:25 (12) | 0:18 +0:05 (14) | | | | | |
| 26 | 596 | Cortes Olmo Ra Toledo NAVALC | 1:35:57 | 3:53 +2:15 (23) | 7:09 +3:39 (19) | 12:31 +6:15 (20) | 18:57 +10:32 (22) | 30:45 +18:49 (24) | | | |
| | | | | 3:53 +2:15 (23) | 3:16 +1:33 (19) | 5:22 +2:43 (19) | 6:26 +4:17 (19) | 11:48 +8:17 (27) | | | |
| | | | | 42:31 +24:17 (25) | 58:53 +36:47 (25) | 1:13:39 +47:06 (25) | 1:17:42 +48:54 (26) | 1:30:09 :00:18 (26) | | | |
| | | | | 11:46 +5:31 (25) | 16:22 +12:30 (28) | 14:46 +10:19 (28) | 4:03 +2:05 (28) | 12:27 +11:24 (29) | | | |
| | | | | 1:33:04 :02:03 (26) | 1:35:28 :03:15 (26) | 1:35:57 :03:29 (26) | | | | | |
| | | | | 2:55 +1:45 (28) | 2:24 +1:12 (27) | 0:29 +0:16 (29) | | | | | |
| 27 | 268 | Orobón Díez Ca Valladolid COV | 1:44:49 | 12:31 +10:53 (29) | 18:58 +15:28 (28) | 25:32 +19:16 (27) | 36:01 +27:36 (27) | 43:15 +31:19 (26) | | | |
| | | | | 12:31 +10:53 (29) | 6:27 +4:44 (27) | 6:34 +3:55 (22) | 10:29 +8:20 (27) | 7:14 +3:43 (13) | | | |
| | | | | 1:11:42 +53:28 (28) | 1:17:49 +55:43 (27) | 1:30:32 :03:59 (27) | 1:34:17 :05:29 (27) | 1:39:51 :10:00 (27) | | | |
| | | | | 28:27 +22:12 (29) | 6:07 +2:15 (12) | 12:43 +8:16 (23) | 3:45 +1:47 (26) | 5:34 +4:31 (24) | | | |
| | | | | 1:41:52 :10:51 (27) | 1:44:29 :12:16 (27) | 1:44:49 :12:21 (27) | | | | | |
| | | | | 2:01 +0:51 (25) | 2:37 +1:25 (29) | 0:20 +0:06 (17) | | | | | |
| 28 | 816 | Porca Rial Guille Valencia VALEN | 1:52:38 | 3:17 +1:39 (20) | 53:38 +50:08 (29) | 58:20 +52:04 (29) | 1:13:39 :05:14 (29) | 1:19:54 :07:58 (29) | | | |
| | | | | 3:17 +1:39 (20) | 50:21 +48:38 (29) | 4:42 +2:03 (16) | 15:19 +13:10 (29) | 6:15 +2:44 (9) | | | |
| | | | | 1:28:40 :10:26 (29) | 1:34:39 :12:33 (29) | 1:42:49 :16:16 (29) | 1:45:39 :16:51 (29) | 1:47:38 :17:47 (28) | | | |
| | | | | 8:46 +2:31 (13) | 5:59 +2:07 (11) | 8:10 +3:43 (10) | 2:50 +0:52 (14) | 1:59 +0:56 (12) | | | |
| | | | | 1:49:59 :18:58 (28) | 1:52:11 :19:58 (28) | 1:52:38 :20:10 (28) | | | | | |
| | | | | 2:21 +1:11 (26) | 2:12 +1:00 (22) | 0:27 +0:13 (28) | | | | | |
| 29 | 597 | Diaz Rodríguez Toledo NAVALC | 1:56:53 | 4:59 +3:21 (26) | 9:12 +5:42 (26) | 31:48 +25:32 (28) | 39:24 +30:59 (28) | 48:07 +36:11 (28) | | | |
| | | | | 4:59 +3:21 (26) | 4:13 +2:30 (24) | 22:36 +19:57 (29) | 7:36 +5:27 (23) | 8:43 +5:12 (22) | | | |
| | | | | 1:01:06 +42:52 (27) | 1:18:49 +56:43 (28) | 1:35:22 :08:49 (28) | 1:45:01 :16:13 (28) | 1:51:22 :21:31 (29) | | | |
| | | | | 12:59 +6:44 (27) | 17:43 +13:51 (29) | 16:33 +12:06 (29) | 9:39 +7:41 (29) | 6:21 +5:18 (28) | | | |
| | | | | 1:54:13 :23:12 (29) | 1:56:31 :24:18 (29) | 1:56:53 :24:25 (29) | | | | | |
| | | | | 2:51 +1:41 (27) | 2:18 +1:06 (23) | 0:22 +0:09 (24) | | | | | |
| M-35A (24) | | | | 1(41) | | 2(63) | | 3(64) | | 4(37) | 5(51) |
| | | | | 6(38) | | 7(56) | | 8(49) | | 9(78) | 10(32) |
| | | | | 11(59) | | 12(39) | | 13(200) | | Meta | |
| 1 | 828 | Tejedor Murias Granada VELET | 35:51 | 1:49 +0:06 (3) | 2:57 +0:09 (3) | 6:22 0:00 (1) | 7:30 0:00 (1) | 9:46 0:00 (1) | | | |
| | | | | 1:49 +0:06 (3) | 1:08 +0:05 (3) | 3:25 0:00 (1) | 1:08 0:00 (1) | 2:16 +0:52 (12) | | | |
| | | | | 12:30 0:00 (1) | 15:04 0:00 (1) | 18:03 0:00 (1) | 25:53 0:00 (1) | 30:31 0:00 (1) | | | |
| | | | | 2:44 0:00 (1) | 2:34 +0:32 (4) | 2:59 +0:58 (11) | 7:50 +1:15 (6) | 4:38 +0:08 (2) | | | |
| | | | | 32:18 0:00 (1) | 33:41 0:00 (1) | 35:36 0:00 (1) | 35:51 0:00 (1) | | | | |
| | | | | 1:47 0:00 (1) | 1:23 +0:04 (2) | 1:55 0:00 (1) | 0:15 +0:02 (4) | | | | |
| 2 | 275 | Bustillo Ruiz Alf La Rioja CRON | 37:20 | 1:47 +0:04 (2) | 2:55 +0:07 (2) | 6:27 +0:05 (2) | 8:00 +0:30 (2) | 9:58 +0:12 (2) | | | |
| | | | | 1:47 +0:04 (2) | 1:08 +0:05 (3) | 3:32 +0:07 (2) | 1:33 +0:25 (12) | 1:58 +0:34 (7) | | | |
| | | | | 13:03 +0:33 (2) | 16:07 +1:03 (2) | 19:05 +1:02 (2) | 26:02 +0:09 (2) | 31:18 +0:47 (2) | | | |
| | | | | 3:05 +0:21 (5) | 3:04 +1:02 (9) | 2:58 +0:57 (10) | 6:57 +0:22 (2) | 5:16 +0:46 (5) | | | |
| | | | | 33:19 +1:01 (2) | 35:00 +1:19 (2) | 37:05 +1:29 (2) | 37:20 +1:29 (2) | | | | |
| | | | | 2:01 +0:14 (4) | 1:41 +0:22 (10) | 2:05 +0:10 (4) | 0:15 +0:01 (3) | | | | |
| 3 | 476 | Martínez Díaz R Murcia LORCA- | 37:29 | 1:57 +0:14 (5) | 3:18 +0:30 (7) | 8:01 +1:39 (9) | 9:24 +1:54 (7) | 11:00 +1:14 (5) | | | |
| | | | | 1:57 +0:14 (5) | 1:21 +0:18 (10) | 4:43 +1:18 (9) | 1:23 +0:15 (5) | 1:36 +0:12 (2) | | | |
| | | | | 14:11 +1:41 (5) | 16:13 +1:09 (3) | 19:16 +1:13 (3) | 26:19 +0:26 (3) | 31:37 +1:06 (3) | | | |
| | | | | 3:11 +0:27 (7) | 2:02 0:00 (1) | 3:03 +1:02 (13) | 7:03 +0:28 (4) | 5:18 +0:48 (6) | | | |
| | | | | 33:34 +1:16 (3) | 35:02 +1:21 (3) | 37:10 +1:34 (3) | 37:29 +1:38 (3) | | | | |
| | | | | 1:57 +0:10 (2) | 1:28 +0:09 (3) | 2:08 +0:13 (6) | 0:19 +0:06 (20) | | | | |

| s | sal | Nombre | tiempo | 3,8 km | | 115 m | | 13 C | | (cont.) | |
|--------------|-------------|--|--------------|--|--|--|--|--|--|---------|--|
| | | | | 1(41) | 2(63) | 3(64) | 4(37) | 5(51) | | | |
| | | | | 6(38) | 7(56) | 8(49) | 9(78) | 10(32) | | | |
| | | | | 11(59) | 12(39) | 13(200) | Meta | | | | |
| M-35A | (24) | | | | | | | | | | |
| 4 | 152 | Arrese Revuelt Badajoz CODAN | 40:28 | 2:13 +0:30 (12) 2:13 +0:30 (12) 14:04 +1:34 (4) 3:17 +0:33 (8) 36:48 +4:30 (5) 2:07 +0:20 (8) | 3:16 +0:28 (5) 1:03 0:00 (1) 16:15 +1:11 (4) 2:11 +0:09 (2) 38:07 +4:26 (5) 1:19 0:00 (1) | 7:08 +0:46 (4) 3:52 +0:27 (5) 20:32 +2:29 (5) 4:17 +2:16 (17) 40:12 +4:36 (4) 2:05 +0:10 (4) | 8:24 +0:54 (3) 1:16 +0:08 (3) 28:40 +2:47 (4) 8:08 +1:33 (10) 40:28 +4:37 (4) 0:16 +0:03 (14) | 10:47 +1:01 (4) 2:23 +0:59 (14) 34:41 +4:10 (5) 6:01 +1:31 (11) | | | |
| 5 | 904 | Valente João P [094] CPOC | 40:43 | 1:59 +0:16 (6) 1:59 +0:16 (6) 15:54 +3:24 (9) 3:23 +0:39 (9) 36:31 +4:13 (4) 2:17 +0:30 (12) | 4:07 +1:19 (18) 2:08 +1:05 (23) 18:15 +3:11 (6) 2:21 +0:19 (3) 38:02 +4:21 (4) 1:31 +0:12 (5) | 9:13 +2:51 (12) 5:06 +1:41 (12) 20:44 +2:41 (6) 2:29 +0:28 (4) 40:24 +4:48 (5) 2:22 +0:27 (14) | 10:43 +3:13 (11) 1:30 +0:22 (10) 28:42 +2:49 (5) 7:58 +1:23 (8) 40:43 +4:52 (5) 0:19 +0:06 (21) | 12:31 +2:45 (9) 1:48 +0:24 (5) 34:14 +3:43 (4) 5:32 +1:02 (9) | | | |
| 6 | 817 | Regidor Perona Valencia VALEN | 41:12 | 1:49 +0:06 (3) 1:49 +0:06 (3) 14:48 +2:18 (6) 3:05 +0:21 (5) 37:16 +4:58 (6) 2:08 +0:21 (9) | 2:59 +0:11 (4) 1:10 +0:07 (6) 17:32 +2:28 (5) 2:44 +0:42 (5) 38:45 +5:04 (6) 1:29 +0:10 (4) | 6:43 +0:21 (3) 3:44 +0:19 (3) 19:50 +1:47 (4) 2:18 +0:17 (2) 40:57 +5:21 (6) 2:12 +0:17 (9) | 8:31 +1:01 (4) 1:48 +0:40 (16) 29:04 +3:11 (6) 9:14 +2:39 (15) 41:12 +5:21 (6) 0:15 +0:02 (6) | 11:43 +1:57 (7) 3:12 +1:48 (21) 35:08 +4:37 (6) 6:04 +1:34 (12) | | | |
| 7 | 116 | Carbonell Marti Alicante CEAM I | 41:48 | 2:47 +1:04 (19) 2:47 +1:04 (19) 16:01 +3:31 (10) 3:28 +0:44 (10) 37:40 +5:22 (7) 2:23 +0:36 (14) | 3:56 +1:08 (14) 1:09 +0:06 (5) 19:44 +4:40 (9) 3:43 +1:41 (13) 39:13 +5:32 (7) 1:33 +0:14 (6) | 8:55 +2:33 (11) 4:59 +1:34 (11) 22:32 +4:29 (9) 2:48 +0:47 (8) 41:34 +5:58 (7) 2:21 +0:26 (13) | 10:32 +3:02 (10) 1:37 +0:29 (14) 30:14 +4:21 (7) 7:42 +1:07 (5) 41:48 +5:57 (7) 0:14 +0:01 (2) | 12:33 +2:47 (10) 2:01 +0:37 (8) 35:17 +4:46 (7) 5:03 +0:33 (3) | | | |
| 8 | 38 | Hernández Fern León ALCON | 42:48 | 1:43 0:00 (1) 1:43 0:00 (1) 17:38 +5:08 (12) 3:35 +0:51 (12) 38:28 +6:10 (9) 2:05 +0:18 (6) | 2:48 0:00 (1) 1:05 +0:02 (2) 22:01 +6:57 (10) 4:23 +2:21 (16) 40:03 +6:22 (8) 1:35 +0:16 (7) | 10:24 +4:02 (17) 7:36 +4:11 (22) 24:23 +6:20 (11) 2:22 +0:21 (3) 42:31 +6:55 (8) 2:28 +0:33 (15) | 11:47 +4:17 (14) 1:23 +0:15 (5) 30:58 +5:05 (8) 6:35 0:00 (1) 42:48 +6:57 (8) 0:17 +0:04 (17) | 14:03 +4:17 (14) 2:16 +0:52 (12) 36:23 +5:52 (9) 5:25 +0:55 (7) | | | |
| 9 | 558 | Rol Rúa Juan Ca Madrid MONTE | 42:59 | 2:12 +0:29 (10) 2:12 +0:29 (10) 15:40 +3:10 (8) 3:02 +0:18 (4) 38:04 +5:46 (8) 2:00 +0:13 (3) | 3:41 +0:53 (10) 1:29 +0:26 (15) 19:11 +4:07 (8) 3:31 +1:29 (12) 40:32 +6:51 (9) 2:28 +1:09 (19) | 9:17 +2:55 (13) 5:36 +2:11 (14) 22:26 +4:23 (8) 3:15 +1:14 (16) 42:43 +7:07 (9) 2:11 +0:16 (7) | 10:46 +3:16 (12) 1:29 +0:21 (9) 31:01 +5:08 (9) 8:35 +2:00 (13) 42:59 +7:08 (9) 0:16 +0:03 (12) | 12:38 +2:52 (11) 1:52 +0:28 (6) 36:04 +5:33 (8) 5:03 +0:33 (3) | | | |
| 10 | 420 | García-Catalan Madrid IMPERDI | 43:37 | 2:01 +0:18 (7) 2:01 +0:18 (7) 14:59 +2:29 (7) 3:37 +0:53 (13) 39:13 +6:55 (10) 2:09 +0:22 (10) | 3:35 +0:47 (9) 1:34 +0:31 (17) 18:58 +3:54 (7) 3:59 +1:57 (14) 40:51 +7:10 (10) 1:38 +0:19 (8) | 7:40 +1:18 (5) 4:05 +0:40 (6) 21:32 +3:29 (7) 2:34 +0:33 (7) 43:20 +7:44 (10) 2:29 +0:34 (17) | 9:15 +1:45 (6) 1:35 +0:27 (13) 31:20 +5:27 (10) 9:48 +3:13 (19) 43:37 +7:46 (10) 0:17 +0:03 (15) | 11:22 +1:36 (6) 2:07 +0:43 (9) 37:04 +6:33 (10) 5:44 +1:14 (10) | | | |
| 11 | 572 | Gomez Estrada Murcia MURCIA- | 44:18 | 3:33 +1:50 (22) 3:33 +1:50 (22) 17:50 +5:20 (13) 3:29 +0:45 (11) 40:09 +7:51 (11) 2:09 +0:22 (10) | 4:49 +2:01 (21) 1:16 +0:13 (8) 23:04 +8:00 (12) 5:14 +3:12 (19) 42:02 +8:21 (11) 1:53 +0:34 (16) | 11:42 +5:20 (20) 6:53 +3:28 (18) 25:34 +7:31 (12) 2:30 +0:29 (5) 44:03 +8:27 (11) 2:01 +0:06 (3) | 12:57 +5:27 (17) 1:15 +0:07 (2) 33:30 +7:37 (12) 7:56 +1:21 (7) 44:18 +8:27 (11) 0:15 +0:02 (8) | 14:21 +4:35 (15) 1:24 0:00 (1) 38:00 +7:29 (11) 4:30 0:00 (1) | | | |
| 12 | 702 | Torrejón Rubio Burgos TJALVE | 45:58 | 2:01 +0:18 (7) 2:01 +0:18 (7) 13:39 +1:09 (3) 2:53 +0:09 (3) 41:37 +9:19 (12) 2:05 +0:18 (6) | 3:17 +0:29 (6) 1:16 +0:13 (8) 23:23 +8:19 (14) 9:44 +7:42 (22) 43:20 +9:39 (12) 1:43 +0:24 (13) | 7:48 +1:26 (7) 4:31 +1:06 (8) 25:54 +7:51 (13) 2:31 +0:30 (6) 45:39 +10:03 (12) 2:19 +0:24 (12) | 9:05 +1:35 (5) 1:17 +0:09 (4) 34:06 +8:13 (14) 8:12 +1:37 (11) 45:58 +10:07 (12) 0:19 +0:06 (19) | 10:46 +1:00 (3) 1:41 +0:17 (3) 39:32 +9:01 (12) 5:26 +0:56 (8) | | | |
| 13 | 488 | Tejeda Martín C Madrid LOS AN | 48:19 | 2:03 +0:20 (9) 2:03 +0:20 (9) 18:58 +6:28 (15) 5:40 +2:56 (23) 44:24 +12:06 (14) 2:34 +0:47 (18) | 4:01 +1:13 (15) 1:58 +0:55 (22) 23:30 +8:26 (15) 4:32 +2:30 (17) 46:06 +12:25 (13) 1:42 +0:23 (11) | 8:51 +2:29 (10) 4:50 +1:25 (10) 26:39 +8:36 (16) 3:09 +1:08 (15) 48:06 +12:30 (13) 2:00 +0:05 (2) | 10:14 +2:44 (9) 1:23 +0:15 (5) 33:41 +7:48 (13) 7:02 +0:27 (3) 48:19 +12:28 (13) 0:13 0:00 (1) | 13:18 +3:32 (12) 3:04 +1:40 (17) 41:50 +11:19 (14) 8:09 +3:39 (18) | | | |

| s | sal | Nombre | tiempo | | | 3,8 km 115 m | | 13 C | <i>(cont.)</i> | | | |
|-----------|------------|--|----------------|---------------------|---------------------|----------------------|---------------------|---------------------|----------------|-------|--|--------|
| | | | | 1(41) | | 2(63) | | 3(64) | | 4(37) | | 5(51) |
| | | | | 6(38) | | 7(56) | | 8(49) | | 9(78) | | 10(32) |
| | | | | 11(59) | | 12(39) | | 13(200) | | Meta | | |
| 14 | 195 | Oliver Sáez Jes Madrid COLMEN | 48:41 | 2:15 +0:32 (13) | 3:51 +1:03 (13) | 7:41 +1:19 (6) | 14:12 +6:42 (20) | 16:20 +6:34 (17) | | | | |
| | | | | 2:15 +0:32 (13) | 1:36 +0:33 (20) | 3:50 +0:25 (4) | 6:31 +5:23 (24) | 2:08 +0:44 (10) | | | | |
| | | | | 20:27 +7:57 (18) | 23:32 +8:28 (16) | 26:34 +8:31 (15) | 35:23 +9:30 (15) | 41:48 +11:17 (13) | | | | |
| | | | | 4:07 +1:23 (15) | 3:05 +1:03 (10) | 3:02 +1:01 (12) | 8:49 +2:14 (14) | 6:25 +1:55 (15) | | | | |
| | | | | 44:23 +12:05 (13) | 46:07 +12:26 (14) | 48:25 +12:49 (14) | 48:41 +12:50 (14) | | | | | |
| | | | | 2:35 +0:48 (19) | 1:44 +0:25 (15) | 2:18 +0:23 (10) | 0:16 +0:03 (13) | | | | | |
| 15 | 194 | Lopez Martin Di Madrid COLMEN | 53:50 | 3:03 +1:20 (20) | 4:25 +1:37 (20) | 11:19 +4:57 (19) | 13:17 +5:47 (18) | 16:26 +6:40 (18) | | | | |
| | | | | 3:03 +1:20 (20) | 1:22 +0:19 (12) | 6:54 +3:29 (19) | 1:58 +0:50 (17) | 3:09 +1:45 (20) | | | | |
| | | | | 20:46 +8:16 (19) | 24:14 +9:10 (17) | 29:10 +11:07 (17) | 38:43 +12:50 (16) | 45:04 +14:33 (15) | | | | |
| | | | | 4:20 +1:36 (17) | 3:28 +1:26 (11) | 4:56 +2:55 (20) | 9:33 +2:58 (18) | 6:21 +1:51 (14) | | | | |
| | | | | 49:23 +17:05 (15) | 51:05 +17:24 (15) | 53:35 +17:59 (15) | 53:50 +17:59 (15) | | | | | |
| | | | | 4:19 +2:32 (23) | 1:42 +0:23 (11) | 2:30 +0:35 (18) | 0:15 +0:02 (9) | | | | | |
| 16 | 797 | Montiel Bonmat Alicante UNIVER | 53:56 | 2:32 +0:49 (16) | 4:07 +1:19 (18) | 9:29 +3:07 (15) | 11:12 +3:42 (13) | 13:53 +4:07 (13) | | | | |
| | | | | 2:32 +0:49 (16) | 1:35 +0:32 (19) | 5:22 +1:57 (13) | 1:43 +0:35 (15) | 2:41 +1:17 (15) | | | | |
| | | | | 18:17 +5:47 (14) | 24:45 +9:41 (18) | 32:00 +13:57 (19) | 41:22 +15:29 (19) | 47:30 +16:59 (17) | | | | |
| | | | | 4:24 +1:40 (20) | 6:28 +4:26 (20) | 7:15 +5:14 (23) | 9:22 +2:47 (16) | 6:08 +1:38 (13) | | | | |
| | | | | 49:47 +17:29 (17) | 51:30 +17:49 (16) | 53:41 +18:05 (16) | 53:56 +18:05 (16) | | | | | |
| | | | | 2:17 +0:30 (12) | 1:43 +0:24 (13) | 2:11 +0:16 (7) | 0:15 +0:02 (7) | | | | | |
| 17 | 634 | Prieto Jiménez Madrid O-CHAR | 55:37 | 2:18 +0:35 (14) | 3:41 +0:53 (10) | 9:28 +3:06 (14) | 12:27 +4:57 (15) | 15:58 +6:12 (16) | | | | |
| | | | | 2:18 +0:35 (14) | 1:23 +0:20 (13) | 5:47 +2:22 (15) | 2:59 +1:51 (21) | 3:31 +2:07 (22) | | | | |
| | | | | 20:04 +7:34 (17) | 23:05 +8:01 (13) | 26:01 +7:58 (14) | 40:03 +14:10 (18) | 47:02 +16:31 (16) | | | | |
| | | | | 4:06 +1:22 (14) | 3:01 +0:59 (8) | 2:56 +0:55 (9) | 14:02 +7:27 (23) | 6:59 +2:29 (16) | | | | |
| | | | | 49:29 +17:11 (16) | 52:54 +19:13 (17) | 55:22 +19:46 (17) | 55:37 +19:46 (17) | | | | | |
| | | | | 2:27 +0:40 (15) | 3:25 +2:06 (22) | 2:28 +0:33 (15) | 0:15 +0:02 (5) | | | | | |
| 18 | 193 | Diaz Bes Jorge Madrid COLMEN | 56:02 | 2:24 +0:41 (15) | 4:01 +1:13 (15) | 10:22 +4:00 (16) | 12:49 +5:19 (16) | 16:51 +7:05 (20) | | | | |
| | | | | 2:24 +0:41 (15) | 1:37 +0:34 (21) | 6:21 +2:56 (17) | 2:27 +1:19 (20) | 4:02 +2:38 (23) | | | | |
| | | | | 21:25 +8:55 (20) | 26:26 +11:22 (19) | 29:29 +11:26 (18) | 38:51 +12:58 (17) | 47:48 +17:17 (18) | | | | |
| | | | | 4:34 +1:50 (21) | 5:01 +2:59 (18) | 3:03 +1:02 (13) | 9:22 +2:47 (16) | 8:57 +4:27 (20) | | | | |
| | | | | 50:43 +18:25 (18) | 53:10 +19:29 (18) | 55:45 +20:09 (18) | 56:02 +20:11 (18) | | | | | |
| | | | | 2:55 +1:08 (21) | 2:27 +1:08 (18) | 2:35 +0:40 (20) | 0:17 +0:04 (16) | | | | | |
| 19 | 54 | Figueroa Ferná Pontevedra AR | 1:00:39 | 2:32 +0:49 (16) | 3:45 +0:57 (12) | 13:23 +7:01 (22) | 14:48 +7:18 (21) | 16:30 +6:44 (19) | | | | |
| | | | | 2:32 +0:49 (16) | 1:13 +0:10 (7) | 9:38 +6:13 (24) | 1:25 +0:17 (8) | 1:42 +0:18 (4) | | | | |
| | | | | 19:20 +6:50 (16) | 22:09 +7:05 (11) | 24:10 +6:07 (10) | 32:14 +6:21 (11) | 53:58 +23:27 (20) | | | | |
| | | | | 2:50 +0:06 (2) | 2:49 +0:47 (6) | 2:01 0:00 (1) | 8:04 +1:29 (9) | 21:44 +17:14 (23) | | | | |
| | | | | 56:27 +24:09 (20) | 58:05 +24:24 (20) | 1:00:23 +24:47 (19) | 1:00:39 +24:48 (19) | | | | | |
| | | | | 2:29 +0:42 (16) | 1:38 +0:19 (8) | 2:18 +0:23 (10) | 0:16 +0:03 (11) | | | | | |
| 20 | 698 | Alonso Velasco Madrid T TRAG | 1:00:51 | 2:35 +0:52 (18) | 4:03 +1:15 (17) | 11:16 +4:54 (18) | 13:27 +5:57 (19) | 18:13 +8:27 (21) | | | | |
| | | | | 2:35 +0:52 (18) | 1:28 +0:25 (14) | 7:13 +3:48 (20) | 2:11 +1:03 (19) | 4:46 +3:22 (24) | | | | |
| | | | | 22:34 +10:04 (21) | 26:43 +11:39 (20) | 35:12 +17:09 (20) | 45:56 +20:03 (20) | 53:09 +22:38 (19) | | | | |
| | | | | 4:21 +1:37 (18) | 4:09 +2:07 (15) | 8:29 +6:28 (24) | 10:44 +4:09 (21) | 7:13 +2:43 (17) | | | | |
| | | | | 56:02 +23:44 (19) | 58:03 +24:22 (19) | 1:00:35 +24:59 (20) | 1:00:51 +25:00 (20) | | | | | |
| | | | | 2:53 +1:06 (20) | 2:01 +0:42 (17) | 2:32 +0:37 (19) | 0:16 +0:02 (10) | | | | | |
| 21 | 55 | Rosado Frade A Pontevedra AR | 1:09:56 | 2:12 +0:29 (10) | 3:33 +0:45 (8) | 7:58 +1:36 (8) | 9:30 +2:00 (8) | 12:29 +2:43 (8) | | | | |
| | | | | 2:12 +0:29 (10) | 1:21 +0:18 (10) | 4:25 +1:00 (7) | 1:32 +0:24 (11) | 2:59 +1:35 (16) | | | | |
| | | | | 16:47 +4:17 (11) | 33:25 +18:21 (21) | 37:59 +19:56 (21) | 49:03 +23:10 (21) | 57:13 +26:42 (21) | | | | |
| | | | | 4:18 +1:34 (16) | 16:38 +14:36 (24) | 4:34 +2:33 (18) | 11:04 +4:29 (22) | 8:10 +3:40 (19) | | | | |
| | | | | 1:00:37 +28:19 (21) | 1:03:29 +29:48 (21) | 1:09:17 +33:41 (21) | 1:09:56 +34:05 (21) | | | | | |
| | | | | 3:24 +1:37 (22) | 2:52 +1:33 (21) | 5:48 +3:53 (23) | 0:39 +0:26 (23) | | | | | |
| 22 | 153 | Barja Álvarez Ja Badajoz CODAN | 1:11:45 | 13:43 +12:00 (24) | 15:17 +12:29 (24) | 24:29 +18:07 (24) | 26:33 +19:03 (24) | 28:42 +18:56 (24) | | | | |
| | | | | 13:43 +12:00 (24) | 1:34 +0:31 (17) | 9:12 +5:47 (23) | 2:04 +0:56 (18) | 2:09 +0:45 (11) | | | | |
| | | | | 33:33 +21:03 (23) | 36:24 +21:20 (22) | 42:03 +24:00 (22) | 50:33 +24:40 (22) | 1:00:15 +29:44 (22) | | | | |
| | | | | 4:51 +2:07 (22) | 2:51 +0:49 (7) | 5:39 +3:38 (21) | 8:30 +1:55 (12) | 9:42 +5:12 (21) | | | | |
| | | | | 1:02:16 +29:58 (22) | 1:08:34 +34:53 (22) | 1:11:26 +35:50 (22) | 1:11:45 +35:54 (22) | | | | | |
| | | | | 2:01 +0:14 (4) | 6:18 +4:59 (23) | 2:52 +0:57 (21) | 0:19 +0:06 (18) | | | | | |
| 23 | 623 | Gracia Castillo J Soria NAVALEN | 1:20:02 | 3:29 +1:46 (21) | 5:53 +3:05 (22) | 13:18 +6:56 (21) | 16:23 +8:53 (22) | 19:29 +9:43 (22) | | | | |
| | | | | 3:29 +1:46 (21) | 2:24 +1:21 (24) | 7:25 +4:00 (21) | 3:05 +1:57 (22) | 3:06 +1:42 (18) | | | | |
| | | | | 34:35 +22:05 (24) | 42:13 +27:09 (24) | 48:30 +30:27 (24) | 58:50 +32:57 (23) | 1:11:37 +41:06 (23) | | | | |
| | | | | 15:06 +12:22 (24) | 7:38 +5:36 (21) | 6:17 +4:16 (22) | 10:20 +3:45 (20) | 12:47 +8:17 (22) | | | | |
| | | | | 1:14:09 +41:51 (23) | 1:16:44 +43:03 (23) | 1:19:42 +44:06 (23) | 1:20:02 +44:11 (23) | | | | | |
| | | | | 2:32 +0:45 (17) | 2:35 +1:16 (20) | 2:58 +1:03 (22) | 0:20 +0:07 (22) | | | | | |

s sal Nombre tiempo

M-35A (24)

3,8 km 115 m 13 C (cont.)

| | | | | |
|--------|--------|---------|-------|--------|
| 1(41) | 2(63) | 3(64) | 4(37) | 5(51) |
| 6(38) | 7(56) | 8(49) | 9(78) | 10(32) |
| 11(59) | 12(39) | 13(200) | Meta | |

| | | | | | | |
|--|---------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| 233 Alvarez Pozuel Cuenca COMCU | andona | 7:34 +5:51 (23) | 9:05 +6:17 (23) | 15:09 +8:47 (23) | 18:35 +11:05 (23) | 21:42 +11:56 (23) |
| | | 7:34 +5:51 (23) | 1:31 +0:28 (16) | 6:04 +2:39 (16) | 3:26 +2:18 (23) | 3:07 +1:43 (19) |
| | | 26:05 +13:35 (22) | 41:09 +26:05 (23) | 46:04 +28:01 (23) | ----- | ----- |
| | | 4:23 +1:39 (19) | 15:04 +13:02 (23) | 4:55 +2:54 (19) | ----- | ----- |

M-35B (24)

3,0 km 90 m 11 C

| | | | | |
|---------|-------|-------|-------|--------|
| 1(50) | 2(77) | 3(61) | 4(62) | 5(54) |
| 6(31) | 7(57) | 8(69) | 9(76) | 10(39) |
| 11(200) | Meta | | | |

| | | | | | | |
|---|--------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1 373 Puche Madrid J Albacete GODIH | 36:31 | 2:18 0:00 (1) | 6:43 0:00 (1) | 12:08 0:00 (1) | 13:03 0:00 (1) | 16:00 0:00 (1) |
| | | 2:18 0:00 (1) | 4:25 0:00 (1) | 5:25 +0:52 (6) | 0:55 +0:14 (2) | 2:57 0:00 (1) |
| | | 19:56 0:00 (1) | 26:36 0:00 (1) | 29:00 0:00 (1) | 32:18 0:00 (1) | 33:31 0:00 (1) |
| | | 3:56 0:00 (1) | 6:40 0:00 (1) | 2:24 +0:30 (4) | 3:18 0:00 (1) | 1:13 0:00 (1) |
| | | 36:13 0:00 (1) | 36:31 0:00 (1) | | | |
| | | 2:42 +0:22 (4) | 0:18 +0:02 (9) | | | |
| 2 489 Yovkov Nikolov Madrid LOS AN | 44:24 | 3:40 +1:22 (6) | 9:31 +2:48 (7) | 15:54 +3:46 (6) | 17:32 +4:29 (7) | 21:28 +5:28 (7) |
| | | 3:40 +1:22 (6) | 5:51 +1:26 (8) | 6:23 +1:50 (12) | 1:38 +0:57 (15) | 3:56 +0:59 (6) |
| | | 25:54 +5:58 (6) | 33:25 +6:49 (4) | 35:50 +6:50 (3) | 39:26 +7:08 (2) | 40:45 +7:14 (2) |
| | | 4:26 +0:30 (3) | 7:31 +0:51 (3) | 2:25 +0:31 (5) | 3:36 +0:18 (2) | 1:19 +0:06 (3) |
| | | 44:08 +7:55 (2) | 44:24 +7:53 (2) | | | |
| | | 3:23 +1:03 (12) | 0:16 +0:00 (2) | | | |
| 3 536 Manzaneque Es Ciudad Real MA | 45:47 | 3:20 +1:02 (4) | 9:24 +2:41 (5) | 14:50 +2:42 (5) | 16:11 +3:08 (5) | 20:32 +4:32 (5) |
| | | 3:20 +1:02 (4) | 6:04 +1:39 (9) | 5:26 +0:53 (7) | 1:21 +0:40 (11) | 4:21 +1:24 (10) |
| | | 25:51 +5:55 (5) | 33:41 +7:05 (5) | 36:25 +7:25 (4) | 40:11 +7:53 (3) | 41:27 +7:56 (3) |
| | | 5:19 +1:23 (8) | 7:50 +1:10 (4) | 2:44 +0:50 (9) | 3:46 +0:28 (3) | 1:16 +0:03 (2) |
| | | 45:22 +9:09 (3) | 45:47 +9:16 (3) | | | |
| | | 3:55 +1:35 (18) | 0:25 +0:10 (20) | | | |
| 4 375 Sempere Figue Albacete GODIH | 46:10 | 3:23 +1:05 (5) | 11:21 +4:38 (12) | 15:54 +3:46 (6) | 16:57 +3:54 (6) | 20:24 +4:24 (3) |
| | | 3:23 +1:05 (5) | 7:58 +3:33 (16) | 4:33 0:00 (1) | 1:03 +0:22 (4) | 3:27 +0:30 (3) |
| | | 26:06 +6:10 (7) | 35:43 +9:07 (7) | 37:50 +8:50 (7) | 41:41 +9:23 (4) | 43:12 +9:41 (4) |
| | | 5:42 +1:46 (10) | 9:37 +2:57 (9) | 2:07 +0:13 (3) | 3:51 +0:33 (4) | 1:31 +0:18 (5) |
| | | 45:52 +9:39 (4) | 46:10 +9:39 (4) | | | |
| | | 2:40 +0:20 (3) | 0:18 +0:03 (11) | | | |
| 5 841 Vera Barceló Fr Alicante VILLEN | 46:26 | 3:44 +1:26 (9) | 9:25 +2:42 (6) | 14:32 +2:24 (4) | 15:39 +2:36 (4) | 20:42 +4:42 (6) |
| | | 3:44 +1:26 (9) | 5:41 +1:16 (5) | 5:07 +0:34 (4) | 1:07 +0:26 (5) | 5:03 +2:06 (17) |
| | | 25:35 +5:39 (3) | 34:41 +8:05 (6) | 36:46 +7:46 (5) | 41:49 +9:31 (5) | 43:23 +9:52 (5) |
| | | 4:53 +0:57 (5) | 9:06 +2:26 (6) | 2:05 +0:11 (2) | 5:03 +1:45 (9) | 1:34 +0:21 (6) |
| | | 46:10 +9:57 (5) | 46:26 +9:55 (5) | | | |
| | | 2:47 +0:27 (6) | 0:16 +0:01 (5) | | | |
| 6 281 Serrano Moline Madrid ESCONDI | 48:51 | 3:41 +1:23 (7) | 9:31 +2:48 (7) | 14:12 +2:04 (3) | 15:38 +2:35 (3) | 20:26 +4:26 (4) |
| | | 3:41 +1:23 (7) | 5:50 +1:25 (6) | 4:41 +0:08 (2) | 1:26 +0:45 (12) | 4:48 +1:51 (15) |
| | | 25:50 +5:54 (4) | 32:57 +6:21 (3) | 37:24 +8:24 (6) | 43:45 +11:27 (6) | 45:48 +12:17 (6) |
| | | 5:24 +1:28 (9) | 7:07 +0:27 (2) | 4:27 +2:33 (18) | 6:21 +3:03 (14) | 2:03 +0:50 (11) |
| | | 48:34 +12:21 (6) | 48:51 +12:20 (6) | | | |
| | | 2:46 +0:26 (5) | 0:17 +0:02 (7) | | | |
| 7 175 Teruel Oliver Mi Alicante COLIVE | 49:04 | 2:51 +0:33 (2) | 7:21 +0:38 (2) | 12:51 +0:43 (2) | 13:32 +0:29 (2) | 17:27 +1:27 (2) |
| | | 2:51 +0:33 (2) | 4:30 +0:05 (2) | 5:30 +0:57 (8) | 0:41 0:00 (1) | 3:55 +0:58 (5) |
| | | 21:41 +1:45 (2) | 31:40 +5:04 (2) | 34:30 +5:30 (2) | 44:29 +12:11 (7) | 45:55 +12:24 (7) |
| | | 4:14 +0:18 (2) | 9:59 +3:19 (10) | 2:50 +0:56 (11) | 9:59 +6:41 (19) | 1:26 +0:13 (4) |
| | | 48:45 +12:32 (7) | 49:04 +12:33 (7) | | | |
| | | 2:50 +0:30 (7) | 0:19 +0:03 (12) | | | |
| 8 246 Arranz Rodrigo Burgos CORZO | 51:12 | 3:46 +1:28 (10) | 11:12 +4:29 (11) | 17:04 +4:56 (9) | 18:20 +5:17 (8) | 23:05 +7:05 (10) |
| | | 3:46 +1:28 (10) | 7:26 +3:01 (14) | 5:52 +1:19 (10) | 1:16 +0:35 (8) | 4:45 +1:48 (13) |
| | | 29:25 +9:29 (10) | 38:55 +12:19 (9) | 41:30 +12:30 (8) | 45:37 +13:19 (8) | 47:14 +13:43 (8) |
| | | 6:20 +2:24 (13) | 9:30 +2:50 (8) | 2:35 +0:41 (8) | 4:07 +0:49 (5) | 1:37 +0:24 (7) |
| | | 50:50 +14:37 (8) | 51:12 +14:41 (8) | | | |
| | | 3:36 +1:16 (14) | 0:22 +0:06 (18) | | | |

| s | sal | Nombre | tiempo | 3,0 km | | 90 m | 11 C | (cont.) | | | |
|----|-----|-----------------------------------|---------|----------------------|----------------------|----------------------|---------------------|---------------------|--|--|--|
| | | | | 1(50) | 2(77) | 3(61) | 4(62) | 5(54) | | | |
| | | | | 6(31) | 7(57) | 8(69) | 9(76) | 10(39) | | | |
| | | | | 11(200) | Meta | | | | | | |
| 9 | 154 | Barrios Gil Fran Badajoz CODAN | 51:48 | 3:04 +0:46 (3) | 13:08 +6:25 (17) | 18:13 +6:05 (14) | 19:26 +6:23 (12) | 23:35 +7:35 (11) | | | |
| | | | | 3:04 +0:46 (3) | 10:04 +5:39 (19) | 5:05 +0:32 (3) | 1:13 +0:32 (6) | 4:09 +1:12 (7) | | | |
| | | | | 28:44 +8:48 (8) | 40:25 +13:49 (11) | 42:19 +13:19 (11) | 46:55 +14:37 (9) | 49:13 +15:42 (9) | | | |
| | | | | 5:09 +1:13 (6) | 11:41 +5:01 (16) | 1:54 0:00 (1) | 4:36 +1:18 (7) | 2:18 +1:05 (15) | | | |
| | | | | 51:33 +15:20 (9) | 51:48 +15:17 (9) | | | | | | |
| | | | | 2:20 0:00 (1) | 0:15 0:00 (1) | | | | | | |
| 10 | 371 | Honrubia Cebri Albacete GODIH | 54:13 | 3:49 +1:31 (11) | 9:07 +2:24 (3) | 18:17 +6:09 (15) | 20:16 +7:13 (14) | 24:58 +8:58 (13) | | | |
| | | | | 3:49 +1:31 (11) | 5:18 +0:53 (4) | 9:10 +4:37 (18) | 1:59 +1:18 (18) | 4:42 +1:45 (12) | | | |
| | | | | 29:37 +9:41 (11) | 40:27 +13:51 (12) | 44:05 +15:05 (12) | 49:07 +16:49 (11) | 50:50 +17:19 (10) | | | |
| | | | | 4:39 +0:43 (4) | 10:50 +4:10 (13) | 3:38 +1:44 (16) | 5:02 +1:44 (8) | 1:43 +0:30 (9) | | | |
| | | | | 53:56 +17:43 (10) | 54:13 +17:42 (10) | | | | | | |
| | | | | 3:06 +0:46 (9) | 0:17 +0:01 (6) | | | | | | |
| 11 | 317 | Dopico Pena An La Coruña GAL | 54:19 | 3:52 +1:34 (12) | 9:07 +2:24 (3) | 17:24 +5:16 (10) | 18:38 +5:35 (9) | 23:04 +7:04 (9) | | | |
| | | | | 3:52 +1:34 (12) | 5:15 +0:50 (3) | 8:17 +3:44 (15) | 1:14 +0:33 (7) | 4:26 +1:29 (11) | | | |
| | | | | 28:59 +9:03 (9) | 39:28 +12:52 (10) | 41:53 +12:53 (9) | 49:05 +16:47 (10) | 51:32 +18:01 (11) | | | |
| | | | | 5:55 +1:59 (11) | 10:29 +3:49 (12) | 2:25 +0:31 (5) | 7:12 +3:54 (16) | 2:27 +1:14 (17) | | | |
| | | | | 54:02 +17:49 (11) | 54:19 +17:48 (11) | | | | | | |
| | | | | 2:30 +0:10 (2) | 0:17 +0:02 (8) | | | | | | |
| 12 | 798 | Crespo Asunci Alicante UNIVER | 56:53 | 4:25 +2:07 (17) | 11:52 +5:09 (15) | 17:57 +5:49 (11) | 19:17 +6:14 (11) | 22:59 +6:59 (8) | | | |
| | | | | 4:25 +2:07 (17) | 7:27 +3:02 (15) | 6:05 +1:32 (11) | 1:20 +0:39 (10) | 3:42 +0:45 (4) | | | |
| | | | | 30:56 +11:00 (13) | 42:23 +15:47 (13) | 45:23 +16:23 (13) | 50:43 +18:25 (13) | 52:59 +19:28 (12) | | | |
| | | | | 7:57 +4:01 (17) | 11:27 +4:47 (15) | 3:00 +1:06 (12) | 5:20 +2:02 (11) | 2:16 +1:03 (14) | | | |
| | | | | 56:37 +20:24 (12) | 56:53 +20:22 (12) | | | | | | |
| | | | | 3:38 +1:18 (16) | 0:16 +0:00 (2) | | | | | | |
| 13 | 372 | Martínez Canet Albacete GODIH | 1:03:08 | 4:09 +1:51 (14) | 11:24 +4:41 (13) | 18:07 +5:59 (13) | 19:43 +6:40 (13) | 24:30 +8:30 (12) | | | |
| | | | | 4:09 +1:51 (14) | 7:15 +2:50 (13) | 6:43 +2:10 (13) | 1:36 +0:55 (13) | 4:47 +1:50 (14) | | | |
| | | | | 29:40 +9:44 (12) | 37:37 +11:01 (8) | 42:08 +13:08 (10) | 49:50 +17:32 (12) | 59:50 +26:19 (13) | | | |
| | | | | 5:10 +1:14 (7) | 7:57 +1:17 (5) | 4:31 +2:37 (19) | 7:42 +4:24 (17) | 10:00 +8:47 (20) | | | |
| | | | | 1:02:50 +26:37 (13) | 1:03:08 +26:37 (13) | | | | | | |
| | | | | 3:00 +0:40 (8) | 0:18 +0:03 (10) | | | | | | |
| 14 | 174 | García Gomariz Alicante COLIVE | 1:08:06 | 4:16 +1:58 (15) | 12:20 +5:37 (16) | 17:57 +5:49 (11) | 20:50 +7:47 (15) | 25:57 +9:57 (14) | | | |
| | | | | 4:16 +1:58 (15) | 8:04 +3:39 (17) | 5:37 +1:04 (9) | 2:53 +2:12 (19) | 5:07 +2:10 (18) | | | |
| | | | | 37:24 +17:28 (15) | 49:34 +22:58 (14) | 57:07 +28:07 (14) | 1:02:25 +30:07 (14) | 1:04:10 +30:39 (14) | | | |
| | | | | 11:27 +7:31 (20) | 12:10 +5:30 (17) | 7:33 +5:39 (20) | 5:18 +2:00 (10) | 1:45 +0:32 (10) | | | |
| | | | | 1:07:46 +31:33 (14) | 1:08:06 +31:35 (14) | | | | | | |
| | | | | 3:36 +1:16 (14) | 0:20 +0:05 (15) | | | | | | |
| 15 | 56 | Varela Varela Fr Pontevedra AR | 1:12:42 | 4:50 +2:32 (19) | 13:18 +6:35 (18) | 20:44 +8:36 (17) | 24:20 +11:17 (16) | 28:32 +12:32 (15) | | | |
| | | | | 4:50 +2:32 (19) | 8:28 +4:03 (18) | 7:26 +2:53 (14) | 3:36 +2:55 (20) | 4:12 +1:15 (9) | | | |
| | | | | 35:40 +15:44 (14) | 58:08 +31:32 (17) | 1:00:52 +31:52 (15) | 1:06:21 +34:03 (15) | 1:08:48 +35:17 (15) | | | |
| | | | | 7:08 +3:12 (15) | 22:28 +15:48 (20) | 2:44 +0:50 (9) | 5:29 +2:11 (12) | 2:27 +1:14 (17) | | | |
| | | | | 1:12:20 +36:07 (15) | 1:12:42 +36:11 (15) | | | | | | |
| | | | | 3:32 +1:12 (13) | 0:22 +0:07 (19) | | | | | | |
| 16 | 747 | Villalba Hormig Toledo TOLEDO | 1:12:44 | 3:41 +1:23 (7) | 16:54 +10:11 (20) | 35:26 +23:18 (22) | 36:43 +23:40 (22) | 41:34 +25:34 (19) | | | |
| | | | | 3:41 +1:23 (7) | 13:13 +8:48 (22) | 18:32 +13:59 (22) | 1:17 +0:36 (9) | 4:51 +1:54 (16) | | | |
| | | | | 48:23 +28:27 (19) | 58:24 +31:48 (18) | 1:01:33 +32:33 (17) | 1:07:34 +35:16 (16) | 1:09:13 +35:42 (16) | | | |
| | | | | 6:49 +2:53 (14) | 10:01 +3:21 (11) | 3:09 +1:15 (13) | 6:01 +2:43 (13) | 1:39 +0:26 (8) | | | |
| | | | | 1:12:23 +36:10 (16) | 1:12:44 +36:13 (16) | | | | | | |
| | | | | 3:10 +0:50 (11) | 0:21 +0:06 (17) | | | | | | |
| 17 | 241 | Arnau Morell Al Valencia CORRE | 1:17:11 | 4:59 +2:41 (21) | 18:14 +11:31 (22) | 28:20 +16:12 (20) | 33:16 +20:13 (21) | 36:31 +20:31 (17) | | | |
| | | | | 4:59 +2:41 (21) | 13:15 +8:50 (23) | 10:06 +5:33 (19) | 4:56 +4:15 (21) | 3:15 +0:18 (2) | | | |
| | | | | 44:35 +24:39 (17) | 58:03 +31:27 (16) | 1:01:17 +32:17 (16) | 1:10:25 +38:07 (17) | 1:12:36 +39:05 (17) | | | |
| | | | | 8:04 +4:08 (18) | 13:28 +6:48 (18) | 3:14 +1:20 (14) | 9:08 +5:50 (18) | 2:11 +0:58 (13) | | | |
| | | | | 1:16:55 +40:42 (17) | 1:17:11 +40:40 (17) | | | | | | |
| | | | | 4:19 +1:59 (19) | 0:16 +0:01 (4) | | | | | | |
| 18 | 537 | Sánchez-Gil MÍN Ciudad Real MA | 1:17:37 | 4:52 +2:34 (20) | 10:42 +3:59 (9) | 27:53 +15:45 (19) | 29:30 +16:27 (18) | 44:51 +28:51 (20) | | | |
| | | | | 4:52 +2:34 (20) | 5:50 +1:25 (6) | 17:11 +12:38 (21) | 1:37 +0:56 (14) | 15:21 +12:24 (20) | | | |
| | | | | 51:05 +31:09 (20) | 1:01:58 +35:22 (19) | 1:05:15 +36:15 (18) | 1:11:46 +39:28 (18) | 1:14:10 +40:39 (18) | | | |
| | | | | 6:14 +2:18 (12) | 10:53 +4:13 (14) | 3:17 +1:23 (15) | 6:31 +3:13 (15) | 2:24 +1:11 (16) | | | |
| | | | | 1:17:16 +41:03 (18) | 1:17:37 +41:06 (18) | | | | | | |
| | | | | 3:06 +0:46 (9) | 0:21 +0:05 (16) | | | | | | |

s sal Nombre tiempo

M-35B (24)

3,0 km 90 m 11 C (cont.)

1(50) 2(77) 3(61) 4(62) 5(54)
6(31) 7(57) 8(69) 9(76) 10(39)
11(200) Meta

| | | | | | | | |
|-------------------------------|------------------------|-----------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| 19 680 Vidal López Fer | Alicante SANT J | 1:21:26 | 4:31 +2:13 (18) | 15:34 +8:51 (19) | 31:03 +18:55 (21) | 32:02 +18:59 (20) | 37:34 +21:34 (18) |
| | | | 4:31 +2:13 (18) | 11:03 +6:38 (20) | 15:29 +10:56 (20) | 0:59 +0:18 (3) | 5:32 +2:35 (19) |
| | | | 45:41 +25:45 (18) | 54:56 +28:20 (15) | 1:10:03 +41:03 (20) | 1:14:35 +42:17 (19) | 1:16:40 +43:09 (19) |
| | | | 8:07 +4:11 (19) | 9:15 +2:35 (7) | 15:07 +13:13 (21) | 4:32 +1:14 (6) | 2:05 +0:52 (12) |
| | | | 1:21:07 +44:54 (19) | 1:21:26 +44:55 (19) | | | |
| | | | 4:27 +2:07 (20) | 0:19 +0:04 (13) | | | |
| 20 746 Melendez Nava | Toledo TOLEDO | 1:44:53 | 5:05 +2:47 (22) | 11:36 +4:53 (14) | 16:57 +4:49 (8) | 18:46 +5:43 (10) | 48:20 +32:20 (21) |
| | | | 5:05 +2:47 (22) | 6:31 +2:06 (10) | 5:21 +0:48 (5) | 1:49 +1:08 (17) | 29:34 +26:37 (21) |
| | | | 1:04:50 +44:54 (21) | 1:19:07 +52:31 (21) | 1:22:58 +53:58 (21) | 1:36:18 :04:00 (20) | 1:40:21 :06:50 (20) |
| | | | 16:30 +12:34 (21) | 14:17 +7:37 (19) | 3:51 +1:57 (17) | 13:20 +10:02 (20) | 4:03 +2:50 (19) |
| | | | 1:44:14 :08:01 (20) | 1:44:53 :08:22 (20) | | | |
| | | | 3:53 +1:33 (17) | 0:39 +0:24 (21) | | | |
| 604 Diaz Cano Franc | Toledo NAVALC | en tarj. | 3:55 +1:37 (13) | 16:58 +10:15 (21) | 25:16 +13:08 (18) | 27:02 +13:59 (17) | 31:12 +15:12 (16) |
| | | | 3:55 +1:37 (13) | 13:03 +8:38 (21) | 8:18 +3:45 (16) | 1:46 +1:05 (16) | 4:10 +1:13 (8) |
| | | | 39:05 +19:09 (16) | 1:07:31 +40:55 (20) | 1:09:56 +40:56 (19) | ----- | ----- |
| | | | 7:53 +3:57 (16) | 28:26 +21:46 (21) | 2:25 +0:31 (5) | | |
| | | | 1:43:31 | 1:43:51 | | 1:43:31 | |
| | | | 33:35 | 0:20 +0:04 (14) | | *200 | |
| 566 Rolland Lopez D | Sevilla MONTEL | en tarj. | 46:20 +44:02 (23) | 53:02 +46:19 (23) | ----- | ----- | ----- |
| | | | 46:20 +44:02 (23) | 6:42 +2:17 (11) | | | |
| | | | 1:03:30 | 1:16:25 | 1:20:13 | 1:27:57 | ----- |
| | | | 10:28 | 12:55 | 3:48 | 7:44 | |
| | | | ----- | | | | |
| 196 Ruiz Martinez A | Madrid COLMEN | en tarj. | 4:18 +2:00 (16) | 11:01 +4:18 (10) | 19:20 +7:12 (16) | 30:11 +17:08 (19) | ----- |
| | | | 4:18 +2:00 (16) | 6:43 +2:18 (12) | 8:19 +3:46 (17) | 10:51 +10:10 (22) | |
| | | | ----- | 1:35:30 | 1:38:54 | 1:45:54 | 1:48:47 |
| | | | | 1:05:19 | 3:24 | 7:00 | 2:53 |
| | | | 1:53:00 | | | | |
| | | | 4:13 | | | | |
| 374 Roldán García M | Albacete GODIH | andona | ----- | ----- | ----- | ----- | ----- |
| | | | ----- | ----- | ----- | ----- | ----- |
| | | | ----- | ----- | ----- | ----- | ----- |

M-40 (42)

3,5 km 130 m 12 C

1(50) 2(54) 3(33) 4(37) 5(65)
6(38) 7(49) 8(69) 9(46) 10(76)
11(74) 12(200) Meta

| | | | | | | | |
|-----------------------------|------------------------|--------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1 421 Mínguez Viñam | Madrid IMPERDI | 32:41 | 2:31 +0:55 (21) | 5:53 +0:24 (2) | 9:19 +0:41 (2) | 11:03 +0:44 (2) | 13:25 +1:36 (5) |
| | | | 2:31 +0:55 (21) | 3:22 0:00 (1) | 3:26 +0:17 (2) | 1:44 +0:03 (2) | 2:22 +1:26 (28) |
| | | | 15:05 +2:04 (4) | 17:42 +2:14 (2) | 25:03 0:00 (1) | 27:31 0:00 (1) | 29:25 0:00 (1) |
| | | | 1:40 +0:28 (5) | 2:37 +0:10 (2) | 7:21 0:00 (1) | 2:28 0:00 (1) | 1:54 0:00 (1) |
| | | | 31:09 0:00 (1) | 32:24 0:00 (1) | 32:41 0:00 (1) | | |
| | | | 1:44 +0:05 (4) | 1:15 +0:10 (3) | 0:17 +0:04 (19) | | |
| 2 117 Romo Carbonel | Alicante CEAM I | 33:40 | 1:45 +0:09 (2) | 5:29 0:00 (1) | 8:38 0:00 (1) | 10:19 0:00 (1) | 11:49 0:00 (1) |
| | | | 1:45 +0:09 (2) | 3:44 +0:22 (2) | 3:09 0:00 (1) | 1:41 0:00 (1) | 1:30 +0:34 (17) |
| | | | 13:01 0:00 (1) | 15:28 0:00 (1) | 26:06 +1:03 (2) | 28:35 +1:04 (2) | 30:29 +1:04 (2) |
| | | | 1:12 0:00 (1) | 2:27 0:00 (1) | 10:38 +3:17 (13) | 2:29 +0:01 (2) | 1:54 0:00 (1) |
| | | | 32:21 +1:12 (2) | 33:26 +1:02 (2) | 33:40 +0:59 (2) | | |
| | | | 1:52 +0:13 (6) | 1:05 0:00 (1) | 0:14 +0:01 (3) | | |
| 3 14 Martínez Ruiz J | Sevilla ADOL | 35:54 | 2:21 +0:45 (13) | 6:49 +1:20 (8) | 10:19 +1:41 (6) | 12:20 +2:01 (6) | 13:30 +1:41 (6) |
| | | | 2:21 +0:45 (13) | 4:28 +1:06 (5) | 3:30 +0:21 (4) | 2:01 +0:20 (8) | 1:10 +0:14 (5) |
| | | | 15:21 +2:20 (6) | 18:17 +2:49 (5) | 27:27 +2:24 (3) | 30:20 +2:49 (3) | 32:17 +2:52 (3) |
| | | | 1:51 +0:39 (10) | 2:56 +0:29 (5) | 9:10 +1:49 (4) | 2:53 +0:25 (6) | 1:57 +0:03 (3) |
| | | | 33:56 +2:47 (3) | 35:39 +3:15 (3) | 35:54 +3:13 (3) | | |
| | | | 1:39 0:00 (1) | 1:43 +0:38 (33) | 0:15 +0:02 (8) | | |

| s | sal | Nombre | tiempo | | | 3,5 km | 130 m | 12 C | (cont.) | | | | |
|-------------|-------------|---|--------------|-------------|-----------------|--------|-------------|-------------|-----------------|-------|------------|-------------|-----------------|
| | | | | 1(50) | 2(54) | 3(33) | 4(37) | 5(65) | | | | | |
| | | | | 6(38) | 7(49) | 8(69) | 9(46) | 10(76) | | | | | |
| | | | | 11(74) | 12(200) | Meta | | | | | | | |
| M-40 | (42) | | | | | | | | | | | | |
| 4 | 852 | Ledesma Piedr Barcelona XINO | 36:40 | 1:36 | 0:00 (1) | 6:13 | +0:44 (4) | 9:52 | +1:14 (3) | 11:38 | +1:19 (3) | 12:37 | +0:48 (2) |
| | | | | 1:36 | 0:00 (1) | 4:37 | +1:15 (7) | 3:39 | +0:30 (6) | 1:46 | +0:05 (3) | 0:59 | +0:03 (2) |
| | | | | 14:15 | +1:14 (2) | 18:33 | +3:05 (6) | 28:16 | +3:13 (5) | 30:54 | +3:23 (4) | 33:19 | +3:54 (4) |
| | | | | 1:38 | +0:26 (4) | 4:18 | +1:51 (22) | 9:43 | +2:22 (6) | 2:38 | +0:10 (3) | 2:25 | +0:31 (12) |
| | | | | 35:02 | +3:53 (4) | 36:23 | +3:59 (4) | 36:40 | +3:59 (4) | | | | |
| | | | | 1:43 | +0:04 (3) | 1:21 | +0:16 (13) | 0:17 | +0:04 (18) | | | | |
| 5 | 477 | García Murcia J Murcia LORCA- | 36:54 | 2:09 | +0:33 (8) | 6:49 | +1:20 (8) | 10:37 | +1:59 (8) | 12:31 | +2:12 (8) | 13:43 | +1:54 (7) |
| | | | | 2:09 | +0:33 (8) | 4:40 | +1:18 (9) | 3:48 | +0:39 (7) | 1:54 | +0:13 (4) | 1:12 | +0:16 (8) |
| | | | | 15:08 | +2:07 (5) | 18:06 | +2:38 (4) | 28:53 | +3:50 (7) | 31:36 | +4:05 (6) | 33:38 | +4:13 (5) |
| | | | | 1:25 | +0:13 (2) | 2:58 | +0:31 (6) | 10:47 | +3:26 (14) | 2:43 | +0:15 (4) | 2:02 | +0:08 (5) |
| | | | | 35:19 | +4:10 (5) | 36:34 | +4:10 (5) | 36:54 | +4:13 (5) | | | | |
| | | | | 1:41 | +0:02 (2) | 1:15 | +0:10 (3) | 0:20 | +0:07 (31) | | | | |
| 6 | 462 | Pérez Díaz Jona Asturias LA BR | 37:40 | 2:13 | +0:37 (11) | 6:29 | +1:00 (5) | 10:02 | +1:24 (4) | 12:06 | +1:47 (5) | 13:06 | +1:17 (3) |
| | | | | 2:13 | +0:37 (11) | 4:16 | +0:54 (4) | 3:33 | +0:24 (5) | 2:04 | +0:23 (12) | 1:00 | +0:04 (3) |
| | | | | 14:43 | +1:42 (3) | 17:46 | +2:18 (3) | 28:10 | +3:07 (4) | 31:33 | +4:02 (5) | 34:04 | +4:39 (6) |
| | | | | 1:37 | +0:25 (3) | 3:03 | +0:36 (7) | 10:24 | +3:03 (11) | 3:23 | +0:55 (9) | 2:31 | +0:37 (16) |
| | | | | 36:06 | +4:57 (6) | 37:26 | +5:02 (6) | 37:40 | +4:59 (6) | | | | |
| | | | | 2:02 | +0:23 (9) | 1:20 | +0:15 (10) | 0:14 | +0:01 (5) | | | | |
| 7 | 775 | Martínez Cánov Murcia TOTANA | 38:31 | 1:58 | +0:22 (4) | 6:09 | +0:40 (3) | 10:06 | +1:28 (5) | 12:01 | +1:42 (4) | 13:54 | +2:05 (8) |
| | | | | 1:58 | +0:22 (4) | 4:11 | +0:49 (3) | 3:57 | +0:48 (10) | 1:55 | +0:14 (5) | 1:53 | +0:57 (23) |
| | | | | 15:47 | +2:46 (7) | 18:40 | +3:12 (7) | 28:42 | +3:39 (6) | 32:06 | +4:35 (7) | 34:39 | +5:14 (7) |
| | | | | 1:53 | +0:41 (12) | 2:53 | +0:26 (3) | 10:02 | +2:41 (10) | 3:24 | +0:56 (10) | 2:33 | +0:39 (19) |
| | | | | 36:48 | +5:39 (7) | 38:11 | +5:47 (7) | 38:31 | +5:50 (7) | | | | |
| | | | | 2:09 | +0:30 (13) | 1:23 | +0:18 (17) | 0:20 | +0:07 (35) | | | | |
| 8 | 832 | Aranda Escrich Valencia VERD3 | 39:15 | 2:10 | +0:34 (9) | 7:53 | +2:24 (16) | 12:16 | +3:38 (12) | 14:17 | +3:58 (12) | 15:28 | +3:39 (10) |
| | | | | 2:10 | +0:34 (9) | 5:43 | +2:21 (21) | 4:23 | +1:14 (16) | 2:01 | +0:20 (8) | 1:11 | +0:15 (6) |
| | | | | 17:37 | +4:36 (10) | 21:28 | +6:00 (10) | 30:16 | +5:13 (8) | 33:41 | +6:10 (8) | 35:42 | +6:17 (8) |
| | | | | 2:09 | +0:57 (21) | 3:51 | +1:24 (17) | 8:48 | +1:27 (3) | 3:25 | +0:57 (11) | 2:01 | +0:07 (4) |
| | | | | 37:47 | +6:38 (8) | 39:02 | +6:38 (8) | 39:15 | +6:34 (8) | | | | |
| | | | | 2:05 | +0:26 (10) | 1:15 | +0:10 (3) | 0:13 | 0:00 (1) | | | | |
| 9 | 905 | Domingos José [094] CPOC | 41:36 | 3:01 | +1:25 (27) | 8:37 | +3:08 (21) | 13:01 | +4:23 (17) | 15:09 | +4:50 (16) | 17:08 | +5:19 (16) |
| | | | | 3:01 | +1:25 (27) | 5:36 | +2:14 (19) | 4:24 | +1:15 (17) | 2:08 | +0:27 (13) | 1:59 | +1:03 (25) |
| | | | | 18:51 | +5:50 (16) | 21:46 | +6:18 (12) | 31:46 | +6:43 (9) | 35:16 | +7:45 (9) | 37:37 | +8:12 (9) |
| | | | | 1:43 | +0:31 (6) | 2:55 | +0:28 (4) | 10:00 | +2:39 (9) | 3:30 | +1:02 (13) | 2:21 | +0:27 (9) |
| | | | | 39:51 | +8:42 (9) | 41:18 | +8:54 (9) | 41:36 | +8:55 (9) | | | | |
| | | | | 2:14 | +0:35 (16) | 1:27 | +0:22 (22) | 0:18 | +0:05 (22) | | | | |
| 10 | 893 | Lima Rafael [070] COC-P | 41:46 | 1:49 | +0:13 (3) | 6:53 | +1:24 (10) | 10:19 | +1:41 (6) | 12:20 | +2:01 (6) | 13:16 | +1:27 (4) |
| | | | | 1:49 | +0:13 (3) | 5:04 | +1:42 (14) | 3:26 | +0:17 (2) | 2:01 | +0:20 (8) | 0:56 | 0:00 (1) |
| | | | | 16:28 | +3:27 (8) | 20:47 | +5:19 (8) | 32:04 | +7:01 (10) | 35:48 | +8:17 (10) | 38:01 | +8:36 (10) |
| | | | | 3:12 | +2:00 (34) | 4:19 | +1:52 (23) | 11:17 | +3:56 (16) | 3:44 | +1:16 (17) | 2:13 | +0:19 (7) |
| | | | | 40:08 | +8:59 (10) | 41:30 | +9:06 (10) | 41:46 | +9:05 (10) | | | | |
| | | | | 2:07 | +0:28 (12) | 1:22 | +0:17 (14) | 0:16 | +0:03 (10) | | | | |
| 11 | 605 | Márquez Iniest Toledo NAVALC | 42:34 | 2:07 | +0:31 (5) | 6:42 | +1:13 (6) | 10:45 | +2:07 (9) | 13:25 | +3:06 (9) | 18:14 | +6:25 (19) |
| | | | | 2:07 | +0:31 (5) | 4:35 | +1:13 (6) | 4:03 | +0:54 (11) | 2:40 | +0:59 (29) | 4:49 | +3:53 (36) |
| | | | | 20:15 | +7:14 (18) | 24:25 | +8:57 (18) | 32:45 | +7:42 (11) | 36:32 | +9:01 (11) | 39:02 | +9:37 (11) |
| | | | | 2:01 | +0:49 (19) | 4:10 | +1:43 (20) | 8:20 | +0:59 (2) | 3:47 | +1:19 (19) | 2:30 | +0:36 (15) |
| | | | | 41:08 | +9:59 (12) | 42:19 | +9:55 (11) | 42:34 | +9:53 (11) | | | | |
| | | | | 2:06 | +0:27 (11) | 1:11 | +0:06 (2) | 0:15 | +0:01 (6) | | | | |
| 12 | 404 | Rubio Carrasco Zaragoza IBÓN | 42:41 | 3:21 | +1:45 (33) | 9:40 | +4:11 (26) | 13:48 | +5:10 (20) | 15:43 | +5:24 (18) | 17:20 | +5:31 (18) |
| | | | | 3:21 | +1:45 (33) | 6:19 | +2:57 (24) | 4:08 | +0:59 (13) | 1:55 | +0:14 (5) | 1:37 | +0:41 (19) |
| | | | | 19:17 | +6:16 (17) | 22:47 | +7:19 (17) | 33:43 | +8:40 (12) | 36:35 | +9:04 (12) | 39:16 | +9:51 (12) |
| | | | | 1:57 | +0:45 (15) | 3:30 | +1:03 (9) | 10:56 | +3:35 (15) | 2:52 | +0:24 (5) | 2:41 | +0:47 (25) |
| | | | | 41:04 | +9:55 (11) | 42:23 | +9:59 (12) | 42:41 | +10:00 (12) | | | | |
| | | | | 1:48 | +0:09 (5) | 1:19 | +0:14 (8) | 0:18 | +0:05 (24) | | | | |
| 13 | 787 | Serrat Grané Ju Barcelona UEVI | 44:12 | 2:08 | +0:32 (6) | 8:03 | +2:34 (19) | 13:30 | +4:52 (18) | 16:00 | +5:41 (19) | 17:15 | +5:26 (17) |
| | | | | 2:08 | +0:32 (6) | 5:55 | +2:33 (22) | 5:27 | +2:18 (29) | 2:30 | +0:49 (20) | 1:15 | +0:19 (11) |
| | | | | 21:07 | +8:06 (21) | 24:41 | +9:13 (19) | 34:05 | +9:02 (15) | 37:30 | +9:59 (14) | 40:14 | +10:49 (15) |
| | | | | 3:52 | +2:40 (37) | 3:34 | +1:07 (11) | 9:24 | +2:03 (5) | 3:25 | +0:57 (11) | 2:44 | +0:50 (27) |
| | | | | 42:31 | +11:22 (14) | 43:55 | +11:31 (13) | 44:12 | +11:31 (13) | | | | |
| | | | | 2:17 | +0:38 (18) | 1:24 | +0:19 (20) | 0:17 | +0:04 (16) | | | | |

| s | sal | Nombre | tiempo | 3,5 km | | 130 m | | 12 C | | (cont.) | |
|-----------|------------|--|--------------|-------------------|-------------------|-------------------|-------------------|-------------------|--|---------|--|
| | | | | 1(50) | 2(54) | 3(33) | 4(37) | 5(65) | | | |
| | | | | 6(38) | 7(49) | 8(69) | 9(46) | 10(76) | | | |
| | | | | 11(74) | 12(200) | Meta | | | | | |
| 14 | 606 | Nieto Calvo Jes Toledo NAVALC | 44:17 | 2:10 +0:34 (9) | 7:10 +1:41 (11) | 11:46 +3:08 (10) | 13:55 +3:36 (10) | 15:41 +3:52 (11) | | | |
| | | | | 2:10 +0:34 (9) | 5:00 +1:38 (11) | 4:36 +1:27 (19) | 2:09 +0:28 (14) | 1:46 +0:50 (21) | | | |
| | | | | 17:47 +4:46 (11) | 21:34 +6:06 (11) | 33:44 +8:41 (13) | 37:30 +9:59 (14) | 40:04 +10:39 (14) | | | |
| | | | | 2:06 +0:54 (20) | 3:47 +1:20 (15) | 12:10 +4:49 (19) | 3:46 +1:18 (18) | 2:34 +0:40 (20) | | | |
| | | | | 42:26 +11:17 (13) | 43:57 +11:33 (14) | 44:17 +11:36 (14) | | | | | |
| | | | | 2:22 +0:43 (20) | 1:31 +0:26 (24) | 0:20 +0:06 (29) | | | | | |
| 15 | 269 | Torrejón Rubio Valladolid COV | 44:41 | 2:08 +0:32 (6) | 6:47 +1:18 (7) | 12:20 +3:42 (15) | 14:45 +4:26 (14) | 16:01 +4:12 (13) | | | |
| | | | | 2:08 +0:32 (6) | 4:39 +1:17 (8) | 5:33 +2:24 (30) | 2:25 +0:44 (18) | 1:16 +0:20 (13) | | | |
| | | | | 17:58 +4:57 (12) | 21:54 +6:26 (14) | 33:53 +8:50 (14) | 37:27 +9:56 (13) | 39:54 +10:29 (13) | | | |
| | | | | 1:57 +0:45 (15) | 3:56 +1:29 (18) | 11:59 +4:38 (18) | 3:34 +1:06 (14) | 2:27 +0:33 (14) | | | |
| | | | | 43:01 +11:52 (15) | 44:24 +12:00 (15) | 44:41 +12:00 (15) | | | | | |
| | | | | 3:07 +1:28 (31) | 1:23 +0:18 (17) | 0:17 +0:03 (15) | | | | | |
| 16 | 478 | Girona Belmont Murcia LORCA- | 46:33 | 2:15 +0:39 (12) | 7:14 +1:45 (12) | 12:18 +3:40 (14) | 14:33 +4:14 (13) | 15:53 +4:04 (12) | | | |
| | | | | 2:15 +0:39 (12) | 4:59 +1:37 (10) | 5:04 +1:55 (23) | 2:15 +0:34 (15) | 1:20 +0:24 (14) | | | |
| | | | | 18:20 +5:19 (13) | 22:37 +7:09 (15) | 35:44 +10:41 (16) | 39:22 +11:51 (16) | 42:05 +12:40 (16) | | | |
| | | | | 2:27 +1:15 (25) | 4:17 +1:50 (21) | 13:07 +5:46 (20) | 3:38 +1:10 (16) | 2:43 +0:49 (26) | | | |
| | | | | 44:28 +13:19 (16) | 46:11 +13:47 (16) | 46:33 +13:52 (16) | | | | | |
| | | | | 2:23 +0:44 (21) | 1:43 +0:38 (33) | 0:22 +0:09 (37) | | | | | |
| 17 | 16 | Pinto Franco Jo Sevilla ADOL | 48:16 | 2:22 +0:46 (14) | 7:24 +1:55 (13) | 12:17 +3:39 (13) | 14:52 +4:33 (15) | 16:13 +4:24 (14) | | | |
| | | | | 2:22 +0:46 (14) | 5:02 +1:40 (12) | 4:53 +1:44 (22) | 2:35 +0:54 (27) | 1:21 +0:25 (16) | | | |
| | | | | 18:45 +5:44 (15) | 22:45 +7:17 (16) | 36:13 +11:10 (17) | 40:09 +12:38 (17) | 42:48 +13:23 (17) | | | |
| | | | | 2:32 +1:20 (26) | 4:00 +1:33 (19) | 13:28 +6:07 (21) | 3:56 +1:28 (23) | 2:39 +0:45 (23) | | | |
| | | | | 46:34 +15:25 (17) | 47:59 +15:35 (17) | 48:16 +15:35 (17) | | | | | |
| | | | | 3:46 +2:07 (35) | 1:25 +0:20 (21) | 0:17 +0:04 (17) | | | | | |
| 18 | 703 | Peña Gomez Ar Burgos TJALVE | 48:33 | 3:27 +1:51 (34) | 10:34 +5:05 (29) | 14:22 +5:44 (23) | 17:13 +6:54 (23) | 22:03 +10:14 (29) | | | |
| | | | | 3:27 +1:51 (34) | 7:07 +3:45 (29) | 3:48 +0:39 (7) | 2:51 +1:10 (34) | 4:50 +3:54 (37) | | | |
| | | | | 23:57 +10:56 (28) | 27:45 +12:17 (25) | 38:11 +13:08 (19) | 42:41 +15:10 (20) | 44:51 +15:26 (19) | | | |
| | | | | 1:54 +0:42 (13) | 3:48 +1:21 (16) | 10:26 +3:05 (12) | 4:30 +2:02 (30) | 2:10 +0:16 (6) | | | |
| | | | | 47:04 +15:55 (19) | 48:19 +15:55 (19) | 48:33 +15:52 (18) | | | | | |
| | | | | 2:13 +0:34 (15) | 1:15 +0:10 (3) | 0:14 +0:01 (4) | | | | | |
| 19 | 32 | Garnacho Gonz Madrid ALABAR | 48:35 | 2:23 +0:47 (15) | 8:52 +3:23 (22) | 14:10 +5:32 (21) | 16:40 +6:21 (20) | 19:10 +7:21 (21) | | | |
| | | | | 2:23 +0:47 (15) | 6:29 +3:07 (25) | 5:18 +2:09 (28) | 2:30 +0:49 (20) | 2:30 +1:34 (30) | | | |
| | | | | 21:23 +8:22 (22) | 28:42 +13:14 (28) | 38:41 +13:38 (20) | 42:28 +14:57 (19) | 44:54 +15:29 (20) | | | |
| | | | | 2:13 +1:01 (23) | 7:19 +4:52 (37) | 9:59 +2:38 (8) | 3:47 +1:19 (19) | 2:26 +0:32 (13) | | | |
| | | | | 46:55 +15:46 (18) | 48:17 +15:53 (18) | 48:35 +15:54 (19) | | | | | |
| | | | | 2:01 +0:22 (8) | 1:22 +0:17 (14) | 0:18 +0:05 (26) | | | | | |
| 20 | 512 | Green Jeremy Madrid MALAR | 49:33 | 2:28 +0:52 (19) | 11:27 +5:58 (33) | 15:16 +6:38 (27) | 17:18 +6:59 (24) | 18:29 +6:40 (20) | | | |
| | | | | 2:28 +0:52 (19) | 8:59 +5:37 (36) | 3:49 +0:40 (9) | 2:02 +0:21 (11) | 1:11 +0:15 (6) | | | |
| | | | | 21:02 +8:01 (19) | 26:00 +10:32 (22) | 37:39 +12:36 (18) | 40:45 +13:14 (18) | 44:31 +15:06 (18) | | | |
| | | | | 2:33 +1:21 (27) | 4:58 +2:31 (31) | 11:39 +4:18 (17) | 3:06 +0:38 (8) | 3:46 +1:52 (39) | | | |
| | | | | 48:00 +16:51 (20) | 49:20 +16:56 (20) | 49:33 +16:52 (20) | | | | | |
| | | | | 3:29 +1:50 (34) | 1:20 +0:15 (10) | 0:13 +0:00 (2) | | | | | |
| 21 | 573 | Sánchez Amor Murcia MURCIA- | 50:15 | 2:23 +0:47 (15) | 7:39 +2:10 (15) | 12:56 +4:18 (16) | 15:26 +5:07 (17) | 16:41 +4:52 (15) | | | |
| | | | | 2:23 +0:47 (15) | 5:16 +1:54 (15) | 5:17 +2:08 (27) | 2:30 +0:49 (20) | 1:15 +0:19 (11) | | | |
| | | | | 18:26 +5:25 (14) | 21:51 +6:23 (13) | 39:49 +14:46 (21) | 43:37 +16:06 (21) | 46:13 +16:48 (21) | | | |
| | | | | 1:45 +0:33 (7) | 3:25 +0:58 (8) | 17:58 +10:37 (30) | 3:48 +1:20 (21) | 2:36 +0:42 (22) | | | |
| | | | | 48:27 +17:18 (21) | 49:57 +17:33 (21) | 50:15 +17:34 (21) | | | | | |
| | | | | 2:14 +0:35 (16) | 1:30 +0:25 (23) | 0:18 +0:05 (23) | | | | | |
| 22 | 197 | Fernández Cas Madrid COLMEN | 51:12 | 3:01 +1:25 (27) | 11:49 +6:20 (36) | 16:02 +7:24 (28) | 19:16 +8:57 (32) | 20:28 +8:39 (25) | | | |
| | | | | 3:01 +1:25 (27) | 8:48 +5:26 (34) | 4:13 +1:04 (14) | 3:14 +1:33 (36) | 1:12 +0:16 (8) | | | |
| | | | | 22:50 +9:49 (26) | 28:39 +13:11 (27) | 42:18 +17:15 (22) | 45:19 +17:48 (22) | 47:39 +18:14 (22) | | | |
| | | | | 2:22 +1:10 (24) | 5:49 +3:22 (33) | 13:39 +6:18 (22) | 3:01 +0:33 (7) | 2:20 +0:26 (8) | | | |
| | | | | 49:35 +18:26 (22) | 50:57 +18:33 (22) | 51:12 +18:31 (22) | | | | | |
| | | | | 1:56 +0:17 (7) | 1:22 +0:17 (14) | 0:15 +0:02 (7) | | | | | |
| 23 | 854 | Casas González Zamora ZAMOR | 52:56 | 2:27 +0:51 (18) | 7:30 +2:01 (14) | 11:59 +3:21 (11) | 13:57 +3:38 (11) | 15:03 +3:14 (9) | | | |
| | | | | 2:27 +0:51 (18) | 5:03 +1:41 (13) | 4:29 +1:20 (18) | 1:58 +0:17 (7) | 1:06 +0:10 (4) | | | |
| | | | | 17:13 +4:12 (9) | 20:47 +5:19 (8) | 43:00 +17:57 (25) | 46:36 +19:05 (23) | 49:07 +19:42 (23) | | | |
| | | | | 2:10 +0:58 (22) | 3:34 +1:07 (11) | 22:13 +14:52 (35) | 3:36 +1:08 (15) | 2:31 +0:37 (16) | | | |
| | | | | 51:16 +20:07 (23) | 52:39 +20:15 (23) | 52:56 +20:15 (23) | | | | | |
| | | | | 2:09 +0:30 (13) | 1:23 +0:18 (17) | 0:17 +0:03 (13) | | | | | |

| s | sal | Nombre | tiempo | 3,5 km | | 130 m | | 12 C | | (cont.) | |
|-----------|------------|---|----------------|---------------------|---------------------|---------------------|-------------------|-------------------|--|---------|--|
| | | | | 1(50) | 2(54) | 3(33) | 4(37) | 5(65) | | | |
| | | | | 6(38) | 7(49) | 8(69) | 9(46) | 10(76) | | | |
| | | | | 11(74) | 12(200) | Meta | | | | | |
| 24 | 818 | García Calado A Valencia VALEN | 54:28 | 2:50 +1:14 (26) | 11:46 +6:17 (35) | 18:05 +9:27 (34) | 20:49 +10:30 (35) | 22:35 +10:46 (33) | | | |
| | | | | 2:50 +1:14 (26) | 8:56 +5:34 (35) | 6:19 +3:10 (35) | 2:44 +1:03 (31) | 1:46 +0:50 (21) | | | |
| | | | | 26:28 +13:27 (34) | 32:52 +17:24 (34) | 42:37 +17:34 (23) | 47:01 +19:30 (24) | 49:56 +20:31 (24) | | | |
| | | | | 3:53 +2:41 (38) | 6:24 +3:57 (36) | 9:45 +2:24 (7) | 4:24 +1:56 (28) | 2:55 +1:01 (30) | | | |
| | | | | 52:28 +21:19 (24) | 54:09 +21:45 (24) | 54:28 +21:47 (24) | | | | | |
| | | | | 2:32 +0:53 (23) | 1:41 +0:36 (28) | 0:19 +0:06 (27) | | | | | |
| 25 | 786 | Arumí Casadev Barcelona UEVI | 55:07 | 2:30 +0:54 (20) | 9:21 +3:52 (24) | 14:32 +5:54 (24) | 17:10 +6:51 (22) | 19:56 +8:07 (23) | | | |
| | | | | 2:30 +0:54 (20) | 6:51 +3:29 (26) | 5:11 +2:02 (26) | 2:38 +0:57 (28) | 2:46 +1:50 (32) | | | |
| | | | | 22:36 +9:35 (24) | 27:00 +11:32 (23) | 42:49 +17:46 (24) | 47:15 +19:44 (25) | 50:19 +20:54 (25) | | | |
| | | | | 2:40 +1:28 (30) | 4:24 +1:57 (26) | 15:49 +8:28 (26) | 4:26 +1:58 (29) | 3:04 +1:10 (33) | | | |
| | | | | 52:56 +21:47 (25) | 54:50 +22:26 (25) | 55:07 +22:26 (25) | | | | | |
| | | | | 2:37 +0:58 (24) | 1:54 +0:49 (39) | 0:17 +0:04 (20) | | | | | |
| 26 | 916 | Oliveira Cidálio [052] GD4C | 55:33 | 3:14 +1:38 (29) | 9:11 +3:42 (23) | 16:43 +8:05 (33) | 19:14 +8:55 (31) | 21:39 +9:50 (28) | | | |
| | | | | 3:14 +1:38 (29) | 5:57 +2:35 (23) | 7:32 +4:23 (39) | 2:31 +0:50 (23) | 2:25 +1:29 (29) | | | |
| | | | | 25:00 +11:59 (31) | 29:40 +14:12 (29) | 43:26 +18:23 (27) | 48:24 +20:53 (27) | 51:23 +21:58 (26) | | | |
| | | | | 3:21 +2:09 (35) | 4:40 +2:13 (29) | 13:46 +6:25 (23) | 4:58 +2:30 (34) | 2:59 +1:05 (32) | | | |
| | | | | 53:42 +22:33 (26) | 55:17 +22:53 (26) | 55:33 +22:52 (26) | | | | | |
| | | | | 2:19 +0:40 (19) | 1:35 +0:30 (26) | 0:16 +0:02 (9) | | | | | |
| 27 | 57 | Domínguez Por Pontevedra AR | 1:00:04 | 2:25 +0:49 (17) | 11:45 +6:16 (34) | 16:06 +7:28 (30) | 18:52 +8:33 (29) | 20:12 +8:23 (24) | | | |
| | | | | 2:25 +0:49 (17) | 9:20 +5:58 (37) | 4:21 +1:12 (15) | 2:46 +1:05 (33) | 1:20 +0:24 (14) | | | |
| | | | | 22:48 +9:47 (25) | 27:10 +11:42 (24) | 49:19 +24:16 (33) | 53:07 +25:36 (31) | 55:30 +26:05 (29) | | | |
| | | | | 2:36 +1:24 (28) | 4:22 +1:55 (25) | 22:09 +14:48 (34) | 3:48 +1:20 (21) | 2:23 +0:29 (10) | | | |
| | | | | 57:59 +26:50 (27) | 59:44 +27:20 (27) | 1:00:04 +27:23 (27) | | | | | |
| | | | | 2:29 +0:50 (22) | 1:45 +0:40 (37) | 0:20 +0:07 (33) | | | | | |
| 28 | 878 | Real Manuel [159] COAAL | 1:00:05 | 3:14 +1:38 (29) | 8:30 +3:01 (20) | 13:37 +4:59 (19) | 19:01 +8:42 (30) | 21:17 +9:28 (27) | | | |
| | | | | 3:14 +1:38 (29) | 5:16 +1:54 (15) | 5:07 +1:58 (25) | 5:24 +3:43 (39) | 2:16 +1:20 (26) | | | |
| | | | | 23:53 +10:52 (27) | 28:12 +12:44 (26) | 46:29 +21:26 (28) | 52:42 +25:11 (29) | 55:36 +26:11 (30) | | | |
| | | | | 2:36 +1:24 (28) | 4:19 +1:52 (23) | 18:17 +10:56 (31) | 6:13 +3:45 (38) | 2:54 +1:00 (29) | | | |
| | | | | 58:28 +27:19 (28) | 59:48 +27:24 (28) | 1:00:05 +27:24 (28) | | | | | |
| | | | | 2:52 +1:13 (28) | 1:20 +0:15 (10) | 0:17 +0:03 (12) | | | | | |
| 29 | 496 | Delgado Contre Córdoba LOS C | 1:01:06 | 3:19 +1:43 (31) | 10:23 +4:54 (28) | 16:20 +7:42 (31) | 19:55 +9:36 (33) | 22:14 +10:25 (30) | | | |
| | | | | 3:19 +1:43 (31) | 7:04 +3:42 (27) | 5:57 +2:48 (33) | 3:35 +1:54 (38) | 2:19 +1:23 (27) | | | |
| | | | | 24:14 +11:13 (30) | 32:13 +16:45 (33) | 48:12 +23:09 (31) | 52:44 +25:13 (30) | 56:20 +26:55 (32) | | | |
| | | | | 2:00 +0:48 (17) | 7:59 +5:32 (38) | 15:59 +8:38 (27) | 4:32 +2:04 (31) | 3:36 +1:42 (37) | | | |
| | | | | 59:05 +27:56 (29) | 1:00:46 +28:22 (29) | 1:01:06 +28:25 (29) | | | | | |
| | | | | 2:45 +1:06 (25) | 1:41 +0:36 (28) | 0:20 +0:07 (34) | | | | | |
| 30 | 330 | Cejudo Baldera Madrid GOCAN | 1:01:41 | 2:39 +1:03 (23) | 8:02 +2:33 (18) | 18:18 +9:40 (35) | 20:34 +10:15 (34) | 22:17 +10:28 (31) | | | |
| | | | | 2:39 +1:03 (23) | 5:23 +2:01 (17) | 10:16 +7:07 (40) | 2:16 +0:35 (16) | 1:43 +0:47 (20) | | | |
| | | | | 24:07 +11:06 (29) | 29:53 +14:25 (30) | 48:44 +23:41 (32) | 53:34 +26:03 (32) | 56:08 +26:43 (31) | | | |
| | | | | 1:50 +0:38 (9) | 5:46 +3:19 (32) | 18:51 +11:30 (32) | 4:50 +2:22 (32) | 2:34 +0:40 (20) | | | |
| | | | | 1:00:01 +28:52 (32) | 1:01:20 +28:56 (30) | 1:01:41 +29:00 (30) | | | | | |
| | | | | 3:53 +2:14 (36) | 1:19 +0:14 (8) | 0:21 +0:08 (36) | | | | | |
| 31 | 394 | Jiménez García Girona GO-XTRE | 1:01:58 | 3:42 +2:06 (35) | 9:21 +3:52 (24) | 14:58 +6:20 (25) | 17:42 +7:23 (26) | 19:12 +7:23 (22) | | | |
| | | | | 3:42 +2:06 (35) | 5:39 +2:17 (20) | 5:37 +2:28 (31) | 2:44 +1:03 (31) | 1:30 +0:34 (17) | | | |
| | | | | 21:04 +8:03 (20) | 25:39 +10:11 (20) | 43:14 +18:11 (26) | 47:29 +19:58 (26) | 51:40 +22:15 (27) | | | |
| | | | | 1:52 +0:40 (11) | 4:35 +2:08 (28) | 17:35 +10:14 (29) | 4:15 +1:47 (27) | 4:11 +2:17 (40) | | | |
| | | | | 59:39 +28:30 (30) | 1:01:33 +29:09 (31) | 1:01:58 +29:17 (31) | | | | | |
| | | | | 7:59 +6:20 (40) | 1:54 +0:49 (39) | 0:25 +0:12 (39) | | | | | |
| 32 | 479 | Martínez Moral Murcia LORCA- | 1:02:03 | 2:37 +1:01 (22) | 8:01 +2:32 (17) | 14:59 +6:21 (26) | 17:33 +7:14 (25) | 24:29 +12:40 (35) | | | |
| | | | | 2:37 +1:01 (22) | 5:24 +2:02 (18) | 6:58 +3:49 (36) | 2:34 +0:53 (25) | 6:56 +6:00 (39) | | | |
| | | | | 26:25 +13:24 (33) | 30:04 +14:36 (31) | 46:46 +21:43 (29) | 50:45 +23:14 (28) | 54:14 +24:49 (28) | | | |
| | | | | 1:56 +0:44 (14) | 3:39 +1:12 (14) | 16:42 +9:21 (28) | 3:59 +1:31 (24) | 3:29 +1:35 (36) | | | |
| | | | | 1:00:00 +28:51 (31) | 1:01:43 +29:19 (32) | 1:02:03 +29:22 (32) | | | | | |
| | | | | 5:46 +4:07 (39) | 1:43 +0:38 (33) | 0:20 +0:07 (32) | | | | | |
| 33 | 915 | César Alberto [052] GD4C | 1:02:07 | 4:18 +2:42 (38) | 11:23 +5:54 (32) | 18:34 +9:56 (36) | 22:03 +11:44 (36) | 24:01 +12:12 (34) | | | |
| | | | | 4:18 +2:42 (38) | 7:05 +3:43 (28) | 7:11 +4:02 (37) | 3:29 +1:48 (37) | 1:58 +1:02 (24) | | | |
| | | | | 27:07 +14:06 (35) | 33:09 +17:41 (35) | 47:45 +22:42 (30) | 53:51 +26:20 (33) | 56:56 +27:31 (33) | | | |
| | | | | 3:06 +1:54 (33) | 6:02 +3:35 (34) | 14:36 +7:15 (24) | 6:06 +3:38 (37) | 3:05 +1:11 (34) | | | |
| | | | | 1:00:08 +28:59 (33) | 1:01:49 +29:25 (33) | 1:02:07 +29:26 (33) | | | | | |
| | | | | 3:12 +1:33 (32) | 1:41 +0:36 (28) | 0:18 +0:04 (21) | | | | | |

| s | sal | Nombre | tiempo | 3,5 km | | 130 m | | 12 C | | (cont.) | |
|------------|-----------------------|-------------------------|-----------------|---------------------|---------------------|---------------------|---------------------|---------------------|--|---------|--|
| | | | | 1(50) | 2(54) | 3(33) | 4(37) | 5(65) | | | |
| | | | | 6(38) | 7(49) | 8(69) | 9(46) | 10(76) | | | |
| | | | | 11(74) | 12(200) | Meta | | | | | |
| 34 | 198 | Vijande Gonzál | 1:06:48 | 3:58 +2:22 (36) | 11:21 +5:52 (31) | 16:04 +7:26 (29) | 18:35 +8:16 (27) | 30:04 +18:15 (37) | | | |
| | | Madrid COLMEN | | 3:58 +2:22 (36) | 7:23 +4:01 (30) | 4:43 +1:34 (21) | 2:31 +0:50 (23) | 11:29 +10:33 (40) | | | |
| | | | | 35:10 +22:09 (38) | 39:36 +24:08 (38) | 55:15 +30:12 (35) | 59:14 +31:43 (35) | 1:02:06 +32:41 (35) | | | |
| | | | | 5:06 +3:54 (40) | 4:26 +1:59 (27) | 15:39 +8:18 (25) | 3:59 +1:31 (24) | 2:52 +0:58 (28) | | | |
| | | | | 1:04:52 +33:43 (35) | 1:06:31 +34:07 (35) | 1:06:48 +34:07 (34) | | | | | |
| | | | | 2:46 +1:07 (26) | 1:39 +0:34 (27) | 0:17 +0:03 (13) | | | | | |
| 34 | 77 | Jaén Guisado P | 1:06:48 | 2:40 +1:04 (24) | 11:19 +5:50 (30) | 16:25 +7:47 (32) | 18:50 +8:31 (28) | 22:19 +10:30 (32) | | | |
| | | Guadalajara C.O | | 2:40 +1:04 (24) | 8:39 +5:17 (33) | 5:06 +1:57 (24) | 2:25 +0:44 (18) | 3:29 +2:33 (33) | | | |
| | | | | 25:08 +12:07 (32) | 31:28 +16:00 (32) | 54:20 +29:17 (34) | 59:11 +31:40 (34) | 1:01:42 +32:17 (34) | | | |
| | | | | 2:49 +1:37 (31) | 6:20 +3:53 (35) | 22:52 +15:31 (36) | 4:51 +2:23 (33) | 2:31 +0:37 (16) | | | |
| | | | | 1:04:48 +33:39 (34) | 1:06:29 +34:05 (34) | 1:06:48 +34:07 (34) | | | | | |
| | | | | 3:06 +1:27 (30) | 1:41 +0:36 (28) | 0:19 +0:06 (28) | | | | | |
| 36 | 461 | Menéndez Men | 1:08:56 | 2:46 +1:10 (25) | 10:12 +4:43 (27) | 14:18 +5:40 (22) | 16:52 +6:33 (21) | 20:38 +8:49 (26) | | | |
| | | Asturias LA BR | | 2:46 +1:10 (25) | 7:26 +4:04 (31) | 4:06 +0:57 (12) | 2:34 +0:53 (25) | 3:46 +2:50 (34) | | | |
| | | | | 22:26 +9:25 (23) | 25:59 +10:31 (21) | 56:44 +31:41 (36) | 1:01:57 +34:26 (36) | 1:04:20 +34:55 (36) | | | |
| | | | | 1:48 +0:36 (8) | 3:33 +1:06 (10) | 30:45 +23:24 (39) | 5:13 +2:45 (36) | 2:23 +0:29 (10) | | | |
| | | | | 1:07:23 +36:14 (36) | 1:08:40 +36:16 (36) | 1:08:56 +36:15 (36) | | | | | |
| | | | | 3:03 +1:24 (29) | 1:17 +0:12 (7) | 0:16 +0:03 (11) | | | | | |
| 37 | 39 | Domínguez Berj | 1:18:46 | 4:11 +2:35 (37) | 22:45 +17:16 (40) | 28:24 +19:46 (39) | 30:44 +20:25 (38) | 31:58 +20:09 (38) | | | |
| | | León ALCON | | 4:11 +2:35 (37) | 18:34 +15:12 (41) | 5:39 +2:30 (32) | 2:20 +0:39 (17) | 1:14 +0:18 (10) | | | |
| | | | | 33:58 +20:57 (37) | 37:35 +22:07 (37) | 1:05:18 +40:15 (37) | 1:09:29 +41:58 (37) | 1:12:09 +42:44 (37) | | | |
| | | | | 2:00 +0:48 (17) | 3:37 +1:10 (13) | 27:43 +20:22 (38) | 4:11 +1:43 (26) | 2:40 +0:46 (24) | | | |
| | | | | 1:16:50 +45:41 (37) | 1:18:23 +45:59 (37) | 1:18:46 +46:05 (37) | | | | | |
| | | | | 4:41 +3:02 (38) | 1:33 +0:28 (25) | 0:23 +0:10 (38) | | | | | |
| 38 | 460 | García-Renduel | 1:28:57 | 6:45 +5:09 (40) | 14:52 +9:23 (38) | 22:03 +13:25 (38) | 33:09 +22:50 (39) | 39:33 +27:44 (39) | | | |
| | | Asturias LA BR | | 6:45 +5:09 (40) | 8:07 +4:45 (32) | 7:11 +4:02 (37) | 11:06 +9:25 (41) | 6:24 +5:28 (38) | | | |
| | | | | 44:45 +31:44 (39) | 54:21 +38:53 (39) | 1:14:09 +49:06 (38) | 1:20:27 +52:56 (38) | 1:23:36 +54:11 (38) | | | |
| | | | | 5:12 +4:00 (41) | 9:36 +7:09 (40) | 19:48 +12:27 (33) | 6:18 +3:50 (39) | 3:09 +1:15 (35) | | | |
| | | | | 1:26:58 +55:49 (38) | 1:28:39 +56:15 (38) | 1:28:57 +56:16 (38) | | | | | |
| | | | | 3:22 +1:43 (33) | 1:41 +0:36 (28) | 0:18 +0:05 (25) | | | | | |
| 39 | 748 | Sánchez Gonzál | 1:30:17 | 3:19 +1:43 (31) | 15:03 +9:34 (39) | 19:45 +11:07 (37) | 22:26 +12:07 (37) | 26:41 +14:52 (36) | | | |
| | | Toledo TOLEDO | | 3:19 +1:43 (31) | 11:44 +8:22 (39) | 4:42 +1:33 (20) | 2:41 +1:00 (30) | 4:15 +3:19 (35) | | | |
| | | | | 29:30 +16:29 (36) | 34:12 +18:44 (36) | 1:17:20 +52:17 (39) | 1:22:21 +54:50 (39) | 1:25:17 +55:52 (39) | | | |
| | | | | 2:49 +1:37 (31) | 4:42 +2:15 (30) | 43:08 +35:47 (40) | 5:01 +2:33 (35) | 2:56 +1:02 (31) | | | |
| | | | | 1:28:05 +56:56 (39) | 1:29:57 +57:33 (39) | 1:30:17 +57:36 (39) | | | | | |
| | | | | 2:48 +1:09 (27) | 1:52 +0:47 (38) | 0:20 +0:06 (30) | | | | | |
| 40 | 491 | Santos Martin F | 1:45:29 | 4:43 +3:07 (39) | 14:23 +8:54 (37) | 37:51 +29:13 (41) | 40:52 +30:33 (41) | 43:35 +31:46 (40) | | | |
| | | Madrid LOS AN | | 4:43 +3:07 (39) | 9:40 +6:18 (38) | 23:28 +20:19 (41) | 3:01 +1:20 (35) | 2:43 +1:47 (31) | | | |
| | | | | 47:05 +34:04 (40) | 56:22 +40:54 (40) | 1:22:16 +57:13 (40) | 1:35:13 :07:42 (40) | 1:38:58 :09:33 (40) | | | |
| | | | | 3:30 +2:18 (36) | 9:17 +6:50 (39) | 25:54 +18:33 (37) | 12:57 +10:29 (40) | 3:45 +1:51 (38) | | | |
| | | | | 1:43:18 :12:09 (40) | 1:45:01 :12:37 (40) | 1:45:29 :12:48 (40) | | | | | |
| | | | | 4:20 +2:41 (37) | 1:43 +0:38 (33) | 0:28 +0:15 (40) | | | | | |
| | | 15 Montado Prian | en tarj. | ----- | ----- | ----- | ----- | ----- | | | |
| | | Sevilla ADOL | | ----- | ----- | ----- | ----- | ----- | | | |
| | | | | ----- | ----- | 1:35:00 | | | | | |
| | | | | | | 1:35:00 :34:46 (42) | | | | | |
| 624 | Anechina Abell | andona | | 7:37 +6:01 (41) | 22:54 +17:25 (41) | 29:11 +20:33 (40) | 36:54 +26:35 (40) | 51:03 +39:14 (41) | | | |
| | Soria NAVALEN | | | 7:37 +6:01 (41) | 15:17 +11:55 (40) | 6:17 +3:08 (34) | 7:43 +6:02 (40) | 14:09 +13:13 (41) | | | |
| | | | | 55:28 +42:27 (41) | ----- | ----- | ----- | ----- | | | |
| | | | | 4:25 +3:13 (39) | | | | | | | |
| | | | | 1:51:51 | 1:55:02 | 1:55:45 | | | | | |
| | | | | 56:23 | 3:11 | 0:43 +0:30 (41) | | | | | |

| s | sal | Nombre | tiempo | 3,4 km | | 100 m | 15 C | (cont.) | | |
|------------------|------------|---------------------------------------|--------------|-------------------|-------------------|-------------------|-------------------|-------------------|--|--|
| | | | | 1(72) | 2(61) | 3(33) | 4(38) | 5(54) | | |
| | | | | 6(53) | 7(31) | 8(55) | 9(78) | 10(57) | | |
| | | | | 11(46) | 12(73) | 13(39) | 14(47) | 15(200) | | |
| | | | | Meta | | | | | | |
| M-45 (45) | | | | | | | | | | |
| 15 | 405 | Paricio Peribañ Zaragoza IBÓN | 45:51 | 4:48 +3:19 (43) | 8:13 +3:57 (27) | 10:26 +4:58 (28) | 14:20 +6:28 (26) | 17:57 +8:15 (23) | | |
| | | | | 4:48 +3:19 (43) | 3:25 +0:47 (7) | 2:13 +1:18 (31) | 3:54 +1:30 (24) | 3:37 +1:54 (31) | | |
| | | | | 20:33 +8:28 (22) | 23:12 +8:20 (14) | 29:24 +10:06 (14) | 31:07 +10:21 (13) | 32:58 +10:36 (11) | | |
| | | | | 2:36 +0:13 (7) | 2:39 +0:43 (8) | 6:12 +2:36 (19) | 1:43 +0:20 (7) | 1:51 +0:24 (12) | | |
| | | | | 38:32 +12:28 (13) | 40:14 +12:26 (13) | 41:08 +12:31 (13) | 43:17 +12:57 (14) | 45:29 +12:59 (15) | | |
| | | | | 5:34 +1:55 (25) | 1:42 +0:15 (9) | 0:54 +0:07 (9) | 2:09 +0:38 (24) | 2:12 +0:22 (11) | | |
| | | | | 45:51 +13:06 (15) | | | | | | |
| | | | | 0:22 +0:09 (35) | | | | | | |
| 16 | 271 | Sanz Gatón Davi Valladolid COV | 45:54 | 1:55 +0:26 (17) | 6:51 +2:35 (24) | 8:28 +3:00 (20) | 12:05 +4:13 (16) | 15:39 +5:57 (16) | | |
| | | | | 1:55 +0:26 (17) | 4:56 +2:18 (25) | 1:37 +0:42 (15) | 3:37 +1:13 (21) | 3:34 +1:51 (30) | | |
| | | | | 20:14 +8:09 (20) | 24:23 +9:31 (17) | 29:14 +9:56 (13) | 31:04 +10:18 (12) | 33:05 +10:43 (12) | | |
| | | | | 4:35 +2:12 (31) | 4:09 +2:13 (27) | 4:51 +1:15 (5) | 1:50 +0:27 (9) | 2:01 +0:34 (20) | | |
| | | | | 38:36 +12:32 (14) | 40:28 +12:40 (15) | 41:20 +12:43 (14) | 43:28 +13:08 (16) | 45:37 +13:07 (16) | | |
| | | | | 5:31 +1:52 (24) | 1:52 +0:25 (22) | 0:52 +0:05 (7) | 2:08 +0:37 (22) | 2:09 +0:19 (6) | | |
| | | | | 45:54 +13:09 (16) | | | | | | |
| | | | | 0:17 +0:04 (14) | | | | | | |
| 17 | 424 | Rubio Domingo Madrid IMPERDI | 46:12 | 1:50 +0:21 (15) | 5:20 +1:04 (10) | 6:41 +1:13 (5) | 13:46 +5:54 (25) | 16:17 +6:35 (20) | | |
| | | | | 1:50 +0:21 (15) | 3:30 +0:52 (10) | 1:21 +0:26 (5) | 7:05 +4:41 (38) | 2:31 +0:48 (16) | | |
| | | | | 19:36 +7:31 (17) | 21:49 +6:57 (12) | 29:33 +10:15 (15) | 31:25 +10:39 (14) | 33:54 +11:32 (15) | | |
| | | | | 3:19 +0:56 (18) | 2:13 +0:17 (3) | 7:44 +4:08 (26) | 1:52 +0:29 (11) | 2:29 +1:02 (33) | | |
| | | | | 39:06 +13:02 (18) | 40:40 +12:52 (18) | 41:43 +13:06 (18) | 43:43 +13:23 (18) | 45:56 +13:26 (17) | | |
| | | | | 5:12 +1:33 (15) | 1:34 +0:07 (5) | 1:03 +0:16 (28) | 2:00 +0:29 (17) | 2:13 +0:23 (15) | | |
| | | | | 46:12 +13:27 (17) | | | | | | |
| | | | | 0:16 +0:03 (6) | | | | | | |
| 18 | 513 | Binder Gert Mic Madrid MALAR | 46:14 | 1:53 +0:24 (16) | 6:24 +2:08 (18) | 7:46 +2:18 (13) | 13:28 +5:36 (23) | 15:30 +5:48 (15) | | |
| | | | | 1:53 +0:24 (16) | 4:31 +1:53 (22) | 1:22 +0:27 (6) | 5:42 +3:18 (34) | 2:02 +0:19 (9) | | |
| | | | | 18:22 +6:17 (15) | 25:38 +10:46 (22) | 31:00 +11:42 (21) | 32:29 +11:43 (19) | 34:26 +12:04 (19) | | |
| | | | | 2:52 +0:29 (11) | 7:16 +5:20 (35) | 5:22 +1:46 (12) | 1:29 +0:06 (3) | 1:57 +0:30 (14) | | |
| | | | | 38:50 +12:46 (15) | 40:36 +12:48 (16) | 41:30 +12:53 (16) | 43:33 +13:13 (17) | 45:57 +13:27 (18) | | |
| | | | | 4:24 +0:45 (6) | 1:46 +0:19 (18) | 0:54 +0:07 (9) | 2:03 +0:32 (18) | 2:24 +0:34 (24) | | |
| | | | | 46:14 +13:29 (18) | | | | | | |
| | | | | 0:17 +0:04 (19) | | | | | | |
| 19 | 17 | Guerrero Góme Sevilla ADOL | 46:49 | 1:37 +0:08 (9) | 4:45 +0:29 (4) | 6:02 +0:34 (3) | 8:30 +0:38 (3) | 10:55 +1:13 (4) | | |
| | | | | 1:37 +0:08 (9) | 3:08 +0:30 (4) | 1:17 +0:22 (4) | 2:28 +0:04 (4) | 2:25 +0:42 (15) | | |
| | | | | 14:18 +2:13 (3) | 25:51 +10:59 (23) | 30:50 +11:32 (20) | 32:24 +11:38 (18) | 34:08 +11:46 (17) | | |
| | | | | 3:23 +1:00 (20) | 11:33 +9:37 (43) | 4:59 +1:23 (6) | 1:34 +0:11 (6) | 1:44 +0:17 (7) | | |
| | | | | 39:28 +13:24 (19) | 41:23 +13:35 (19) | 42:30 +13:53 (20) | 44:17 +13:57 (19) | 46:30 +14:00 (19) | | |
| | | | | 5:20 +1:41 (19) | 1:55 +0:28 (25) | 1:07 +0:20 (32) | 1:47 +0:16 (6) | 2:13 +0:23 (15) | | |
| | | | | 46:49 +14:04 (19) | | | | | | |
| | | | | 0:19 +0:07 (26) | | | | | | |
| 20 | 377 | López Descalzo Albacete GODIH | 46:53 | 1:36 +0:07 (8) | 5:59 +1:43 (13) | 7:50 +2:22 (16) | 11:10 +3:18 (11) | 15:43 +6:01 (17) | | |
| | | | | 1:36 +0:07 (8) | 4:23 +1:45 (18) | 1:51 +0:56 (22) | 3:20 +0:56 (14) | 4:33 +2:50 (37) | | |
| | | | | 18:09 +6:04 (14) | 24:31 +9:39 (19) | 30:37 +11:19 (18) | 33:34 +12:48 (21) | 35:32 +13:10 (21) | | |
| | | | | 2:26 +0:03 (3) | 6:22 +4:26 (31) | 6:06 +2:30 (18) | 2:57 +1:34 (32) | 1:58 +0:31 (15) | | |
| | | | | 39:45 +13:41 (20) | 41:28 +13:40 (20) | 42:17 +13:40 (19) | 44:24 +14:04 (20) | 46:36 +14:06 (20) | | |
| | | | | 4:13 +0:34 (5) | 1:43 +0:16 (13) | 0:49 +0:02 (4) | 2:07 +0:36 (21) | 2:12 +0:22 (11) | | |
| | | | | 46:53 +14:08 (20) | | | | | | |
| | | | | 0:17 +0:05 (21) | | | | | | |
| 21 | 539 | Molina Valverd Ciudad Real MA | 49:34 | 1:39 +0:10 (13) | 6:07 +1:51 (15) | 9:59 +4:31 (26) | 12:49 +4:57 (19) | 15:49 +6:07 (18) | | |
| | | | | 1:39 +0:10 (13) | 4:28 +1:50 (21) | 3:52 +2:57 (43) | 2:50 +0:26 (9) | 3:00 +1:17 (22) | | |
| | | | | 21:07 +9:02 (24) | 24:49 +9:57 (20) | 30:27 +11:09 (17) | 32:56 +12:10 (20) | 34:58 +12:36 (20) | | |
| | | | | 5:18 +2:55 (36) | 3:42 +1:46 (24) | 5:38 +2:02 (13) | 2:29 +1:06 (26) | 2:02 +0:35 (21) | | |
| | | | | 41:25 +15:21 (21) | 43:24 +15:36 (21) | 44:31 +15:54 (21) | 46:34 +16:14 (21) | 49:12 +16:42 (21) | | |
| | | | | 6:27 +2:48 (31) | 1:59 +0:32 (29) | 1:07 +0:20 (32) | 2:03 +0:32 (18) | 2:38 +0:48 (36) | | |
| | | | | 49:34 +16:49 (21) | | | | | | |
| | | | | 0:22 +0:09 (34) | | | | | | |

| s | sal | Nombre | tiempo | | | 3,4 km 100 m | | 15 C | | <i>(cont.)</i> | |
|-----------|------------|--|--------------|----------------------|-------------------|---------------------|-------------------|-------------------|--------|----------------|--|
| | | | | | | 1(72) | 2(61) | 3(33) | 4(38) | 5(54) | |
| | | | | | | 6(53) | 7(31) | 8(55) | 9(78) | 10(57) | |
| | | | | | | 11(46) | 12(73) | 13(39) | 14(47) | 15(200) | |
| | | | | | | Meta | | | | | |
| 22 | 216 | Pereira Rivero Málaga COMA | 50:07 | 2:16 +0:47 (27) | 8:37 +4:21 (28) | 10:27 +4:59 (29) | 12:54 +5:02 (20) | 16:02 +6:20 (19) | | | |
| | | | | 2:16 +0:47 (27) | 6:21 +3:43 (32) | 1:50 +0:55 (21) | 2:27 +0:03 (3) | 3:08 +1:25 (24) | | | |
| | | | | 20:12 +8:07 (18) | 25:54 +11:02 (24) | 33:28 +14:10 (26) | 35:33 +14:47 (24) | 37:33 +15:11 (23) | | | |
| | | | | 4:10 +1:47 (24) | 5:42 +3:46 (30) | 7:34 +3:58 (24) | 2:05 +0:42 (18) | 2:00 +0:33 (17) | | | |
| | | | | 42:42 +16:38 (22) | 44:35 +16:47 (22) | 45:28 +16:51 (22) | 47:16 +16:56 (22) | 49:46 +17:16 (22) | | | |
| | | | | 5:09 +1:30 (14) | 1:53 +0:26 (23) | 0:53 +0:06 (8) | 1:48 +0:17 (8) | 2:30 +0:40 (30) | | | |
| | | | | 50:07 +17:22 (22) | | | | | | | |
| | | | | 0:21 +0:08 (32) | | | | | | | |
| 23 | 297 | Liz Díaz Javier Lugo FLUVIAL L | 51:16 | 1:56 +0:27 (18) | 6:27 +2:11 (19) | 9:33 +4:05 (22) | 13:08 +5:16 (21) | 16:21 +6:39 (21) | | | |
| | | | | 1:56 +0:27 (18) | 4:31 +1:53 (22) | 3:06 +2:11 (38) | 3:35 +1:11 (20) | 3:13 +1:30 (25) | | | |
| | | | | 20:12 +8:07 (18) | 26:41 +11:49 (25) | 31:59 +12:41 (22) | 34:23 +13:37 (22) | 36:23 +14:01 (22) | | | |
| | | | | 3:51 +1:28 (23) | 6:29 +4:33 (32) | 5:18 +1:42 (10) | 2:24 +1:01 (24) | 2:00 +0:33 (17) | | | |
| | | | | 44:03 +17:59 (23) | 46:02 +18:14 (23) | 47:01 +18:24 (23) | 48:48 +18:28 (23) | 50:59 +18:29 (23) | | | |
| | | | | 7:40 +4:01 (38) | 1:59 +0:32 (29) | 0:59 +0:12 (23) | 1:47 +0:16 (6) | 2:11 +0:21 (9) | | | |
| | | | | 51:16 +18:31 (23) | | | | | | | |
| | | | | 0:17 +0:04 (17) | | | | | | | |
| 24 | 951 | Corroto Sobrin Toledo TOLEDO | 51:24 | 1:29 0:00 (1) | 5:03 +0:47 (7) | 7:00 +1:32 (7) | 10:24 +2:32 (8) | 12:13 +2:31 (6) | | | |
| | | | | 1:29 0:00 (1) | 3:34 +0:56 (12) | 1:57 +1:02 (24) | 3:24 +1:00 (17) | 1:49 +0:06 (2) | | | |
| | | | | 14:52 +2:47 (4) | 23:19 +8:27 (15) | 33:06 +13:48 (25) | 35:28 +14:42 (23) | 38:25 +16:03 (24) | | | |
| | | | | 2:39 +0:16 (8) | 8:27 +6:31 (40) | 9:47 +6:11 (39) | 2:22 +0:59 (23) | 2:57 +1:30 (37) | | | |
| | | | | 44:32 +18:28 (24) | 46:19 +18:31 (24) | 47:18 +18:41 (24) | 49:00 +18:40 (24) | 51:10 +18:40 (24) | | | |
| | | | | 6:07 +2:28 (30) | 1:47 +0:20 (19) | 0:59 +0:12 (23) | 1:42 +0:11 (3) | 2:10 +0:20 (7) | | | |
| | | | | 51:24 +18:39 (24) | | | | | | | |
| | | | | 0:14 +0:02 (2) | | | | | | | |
| 25 | 422 | Jiménez Romer Madrid IMPERDI | 54:23 | 1:56 +0:27 (18) | 6:30 +2:14 (20) | 9:44 +4:16 (23) | 15:20 +7:28 (30) | 18:00 +8:18 (25) | | | |
| | | | | 1:56 +0:27 (18) | 4:34 +1:56 (24) | 3:14 +2:19 (42) | 5:36 +3:12 (33) | 2:40 +0:57 (18) | | | |
| | | | | 21:30 +9:25 (26) | 24:29 +9:37 (18) | 32:57 +13:39 (24) | 37:09 +16:23 (25) | 39:11 +16:49 (25) | | | |
| | | | | 3:30 +1:07 (21) | 2:59 +1:03 (16) | 8:28 +4:52 (33) | 4:12 +2:49 (38) | 2:02 +0:35 (21) | | | |
| | | | | 45:58 +19:54 (25) | 48:03 +20:15 (25) | 49:00 +20:23 (25) | 51:40 +21:20 (25) | 54:05 +21:35 (25) | | | |
| | | | | 6:47 +3:08 (34) | 2:05 +0:38 (32) | 0:57 +0:10 (17) | 2:40 +1:09 (36) | 2:25 +0:35 (26) | | | |
| | | | | 54:23 +21:38 (25) | | | | | | | |
| | | | | 0:18 +0:05 (22) | | | | | | | |
| 26 | 648 | Gutiérrez Carre Madrid O-GETA | 55:30 | 1:56 +0:27 (18) | 12:56 +8:40 (42) | 15:56 +10:28 (41) | 19:05 +11:13 (38) | 21:50 +12:08 (34) | | | |
| | | | | 1:56 +0:27 (18) | 11:00 +8:22 (42) | 3:00 +2:05 (36) | 3:09 +0:45 (13) | 2:45 +1:02 (20) | | | |
| | | | | 24:33 +12:28 (30) | 26:59 +12:07 (27) | 34:02 +14:44 (27) | 40:07 +19:21 (28) | 42:07 +19:45 (28) | | | |
| | | | | 2:43 +0:20 (9) | 2:26 +0:30 (5) | 7:03 +3:27 (22) | 6:05 +4:42 (39) | 2:00 +0:33 (17) | | | |
| | | | | 47:13 +21:09 (27) | 49:09 +21:21 (26) | 50:11 +21:34 (26) | 52:40 +22:20 (26) | 55:12 +22:42 (26) | | | |
| | | | | 5:06 +1:27 (13) | 1:56 +0:29 (26) | 1:02 +0:15 (26) | 2:29 +0:58 (30) | 2:32 +0:42 (32) | | | |
| | | | | 55:30 +22:45 (26) | | | | | | | |
| | | | | 0:18 +0:06 (25) | | | | | | | |
| 27 | 235 | Muñoz Martíne Cuenca COMCU | 57:06 | 1:59 +0:30 (22) | 6:12 +1:56 (17) | 7:47 +2:19 (14) | 18:41 +10:49 (35) | 22:23 +12:41 (36) | | | |
| | | | | 1:59 +0:30 (22) | 4:13 +1:35 (15) | 1:35 +0:40 (14) | 10:54 +8:30 (42) | 3:42 +1:59 (32) | | | |
| | | | | 28:02 +15:57 (36) | 30:43 +15:51 (32) | 35:43 +16:25 (28) | 38:01 +17:15 (26) | 41:24 +19:02 (26) | | | |
| | | | | 5:39 +3:16 (39) | 2:41 +0:45 (9) | 5:00 +1:24 (7) | 2:18 +0:55 (22) | 3:23 +1:56 (41) | | | |
| | | | | 47:04 +21:00 (26) | 49:16 +21:28 (27) | 50:34 +21:57 (27) | 53:29 +23:09 (27) | 56:45 +24:15 (27) | | | |
| | | | | 5:40 +2:01 (28) | 2:12 +0:45 (37) | 1:18 +0:31 (37) | 2:55 +1:24 (39) | 3:16 +1:26 (40) | | | |
| | | | | 57:06 +24:21 (27) | | | | | | | |
| | | | | 0:21 +0:08 (29) | | | | | | | |
| 28 | 819 | Tamarit Villarro Valencia VALEN | 57:15 | 2:28 +0:59 (32) | 6:44 +2:28 (23) | 8:55 +3:27 (21) | 13:28 +5:36 (23) | 18:32 +8:50 (27) | | | |
| | | | | 2:28 +0:59 (32) | 4:16 +1:38 (17) | 2:11 +1:16 (30) | 4:33 +2:09 (29) | 5:04 +3:21 (40) | | | |
| | | | | 23:40 +11:35 (28) | 26:49 +11:57 (26) | 32:34 +13:16 (23) | 40:13 +19:27 (29) | 42:02 +19:40 (27) | | | |
| | | | | 5:08 +2:45 (33) | 3:09 +1:13 (19) | 5:45 +2:09 (15) | 7:39 +6:16 (43) | 1:49 +0:22 (10) | | | |
| | | | | 48:38 +22:34 (28) | 50:50 +23:02 (28) | 52:27 +23:50 (29) | 54:47 +24:27 (28) | 56:59 +24:29 (28) | | | |
| | | | | 6:36 +2:57 (32) | 2:12 +0:45 (37) | 1:37 +0:50 (40) | 2:20 +0:49 (28) | 2:12 +0:22 (11) | | | |
| | | | | 57:15 +24:30 (28) | | | | | | | |
| | | | | 0:16 +0:04 (7) | | | | | | | |

| s | sal | Nombre | tiempo | 3,4 km | | 100 m | 15 C | (cont.) | |
|-----------|------------|---------------------------------------|----------------|---------------------|---------------------|---------------------|---------------------|---------------------|--|
| | | | | 1(72) | 2(61) | 3(33) | 4(38) | 5(54) | |
| | | | | 6(53) | 7(31) | 8(55) | 9(78) | 10(57) | |
| | | | | 11(46) | 12(73) | 13(39) | 14(47) | 15(200) | |
| | | | | Meta | | | | | |
| 29 | 749 | Martín Martín R Toledo TOLEDO | 57:47 | 1:37 +0:08 (9) | 10:57 +6:41 (38) | 13:06 +7:38 (38) | 16:12 +8:20 (31) | 18:03 +8:21 (26) | |
| | | | | 1:37 +0:08 (9) | 9:20 +6:42 (41) | 2:09 +1:14 (28) | 3:06 +0:42 (11) | 1:51 +0:08 (4) | |
| | | | | 20:29 +8:24 (21) | 28:08 +13:16 (28) | 36:06 +16:48 (30) | 42:42 +21:56 (33) | 44:51 +22:29 (32) | |
| | | | | 2:26 +0:03 (3) | 7:39 +5:43 (37) | 7:58 +4:22 (30) | 6:36 +5:13 (40) | 2:09 +0:42 (26) | |
| | | | | 50:16 +24:12 (31) | 51:54 +24:06 (30) | 53:00 +24:23 (30) | 54:48 +24:28 (29) | 57:23 +24:53 (29) | |
| | | | | 5:25 +1:46 (21) | 1:38 +0:11 (8) | 1:06 +0:19 (31) | 1:48 +0:17 (8) | 2:35 +0:45 (34) | |
| | | | | 57:47 +25:02 (29) | | | | | |
| | | | | 0:24 +0:11 (39) | | | | | |
| 30 | 610 | Sánchez Sobrín Toledo NAVALC | 57:48 | 2:50 +1:21 (35) | 9:19 +5:03 (33) | 11:07 +5:39 (31) | 15:18 +7:26 (29) | 20:11 +10:29 (32) | |
| | | | | 2:50 +1:21 (35) | 6:29 +3:51 (33) | 1:48 +0:53 (20) | 4:11 +1:47 (28) | 4:53 +3:10 (39) | |
| | | | | 24:40 +12:35 (31) | 28:30 +13:38 (29) | 38:53 +19:35 (31) | 40:46 +20:00 (30) | 44:15 +21:53 (31) | |
| | | | | 4:29 +2:06 (30) | 3:50 +1:54 (25) | 10:23 +6:47 (41) | 1:53 +0:30 (12) | 3:29 +2:02 (42) | |
| | | | | 49:30 +23:26 (29) | 51:21 +23:33 (29) | 52:18 +23:41 (28) | 54:48 +24:28 (29) | 57:25 +24:55 (30) | |
| | | | | 5:15 +1:36 (16) | 1:51 +0:24 (20) | 0:57 +0:10 (17) | 2:30 +0:59 (32) | 2:37 +0:47 (35) | |
| | | | | 57:48 +25:03 (30) | | | | | |
| | | | | 0:23 +0:10 (37) | | | | | |
| 31 | 45 | Casero Vidal O Cáceres ALTAI | 58:59 | 3:10 +1:41 (40) | 9:06 +4:50 (31) | 10:37 +5:09 (30) | 15:12 +7:20 (27) | 18:40 +8:58 (28) | |
| | | | | 3:10 +1:41 (40) | 5:56 +3:18 (31) | 1:31 +0:36 (10) | 4:35 +2:11 (30) | 3:28 +1:45 (28) | |
| | | | | 24:29 +12:24 (29) | 31:24 +16:32 (34) | 41:43 +22:25 (35) | 43:55 +23:09 (35) | 46:05 +23:43 (34) | |
| | | | | 5:49 +3:26 (41) | 6:55 +4:59 (34) | 10:19 +6:43 (40) | 2:12 +0:49 (20) | 2:10 +0:43 (27) | |
| | | | | 51:20 +25:16 (32) | 53:14 +25:26 (32) | 54:10 +25:33 (32) | 56:18 +25:58 (32) | 58:38 +26:08 (31) | |
| | | | | 5:15 +1:36 (16) | 1:54 +0:27 (24) | 0:56 +0:09 (16) | 2:08 +0:37 (22) | 2:20 +0:30 (19) | |
| | | | | 58:59 +26:14 (31) | | | | | |
| | | | | 0:21 +0:08 (30) | | | | | |
| 32 | 629 | Fernández Liria Asturias NORDE | 59:47 | 2:55 +1:26 (37) | 9:50 +5:34 (34) | 11:29 +6:01 (32) | 15:16 +7:24 (28) | 17:59 +8:17 (24) | |
| | | | | 2:55 +1:26 (37) | 6:55 +4:17 (35) | 1:39 +0:44 (16) | 3:47 +1:23 (23) | 2:43 +1:00 (19) | |
| | | | | 21:08 +9:03 (25) | 29:15 +14:23 (31) | 35:50 +16:32 (29) | 39:22 +18:36 (27) | 42:17 +19:55 (29) | |
| | | | | 3:09 +0:46 (16) | 8:07 +6:11 (39) | 6:35 +2:59 (20) | 3:32 +2:09 (35) | 2:55 +1:28 (36) | |
| | | | | 49:30 +23:26 (29) | 51:58 +24:10 (31) | 53:11 +24:34 (31) | 56:14 +25:54 (31) | 59:29 +26:59 (32) | |
| | | | | 7:13 +3:34 (36) | 2:28 +1:01 (41) | 1:13 +0:26 (36) | 3:03 +1:32 (40) | 3:15 +1:25 (38) | |
| | | | | 59:47 +27:02 (32) | | | | | |
| | | | | 0:18 +0:05 (23) | | | | | |
| 33 | 514 | Díaz Caro Angel Madrid MALAR | 1:01:00 | 2:34 +1:05 (33) | 8:07 +3:51 (26) | 9:51 +4:23 (25) | 13:21 +5:29 (22) | 19:42 +10:00 (30) | |
| | | | | 2:34 +1:05 (33) | 5:33 +2:55 (28) | 1:44 +0:49 (17) | 3:30 +1:06 (19) | 6:21 +4:38 (43) | |
| | | | | 25:23 +13:18 (32) | 28:51 +13:59 (30) | 39:49 +20:31 (32) | 41:57 +21:11 (31) | 44:00 +21:38 (30) | |
| | | | | 5:41 +3:18 (40) | 3:28 +1:32 (22) | 10:58 +7:22 (42) | 2:08 +0:45 (19) | 2:03 +0:36 (24) | |
| | | | | 51:28 +25:24 (33) | 53:27 +25:39 (33) | 54:38 +26:01 (33) | 57:17 +26:57 (33) | 1:00:38 +28:08 (33) | |
| | | | | 7:28 +3:49 (37) | 1:59 +0:32 (29) | 1:11 +0:24 (35) | 2:39 +1:08 (35) | 3:21 +1:31 (41) | |
| | | | | 1:01:00 +28:15 (33) | | | | | |
| | | | | 0:22 +0:09 (36) | | | | | |
| 34 | 252 | Fernández Liria Madrid COTA | 1:05:29 | 2:15 +0:46 (26) | 8:03 +3:47 (25) | 10:06 +4:38 (27) | 17:38 +9:46 (33) | 21:08 +11:26 (33) | |
| | | | | 2:15 +0:46 (26) | 5:48 +3:10 (30) | 2:03 +1:08 (25) | 7:32 +5:08 (40) | 3:30 +1:47 (29) | |
| | | | | 26:44 +14:39 (33) | 30:52 +16:00 (33) | 40:00 +20:42 (33) | 42:37 +21:51 (32) | 45:14 +22:52 (33) | |
| | | | | 5:36 +3:13 (38) | 4:08 +2:12 (26) | 9:08 +5:32 (37) | 2:37 +1:14 (29) | 2:37 +1:10 (34) | |
| | | | | 53:47 +27:43 (34) | 56:30 +28:42 (34) | 57:53 +29:16 (34) | 1:01:21 +31:01 (34) | 1:04:57 +32:27 (34) | |
| | | | | 8:33 +4:54 (41) | 2:43 +1:16 (43) | 1:23 +0:36 (39) | 3:28 +1:57 (43) | 3:36 +1:46 (42) | |
| | | | | 1:05:29 +32:44 (34) | | | | | |
| | | | | 0:32 +0:20 (44) | | | | | |
| 35 | 215 | Crespo Prada B Málaga COMA | 1:06:00 | 2:53 +1:24 (36) | 14:56 +10:40 (43) | 17:05 +11:37 (42) | 24:33 +16:41 (41) | 29:16 +19:34 (42) | |
| | | | | 2:53 +1:24 (36) | 12:03 +9:25 (43) | 2:09 +1:14 (28) | 7:28 +5:04 (39) | 4:43 +3:00 (38) | |
| | | | | 33:26 +21:21 (41) | 38:50 +23:58 (39) | 47:42 +28:24 (39) | 49:43 +28:57 (37) | 53:28 +31:06 (37) | |
| | | | | 4:10 +1:47 (24) | 5:24 +3:28 (29) | 8:52 +5:16 (34) | 2:01 +0:38 (17) | 3:45 +2:18 (43) | |
| | | | | 58:14 +32:10 (36) | 1:00:05 +32:17 (36) | 1:01:09 +32:32 (35) | 1:03:18 +32:58 (35) | 1:05:40 +33:10 (35) | |
| | | | | 4:46 +1:07 (11) | 1:51 +0:24 (20) | 1:04 +0:17 (29) | 2:09 +0:38 (24) | 2:22 +0:32 (21) | |
| | | | | 1:06:00 +33:15 (35) | | | | | |
| | | | | 0:20 +0:07 (27) | | | | | |

| s | sal | Nombre | tiempo | 3,4 km | | 100 m | 15 C | (cont.) | |
|-----------|------------|------------------------|----------------|---------------------|---------------------|---------------------|---------------------|---------------------|--|
| | | | | 1(72) | 2(61) | 3(33) | 4(38) | 5(54) | |
| | | | | 6(53) | 7(31) | 8(55) | 9(78) | 10(57) | |
| | | | | 11(46) | 12(73) | 13(39) | 14(47) | 15(200) | |
| | | | | Meta | | | | | |
| 36 | 234 | Mesas Martíne | 1:06:47 | 3:02 +1:33 (39) | 20:00 +15:44 (44) | 22:03 +16:35 (44) | 25:09 +17:17 (42) | 27:06 +17:24 (41) | |
| | | Cuenca COMCU | | 3:02 +1:33 (39) | 16:58 +14:20 (44) | 2:03 +1:08 (25) | 3:06 +0:42 (11) | 1:57 +0:14 (5) | |
| | | | | 29:38 +17:33 (38) | 37:13 +22:21 (37) | 45:11 +25:53 (38) | 51:48 +31:02 (39) | 53:55 +31:33 (38) | |
| | | | | 2:32 +0:09 (5) | 7:35 +5:39 (36) | 7:58 +4:22 (30) | 6:37 +5:14 (41) | 2:07 +0:40 (25) | |
| | | | | 59:20 +33:16 (38) | 1:00:52 +33:04 (37) | 1:01:59 +33:22 (37) | 1:03:52 +33:32 (36) | 1:06:25 +33:55 (36) | |
| | | | | 5:25 +1:46 (21) | 1:32 +0:05 (2) | 1:07 +0:20 (32) | 1:53 +0:22 (13) | 2:33 +0:43 (33) | |
| | | | | 1:06:47 +34:02 (36) | | | | | |
| | | | | 0:22 +0:09 (33) | | | | | |
| 37 | 118 | Pérez Carbonel | 1:07:27 | 6:50 +5:21 (45) | 11:15 +6:59 (39) | 14:18 +8:50 (40) | 21:03 +13:11 (39) | 24:22 +14:40 (38) | |
| | | Alicante CEAM I | | 6:50 +5:21 (45) | 4:25 +1:47 (19) | 3:03 +2:08 (37) | 6:45 +4:21 (37) | 3:19 +1:36 (27) | |
| | | | | 28:39 +16:34 (37) | 33:46 +18:54 (35) | 40:31 +21:13 (34) | 42:46 +22:00 (34) | 48:24 +26:02 (36) | |
| | | | | 4:17 +1:54 (28) | 5:07 +3:11 (28) | 6:45 +3:09 (21) | 2:15 +0:52 (21) | 5:38 +4:11 (44) | |
| | | | | 58:50 +32:46 (37) | 1:00:55 +33:07 (38) | 1:02:32 +33:55 (38) | 1:04:58 +34:38 (37) | 1:07:10 +34:40 (37) | |
| | | | | 10:26 +6:47 (44) | 2:05 +0:38 (32) | 1:37 +0:50 (40) | 2:26 +0:55 (29) | 2:12 +0:22 (11) | |
| | | | | 1:07:27 +34:42 (37) | | | | | |
| | | | | 0:17 +0:04 (10) | | | | | |
| 38 | 18 | Martin Valiente | 1:08:33 | 3:10 +1:41 (40) | 12:13 +7:57 (41) | 13:39 +8:11 (39) | 27:41 +19:49 (43) | 30:26 +20:44 (43) | |
| | | Sevilla ADOL | | 3:10 +1:41 (40) | 9:03 +6:25 (39) | 1:26 +0:31 (7) | 14:02 +11:38 (43) | 2:45 +1:02 (20) | |
| | | | | 34:41 +22:36 (42) | 37:16 +22:24 (38) | 45:08 +25:50 (37) | 52:42 +31:56 (40) | 55:04 +32:42 (40) | |
| | | | | 4:15 +1:52 (27) | 2:35 +0:39 (7) | 7:52 +4:16 (29) | 7:34 +6:11 (42) | 2:22 +0:55 (31) | |
| | | | | 1:00:24 +34:20 (39) | 1:02:42 +34:54 (40) | 1:03:36 +34:59 (39) | 1:05:55 +35:35 (39) | 1:08:17 +35:47 (38) | |
| | | | | 5:20 +1:41 (19) | 2:18 +0:51 (40) | 0:54 +0:07 (9) | 2:19 +0:48 (27) | 2:22 +0:32 (21) | |
| | | | | 1:08:33 +35:48 (38) | | | | | |
| | | | | 0:16 +0:03 (5) | | | | | |
| 39 | 289 | González-Cond | 1:09:01 | 5:03 +3:34 (44) | 10:28 +6:12 (36) | 12:44 +7:16 (36) | 18:02 +10:10 (34) | 22:03 +12:21 (35) | |
| | | Murcia FALCOT | | 5:03 +3:34 (44) | 5:25 +2:47 (27) | 2:16 +1:21 (32) | 5:18 +2:54 (32) | 4:01 +2:18 (33) | |
| | | | | 27:11 +15:06 (34) | 35:05 +20:13 (36) | 42:49 +23:31 (36) | 45:55 +25:09 (36) | 48:21 +25:59 (35) | |
| | | | | 5:08 +2:45 (33) | 7:54 +5:58 (38) | 7:44 +4:08 (26) | 3:06 +1:43 (33) | 2:26 +0:59 (32) | |
| | | | | 56:59 +30:55 (35) | 59:36 +31:48 (35) | 1:01:51 +33:14 (36) | 1:05:27 +35:07 (38) | 1:08:40 +36:10 (39) | |
| | | | | 8:38 +4:59 (42) | 2:37 +1:10 (42) | 2:15 +1:28 (44) | 3:36 +2:05 (44) | 3:13 +1:23 (37) | |
| | | | | 1:09:01 +36:16 (39) | | | | | |
| | | | | 0:21 +0:08 (31) | | | | | |
| 40 | 480 | Fernández Gon | 1:09:11 | 2:25 +0:56 (30) | 9:06 +4:50 (31) | 12:18 +6:50 (34) | 16:13 +8:21 (32) | 19:18 +9:36 (29) | |
| | | Murcia LORCA- | | 2:25 +0:56 (30) | 6:41 +4:03 (34) | 3:12 +2:17 (41) | 3:55 +1:31 (25) | 3:05 +1:22 (23) | |
| | | | | 31:42 +19:37 (40) | 40:15 +25:23 (41) | 48:22 +29:04 (40) | 50:58 +30:12 (38) | 54:02 +31:40 (39) | |
| | | | | 12:24 +10:01 (43) | 8:33 +6:37 (41) | 8:07 +4:31 (32) | 2:36 +1:13 (28) | 3:04 +1:37 (39) | |
| | | | | 1:00:43 +34:39 (40) | 1:02:39 +34:51 (39) | 1:03:58 +35:21 (40) | 1:06:27 +36:07 (40) | 1:08:56 +36:26 (40) | |
| | | | | 6:41 +3:02 (33) | 1:56 +0:29 (26) | 1:19 +0:32 (38) | 2:29 +0:58 (30) | 2:29 +0:39 (29) | |
| | | | | 1:09:11 +36:26 (40) | | | | | |
| | | | | 0:15 +0:02 (3) | | | | | |
| 41 | 953 | Higueras Ferná | 1:17:30 | 2:45 +1:16 (34) | 12:02 +7:46 (40) | 17:13 +11:45 (43) | 34:15 +26:23 (44) | 39:39 +29:57 (44) | |
| | | Madrid COLMEN | | 2:45 +1:16 (34) | 9:17 +6:39 (40) | 5:11 +4:16 (44) | 17:02 +14:38 (44) | 5:24 +3:41 (41) | |
| | | | | 43:21 +31:16 (43) | 46:14 +31:22 (43) | 55:33 +36:15 (42) | 58:02 +37:16 (41) | 1:00:23 +38:01 (41) | |
| | | | | 3:42 +1:19 (22) | 2:53 +0:57 (15) | 9:19 +5:43 (38) | 2:29 +1:06 (26) | 2:21 +0:54 (30) | |
| | | | | 1:07:13 +41:09 (41) | 1:09:25 +41:37 (41) | 1:11:09 +42:32 (41) | 1:13:57 +43:37 (41) | 1:17:12 +44:42 (41) | |
| | | | | 6:50 +3:11 (35) | 2:12 +0:45 (37) | 1:44 +0:57 (42) | 2:48 +1:17 (38) | 3:15 +1:25 (38) | |
| | | | | 1:17:30 +44:45 (41) | | | | | |
| | | | | 0:18 +0:06 (24) | | | | | |
| 42 | 664 | Toledo Navarro | 1:22:52 | 2:13 +0:44 (25) | 10:37 +6:21 (37) | 12:57 +7:29 (37) | 18:47 +10:55 (37) | 22:52 +13:10 (37) | |
| | | Cuenca ORIENTI | | 2:13 +0:44 (25) | 8:24 +5:46 (38) | 2:20 +1:25 (33) | 5:50 +3:26 (35) | 4:05 +2:22 (34) | |
| | | | | 27:39 +15:34 (35) | 42:51 +27:59 (42) | 56:46 +37:28 (43) | 1:00:50 +40:04 (43) | 1:03:50 +41:28 (43) | |
| | | | | 4:47 +2:24 (32) | 15:12 +13:16 (44) | 13:55 +10:19 (44) | 4:04 +2:41 (37) | 3:00 +1:33 (38) | |
| | | | | 1:11:54 +45:50 (42) | 1:14:04 +46:16 (42) | 1:15:09 +46:32 (42) | 1:18:30 +48:10 (42) | 1:22:28 +49:58 (42) | |
| | | | | 8:04 +4:25 (40) | 2:10 +0:43 (35) | 1:05 +0:18 (30) | 3:21 +1:50 (42) | 3:58 +2:08 (44) | |
| | | | | 1:22:52 +50:07 (42) | | | | | |
| | | | | 0:24 +0:11 (41) | | | | | |

| s | sal | Nombre | tiempo | | | 3,4 km 100 m | | 15 C | | (cont.) | | |
|-----------|------------|------------------------|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|---------|--|--|
| | | | | 1(72) | 2(61) | 3(33) | 4(38) | 5(54) | | | | |
| | | | | 6(53) | 7(31) | 8(55) | 9(78) | 10(57) | | | | |
| | | | | 11(46) | 12(73) | 13(39) | 14(47) | 15(200) | | | | |
| | | | | Meta | | | | | | | | |
| 43 | 778 | Aller Estévez P | 1:25:35 | 2:25 +0:56 (30) | 10:10 +5:54 (35) | 12:37 +7:09 (35) | 18:43 +10:51 (36) | 24:27 +14:45 (39) | | | | |
| | | Orense TREVIN | | 2:25 +0:56 (30) | 7:45 +5:07 (37) | 2:27 +1:32 (34) | 6:06 +3:42 (36) | 5:44 +4:01 (42) | | | | |
| | | | | 30:24 +18:19 (39) | 40:03 +25:11 (40) | 49:03 +29:45 (41) | 1:00:03 +39:17 (42) | 1:02:42 +40:20 (42) | | | | |
| | | | | 5:57 +3:34 (42) | 9:39 +7:43 (42) | 9:00 +5:24 (36) | 11:00 +9:37 (44) | 2:39 +1:12 (35) | | | | |
| | | | | 1:12:27 +46:23 (43) | 1:16:03 +48:15 (43) | 1:17:55 +49:18 (43) | 1:21:12 +50:52 (43) | 1:25:09 +52:39 (43) | | | | |
| | | | | 9:45 +6:06 (43) | 3:36 +2:09 (44) | 1:52 +1:05 (43) | 3:17 +1:46 (41) | 3:57 +2:07 (43) | | | | |
| | | | | 1:25:35 +52:50 (43) | | | | | | | | |
| | | | | 0:26 +0:13 (42) | | | | | | | | |
| 44 | 270 | Moriñigo Pérez | 1:25:54 | 3:00 +1:31 (38) | 8:38 +4:22 (29) | 11:49 +6:21 (33) | 22:01 +14:09 (40) | 26:16 +16:34 (40) | | | | |
| | | Valladolid COV | | 3:00 +1:31 (38) | 5:38 +3:00 (29) | 3:11 +2:16 (40) | 10:12 +7:48 (41) | 4:15 +2:32 (36) | | | | |
| | | | | 50:02 +37:57 (44) | 52:48 +37:56 (44) | 1:06:34 +47:16 (44) | 1:10:03 +49:17 (44) | 1:11:59 +49:37 (44) | | | | |
| | | | | 23:46 +21:23 (44) | 2:46 +0:50 (12) | 13:46 +10:10 (43) | 3:29 +2:06 (34) | 1:56 +0:29 (13) | | | | |
| | | | | 1:17:38 +51:34 (44) | 1:19:48 +52:00 (44) | 1:20:42 +52:05 (44) | 1:22:51 +52:31 (44) | 1:25:22 +52:52 (44) | | | | |
| | | | | 5:39 +2:00 (27) | 2:10 +0:43 (35) | 0:54 +0:07 (9) | 2:09 +0:38 (24) | 2:31 +0:41 (31) | | | | |
| | | | | 1:25:54 +53:09 (44) | | | | | | | | |
| | | | | 0:32 +0:19 (43) | | | | | | | | |
| | 608 | Dorado Colmen | andona | 3:36 +2:07 (42) | ----- | ----- | ----- | ----- | | | | |
| | | Toledo NAVALC | | 3:36 +2:07 (42) | ----- | ----- | ----- | ----- | | | | |
| | | | | ----- | ----- | ----- | ----- | ----- | | | | |
| | | | | ----- | ----- | ----- | ----- | ----- | | | | |
| | | | | 3,2 km 135 m | | 13 C | | | | | | |
| | | | | 1(41) | 2(35) | 3(61) | 4(54) | 5(77) | | | | |
| | | | | 6(42) | 7(43) | 8(78) | 9(67) | 10(32) | | | | |
| | | | | 11(46) | 12(75) | 13(200) | Meta | | | | | |
| 1 | 674 | Arranz Muñoz R | 42:13 | 2:33 +0:27 (10) | 5:24 +0:44 (7) | 9:12 0:00 (1) | 11:53 +0:11 (2) | 13:30 +0:04 (2) | | | | |
| | | Madrid RUMBO- | | 2:33 +0:27 (10) | 2:51 +0:39 (7) | 3:48 +0:34 (5) | 2:41 +0:22 (6) | 1:37 +0:32 (14) | | | | |
| | | | | 18:19 0:00 (1) | 24:54 +0:17 (2) | 28:11 +0:57 (2) | 31:11 0:00 (1) | 34:18 0:00 (1) | | | | |
| | | | | 4:49 +1:07 (4) | 6:35 +0:25 (6) | 3:17 +0:40 (10) | 3:00 +0:35 (14) | 3:07 +0:20 (4) | | | | |
| | | | | 35:53 0:00 (1) | 40:17 0:00 (1) | 41:54 0:00 (1) | 42:13 0:00 (1) | | | | | |
| | | | | 1:35 +0:22 (12) | 4:24 +0:32 (4) | 1:37 0:00 (1) | 0:19 +0:05 (12) | | | | | |
| 2 | 21 | Ramos Román | 43:08 | 2:59 +0:53 (27) | 6:30 +1:50 (18) | 10:13 +1:01 (7) | 12:32 +0:50 (5) | 16:28 +3:02 (10) | | | | |
| | | Sevilla ADOL | | 2:59 +0:53 (27) | 3:31 +1:19 (15) | 3:43 +0:29 (4) | 2:19 0:00 (1) | 3:56 +2:51 (30) | | | | |
| | | | | 20:10 +1:51 (4) | 26:33 +1:56 (4) | 29:27 +2:13 (4) | 31:58 +0:47 (3) | 34:51 +0:33 (2) | | | | |
| | | | | 3:42 0:00 (1) | 6:23 +0:13 (5) | 2:54 +0:17 (5) | 2:31 +0:06 (2) | 2:53 +0:06 (2) | | | | |
| | | | | 36:14 +0:21 (2) | 40:51 +0:34 (2) | 42:48 +0:54 (2) | 43:08 +0:55 (2) | | | | | |
| | | | | 1:23 +0:10 (4) | 4:37 +0:45 (8) | 1:57 +0:20 (12) | 0:20 +0:06 (20) | | | | | |
| 3 | 517 | Wirén Mikael | 43:50 | 2:44 +0:38 (18) | 5:14 +0:34 (5) | 9:24 +0:12 (3) | 12:10 +0:28 (3) | 13:33 +0:07 (3) | | | | |
| | | Madrid MALAR | | 2:44 +0:38 (18) | 2:30 +0:18 (3) | 4:10 +0:56 (7) | 2:46 +0:27 (9) | 1:23 +0:18 (5) | | | | |
| | | | | 18:33 +0:14 (3) | 25:08 +0:31 (3) | 28:56 +1:42 (3) | 31:49 +0:38 (2) | 35:44 +1:26 (3) | | | | |
| | | | | 5:00 +1:18 (6) | 6:35 +0:25 (6) | 3:48 +1:11 (19) | 2:53 +0:28 (10) | 3:55 +1:08 (13) | | | | |
| | | | | 37:13 +1:20 (3) | 41:43 +1:26 (3) | 43:31 +1:37 (3) | 43:50 +1:37 (3) | | | | | |
| | | | | 1:29 +0:16 (7) | 4:30 +0:38 (6) | 1:48 +0:11 (6) | 0:19 +0:04 (9) | | | | | |
| 4 | 217 | Ross James | 46:00 | 2:41 +0:35 (15) | 5:45 +1:05 (11) | 10:17 +1:05 (8) | 12:54 +1:12 (6) | 14:29 +1:03 (4) | | | | |
| | | Málaga COMA | | 2:41 +0:35 (15) | 3:04 +0:52 (12) | 4:32 +1:18 (11) | 2:37 +0:18 (5) | 1:35 +0:30 (13) | | | | |
| | | | | 18:19 0:00 (1) | 24:37 0:00 (1) | 27:14 0:00 (1) | 35:32 +4:21 (6) | 38:45 +4:27 (5) | | | | |
| | | | | 3:50 +0:08 (2) | 6:18 +0:08 (3) | 2:37 0:00 (1) | 8:18 +5:53 (38) | 3:13 +0:26 (7) | | | | |
| | | | | 40:04 +4:11 (5) | 43:56 +3:39 (4) | 45:42 +3:48 (4) | 46:00 +3:47 (4) | | | | | |
| | | | | 1:19 +0:06 (3) | 3:52 0:00 (1) | 1:46 +0:09 (5) | 0:18 +0:04 (8) | | | | | |
| 5 | 218 | Stangegaard Bj | 48:09 | 2:06 0:00 (1) | 5:54 +1:14 (13) | 9:12 0:00 (1) | 11:42 0:00 (1) | 18:11 +4:45 (18) | | | | |
| | | Málaga COMA | | 2:06 0:00 (1) | 3:48 +1:36 (19) | 3:18 +0:04 (2) | 2:30 +0:11 (4) | 6:29 +5:24 (34) | | | | |
| | | | | 23:28 +5:09 (14) | 29:38 +5:01 (7) | 32:32 +5:18 (6) | 35:20 +4:09 (5) | 38:32 +4:14 (4) | | | | |
| | | | | 5:17 +1:35 (9) | 6:10 0:00 (1) | 2:54 +0:17 (5) | 2:48 +0:23 (7) | 3:12 +0:25 (5) | | | | |
| | | | | 40:01 +4:08 (4) | 45:37 +5:20 (5) | 47:50 +5:56 (5) | 48:09 +5:56 (5) | | | | | |
| | | | | 1:29 +0:16 (7) | 5:36 +1:44 (19) | 2:13 +0:36 (22) | 0:19 +0:05 (14) | | | | | |

| s | sal | Nombre | tiempo | 3,2 km | | 135 m | 13 C | (cont.) | | | |
|-----------|------------|--------------------------------------|--------------|-----------------------------|-----------------------------|-------|-------------------|-----------------------------|-----------------------------|--|--|
| | | | | 1(41) | 2(35) | | 3(61) | 4(54) | 5(77) | | |
| | | | | 6(42) | 7(43) | | 8(78) | 9(67) | 10(32) | | |
| | | | | 11(46) | 12(75) | | 13(200) | Meta | | | |
| 6 | 700 | Chousa Álvarez Madrid T TRAG | 48:56 | 2:27 +0:21 (6) | 4:40 0:00 (1) | | 11:08 +1:56 (11) | 13:57 +2:15 (9) | 15:17 +1:51 (6) | | |
| | | | | 2:27 +0:21 (6) | 2:13 +0:01 (2) | | 6:28 +3:14 (25) | 2:49 +0:30 (10) | 1:20 +0:15 (3) | | |
| | | | | 21:19 +3:00 (7) | 30:47 +6:10 (11) | | 33:58 +6:44 (9) | 36:47 +5:36 (9) | 39:45 +5:27 (6) | | |
| | | | | 6:02 +2:20 (15) | 9:28 +3:18 (18) | | 3:11 +0:34 (9) | 2:49 +0:24 (8) | 2:58 +0:11 (3) | | |
| | | | | 41:18 +5:25 (6) | 46:54 +6:37 (6) | | 48:39 +6:45 (6) | 48:56 +6:43 (6) | | | |
| | | | | 1:33 +0:20 (11) | 5:36 +1:44 (19) | | 1:45 +0:08 (4) | 0:17 +0:02 (2) | | | |
| 7 | 656 | Bores Calle Nic Palencia ORCA | 49:53 | 2:38 +0:32 (13) | 5:36 +0:56 (9) | | 9:29 +0:17 (4) | 13:07 +1:25 (7) | 14:47 +1:21 (5) | | |
| | | | | 2:38 +0:32 (13) | 2:58 +0:46 (10) | | 3:53 +0:39 (6) | 3:38 +1:19 (19) | 1:40 +0:35 (17) | | |
| | | | | 21:18 +2:59 (6) | 28:30 +3:53 (5) | | 32:09 +4:55 (5) | 34:53 +3:42 (4) | 39:45 +5:27 (6) | | |
| | | | | 6:31 +2:49 (18) | 7:12 +1:02 (10) | | 3:39 +1:02 (15) | 2:44 +0:19 (6) | 4:52 +2:05 (23) | | |
| | | | | 41:44 +5:51 (7) | 46:56 +6:39 (7) | | 49:24 +7:30 (7) | 49:53 +7:40 (7) | | | |
| | | | | 1:59 +0:46 (21) | 5:12 +1:20 (15) | | 2:28 +0:51 (26) | 0:29 +0:15 (38) | | | |
| 8 | 20 | Durán Oña Juan Sevilla ADOL | 50:11 | 2:44 +0:38 (18) | 5:30 +0:50 (8) | | 11:24 +2:12 (12) | 15:03 +3:21 (13) | 16:28 +3:02 (10) | | |
| | | | | 2:44 +0:38 (18) | 2:46 +0:34 (6) | | 5:54 +2:40 (22) | 3:39 +1:20 (20) | 1:25 +0:20 (7) | | |
| | | | | 22:20 +4:01 (11) | 30:11 +5:34 (10) | | 33:39 +6:25 (7) | 36:33 +5:22 (7) | 40:48 +6:30 (8) | | |
| | | | | 5:52 +2:10 (13) | 7:51 +1:41 (13) | | 3:28 +0:51 (14) | 2:54 +0:29 (11) | 4:15 +1:28 (15) | | |
| | | | | 42:36 +6:43 (8) | 47:48 +7:31 (8) | | 49:51 +7:57 (8) | 50:11 +7:58 (8) | | | |
| | | | | 1:48 +0:35 (16) | 5:12 +1:20 (15) | | 2:03 +0:26 (15) | 0:20 +0:06 (19) | | | |
| 9 | 751 | Aznar Durrene Toledo TOLEDO | 50:21 | 2:29 +0:23 (9) | 5:05 +0:25 (4) | | 12:01 +2:49 (15) | 15:23 +3:41 (15) | 16:57 +3:31 (13) | | |
| | | | | 2:29 +0:23 (9) | 2:36 +0:24 (5) | | 6:56 +3:42 (28) | 3:22 +1:03 (17) | 1:34 +0:29 (12) | | |
| | | | | 21:56 +3:37 (8) | 29:50 +5:13 (9) | | 33:41 +6:27 (8) | 36:37 +5:26 (8) | 41:10 +6:52 (9) | | |
| | | | | 4:59 +1:17 (5) | 7:54 +1:44 (14) | | 3:51 +1:14 (20) | 2:56 +0:31 (13) | 4:33 +1:46 (21) | | |
| | | | | 43:01 +7:08 (9) | 48:07 +7:50 (9) | | 50:02 +8:08 (9) | 50:21 +8:08 (9) | | | |
| | | | | 1:51 +0:38 (18) | 5:06 +1:14 (11) | | 1:55 +0:18 (10) | 0:19 +0:05 (16) | | | |
| 10 | 776 | Barceló Otalora Murcia TOTANA | 50:40 | 2:15 +0:09 (3) | 4:49 +0:09 (2) | | 16:07 +6:55 (33) | 18:33 +6:51 (23) | 19:57 +6:31 (19) | | |
| | | | | 2:15 +0:09 (3) | 2:34 +0:22 (4) | | 11:18 +8:04 (39) | 2:26 +0:07 (3) | 1:24 +0:19 (6) | | |
| | | | | 25:02 +6:43 (17) | 32:00 +7:23 (12) | | 34:50 +7:36 (12) | 37:27 +6:16 (10) | 41:35 +7:17 (10) | | |
| | | | | 5:05 +1:23 (7) | 6:58 +0:48 (9) | | 2:50 +0:13 (4) | 2:37 +0:12 (4) | 4:08 +1:21 (14) | | |
| | | | | 43:10 +7:17 (10) | 48:20 +8:03 (10) | | 50:21 +8:27 (10) | 50:40 +8:27 (10) | | | |
| | | | | 1:35 +0:22 (12) | 5:10 +1:18 (13) | | 2:01 +0:24 (14) | 0:19 +0:05 (15) | | | |
| | | | | 23:01 | | | | | | | |
| | | | | *31 | | | | | | | |
| 11 | 498 | Sanz Balaguer Córdoba LOS C | 51:38 | 2:22 +0:16 (5) | 7:17 +2:37 (22) | | 11:54 +2:42 (14) | 14:38 +2:56 (11) | 15:59 +2:33 (8) | | |
| | | | | 2:22 +0:16 (5) | 4:55 +2:43 (28) | | 4:37 +1:23 (12) | 2:44 +0:25 (8) | 1:21 +0:16 (4) | | |
| | | | | 21:58 +3:39 (9) | 28:43 +4:06 (6) | | 34:28 +7:14 (10) | 40:13 +9:02 (15) | 43:00 +8:42 (12) | | |
| | | | | 5:59 +2:17 (14) | 6:45 +0:35 (8) | | 5:45 +3:08 (30) | 5:45 +3:20 (37) | 2:47 0:00 (1) | | |
| | | | | 44:31 +8:38 (11) | 49:41 +9:24 (12) | | 51:21 +9:27 (11) | 51:38 +9:25 (11) | | | |
| | | | | 1:31 +0:18 (9) | 5:10 +1:18 (13) | | 1:40 +0:03 (2) | 0:17 +0:03 (4) | | | |
| 12 | 131 | Alsius Dalmau Barcelona COC | 52:00 | 2:28 +0:22 (8) | 6:34 +1:54 (19) | | 12:07 +2:55 (16) | 15:06 +3:24 (14) | 16:37 +3:11 (12) | | |
| | | | | 2:28 +0:22 (8) | 4:06 +1:54 (21) | | 5:33 +2:19 (20) | 2:59 +0:40 (11) | 1:31 +0:26 (10) | | |
| | | | | 28:56 +10:37 (23) | 35:17 +10:40 (20) | | 38:17 +11:03 (19) | 40:42 +9:31 (17) | 43:54 +9:36 (14) | | |
| | | | | 12:19 +8:37 (36) | 6:21 +0:11 (4) | | 3:00 +0:23 (8) | 2:25 0:00 (1) | 3:12 +0:25 (5) | | |
| | | | | 45:07 +9:14 (13) | 49:36 +9:19 (11) | | 51:40 +9:46 (12) | 52:00 +9:47 (12) | | | |
| | | | | 1:13 0:00 (1) | 4:29 +0:37 (5) | | 2:04 +0:27 (16) | 0:20 +0:06 (21) | | | |
| 13 | 156 | Carrón De La C Badajoz CODAN | 52:46 | 2:52 +0:46 (23) | 6:13 +1:33 (15) | | 9:42 +0:30 (5) | 16:29 +4:47 (19) | 17:40 +4:14 (16) | | |
| | | | | 2:52 +0:46 (23) | 3:21 +1:09 (13) | | 3:29 +0:15 (3) | 6:47 +4:28 (35) | 1:11 +0:06 (2) | | |
| | | | | 26:58 +8:39 (19) | 34:22 +9:45 (19) | | 37:04 +9:50 (15) | 39:55 +8:44 (14) | 44:47 +10:29 (16) | | |
| | | | | 9:18 +5:36 (33) | 7:24 +1:14 (11) | | 2:42 +0:05 (3) | 2:51 +0:26 (9) | 4:52 +2:05 (23) | | |
| | | | | 46:18 +10:25 (16) | 50:41 +10:24 (13) | | 52:32 +10:38 (13) | 52:46 +10:33 (13) | | | |
| | | | | 1:31 +0:18 (9) | 4:23 +0:31 (3) | | 1:51 +0:14 (8) | 0:14 0:00 (1) | | | |
| 14 | 692 | Morcillo Laíz Jo Madrid SOTOB | 53:24 | 2:40 +0:34 (14) | 4:52 +0:12 (3) | | 11:28 +2:16 (13) | 14:48 +3:06 (12) | 16:26 +3:00 (9) | | |
| | | | | 2:40 +0:34 (14) | 2:12 0:00 (1) | | 6:36 +3:22 (26) | 3:20 +1:01 (16) | 1:38 +0:33 (15) | | |
| | | | | 22:32 +4:13 (12) | 34:12 +9:35 (18) | | 37:53 +10:39 (18) | 41:29 +10:18 (19) | 45:01 +10:43 (18) | | |
| | | | | 6:06 +2:24 (16) | 11:40 +5:30 (32) | | 3:41 +1:04 (16) | 3:36 +1:11 (23) | 3:32 +0:45 (9) | | |
| | | | | 46:26 +10:33 (17) | 51:00 +10:43 (14) | | 53:04 +11:10 (14) | 53:24 +11:11 (14) | | | |
| | | | | 1:25 +0:12 (5) | 4:34 +0:42 (7) | | 2:04 +0:27 (16) | 0:20 +0:06 (22) | | | |

| s | sal | Nombre | tiempo | 3,2 km | | 135 m | 13 C | (cont.) | | | |
|-----------|------------|--|----------------|----------------------|---------------------|----------------------|---------------------|-----------------------|--|-------|--------|
| | | | | 1(41) | | 2(35) | | 3(61) | | 4(54) | 5(77) |
| | | | | 6(42) | | 7(43) | | 8(78) | | 9(67) | 10(32) |
| | | | | 11(46) | | 12(75) | | 13(200) | | Meta | |
| 15 | 699 | Benavente Mart Madrid T TRAG | 53:32 | 2:18 +0:12 (4) | 7:36 +2:56 (24) | 13:15 +4:03 (19) | 16:24 +4:42 (18) | 17:50 +4:24 (17) | | | |
| | | | | 2:18 +0:12 (4) | 5:18 +3:06 (30) | 5:39 +2:25 (21) | 3:09 +0:50 (12) | 1:26 +0:21 (8) | | | |
| | | | | 23:24 +5:05 (13) | 33:09 +8:32 (15) | 36:36 +9:22 (14) | 39:14 +8:03 (13) | 43:41 +9:23 (13) | | | |
| | | | | 5:34 +1:52 (11) | 9:45 +3:35 (21) | 3:27 +0:50 (12) | 2:38 +0:13 (5) | 4:27 +1:40 (19) | | | |
| | | | | 45:40 +9:47 (14) | 51:09 +10:52 (15) | 53:14 +11:20 (15) | 53:32 +11:19 (15) | | | | |
| | | | | 1:59 +0:46 (21) | 5:29 +1:37 (17) | 2:05 +0:28 (18) | 0:18 +0:04 (7) | | | | |
| 16 | 497 | Rodríguez Ama Córdoba LOS C | 54:18 | 2:53 +0:47 (25) | 6:16 +1:36 (16) | 10:31 +1:19 (9) | 13:43 +2:01 (8) | 15:28 +2:02 (7) | | | |
| | | | | 2:53 +0:47 (25) | 3:23 +1:11 (14) | 4:15 +1:01 (8) | 3:12 +0:53 (13) | 1:45 +0:40 (18) | | | |
| | | | | 21:15 +2:56 (5) | 29:40 +5:03 (8) | 34:34 +7:20 (11) | 38:38 +7:27 (11) | 42:31 +8:13 (11) | | | |
| | | | | 5:47 +2:05 (12) | 8:25 +2:15 (16) | 4:54 +2:17 (27) | 4:04 +1:39 (29) | 3:53 +1:06 (12) | | | |
| | | | | 44:55 +9:02 (12) | 51:58 +11:41 (16) | 53:56 +12:02 (16) | 54:18 +12:05 (16) | | | | |
| | | | | 2:24 +1:11 (32) | 7:03 +3:11 (32) | 1:58 +0:21 (13) | 0:22 +0:07 (26) | | | | |
| 17 | 673 | Álvarez Berrue Madrid RUMBO- | 54:32 | 2:06 0:00 (1) | 5:47 +1:07 (12) | 13:48 +4:36 (22) | 16:30 +4:48 (20) | 27:39 +14:13 (34) | | | |
| | | | | 2:06 0:00 (1) | 3:41 +1:29 (16) | 8:01 +4:47 (33) | 2:42 +0:23 (7) | 11:09 +10:04 (38) | | | |
| | | | | 31:57 +13:38 (31) | 38:14 +13:37 (22) | 40:52 +13:38 (21) | 43:23 +12:12 (21) | 46:40 +12:22 (20) | | | |
| | | | | 4:18 +0:36 (3) | 6:17 +0:07 (2) | 2:38 +0:01 (2) | 2:31 +0:06 (2) | 3:17 +0:30 (8) | | | |
| | | | | 47:53 +12:00 (20) | 52:32 +12:15 (18) | 54:14 +12:20 (17) | 54:32 +12:19 (17) | | | | |
| | | | | 1:13 0:00 (1) | 4:39 +0:47 (9) | 1:42 +0:05 (3) | 0:18 +0:03 (5) | | | | |
| 18 | 940 | López Pérez Ju Málaga COMA | 55:08 | 2:33 +0:27 (10) | 5:36 +0:56 (9) | 12:40 +3:28 (18) | 15:54 +4:12 (17) | 17:32 +4:06 (15) | | | |
| | | | | 2:33 +0:27 (10) | 3:03 +0:51 (11) | 7:04 +3:50 (30) | 3:14 +0:55 (14) | 1:38 +0:33 (15) | | | |
| | | | | 24:27 +6:08 (16) | 32:50 +8:13 (14) | 36:17 +9:03 (13) | 39:11 +8:00 (12) | 44:06 +9:48 (15) | | | |
| | | | | 6:55 +3:13 (20) | 8:23 +2:13 (15) | 3:27 +0:50 (12) | 2:54 +0:29 (11) | 4:55 +2:08 (25) | | | |
| | | | | 45:47 +9:54 (15) | 52:05 +11:48 (17) | 54:46 +12:52 (18) | 55:08 +12:55 (18) | | | | |
| | | | | 1:41 +0:28 (14) | 6:18 +2:26 (24) | 2:41 +1:04 (34) | 0:22 +0:07 (26) | | | | |
| 19 | 425 | Fernández Arri Madrid IMPERDI | 55:26 | 2:33 +0:27 (10) | 6:43 +2:03 (20) | 9:57 +0:45 (6) | 12:21 +0:39 (4) | 13:26 0:00 (1) | | | |
| | | | | 2:33 +0:27 (10) | 4:10 +1:58 (24) | 3:14 0:00 (1) | 2:24 +0:05 (2) | 1:05 0:00 (1) | | | |
| | | | | 22:09 +3:50 (10) | 32:30 +7:53 (13) | 38:20 +11:06 (20) | 42:57 +11:46 (20) | 46:43 +12:25 (21) | | | |
| | | | | 8:43 +5:01 (31) | 10:21 +4:11 (24) | 5:50 +3:13 (31) | 4:37 +2:12 (33) | 3:46 +0:59 (10) | | | |
| | | | | 48:09 +12:16 (21) | 53:15 +12:58 (19) | 55:07 +13:13 (19) | 55:26 +13:13 (19) | | | | |
| | | | | 1:26 +0:13 (6) | 5:06 +1:14 (11) | 1:52 +0:15 (9) | 0:19 +0:05 (11) | | | | |
| 20 | 406 | Santabàrbara L Zaragoza IBÓN | 56:06 | 3:22 +1:16 (31) | 7:08 +2:28 (21) | 12:16 +3:04 (17) | 15:38 +3:56 (16) | 17:08 +3:42 (14) | | | |
| | | | | 3:22 +1:16 (31) | 3:46 +1:34 (17) | 5:08 +1:54 (14) | 3:22 +1:03 (17) | 1:30 +0:25 (9) | | | |
| | | | | 23:38 +5:19 (15) | 33:13 +8:36 (16) | 37:18 +10:04 (16) | 40:21 +9:10 (16) | 44:57 +10:39 (17) | | | |
| | | | | 6:30 +2:48 (17) | 9:35 +3:25 (19) | 4:05 +1:28 (23) | 3:03 +0:38 (15) | 4:36 +1:49 (22) | | | |
| | | | | 47:00 +11:07 (18) | 53:34 +13:17 (20) | 55:43 +13:49 (20) | 56:06 +13:53 (20) | | | | |
| | | | | 2:03 +0:50 (24) | 6:34 +2:42 (27) | 2:09 +0:32 (20) | 0:23 +0:09 (31) | | | | |
| 21 | 657 | Velez Unquera Palencia ORCA | 56:23 | 3:08 +1:02 (29) | 6:01 +1:21 (14) | 10:32 +1:20 (10) | 14:19 +2:37 (10) | 20:48 +7:22 (21) | | | |
| | | | | 3:08 +1:02 (29) | 2:53 +0:41 (8) | 4:31 +1:17 (10) | 3:47 +1:28 (22) | 6:29 +5:24 (34) | | | |
| | | | | 26:16 +7:57 (18) | 34:04 +9:27 (17) | 37:46 +10:32 (17) | 41:08 +9:57 (18) | 45:29 +11:11 (19) | | | |
| | | | | 5:28 +1:46 (10) | 7:48 +1:38 (12) | 3:42 +1:05 (17) | 3:22 +0:57 (18) | 4:21 +1:34 (17) | | | |
| | | | | 47:30 +11:37 (19) | 53:34 +13:17 (20) | 56:01 +14:07 (21) | 56:23 +14:10 (21) | | | | |
| | | | | 2:01 +0:48 (23) | 6:04 +2:12 (22) | 2:27 +0:50 (25) | 0:22 +0:08 (28) | | | | |
| 22 | 132 | Illa Gay Ramon Barcelona COC | 58:42 | 2:27 +0:21 (6) | 5:22 +0:42 (6) | 14:16 +5:04 (23) | 21:15 +9:33 (32) | 22:48 +9:22 (27) | | | |
| | | | | 2:27 +0:21 (6) | 2:55 +0:43 (9) | 8:54 +5:40 (34) | 6:59 +4:40 (36) | 1:33 +0:28 (11) | | | |
| | | | | 30:07 +11:48 (27) | 39:50 +15:13 (24) | 42:47 +15:33 (23) | 46:34 +15:23 (23) | 50:24 +16:06 (23) | | | |
| | | | | 7:19 +3:37 (24) | 9:43 +3:33 (20) | 2:57 +0:20 (7) | 3:47 +1:22 (26) | 3:50 +1:03 (11) | | | |
| | | | | 52:11 +16:18 (23) | 56:33 +16:16 (22) | 58:23 +16:29 (22) | 58:42 +16:29 (22) | | | | |
| | | | | 1:47 +0:34 (15) | 4:22 +0:30 (2) | 1:50 +0:13 (7) | 0:19 +0:05 (17) | | | | |
| 23 | 157 | Gago Pereira Jo Badajoz CODAN | 59:27 | 2:41 +0:35 (15) | 6:28 +1:48 (17) | 17:09 +7:57 (37) | 21:46 +10:04 (35) | 23:44 +10:18 (31) | | | |
| | | | | 2:41 +0:35 (15) | 3:47 +1:35 (18) | 10:41 +7:27 (37) | 4:37 +2:18 (26) | 1:58 +0:53 (20) | | | |
| | | | | 28:54 +10:35 (22) | 38:20 +13:43 (23) | 42:06 +14:52 (22) | 45:37 +14:26 (22) | 50:07 +15:49 (22) | | | |
| | | | | 5:10 +1:28 (8) | 9:26 +3:16 (17) | 3:46 +1:09 (18) | 3:31 +1:06 (22) | 4:30 +1:43 (20) | | | |
| | | | | 51:56 +16:03 (22) | 56:55 +16:38 (23) | 59:06 +17:12 (23) | 59:27 +17:14 (23) | | | | |
| | | | | 1:49 +0:36 (17) | 4:59 +1:07 (10) | 2:11 +0:34 (21) | 0:21 +0:07 (25) | | | | |
| 24 | 242 | Claramunt Pedr Valencia CORRE | 1:05:03 | 2:41 +0:35 (15) | 9:01 +4:21 (31) | 14:25 +5:13 (24) | 17:41 +5:59 (21) | 22:22 +8:56 (25) | | | |
| | | | | 2:41 +0:35 (15) | 6:20 +4:08 (34) | 5:24 +2:10 (17) | 3:16 +0:57 (15) | 4:41 +3:36 (32) | | | |
| | | | | 29:18 +10:59 (25) | 42:47 +18:10 (31) | 46:06 +18:52 (28) | 50:31 +19:20 (27) | 54:47 +20:29 (25) | | | |
| | | | | 6:56 +3:14 (21) | 13:29 +7:19 (36) | 3:19 +0:42 (11) | 4:25 +2:00 (31) | 4:16 +1:29 (16) | | | |
| | | | | 56:54 +21:01 (24) | 1:02:49 +22:32 (24) | 1:04:44 +22:50 (24) | 1:05:03 +22:50 (24) | | | | |
| | | | | 2:07 +0:54 (27) | 5:55 +2:03 (21) | 1:55 +0:18 (10) | 0:19 +0:05 (13) | | | | |

| s | sal | Nombre | tiempo | 3,2 km | | 135 m | | 13 C | | (cont.) | | | |
|-----------|------------|--|----------------|---------------------|---------------------|---------------------|---------------------|---------------------|--|---------|--|--|--|
| | | | | 1(41) | 2(35) | 3(61) | 4(54) | 5(77) | | | | | |
| | | | | 6(42) | 7(43) | 8(78) | 9(67) | 10(32) | | | | | |
| | | | | 11(46) | 12(75) | 13(200) | Meta | | | | | | |
| 25 | 104 | Lasso Frías Jua Valladolid CDP- | 1:08:39 | 3:17 +1:11 (30) | 8:00 +3:20 (28) | 15:21 +6:09 (30) | 21:31 +9:49 (34) | 23:25 +9:59 (29) | | | | | |
| | | | | 3:17 +1:11 (30) | 4:43 +2:31 (27) | 7:21 +4:07 (32) | 6:10 +3:51 (31) | 1:54 +0:49 (19) | | | | | |
| | | | | 31:20 +13:01 (30) | 42:10 +17:33 (28) | 46:05 +18:51 (27) | 51:39 +20:28 (30) | 57:12 +22:54 (27) | | | | | |
| | | | | 7:55 +4:13 (30) | 10:50 +4:40 (29) | 3:55 +1:18 (21) | 5:34 +3:09 (36) | 5:33 +2:46 (30) | | | | | |
| | | | | 59:19 +23:26 (27) | 1:05:42 +25:25 (25) | 1:08:15 +26:21 (25) | 1:08:39 +26:26 (25) | | | | | | |
| | | | | 2:07 +0:54 (27) | 6:23 +2:31 (25) | 2:33 +0:56 (29) | 0:24 +0:10 (34) | | | | | | |
| 26 | 655 | Alonso Toribio Palencia ORCA | 1:09:10 | 3:23 +1:17 (32) | 7:36 +2:56 (24) | 14:39 +5:27 (26) | 19:38 +7:56 (25) | 21:49 +8:23 (22) | | | | | |
| | | | | 3:23 +1:17 (32) | 4:13 +2:01 (25) | 7:03 +3:49 (29) | 4:59 +2:40 (28) | 2:11 +1:06 (23) | | | | | |
| | | | | 29:13 +10:54 (24) | 39:59 +15:22 (25) | 44:46 +17:32 (24) | 48:10 +16:59 (24) | 58:03 +23:45 (28) | | | | | |
| | | | | 7:24 +3:42 (25) | 10:46 +4:36 (28) | 4:47 +2:10 (26) | 3:24 +0:59 (19) | 9:53 +7:06 (38) | | | | | |
| | | | | 59:54 +24:01 (28) | 1:06:45 +26:28 (27) | 1:08:52 +26:58 (26) | 1:09:10 +26:57 (26) | | | | | | |
| | | | | 1:51 +0:38 (18) | 6:51 +2:59 (29) | 2:07 +0:30 (19) | 0:18 +0:04 (6) | | | | | | |
| 27 | 865 | Quinta-Nova Luí [176] ABC Ori | 1:09:16 | 3:25 +1:19 (33) | 10:47 +6:07 (38) | 16:16 +7:04 (34) | 20:36 +8:54 (29) | 23:06 +9:40 (28) | | | | | |
| | | | | 3:25 +1:19 (33) | 7:22 +5:10 (38) | 5:29 +2:15 (19) | 4:20 +2:01 (24) | 2:30 +1:25 (26) | | | | | |
| | | | | 30:55 +12:36 (29) | 40:46 +16:09 (26) | 45:29 +18:15 (26) | 49:58 +18:47 (26) | 56:33 +22:15 (26) | | | | | |
| | | | | 7:49 +4:07 (29) | 9:51 +3:41 (22) | 4:43 +2:06 (25) | 4:29 +2:04 (32) | 6:35 +3:48 (33) | | | | | |
| | | | | 58:36 +22:43 (26) | 1:06:18 +26:01 (26) | 1:08:57 +27:03 (27) | 1:09:16 +27:03 (27) | | | | | | |
| | | | | 2:03 +0:50 (24) | 7:42 +3:50 (33) | 2:39 +1:02 (32) | 0:19 +0:05 (10) | | | | | | |
| 28 | 906 | Fontoura [094] CPOC | 1:09:43 | 4:39 +2:33 (39) | 8:45 +4:05 (30) | 13:32 +4:20 (20) | 18:17 +6:35 (22) | 20:36 +7:10 (20) | | | | | |
| | | | | 4:39 +2:33 (39) | 4:06 +1:54 (21) | 4:47 +1:33 (13) | 4:45 +2:26 (27) | 2:19 +1:14 (25) | | | | | |
| | | | | 27:38 +9:19 (20) | 38:01 +13:24 (21) | 45:11 +17:57 (25) | 48:56 +17:45 (25) | 54:12 +19:54 (24) | | | | | |
| | | | | 7:02 +3:20 (22) | 10:23 +4:13 (25) | 7:10 +4:33 (35) | 3:45 +1:20 (25) | 5:16 +2:29 (28) | | | | | |
| | | | | 58:16 +22:23 (25) | 1:06:50 +26:33 (28) | 1:09:23 +27:29 (28) | 1:09:43 +27:30 (28) | | | | | | |
| | | | | 4:04 +2:51 (38) | 8:34 +4:42 (38) | 2:33 +0:56 (29) | 0:20 +0:06 (22) | | | | | | |
| 29 | 200 | Cermeño Herná Madrid COLMEN | 1:11:54 | 2:52 +0:46 (23) | 9:07 +4:27 (33) | 15:28 +6:16 (32) | 19:44 +8:02 (26) | 22:00 +8:34 (23) | | | | | |
| | | | | 2:52 +0:46 (23) | 6:15 +4:03 (32) | 6:21 +3:07 (24) | 4:16 +1:57 (23) | 2:16 +1:11 (24) | | | | | |
| | | | | 28:50 +10:31 (21) | 41:02 +16:25 (27) | 48:15 +21:01 (30) | 51:26 +20:15 (29) | 59:21 +25:03 (30) | | | | | |
| | | | | 6:50 +3:08 (19) | 12:12 +6:02 (34) | 7:13 +4:36 (36) | 3:11 +0:46 (17) | 7:55 +5:08 (36) | | | | | |
| | | | | 1:01:31 +25:38 (29) | 1:08:27 +28:10 (29) | 1:11:24 +29:30 (29) | 1:11:54 +29:41 (29) | | | | | | |
| | | | | 2:10 +0:57 (29) | 6:56 +3:04 (31) | 2:57 +1:20 (37) | 0:30 +0:16 (39) | | | | | | |
| 30 | 133 | Virgili Arumí Jo Barcelona COC | 1:13:11 | 2:56 +0:50 (26) | 9:17 +4:37 (35) | 14:33 +5:21 (25) | 20:14 +8:32 (28) | 22:14 +8:48 (24) | | | | | |
| | | | | 2:56 +0:50 (26) | 6:21 +4:09 (35) | 5:16 +2:02 (15) | 5:41 +3:22 (29) | 2:00 +0:55 (21) | | | | | |
| | | | | 29:41 +11:22 (26) | 42:16 +17:39 (29) | 47:10 +19:56 (29) | 51:22 +20:11 (28) | 59:11 +24:53 (29) | | | | | |
| | | | | 7:27 +3:45 (26) | 12:35 +6:25 (35) | 4:54 +2:17 (27) | 4:12 +1:47 (30) | 7:49 +5:02 (35) | | | | | |
| | | | | 1:01:32 +25:39 (30) | 1:09:39 +29:22 (30) | 1:12:43 +30:49 (30) | 1:13:11 +30:58 (30) | | | | | | |
| | | | | 2:21 +1:08 (31) | 8:07 +4:15 (36) | 3:04 +1:27 (38) | 0:28 +0:14 (37) | | | | | | |
| 31 | 693 | Saz Alcubierre Madrid SOTOBO | 1:13:15 | 2:49 +0:43 (22) | 9:15 +4:35 (34) | 15:27 +6:15 (31) | 19:09 +7:27 (24) | 23:26 +10:00 (30) | | | | | |
| | | | | 2:49 +0:43 (22) | 6:26 +4:14 (36) | 6:12 +2:58 (23) | 3:42 +1:23 (21) | 4:17 +3:12 (31) | | | | | |
| | | | | 36:03 +17:44 (32) | 47:28 +22:51 (32) | 52:37 +25:23 (32) | 56:07 +24:56 (32) | 1:01:21 +27:03 (32) | | | | | |
| | | | | 12:37 +8:55 (37) | 11:25 +5:15 (31) | 5:09 +2:32 (29) | 3:30 +1:05 (21) | 5:14 +2:27 (27) | | | | | |
| | | | | 1:03:51 +27:58 (32) | 1:10:16 +29:59 (31) | 1:12:52 +30:58 (31) | 1:13:15 +31:02 (31) | | | | | | |
| | | | | 2:30 +1:17 (35) | 6:25 +2:33 (26) | 2:36 +0:59 (31) | 0:23 +0:09 (32) | | | | | | |
| 32 | 752 | Hernández Soto Toledo TOLEDO | 1:14:38 | 3:03 +0:57 (28) | 9:22 +4:42 (36) | 13:43 +4:31 (21) | 20:00 +8:18 (27) | 22:47 +9:21 (26) | | | | | |
| | | | | 3:03 +0:57 (28) | 6:19 +4:07 (33) | 4:21 +1:07 (9) | 6:17 +3:58 (32) | 2:47 +1:42 (28) | | | | | |
| | | | | 30:28 +12:09 (28) | 42:27 +17:50 (30) | 51:15 +24:01 (31) | 55:05 +23:54 (31) | 1:01:12 +26:54 (31) | | | | | |
| | | | | 7:41 +3:59 (28) | 11:59 +5:49 (33) | 8:48 +6:11 (39) | 3:50 +1:25 (27) | 6:07 +3:20 (31) | | | | | |
| | | | | 1:03:37 +27:44 (31) | 1:11:46 +31:29 (32) | 1:14:15 +32:21 (32) | 1:14:38 +32:25 (32) | | | | | | |
| | | | | 2:25 +1:12 (33) | 8:09 +4:17 (37) | 2:29 +0:52 (28) | 0:23 +0:09 (30) | | | | | | |
| 33 | 40 | Fidalgo Fuertes León ALCON | 1:15:19 | 3:38 +1:32 (36) | 11:10 +6:30 (39) | 16:30 +7:18 (35) | 21:01 +9:19 (31) | 24:18 +10:52 (33) | | | | | |
| | | | | 3:38 +1:32 (36) | 7:32 +5:20 (39) | 5:20 +2:06 (16) | 4:31 +2:12 (25) | 3:17 +2:12 (29) | | | | | |
| | | | | 38:25 +20:06 (33) | 48:30 +23:53 (33) | 56:18 +29:04 (33) | 59:28 +28:17 (33) | 1:03:54 +29:36 (33) | | | | | |
| | | | | 14:07 +10:25 (38) | 10:05 +3:55 (23) | 7:48 +5:11 (37) | 3:10 +0:45 (16) | 4:26 +1:39 (18) | | | | | |
| | | | | 1:05:57 +30:04 (33) | 1:12:04 +31:47 (33) | 1:14:51 +32:57 (33) | 1:15:19 +33:06 (33) | | | | | | |
| | | | | 2:03 +0:50 (24) | 6:07 +2:15 (23) | 2:47 +1:10 (35) | 0:28 +0:14 (35) | | | | | | |
| 34 | 279 | García Robles J Madrid ENTREB | 1:19:37 | 2:45 +0:39 (21) | 9:40 +5:00 (37) | 15:04 +5:52 (29) | 21:23 +9:41 (33) | 24:03 +10:37 (32) | | | | | |
| | | | | 2:45 +0:39 (21) | 6:55 +4:43 (37) | 5:24 +2:10 (17) | 6:19 +4:00 (33) | 2:40 +1:35 (27) | | | | | |
| | | | | 39:29 +21:10 (35) | 50:02 +25:25 (35) | 56:29 +29:15 (34) | 1:00:23 +29:12 (34) | 1:08:59 +34:41 (36) | | | | | |
| | | | | 15:26 +11:44 (39) | 10:33 +4:23 (27) | 6:27 +3:50 (33) | 3:54 +1:29 (28) | 8:36 +5:49 (37) | | | | | |
| | | | | 1:11:28 +35:35 (36) | 1:17:02 +36:45 (34) | 1:19:17 +37:23 (34) | 1:19:37 +37:24 (34) | | | | | | |
| | | | | 2:29 +1:16 (34) | 5:34 +1:42 (18) | 2:15 +0:38 (23) | 0:20 +0:06 (24) | | | | | | |

s sal Nombre tiempo

| M-50 (39) | | 3,2 km 135 m | | 13 C | | (cont.) | | | |
|-----------|---|--------------|---------------------|---------------------|---------------------|---------------------|---------------------|--|--|
| | | 1(41) | 2(35) | 3(61) | 4(54) | 5(77) | | | |
| | | 6(42) | 7(43) | 8(78) | 9(67) | 10(32) | | | |
| | | 11(46) | 12(75) | 13(200) | Meta | | | | |
| 35 | 292 Astier Vives Jo Barcelona FARR | 1:21:17 | 3:49 +1:43 (37) | 7:57 +3:17 (27) | 14:49 +5:37 (28) | 20:42 +9:00 (30) | 34:41 +21:15 (37) | | |
| | | | 3:49 +1:43 (37) | 4:08 +1:56 (23) | 6:52 +3:38 (27) | 5:53 +3:34 (30) | 13:59 +12:54 (39) | | |
| | | | 41:57 +23:38 (36) | 55:29 +30:52 (36) | 59:40 +32:26 (36) | 1:03:24 +32:13 (36) | 1:08:45 +34:27 (35) | | |
| | | | 7:16 +3:34 (23) | 13:32 +7:22 (37) | 4:11 +1:34 (24) | 3:44 +1:19 (24) | 5:21 +2:34 (29) | | |
| | | | 1:10:43 +34:50 (34) | 1:18:32 +38:15 (35) | 1:21:00 +39:06 (35) | 1:21:17 +39:04 (35) | | | |
| | | | 1:58 +0:45 (20) | 7:49 +3:57 (34) | 2:28 +0:51 (26) | 0:17 +0:03 (3) | | | |
| 36 | 670 Ferrero Nalda M La Rioja RIOJA- | 1:22:36 | 3:31 +1:25 (35) | 7:33 +2:53 (23) | 14:44 +5:32 (27) | 24:08 +12:26 (37) | 29:18 +15:52 (35) | | |
| | | | 3:31 +1:25 (35) | 4:02 +1:50 (20) | 7:11 +3:57 (31) | 9:24 +7:05 (38) | 5:10 +4:05 (33) | | |
| | | | 38:32 +20:13 (34) | 49:02 +24:25 (34) | 57:11 +29:57 (35) | 1:02:01 +30:50 (35) | 1:08:17 +33:59 (34) | | |
| | | | 9:14 +5:32 (32) | 10:30 +4:20 (26) | 8:09 +5:32 (38) | 4:50 +2:25 (35) | 6:16 +3:29 (32) | | |
| | | | 1:11:27 +35:34 (35) | 1:19:28 +39:11 (36) | 1:22:16 +40:22 (36) | 1:22:36 +40:23 (36) | | | |
| | | | 3:10 +1:57 (37) | 8:01 +4:09 (35) | 2:48 +1:11 (36) | 0:20 +0:05 (18) | | | |
| 37 | 378 Tarancón Desca Albacete GODIH | 1:28:51 | 3:29 +1:23 (34) | 7:50 +3:10 (26) | 16:52 +7:40 (36) | 23:31 +11:49 (36) | 34:06 +20:40 (36) | | |
| | | | 3:29 +1:23 (34) | 4:21 +2:09 (26) | 9:02 +5:48 (35) | 6:39 +4:20 (34) | 10:35 +9:30 (37) | | |
| | | | 44:34 +26:15 (37) | 1:02:35 +37:58 (38) | 1:06:32 +39:18 (37) | 1:09:57 +38:46 (37) | 1:16:49 +42:31 (37) | | |
| | | | 10:28 +6:46 (34) | 18:01 +11:51 (39) | 3:57 +1:20 (22) | 3:25 +1:00 (20) | 6:52 +4:05 (34) | | |
| | | | 1:19:09 +43:16 (37) | 1:25:48 +45:31 (37) | 1:28:27 +46:33 (37) | 1:28:51 +46:38 (37) | | | |
| | | | 2:20 +1:07 (30) | 6:39 +2:47 (28) | 2:39 +1:02 (32) | 0:24 +0:10 (33) | | | |
| 38 | 379 Villar Peruga Jo Albacete GODIH | 1:32:40 | 2:44 +0:38 (18) | 8:16 +3:36 (29) | 19:08 +9:56 (38) | 40:25 +28:43 (39) | 42:31 +29:05 (39) | | |
| | | | 2:44 +0:38 (18) | 5:32 +3:20 (31) | 10:52 +7:38 (38) | 21:17 +18:58 (39) | 2:06 +1:01 (22) | | |
| | | | 50:01 +31:42 (38) | 1:04:20 +39:43 (39) | 1:10:41 +43:27 (39) | 1:15:22 +44:11 (38) | 1:20:24 +46:06 (38) | | |
| | | | 7:30 +3:48 (27) | 14:19 +8:09 (38) | 6:21 +3:44 (32) | 4:41 +2:16 (34) | 5:02 +2:15 (26) | | |
| | | | 1:23:02 +47:09 (38) | 1:29:57 +49:40 (38) | 1:32:12 +50:18 (38) | 1:32:40 +50:27 (38) | | | |
| | | | 2:38 +1:25 (36) | 6:55 +3:03 (30) | 2:15 +0:38 (23) | 0:28 +0:14 (36) | | | |
| 635 | Zorrilla Manzan andona Madrid O-CHAR | | 3:59 +1:53 (38) | 9:03 +4:23 (32) | 19:40 +10:28 (39) | 27:30 +15:48 (38) | 38:01 +24:35 (38) | | |
| | | | 3:59 +1:53 (38) | 5:04 +2:52 (29) | 10:37 +7:23 (36) | 7:50 +5:31 (37) | 10:31 +9:26 (36) | | |
| | | | 50:17 +31:58 (39) | 1:01:35 +36:58 (37) | 1:08:25 +41:11 (38) | ----- | ----- | | |
| | | | 12:16 +8:34 (35) | 11:18 +5:08 (30) | 6:50 +4:13 (34) | | | | |
| | | | ----- | ----- | 1:28:12 | 1:28:34 | | | |
| | | | | | 19:47 | 0:22 +0:08 (29) | | | |
| M-55 (20) | | 3,1 km 100 m | | 13 C | | | | | |
| | | 1(63) | 2(35) | 3(54) | 4(53) | 5(31) | | | |
| | | 6(80) | 7(78) | 8(57) | 9(32) | 10(59) | | | |
| | | 11(73) | 12(74) | 13(200) | Meta | | | | |
| 1 | 202 Alonso Checa J Madrid COLMEN | 38:59 | 3:11 0:00 (1) | 4:50 0:00 (1) | 11:54 +2:13 (6) | 14:24 +0:53 (3) | 17:39 +1:54 (3) | | |
| | | | 3:11 0:00 (1) | 1:39 +0:34 (8) | 7:04 +2:27 (10) | 2:30 0:00 (1) | 3:15 +1:01 (10) | | |
| | | | 21:00 +0:24 (2) | 26:15 0:00 (1) | 27:46 0:00 (1) | 31:35 0:00 (1) | 34:07 0:00 (1) | | |
| | | | 3:21 0:00 (1) | 5:15 +0:03 (2) | 1:31 0:00 (1) | 3:49 +0:21 (3) | 2:32 +0:32 (4) | | |
| | | | 35:03 0:00 (1) | 37:14 0:00 (1) | 38:39 0:00 (1) | 38:59 0:00 (1) | | | |
| | | | 0:56 +0:05 (4) | 2:11 +0:12 (3) | 1:25 +0:02 (2) | 0:20 +0:03 (11) | | | |
| 2 | 176 Gil Poveda Jesús Alicante COLIVE | 40:01 | 3:57 +0:46 (8) | 5:02 +0:12 (3) | 10:05 +0:24 (2) | 13:31 0:00 (1) | 15:45 0:00 (1) | | |
| | | | 3:57 +0:46 (8) | 1:05 0:00 (1) | 5:03 +0:26 (3) | 3:26 +0:56 (5) | 2:14 0:00 (1) | | |
| | | | 21:04 +0:28 (3) | 26:16 +0:01 (2) | 28:00 +0:14 (2) | 32:29 +0:54 (2) | 34:47 +0:40 (2) | | |
| | | | 5:19 +1:58 (15) | 5:12 0:00 (1) | 1:44 +0:13 (2) | 4:29 +1:01 (4) | 2:18 +0:18 (2) | | |
| | | | 35:43 +0:40 (2) | 37:58 +0:44 (2) | 39:41 +1:02 (2) | 40:01 +1:02 (2) | | | |
| | | | 0:56 +0:05 (4) | 2:15 +0:16 (4) | 1:43 +0:20 (7) | 0:20 +0:03 (10) | | | |
| 3 | 625 Calvo Fuente C Soria NAVALEN | 41:26 | 6:26 +3:15 (16) | 7:52 +3:02 (11) | 12:29 +2:48 (7) | 15:47 +2:16 (6) | 18:11 +2:26 (5) | | |
| | | | 6:26 +3:15 (16) | 1:26 +0:21 (3) | 4:37 0:00 (1) | 3:18 +0:48 (4) | 2:24 +0:10 (4) | | |
| | | | 22:40 +2:04 (5) | 28:46 +2:31 (5) | 30:34 +2:48 (5) | 34:10 +2:35 (3) | 36:10 +2:03 (3) | | |
| | | | 4:29 +1:08 (7) | 6:06 +0:54 (7) | 1:48 +0:17 (3) | 3:36 +0:08 (2) | 2:00 0:00 (1) | | |
| | | | 37:03 +2:00 (3) | 39:09 +1:55 (3) | 41:09 +2:30 (3) | 41:26 +2:27 (3) | | | |
| | | | 0:53 +0:02 (2) | 2:06 +0:07 (2) | 2:00 +0:37 (13) | 0:17 +0:01 (3) | | | |
| 4 | 499 Olivares Morilla Córdoba LOS C | 42:37 | 3:34 +0:23 (4) | 6:08 +1:18 (6) | 11:52 +2:11 (5) | 14:43 +1:12 (4) | 16:59 +1:14 (2) | | |
| | | | 3:34 +0:23 (4) | 2:34 +1:29 (12) | 5:44 +1:07 (6) | 2:51 +0:21 (2) | 2:16 +0:02 (2) | | |
| | | | 20:36 0:00 (1) | 27:08 +0:53 (3) | 29:48 +2:02 (3) | 34:32 +2:57 (4) | 37:18 +3:11 (4) | | |
| | | | 3:37 +0:16 (3) | 6:32 +1:20 (11) | 2:40 +1:09 (9) | 4:44 +1:16 (5) | 2:46 +0:46 (8) | | |
| | | | 38:14 +3:11 (4) | 40:46 +3:32 (4) | 42:21 +3:42 (4) | 42:37 +3:38 (4) | | | |
| | | | 0:56 +0:05 (4) | 2:32 +0:33 (8) | 1:35 +0:12 (3) | 0:16 0:00 (1) | | | |

| s | sal | Nombre | tiempo | 3,1 km | | 100 m | | 13 C | | (cont.) | |
|-----------|------------|--|----------------|----------------------|----------------------|----------------------|----------------------|-------------------|--|---------|--|
| | | | | 1(63) | 2(35) | 3(54) | 4(53) | 5(31) | | | |
| | | | | 6(80) | 7(78) | 8(57) | 9(32) | 10(59) | | | |
| | | | | 11(73) | 12(74) | 13(200) | Meta | | | | |
| 5 | 574 | Mayol Clement Murcia MURCIA- | 42:54 | 3:24 +0:13 (2) | 10:00 +5:10 (17) | 15:07 +5:26 (9) | 18:56 +5:25 (9) | 21:12 +5:27 (8) | | | |
| | | | | 3:24 +0:13 (2) | 6:36 +5:31 (20) | 5:07 +0:30 (4) | 3:49 +1:19 (7) | 2:16 +0:02 (2) | | | |
| | | | | 24:54 +4:18 (7) | 30:37 +4:22 (6) | 32:26 +4:40 (6) | 35:54 +4:19 (6) | 38:19 +4:12 (6) | | | |
| | | | | 3:42 +0:21 (4) | 5:43 +0:31 (5) | 1:49 +0:18 (4) | 3:28 0:00 (1) | 2:25 +0:25 (3) | | | |
| | | | | 39:13 +4:10 (5) | 41:12 +3:58 (5) | 42:35 +3:56 (5) | 42:54 +3:55 (5) | | | | |
| | | | | 0:54 +0:03 (3) | 1:59 0:00 (1) | 1:23 0:00 (1) | 0:19 +0:02 (6) | | | | |
| 6 | 106 | Iglesias Huerto Valladolid CDP- | 43:53 | 4:33 +1:22 (9) | 6:04 +1:14 (5) | 11:42 +2:01 (4) | 16:43 +3:12 (7) | 19:25 +3:40 (6) | | | |
| | | | | 4:33 +1:22 (9) | 1:31 +0:26 (4) | 5:38 +1:01 (5) | 5:01 +2:31 (15) | 2:42 +0:28 (5) | | | |
| | | | | 22:46 +2:10 (6) | 28:14 +1:59 (4) | 30:25 +2:39 (4) | 35:38 +4:03 (5) | 38:15 +4:08 (5) | | | |
| | | | | 3:21 0:00 (1) | 5:28 +0:16 (3) | 2:11 +0:40 (7) | 5:13 +1:45 (7) | 2:37 +0:37 (6) | | | |
| | | | | 39:18 +4:15 (6) | 41:55 +4:41 (6) | 43:36 +4:57 (6) | 43:53 +4:54 (6) | | | | |
| | | | | 1:03 +0:12 (9) | 2:37 +0:38 (9) | 1:41 +0:18 (5) | 0:17 +0:00 (2) | | | | |
| 7 | 482 | Ferra Casado J Murcia LORCA- | 47:23 | 3:37 +0:26 (5) | 4:57 +0:07 (2) | 9:41 0:00 (1) | 14:22 +0:51 (2) | 17:55 +2:10 (4) | | | |
| | | | | 3:37 +0:26 (5) | 1:20 +0:15 (2) | 4:44 +0:07 (2) | 4:41 +2:11 (12) | 3:33 +1:19 (11) | | | |
| | | | | 22:27 +1:51 (4) | 31:35 +5:20 (7) | 33:27 +5:41 (7) | 38:53 +7:18 (7) | 41:40 +7:33 (7) | | | |
| | | | | 4:32 +1:11 (9) | 9:08 +3:56 (16) | 1:52 +0:21 (5) | 5:26 +1:58 (9) | 2:47 +0:47 (10) | | | |
| | | | | 42:45 +7:42 (7) | 45:09 +7:55 (7) | 47:00 +8:21 (7) | 47:23 +8:24 (7) | | | | |
| | | | | 1:05 +0:14 (11) | 2:24 +0:25 (5) | 1:51 +0:28 (10) | 0:23 +0:07 (15) | | | | |
| 8 | 395 | Guillen Santam Girona GO-XTRE | 49:51 | 3:43 +0:32 (6) | 8:38 +3:48 (14) | 15:29 +5:48 (11) | 19:34 +6:03 (11) | 22:28 +6:43 (9) | | | |
| | | | | 3:43 +0:32 (6) | 4:55 +3:50 (17) | 6:51 +2:14 (9) | 4:05 +1:35 (9) | 2:54 +0:40 (8) | | | |
| | | | | 27:13 +6:37 (9) | 33:30 +7:15 (9) | 35:36 +7:50 (8) | 40:55 +9:20 (8) | 43:41 +9:34 (8) | | | |
| | | | | 4:45 +1:24 (11) | 6:17 +1:05 (8) | 2:06 +0:35 (6) | 5:19 +1:51 (8) | 2:46 +0:46 (8) | | | |
| | | | | 44:41 +9:38 (8) | 47:32 +10:18 (8) | 49:30 +10:51 (8) | 49:51 +10:52 (8) | | | | |
| | | | | 1:00 +0:09 (8) | 2:51 +0:52 (10) | 1:58 +0:35 (12) | 0:21 +0:04 (12) | | | | |
| 9 | 638 | Nieto Poblete J Ciudad Real O-C | 51:52 | 3:46 +0:35 (7) | 5:21 +0:31 (4) | 11:33 +1:52 (3) | 15:02 +1:31 (5) | 22:34 +6:49 (10) | | | |
| | | | | 3:46 +0:35 (7) | 1:35 +0:30 (6) | 6:12 +1:35 (7) | 3:29 +0:59 (6) | 7:32 +5:18 (18) | | | |
| | | | | 27:07 +6:31 (8) | 32:43 +6:28 (8) | 38:34 +10:48 (11) | 44:04 +12:29 (10) | 46:38 +12:31 (9) | | | |
| | | | | 4:33 +1:12 (10) | 5:36 +0:24 (4) | 5:51 +4:20 (17) | 5:30 +2:02 (10) | 2:34 +0:34 (5) | | | |
| | | | | 47:29 +12:26 (9) | 49:54 +12:40 (9) | 51:31 +12:52 (9) | 51:52 +12:53 (9) | | | | |
| | | | | 0:51 0:00 (1) | 2:25 +0:26 (6) | 1:37 +0:14 (4) | 0:21 +0:04 (13) | | | | |
| 10 | 561 | Núñez Martín J Madrid MONTE | 53:24 | 3:29 +0:18 (3) | 6:56 +2:06 (8) | 15:32 +5:51 (12) | 18:25 +4:54 (8) | 21:09 +5:24 (7) | | | |
| | | | | 3:29 +0:18 (3) | 3:27 +2:22 (14) | 8:36 +3:59 (16) | 2:53 +0:23 (3) | 2:44 +0:30 (6) | | | |
| | | | | 29:45 +9:09 (12) | 36:24 +10:09 (12) | 40:01 +12:15 (12) | 45:00 +13:25 (11) | 47:52 +13:45 (11) | | | |
| | | | | 8:36 +5:15 (18) | 6:39 +1:27 (12) | 3:37 +2:06 (14) | 4:59 +1:31 (6) | 2:52 +0:52 (13) | | | |
| | | | | 48:51 +13:48 (11) | 51:18 +14:04 (10) | 53:05 +14:26 (10) | 53:24 +14:25 (10) | | | | |
| | | | | 0:59 +0:08 (7) | 2:27 +0:28 (7) | 1:47 +0:24 (8) | 0:19 +0:02 (5) | | | | |
| 11 | 518 | Calderón Barrei Madrid MALAR | 53:56 | 4:34 +1:23 (10) | 6:22 +1:32 (7) | 14:56 +5:15 (8) | 21:12 +7:41 (13) | 24:16 +8:31 (11) | | | |
| | | | | 4:34 +1:23 (10) | 1:48 +0:43 (10) | 8:34 +3:57 (15) | 6:16 +3:46 (17) | 3:04 +0:50 (9) | | | |
| | | | | 28:30 +7:54 (10) | 34:56 +8:41 (10) | 37:42 +9:56 (9) | 43:59 +12:24 (9) | 46:51 +12:44 (10) | | | |
| | | | | 4:14 +0:53 (6) | 6:26 +1:14 (10) | 2:46 +1:15 (11) | 6:17 +2:49 (12) | 2:52 +0:52 (13) | | | |
| | | | | 47:58 +12:55 (10) | 51:45 +14:31 (11) | 53:38 +14:59 (11) | 53:56 +14:57 (11) | | | | |
| | | | | 1:07 +0:16 (12) | 3:47 +1:48 (14) | 1:53 +0:30 (11) | 0:18 +0:01 (4) | | | | |
| 12 | 842 | Sánchez Pérez Alicante VILLEN | 58:19 | 6:48 +3:37 (18) | 8:24 +3:34 (12) | 16:24 +6:43 (14) | 20:37 +7:06 (12) | 26:31 +10:46 (14) | | | |
| | | | | 6:48 +3:37 (18) | 1:36 +0:31 (7) | 8:00 +3:23 (12) | 4:13 +1:43 (11) | 5:54 +3:40 (14) | | | |
| | | | | 32:08 +11:32 (14) | 39:05 +12:50 (14) | 42:25 +14:39 (13) | 48:43 +17:08 (12) | 52:09 +18:02 (13) | | | |
| | | | | 5:37 +2:16 (16) | 6:57 +1:45 (13) | 3:20 +1:49 (13) | 6:18 +2:50 (13) | 3:26 +1:26 (15) | | | |
| | | | | 53:12 +18:09 (13) | 56:09 +18:55 (12) | 57:57 +19:18 (12) | 58:19 +19:20 (12) | | | | |
| | | | | 1:03 +0:12 (9) | 2:57 +0:58 (11) | 1:48 +0:25 (9) | 0:22 +0:05 (14) | | | | |
| 13 | 65 | Báscones Huert Madrid C.D.C.E. | 59:11 | 4:59 +1:48 (11) | 8:37 +3:47 (13) | 16:40 +6:59 (15) | 22:29 +8:58 (15) | 25:15 +9:30 (12) | | | |
| | | | | 4:59 +1:48 (11) | 3:38 +2:33 (15) | 8:03 +3:26 (13) | 5:49 +3:19 (16) | 2:46 +0:32 (7) | | | |
| | | | | 29:06 +8:30 (11) | 35:30 +9:15 (11) | 37:58 +10:12 (10) | 49:15 +17:40 (13) | 51:58 +17:51 (12) | | | |
| | | | | 3:51 +0:30 (5) | 6:24 +1:12 (9) | 2:28 +0:57 (8) | 11:17 +7:49 (17) | 2:43 +0:43 (7) | | | |
| | | | | 53:10 +18:07 (12) | 56:42 +19:28 (13) | 58:52 +20:13 (13) | 59:11 +20:12 (13) | | | | |
| | | | | 1:12 +0:21 (13) | 3:32 +1:33 (12) | 2:10 +0:47 (14) | 0:19 +0:03 (8) | | | | |
| 14 | 559 | Alba Paredes J Madrid MONTE | 1:03:17 | 6:56 +3:45 (20) | 8:56 +4:06 (15) | 15:10 +5:29 (10) | 19:05 +5:34 (10) | 25:50 +10:05 (13) | | | |
| | | | | 6:56 +3:45 (20) | 2:00 +0:55 (11) | 6:14 +1:37 (8) | 3:55 +1:25 (8) | 6:45 +4:31 (16) | | | |
| | | | | 30:20 +9:44 (13) | 36:24 +10:09 (12) | 46:38 +18:52 (15) | 52:19 +20:44 (15) | 55:09 +21:02 (14) | | | |
| | | | | 4:30 +1:09 (8) | 6:04 +0:52 (6) | 10:14 +8:43 (18) | 5:41 +2:13 (11) | 2:50 +0:50 (12) | | | |
| | | | | 56:25 +21:22 (14) | 1:01:17 +24:03 (14) | 1:02:58 +24:19 (14) | 1:03:17 +24:18 (14) | | | | |
| | | | | 1:16 +0:25 (15) | 4:52 +2:53 (18) | 1:41 +0:18 (5) | 0:19 +0:02 (7) | | | | |

s sal Nombre tiempo

| M-55 (20) | | | 3,1 km 100 m | | 13 C | | (cont.) | | | | |
|-----------|-----|------------------------------------|--------------|---------------------|---------------------|---------------------|---------------------|---------------------|--|--|--|
| | | | 1(63) | 2(35) | 3(54) | 4(53) | 5(31) | | | | |
| | | | 6(80) | 7(78) | 8(57) | 9(32) | 10(59) | | | | |
| | | | 11(73) | 12(74) | 13(200) | Meta | | | | | |
| 15 | 35 | Cobas López J Madrid ALABAR | 1:04:06 | 6:35 +3:24 (17) | 9:43 +4:53 (16) | 17:11 +7:30 (16) | 22:03 +8:32 (14) | 27:21 +11:36 (15) | | | |
| | | | | 6:35 +3:24 (17) | 3:08 +2:03 (13) | 7:28 +2:51 (11) | 4:52 +2:22 (13) | 5:18 +3:04 (12) | | | |
| | | | | 32:13 +11:37 (15) | 41:52 +15:37 (15) | 44:37 +16:51 (14) | 51:35 +20:00 (14) | 56:06 +21:59 (15) | | | |
| | | | | 4:52 +1:31 (12) | 9:39 +4:27 (17) | 2:45 +1:14 (10) | 6:58 +3:30 (14) | 4:31 +2:31 (17) | | | |
| | | | | 57:45 +22:42 (15) | 1:01:18 +24:04 (15) | 1:03:42 +25:03 (15) | 1:04:06 +25:07 (15) | | | | |
| | | | | 1:39 +0:48 (17) | 3:33 +1:34 (13) | 2:24 +1:01 (15) | 0:24 +0:07 (16) | | | | |
| 16 | 177 | Ramal Gea José Alicante COLIVE | 1:14:58 | 6:51 +3:40 (19) | 12:13 +7:23 (20) | 22:01 +12:20 (19) | 26:53 +13:22 (17) | 33:58 +18:13 (17) | | | |
| | | | | 6:51 +3:40 (19) | 5:22 +4:17 (18) | 9:48 +5:11 (19) | 4:52 +2:22 (13) | 7:05 +4:51 (17) | | | |
| | | | | 39:14 +18:38 (17) | 47:08 +20:53 (17) | 51:16 +23:30 (17) | 1:02:57 +31:22 (17) | 1:06:23 +32:16 (17) | | | |
| | | | | 5:16 +1:55 (14) | 7:54 +2:42 (14) | 4:08 +2:37 (15) | 11:41 +8:13 (18) | 3:26 +1:26 (15) | | | |
| | | | | 1:07:55 +32:52 (16) | 1:11:59 +34:45 (16) | 1:14:33 +35:54 (16) | 1:14:58 +35:59 (16) | | | | |
| | | | | 1:32 +0:41 (16) | 4:04 +2:05 (16) | 2:34 +1:11 (16) | 0:25 +0:09 (18) | | | | |
| 17 | 105 | Garrido Izquier Valladolid CDP- | 1:16:28 | 5:27 +2:16 (13) | 10:03 +5:13 (18) | 19:48 +10:07 (17) | 26:17 +12:46 (16) | 32:22 +16:37 (16) | | | |
| | | | | 5:27 +2:16 (13) | 4:36 +3:31 (16) | 9:45 +5:08 (18) | 6:29 +3:59 (18) | 6:05 +3:51 (15) | | | |
| | | | | 37:37 +17:01 (16) | 46:41 +20:26 (16) | 50:55 +23:09 (16) | 1:01:16 +29:41 (16) | 1:06:16 +32:09 (16) | | | |
| | | | | 5:15 +1:54 (13) | 9:04 +3:52 (15) | 4:14 +2:43 (16) | 10:21 +6:53 (16) | 5:00 +3:00 (18) | | | |
| | | | | 1:08:14 +33:11 (17) | 1:12:34 +35:20 (17) | 1:15:46 +37:07 (17) | 1:16:28 +37:29 (17) | | | | |
| | | | | 1:58 +1:07 (18) | 4:20 +2:21 (17) | 3:12 +1:49 (18) | 0:42 +0:25 (20) | | | | |
| 18 | 540 | Rodríguez Pére Ciudad Real MA | 1:22:59 | 5:21 +2:10 (12) | 7:07 +2:17 (9) | 32:24 +22:43 (20) | 36:32 +23:01 (18) | 42:21 +26:36 (18) | | | |
| | | | | 5:21 +2:10 (12) | 1:46 +0:41 (9) | 25:17 +20:40 (20) | 4:08 +1:38 (10) | 5:49 +3:35 (13) | | | |
| | | | | 48:30 +27:54 (18) | 58:23 +32:08 (18) | 1:01:33 +33:47 (18) | 1:11:43 +40:08 (18) | 1:14:32 +40:25 (18) | | | |
| | | | | 6:09 +2:48 (17) | 9:53 +4:41 (18) | 3:10 +1:39 (12) | 10:10 +6:42 (15) | 2:49 +0:49 (11) | | | |
| | | | | 1:15:44 +40:41 (18) | 1:19:42 +42:28 (18) | 1:22:34 +43:55 (18) | 1:22:59 +44:00 (18) | | | | |
| | | | | 1:12 +0:21 (13) | 3:58 +1:59 (15) | 2:52 +1:29 (17) | 0:25 +0:08 (17) | | | | |
| 630 | | González Rodrí Asturias NORDE | en tarj. | 5:50 +2:39 (15) | 7:21 +2:31 (10) | 15:51 +6:10 (13) | ----- | 24:28 | | | |
| | | | | 5:50 +2:39 (15) | 1:31 +0:26 (4) | 8:30 +3:53 (14) | | 8:37 | | | |
| | | | | 29:17 | 34:54 | 37:37 | 43:15 | 46:09 | | | |
| | | | | 4:49 | 5:37 | 2:43 | 5:38 | 2:54 | | | |
| | | | | 47:16 | 49:35 | 52:01 | 52:21 | | | | |
| | | | | 1:07 | 2:19 | 2:26 | 0:20 +0:03 (9) | | | | |
| 219 | | Pérez Martín Sa Málaga COMA | en tarj. | 5:37 +2:26 (14) | 11:03 +6:13 (19) | 19:53 +10:12 (18) | ----- | 42:43 | | | |
| | | | | 5:37 +2:26 (14) | 5:26 +4:21 (19) | 8:50 +4:13 (17) | | 22:50 | | | |
| | | | | 49:12 | 58:34 | 1:04:34 | 1:12:36 | 1:16:36 | | | |
| | | | | 6:29 | 9:22 | 6:00 | 8:02 | 4:00 | | | |
| | | | | 1:18:15 | 1:21:37 | 1:23:57 | 1:24:24 | | | | |
| | | | | 1:39 | 3:22 | 2:20 | 0:27 +0:11 (19) | | | | |
| M-60 (19) | | | | 2,8 km 70 m | | 10 C | | | | | |
| | | | | 1(72) | 2(77) | 3(31) | 4(78) | 5(45) | | | |
| | | | | 6(32) | 7(59) | 8(73) | 9(75) | 10(200) | | | |
| | | | | Meta | | | | | | | |
| 1 | 881 | Costa Escada d [128] COALA | 41:12 | 2:18 +0:37 (6) | 6:29 +0:40 (2) | 11:50 +1:55 (2) | 21:07 0:00 (1) | 28:07 0:00 (1) | | | |
| | | | | 2:18 +0:37 (6) | 4:11 +0:29 (3) | 5:21 +1:15 (4) | 9:17 +3:29 (3) | 7:00 +0:44 (3) | | | |
| | | | | 30:35 0:00 (1) | 33:41 0:00 (1) | 34:48 0:00 (1) | 38:46 0:00 (1) | 40:53 0:00 (1) | | | |
| | | | | 2:28 +0:36 (4) | 3:06 +0:41 (7) | 1:07 +0:19 (5) | 3:58 +1:05 (10) | 2:07 +0:31 (6) | | | |
| | | | | 41:12 0:00 (1) | | | | | | | |
| | | | | 0:19 +0:02 (5) | | | | | | | |
| 2 | 631 | Diéguez Margall Asturias NORDE | 44:36 | 2:32 +0:51 (9) | 8:13 +2:24 (7) | 13:45 +3:50 (5) | 24:48 +3:41 (6) | 31:14 +3:07 (2) | | | |
| | | | | 2:32 +0:51 (9) | 5:41 +1:59 (10) | 5:32 +1:26 (6) | 11:03 +5:15 (8) | 6:26 +0:10 (2) | | | |
| | | | | 33:59 +3:24 (2) | 37:13 +3:32 (2) | 38:24 +3:36 (2) | 41:59 +3:13 (2) | 44:16 +3:23 (2) | | | |
| | | | | 2:45 +0:53 (6) | 3:14 +0:49 (9) | 1:11 +0:23 (8) | 3:35 +0:42 (7) | 2:17 +0:41 (9) | | | |
| | | | | 44:36 +3:24 (2) | | | | | | | |
| | | | | 0:20 +0:03 (8) | | | | | | | |
| 3 | 908 | Rodriguez Vítor [094] CPOC | 44:46 | 2:28 +0:47 (8) | 6:43 +0:54 (4) | 12:33 +2:38 (4) | 22:22 +1:15 (3) | 31:46 +3:39 (3) | | | |
| | | | | 2:28 +0:47 (8) | 4:15 +0:33 (4) | 5:50 +1:44 (10) | 9:49 +4:01 (6) | 9:24 +3:08 (10) | | | |
| | | | | 34:49 +4:14 (3) | 37:57 +4:16 (3) | 39:09 +4:21 (4) | 42:40 +3:54 (4) | 44:30 +3:37 (3) | | | |
| | | | | 3:03 +1:11 (10) | 3:08 +0:43 (8) | 1:12 +0:24 (10) | 3:31 +0:38 (6) | 1:50 +0:14 (2) | | | |
| | | | | 44:46 +3:34 (3) | | | | | | | |
| | | | | 0:16 0:00 (1) | | | | | | | |

| s | sal | Nombre | tiempo | 2,8 km | | 70 m | 10 C | (cont.) | | | |
|------------------|------------|--|----------------|----------------------|----------------------|----------------------|----------------------|----------------------|--|-------|---------|
| | | | | 1(72) | | 2(77) | | 3(31) | | 4(78) | 5(45) |
| | | | | 6(32) | | 7(59) | | 8(73) | | 9(75) | 10(200) |
| | | | | Meta | | | | | | | |
| M-60 (19) | | | | | | | | | | | |
| 4 | 872 | Matias António [022] CLAC | 44:54 | 2:15 +0:34 (5) | 6:39 +0:50 (3) | 12:03 +2:08 (3) | 24:44 +3:37 (5) | 32:38 +4:31 (5) | | | |
| | | | | 2:15 +0:34 (5) | 4:24 +0:42 (6) | 5:24 +1:18 (5) | 12:41 +6:53 (11) | 7:54 +1:38 (6) | | | |
| | | | | 35:10 +4:35 (5) | 38:03 +4:22 (5) | 39:27 +4:39 (5) | 42:31 +3:45 (3) | 44:35 +3:42 (4) | | | |
| | | | | 2:32 +0:40 (5) | 2:53 +0:28 (4) | 1:24 +0:36 (12) | 3:04 +0:11 (2) | 2:04 +0:28 (5) | | | |
| | | | | 44:54 +3:42 (4) | | | | | | | |
| | | | | 0:19 +0:02 (4) | | | | | | | |
| 5 | 686 | Fossez Claude Valencia SIMEPI | 45:28 | 3:15 +1:34 (12) | 7:02 +1:13 (5) | 16:14 +6:19 (7) | 25:35 +4:28 (7) | 32:47 +4:40 (6) | | | |
| | | | | 3:15 +1:34 (12) | 3:47 +0:05 (2) | 9:12 +5:06 (16) | 9:21 +3:33 (4) | 7:12 +0:56 (4) | | | |
| | | | | 34:54 +4:19 (4) | 37:59 +4:18 (4) | 39:06 +4:18 (3) | 42:52 +4:06 (5) | 45:05 +4:12 (5) | | | |
| | | | | 2:07 +0:15 (2) | 3:05 +0:40 (6) | 1:07 +0:19 (5) | 3:46 +0:53 (9) | 2:13 +0:37 (7) | | | |
| | | | | 45:28 +4:16 (5) | | | | | | | |
| | | | | 0:23 +0:06 (12) | | | | | | | |
| 6 | 407 | Ferrando Roqu Zaragoza IBÓN | 45:40 | 5:08 +3:27 (16) | 9:45 +3:56 (10) | 17:21 +7:26 (9) | 23:49 +2:42 (4) | 34:57 +6:50 (7) | | | |
| | | | | 5:08 +3:27 (16) | 4:37 +0:55 (7) | 7:36 +3:30 (13) | 6:28 +0:40 (2) | 11:08 +4:52 (15) | | | |
| | | | | 36:49 +6:14 (7) | 39:14 +5:33 (6) | 40:02 +5:14 (6) | 43:45 +4:59 (6) | 45:21 +4:28 (6) | | | |
| | | | | 1:52 0:00 (1) | 2:25 0:00 (1) | 0:48 0:00 (1) | 3:43 +0:50 (8) | 1:36 0:00 (1) | | | |
| | | | | 45:40 +4:28 (6) | | | | | | | |
| | | | | 0:19 +0:02 (7) | | | | | | | |
| 7 | 820 | Font García Jos Valencia VALEN | 47:31 | 2:07 +0:26 (2) | 5:49 0:00 (1) | 9:55 0:00 (1) | 21:31 +0:24 (2) | 31:47 +3:40 (4) | | | |
| | | | | 2:07 +0:26 (2) | 3:42 0:00 (1) | 4:06 0:00 (1) | 11:36 +5:48 (10) | 10:16 +4:00 (13) | | | |
| | | | | 35:35 +5:00 (6) | 39:21 +5:40 (7) | 40:47 +5:59 (7) | 44:59 +6:13 (7) | 47:14 +6:21 (7) | | | |
| | | | | 3:48 +1:56 (14) | 3:46 +1:21 (13) | 1:26 +0:38 (13) | 4:12 +1:19 (13) | 2:15 +0:39 (8) | | | |
| | | | | 47:31 +6:19 (7) | | | | | | | |
| | | | | 0:17 +0:00 (2) | | | | | | | |
| 8 | 843 | Samper García Alicante VILLEN | 49:43 | 1:41 0:00 (1) | 20:20 +14:31 (18) | 26:05 +16:10 (17) | 31:53 +10:46 (10) | 38:09 +10:02 (9) | | | |
| | | | | 1:41 0:00 (1) | 18:39 +14:57 (18) | 5:45 +1:39 (9) | 5:48 0:00 (1) | 6:16 0:00 (1) | | | |
| | | | | 41:05 +10:30 (9) | 43:39 +9:58 (8) | 44:39 +9:51 (8) | 47:32 +8:46 (8) | 49:24 +8:31 (8) | | | |
| | | | | 2:56 +1:04 (9) | 2:34 +0:09 (2) | 1:00 +0:12 (3) | 2:53 0:00 (1) | 1:52 +0:16 (3) | | | |
| | | | | 49:43 +8:31 (8) | | | | | | | |
| | | | | 0:19 +0:02 (6) | | | | | | | |
| 9 | 801 | Del Moral Durá Alicante UNIVER | 51:51 | 2:07 +0:26 (2) | 12:34 +6:45 (13) | 17:53 +7:58 (11) | 28:23 +7:16 (9) | 36:20 +8:13 (8) | | | |
| | | | | 2:07 +0:26 (2) | 10:27 +6:45 (16) | 5:19 +1:13 (3) | 10:30 +4:42 (7) | 7:57 +1:41 (7) | | | |
| | | | | 38:34 +7:59 (8) | 44:32 +10:51 (9) | 45:30 +10:42 (9) | 49:00 +10:14 (9) | 51:28 +10:35 (9) | | | |
| | | | | 2:14 +0:22 (3) | 5:58 +3:33 (17) | 0:58 +0:10 (2) | 3:30 +0:37 (5) | 2:28 +0:52 (11) | | | |
| | | | | 51:51 +10:39 (9) | | | | | | | |
| | | | | 0:23 +0:06 (11) | | | | | | | |
| 10 | 66 | García Sáez Alb Madrid C.D.C.E. | 54:14 | 4:14 +2:33 (14) | 8:30 +2:41 (8) | 14:11 +4:16 (6) | 25:45 +4:38 (8) | 40:23 +12:16 (10) | | | |
| | | | | 4:14 +2:33 (14) | 4:16 +0:34 (5) | 5:41 +1:35 (7) | 11:34 +5:46 (9) | 14:38 +8:22 (18) | | | |
| | | | | 44:46 +14:11 (11) | 47:35 +13:54 (10) | 48:39 +13:51 (10) | 51:52 +13:06 (10) | 53:54 +13:01 (10) | | | |
| | | | | 4:23 +2:31 (17) | 2:49 +0:24 (3) | 1:04 +0:16 (4) | 3:13 +0:20 (3) | 2:02 +0:26 (4) | | | |
| | | | | 54:14 +13:02 (10) | | | | | | | |
| | | | | 0:20 +0:03 (9) | | | | | | | |
| 11 | 46 | Miranda Blasco Madrid APU-O | 57:45 | 7:35 +5:54 (17) | 12:16 +6:27 (12) | 18:21 +8:26 (12) | 32:07 +11:00 (11) | 41:20 +13:13 (11) | | | |
| | | | | 7:35 +5:54 (17) | 4:41 +0:59 (8) | 6:05 +1:59 (11) | 13:46 +7:58 (12) | 9:13 +2:57 (9) | | | |
| | | | | 44:39 +14:04 (10) | 47:41 +14:00 (11) | 49:21 +14:33 (11) | 53:24 +14:38 (11) | 57:07 +16:14 (11) | | | |
| | | | | 3:19 +1:27 (12) | 3:02 +0:37 (5) | 1:40 +0:52 (17) | 4:03 +1:10 (12) | 3:43 +2:07 (19) | | | |
| | | | | 57:45 +16:33 (11) | | | | | | | |
| | | | | 0:38 +0:21 (18) | | | | | | | |
| 12 | 272 | Galván Mangas Valladolid COV | 1:02:51 | 2:45 +1:04 (10) | 9:30 +3:41 (9) | 17:37 +7:42 (10) | 32:39 +11:32 (12) | 43:18 +15:11 (12) | | | |
| | | | | 2:45 +1:04 (10) | 6:45 +3:03 (12) | 8:07 +4:01 (14) | 15:02 +9:14 (14) | 10:39 +4:23 (14) | | | |
| | | | | 46:45 +16:10 (12) | 52:15 +18:34 (12) | 53:41 +18:53 (12) | 59:34 +20:48 (12) | 1:02:24 +21:31 (12) | | | |
| | | | | 3:27 +1:35 (13) | 5:30 +3:05 (16) | 1:26 +0:38 (13) | 5:53 +3:00 (17) | 2:50 +1:14 (15) | | | |
| | | | | 1:02:51 +21:39 (12) | | | | | | | |
| | | | | 0:27 +0:10 (16) | | | | | | | |
| 13 | 907 | Nova Acácio Por [094] CPOC | 1:05:03 | 2:24 +0:43 (7) | 17:57 +12:08 (17) | 23:41 +13:46 (15) | 37:44 +16:37 (14) | 47:19 +19:12 (13) | | | |
| | | | | 2:24 +0:43 (7) | 15:33 +11:51 (17) | 5:44 +1:38 (8) | 14:03 +8:15 (13) | 9:35 +3:19 (12) | | | |
| | | | | 50:34 +19:59 (13) | 54:08 +20:27 (13) | 55:46 +20:58 (13) | 1:00:42 +21:56 (13) | 1:04:21 +23:28 (13) | | | |
| | | | | 3:15 +1:23 (11) | 3:34 +1:09 (12) | 1:38 +0:50 (16) | 4:56 +2:03 (16) | 3:39 +2:03 (18) | | | |
| | | | | 1:05:03 +23:51 (13) | | | | | | | |
| | | | | 0:42 +0:25 (19) | | | | | | | |

| s | sal | Nombre | tiempo | | | 2,8 km 70 m | | 10 C | (cont.) | | | |
|------------------|-----|--|----------------|-----------------------|--|-----------------------|--|-----------------------|---------|-----------------------|--|-----------------------|
| | | | | 1(72) | | 2(77) | | 3(31) | | 4(78) | | 5(45) |
| | | | | 6(32) | | 7(59) | | 8(73) | | 9(75) | | 10(200) |
| | | | | Meta | | | | | | | | |
| M-60 (19) | | | | | | | | | | | | |
| 14 | 178 | Gil Poveda Anto Alicante COLIVE | 1:06:35 | 2:09 +0:28 (4) | | 29:42 +23:53 (19) | | 34:39 +24:44 (18) | | 44:14 +23:07 (16) | | 51:31 +23:24 (14) |
| | | | | 2:09 +0:28 (4) | | 27:33 +23:51 (19) | | 4:57 +0:51 (2) | | 9:35 +3:47 (5) | | 7:17 +1:01 (5) |
| | | | | 54:26 +23:51 (14) | | 57:55 +24:14 (14) | | 59:24 +24:36 (14) | | 1:03:23 +24:37 (14) | | 1:06:10 +25:17 (14) |
| | | | | 2:55 +1:03 (8) | | 3:29 +1:04 (11) | | 1:29 +0:41 (15) | | 3:59 +1:06 (11) | | 2:47 +1:11 (14) |
| | | | | 1:06:35 +25:23 (14) | | | | | | | | |
| | | | | 0:25 +0:08 (14) | | | | | | | | |
| 15 | 331 | De Frutos Hern Madrid GOCAN | 1:06:56 | 4:14 +2:33 (14) | | 13:07 +7:18 (14) | | 21:56 +12:01 (13) | | 37:37 +16:30 (13) | | 51:34 +23:27 (15) |
| | | | | 4:14 +2:33 (14) | | 8:53 +5:11 (15) | | 8:49 +4:43 (15) | | 15:41 +9:53 (15) | | 13:57 +7:41 (17) |
| | | | | 56:22 +25:47 (15) | | 59:42 +26:01 (15) | | 1:00:52 +26:04 (15) | | 1:04:05 +25:19 (15) | | 1:06:29 +25:36 (15) |
| | | | | 4:48 +2:56 (18) | | 3:20 +0:55 (10) | | 1:10 +0:22 (7) | | 3:13 +0:20 (3) | | 2:24 +0:48 (10) |
| | | | | 1:06:56 +25:44 (15) | | | | | | | | |
| | | | | 0:27 +0:10 (17) | | | | | | | | |
| 16 | 247 | Tristán Martíne Burgos CORZO | 1:11:58 | 4:02 +2:21 (13) | | 10:08 +4:19 (11) | | 16:48 +6:53 (8) | | 43:51 +22:44 (15) | | 52:39 +24:32 (16) |
| | | | | 4:02 +2:21 (13) | | 6:06 +2:24 (11) | | 6:40 +2:34 (12) | | 27:03 +21:15 (19) | | 8:48 +2:32 (8) |
| | | | | 56:28 +25:53 (16) | | 1:03:22 +29:41 (16) | | 1:04:33 +29:45 (16) | | 1:08:57 +30:11 (16) | | 1:11:40 +30:47 (16) |
| | | | | 3:49 +1:57 (15) | | 6:54 +4:29 (18) | | 1:11 +0:23 (8) | | 4:24 +1:31 (14) | | 2:43 +1:07 (13) |
| | | | | 1:11:58 +30:46 (16) | | | | | | | | |
| | | | | 0:18 +0:01 (3) | | | | | | | | |
| 17 | 204 | Garcia Losa Ign Madrid COLMEN | 1:14:15 | 2:53 +1:12 (11) | | 8:04 +2:15 (6) | | 22:28 +12:33 (14) | | 46:05 +24:58 (17) | | 55:29 +27:22 (17) |
| | | | | 2:53 +1:12 (11) | | 5:11 +1:29 (9) | | 14:24 +10:18 (18) | | 23:37 +17:49 (17) | | 9:24 +3:08 (10) |
| | | | | 58:21 +27:46 (17) | | 1:05:26 +31:45 (17) | | 1:06:48 +32:00 (17) | | 1:11:23 +32:37 (17) | | 1:13:52 +32:59 (17) |
| | | | | 2:52 +1:00 (7) | | 7:05 +4:40 (19) | | 1:22 +0:34 (11) | | 4:35 +1:42 (15) | | 2:29 +0:53 (12) |
| | | | | 1:14:15 +33:03 (17) | | | | | | | | |
| | | | | 0:23 +0:06 (10) | | | | | | | | |
| 18 | 179 | Peris Giner Ant Alicante COLIVE | 1:30:02 | 8:45 +7:04 (19) | | 17:10 +11:21 (16) | | 40:34 +30:39 (19) | | 57:34 +36:27 (19) | | 1:10:29 +42:22 (19) |
| | | | | 8:45 +7:04 (19) | | 8:25 +4:43 (14) | | 23:24 +19:18 (19) | | 17:00 +11:12 (16) | | 12:55 +6:39 (16) |
| | | | | 1:14:20 +43:45 (19) | | 1:18:25 +44:44 (19) | | 1:20:20 +45:32 (19) | | 1:26:38 +47:52 (18) | | 1:29:39 +48:46 (18) |
| | | | | 3:51 +1:59 (16) | | 4:05 +1:40 (14) | | 1:55 +1:07 (18) | | 6:18 +3:25 (18) | | 3:01 +1:25 (17) |
| | | | | 1:30:02 +48:50 (18) | | | | | | | | |
| | | | | 0:23 +0:07 (13) | | | | | | | | |
| 19 | 909 | Reyes António [151] GafanhOri | 1:30:38 | 7:36 +5:55 (18) | | 15:46 +9:57 (15) | | 25:39 +15:44 (16) | | 51:51 +30:44 (18) | | 1:06:29 +38:22 (18) |
| | | | | 7:36 +5:55 (18) | | 8:10 +4:28 (13) | | 9:53 +5:47 (17) | | 26:12 +20:24 (18) | | 14:38 +8:22 (18) |
| | | | | 1:11:51 +41:16 (18) | | 1:16:07 +42:26 (18) | | 1:18:10 +43:22 (18) | | 1:27:12 +48:26 (19) | | 1:30:12 +49:19 (19) |
| | | | | 5:22 +3:30 (19) | | 4:16 +1:51 (15) | | 2:03 +1:15 (19) | | 9:02 +6:09 (19) | | 3:00 +1:24 (16) |
| | | | | 1:30:38 +49:26 (19) | | | | | | | | |
| | | | | 0:26 +0:09 (15) | | | | | | | | |
| M-65 (8) | | | | | | | | | | | | |
| | | | | 1(41) | | 2(79) | | 3(80) | | 4(67) | | 5(45) |
| | | | | 6(46) | | 7(76) | | 8(74) | | 9(200) | | Meta |
| 1 | 910 | Dias Manuel [151] GafanhOri | 34:58 | 2:10 0:00 (1) | | 6:25 0:00 (1) | | 9:49 0:00 (1) | | 17:27 0:00 (1) | | 19:35 0:00 (1) |
| | | | | 2:10 0:00 (1) | | 4:15 0:00 (1) | | 3:24 0:00 (1) | | 7:38 +1:18 (2) | | 2:08 0:00 (1) |
| | | | | 22:42 0:00 (1) | | 30:36 0:00 (1) | | 33:06 0:00 (1) | | 34:39 0:00 (1) | | 34:58 0:00 (1) |
| | | | | 3:07 0:00 (1) | | 7:54 +4:52 (8) | | 2:30 0:00 (1) | | 1:33 0:00 (1) | | 0:19 +0:03 (3) |
| 2 | 626 | de Miguel Rey J Soria NAVALEN | 41:54 | 2:57 +0:47 (2) | | 14:29 +8:04 (3) | | 18:50 +9:01 (3) | | 25:10 +7:43 (2) | | 27:59 +8:24 (2) |
| | | | | 2:57 +0:47 (2) | | 11:32 +7:17 (4) | | 4:21 +0:57 (3) | | 6:20 0:00 (1) | | 2:49 +0:41 (2) |
| | | | | 32:08 +9:26 (2) | | 35:27 +4:51 (2) | | 39:25 +6:19 (2) | | 41:34 +6:55 (2) | | 41:54 +6:56 (2) |
| | | | | 4:09 +1:02 (2) | | 3:19 +0:17 (2) | | 3:58 +1:28 (5) | | 2:09 +0:36 (2) | | 0:20 +0:04 (4) |
| 3 | 277 | Gómez Hidalgo Cuenca ELERUT | 47:23 | 3:51 +1:41 (4) | | 13:40 +7:15 (2) | | 17:43 +7:54 (2) | | 27:37 +10:10 (3) | | 32:30 +12:55 (3) |
| | | | | 3:51 +1:41 (4) | | 9:49 +5:34 (2) | | 4:03 +0:39 (2) | | 9:54 +3:34 (4) | | 4:53 +2:45 (4) |
| | | | | 37:50 +15:08 (3) | | 40:52 +10:16 (3) | | 44:50 +11:44 (3) | | 47:07 +12:28 (3) | | 47:23 +12:25 (3) |
| | | | | 5:20 +2:13 (3) | | 3:02 0:00 (1) | | 3:58 +1:28 (5) | | 2:17 +0:44 (3) | | 0:16 +0:00 (2) |
| 4 | 695 | Pérez-Caballer Almería SURCO | 50:15 | 5:37 +3:27 (6) | | 16:44 +10:19 (4) | | 21:29 +11:40 (4) | | 30:05 +12:38 (4) | | 34:13 +14:38 (4) |
| | | | | 5:37 +3:27 (6) | | 11:07 +6:52 (3) | | 4:45 +1:21 (4) | | 8:36 +2:16 (3) | | 4:08 +2:00 (3) |
| | | | | 40:29 +17:47 (4) | | 44:02 +13:26 (4) | | 47:29 +14:23 (4) | | 49:54 +15:15 (4) | | 50:15 +15:17 (4) |
| | | | | 6:16 +3:09 (6) | | 3:33 +0:31 (3) | | 3:27 +0:57 (2) | | 2:25 +0:52 (5) | | 0:21 +0:05 (5) |

| s | sal | Nombre | tiempo | 2,7 km 75 m | | 9 C | (cont.) | | 5(45) | |
|---------------------|-----|-----------------------------------|---------|--------------------|--------------------|--------------------|--------------------|----------------------|-------|--|
| | | | | 1(41) | 2(79) | 3(80) | 4(67) | Meta | | |
| | | | | 6(46) | 7(76) | 8(74) | 9(200) | | | |
| M-65 (8) | | | | | | | | | | |
| 5 | 243 | Iñiguez Crespo Valencia CORRE | 55:18 | 3:50 +1:40 (3) | 17:15 +10:50 (5) | 22:56 +13:07 (5) | 33:06 +15:39 (5) | 38:22 +18:47 (5) | | |
| | | | | 3:50 +1:40 (3) | 13:25 +9:10 (6) | 5:41 +2:17 (7) | 10:10 +3:50 (5) | 5:16 +3:08 (5) | | |
| | | | | 44:35 +21:53 (5) | 48:21 +17:45 (5) | 52:08 +19:02 (5) | 54:49 +20:10 (5) | 55:18 +20:20 (5) | | |
| | | | | 6:13 +3:06 (5) | 3:46 +0:44 (4) | 3:47 +1:17 (4) | 2:41 +1:08 (6) | 0:29 +0:13 (7) | | |
| 6 | 882 | Santos Jorge [128] COALA | 1:10:52 | 5:23 +3:13 (5) | 29:36 +23:11 (7) | 34:25 +24:36 (7) | 48:23 +30:56 (7) | 54:52 +35:17 (7) | | |
| | | | | 5:23 +3:13 (5) | 24:13 +19:58 (7) | 4:49 +1:25 (5) | 13:58 +7:38 (8) | 6:29 +4:21 (6) | | |
| | | | | 1:00:25 +37:43 (7) | 1:04:27 +33:51 (7) | 1:08:09 +35:03 (6) | 1:10:31 +35:52 (6) | 1:10:52 +35:54 (6) | | |
| | | | | 5:33 +2:26 (4) | 4:02 +1:00 (5) | 3:42 +1:12 (3) | 2:22 +0:49 (4) | 0:21 +0:05 (6) | | |
| 7 | 934 | Cramez Arman [007] Ori-Estarr | 1:12:06 | 10:51 +8:41 (7) | 23:03 +16:38 (6) | 28:40 +18:51 (6) | 39:49 +22:22 (6) | 49:06 +29:31 (6) | | |
| | | | | 10:51 +8:41 (7) | 12:12 +7:57 (5) | 5:37 +2:13 (6) | 11:09 +4:49 (6) | 9:17 +7:09 (7) | | |
| | | | | 57:59 +35:17 (6) | 1:03:35 +32:59 (6) | 1:08:36 +35:30 (7) | 1:11:23 +36:44 (7) | 1:12:06 +37:08 (7) | | |
| | | | | 8:53 +5:46 (8) | 5:36 +2:34 (7) | 5:01 +2:31 (7) | 2:47 +1:14 (7) | 0:43 +0:27 (8) | | |
| 8 | 484 | Salas Jodar Jos Murcia LORCA- | 1:43:02 | 20:25 +18:15 (8) | 49:12 +42:47 (8) | 56:48 +46:59 (8) | 1:09:57 +52:30 (8) | 1:20:07 :00:32 (8) | | |
| | | | | 20:25 +18:15 (8) | 28:47 +24:32 (8) | 7:36 +4:12 (8) | 13:09 +6:49 (7) | 10:10 +8:02 (8) | | |
| | | | | 1:27:29 :04:47 (8) | 1:32:51 :02:15 (8) | 1:39:02 :05:56 (8) | 1:42:46 :08:07 (8) | 1:43:02 :08:04 (8) | | |
| | | | | 7:22 +4:15 (7) | 5:22 +2:20 (6) | 6:11 +3:41 (8) | 3:44 +2:11 (8) | 0:16 0:00 (1) | | |
| | | | | | 7:34 | | | | | |
| | | | | | *72 | | | | | |
| M-ELITE (20) | | | | | 4,6 km 195 m | 17 C | | | | |
| | | | | 1(50) | 2(34) | 3(36) | 4(51) | 5(52) | | |
| | | | | 6(54) | 7(33) | 8(64) | 9(38) | 10(56) | | |
| | | | | 11(44) | 12(70) | 13(58) | 14(59) | 15(73) | | |
| | | | | 16(39) | 17(200) | Meta | | | | |
| 1 | 396 | Serrallonga Arq Girona GO-XTRE | 35:47 | 1:25 0:00 (1) | 3:31 0:00 (1) | 4:56 0:00 (1) | 8:14 0:00 (1) | 9:35 0:00 (1) | | |
| | | | | 1:25 0:00 (1) | 2:06 0:00 (1) | 1:25 +0:03 (2) | 3:18 0:00 (1) | 1:21 0:00 (1) | | |
| | | | | 12:22 0:00 (1) | 15:39 0:00 (1) | 16:51 0:00 (1) | 17:28 0:00 (1) | 19:00 0:00 (1) | | |
| | | | | 2:47 0:00 (1) | 3:17 +0:07 (4) | 1:12 0:00 (1) | 0:37 0:00 (1) | 1:32 0:00 (1) | | |
| | | | | 27:21 0:00 (1) | 29:44 0:00 (1) | 30:17 0:00 (1) | 32:39 0:00 (1) | 33:14 0:00 (1) | | |
| | | | | 8:21 0:00 (1) | 2:23 0:00 (1) | 0:33 0:00 (1) | 2:22 0:00 (1) | 0:35 +0:06 (2) | | |
| | | | | 33:48 0:00 (1) | 35:32 0:00 (1) | 35:47 0:00 (1) | | | | |
| | | | | 0:34 0:00 (1) | 1:44 +0:04 (3) | 0:15 +0:01 (3) | | | | |
| 2 | 222 | Ruiz de la Herrá Málaga COMA | 42:51 | 1:30 +0:05 (2) | 6:05 +2:34 (11) | 7:34 +2:38 (8) | 11:25 +3:11 (5) | 13:10 +3:35 (5) | | |
| | | | | 1:30 +0:05 (2) | 4:35 +2:29 (14) | 1:29 +0:07 (3) | 3:51 +0:33 (2) | 1:45 +0:24 (6) | | |
| | | | | 16:14 +3:52 (5) | 19:25 +3:46 (3) | 20:45 +3:54 (2) | 21:29 +4:01 (2) | 23:24 +4:24 (2) | | |
| | | | | 3:04 +0:17 (3) | 3:11 +0:01 (2) | 1:20 +0:08 (2) | 0:44 +0:07 (2) | 1:55 +0:23 (3) | | |
| | | | | 32:10 +4:49 (2) | 35:32 +5:48 (2) | 36:51 +6:34 (2) | 39:38 +6:59 (2) | 40:17 +7:03 (2) | | |
| | | | | 8:46 +0:25 (2) | 3:22 +0:59 (3) | 1:19 +0:46 (13) | 2:47 +0:25 (3) | 0:39 +0:10 (4) | | |
| | | | | 40:56 +7:08 (2) | 42:36 +7:04 (2) | 42:51 +7:04 (2) | | | | |
| | | | | 0:39 +0:05 (2) | 1:40 0:00 (1) | 0:15 +0:02 (7) | | | | |
| 3 | 627 | Morlá Vanrell J Soria NAVALEN | 43:53 | 2:02 +0:37 (10) | 5:05 +1:34 (7) | 6:27 +1:31 (4) | 10:31 +2:17 (3) | 12:11 +2:36 (3) | | |
| | | | | 2:02 +0:37 (10) | 3:03 +0:57 (7) | 1:22 0:00 (1) | 4:04 +0:46 (3) | 1:40 +0:19 (2) | | |
| | | | | 16:00 +3:38 (4) | 19:43 +4:04 (5) | 21:26 +4:35 (5) | 22:19 +4:51 (4) | 24:32 +5:32 (4) | | |
| | | | | 3:49 +1:02 (8) | 3:43 +0:33 (9) | 1:43 +0:31 (9) | 0:53 +0:16 (3) | 2:13 +0:41 (4) | | |
| | | | | 33:54 +6:33 (3) | 37:00 +7:16 (3) | 37:37 +7:20 (3) | 40:35 +7:56 (3) | 41:11 +7:57 (3) | | |
| | | | | 9:22 +1:01 (5) | 3:06 +0:43 (2) | 0:37 +0:04 (2) | 2:58 +0:36 (6) | 0:36 +0:07 (3) | | |
| | | | | 41:56 +8:08 (3) | 43:38 +8:06 (3) | 43:53 +8:06 (3) | | | | |
| | | | | 0:45 +0:11 (6) | 1:42 +0:02 (2) | 0:15 +0:01 (6) | | | | |
| 4 | 306 | López Sánchez Cádiz FUNDI-O | 45:58 | 1:46 +0:21 (6) | 4:25 +0:54 (2) | 6:28 +1:32 (5) | 10:36 +2:22 (4) | 12:19 +2:44 (4) | | |
| | | | | 1:46 +0:21 (6) | 2:39 +0:33 (4) | 2:03 +0:41 (9) | 4:08 +0:50 (4) | 1:43 +0:22 (4) | | |
| | | | | 15:53 +3:31 (3) | 19:36 +3:57 (4) | 21:11 +4:20 (4) | 22:20 +4:52 (5) | 25:11 +6:11 (5) | | |
| | | | | 3:34 +0:47 (6) | 3:43 +0:33 (9) | 1:35 +0:23 (5) | 1:09 +0:32 (11) | 2:51 +1:19 (11) | | |
| | | | | 35:16 +7:55 (4) | 38:52 +9:08 (4) | 39:34 +9:17 (4) | 42:09 +9:30 (4) | 42:54 +9:40 (4) | | |
| | | | | 10:05 +1:44 (7) | 3:36 +1:13 (5) | 0:42 +0:09 (4) | 2:35 +0:13 (2) | 0:45 +0:16 (11) | | |
| | | | | 43:39 +9:51 (4) | 45:45 +10:13 (4) | 45:58 +10:11 (4) | | | | |
| | | | | 0:45 +0:11 (6) | 2:06 +0:26 (11) | 0:13 0:00 (1) | | | | |

s sal Nombre tiempo

M-ELITE (20)

4,6 km 195 m 17 C (cont.)

| | | | | |
|--------|---------|--------|--------|--------|
| 1(50) | 2(34) | 3(36) | 4(51) | 5(52) |
| 6(54) | 7(33) | 8(64) | 9(38) | 10(56) |
| 11(44) | 12(70) | 13(58) | 14(59) | 15(73) |
| 16(39) | 17(200) | Meta | | |

| | | | | | | | | |
|-----------|-----------------|---|-----------------|-------------------|-------------------|-------------------|-------------------|----------------------|
| 5 | 918 | Leal Tiago Ging [052] GD4C | 48:39 | 1:54 +0:29 (8) | 4:28 +0:57 (3) | 6:14 +1:18 (2) | 10:24 +2:10 (2) | 12:05 +2:30 (2) |
| | | | | 1:54 +0:29 (8) | 2:34 +0:28 (2) | 1:46 +0:24 (4) | 4:10 +0:52 (5) | 1:41 +0:20 (3) |
| | | | | 15:25 +3:03 (2) | 19:16 +3:37 (2) | 20:59 +4:08 (3) | 21:59 +4:31 (3) | 24:26 +5:26 (3) |
| | | | | 3:20 +0:33 (4) | 3:51 +0:41 (11) | 1:43 +0:31 (9) | 1:00 +0:23 (6) | 2:27 +0:55 (8) |
| | | | | 37:00 +9:39 (5) | 40:56 +11:12 (5) | 41:44 +11:27 (5) | 45:03 +12:24 (5) | 45:45 +12:31 (5) |
| | | | | 12:34 +4:13 (12) | 3:56 +1:33 (8) | 0:48 +0:15 (5) | 3:19 +0:57 (9) | 0:42 +0:13 (8) |
| | | | | 46:31 +12:43 (5) | 48:23 +12:51 (5) | 48:39 +12:52 (5) | | |
| | 0:46 +0:12 (9) | 1:52 +0:12 (5) | 0:16 +0:02 (8) | | | | | |
| 6 | 844 | Sánchez Serran Alicante VILLEN | 50:18 | 1:34 +0:09 (3) | 6:47 +3:16 (15) | 8:46 +3:50 (10) | 13:55 +5:41 (9) | 15:38 +6:03 (9) |
| | | | | 1:34 +0:09 (3) | 5:13 +3:07 (18) | 1:59 +0:37 (8) | 5:09 +1:51 (10) | 1:43 +0:22 (4) |
| | | | | 19:32 +7:10 (7) | 23:10 +7:31 (8) | 24:44 +7:53 (7) | 25:39 +8:11 (6) | 28:16 +9:16 (6) |
| | | | | 3:54 +1:07 (9) | 3:38 +0:28 (8) | 1:34 +0:22 (4) | 0:55 +0:18 (4) | 2:37 +1:05 (9) |
| | | | | 37:24 +10:03 (6) | 41:14 +11:30 (6) | 42:50 +12:33 (6) | 46:24 +13:45 (6) | 47:07 +13:53 (6) |
| | | | | 9:08 +0:47 (3) | 3:50 +1:27 (7) | 1:36 +1:03 (15) | 3:34 +1:12 (12) | 0:43 +0:14 (9) |
| | | | | 47:58 +14:10 (6) | 50:03 +14:31 (6) | 50:18 +14:31 (6) | | |
| | 0:51 +0:17 (11) | 2:05 +0:25 (10) | 0:15 +0:01 (5) | | | | | |
| 7 | 562 | Benavente Para Madrid MONTE | 50:35 | 2:01 +0:36 (9) | 6:18 +2:47 (12) | 10:05 +5:09 (15) | 14:16 +6:02 (10) | 16:54 +7:19 (10) |
| | | | | 2:01 +0:36 (9) | 4:17 +2:11 (13) | 3:47 +2:25 (18) | 4:11 +0:53 (6) | 2:38 +1:17 (15) |
| | | | | 21:21 +8:59 (10) | 24:54 +9:15 (9) | 26:31 +9:40 (9) | 27:27 +9:59 (9) | 29:50 +10:50 (9) |
| | | | | 4:27 +1:40 (16) | 3:33 +0:23 (6) | 1:37 +0:25 (6) | 0:56 +0:19 (5) | 2:23 +0:51 (7) |
| | | | | 39:22 +12:01 (7) | 43:07 +13:23 (7) | 43:57 +13:40 (7) | 47:03 +14:24 (7) | 47:43 +14:29 (7) |
| | | | | 9:32 +1:11 (6) | 3:45 +1:22 (6) | 0:50 +0:17 (8) | 3:06 +0:44 (7) | 0:40 +0:11 (6) |
| | | | | 48:27 +14:39 (7) | 50:19 +14:47 (7) | 50:35 +14:48 (7) | | |
| | 0:44 +0:10 (5) | 1:52 +0:12 (5) | 0:16 +0:02 (10) | | | | | |
| 8 | 867 | Baroca Nelson [062] CA Madeir | 53:39 | 1:43 +0:18 (4) | 5:19 +1:48 (8) | 10:53 +5:57 (16) | 17:07 +8:53 (16) | 19:15 +9:40 (15) |
| | | | | 1:43 +0:18 (4) | 3:36 +1:30 (9) | 5:34 +4:12 (20) | 6:14 +2:56 (14) | 2:08 +0:47 (14) |
| | | | | 22:15 +9:53 (13) | 25:30 +9:51 (12) | 28:14 +11:23 (12) | 29:52 +12:24 (12) | 31:30 +12:30 (10) |
| | | | | 3:00 +0:13 (2) | 3:15 +0:05 (3) | 2:44 +1:32 (15) | 1:38 +1:01 (17) | 1:38 +0:06 (2) |
| | | | | 42:15 +14:54 (8) | 45:45 +16:01 (8) | 47:21 +17:04 (9) | 50:11 +17:32 (9) | 50:40 +17:26 (8) |
| | | | | 10:45 +2:24 (8) | 3:30 +1:07 (4) | 1:36 +1:03 (15) | 2:50 +0:28 (4) | 0:29 0:00 (1) |
| | | | | 51:25 +17:37 (8) | 53:24 +17:52 (8) | 53:39 +17:52 (8) | | |
| | 0:45 +0:11 (6) | 1:59 +0:19 (8) | 0:15 +0:01 (4) | | | | | |
| 9 | 220 | García Crespo J Málaga COMA | 53:41 | 2:24 +0:59 (16) | 4:59 +1:28 (6) | 6:50 +1:54 (6) | 11:49 +3:35 (6) | 13:53 +4:18 (7) |
| | | | | 2:24 +0:59 (16) | 2:35 +0:29 (3) | 1:51 +0:29 (6) | 4:59 +1:41 (9) | 2:04 +0:43 (12) |
| | | | | 23:56 +11:34 (15) | 27:52 +12:13 (14) | 29:24 +12:33 (13) | 30:32 +13:04 (13) | 33:14 +14:14 (12) |
| | | | | 10:03 +7:16 (19) | 3:56 +0:46 (12) | 1:32 +0:20 (3) | 1:08 +0:31 (10) | 2:42 +1:10 (10) |
| | | | | 42:29 +15:08 (9) | 46:38 +16:54 (9) | 47:16 +16:59 (8) | 50:07 +17:28 (8) | 50:46 +17:32 (9) |
| | | | | 9:15 +0:54 (4) | 4:09 +1:46 (10) | 0:38 +0:05 (3) | 2:51 +0:29 (5) | 0:39 +0:10 (4) |
| | | | | 51:26 +17:38 (9) | 53:24 +17:52 (8) | 53:41 +17:54 (9) | | |
| | 0:40 +0:06 (3) | 1:58 +0:18 (7) | 0:17 +0:03 (13) | | | | | |
| 10 | 919 | Leite Luis [052] GD4C | 55:59 | 2:18 +0:53 (15) | 7:26 +3:55 (17) | 9:37 +4:41 (13) | 15:31 +7:17 (12) | 17:23 +7:48 (12) |
| | | | | 2:18 +0:53 (15) | 5:08 +3:02 (16) | 2:11 +0:49 (10) | 5:54 +2:36 (13) | 1:52 +0:31 (8) |
| | | | | 21:27 +9:05 (11) | 25:45 +10:06 (13) | 27:41 +10:50 (11) | 28:43 +11:15 (11) | 31:35 +12:35 (11) |
| | | | | 4:04 +1:17 (10) | 4:18 +1:08 (13) | 1:56 +0:44 (12) | 1:02 +0:25 (8) | 2:52 +1:20 (12) |
| | | | | 42:53 +15:32 (12) | 47:09 +17:25 (10) | 47:57 +17:40 (10) | 51:40 +19:01 (10) | 52:30 +19:16 (10) |
| | | | | 11:18 +2:57 (9) | 4:16 +1:53 (12) | 0:48 +0:15 (5) | 3:43 +1:21 (13) | 0:50 +0:21 (13) |
| | | | | 53:28 +19:40 (10) | 55:43 +20:11 (10) | 55:59 +20:12 (10) | | |
| | 0:58 +0:24 (16) | 2:15 +0:35 (12) | 0:16 +0:02 (9) | | | | | |
| 11 | 180 | Vila Sempere B Alicante COLIVE | 56:53 | 2:05 +0:40 (11) | 5:54 +2:23 (10) | 7:50 +2:54 (9) | 13:41 +5:27 (8) | 15:27 +5:52 (8) |
| | | | | 2:05 +0:40 (11) | 3:49 +1:43 (11) | 1:56 +0:34 (7) | 5:51 +2:33 (12) | 1:46 +0:25 (7) |
| | | | | 19:35 +7:13 (8) | 23:02 +7:23 (7) | 24:39 +7:48 (6) | 25:54 +8:26 (7) | 28:46 +9:46 (8) |
| | | | | 4:08 +1:21 (11) | 3:27 +0:17 (5) | 1:37 +0:25 (6) | 1:15 +0:38 (14) | 2:52 +1:20 (12) |
| | | | | 42:45 +15:24 (11) | 47:20 +17:36 (11) | 50:09 +19:52 (11) | 53:18 +20:39 (11) | 54:03 +20:49 (11) |
| | | | | 13:59 +5:38 (13) | 4:35 +2:12 (14) | 2:49 +2:16 (18) | 3:09 +0:47 (8) | 0:45 +0:16 (11) |
| | | | | 54:46 +20:58 (11) | 56:37 +21:05 (11) | 56:53 +21:06 (11) | | |
| | 0:43 +0:09 (4) | 1:51 +0:11 (4) | 0:16 +0:03 (12) | | | | | |

s sal Nombre tiempo

M-ELITE (20)

4,6 km 195 m 17 C (cont.)

| | | 1(50) | 2(34) | 3(36) | 4(51) | 5(52) | |
|-----------|---|----------------|---------------------|----------------------|---------------------|---------------------|---------------------|
| | | 6(54) | 7(33) | 8(64) | 9(38) | 10(56) | |
| | | 11(44) | 12(70) | 13(58) | 14(59) | 15(73) | |
| | | 16(39) | 17(200) | Meta | | | |
| 12 | 61 Rodríguez Domi Pontevedra BUD | 58:44 | 1:47 +0:22 (7) | 5:25 +1:54 (9) | 9:01 +4:05 (11) | 20:33 +12:19 (19) | 22:33 +12:58 (19) |
| | | | 1:47 +0:22 (7) | 3:38 +1:32 (10) | 3:36 +2:14 (17) | 11:32 +8:14 (19) | 2:00 +0:39 (11) |
| | | | 26:48 +14:26 (19) | 29:58 +14:19 (17) | 31:36 +14:45 (15) | 32:45 +15:17 (15) | 34:58 +15:58 (15) |
| | | | 4:15 +1:28 (12) | 3:10 0:00 (1) | 1:38 +0:26 (8) | 1:09 +0:32 (11) | 2:13 +0:41 (4) |
| | | | 46:16 +18:55 (13) | 50:21 +20:37 (12) | 51:35 +21:18 (12) | 54:58 +22:19 (12) | 55:38 +22:24 (12) |
| | | | 11:18 +2:57 (9) | 4:05 +1:42 (9) | 1:14 +0:41 (12) | 3:23 +1:01 (10) | 0:40 +0:11 (6) |
| | | | 56:25 +22:37 (12) | 58:28 +22:56 (12) | 58:44 +22:57 (12) | | |
| | | | 0:47 +0:13 (10) | 2:03 +0:23 (9) | 0:16 +0:02 (11) | | |
| 13 | 788 Arumí Rota Xavi Barcelona UEVI | 1:00:40 | 2:07 +0:42 (12) | 4:56 +1:25 (5) | 7:11 +2:15 (7) | 11:51 +3:37 (7) | 13:50 +4:15 (6) |
| | | | 2:07 +0:42 (12) | 2:49 +0:43 (6) | 2:15 +0:53 (11) | 4:40 +1:22 (7) | 1:59 +0:38 (10) |
| | | | 18:05 +5:43 (6) | 23:00 +7:21 (6) | 24:57 +8:06 (8) | 25:57 +8:29 (8) | 28:19 +9:19 (7) |
| | | | 4:15 +1:28 (12) | 4:55 +1:45 (17) | 1:57 +0:45 (14) | 1:00 +0:23 (6) | 2:22 +0:50 (6) |
| | | | 42:37 +15:16 (10) | 51:35 +21:51 (13) | 52:30 +22:13 (13) | 56:02 +23:23 (13) | 56:57 +23:43 (13) |
| | | | 14:18 +5:57 (14) | 8:58 +6:35 (18) | 0:55 +0:22 (9) | 3:32 +1:10 (11) | 0:55 +0:26 (14) |
| | | | 57:51 +24:03 (13) | 1:00:23 +24:51 (13) | 1:00:40 +24:53 (13) | | |
| | | | 0:54 +0:20 (14) | 2:32 +0:52 (14) | 0:17 +0:03 (14) | | |
| 14 | 802 Mérida Sanchís Alicante UNIVER | 1:03:57 | 2:09 +0:44 (13) | 7:20 +3:49 (16) | 11:32 +6:36 (18) | 17:10 +8:56 (17) | 19:59 +10:24 (17) |
| | | | 2:09 +0:44 (13) | 5:11 +3:05 (17) | 4:12 +2:50 (19) | 5:38 +2:20 (11) | 2:49 +1:28 (16) |
| | | | 24:14 +11:52 (16) | 28:49 +13:10 (15) | 31:50 +14:59 (16) | 33:00 +15:32 (16) | 35:57 +16:57 (16) |
| | | | 4:15 +1:28 (12) | 4:35 +1:25 (15) | 3:01 +1:49 (16) | 1:10 +0:33 (13) | 2:57 +1:25 (14) |
| | | | 50:42 +23:21 (16) | 55:07 +25:23 (15) | 55:56 +25:39 (15) | 59:48 +27:09 (15) | 1:00:31 +27:17 (15) |
| | | | 14:45 +6:24 (16) | 4:25 +2:02 (13) | 0:49 +0:16 (7) | 3:52 +1:30 (15) | 0:43 +0:14 (9) |
| | | | 1:01:28 +27:40 (15) | 1:03:43 +28:11 (14) | 1:03:57 +28:10 (14) | | |
| | | | 0:57 +0:23 (15) | 2:15 +0:35 (12) | 0:14 +0:00 (2) | | |
| 15 | 541 Rodríguez Corr Ciudad Real MA | 1:04:17 | 1:43 +0:18 (4) | 4:28 +0:57 (3) | 6:17 +1:21 (3) | 15:24 +7:10 (11) | 17:16 +7:41 (11) |
| | | | 1:43 +0:18 (4) | 2:45 +0:39 (5) | 1:49 +0:27 (5) | 9:07 +5:49 (18) | 1:52 +0:31 (8) |
| | | | 20:50 +8:28 (9) | 25:14 +9:35 (10) | 27:04 +10:13 (10) | 28:08 +10:40 (10) | 34:47 +15:47 (14) |
| | | | 3:34 +0:47 (6) | 4:24 +1:14 (14) | 1:50 +0:38 (11) | 1:04 +0:27 (9) | 6:39 +5:07 (19) |
| | | | 49:08 +21:47 (14) | 53:22 +23:38 (14) | 55:01 +24:44 (14) | 59:15 +26:36 (14) | 1:00:15 +27:01 (14) |
| | | | 14:21 +6:00 (15) | 4:14 +1:51 (11) | 1:39 +1:06 (17) | 4:14 +1:52 (16) | 1:00 +0:31 (15) |
| | | | 1:01:08 +27:20 (14) | 1:03:52 +28:20 (15) | 1:04:17 +28:30 (15) | | |
| | | | 0:53 +0:19 (13) | 2:44 +1:04 (16) | 0:25 +0:11 (17) | | |
| 16 | 58 Álvarez Serto Á Pontevedra AR | 1:06:05 | 2:38 +1:13 (17) | 6:33 +3:02 (13) | 9:30 +4:34 (12) | 15:46 +7:32 (13) | 18:35 +9:00 (14) |
| | | | 2:38 +1:13 (17) | 3:55 +1:49 (12) | 2:57 +1:35 (14) | 6:16 +2:58 (15) | 2:49 +1:28 (16) |
| | | | 26:34 +14:12 (18) | 31:13 +15:34 (18) | 33:09 +16:18 (17) | 34:43 +17:15 (17) | 38:03 +19:03 (17) |
| | | | 7:59 +5:12 (18) | 4:39 +1:29 (16) | 1:56 +0:44 (12) | 1:34 +0:57 (16) | 3:20 +1:48 (16) |
| | | | 50:34 +23:13 (15) | 56:22 +26:38 (16) | 57:20 +27:03 (16) | 1:01:05 +28:26 (16) | 1:02:11 +28:57 (16) |
| | | | 12:31 +4:10 (11) | 5:48 +3:25 (16) | 0:58 +0:25 (10) | 3:45 +1:23 (14) | 1:06 +0:37 (17) |
| | | | 1:03:03 +29:15 (16) | 1:05:39 +30:07 (16) | 1:06:05 +30:18 (16) | | |
| | | | 0:52 +0:18 (12) | 2:36 +0:56 (15) | 0:26 +0:12 (18) | | |
| 17 | 868 Gomes João [062] CA Madeir | 1:14:05 | 3:37 +2:12 (20) | 8:22 +4:51 (18) | 11:21 +6:25 (17) | 17:53 +9:39 (18) | 20:46 +11:11 (18) |
| | | | 3:37 +2:12 (20) | 4:45 +2:39 (15) | 2:59 +1:37 (15) | 6:32 +3:14 (17) | 2:53 +1:32 (18) |
| | | | 26:20 +13:58 (17) | 33:11 +17:32 (19) | 36:38 +19:47 (18) | 38:33 +21:05 (18) | 42:18 +23:18 (18) |
| | | | 5:34 +2:47 (17) | 6:51 +3:41 (19) | 3:27 +2:15 (17) | 1:55 +1:18 (19) | 3:45 +2:13 (17) |
| | | | 57:23 +30:02 (17) | 1:02:24 +32:40 (17) | 1:03:45 +33:28 (17) | 1:08:15 +35:36 (17) | 1:09:22 +36:08 (17) |
| | | | 15:05 +6:44 (17) | 5:01 +2:38 (15) | 1:21 +0:48 (14) | 4:30 +2:08 (18) | 1:07 +0:38 (18) |
| | | | 1:10:32 +36:44 (17) | 1:13:44 +38:12 (17) | 1:14:05 +38:18 (17) | | |
| | | | 1:10 +0:36 (18) | 3:12 +1:32 (18) | 0:21 +0:07 (15) | | |
| 18 | 917 Dias Filipe [052] GD4C | 1:16:18 | 3:09 +1:44 (19) | 6:38 +3:07 (14) | 9:50 +4:54 (14) | 16:11 +7:57 (14) | 19:33 +9:58 (16) |
| | | | 3:09 +1:44 (19) | 3:29 +1:23 (8) | 3:12 +1:50 (16) | 6:21 +3:03 (16) | 3:22 +2:01 (19) |
| | | | 23:51 +11:29 (14) | 29:03 +13:24 (16) | 38:17 +21:26 (19) | 39:32 +22:04 (19) | 43:18 +24:18 (19) |
| | | | 4:18 +1:31 (15) | 5:12 +2:02 (18) | 9:14 +8:02 (19) | 1:15 +0:38 (14) | 3:46 +2:14 (18) |
| | | | 59:20 +31:59 (18) | 1:05:12 +35:28 (18) | 1:06:21 +36:04 (18) | 1:10:49 +38:10 (18) | 1:11:52 +38:38 (18) |
| | | | 16:02 +7:41 (18) | 5:52 +3:29 (17) | 1:09 +0:36 (11) | 4:28 +2:06 (17) | 1:03 +0:34 (16) |
| | | | 1:12:57 +39:09 (18) | 1:15:57 +40:25 (18) | 1:16:18 +40:31 (18) | | |
| | | | 1:05 +0:31 (17) | 3:00 +1:20 (17) | 0:21 +0:07 (16) | | |

| s | sal | Nombre | tiempo | | 4,6 km 195 m | | 17 C | (cont.) | | | | | |
|---------------------------|------------|------------------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|
| M-ELITE (20) | | | | | | | | | | | | | |
| | | | 1(50) | | 2(34) | | 3(36) | | 4(51) | | 5(52) | | |
| | | | 6(54) | | 7(33) | | 8(64) | | 9(38) | | 10(56) | | |
| | | | 11(44) | | 12(70) | | 13(58) | | 14(59) | | 15(73) | | |
| | | | 16(39) | | 17(200) | | Meta | | | | | | |
| 830 | | Landa Sánchez | en tarj. | 2:13 | +0:48 (14) | 8:53 | +5:22 (19) | 11:44 | +6:48 (19) | 16:25 | +8:11 (15) | 18:29 | +8:54 (13) |
| | | Granada VELET | | 2:13 | +0:48 (14) | 6:40 | +4:34 (19) | 2:51 | +1:29 (13) | 4:41 | +1:23 (8) | 2:04 | +0:43 (12) |
| | | | | 21:51 | +9:29 (12) | 25:26 | +9:47 (11) | 29:39 | +12:48 (14) | 31:33 | +14:05 (14) | 34:42 | +15:42 (13) |
| | | | | 3:22 | +0:35 (5) | 3:35 | +0:25 (7) | 4:13 | +3:01 (18) | 1:54 | +1:17 (18) | 3:09 | +1:37 (15) |
| | | | | ----- | | ----- | | ----- | | 54:50 | | 56:04 | |
| | | | | 57:20 | | 1:00:50 | | 1:01:17 | | 20:08 | | 1:14 | |
| | | | | 1:16 | | 3:30 | | 0:27 | +0:13 (19) | | | | |
| 221 | | Morales Pérez | andona | 2:47 | +1:22 (18) | 15:04 | +11:33 (20) | 17:51 | +12:55 (20) | ----- | | ----- | |
| | | Málaga COMA | | 2:47 | +1:22 (18) | 12:17 | +10:11 (20) | 2:47 | +1:25 (12) | ----- | | ----- | |
| | | | | ----- | | ----- | | 35:38 | | ----- | | ----- | |
| | | | | ----- | | ----- | | 17:47 | | ----- | | ----- | |
| | | | | ----- | | ----- | | ----- | | ----- | | ----- | |
| OPEN AMARILLO (33) | | | | | | | | | | | | | |
| | | | | 1(85) | | 2(86) | | 3(94) | | 4(87) | | 5(81) | |
| | | | | 6(82) | | 7(83) | | 8(88) | | 9(200) | | Meta | |
| 1 | 758 | Vega Mora Iria | 16:08 | 1:26 | 0:00 (1) | 3:10 | 0:00 (1) | 7:02 | +0:44 (2) | 11:28 | +1:31 (2) | 12:20 | +0:39 (2) |
| | | Toledo TOLEDO | | 1:26 | 0:00 (1) | 1:44 | 0:00 (1) | 3:52 | +1:15 (4) | 4:26 | +1:53 (2) | 0:52 | +0:07 (2) |
| | | | | 13:27 | +0:35 (2) | 14:28 | +0:27 (2) | 15:08 | +0:05 (2) | 15:52 | 0:00 (1) | 16:08 | 0:00 (1) |
| | | | | 1:07 | +0:12 (4) | 1:01 | 0:00 (1) | 0:40 | 0:00 (1) | 0:44 | 0:00 (1) | 0:16 | +0:00 (3) |
| 2 | 821 | Comas Scull Ra | 16:15 | 2:17 | +0:51 (5) | 4:43 | +1:33 (4) | 7:24 | +1:06 (3) | 9:57 | 0:00 (1) | 11:41 | 0:00 (1) |
| | | Valencia VALEN | | 2:17 | +0:51 (5) | 2:26 | +0:42 (5) | 2:41 | +0:04 (2) | 2:33 | 0:00 (1) | 1:44 | +0:59 (8) |
| | | | | 12:52 | 0:00 (1) | 14:01 | 0:00 (1) | 15:03 | 0:00 (1) | 15:53 | +0:01 (2) | 16:15 | +0:07 (2) |
| | | | | 1:11 | +0:16 (6) | 1:09 | +0:08 (2) | 1:02 | +0:22 (8) | 0:50 | +0:06 (2) | 0:22 | +0:06 (20) |
| 3 | 181 | Teruel Semper | 17:09 | 1:52 | +0:26 (3) | 3:41 | +0:31 (2) | 6:18 | 0:00 (1) | 11:55 | +1:58 (3) | 12:40 | +0:59 (3) |
| | | Alicante COLIVE | | 1:52 | +0:26 (3) | 1:49 | +0:05 (2) | 2:37 | 0:00 (1) | 5:37 | +3:04 (4) | 0:45 | 0:00 (1) |
| | | | | 13:50 | +0:58 (3) | 15:01 | +1:00 (3) | 15:52 | +0:49 (3) | 16:51 | +0:59 (3) | 17:09 | +1:01 (3) |
| | | | | 1:10 | +0:15 (5) | 1:11 | +0:10 (3) | 0:51 | +0:11 (3) | 0:59 | +0:15 (5) | 0:18 | +0:01 (5) |
| 4 | 948 | Sánchez-Gil Ma | 21:48 | 2:04 | +0:38 (4) | 5:05 | +1:55 (6) | 8:40 | +2:22 (4) | 14:26 | +4:29 (4) | 16:07 | +4:26 (4) |
| | | Ciudad Real MA | | 2:04 | +0:38 (4) | 3:01 | +1:17 (10) | 3:35 | +0:58 (3) | 5:46 | +3:13 (5) | 1:41 | +0:56 (6) |
| | | | | 17:11 | +4:19 (4) | 18:46 | +4:45 (4) | 19:56 | +4:53 (4) | 21:23 | +5:31 (4) | 21:48 | +5:40 (4) |
| | | | | 1:04 | +0:09 (2) | 1:35 | +0:34 (5) | 1:10 | +0:30 (11) | 1:27 | +0:43 (16) | 0:25 | +0:08 (22) |
| 5 | 521 | Green Teagan | 25:49 | 2:54 | +1:28 (11) | 5:25 | +2:15 (9) | 10:04 | +3:46 (7) | 17:47 | +7:50 (6) | 19:26 | +7:45 (6) |
| | | Madrid MALAR | | 2:54 | +1:28 (11) | 2:31 | +0:47 (7) | 4:39 | +2:02 (7) | 7:43 | +5:10 (9) | 1:39 | +0:54 (4) |
| | | | | 21:01 | +8:09 (6) | 23:23 | +9:22 (6) | 24:34 | +9:31 (5) | 25:27 | +9:35 (5) | 25:49 | +9:41 (5) |
| | | | | 1:35 | +0:40 (11) | 2:22 | +1:21 (16) | 1:11 | +0:31 (12) | 0:53 | +0:09 (4) | 0:22 | +0:06 (19) |
| 6 | 380 | Honrubia García | 26:16 | 2:46 | +1:20 (9) | 5:04 | +1:54 (5) | 9:18 | +3:00 (6) | 18:31 | +8:34 (7) | 20:36 | +8:55 (7) |
| | | Albacete GODIH | | 2:46 | +1:20 (9) | 2:18 | +0:34 (4) | 4:14 | +1:37 (6) | 9:13 | +6:40 (14) | 2:05 | +1:20 (12) |
| | | | | 21:31 | +8:39 (7) | 22:46 | +8:45 (5) | 24:37 | +9:34 (6) | 25:53 | +10:01 (6) | 26:16 | +10:08 (6) |
| | | | | 0:55 | 0:00 (1) | 1:15 | +0:14 (4) | 1:51 | +1:11 (24) | 1:16 | +0:32 (13) | 0:23 | +0:06 (21) |
| 7 | 290 | González-Cond | 26:50 | 2:46 | +1:20 (9) | 5:14 | +2:04 (8) | 9:09 | +2:51 (5) | 16:07 | +6:10 (5) | 17:54 | +6:13 (5) |
| | | Murcia FALCOT | | 2:46 | +1:20 (9) | 2:28 | +0:44 (6) | 3:55 | +1:18 (5) | 6:58 | +4:25 (6) | 1:47 | +1:02 (9) |
| | | | | 19:34 | +6:42 (5) | 23:49 | +9:48 (7) | 25:04 | +10:01 (7) | 26:32 | +10:40 (7) | 26:50 | +10:42 (7) |
| | | | | 1:40 | +0:45 (13) | 4:15 | +3:14 (30) | 1:15 | +0:35 (15) | 1:28 | +0:44 (17) | 0:18 | +0:01 (7) |
| 8 | 520 | Green Gemma | 28:54 | 3:42 | +2:16 (18) | 7:20 | +4:10 (15) | 13:06 | +6:48 (11) | 20:22 | +10:25 (8) | 22:01 | +10:20 (8) |
| | | Madrid MALAR | | 3:42 | +2:16 (18) | 3:38 | +1:54 (15) | 5:46 | +3:09 (13) | 7:16 | +4:43 (8) | 1:39 | +0:54 (4) |
| | | | | 24:27 | +11:35 (8) | 26:16 | +12:15 (8) | 27:23 | +12:20 (8) | 28:33 | +12:41 (8) | 28:54 | +12:46 (8) |
| | | | | 2:26 | +1:31 (25) | 1:49 | +0:48 (9) | 1:07 | +0:27 (10) | 1:10 | +0:26 (8) | 0:21 | +0:05 (15) |
| 9 | 41 | Dominguez Mo | 29:51 | 3:12 | +1:46 (13) | 7:12 | +4:02 (13) | 12:42 | +6:24 (10) | 20:48 | +10:51 (9) | 23:16 | +11:35 (9) |
| | | León ALCON | | 3:12 | +1:46 (13) | 4:00 | +2:16 (20) | 5:30 | +2:53 (11) | 8:06 | +5:33 (10) | 2:28 | +1:43 (15) |
| | | | | 25:26 | +12:34 (10) | 27:13 | +13:12 (9) | 28:12 | +13:09 (9) | 29:24 | +13:32 (9) | 29:51 | +13:43 (9) |
| | | | | 2:10 | +1:15 (21) | 1:47 | +0:46 (7) | 0:59 | +0:19 (7) | 1:12 | +0:28 (9) | 0:27 | +0:10 (23) |

| s | sal | Nombre | tiempo | 1,4 km | | 13 m | 9 C | (cont.) | | 5(81) |
|-----------|------------|---------------------------------------|--------------|-------------------|-------------------|------|-------------------|-------------------|----------------------|-------|
| | | | | 1(85) | 2(86) | | 3(94) | 4(87) | 5(81) | |
| | | | | 6(82) | 7(83) | | 8(88) | 9(200) | Meta | |
| 10 | 754 | Peces Comend Toledo TOLEDO | 30:41 | 2:19 +0:53 (6) | 4:08 +0:58 (3) | | 16:53 +10:35 (21) | 22:02 +12:05 (11) | 24:06 +12:25 (10) | |
| | | | | 2:19 +0:53 (6) | 1:49 +0:05 (2) | | 12:45 +10:08 (30) | 5:09 +2:36 (3) | 2:04 +1:19 (11) | |
| | | | | 25:11 +12:19 (9) | 28:14 +14:13 (10) | | 29:09 +14:06 (10) | 30:21 +14:29 (10) | 30:41 +14:33 (10) | |
| | | | | 1:05 +0:10 (3) | 3:03 +2:02 (24) | | 0:55 +0:15 (6) | 1:12 +0:28 (9) | 0:20 +0:04 (10) | |
| 11 | 759 | Vega Mora Naro Toledo TOLEDO | 31:20 | 3:15 +1:49 (14) | 7:15 +4:05 (14) | | 13:19 +7:01 (13) | 22:52 +12:55 (13) | 24:55 +13:14 (12) | |
| | | | | 3:15 +1:49 (14) | 4:00 +2:16 (20) | | 6:04 +3:27 (16) | 9:33 +7:00 (17) | 2:03 +1:18 (10) | |
| | | | | 26:36 +13:44 (13) | 28:54 +14:53 (13) | | 29:38 +14:35 (11) | 31:04 +15:12 (11) | 31:20 +15:12 (11) | |
| | | | | 1:41 +0:46 (14) | 2:18 +1:17 (15) | | 0:44 +0:04 (2) | 1:26 +0:42 (14) | 0:16 0:00 (1) | |
| 12 | 755 | Peces Comend Toledo TOLEDO | 32:34 | 2:33 +1:07 (7) | 5:08 +1:58 (7) | | 17:00 +10:42 (23) | 24:12 +14:15 (16) | 25:07 +13:26 (13) | |
| | | | | 2:33 +1:07 (7) | 2:35 +0:51 (8) | | 11:52 +9:15 (29) | 7:12 +4:39 (7) | 0:55 +0:10 (3) | |
| | | | | 26:18 +13:26 (11) | 28:46 +14:45 (11) | | 31:21 +16:18 (13) | 32:12 +16:20 (12) | 32:34 +16:26 (12) | |
| | | | | 1:11 +0:16 (6) | 2:28 +1:27 (18) | | 2:35 +1:55 (30) | 0:51 +0:07 (3) | 0:22 +0:05 (17) | |
| 13 | 756 | Pérez García M Toledo TOLEDO | 33:33 | 3:15 +1:49 (14) | 7:07 +3:57 (12) | | 13:24 +7:06 (15) | 21:59 +12:02 (10) | 24:50 +13:09 (11) | |
| | | | | 3:15 +1:49 (14) | 3:52 +2:08 (18) | | 6:17 +3:40 (18) | 8:35 +6:02 (11) | 2:51 +2:06 (18) | |
| | | | | 26:35 +13:43 (12) | 28:48 +14:47 (12) | | 29:41 +14:38 (12) | 33:17 +17:25 (13) | 33:33 +17:25 (13) | |
| | | | | 1:45 +0:50 (15) | 2:13 +1:12 (13) | | 0:53 +0:13 (4) | 3:36 +2:52 (30) | 0:16 +0:00 (2) | |
| 14 | 248 | Arranz Bravo Ji Burgos CORZO | 33:49 | 3:42 +2:16 (18) | 7:57 +4:47 (19) | | 13:10 +6:52 (12) | 22:55 +12:58 (14) | 26:04 +14:23 (15) | |
| | | | | 3:42 +2:16 (18) | 4:15 +2:31 (23) | | 5:13 +2:36 (9) | 9:45 +7:12 (18) | 3:09 +2:24 (19) | |
| | | | | 28:13 +15:21 (15) | 30:25 +16:24 (15) | | 32:02 +16:59 (14) | 33:28 +17:36 (14) | 33:49 +17:41 (14) | |
| | | | | 2:09 +1:14 (20) | 2:12 +1:11 (12) | | 1:37 +0:57 (21) | 1:26 +0:42 (14) | 0:21 +0:04 (11) | |
| 15 | 757 | Teijeiro Montor Toledo TOLEDO | 34:50 | 4:07 +2:41 (22) | 7:47 +4:37 (18) | | 13:19 +7:01 (13) | 22:42 +12:45 (12) | 25:07 +13:26 (13) | |
| | | | | 4:07 +2:41 (22) | 3:40 +1:56 (16) | | 5:32 +2:55 (12) | 9:23 +6:50 (15) | 2:25 +1:40 (14) | |
| | | | | 26:56 +14:04 (14) | 29:27 +15:26 (14) | | 32:39 +17:36 (15) | 34:23 +18:31 (15) | 34:50 +18:42 (15) | |
| | | | | 1:49 +0:54 (16) | 2:31 +1:30 (19) | | 3:12 +2:32 (31) | 1:44 +1:00 (22) | 0:27 +0:11 (25) | |
| 16 | 543 | Blázquez Valver Ciudad Real MA | 35:24 | 3:26 +2:00 (16) | 8:13 +5:03 (21) | | 14:08 +7:50 (17) | 24:57 +15:00 (18) | 28:53 +17:12 (17) | |
| | | | | 3:26 +2:00 (16) | 4:47 +3:03 (24) | | 5:55 +3:18 (14) | 10:49 +8:16 (20) | 3:56 +3:11 (26) | |
| | | | | 30:14 +17:22 (16) | 32:29 +18:28 (16) | | 34:03 +19:00 (17) | 35:06 +19:14 (16) | 35:24 +19:16 (16) | |
| | | | | 1:21 +0:26 (9) | 2:15 +1:14 (14) | | 1:34 +0:54 (20) | 1:03 +0:19 (7) | 0:18 +0:02 (8) | |
| 17 | 430 | Cruz Fernando Independiente I | 35:35 | 4:37 +3:11 (23) | 8:05 +4:55 (20) | | 15:27 +9:09 (18) | 24:36 +14:39 (17) | 28:56 +17:15 (18) | |
| | | | | 4:37 +3:11 (23) | 3:28 +1:44 (13) | | 7:22 +4:45 (21) | 9:09 +6:36 (13) | 4:20 +3:35 (28) | |
| | | | | 31:03 +18:11 (18) | 32:41 +18:40 (17) | | 33:54 +18:51 (16) | 35:06 +19:14 (16) | 35:35 +19:27 (17) | |
| | | | | 2:07 +1:12 (17) | 1:38 +0:37 (6) | | 1:13 +0:33 (14) | 1:12 +0:28 (9) | 0:29 +0:12 (28) | |
| 18 | 87 | Tamarit Calvo C Valencia CCVA | 36:06 | 4:02 +2:36 (21) | 7:36 +4:26 (17) | | 13:43 +7:25 (16) | 23:34 +13:37 (15) | 28:48 +17:07 (16) | |
| | | | | 4:02 +2:36 (21) | 3:34 +1:50 (14) | | 6:07 +3:30 (17) | 9:51 +7:18 (19) | 5:14 +4:29 (29) | |
| | | | | 30:25 +17:33 (17) | 33:15 +19:14 (18) | | 34:09 +19:06 (18) | 35:39 +19:47 (18) | 36:06 +19:58 (18) | |
| | | | | 1:37 +0:42 (12) | 2:50 +1:49 (23) | | 0:54 +0:14 (5) | 1:30 +0:46 (18) | 0:27 +0:10 (24) | |
| 19 | 244 | Claramunt Mor Valencia CORRE | 38:27 | 3:10 +1:44 (12) | 7:24 +4:14 (16) | | 16:42 +10:24 (20) | 28:39 +18:42 (19) | 31:13 +19:32 (19) | |
| | | | | 3:10 +1:44 (12) | 4:14 +2:30 (22) | | 9:18 +6:41 (25) | 11:57 +9:24 (23) | 2:34 +1:49 (16) | |
| | | | | 32:34 +19:42 (19) | 34:57 +20:56 (19) | | 36:12 +21:09 (19) | 38:05 +22:13 (19) | 38:27 +22:19 (19) | |
| | | | | 1:21 +0:26 (9) | 2:23 +1:22 (17) | | 1:15 +0:35 (15) | 1:53 +1:09 (23) | 0:22 +0:06 (18) | |
| 20 | 545 | Huertas Ovejer Ciudad Real MA | 39:23 | 3:37 +2:11 (17) | 6:40 +3:30 (11) | | 12:36 +6:18 (9) | 29:10 +19:13 (20) | 31:24 +19:43 (20) | |
| | | | | 3:37 +2:11 (17) | 3:03 +1:19 (11) | | 5:56 +3:19 (15) | 16:34 +14:01 (28) | 2:14 +1:29 (13) | |
| | | | | 32:43 +19:51 (20) | 35:30 +21:29 (20) | | 36:57 +21:54 (20) | 38:39 +22:47 (20) | 39:23 +23:15 (20) | |
| | | | | 1:19 +0:24 (8) | 2:47 +1:46 (22) | | 1:27 +0:47 (18) | 1:42 +0:58 (20) | 0:44 +0:27 (31) | |
| 21 | 22 | Molina Duran Da Sevilla ADOL | 43:15 | 4:49 +3:23 (26) | 10:06 +6:56 (26) | | 17:28 +11:10 (25) | 29:56 +19:59 (22) | 32:34 +20:53 (21) | |
| | | | | 4:49 +3:23 (26) | 5:17 +3:33 (26) | | 7:22 +4:45 (21) | 12:28 +9:55 (25) | 2:38 +1:53 (17) | |
| | | | | 35:24 +22:32 (22) | 38:29 +24:28 (22) | | 40:15 +25:12 (21) | 42:56 +27:04 (21) | 43:15 +27:07 (21) | |
| | | | | 2:50 +1:55 (30) | 3:05 +2:04 (25) | | 1:46 +1:06 (23) | 2:41 +1:57 (28) | 0:19 +0:02 (9) | |
| 22 | 943 | López Martín Ir Málaga COMA | 43:16 | 4:48 +3:22 (25) | 10:11 +7:01 (28) | | 17:23 +11:05 (24) | 29:30 +19:33 (21) | 32:40 +20:59 (22) | |
| | | | | 4:48 +3:22 (25) | 5:23 +3:39 (27) | | 7:12 +4:35 (20) | 12:07 +9:34 (24) | 3:10 +2:25 (21) | |
| | | | | 35:17 +22:25 (21) | 38:27 +24:26 (21) | | 40:22 +25:19 (22) | 43:00 +27:08 (22) | 43:16 +27:08 (22) | |
| | | | | 2:37 +1:42 (27) | 3:10 +2:09 (26) | | 1:55 +1:15 (27) | 2:38 +1:54 (26) | 0:16 +0:00 (4) | |
| 23 | 223 | García Gómez C Málaga COMA | 43:32 | 3:56 +2:30 (20) | 9:26 +6:16 (24) | | 24:29 +18:11 (30) | 33:08 +23:11 (25) | 36:39 +24:58 (24) | |
| | | | | 3:56 +2:30 (20) | 5:30 +3:46 (28) | | 15:03 +12:26 (32) | 8:39 +6:06 (12) | 3:31 +2:46 (25) | |
| | | | | 39:24 +26:32 (24) | 41:11 +27:10 (23) | | 42:15 +27:12 (23) | 43:14 +27:22 (23) | 43:32 +27:24 (23) | |
| | | | | 2:45 +1:50 (28) | 1:47 +0:46 (7) | | 1:04 +0:24 (9) | 0:59 +0:15 (5) | 0:18 +0:01 (5) | |

s sal Nombre tiempo

OPEN NARANJA (33)

1,9 km 70 m 11 C (cont.)

1(85) 2(87) 3(95) 4(94) 5(93)
6(96) 7(81) 8(82) 9(83) 10(88)
11(200) Meta

| | | | | | | | | |
|-----------|------------|-------------------------|--------------|----------------------|----------------------|-----------------------|----------------------|----------------------|
| 3 | 546 | Diaz-Portales G | 23:47 | 1:40 +0:14 (2) | 5:28 +1:04 (4) | 11:28 0:00 (1) | 13:26 +0:56 (3) | 14:50 +1:03 (2) |
| | | Ciudad Real MA | | 1:40 +0:14 (2) | 3:48 +0:50 (5) | 6:00 +2:27 (5) | 1:58 +1:17 (18) | 1:24 +0:11 (3) |
| | | | | 18:07 +0:55 (2) | 19:23 +1:21 (2) | 19:52 +1:17 (2) | 21:26 +1:53 (2) | 22:38 +2:23 (3) |
| | | | | 3:17 +0:08 (3) | 1:16 +0:26 (7) | 0:29 0:00 (1) | 1:34 +0:45 (22) | 1:12 +0:36 (21) |
| | | | | 23:27 +0:31 (3) | 23:47 +0:35 (3) | | | |
| | | | | 0:49 +0:17 (5) | 0:20 +0:08 (12) | | | |
| 4 | 548 | Parrado Arias R | 25:53 | 2:01 +0:35 (7) | 5:25 +1:01 (3) | 12:03 +0:35 (3) | 12:52 +0:22 (2) | 15:12 +1:25 (4) |
| | | Ciudad Real MA | | 2:01 +0:35 (7) | 3:24 +0:26 (3) | 6:38 +3:05 (9) | 0:49 +0:08 (2) | 2:20 +1:07 (13) |
| | | | | 19:40 +2:28 (4) | 20:45 +2:43 (4) | 23:08 +4:33 (5) | 23:57 +4:24 (4) | 24:45 +4:30 (4) |
| | | | | 4:28 +1:19 (11) | 1:05 +0:15 (4) | 2:23 +1:54 (28) | 0:49 0:00 (1) | 0:48 +0:12 (6) |
| | | | | 25:41 +2:45 (4) | 25:53 +2:41 (4) | | | |
| | | | | 0:56 +0:24 (9) | 0:12 0:00 (1) | | | |
| 5 | 463 | Marcos Junco | 26:10 | 2:08 +0:42 (10) | 6:54 +2:30 (7) | 13:23 +1:55 (7) | 15:09 +2:39 (6) | 17:22 +3:35 (6) |
| | | Asturias LA BR | | 2:08 +0:42 (10) | 4:46 +1:48 (8) | 6:29 +2:56 (8) | 1:46 +1:05 (15) | 2:13 +1:00 (11) |
| | | | | 20:31 +3:19 (5) | 22:02 +4:00 (5) | 22:44 +4:09 (4) | 23:58 +4:25 (5) | 24:48 +4:33 (5) |
| | | | | 3:09 0:00 (1) | 1:31 +0:41 (11) | 0:42 +0:13 (6) | 1:14 +0:25 (10) | 0:50 +0:14 (7) |
| | | | | 25:49 +2:53 (5) | 26:10 +2:58 (5) | | | |
| | | | | 1:01 +0:29 (12) | 0:21 +0:08 (14) | | | |
| 6 | 619 | Sánchez Mateo | 28:18 | 2:04 +0:38 (8) | 7:21 +2:57 (9) | 15:24 +3:56 (8) | 16:27 +3:57 (8) | 19:10 +5:23 (10) |
| | | Toledo NAVALC | | 2:04 +0:38 (8) | 5:17 +2:19 (10) | 8:03 +4:30 (16) | 1:03 +0:22 (5) | 2:43 +1:30 (14) |
| | | | | 22:53 +5:41 (7) | 24:16 +6:14 (8) | 25:10 +6:35 (8) | 26:15 +6:42 (6) | 26:51 +6:36 (6) |
| | | | | 3:43 +0:34 (6) | 1:23 +0:33 (9) | 0:54 +0:25 (12) | 1:05 +0:16 (5) | 0:36 0:00 (1) |
| | | | | 28:00 +5:04 (6) | 28:18 +5:06 (6) | | | |
| | | | | 1:09 +0:37 (15) | 0:18 +0:05 (7) | | | |
| 7 | 384 | Pérez Gómez E | 28:34 | 2:04 +0:38 (8) | 6:48 +2:24 (6) | 13:04 +1:36 (5) | 16:05 +3:35 (7) | 18:03 +4:16 (7) |
| | | Albacete GODIH | | 2:04 +0:38 (8) | 4:44 +1:46 (7) | 6:16 +2:43 (7) | 3:01 +2:20 (28) | 1:58 +0:45 (8) |
| | | | | 22:05 +4:53 (6) | 23:54 +5:52 (6) | 24:59 +6:24 (7) | 26:18 +6:45 (7) | 27:21 +7:06 (7) |
| | | | | 4:02 +0:53 (8) | 1:49 +0:59 (17) | 1:05 +0:36 (18) | 1:19 +0:30 (12) | 1:03 +0:27 (14) |
| | | | | 28:16 +5:20 (7) | 28:34 +5:22 (7) | | | |
| | | | | 0:55 +0:23 (8) | 0:18 +0:06 (9) | | | |
| 8 | 617 | Gonzalez Marti | 32:03 | 1:49 +0:23 (3) | 8:14 +3:50 (12) | 17:59 +6:31 (19) | 19:42 +7:12 (18) | 22:26 +8:39 (14) |
| | | Toledo NAVALC | | 1:49 +0:23 (3) | 6:25 +3:27 (16) | 9:45 +6:12 (27) | 1:43 +1:02 (13) | 2:44 +1:31 (15) |
| | | | | 27:25 +10:13 (13) | 28:32 +10:30 (11) | 29:17 +10:42 (11) | 30:14 +10:41 (10) | 30:59 +10:44 (8) |
| | | | | 4:59 +1:50 (14) | 1:07 +0:17 (6) | 0:45 +0:16 (9) | 0:57 +0:08 (2) | 0:45 +0:09 (5) |
| | | | | 31:42 +8:46 (8) | 32:03 +8:51 (8) | | | |
| | | | | 0:43 +0:11 (3) | 0:21 +0:09 (17) | | | |
| 9 | 182 | Gisbert Silvestr | 32:28 | 1:26 0:00 (1) | 4:24 0:00 (1) | 15:53 +4:25 (13) | 16:46 +4:16 (9) | 18:20 +4:33 (8) |
| | | Alicante COLIVE | | 1:26 0:00 (1) | 2:58 0:00 (1) | 11:29 +7:56 (29) | 0:53 +0:12 (4) | 1:34 +0:21 (4) |
| | | | | 23:00 +5:48 (8) | 24:02 +6:00 (7) | 24:34 +5:59 (6) | 28:15 +8:42 (8) | 31:33 +11:18 (9) |
| | | | | 4:40 +1:31 (13) | 1:02 +0:12 (3) | 0:32 +0:03 (2) | 3:41 +2:52 (30) | 3:18 +2:42 (28) |
| | | | | 32:11 +9:15 (9) | 32:28 +9:16 (9) | | | |
| | | | | 0:38 +0:06 (2) | 0:17 +0:04 (5) | | | |
| 10 | 82 | Batanero Bachill | 33:18 | 2:19 +0:53 (16) | 9:56 +5:32 (19) | 15:50 +4:22 (10) | 17:08 +4:38 (10) | 18:44 +4:57 (9) |
| | | Guadalajara C.O | | 2:19 +0:53 (16) | 7:37 +4:39 (20) | 5:54 +2:21 (4) | 1:18 +0:37 (7) | 1:36 +0:23 (6) |
| | | | | 23:47 +6:35 (9) | 25:05 +7:03 (9) | 26:24 +7:49 (9) | 30:42 +11:09 (11) | 31:45 +11:30 (10) |
| | | | | 5:03 +1:54 (15) | 1:18 +0:28 (8) | 1:19 +0:50 (21) | 4:18 +3:29 (31) | 1:03 +0:27 (14) |
| | | | | 32:52 +9:56 (10) | 33:18 +10:06 (10) | | 6:49 | |
| | | | | 1:07 +0:35 (14) | 0:26 +0:13 (23) | | *81 | |
| 11 | 615 | Gonzalez Diaz | 34:59 | 2:54 +1:28 (24) | 6:26 +2:02 (5) | 15:43 +4:15 (9) | 17:56 +5:26 (13) | 25:38 +11:51 (16) |
| | | Toledo NAVALC | | 2:54 +1:28 (24) | 3:32 +0:34 (4) | 9:17 +5:44 (26) | 2:13 +1:32 (20) | 7:42 +6:29 (24) |
| | | | | 30:11 +12:59 (15) | 31:08 +13:06 (15) | 32:02 +13:27 (13) | 32:59 +13:26 (12) | 34:13 +13:58 (12) |
| | | | | 4:33 +1:24 (12) | 0:57 +0:07 (2) | 0:54 +0:25 (12) | 0:57 +0:08 (2) | 1:14 +0:38 (22) |
| | | | | 34:45 +11:49 (11) | 34:59 +11:47 (11) | | | |
| | | | | 0:32 0:00 (1) | 0:14 +0:01 (2) | | | |
| 12 | 291 | Pérez Espín Ag | 36:00 | 2:33 +1:07 (20) | 8:53 +4:29 (14) | 15:52 +4:24 (12) | 17:42 +5:12 (12) | 20:32 +6:45 (11) |
| | | Murcia FALCOT | | 2:33 +1:07 (20) | 6:20 +3:22 (14) | 6:59 +3:26 (11) | 1:50 +1:09 (16) | 2:50 +1:37 (17) |
| | | | | 25:58 +8:46 (11) | 28:33 +10:31 (12) | 31:27 +12:52 (12) | 33:10 +13:37 (13) | 34:11 +13:56 (11) |
| | | | | 5:26 +2:17 (16) | 2:35 +1:45 (24) | 2:54 +2:25 (30) | 1:43 +0:54 (24) | 1:01 +0:25 (12) |
| | | | | 35:34 +12:38 (12) | 36:00 +12:48 (12) | | | |
| | | | | 1:23 +0:51 (21) | 0:26 +0:13 (26) | | | |

| s | sal | Nombre | tiempo | 1,9 km | | 70 m | 11 C | (cont.) | | | |
|-----------|------------|---------------------------------------|--------------|-------------------|-------------------|-------------------|-------------------|-------------------|--|-------|--------|
| | | | | 1(85) | | 2(87) | | 3(95) | | 4(94) | 5(93) |
| | | | | 6(96) | | 7(81) | | 8(82) | | 9(83) | 10(88) |
| | | | | 11(200) | | Meta | | | | | |
| 13 | 762 | Herranz Díaz Pil Toledo TOLEDO | 36:57 | 2:49 +1:23 (22) | 7:42 +3:18 (10) | 17:42 +6:14 (17) | 19:38 +7:08 (17) | 21:26 +7:39 (12) | | | |
| | | | | 2:49 +1:23 (22) | 4:53 +1:55 (9) | 10:00 +6:27 (28) | 1:56 +1:15 (17) | 1:48 +0:35 (7) | | | |
| | | | | 25:14 +8:02 (10) | 27:18 +9:16 (10) | 28:00 +9:25 (10) | 29:12 +9:39 (9) | 35:50 +15:35 (14) | | | |
| | | | | 3:48 +0:39 (7) | 2:04 +1:14 (20) | 0:42 +0:13 (6) | 1:12 +0:23 (9) | 6:38 +6:02 (30) | | | |
| | | | | 36:35 +13:39 (13) | 36:57 +13:45 (13) | | | | | | |
| | | | | 0:45 +0:13 (4) | 0:22 +0:09 (18) | | | | | | |
| 14 | 760 | Alguacil Martín Toledo TOLEDO | 37:09 | 3:27 +2:01 (28) | 9:29 +5:05 (17) | 17:50 +6:22 (18) | 20:08 +7:38 (19) | 22:12 +8:25 (13) | | | |
| | | | | 3:27 +2:01 (28) | 6:02 +3:04 (12) | 8:21 +4:48 (20) | 2:18 +1:37 (21) | 2:04 +0:51 (10) | | | |
| | | | | 26:34 +9:22 (12) | 30:51 +12:49 (14) | 32:13 +13:38 (14) | 34:12 +14:39 (14) | 35:17 +15:02 (13) | | | |
| | | | | 4:22 +1:13 (10) | 4:17 +3:27 (31) | 1:22 +0:53 (24) | 1:59 +1:10 (26) | 1:05 +0:29 (17) | | | |
| | | | | 36:43 +13:47 (14) | 37:09 +13:57 (14) | | | | | | |
| | | | | 1:26 +0:54 (24) | 0:26 +0:13 (25) | | | | | | |
| 15 | 761 | García Godoy G Toledo TOLEDO | 38:25 | 1:57 +0:31 (6) | 9:36 +5:12 (18) | 21:21 +9:53 (27) | 22:44 +10:14 (23) | 24:42 +10:55 (15) | | | |
| | | | | 1:57 +0:31 (6) | 7:39 +4:41 (21) | 11:45 +8:12 (30) | 1:23 +0:42 (8) | 1:58 +0:45 (8) | | | |
| | | | | 28:19 +11:07 (14) | 29:49 +11:47 (13) | 34:45 +16:10 (15) | 35:54 +16:21 (15) | 36:46 +16:31 (15) | | | |
| | | | | 3:37 +0:28 (5) | 1:30 +0:40 (10) | 4:56 +4:27 (31) | 1:09 +0:20 (6) | 0:52 +0:16 (8) | | | |
| | | | | 38:03 +15:07 (15) | 38:25 +15:13 (15) | | 31:14 | | | | |
| | | | | 1:17 +0:45 (18) | 0:22 +0:10 (20) | | *83 | | | | |
| 16 | 318 | García Santos R La Coruña GAL | 40:34 | 2:16 +0:50 (14) | 11:57 +7:33 (26) | 20:06 +8:38 (23) | 23:07 +10:37 (24) | 26:15 +12:28 (17) | | | |
| | | | | 2:16 +0:50 (14) | 9:41 +6:43 (28) | 8:09 +4:36 (18) | 3:01 +2:20 (28) | 3:08 +1:55 (19) | | | |
| | | | | 32:10 +14:58 (16) | 35:00 +16:58 (16) | 36:27 +17:52 (16) | 37:43 +18:10 (16) | 39:17 +19:02 (16) | | | |
| | | | | 5:55 +2:46 (19) | 2:50 +2:00 (27) | 1:27 +0:58 (26) | 1:16 +0:27 (11) | 1:34 +0:58 (27) | | | |
| | | | | 40:13 +17:17 (16) | 40:34 +17:22 (16) | | | | | | |
| | | | | 0:56 +0:24 (9) | 0:21 +0:08 (16) | | | | | | |
| 17 | 696 | Gomez Gomez Almería SURCO | 42:26 | 3:35 +2:09 (29) | 11:48 +7:24 (25) | 21:03 +9:35 (25) | 23:32 +11:02 (25) | 26:36 +12:49 (18) | | | |
| | | | | 3:35 +2:09 (29) | 8:13 +5:15 (24) | 9:15 +5:42 (24) | 2:29 +1:48 (24) | 3:04 +1:51 (18) | | | |
| | | | | 32:45 +15:33 (17) | 35:48 +17:46 (17) | 37:00 +18:25 (17) | 38:57 +19:24 (17) | 40:22 +20:07 (17) | | | |
| | | | | 6:09 +3:00 (20) | 3:03 +2:13 (29) | 1:12 +0:43 (20) | 1:57 +1:08 (25) | 1:25 +0:49 (25) | | | |
| | | | | 41:57 +19:01 (17) | 42:26 +19:14 (17) | | | | | | |
| | | | | 1:35 +1:03 (27) | 0:29 +0:17 (29) | | | | | | |
| 18 | 428 | Garcia de Aguin Madrid IMPERDI | 42:36 | 2:55 +1:29 (25) | 11:25 +7:01 (24) | 17:11 +5:43 (15) | 19:17 +6:47 (15) | 27:19 +13:32 (19) | | | |
| | | | | 2:55 +1:29 (25) | 8:30 +5:32 (26) | 5:46 +2:13 (3) | 2:06 +1:25 (19) | 8:02 +6:49 (26) | | | |
| | | | | 36:32 +19:20 (21) | 38:08 +20:06 (21) | 38:53 +20:18 (19) | 40:14 +20:41 (19) | 41:06 +20:51 (18) | | | |
| | | | | 9:13 +6:04 (28) | 1:36 +0:46 (13) | 0:45 +0:16 (9) | 1:21 +0:32 (15) | 0:52 +0:16 (8) | | | |
| | | | | 42:17 +19:21 (18) | 42:36 +19:24 (18) | | | | | | |
| | | | | 1:11 +0:39 (16) | 0:19 +0:06 (10) | | | | | | |
| 19 | 319 | Hermida Villanu La Coruña GAL | 43:43 | 4:13 +2:47 (30) | 14:05 +9:41 (29) | 22:11 +10:43 (28) | 25:08 +12:38 (26) | 29:10 +15:23 (24) | | | |
| | | | | 4:13 +2:47 (30) | 9:52 +6:54 (29) | 8:06 +4:33 (17) | 2:57 +2:16 (27) | 4:02 +2:49 (22) | | | |
| | | | | 34:56 +17:44 (19) | 37:22 +19:20 (18) | 38:23 +19:48 (18) | 39:59 +20:26 (18) | 41:25 +21:10 (19) | | | |
| | | | | 5:46 +2:37 (17) | 2:26 +1:36 (23) | 1:01 +0:32 (15) | 1:36 +0:47 (23) | 1:26 +0:50 (26) | | | |
| | | | | 43:03 +20:07 (19) | 43:43 +20:31 (19) | | | | | | |
| | | | | 1:38 +1:06 (29) | 0:40 +0:27 (31) | | | | | | |
| 20 | 614 | Arce Soria Pilar Toledo NAVALC | 43:59 | 2:30 +1:04 (19) | 9:59 +5:35 (20) | 23:37 +12:09 (29) | 25:14 +12:44 (27) | 27:29 +13:42 (21) | | | |
| | | | | 2:30 +1:04 (19) | 7:29 +4:31 (19) | 13:38 +10:05 (31) | 1:37 +0:56 (12) | 2:15 +1:02 (12) | | | |
| | | | | 35:45 +18:33 (20) | 37:59 +19:57 (20) | 39:02 +20:27 (20) | 40:32 +20:59 (20) | 41:38 +21:23 (20) | | | |
| | | | | 8:16 +5:07 (25) | 2:14 +1:24 (21) | 1:03 +0:34 (17) | 1:30 +0:41 (21) | 1:06 +0:30 (19) | | | |
| | | | | 43:34 +20:38 (20) | 43:59 +20:47 (20) | | | | | | |
| | | | | 1:56 +1:24 (30) | 0:25 +0:12 (22) | | | | | | |
| 21 | 955 | Matias Rosario Independiente I | 44:33 | 2:56 +1:30 (26) | 9:08 +4:44 (15) | 16:44 +5:16 (14) | 19:34 +7:04 (16) | 27:22 +13:35 (20) | | | |
| | | | | 2:56 +1:30 (26) | 6:12 +3:14 (13) | 7:36 +4:03 (13) | 2:50 +2:09 (26) | 7:48 +6:35 (25) | | | |
| | | | | 34:54 +17:42 (18) | 37:32 +19:30 (19) | 39:05 +20:30 (21) | 41:17 +21:44 (22) | 42:26 +22:11 (21) | | | |
| | | | | 7:32 +4:23 (23) | 2:38 +1:48 (26) | 1:33 +1:04 (27) | 2:12 +1:23 (29) | 1:09 +0:33 (20) | | | |
| | | | | 44:00 +21:04 (21) | 44:33 +21:21 (21) | | | | | | |
| | | | | 1:34 +1:02 (26) | 0:33 +0:20 (30) | | | | | | |
| 22 | 429 | Rubio Garcia An Madrid IMPERDI | 44:34 | 3:24 +1:58 (27) | 16:53 +12:29 (30) | 25:23 +13:55 (30) | 27:43 +15:13 (29) | 31:07 +17:20 (25) | | | |
| | | | | 3:24 +1:58 (27) | 13:29 +10:31 (30) | 8:30 +4:57 (21) | 2:20 +1:39 (22) | 3:24 +2:11 (20) | | | |
| | | | | 38:51 +21:39 (23) | 40:33 +22:31 (23) | 41:09 +22:34 (23) | 42:20 +22:47 (23) | 42:58 +22:43 (22) | | | |
| | | | | 7:44 +4:35 (24) | 1:42 +0:52 (16) | 0:36 +0:07 (5) | 1:11 +0:22 (8) | 0:38 +0:02 (2) | | | |
| | | | | 44:16 +21:20 (22) | 44:34 +21:22 (22) | | | | | | |
| | | | | 1:18 +0:46 (19) | 0:18 +0:05 (8) | | | | | | |

| s | sal | Nombre | tiempo | 1,9 km | | 70 m | 11 C | (cont.) | | | |
|------------|----------------------|-------------------------|----------------|---------------------|---------------------|---------------------|---------------------|----------------------|--|--|--|
| | | | | 1(85) | 2(87) | 3(95) | 4(94) | 5(93) | | | |
| | | | | 6(96) | 7(81) | 8(82) | 9(83) | 10(88) | | | |
| | | | | 11(200) | Meta | | | | | | |
| 23 | 547 | Diaz-Portales G | 46:05 | 2:16 +0:50 (14) | 6:54 +2:30 (7) | 12:31 +1:03 (4) | 13:38 +1:08 (4) | 14:51 +1:04 (3) | | | |
| | | Ciudad Real MA | | 2:16 +0:50 (14) | 4:38 +1:40 (6) | 5:37 +2:04 (2) | 1:07 +0:26 (6) | 1:13 0:00 (1) | | | |
| | | | | 36:32 +19:20 (21) | 38:25 +20:23 (22) | 39:09 +20:34 (22) | 40:32 +20:59 (20) | 44:53 +24:38 (23) | | | |
| | | | | 21:41 +18:32 (31) | 1:53 +1:03 (18) | 0:44 +0:15 (8) | 1:23 +0:34 (17) | 4:21 +3:45 (29) | | | |
| | | | | 45:43 +22:47 (23) | 46:05 +22:53 (23) | | | | | | |
| | | | | 0:50 +0:18 (6) | 0:22 +0:09 (19) | | | | | | |
| 24 | 636 | Garcia Corroch | 48:53 | 1:54 +0:28 (5) | 10:01 +5:37 (21) | 17:38 +6:10 (16) | 19:14 +6:44 (14) | 33:29 +19:42 (26) | | | |
| | | Madrid O-CHAR | | 1:54 +0:28 (5) | 8:07 +5:09 (23) | 7:37 +4:04 (14) | 1:36 +0:55 (10) | 14:15 +13:02 (29) | | | |
| | | | | 40:11 +22:59 (24) | 42:31 +24:29 (24) | 43:54 +25:19 (24) | 45:58 +26:25 (24) | 46:56 +26:41 (24) | | | |
| | | | | 6:42 +3:33 (21) | 2:20 +1:30 (22) | 1:23 +0:54 (25) | 2:04 +1:15 (27) | 0:58 +0:22 (11) | | | |
| | | | | 48:33 +25:37 (24) | 48:53 +25:41 (24) | | | | | | |
| | | | | 1:37 +1:05 (28) | 0:20 +0:08 (13) | | | | | | |
| 25 | 822 | Maldonado Már | 49:49 | 2:11 +0:45 (11) | 23:27 +19:03 (32) | 29:34 +18:06 (31) | 36:13 +23:43 (30) | 39:47 +26:00 (28) | | | |
| | | Valencia VALEN | | 2:11 +0:45 (11) | 21:16 +18:18 (32) | 6:07 +2:34 (6) | 6:39 +5:58 (31) | 3:34 +2:21 (21) | | | |
| | | | | 44:02 +26:50 (28) | 45:39 +27:37 (26) | 46:11 +27:36 (25) | 47:32 +27:59 (25) | 48:35 +28:20 (25) | | | |
| | | | | 4:15 +1:06 (9) | 1:37 +0:47 (14) | 0:32 +0:03 (2) | 1:21 +0:32 (15) | 1:03 +0:27 (14) | | | |
| | | | | 49:34 +26:38 (25) | 49:49 +26:37 (25) | | | | | | |
| | | | | 0:59 +0:27 (11) | 0:15 +0:03 (3) | | | | | | |
| 26 | 946 | Martin-Serrano | 50:55 | 2:28 +1:02 (18) | 8:52 +4:28 (13) | 15:50 +4:22 (10) | 17:26 +4:56 (11) | 34:22 +20:35 (27) | | | |
| | | Toledo TOLEDO | | 2:28 +1:02 (18) | 6:24 +3:26 (15) | 6:58 +3:25 (10) | 1:36 +0:55 (10) | 16:56 +15:43 (30) | | | |
| | | | | 43:32 +26:20 (26) | 45:28 +27:26 (25) | 46:29 +27:54 (26) | 47:52 +28:19 (26) | 49:12 +28:57 (26) | | | |
| | | | | 9:10 +6:01 (27) | 1:56 +1:06 (19) | 1:01 +0:32 (15) | 1:23 +0:34 (17) | 1:20 +0:44 (23) | | | |
| | | | | 50:27 +27:31 (26) | 50:55 +27:43 (26) | | | | | | |
| | | | | 1:15 +0:43 (17) | 0:28 +0:16 (28) | | | | | | |
| 27 | 158 | Delgado Valient | 51:42 | 2:48 +1:22 (21) | 10:13 +5:49 (22) | 18:27 +6:59 (21) | 20:12 +7:42 (20) | 28:34 +14:47 (22) | | | |
| | | Badajoz CODAN | | 2:48 +1:22 (21) | 7:25 +4:27 (18) | 8:14 +4:41 (19) | 1:45 +1:04 (14) | 8:22 +7:09 (27) | | | |
| | | | | 43:18 +26:06 (25) | 46:39 +28:37 (27) | 47:44 +29:09 (27) | 49:04 +29:31 (27) | 49:57 +29:42 (27) | | | |
| | | | | 14:44 +11:35 (29) | 3:21 +2:31 (30) | 1:05 +0:36 (18) | 1:20 +0:31 (14) | 0:53 +0:17 (10) | | | |
| | | | | 51:22 +28:26 (27) | 51:42 +28:30 (27) | | | | | | |
| | | | | 1:25 +0:53 (22) | 0:20 +0:07 (11) | | | | | | |
| 28 | 254 | Mahou Miguel D | 53:29 | 2:51 +1:25 (23) | 11:19 +6:55 (23) | 20:12 +8:44 (24) | 22:42 +10:12 (22) | 28:36 +14:49 (23) | | | |
| | | Madrid COTA | | 2:51 +1:25 (23) | 8:28 +5:30 (25) | 8:53 +5:20 (22) | 2:30 +1:49 (25) | 5:54 +4:41 (23) | | | |
| | | | | 43:57 +26:45 (27) | 46:59 +28:57 (28) | 48:18 +29:43 (28) | 50:25 +30:52 (28) | 51:46 +31:31 (28) | | | |
| | | | | 15:21 +12:12 (30) | 3:02 +2:12 (28) | 1:19 +0:50 (21) | 2:07 +1:18 (28) | 1:21 +0:45 (24) | | | |
| | | | | 53:11 +30:15 (28) | 53:29 +30:17 (28) | | | | | | |
| | | | | 1:25 +0:53 (22) | 0:18 +0:05 (6) | | | | | | |
| 29 | 159 | Pérez Rodríguez | 53:44 | 2:26 +1:00 (17) | 12:00 +7:36 (27) | 21:15 +9:47 (26) | 25:55 +13:25 (28) | 39:49 +26:02 (29) | | | |
| | | Badajoz CODAN | | 2:26 +1:00 (17) | 9:34 +6:36 (27) | 9:15 +5:42 (24) | 4:40 +3:59 (30) | 13:54 +12:41 (28) | | | |
| | | | | 46:52 +29:40 (29) | 48:30 +30:28 (29) | 49:50 +31:15 (29) | 51:09 +31:36 (29) | 52:14 +31:59 (29) | | | |
| | | | | 7:03 +3:54 (22) | 1:38 +0:48 (15) | 1:20 +0:51 (23) | 1:19 +0:30 (12) | 1:05 +0:29 (17) | | | |
| | | | | 53:18 +30:22 (29) | 53:44 +30:32 (29) | | | | | | |
| | | | | 1:04 +0:32 (13) | 0:26 +0:13 (23) | | | | | | |
| 30 | 84 | Gil Miguel Ana I | 1:09:03 | 2:11 +0:45 (11) | 9:28 +5:04 (16) | 18:21 +6:53 (20) | 20:43 +8:13 (21) | 53:47 +40:00 (30) | | | |
| | | Guadalajara C.O | | 2:11 +0:45 (11) | 7:17 +4:19 (17) | 8:53 +5:20 (22) | 2:22 +1:41 (23) | 33:04 +31:51 (31) | | | |
| | | | | 59:36 +42:24 (30) | 1:02:13 +44:11 (30) | 1:04:56 +46:21 (30) | 1:06:19 +46:46 (30) | 1:07:21 +47:06 (30) | | | |
| | | | | 5:49 +2:40 (18) | 2:37 +1:47 (25) | 2:43 +2:14 (29) | 1:23 +0:34 (17) | 1:02 +0:26 (13) | | | |
| | | | | 1:08:39 +45:43 (30) | 1:09:03 +45:51 (30) | | | | | | |
| | | | | 1:18 +0:46 (19) | 0:24 +0:11 (21) | | | | | | |
| 31 | 618 | Sanchez Estesos | 1:23:04 | 10:54 +9:28 (33) | 33:20 +28:56 (33) | 55:42 +44:14 (32) | 57:13 +44:43 (31) | 1:00:01 +46:14 (31) | | | |
| | | Toledo NAVALC | | 10:54 +9:28 (33) | 22:26 +19:28 (33) | 22:22 +18:49 (32) | 1:31 +0:50 (9) | 2:48 +1:35 (16) | | | |
| | | | | 1:08:18 +51:06 (31) | 1:09:49 +51:47 (31) | 1:10:37 +52:02 (31) | 1:12:05 +52:32 (31) | 1:21:11 :00:56 (31) | | | |
| | | | | 8:17 +5:08 (26) | 1:31 +0:41 (11) | 0:48 +0:19 (11) | 1:28 +0:39 (20) | 9:06 +8:30 (31) | | | |
| | | | | 1:22:37 +59:41 (31) | 1:23:04 +59:52 (31) | | | | | | |
| | | | | 1:26 +0:54 (24) | 0:27 +0:15 (27) | | | | | | |
| 486 | Peñas Manchón | en tarj. | | 4:17 +2:51 (31) | 12:13 +7:49 (28) | 19:42 +8:14 (22) | ----- | 26:21 | | | |
| | Murcia LORCA- | | | 4:17 +2:51 (31) | 7:56 +4:58 (22) | 7:29 +3:56 (12) | | 6:39 | | | |
| | | | | 32:20 | 35:06 | 36:20 | 38:25 | 39:44 | | | |
| | | | | 5:59 | 2:46 | 1:14 | 2:05 | 1:19 | | | |
| | | | | 41:19 | 42:02 | | | | | | |
| | | | | 1:35 | 0:43 +0:31 (32) | | | | | | |

| s | sal | Nombre | tiempo | 2,2 km | | 55 m | 10 C | (cont.) | | | |
|-----------|------------|--|--------------|-----------------------|-----------------------|----------------------|-----------------------|-----------------------|--|--|--|
| | | | | 1(55) | 2(67) | 3(69) | 4(45) | 5(70) | | | |
| | | | | 6(32) | 7(46) | 8(73) | 9(47) | 10(200) | | | |
| | | | | Meta | | | | | | | |
| 2 | 861 | Duarte Sergio [102] .COM | 29:44 | 6:05 +2:01 (7) | 9:02 +0:17 (4) | 10:47 +0:39 (4) | 13:19 0:00 (1) | 14:59 0:00 (1) | | | |
| | | | | 6:05 +2:01 (7) | 2:57 0:00 (1) | 1:45 +0:36 (6) | 2:32 +0:22 (3) | 1:40 +0:38 (7) | | | |
| | | | | 16:55 0:00 (1) | 19:04 0:00 (1) | 21:18 +0:12 (2) | 25:33 +1:27 (2) | 29:17 +2:42 (2) | | | |
| | | | | 1:56 +0:14 (3) | 2:09 0:00 (1) | 2:14 +0:52 (5) | 4:15 +1:15 (5) | 3:44 +1:29 (13) | | | |
| | | | | 29:44 +2:57 (2) | | | | | | | |
| | | | | 0:27 +0:15 (15) | | | | | | | |
| 3 | 207 | Pérez Martín Ra Madrid COLMEN | 29:45 | 5:06 +1:02 (3) | 8:51 +0:06 (3) | 10:26 +0:18 (3) | 13:22 +0:03 (3) | 15:06 +0:07 (3) | | | |
| | | | | 5:06 +1:02 (3) | 3:45 +0:48 (6) | 1:35 +0:26 (5) | 2:56 +0:46 (4) | 1:44 +0:42 (9) | | | |
| | | | | 17:41 +0:46 (3) | 20:00 +0:56 (3) | 22:50 +1:44 (3) | 26:32 +2:26 (3) | 29:27 +2:52 (3) | | | |
| | | | | 2:35 +0:53 (10) | 2:19 +0:10 (3) | 2:50 +1:28 (10) | 3:42 +0:42 (3) | 2:55 +0:40 (8) | | | |
| | | | | 29:45 +2:58 (3) | | | | | | | |
| | | | | 0:18 +0:05 (6) | | | | | | | |
| 4 | 3 | Fabregat Manu Castellón ADCO | 31:22 | 4:36 +0:32 (2) | 13:52 +5:07 (8) | 15:01 +4:53 (7) | 17:11 +3:52 (7) | 18:48 +3:49 (6) | | | |
| | | | | 4:36 +0:32 (2) | 9:16 +6:19 (9) | 1:09 0:00 (1) | 2:10 0:00 (1) | 1:37 +0:35 (4) | | | |
| | | | | 20:39 +3:44 (5) | 23:08 +4:04 (5) | 25:10 +4:04 (4) | 28:17 +4:11 (4) | 31:08 +4:33 (4) | | | |
| | | | | 1:51 +0:09 (2) | 2:29 +0:20 (6) | 2:02 +0:40 (3) | 3:07 +0:07 (2) | 2:51 +0:36 (7) | | | |
| | | | | 31:22 +4:35 (4) | | | | | | | |
| | | | | 0:14 +0:01 (2) | | | | | | | |
| 5 | 956 | Prieto Jimenez Madrid O-CHAR | 36:33 | 5:20 +1:16 (4) | 8:45 0:00 (1) | 10:14 +0:06 (2) | 14:41 +1:22 (4) | 16:07 +1:08 (4) | | | |
| | | | | 5:20 +1:16 (4) | 3:25 +0:28 (4) | 1:29 +0:20 (4) | 4:27 +2:17 (10) | 1:26 +0:24 (3) | | | |
| | | | | 21:21 +4:26 (6) | 23:51 +4:47 (6) | 28:46 +7:40 (7) | 33:04 +8:58 (5) | 36:16 +9:41 (5) | | | |
| | | | | 5:14 +3:32 (13) | 2:30 +0:21 (7) | 4:55 +3:33 (15) | 4:18 +1:18 (6) | 3:12 +0:57 (9) | | | |
| | | | | 36:33 +9:46 (5) | | | | | | | |
| | | | | 0:17 +0:05 (5) | | | | | | | |
| 6 | 386 | Díaz Marco Ant Albacete GODIH | 38:33 | 5:27 +1:23 (5) | 9:41 +0:56 (5) | 13:21 +3:13 (6) | 16:59 +3:40 (6) | 19:29 +4:30 (7) | | | |
| | | | | 5:27 +1:23 (5) | 4:14 +1:17 (7) | 3:40 +2:31 (13) | 3:38 +1:28 (9) | 2:30 +1:28 (10) | | | |
| | | | | 22:05 +5:10 (7) | 24:59 +5:55 (7) | 28:17 +7:11 (6) | 34:35 +10:29 (6) | 38:11 +11:36 (6) | | | |
| | | | | 2:36 +0:54 (11) | 2:54 +0:45 (9) | 3:18 +1:56 (11) | 6:18 +3:18 (12) | 3:36 +1:21 (12) | | | |
| | | | | 38:33 +11:46 (6) | | | | | | | |
| | | | | 0:22 +0:09 (8) | | | | | | | |
| 7 | 447 | Del Prado Mont Independiente I | 46:12 | 7:36 +3:32 (11) | 10:53 +2:08 (7) | 12:10 +2:02 (5) | 15:23 +2:04 (5) | 17:05 +2:06 (5) | | | |
| | | | | 7:36 +3:32 (11) | 3:17 +0:20 (3) | 1:17 +0:08 (2) | 3:13 +1:03 (7) | 1:42 +0:40 (8) | | | |
| | | | | 19:28 +2:33 (4) | 21:47 +2:43 (4) | 26:15 +5:09 (5) | 35:20 +11:14 (7) | 45:55 +19:20 (7) | | | |
| | | | | 2:23 +0:41 (6) | 2:19 +0:10 (3) | 4:28 +3:06 (14) | 9:05 +6:05 (15) | 10:35 +8:20 (15) | | | |
| | | | | 46:12 +19:25 (7) | | | | | | | |
| | | | | 0:17 +0:05 (4) | | | | | | | |
| 8 | 446 | Carbonero Mon Independiente I | 56:37 | 7:30 +3:26 (10) | 22:38 +13:53 (11) | 24:32 +14:24 (10) | 29:04 +15:45 (9) | 32:18 +17:19 (8) | | | |
| | | | | 7:30 +3:26 (10) | 15:08 +12:11 (11) | 1:54 +0:45 (9) | 4:32 +2:22 (11) | 3:14 +2:12 (11) | | | |
| | | | | 40:48 +23:53 (9) | 44:00 +24:56 (8) | 47:40 +26:34 (9) | 53:31 +29:25 (9) | 56:10 +29:35 (8) | | | |
| | | | | 8:30 +6:48 (15) | 3:12 +1:03 (12) | 3:40 +2:18 (12) | 5:51 +2:51 (10) | 2:39 +0:24 (5) | | | |
| | | | | 56:37 +29:50 (8) | | | | | | | |
| | | | | 0:27 +0:14 (14) | | | | | | | |
| 9 | 295 | Queipo Pardo P Madrid FEDO | 57:28 | 11:52 +7:48 (14) | 31:04 +22:19 (14) | 33:38 +23:30 (13) | 36:43 +23:24 (11) | 38:04 +23:05 (10) | | | |
| | | | | 11:52 +7:48 (14) | 19:12 +16:15 (15) | 2:34 +1:25 (10) | 3:05 +0:55 (5) | 1:21 +0:19 (2) | | | |
| | | | | 40:32 +23:37 (8) | 44:32 +25:28 (9) | 47:17 +26:11 (8) | 52:46 +28:40 (8) | 56:57 +30:22 (9) | | | |
| | | | | 2:28 +0:46 (8) | 4:00 +1:51 (13) | 2:45 +1:23 (8) | 5:29 +2:29 (8) | 4:11 +1:56 (14) | | | |
| | | | | 57:28 +30:41 (9) | | | | | | | |
| | | | | 0:31 +0:18 (16) | | | | | | | |
| 10 | 454 | Tirón Ana María Independiente I | 58:34 | 6:50 +2:46 (9) | 24:34 +15:49 (12) | 26:27 +16:19 (11) | 31:01 +17:42 (10) | 34:23 +19:24 (9) | | | |
| | | | | 6:50 +2:46 (9) | 17:44 +14:47 (13) | 1:53 +0:44 (8) | 4:34 +2:24 (12) | 3:22 +2:20 (12) | | | |
| | | | | 42:44 +25:49 (10) | 45:55 +26:51 (10) | 49:37 +28:31 (10) | 55:31 +31:25 (11) | 58:09 +31:34 (10) | | | |
| | | | | 8:21 +6:39 (14) | 3:11 +1:02 (11) | 3:42 +2:20 (13) | 5:54 +2:54 (11) | 2:38 +0:23 (4) | | | |
| | | | | 58:34 +31:47 (10) | | | | | | | |
| | | | | 0:25 +0:13 (13) | | | | | | | |
| 11 | 293 | Corrochano Gar Madrid FEDO | 59:30 | 14:14 +10:10 (16) | 33:03 +24:18 (15) | 35:42 +25:34 (14) | 38:48 +25:29 (12) | 40:25 +25:26 (12) | | | |
| | | | | 14:14 +10:10 (16) | 18:49 +15:52 (14) | 2:39 +1:30 (11) | 3:06 +0:56 (6) | 1:37 +0:35 (4) | | | |
| | | | | 42:45 +25:50 (11) | 47:04 +28:00 (11) | 49:52 +28:46 (11) | 55:30 +31:24 (10) | 59:05 +32:30 (11) | | | |
| | | | | 2:20 +0:38 (5) | 4:19 +2:10 (14) | 2:48 +1:26 (9) | 5:38 +2:38 (9) | 3:35 +1:20 (11) | | | |
| | | | | 59:30 +32:43 (11) | | | | | | | |
| | | | | 0:25 +0:13 (12) | | | | | | | |

s sal Nombre tiempo

OPEN ROJO (16)

2,2 km 55 m 10 C (cont.)

| | | 1(55) | 2(67) | 3(69) | 4(45) | 5(70) | |
|-----------|---|-----------------|----------------------|---------------------|---------------------|---------------------|----------------------|
| | | 6(32) | 7(46) | 8(73) | 9(47) | 10(200) | |
| | | Meta | | | | | |
| 12 | 385 Arjona Griñan A Albacete GODIH | 1:01:30 | 4:04 0:00 (1) | 17:44 +8:59 (10) | 23:39 +13:31 (9) | 26:06 +12:47 (8) | 44:38 +29:39 (13) |
| | | | 4:04 0:00 (1) | 13:40 +10:43 (10) | 5:55 +4:46 (14) | 2:27 +0:17 (2) | 18:32 +17:30 (15) |
| | | | 46:47 +29:52 (13) | 49:09 +30:05 (12) | 51:34 +30:28 (12) | 57:58 +33:52 (12) | 1:01:14 +34:39 (12) |
| | | | 2:09 +0:27 (4) | 2:22 +0:13 (5) | 2:25 +1:03 (6) | 6:24 +3:24 (13) | 3:16 +1:01 (10) |
| | | | 1:01:30 +34:43 (12) | | | | |
| | | | 0:16 +0:03 (3) | | | | |
| 13 | 444 Ampuero Mesa Independiente I | 1:09:54 | 13:26 +9:22 (15) | 30:21 +21:36 (13) | 33:06 +22:58 (12) | 39:15 +25:56 (13) | 40:17 +25:18 (11) |
| | | | 13:26 +9:22 (15) | 16:55 +13:58 (12) | 2:45 +1:36 (12) | 6:09 +3:59 (13) | 1:02 0:00 (1) |
| | | | 43:22 +26:27 (12) | 56:13 +37:09 (13) | 58:10 +37:04 (13) | 1:07:04 +42:58 (13) | 1:09:31 +42:56 (13) |
| | | | 3:05 +1:23 (12) | 12:51 +10:42 (15) | 1:57 +0:35 (2) | 8:54 +5:54 (14) | 2:27 +0:12 (2) |
| | | | 1:09:54 +43:07 (13) | | | | |
| | | | 0:23 +0:10 (10) | | | | |
| 14 | 452 Ramos Mesa Al Independiente I | 1:25:12 | 8:50 +4:46 (12) | 49:00 +40:15 (16) | 50:47 +40:39 (15) | 1:02:29 +49:10 (14) | 1:10:56 +55:57 (14) |
| | | | 8:50 +4:46 (12) | 40:10 +37:13 (16) | 1:47 +0:38 (7) | 11:42 +9:32 (14) | 8:27 +7:25 (13) |
| | | | 1:12:38 +55:43 (14) | 1:15:18 +56:14 (14) | 1:17:59 +56:53 (14) | 1:22:34 +58:28 (14) | 1:24:49 +58:14 (14) |
| | | | 1:42 0:00 (1) | 2:40 +0:31 (8) | 2:41 +1:19 (7) | 4:35 +1:35 (7) | 2:15 0:00 (1) |
| | | | 1:25:12 +58:25 (14) | | | | |
| | | | 0:23 +0:11 (11) | | | | |
| 15 | 957 Silveira Antonio Independiente I | 2:04:45 | 8:54 +4:50 (13) | 14:19 +5:34 (9) | 20:18 +10:10 (8) | 1:33:53 :20:34 (15) | 1:49:35 :34:36 (15) |
| | | | 8:54 +4:50 (13) | 5:25 +2:28 (8) | 5:59 +4:50 (15) | 1:13:35 :11:25 (15) | 15:42 +14:40 (14) |
| | | | 1:52:08 :35:13 (15) | 1:55:17 :36:13 (15) | 1:57:29 :36:23 (15) | 2:01:41 :37:35 (15) | 2:04:26 :37:51 (15) |
| | | | 2:33 +0:51 (9) | 3:09 +1:00 (10) | 2:12 +0:50 (4) | 4:12 +1:12 (4) | 2:45 +0:30 (6) |
| | | | 2:04:45 :37:58 (15) | | | | |
| | | | 0:19 +0:06 (7) | | | | |
| | 945 Rivera Domínguez Toledo TOLEDO | en tarj. | 6:09 +2:05 (8) | 9:50 +1:05 (6) | ----- | 16:35 | 1:06:01 |
| | | | 6:09 +2:05 (8) | 3:41 +0:44 (5) | | 6:45 | 49:26 |
| | | | 1:09:47 | 1:12:14 | 1:14:43 | 1:19:47 | 1:22:56 |
| | | | 3:46 | 2:27 | 2:29 | 5:04 | 3:09 |
| | | | 1:23:18 | | | | |
| | | | 0:22 +0:09 (9) | | | | |

U-10 (15)

1,3 km 8 m 8 C

| | | 1(85) | 2(86) | 3(87) | 4(81) | 5(82) | |
|----------|---|--------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| | | 6(83) | 7(88) | 8(200) | Meta | | |
| 1 | 389 Puche Herrero Albacete GODIH | 9:29 | 1:26 0:00 (1) | 2:49 0:00 (1) | 5:48 0:00 (1) | 6:38 0:00 (1) | 7:07 0:00 (1) |
| | | | 1:26 0:00 (1) | 1:23 0:00 (1) | 2:59 0:00 (1) | 0:50 0:00 (1) | 0:29 0:00 (1) |
| | | | 8:03 0:00 (1) | 8:36 0:00 (1) | 9:12 0:00 (1) | 9:29 0:00 (1) | |
| | | | 0:56 0:00 (1) | 0:33 0:00 (1) | 0:36 0:00 (1) | 0:17 +0:00 (2) | |
| 2 | 119 Pérez Garrigós Alicante CEAM I | 16:33 | 2:40 +1:14 (8) | 4:56 +2:07 (4) | 10:14 +4:26 (3) | 11:22 +4:44 (3) | 13:25 +6:18 (3) |
| | | | 2:40 +1:14 (8) | 2:16 +0:53 (3) | 5:18 +2:19 (6) | 1:08 +0:18 (2) | 2:03 +1:34 (11) |
| | | | 14:35 +6:32 (3) | 15:28 +6:52 (4) | 16:17 +7:05 (2) | 16:33 +7:04 (2) | |
| | | | 1:10 +0:14 (2) | 0:53 +0:20 (8) | 0:49 +0:13 (2) | 0:16 0:00 (1) | |
| 3 | 224 Pereira Roldan Málaga COMA | 16:48 | 2:22 +0:56 (4) | 4:54 +2:05 (3) | 9:24 +3:36 (2) | 11:05 +4:27 (2) | 12:28 +5:21 (2) |
| | | | 2:22 +0:56 (4) | 2:32 +1:09 (4) | 4:30 +1:31 (3) | 1:41 +0:51 (8) | 1:23 +0:54 (9) |
| | | | 14:23 +6:20 (2) | 15:25 +6:49 (3) | 16:26 +7:14 (3) | 16:48 +7:19 (3) | |
| | | | 1:55 +0:59 (11) | 1:02 +0:29 (13) | 1:01 +0:25 (5) | 0:22 +0:05 (14) | |
| 4 | 388 Honrubia García Albacete GODIH | 16:55 | 2:47 +1:21 (9) | 5:45 +2:56 (7) | 10:51 +5:03 (4) | 12:01 +5:23 (4) | 13:25 +6:18 (3) |
| | | | 2:47 +1:21 (9) | 2:58 +1:35 (8) | 5:06 +2:07 (5) | 1:10 +0:20 (3) | 1:24 +0:55 (10) |
| | | | 14:38 +6:35 (4) | 15:24 +6:48 (2) | 16:36 +7:24 (4) | 16:55 +7:26 (4) | |
| | | | 1:13 +0:17 (3) | 0:46 +0:13 (3) | 1:12 +0:36 (8) | 0:19 +0:03 (8) | |
| 5 | 763 Melendez Rodrí Toledo TOLEDO | 19:07 | 7:56 +6:30 (14) | 9:42 +6:53 (11) | 13:10 +7:22 (5) | 14:36 +7:58 (5) | 15:20 +8:13 (5) |
| | | | 7:56 +6:30 (14) | 1:46 +0:23 (2) | 3:28 +0:29 (2) | 1:26 +0:36 (6) | 0:44 +0:15 (3) |
| | | | 16:52 +8:49 (5) | 17:42 +9:06 (5) | 18:46 +9:34 (5) | 19:07 +9:38 (5) | |
| | | | 1:32 +0:36 (8) | 0:50 +0:17 (6) | 1:04 +0:28 (6) | 0:21 +0:04 (12) | |
| 6 | 705 Peña García Els Burgos TJALVE | 21:02 | 2:31 +1:05 (6) | 5:59 +3:10 (8) | 14:00 +8:12 (6) | 16:14 +9:36 (6) | 17:16 +10:09 (6) |
| | | | 2:31 +1:05 (6) | 3:28 +2:05 (9) | 8:01 +5:02 (9) | 2:14 +1:24 (11) | 1:02 +0:33 (7) |
| | | | 18:36 +10:33 (6) | 19:30 +10:54 (6) | 20:42 +11:30 (6) | 21:02 +11:33 (6) | |
| | | | 1:20 +0:24 (4) | 0:54 +0:21 (9) | 1:12 +0:36 (8) | 0:20 +0:04 (11) | |

| s | sal | Nombre | tiempo | 1,3 km | | 8 m | 8 C | (cont.) | 4(81) | 5(82) |
|-----------|------------|--|--------------|-------------------|-------------------|-----|-------------------|---------|-------------------|-------------------|
| | | | | 1(85) | 2(86) | | 3(87) | | 4(81) | 5(82) |
| | | | | 6(83) | 7(88) | | 8(200) | | Meta | |
| 7 | 387 | Díaz Calatayud J Albacete GODIH | 23:13 | 2:23 +0:57 (5) | 5:05 +2:16 (5) | | 16:21 +10:33 (8) | | 18:24 +11:46 (7) | 19:01 +11:54 (7) |
| | | | | 2:23 +0:57 (5) | 2:42 +1:19 (6) | | 11:16 +8:17 (12) | | 2:03 +1:13 (10) | 0:37 +0:08 (2) |
| | | | | 20:42 +12:39 (7) | 21:38 +13:02 (7) | | 22:56 +13:44 (7) | | 23:13 +13:44 (7) | |
| | | | | 1:41 +0:45 (10) | 0:56 +0:23 (11) | | 1:18 +0:42 (12) | | 0:17 +0:00 (4) | |
| 8 | 563 | Losada Moreno Madrid MONTE | 24:33 | 3:03 +1:37 (11) | 11:19 +8:30 (13) | | 18:26 +12:38 (10) | | 19:55 +13:17 (9) | 20:57 +13:50 (8) |
| | | | | 3:03 +1:37 (11) | 8:16 +6:53 (13) | | 7:07 +4:08 (8) | | 1:29 +0:39 (7) | 1:02 +0:33 (7) |
| | | | | 22:23 +14:20 (8) | 23:11 +14:35 (8) | | 24:15 +15:03 (8) | | 24:33 +15:04 (8) | |
| | | | | 1:26 +0:30 (6) | 0:48 +0:15 (4) | | 1:04 +0:28 (6) | | 0:18 +0:02 (6) | |
| 9 | 333 | Cejudo Martín N Madrid GOCAN | 26:37 | 2:13 +0:47 (2) | 4:49 +2:00 (2) | | 15:56 +10:08 (7) | | 19:12 +12:34 (8) | 22:35 +15:28 (9) |
| | | | | 2:13 +0:47 (2) | 2:36 +1:13 (5) | | 11:07 +8:08 (10) | | 3:16 +2:26 (14) | 3:23 +2:54 (14) |
| | | | | 24:38 +16:35 (10) | 25:28 +16:52 (9) | | 26:17 +17:05 (9) | | 26:37 +17:08 (9) | |
| | | | | 2:03 +1:07 (13) | 0:50 +0:17 (6) | | 0:49 +0:13 (2) | | 0:20 +0:03 (10) | |
| 10 | 334 | Recio Cunanan Madrid GOCAN | 27:20 | 2:13 +0:47 (2) | 6:37 +3:48 (9) | | 20:23 +14:35 (11) | | 21:41 +15:03 (11) | 22:42 +15:35 (10) |
| | | | | 2:13 +0:47 (2) | 4:24 +3:01 (11) | | 13:46 +10:47 (13) | | 1:18 +0:28 (4) | 1:01 +0:32 (5) |
| | | | | 24:20 +16:17 (9) | 25:33 +16:57 (10) | | 27:01 +17:49 (10) | | 27:20 +17:51 (10) | |
| | | | | 1:38 +0:42 (9) | 1:13 +0:40 (14) | | 1:28 +0:52 (15) | | 0:19 +0:03 (7) | |
| 11 | 85 | Jaén Mesonero Guadalajara C.O | 27:45 | 3:05 +1:39 (12) | 10:59 +8:10 (12) | | 18:02 +12:14 (9) | | 20:49 +14:11 (10) | 22:53 +15:46 (11) |
| | | | | 3:05 +1:39 (12) | 7:54 +6:31 (12) | | 7:03 +4:04 (7) | | 2:47 +1:57 (12) | 2:04 +1:35 (12) |
| | | | | 25:16 +17:13 (11) | 26:11 +17:35 (11) | | 27:26 +18:14 (11) | | 27:45 +18:16 (11) | |
| | | | | 2:23 +1:27 (14) | 0:55 +0:22 (10) | | 1:15 +0:39 (11) | | 0:19 +0:03 (9) | |
| 12 | 523 | Redondo Barth Madrid MALAR | 32:28 | 2:57 +1:31 (10) | 7:00 +4:11 (10) | | 26:25 +20:37 (13) | | 27:47 +21:09 (13) | 28:48 +21:41 (12) |
| | | | | 2:57 +1:31 (10) | 4:03 +2:40 (10) | | 19:25 +16:26 (14) | | 1:22 +0:32 (5) | 1:01 +0:32 (5) |
| | | | | 30:18 +22:15 (12) | 30:57 +22:21 (12) | | 32:10 +22:58 (12) | | 32:28 +22:59 (12) | |
| | | | | 1:30 +0:34 (7) | 0:39 +0:06 (2) | | 1:13 +0:37 (10) | | 0:18 +0:01 (5) | |
| 13 | 160 | Gago Macías El Badajoz CODAN | 34:55 | 2:32 +1:06 (7) | 5:14 +2:25 (6) | | 27:35 +21:47 (14) | | 29:37 +22:59 (14) | 30:30 +23:23 (13) |
| | | | | 2:32 +1:06 (7) | 2:42 +1:19 (6) | | 22:21 +19:22 (15) | | 2:02 +1:12 (9) | 0:53 +0:24 (4) |
| | | | | 31:50 +23:47 (13) | 33:07 +24:31 (13) | | 34:27 +25:15 (13) | | 34:55 +25:26 (13) | |
| | | | | 1:20 +0:24 (4) | 1:17 +0:44 (15) | | 1:20 +0:44 (14) | | 0:28 +0:12 (15) | |
| 14 | 779 | Aller Pfirter Mai Orense TREVIN | 35:17 | 3:44 +2:18 (13) | 12:53 +10:04 (14) | | 24:02 +18:14 (12) | | 27:13 +20:35 (12) | 30:37 +23:30 (14) |
| | | | | 3:44 +2:18 (13) | 9:09 +7:46 (14) | | 11:09 +8:10 (11) | | 3:11 +2:21 (13) | 3:24 +2:55 (15) |
| | | | | 32:36 +24:33 (14) | 33:37 +25:01 (14) | | 34:56 +25:44 (14) | | 35:17 +25:48 (14) | |
| | | | | 1:59 +1:03 (12) | 1:01 +0:28 (12) | | 1:19 +0:43 (13) | | 0:21 +0:04 (13) | |
| 15 | 249 | Arranz Bravo C Burgos CORZO | 41:33 | 9:13 +7:47 (15) | 23:21 +20:32 (15) | | 28:18 +22:30 (15) | | 34:21 +27:43 (15) | 36:59 +29:52 (15) |
| | | | | 9:13 +7:47 (15) | 14:08 +12:45 (15) | | 4:57 +1:58 (4) | | 6:03 +5:13 (15) | 2:38 +2:09 (13) |
| | | | | 39:27 +31:24 (15) | 40:16 +31:40 (15) | | 41:16 +32:04 (15) | | 41:33 +32:04 (15) | |
| | | | | 2:28 +1:32 (15) | 0:49 +0:16 (5) | | 1:00 +0:24 (4) | | 0:17 +0:00 (2) | |